

CAROLYN A. BERGER

Nova Southeastern University
Center for Psychological Studies
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EDUCATION

Ph.D.	Counselor Education School Counseling <i>August 2008</i> <i>Dissertation title: Development of the School Achievement Motivation Scales: An Assessment Tool Used to Differentiate Reasons for Student Underachievement</i>	University of Florida Gainesville, FL
MEd./Ed.S.	Counselor Education School Counseling <i>December 2003</i>	University of Florida Gainesville, FL
B.A.	Psychology <i>June 2000</i>	Northwestern University Evanston, IL

CERTIFICATIONS

Florida Teaching Certification Concentration: Guidance and Counseling PK-12
December 2004

PROFESSIONAL & TEACHING EXPERIENCE

Associate Professor **August 2009 – present**

Nova Southeastern University, Fort Lauderdale, FL

Center for Psychological Studies, Counselor Education Department

Duties include: lead faculty for school counseling program; teach in both school counseling and online counseling programs; lead the Florida Department of Education (DOE) and National Council for Accreditation of Teacher Education (NCATE) accreditation process for the school counseling program; train, mentor, and collaborate with adjunct faculty; coordinate and conduct mentoring of students; develop and modify curriculum for counseling programs; supervise practicum/internship students; execute research studies; publish research and scholarly articles; conduct conference presentations; present at community and university workshops; perform

practicum and internship site visits, training, and consultation; provide assistance with practicum/internship student placement; lead and participate in community service projects; develop online course modules; collaborate with program staff to resolve student issues and concerns.

Adjunct Faculty Member

January 2009 – June 2009

Florida Atlantic University, Boca Raton, FL

College of Education, Counselor Education Department

Duties included: teach graduate level career development course; develop curricula for undergraduate level career and undergraduate level communications course; advise students; consult with colleagues on curricula and program development.

High School Counselor & Guidance Coordinator

July 2005 – June 2009

Forest Hill Community High School, West Palm Beach, FL

Grades 9 – 12

Duties included: direct school counseling department; implement American School Counselor Association model within the school; work with students via large group counseling, small group counseling, and individual counseling; develop guidance curriculum for each grade level within the school; develop and coordinate master schedule; assist administration with responsive services such as new student orientations, standardized testing, and assemblies; consultation with teachers, parents, administration, and community members; assessment of guidance program activities on a regular basis and presentation of findings to administration and faculty; develop parent guides for college and career planning.

Middle School Counselor

August 2004 – June 2005

P.K. Yonge Developmental Research School, Gainesville, FL

Grades 6 – 7

Duties included: develop guidance curriculum for grades six and seven; serve as an adviser for weekly advisement/homeroom meetings; consult with teachers, administration, parents, and community members; assist administration with schedule development; implement student-led conferences for grades six and seven; provide counseling services through large group, small group, and individual settings.

Graduate Teaching Assistant

Summer 2004 – Spring 2005

University of Florida, Gainesville, FL

College of Education, Counselor Education Department

Duties included: assist faculty members with the teaching of graduate level family-school collaboration course, applied principles of performance excellence course, and career counseling course; develop group discussion questions; lead class discussions; mentor students; present course material to the class; assess students' knowledge of material.

Undergraduate Instructor

August 2002 – June 2003

University of Florida, Gainesville, FL

College of Education, Counselor Education Department

Duties included: Develop curriculum for career and life span planning course; lecture and present course information to students; assess student learning; conduct hands-on activities and

learning experiences; provide advisement to students; consult with other faculty members regarding student concerns.

PRESENTATIONS

Valenzuela, J. M., Tsikis, J., Nicholl, M., Fletcher, C., Stone-Gale, V., & **Berger, C.** (April, 2015). Partnering with Schools to Improve Outcomes for Youth with Special Health Care Needs. Poster Presentation at Pediatric Psychology Annual Conference (SPPAC)

Mariani, M., & **Berger, C.** (March, 2015). Teaching Students to Reach Higher: An Interdisciplinary Approach to Fostering and Assessing College and Career Readiness Skills. 50 minute presentation at the Evidence Based School Counseling Conference, Northern Kentucky University.

Schumacher, R., **Berger, C.**, & Reale, M. (October, 2014). Advocacy and School Counseling: A Needed Action from Within. 90 minute presentation at the Florida School Counselor Association convention, Orlando.

Berger, C. (October, 2014). Implementing research projects within schools: Strategies for overcoming obstacles. 50 minute roundtable at the Southern Association of Counselor Education and Supervision Conference, Birmingham.

Mariani, M., & **Berger, C.** (October, 2014). Revisiting Group Supervision Requirements: Is Your Program Staying Current? 50 minute roundtable at the Southern Association of Counselor Education and Supervision Conference, Birmingham.

Berger, C. (June, 2014). *Creative Career Counseling Techniques Using Technology & Digital Media*. 75 minute presentation at the American School Counselor Association Conference, Orlando.

Berger, C. (July, 2014). *Creating Brighter Futures for Students with Chronic Illness*. 75 minute presentation at the American School Counselor Association Conference, Orlando.

Berger, C. (June, 2014). *Collaborating to Meet the Needs of Students with Chronic Illness*. 60 minute presentation at the Palm Beach County Mental Health and Wellness Conference, Boca Raton.

Berger, C. (April, 2014). *Collaborative Partnerships: How We Can More Effectively Work Together to Meet the Needs of Children and Adolescents*. 75 minute presentation at the Nova Southeastern University's Professional Development Institute, Ft. Lauderdale.

Berger, C. (November, 2013). *Meeting the Needs of Students with Chronic Illness*. 90 minute presentation at the Florida School Counselor Association convention, St. Petersburg.

Berger, C. (November, 2013). *Using Digital Media to Enhance Career Counseling*. 90 minute presentation at the Florida School Counselor Association convention, St. Petersburg.

Berger, C., Isaacs, M., Sabella, R., & Schumacher, R. (November, 2013). *Florida School Counselor Association Advocacy Update*. 45 minute presentation at the Florida School Counselor Association convention, St. Petersburg.

Berger, C. (October, 2013). *Tips and Tools for Preparing for the Recognized ASCA Model Program Process (RAMP)*. 50 minute presentation at the Broward County School Counselors' Professional Development Day. Sunrise.

Berger, C., Jungersen, T., & Ray, S. (October, 2013). *Promoting Unity Between Counselor Education and Other Academic Disciplines*. 50 minute roundtable discussion presentation at the Association for Counselor Education & Supervision Conference, Denver.

Berger, C. (October, 2013). *Training Future School Counselors to Effectively Prepare Diverse K-12 Students for College & Careers*. 50 minute presentation at the Association for Counselor Education & Supervision Conference, Denver.

Berger, C. (October, 2013). *Social Skills Training: Working with PreK-12 Students*. All day workshop presented to Palm Beach County School Psychologists, Boca Raton.

Klimkiewicz, A., **Berger, C.**, & Glavin, K. (July, 2013). *Exploring and Constructing Vocational Narratives Using Social and Digital Media*. 70 minute presentation at the National Career Development Association Conference, Boston.

Lara, T., Burton, S., **Berger, C.**, Burns, S., Goodman, J., Scanlon, C. M., Sangganjanavanich, F., Tang, M., Rehfuss, M., Osborn, D., Larrabee, M., & Evans, K. (July, 2013). *Teaching Career Counseling: Addressing Career Concerns as Mental Health Concerns*. 70 minute presentation at the National Career Development Association Conference, Boston.

Jungersen, T. S., Ray, S., Poland, S., & **Berger, C.** (2013, March). *The emerging phenomenon of bullycide: Implications for school counselors and stakeholders*. 90 minute presentation at the American Counseling Association Conference, Cincinnati.

Valenzuela, J., Fletcher, C., & **Berger, C.** (February, 2013). *Youth with Sickle Cell Disease: Multidisciplinary Perspectives on Care and Collaboration*. 60 minute presentation at Nova Southeastern University for Black history month, Ft. Lauderdale.

Berger, C. (November, 2012). *College & Career Readiness: A Tool for Advocacy*. 90 minute presentation at the Florida School Counselor Association Annual Conference, St. Petersburg.

Berger, C. (November, 2012). *Counselor Educator & Graduate Student Level Sharing*. 50 minute presentation at the Florida School Counselor Association Annual Conference, St. Petersburg.

Berger, C. (September, 2012). *Counseling Activities for Underachieving Students*. 50 minute presentation at the Southern Association of Counselor Education and Supervision Conference, Savannah.

Berger, C. (June, 2012). *Bring out the Brilliance: A Small Group Counseling Unit for Underachievers*. 75 minute presentation at the American School Counselor Association Annual Conference, Minneapolis.

Berger, C. (June, 2012). *Low on Money and Time? Career Counseling Made Possible*. 75 minute presentation at the American School Counselor Association Annual Conference, Minneapolis.

Berger, C. (April, 2012). *Documentation in the Schools*. 75 minute presentation at the Nova Southeastern University's Center for Psychological Studies Professional Development Institute, Ft. Lauderdale.

Berger, C. (April, 2012). *Preparing for the School Counseling Job Search*. 75 minute presentation at the Nova Southeastern University's Center for Psychological Studies Professional Development Institute, Ft. Lauderdale.

Berger, C. (February, 2012). *You are a Difference Maker! Using Data to Promote Your School Counseling Program*. One hour presentation at the Palm Beach County School District's Middle/High School Counselors' Professional Development, West Palm Beach.

Berger, C. (November, 2011). *Focused Counseling Amid Test-Focused Schools: A Counseling & FCAT Collaborative*. 3-hour preconference presentation at the Florida School Counselor Association Annual Conference, Ft. Lauderdale.

Berger, C., Lamp, A. & Mendez, B. (November, 2011). *Utilizing Collaboration to Strengthen School Counseling Programs*. 90 minute presentation at the Florida School Counselor Association Annual Conference, Ft. Lauderdale.

Berger, C., & Jungersen, T. J. (October, 2011). *Model for New Faculty Research Support*. 50 minute roundtable presentation at the Association for Counselor Education & Supervision Conference, Nashville.

Jungersen, T. J., **Berger, C., & Ray, S.** (October, 2011). *Supervision Efficiency: Balancing Administrative, Clinical, and Developmental Tasks*. 50 minute roundtable presentation at the Association for Counselor Education & Supervision Conference, Nashville.

Berger, C. (June, 2011). *Implementing Comprehensive School Counseling Programs through University/School Collaboration*. 75 minute presentation at the American School Counselor Association Annual Conference, Seattle.

Berger, C. & ter Maat, M. (June, 2011). *Promoting School Counseling Services in Today's Test-Focused Environments*. 75 minute presentation at the American School Counselor Association Annual Conference, Seattle.

Berger, C. (April, 2011). *Documentation in the Schools*. 75 minute presentation at the Nova Southeastern University's Center for Psychological Studies Professional Development Institute, Ft. Lauderdale.

Berger, C., & ter Maat, M. (March, 2011). *Promoting Counseling Services in Today's Test-Focused Schools*. 90 minute presentation at the American Counseling Association Annual Conference, New Orleans.

Berger, C. (November, 2010). *School Counseling in Today's World: Is Implementing the ASCA Model Even Possible?* 60 minute presentation at the Broward County School Counseling Professional Development Seminar, Ft. Lauderdale.

Berger, C. (November, 2010). *Implementing the ASCA Model at an FCAT-Focused School*. 90 minute presentation at the Florida School Counselor Association Annual Conference, Ft. Lauderdale.

Berger, C. (November, 2010). *Transitioning from Graduate Student to Professional School Counselor: Tips for Success*. 90 minute presentation at the Florida School Counselor Association Annual Conference, Ft. Lauderdale.

Go, R., & **Berger, C.** (November, 2010). *Think for Yourself: Ideas to Help Students Overcome Negative Peer Pressure*. Poster presentation at the Florida School Counselor Association Annual Conference, Ft. Lauderdale.

Heikkila, M., & **Berger, C.** (November, 2010). *Creative Ways to Use Games for Career Exploration*. Poster presentation at the Florida School Counselor Association Annual Conference, Ft. Lauderdale.

Berger, C. (October, 2010). *Identifying Reasons for Student Underachievement*. Poster Presentation given at Nova Southeastern University's Academic Fest, Ft. Lauderdale.

Heikkila, M., & **Berger, C.** (October, 2010). *Career Exploration in School Counseling*. Poster Presentation given at Nova Southeastern University's Academic Fest, Ft. Lauderdale.

Berger, C. (July, 2010). *Reducing Underachievement, Raising Graduation*. 90 minute presentation at the American School Counselor Association Annual Conference, Boston.

Berger, C. (March, 2010). *Identifying Reasons for Student Underachievement, An Essential Step to Reducing the Dropout Rate*. Poster Presentation at the National Youth At Risk Annual Conference, Savannah.

Berger, C. (February, 2010). *Ending the Cycle of Underachievement*. 90 minute presentation at the University of Central Florida Counselor Education Conference, Orlando.

Sixbey, M. B., Hollenbeck, L. H., & **Skinner, C.** (April, 2005). *Helping Teachers Handle Student Crises: A New Training Opportunity for the School Counselor*. 90 minute presentation at the American Counseling Association Annual Conference, Atlanta.

RESEARCH AREAS OF INTEREST

Counseling Underachieving Students
School Counseling Accountability Practices
School Counseling Reform/Implementing ASCA Model
Providing Support & Counseling Students with Chronic Illness
College & Career Readiness
Innovative Career Counseling Strategies for Children and Adolescents

GRANTS

A Pilot Study to Improve the College and Career Readiness Program in a Broward County Middle School
Sponsor: Quality of Life Council
Amount: \$10,000
July 2015 – June 2016

School Professionals' Knowledge and Beliefs about Youth with Chronic Illness
Sponsor: Nova Southeastern University- President's Faculty Research & Development Grant
Amount: \$10,000
July 2013 – December 2014

The Power of Peace: A School Counseling Approach to Help Students Resolve Conflict
Sponsor: Northeast Florida Education Consortium
Amount: \$400
October, 2004

SUPERVISION EXPERIENCE

Practicum & Internship Instructor, Nova Southeastern University: Ft. Lauderdale, FL. Provided supervision for graduate-level school counseling and online counseling students. *August 2009 – Present.*

School Site Supervisor, Forest Hill High School: West Palm Beach, FL. Provided supervision for graduate-level school counseling students. *Spring 2008 & Fall 2008.*

New Teacher/Counselor Mentor, Forest Hill High School: West Palm Beach, FL. Served as a mentor for new teachers and counselors. *Fall 2008 – Spring 2009.*

Individual Supervisor, University of Florida: Gainesville, FL. Provided one-on-one supervision for four graduate level students. *Spring 2004 & Fall 2005.*

Group Supervisor, University of Florida: Gainesville, FL. Provided supervision for one group of 6-9 students. *Spring 2004.*

PROFESSIONAL ORGANIZATIONS

American Counseling Association
American School Counseling Association
Association for Counselor Education and Supervision
Florida School Counselor Association
National Career Development Association
Southern Association for Counselor Education and Supervision

REFEREED JOURNAL ARTICLES

Berger, C. A. (2013). Bring out the brilliance: A counseling intervention for underachieving students. *Professional School Counseling, 13*, 86-96.

Glavin, K., & **Berger, C.** (2012). Using Career Construction Theory in employment counseling for sales/office and administrative support occupations. *Journal of Employment Counseling, 49*(4), 185-191.

OTHER PUBLISHED ARTICLES

Berger, C. (July/August, 2012). Advocate for your school counseling program by promoting college and career readiness. Article published in the *Florida School Counselor Association E-Newsletter*. Retrieved from <http://www.fla-schoolcounselor.org/>

Berger, C., & Poland, S. (Spring, 2012). Bullycide and the school counselor: Keys for prevention. *Florida School Counselor Association Magazine*.

Berger, C. A. (Spring, 2010). Becoming a counselor educator. *SACES Newsletter*, 6(1), 2.

Skinner, C., Amatea, E. & Smith, S. (2007). Counseling Easygoing Underachievers: A strength-based approach for working with underachieving high school students. Unpublished manuscript, University of Florida, Gainesville.

Amatea, E. S., & **Skinner, C. A.** (2006). *Preliminary test manual for the School Achievement Motivation Scales.* Unpublished manuscript, University of Florida, Gainesville.

BOOK CHAPTERS

Berger, C. (in press). Academic Integrity. In C. Sheperis (Ed.), *The handbook of online counselor education: A student guide.* Thousand Oaks, CA: Sage.

Jungersen, T., & **Berger, C.** (2014). The School Counselor as a Group Leader and Facilitator. In J. R. Studer (Ed.), *The essential professional school counselor in a society of change.* Thousand Oaks, CA: Sage.

Glavin, K., & **Berger, C.** (2013). Assessing career adaptability using the Career Adaptabilities Scale. In A. Di Fabio & K. Maree (Eds.), *Psychology of career counseling: New challenges for a new era.* Hauppauge, NY: Nova Science Publishers.

OTHER WRITING EXPERIENCE

Editorial Board Member for the Journal of Employment Counseling. Review approximately one manuscript per month for the journal. *March 2012 – Present.*

Invited Chapter Reviewer for:

Sommers-Flanagan, J., & Sommers-Flanagan, R. (2014). *Clinical Interviewing (5th ed.).* Hoboken, NJ: John Wiley & Sons.

Book Reviewer for Sage Publications. Thousand Oaks, CA. Provide reviews for book proposals as needed. *January 2012 – Present.*

Test Question Developer for:

Wittmer, J. & Clark, M.A. (2007). *Managing Your School Counseling Program: K-12 Developmental Strategies (3rd ed.).* Minneapolis, MN: Educational Media Corporation.

LEADERSHIP IN SERVICE ROLES

Florida School Counselor Association Governing Board Chair (2014-15)
Other current positions: Communications Committee Chair, Convention Committee Member, Advocacy Committee Member, College & Career Readiness Committee Member

Other positions previously held: President-Elect (2013-14), Vice President of Postsecondary (2012-13), Chair of Chapter Development Committee (2011-12), Co-chair for 2012 convention (2011-12)

School Counseling Curriculum Committee Chair, Nova Southeastern University
August 2012 – present

Lead Faculty of the School Counseling Program, Nova Southeastern University
May 2012 – present

Chair of Accreditation Committee for the School Counseling program [National Council for Accreditation of Teacher Education (NCATE) & Florida Department of Education (DOE) approval], Nova Southeastern University
April 2012 – present

Association for Counselor Education and Supervision Conference Committee
August 2010 – November 2011
Positions held: Public Relations Committee Co-chair for 2011 conference

UNIVERSITY SERVICE

Professional Standings Committee
August 2013 – present

School Counseling Faculty Search Committee (Chair)
August 2013 – January 2014

Mental Health Counseling Faculty Search Committee (Interim Member)
August 2013 – December 2013

Internal Review Committee for School Counseling
August 2012 – January 2014

Student Appeals Committee
January 2011 – November 2014

Strategic Planning Committees: Research & New Initiatives
August 2011 – May 2012

Adjunct Faculty Interviewer (School Counseling & Mental Health Counseling)
August 2010 – present

Lead Faculty in the School Counseling program's Florida Department of Education approval & National Council for Accreditation of Teacher Education (NCATE) accreditation process
September 2009 – present

Counselor Education Program Curriculum Committee
September 2009 – present

Academic Advisement Committee for Counseling
September 2009 – present

Liaison to Nova's University School – assist upper school counseling department with providing intervention services to underachieving students
September 2009 – June 2011

Co-teach PSY 4435: Teaching of Psychology
August 2009 – December 2010

OTHER SERVICE ACTIVITIES

Connecting Kids to Coverage Webinar Panelist
Presented on behalf of the Florida School Counselor Association for the Connecting Kids to Coverage Campaign; collaborated with professionals across the U.S. to discuss how to connect children to health insurance options
January 2015

Florida Representative at College Opportunity Day in Washington, DC
Attended White House Summit to represent Florida School Counselors; collaborated with other professionals to implement College & Career Readiness Action Plan
December 2014

Florida School Counselor Association Technology Committee Chair
FSCA website, blog, e-newsletter, and social media management
February 2014 – present

Florida School Counselor Association Advocacy Committee Member
Attend Day on the Hill (2014, 2015) and coordinate advocacy efforts
October 2013 – present

Palm Beach School Counseling and Graduation Support Leadership Advisory Council
March 2013 – present

Association for Counselor Education and Supervision Conference Proposal Reviewer
January 2013 – February 2013

Participated in the Sunrise Leadership Academy for High School Students as the Psychology & Counseling Career Expert
November 2012, November 2014

School Counselor Task Force for the National Career Development Association
July 2012 – 2014

Transformed School Counseling & College Access Interest Network (via the Association for Counselor Education and Supervision)
January 2012 – present

Palm Beach County School Counselor Evaluation Development Committee
January 2012 – January 2013

Consultant/Advisor for Recognized American School Counselor Association Model Program Award (RAMP) Application Process for Palm Beach County School Counselors
January 2010 – December 2010

Palm Beach County School District Student Advisory Board Member
November 2009 – present

Palm Beach County Classroom Teachers Association Sub-committee Member
August 2005 – June 2009

Positions held: Appointed to participate in School Guidance Bargaining Committee

Chi Sigma Iota, University of Florida
August 2002 – May 2005

Positions held: Awards Committee Chair, Mentoring Committee Chair

Counselor Education Student Association, University of Florida
August 2001 – May 2005

Positions held: President (August 2002 – July 2003)

AWARDS

Alumni Fellowship, University of Florida
August 2001 – July 2005

Stripling Scholarship Award, University of Florida
2004