# Curriculum Vitae Alicia A. Bosley Ph.D., MFT Intern

#### GENERAL INFORMATION

Email: ab1119@nova.edu

#### **EDUCATION**

**2014 Ph.D.**, Nova Southeastern University, Ft. Lauderdale, FL

Major: Couple and Family Therapy

**2010** M.A., Antioch University New England, Keene, NH

Major: Marriage and Family Therapy

**2005 B.S.,** Colorado State University, Ft. Collins, CO

Major: Human Development and Family Studies

#### JOB HISTORY

**2015 - present** 

Adjunct Faculty, Colleges of Psychology and Arts, Humanities, and Social Sciences, Nova Southeastern University, Fort Lauderdale, FL

- Taught various courses as instructor of record within the Department of Family Therapy including Clinical Practice in Marriage and Family Therapy, Group Psychotherapy, and Internal Practicum
- Taught courses as instructor of record within the Department of Counseling, including Couples and Family Counseling Strategies
- Held office hours and provided assistance and guidance to students as needed

**2015** – **present** 

**Therapist/Supervisor,** Sunshine Social Services (SunServe), Fort Lauderdale, FL

- Provided individual, couple, family, and group therapy to clients at a non-profit agency serving the needs of the Lesbian, Gay, Bisexual, and Transgender (LGBT) community of South Florida.
- Supervised masters-level marriage and family therapy interns seeing clients at the agency.
- Also, in the role of AHF medical therapist, worked closely with local Aids Healthcare Foundation clinics to assess clients with HIV and AIDS, and refer them to appropriate mental health services as needed.
   Provided some clients with therapy services as needed.

- Attended trainings and conferences related to working with the LGBT community as needed.

#### 2011 - 2015

**Department Graduate Assistant**, Nova Southeastern University, Fort Lauderdale. FL

- Assisted the Department Head and Masters' and Doctoral Program Directors with multiple administrative and programmatic tasks, including:

# - Accreditation Assistant

- Assisted with reaccreditation of Nova's M.S. in Family Therapy Program, including work on the self-study process involving faculty, student, and program outcomes; clinical training outcomes and evaluations; course evaluation; meeting AAMFT Code of Ethics, Core Competencies, Educational Guidelines, and Exam Domains; and meeting FAMFT Licensure Boards.

# - Department Assistant

- Assisted with program planning and design; prepared for interviews, open houses, internship fairs, and orientations; represented the program at events; assisted with faculty promotion processes; assisted with student, faculty, and program record keeping; and other tasks as assigned.

#### - Research Assistant

- Assisted with web-based research, survey research, raw data management, data analysis and presentation, and manuscript construction and editing.

# August 2013 -December 2014

**Peer Mentoring Program Coordinator,** Nova Southeastern University, Fort Lauderdale, FL

- Coordinated the Family Therapy Peer Mentoring Program: recruited peer mentors; assigned peer mentors to incoming students; provided information to both mentors and mentees; created flyers, job descriptions for peer mentors, and informational emails for program participants; helped lead meetings; acted as a peer mentor for several incoming students.

# October 16-19, 2014

*Marketing Representative* for Nova Southeastern University's Department of Family Therapy Programs. AAMFT Annual Conference, Milwaukee, WI.

# September 14-16, 2012

*Marketing Representative* for Nova Southeastern University's Department of Family Therapy Programs. AAMFT Annual Conference, Charlotte, NC.

### 2010-2011

Clinical Supervisor, Wediko Children's Services, Windsor, NH
- Managed a case load of eight boys between the ages of 7-17 in residential treatment for severe emotional, behavioral, and educational problems. Created individualized treatment plans, behavioral intervention

plans, and functional behavioral assessments for each individual; provided individual and family therapy; created clinical assessments and completed other paperwork to inform therapy and collaborate with other aspects of treatment; lead meetings, special activities, and group therapy sessions; attended court dates, school meetings, and other appointments as needed to advocate for the boys' needs and represent Wediko as an agency; and worked closely with medical, educational, and support staff on and off setting to coordinate the best possible treatment and care for the boys.

2009-2010

Volunteer, AmeriCorps, Northern New England, Keene, NH

- Conducted research on the mental health needs of the local community, and helped faculty to shape the services provided at the Antioch Center for Family Therapy and Psychological Services to meet these needs, as well as to promote the Center to hospitals, churches, schools and other local organizations.

2009-2010

Clinic Administrative Assistant, Antioch Center for Family Therapy and Psychological Services, Keene, NH

- Helped to set up and organize the Antioch Center for Family Therapy and Psychological Services, assisted the clinic administrator to keep the clinic running proficiently, and maintained confidentiality at all times and conducted business in a professional manner to positively reflect the clinic and school.

### RESEARCH EXPERIENCE

November 2015 – present **Researcher**, SunServe, Wilton Manors, FL

- Contributed to a research project examining the treatment outcomes of a collaboration between mental health and medical services on HIV-positive patients at an outpatient clinic in Broward County, FL. Worked as the sole mental health provider within the project and collaborated with medical practitioners, mental health practitioners, and researchers.

February 2014 – September 2015 **Research Intern,** Nova Southeastern University, Fort Lauderdale, FL - Assisted with an interdisciplinary study assessing the effects of narrative-

- Assisted with an interdisciplinary study assessing the effects of narrative-style therapeutic questions on the electrical activity of the brain utilizing electroencephalogram (EEG) technology. Screened participants, explained research procedures and purposes to them, connected and ran EEG equipment, collected saliva samples to measure cortisol and amylase production, and assisted with therapeutic interviews designed to discuss pivotal moments in participants' problem stories. Also assisted with data analysis. Worked cooperatively with marriage and family therapy and neuropsychology faculty and students throughout.

2011 – 2014 Research Assistant, Nova Southeastern University, Fort Lauderdale, FL
 - Assisted with various projects including research on solution-focused coaching, survey and web-based research, and self-study based analysis.

- 2008 2010 Research Assistant, Antioch University New England, Keene, NH

   Assisted with various projects including a comprehensive qualitative review of same-sex divorce, and a qualitative study of breast cancer survivors' experience of their diagnosis, treatment process, and recovery.
- 2004-2005 Research Assistant, Colorado State University, Fort Collins, CO
   Assisted with a thesis project researching gender roles, including compiling, analyzing, and entering data for statistical analysis

#### **PUBLICATIONS**

# **Authored**

- Bosley, A. (2017). *After DOMA: Same-sex couples and the shifting road to equality.* Manuscript submitted for publication.
- **Bosley, A.,** & Ranck, A. (2017). *Increased recognition for better or for worse? Transgender individuals, couples, and families in the 21st century.* Manuscript submitted for publication.
- Bosley, A. (2014). Same-sex couples' lived experiences of the repeal of the Defense of Marriage Act's (DOMA) section three (Doctoral dissertation). Nova Southeastern University.
- Bosley, A. (2011). Body image and eating disturbance in gay and bisexual men: A review. *Journal of GLBT Family Studies*, 7(5), 457-469.

#### **Assisted**

- Boyd, T. V., & Rambo, A. Solution-focused coaching. [Book chapter; in progress].
- Rambo, A., West, C., Schooley, A., & Boyd, T. V. (Eds.). (2013). *Family therapy review: Contrasting contemporary models*. New York, NY: Routledge.
- Lyness, K. P. (2012). Therapeutic considerations in same-sex divorce. In Jerry J. Bigner & Joseph L. Wetchler (Eds.), *Handbook of LGBT-affirmative couple and family therapy* (377- 393). New York, NY: Routledge.

#### **PRESENTATIONS**

- Bosley, A. (2016). *Preventing medical errors*. SunServe's 13<sup>th</sup> Annual LGBT Quality Care Conference. Lecture Presentation. Miami, FL.
- **Bosley, A.,** & Lopresti, J. (2016). *After DOMA: Same-sex couples and the shifting road to equality.* Groves Conference on Marriage and Family. Round Table Presentation. Denver, CO.
- **Bosley, A.**, Miller, B., Ranck, A., & Scarpelli, K. (2016). *Increased recognition for better or for worse? Transgender individuals, couples, and families in the 21st century*. Groves Conference on Marriage and Family. Round Table Presentation. Denver, CO.
- Bosley, A. (2016). Working with LGBTQ clients in therapy. Invited Talk. Barry University, Miami, FL.
- Bosley, A. (2015). *Communication and healthy relationships*. Compass First Annual Women's Health Conference. Invited Talk. Fort Worth, FL.
- Bosley, A. (2015). *Not just a womens' problem: Body image and eating disorders in gay men.* SunServe's 12<sup>th</sup> Annual LGBT Quality Care Conference. Lecture Presentation. Miami, FL.
- **Bosley, A.,** Ehly, K., & Lopresti, J. (2015). *New issues and approaches to LGBT couples and family care*. SunServe's 12<sup>th</sup> Annual LGBT Quality Care Conference. Panel Discussion. Miami, FL.
- **Bosley, A.,** & Boyd, T.V. (September 2015). *Same-sex couples after DOMA's Section Three*. American Association for Marriage and Family Therapy 2015 Annual Conference. Poster Presentation. Austin, TX.
- Hibel, J., Manley, M., **Bosley, A.,** & Neipert, T. (September 2015). *Neuro-biological effects of Narrative-informed interviews*. American Association for Marriage and Family Therapy 2015 Annual Conference. Poster Presentation. Austin, TX.
- **Bosley, A.,** & Boyd, T.V. (February 2013). *Equality across cultures: Supporting sexual minorities in a global community.* International Family Therapy Association 2013 World Conference. Lecture Presentation. Orlando, FL.
- Bosley, A. (November 2012). *Are they really that different? Comparing same-sex and heterosexual couple relationships*. South Florida Diversity Alliance 2012 Diversity Summit. Poster Presentation. Fort Lauderdale, FL.

#### **TEACHING EXPERIENCE**

# **Nova Southeastern University**

# **PYCL 645 - Couples & Family Counseling Strategies**

- Taught Master's in Mental Health Counseling students current approaches to couples and family therapy with an emphasis on a systemic conceptual model of family functioning and culturally sensitive therapeutic interventions. Course was designed to develop specific intervention competencies.

# STFM 5322 – Clinical Practice in Marriage and Family Therapy

- Discussed in detail applications of family therapy methods and counseling theories/techniques in various situations and cultures. Guided students in refining and practicing models of family therapy, and assisted them in being able to critically assess their clinical work in the community and expanding their skills. Taught students how to present to the community or future employers their therapeutic style and theoretical orientation. Finally, offered preparation for the national licensing examination.

# STFM 6320 - Assessment in Marital and Family Therapy

- Covered common assessment methods used within the field including Gottman's Marital Assessment; applied theories and methods of assessment to working with children and couples.

# STFM 6331- Diversity in Human & Family Development

- Covered topics including racial, ethnic, sexual, gender, and religious diversity; discussed therapists' family-of-origin backgrounds and how they can impact therapy; explored dynamics of working with diverse clients in therapy.

# STFM 6332 – Human Sexuality and Gender

- Covered several areas of human sexuality and gender relevant to the field and practice of MFT, including couples' sex therapy, working with individuals on sexual issues, sexual identity and orientation, desire and intimacy, infidelity, fetishes, sexual abuse, and working with sex offenders; worked on self-of-therapist as it relates to sex therapy and overcoming personal discomfort pertaining to sexual issues and sex therapy.

#### STFM 6333 - Theories of Personality and Psychopathology

- Taught diagnosis according to DSM standards; explored the complexity of diagnosis (e.g. biological, interactional, cultural, and political factors); discussed the importance of respect and compassion for clients; covered the importance of safety issues; and discussed methods of collaboration with clients, families, and other professionals.

#### STFM 6374 - Human Development and Individual/Group Psychotherapy

- Discussed psychological and physiological development from birth through old age; explored aspects of the family life cycle and the interaction of individual and

> familial developmental stages; taught theories and models of group therapy; practiced applications of group therapy with different ages.

# **Colorado State University**

# **HD 302 – Marriage and Family Relationships**

- Introductory course on couple and family relationships. Covered such topics as interpersonal dynamics, couple relationship styles, parenting, family lifespan development, and effects of outside factors (e.g., substance abuse, life events) on the couple and family systems.

#### **CLINICAL EXPERIENCE**

June 2015- present Staff Therapist/Supervisor, Sunshine Social Services (SunServe), Fort Lauderdale, FL

- Provided individual, couple, family, and group therapy to clients at a non-profit agency serving the needs of the Lesbian, Gay, Bisexual, and Transgender (LGBT) community of South Florida.
- Supervised masters-level marriage and family therapy interns seeing clients at the agency.
- Also, in the role of AHF medical therapist, worked closely with local Aids Healthcare Foundation clinics to assess clients with HIV and AIDS, and refer them to appropriate mental health services as needed. Provided some clients with therapy services as needed.
- Attended trainings and conferences related to working with the LGBT community as needed.

# **August 2013-June 2015**

Supervisor Intern, PROMISE Program, Pine Ridge Educational Center, Sunrise Middle School, and Nova Southeastern University, Fort Lauderdale, FL

- Supervised first- and second-year masters' students providing therapy to public school students from grades K-12, covering a variety of presenting problems including emotional, behavioral, and mental health problems; family issues; school-related problems such as suspension, learning disabilities, and truancy; drug and alcohol issues; interpersonal relationships with peers; college and vocational preparation; etc. Also provided therapy directly to students as needed. Worked cooperatively with students; masters' interns; school administrators, teachers, and staff; and Nova faculty to help create a cohesive systemic team.

# **2011** – **present**

**Student Therapist,** Brief Therapy Institute, Nova Southeastern University, Fort Lauderdale, FL

- Served as a doctoral student therapist to provide individual, couple, and family therapy to the community. Worked with clients from diverse relationship statuses, sexual orientations, religious beliefs, and

racial/ethnic backgrounds. Utilized multiple theoretical models including but not limited to narrative therapy, cognitive-behavioral therapy, solution-focused therapy, relational family therapy, Gottman couple therapy, and Bowen family therapy.

# June-August 2011

Therapist, Couples on the Brink, Fort Lauderdale, FL

- Conducted intensive couples therapy with couples with diverse relationship statuses, sexual orientations, religious beliefs, and racial/ethnic backgrounds. Utilized multiple theoretical perspectives including cognitive-behavioral couple therapy, integrative couple therapy, emotion-focused therapy, and Gottman couple therapy.

#### 2010-2011

Clinical Supervisor, Wediko Children's Services, Windsor, NH

- Managed a case load of eight boys between the ages of 7 -17 in residential treatment for severe emotional, behavioral, and educational problems. Created individualized treatment plans, behavioral intervention plans, and functional behavioral assessments for each individual; provided individual and family therapy; created clinical assessments and completed other paperwork to inform therapy and collaborate with other aspects of treatment; led meetings, special activities, and group therapy sessions; attended court dates, school meetings, and other appointments as needed to advocate for the boys' needs and represent Wediko as an agency; and worked closely with medical, educational, and support staff on and off setting to coordinate the best possible treatment and care for the boys.

#### 2009-2010

Intern, Wediko Children's Services, Windsor, NH

- Provided individual therapy to boys from ages 8 -18 in residential treatment for severe emotional, behavioral, and educational problems. Also provided family therapy to the boys' families. Implemented multiple theoretical models including cognitive-behavioral, systemic, structural, and narrative therapy.

#### 2008-2009

**Student Therapist,** Antioch Center for Family Therapy and Psychological Services, Keene, NH

- Served as a master's-level student therapist to provide individual, couple, and family therapy. Utilized multiple theoretical perspectives including cognitive-behavioral couple therapy, integrative couple therapy, emotion-focused therapy, and Gottman couple therapy.

#### 2004-2008

Intern, Harmony House, Fort Collins, CO

- Supervised visitations between non-custodial parents and their children, factually documented all exchanges that occurred during visits, and worked collaboratively with social-service agencies, parole and probation departments, mental health practitioners, and the court system

#### ADDITIONAL PROFESSIONAL TRAINING

January-April	"Grant Writing and Funding Opportunities", graduate-level course, Nova
2015	Southeastern University

# ADDITIONAL CLINICAL TRAINING

April 2016	LGBTQ Clinical Competence Certified, Sunshine Social Services
August 2015	Children's Functional Assessment Rating Scale (CFARS) Certified, Florida Department of Children and Families
August 2015	Functional Assessment Rating Scale (FARS) Certified, Florida Department of Children and Families
November 2012	"Listening for Our Own Story in Narrative Therapy and Supervision", 2-hour intensive workshop with Dr. Jim Hibel, LMFT
October 2011	Resource and Resiliency Interviewing: Therapeutic Suicide Assessment, 2-

hour intensive training with Dr. Douglas Flemons, LMFT

February 2009 Prepare/Enrich Certified, Antioch University New England, Keene, NH

# MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

American Association for Marriage and Family Therapy Florida Association for Marriage and Family Therapy International Family Therapy Association

# MEMBERSHIPS IN OTHER ORGANIZATIONS

Delta Epsilon Iota Academic Honor Society
The Equality Club – Nova Southeastern University
Gay/Straight Alliance - Nova Southeastern University
PFLAG (Parents, Families, and Friends of Lesbians and Gays)

#### HONORS AND AWARDS

Delta Epsilon Iota Academic Honor Society Invitee, Inducted 2013 National Honor Society Nominee, Inducted 2005 National Dean's List Nominee, Inducted 2005