

## *CURRICULUM VITAE*

### **Mark Barry Sobell, Ph.D., ABPP**

**Citizenship:** U.S. and Canada

**Date this CV prepared:** July 2016

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#### **Training**

<b>Institution</b>	<b>Major Area</b>	<b>Degree</b>	<b>Date</b>
University of California, Los Angeles	Psychology (Highest Honors)	A.B.	6/66
University of California, Riverside	Psychology	M.A.	12/67
University of California, Riverside	Psychology	Ph.D.	12/70

#### **Certifications, Credentials and Licensures**

1969 Certified for teaching psychology at junior colleges in the State of California. Certificate No. 13642JCL.

1975-1979 Certified Professional Counselor, Professional Alcohol and Drug Counselors of Tennessee. Certificate No. 003. Honor Charter Member.

1978-1980 Certified Substance Abuse Counselor, Tennessee Department of Mental Health and Mental Retardation.

1975-1981 Licensed Psychologist, Tennessee. Certificate No. 491.

1981-1997 Registered Psychologist, Province of Ontario, Canada. Certificate No. 1479.

1996-2014 Fellow, American Academy of Cognitive and Behavioral Psychology.

1996-present Board Certified in Behavioral and Cognitive Psychology, American Board of Professional Psychology, Diploma Number 4790, awarded 12/04/96.

1997-present Licensed Psychologist, Florida. License No. PY 0005691.

#### **Honors/Awards**

1965-1966 National Science Foundation Undergraduate Stipend for Independent Research, U.C.L.A.

1966 Highest Honors in Psychology, U.C.L.A.

1966-1969 National Defense Education Act 3-year graduate fellowship, U.C. Riverside.

1967 High-pass, U.C. Riverside comprehensive examinations –Master’s degree in psychology.

- 1982 Fellow, American Psychological Association (Divisions 1, 3, 12, 25, 28, and 50)
- 1985 Citation Classic, Current Contents
- 1989 Fellow, American Psychological Society
- 1990 Best poster submission, Multiple Addictions Conference, San Diego, CA.
- 1992 Fellow, Canadian Psychological Association.
- 1992 Fellow, American Association of Applied and Preventive Psychology.
- 1994 Invited Fellow's Address (Division 28), American Psychological Association.
- 1994 Charter Fellow, American Psychological Association (Division 50).
- 1996 Grand Prize in the 8<sup>th</sup> International Festival of Video and Multimedia in Health Care for the video *Motivational Strategies for Promoting Self-Change: Dealing with Alcohol and Drug Problems*.
- 2002 *Distinguished Scientific Contribution Award to Clinical Psychology*. American Psychological Association, Society of Clinical Psychology, Division 12.
- 2002 *Jellinek Memorial Award* for outstanding contribution to the advancement of knowledge in the alcohol/alcoholism field in behavioral (clinical and experimental) studies.
- 2003 Honorary Associate of the Australian Centre for Addiction Research, Sydney Australia.
- 2007 *Lifetime Achievement Award*. Association for Behavioral and Cognitive and Therapies, Addictive Behaviors Special Interest Group.
- 2008 *Charles C. Shepard Science Award (category of Prevention and Control)*. The award is presented by the Centers for Disease Control and Prevention (CDC) and the Agency for Toxic Substances and Disease Registry (ATSDR) for the most outstanding peer-reviewed research paper published by CDC/ATSDR scientists during the preceding year. The paper receiving the award was Preventing Alcohol-Exposed Pregnancies: A Randomized Controlled Trial published in the *American Journal of Preventive Medicine* 2007, 32, 1-10. Authors: Floyd, R. L., Sobell, M., Velasquez, M. M., Ingersoll, K., Nettleman, M, Sobell, L., Mullen, P. D., Ceperich, S., von Sternberg, K., Bolton, B., Skarpness, B. Nagaraja, J., Johnson, K. & Project CHOICES Efficacy Study Group.
- 2011 *1<sup>st</sup> Annual Provost's Research and Scholarship Award*. Nova Southeastern University
- 2011 The Guided Self-Change (GSC) treatment was accepted for inclusion on the American Psychological Associations (APA) Division 12 (Society of Clinical Psychology) Empirically Supported Treatments (EST) website. [http://www.div12.org/PsychologicalTreatments/treatments/substance\\_guided.html](http://www.div12.org/PsychologicalTreatments/treatments/substance_guided.html)
- 2011-2012 Professor of the Year, Center for Psychological Studies, Nova Southeastern University (FL).
- 2014 Project *CHOICES: A Program for Women about Choosing Healthy Behaviors* is included in the Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Evidence-based Programs and Practices (NREPP).
- 2014 Presidential Citation, American Psychological Association.

- 2014 Distinguished Scientific Contributions to the Application of Psychology Award. American Psychological Associations (APA) Division 50 (Society of Addiction. Psychology).
- 2015 *Brady/Schuster Award for Outstanding Behavioral Science Research in Psychopharmacology and Substance Abuse*. American Psychological Association, Division 28.
- 2015 Fellow, Association for Behavioral and Cognitive Therapy.

### Professional Memberships

- American Psychological Association (*Fellow* Divisions: 1, 3, 12, 25, 28, 38, and 50; President 2013, Division 12)
- Association of Behavioral and Cognitive Therapies (formerly known as the Association for the Advancement of Behavior Therapy, AABT; *Fellow*)
- Research Society on Alcoholism

### Professional Experience

- 8/95-present *Professor*, Center for Psychological Studies, Nova Southeastern University, Ft. Lauderdale, FL.
- 8/95-present *Co-Director, Guided-Self-Change Clinic*, Community Mental Health Center, Center for Psychological Studies, Nova Southeastern University, Ft. Lauderdale, FL.
- 2/00 – 10/03 *Member*, Ambulatory Care Staff of the Broward Medical Center with Associate Status in the Department of Psychiatry, North Broward Hospital District, Broward County, Ft. Lauderdale, Florida.
- 9/86-8/99 *Senior Scientist*, Clinical Research and Treatment Institute, Addiction Research Foundation, Toronto, Canada.
- 2/91-7/95 *Associate Director*, Treatment Research and Development, Clinical Research and Treatment Institute, Addiction Research Foundation, Toronto, Canada.
- 9/93-7/95 *Chief*, Clinical Research Dissemination Unit, Clinical Research and Treatment Institute, Addiction Research Foundation, Toronto, Ontario, Canada.
- 7/87-7/95 *Professor*, Department of Psychology, University of Toronto, Ontario, Canada.
- 7/87-7/95 *Professor*, Department of Behavioural Science, Faculty of Medicine, University of Toronto, Ontario, Canada.
- 7/93-7/95 *Professor*, Department of Family and Community Medicine, Faculty of Medicine, University of Toronto, Ontario, Canada.
- 10/88-1/91 *Head, Sociobehavioural Research and Senior Scientist (9/86-8/99)*, Clinical Institute, Addiction Research Foundation, Toronto, Canada.
- 7/83-9/88 *Associate Head, Behavioural Treatment Research*, Clinical Institute, Addiction Research Foundation, Toronto, Canada.
- 7/87-6/87 *Associate Professor*, Department of Behavioural Science, Faculty of Medicine, University of Toronto, Canada.
- 5/80-6/87 *Associate Professor*, Department of Psychology, University of Toronto, Ontario, Canada.
- 5/80-7/83 *Head, Sociobehavioural Research*, Clinical Institute, Addiction Research Foundation, Toronto, Ontario, Canada.

- 10/76-5/80 *Senior Clinical Consultant*, Alcohol Programs, Dede Wallace Center, Nashville, Tennessee.
- 6/74-5/80 *Associate Professor and Director of Graduate Studies on Alcohol Dependence*. Department of Psychology, Vanderbilt University, Nashville, Tennessee. *Director of Clinical Training*, 1979-1980.
- 4/72-5/74 *Clinical Instructor*, Department of Psychiatry and Human Behavior, California College of Medicine, University of California, Irvine.
- 7/71-5/74 *Research Analyst II*—Social Sciences, Orange County Department of Mental Health, Alcoholism Services, Orange County, California.
- 7/69-6/71 Rapid progression through several positions at Patton State Hospital, Patton, California, California Department of Mental Hygiene. Research Technician (2 weeks), Research Assistant II (12 months), Research Assistant IV (6 months), and *Research Specialist I* (6 months). Also served as *Assistant Director of the Alcoholism Program*, Patton State Hospital.
- 6/69-6/71 *Instructor* in psychology, Evening Division, San Bernardino Valley College, Department of Psychology.
- 8/69-9/69 *Assistant Professor*, Level III, Department of Sociology and Social Welfare, California State University at Long Beach.
- 6/66-6/69 Served continuously as *Teaching Assistant* or *Research Assistant* for the Department of Psychology, University of California, Riverside.

### Grants, Contracts, and Financial Support

- 1965-1966 National Science Foundation Stipend for Undergraduate Independent Research, U.C.L.A. An exploratory study of death attitude dimensions and relevant experimental correlates. **Principal Investigator**
- 1969-1970 State of California Research Grant 11-EXPL-207, Patton State Hospital, **Principal Investigator**. Investigation of stimulus control over responding under DRL schedules of reinforcement.
- 1972-1974 National Institute on Alcohol Abuse and Alcoholism. Grant No. 1 R18 AA00486, Orange County Department of Mental Health,. Extended follow-up of I.B.T.A. treated alcoholics. **Principal Investigator** (Linda Sobell, Co-principal Investigator).
- 1974-1975 California Office of Alcohol Program Management, research contract with the Orange County Department of Mental Health, **Project Director**. An intensive evaluation system for the Orange County Alcoholism Program.
- 1974-1976 National Institute on Alcohol Abuse and Alcoholism. Research Grant No. 5 TO1 AA00100, Department of Psychology, Vanderbilt University, **Program Director**. Graduate psychology—alcohol abuse and alcoholism.
- 1975-1980 National Institute on Alcohol Abuse and Alcoholism. Institutional Research Service Award Training Grant No. 5 T32 AA07072, Department of Psychology, Vanderbilt University, **Program Director** (research training).
- 1976-1980 National Institute on Alcohol Abuse and Alcoholism. Training Grant No. 5 T01 AA00100 (Renewal), Department of Psychology, Vanderbilt University, **Program Director** (clinical training).

- 1976-1978 National Institute on Alcohol Abuse and Alcoholism. Grant No. R AA02489-01A1, Alcohol Programs, Dede Wallace Center, **Co-investigator** (Linda C. Sobell, Principal Investigator). Effects of alcohol on speech.
- 1977-1978 Vanderbilt University Research Council, Direct Research Support Grant, Investigations of the determinants of drinking behavior of human normal drinkers. **Co-investigator** (Dr. Thomas Burish, Co-investigator).
- 1979-1980 National Institute on Mental Health, PHS Training Grant No. 5 T01 MH0552-30, Clinical Psychology-Graduate, **Program Director**.
- 1984 Department of National Defense (Canada) Contract 19SV.3204503, "Treatment Outcome Research Project—Critical Review of the State of Research." (L. Sobell, **Co-Principal Investigator**).
- 1991-1995 National Institute on Alcohol Abuse and Alcoholism. Grant No. 1 R01 AA085593, Addiction Research Foundation, **Co-investigator** (L.C. Sobell, Principal Investigator). Stability of natural recoveries from alcohol abuse.
- 1991-1995 Addiction Research Foundation, Accelerated Funding Project #803, **Co-Principal Investigator** (Principal Investigator: L. Sobell, Co-investigator: T. Toneatto). Comparison of Individual and Group Formats of Behavioral Outpatient Treatment.
- 1991-1995 Addiction Research Foundation, Accelerated Funding Project #806, **Co-Investigator** (Principal Investigator: T. Toneatto, Co-Investigator: Linda Sobell). Developing and testing an innovative treatment for cocaine dependence.
- 1991-1996 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Proyecto de colaboracion para la investigacion entrenamiento, capacitacion, desarrollo y evaluacion de un tratamiento conductual de consulta externa para bebedores problema en Mexico. H. Ayala-Velázquez, G. Cardenas Lopez, & A. Vite Sierra, Principal Investigators; M.B. Sobell, & L. C. Sobell, **Co-Principal Investigators**.
- 1993-1995 International Development Research Centre Grant. A collaborative project for research and training, development and evaluation of the application of a behavioral outpatient treatment program for alcohol abusers in Mexico. H. Ayala-Velázquez & G. Cardenas Lopez, Principal Investigators; M.B. Sobell & L. C. Sobell, **Co-Principal Investigators**.
- 1993-1996 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Proyecto colaborativo para la investigacion, entrenamiento, y evaluacion de la aplicacion de un programa de tratamiento conductual de consulta externa para bebedores problema en Mexico: Segunda fase. H. Ayala-Velázquez Principal Investigator; M.B. Sobell, & L. C. Sobell, **Co-Principal Investigators**.
- 1994-1997 Alcoholic Beverage Medical Research Foundation. Personal and Situational Determinants of Alcohol-Induced Risk-Taking. **Co-investigator**. (Principal Investigator: C. Breslin; Co-investigator: H. Cappell).
- 1995-1997 National Institute on Alcohol Abuse and Alcoholism. Grant No. RFA AA-94-07. Addiction Research Foundation, **Co-Investigator** (Principal Investigator: Curt Breslin; Co-Investigator: L. Sobell). Problem Drinkers: Evaluation of a Stepped Care Treatment.

- 1995-1998 National Institute on Alcohol Abuse and Alcoholism. Grant No. 2 R01 AA085593-04A1, Addiction Research Foundation, **Co-Investigator** (Principal Investigator: L. Sobell; Co-Investigator: J. Cunningham). Fostering Self-Change in Problem Drinkers.
- 1997-2001 National Institute on Alcohol Abuse and Alcoholism. Grant No. 1 R01 AA10246-01A2. Nova Southeastern University, **Co-Investigator** (Principal Investigator: E. F. Wagner, Co-Investigator: L. Sobell). The Effectiveness of Teen Alcohol Abuse Intervention.
- 1997-2000 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Development, Evaluation, and Dissemination of a Secondary Prevention Program for Problem Drinkers in the Mexican Social Security Institute. H. E. Ayala-Velázquez Principal Investigator; L. Echeverria San Vicente, M.B. Sobell, L. C. Sobell, H. Skinner, **Co-Principal Investigators**.
- 1998-1999 National Institute on Alcohol Abuse and Alcoholism. Grant No. R01 AA085593 (Competing Supplement Award and Administrative Supplement Award). Addiction Research Foundation, **Co-Investigator**. (Principal Investigator: L. Sobell; Co-Investigators J. Cunningham). Fostering Self-Change in Problem Drinkers.
- 1999 Broward County, Florida, Research Contract, **Co-Principal Investigator** (Co-Principal Investigators L. Sobell, V. Van Hasselt). Program Evaluation of Broward Sheriff's Office Drug Court Treatment Program.
- 1997-2004 Centers for Disease Control and Prevention. Grant No. U84/CCU414602. Nova Southeastern University, **Principal Investigator** (L. Sobell, K. Johnson, S. Bowen, Co-Investigators), Preventing Alcohol-Exposed Pregnancies Among High-Risk Women in Special Settings.
- 2002-2006 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Grant No. 36266, Development of Prevention Interventions for Addictive Behaviors in Urban and Rural Communities. H. E. Ayala-Velázquez, Principal Investigator; Fernando Vazquez-Pineada, Guillermina Natera-Rey, Leticia Echeverria, Linda C. Sobell, Mark B. Sobell, Eric F. Wagner, Steven Fawcett, Jim Orford, **Co-Principal Investigators**.
- 2003-2004 Swiss Federal Office of Public Health Grant. Controlled Drinking: State of the Art and the Acceptability Among Treatment Agencies in Switzerland. **Co-Investigator** (Principal Investigator: H. K. Klingemann, Co-Investigator: L. Sobell).
- 2004-2009 Association for Prevention Teaching and Research and Centers for Disease Control and Prevention. Grant # U50/CCU300860. Nova Southeastern University, A Media-Based Motivational Intervention to Reduce Alcohol Exposed Pregnancies. Principal Investigator: L. Sobell, **Co-Investigators: M. Sobell, K. Johnson**.
- 2007-2010 National Institute on Alcohol Abuse and Alcoholism. Grant # 1R21AA017136-01. Promoting Self-Change From Alcohol Problems: Mechanisms of Change in a Community Based Mail Intervention. Principal Investigator: Linda Sobell (**Co-Investigators: M. Sobell, C. Marker**).

- 2004-2011                    Congressionally Directed Medical Research Programs. Department of Defense. United States Air Force. Grant No. PR043327. Nova Southeastern University, Smoking cessation in primary care: Minimizing weight gain through alcohol reduction. **Principal Investigator: M. Sobell;** Co-Investigators: L. Sobell, A. Peterson, Christine. Hunter, Chris Hunter.
- 2006-2011                    National Institute on Alcohol Abuse and Alcoholism. Grant # 1 RO1 AA015930. How Does Motivational Interviewing Work? Mechanisms of Action in Project CHOICES. Principal Investigator: Karen Ingersoll (University of Virginia); **Co-Investigators: M. Sobell, L. Sobell, M. Velasquez.**
- 2007-present                Subaward, Area Health Education Center, Health Professions Division. Train health professionals to deliver smoking cessation interventions and to provide smoking cessation services to the community and NSU faculty, staff and students. **Principal Investigators:** Linda Sobell and Mark Sobell.
- 2012-2013                    President's Faculty Research and Development Grant. Thinking of changing your alcohol and tobacco use? There's an APP for that! Principal Investigator: L. Sobell (**Co-Investigators:** S. Domingo, D. Faithi, D. Mirtenbaum, S. Bronsburg, J. Lou, **Sobell, M.,** Zucker, S.)

### Editorial Experience

American Psychology Association Publications and Communications Board: Member (2014 – 2017)  
Chair, July 2016 - present

**Acting Editor:**            *Journal of Consulting and Clinical Psychology* (2002-2004)

**Associate Editor:**      *American Psychologist* (2014 - 2016)  
*Psychology of Addictive Behaviors* (2008 - 2015)  
*Journal of Consulting and Clinical Psychology* (2010 - present)  
*Behavior Therapy* (2005 -2009)  
*Behavior Therapy* (1997 - 1998)  
*Journal of Consulting and Clinical Psychology* (2002)

**Editorial Boards:**      *American Psychologist* (2016 - present)  
*Addictive Behaviors* (1974 - present)  
*Journal of Child and Adolescent Substance Abuse* (1996 - present)  
*Pragmatic Case Studies in Psychotherapy* (2004 - present)  
*Health and Addictions* (2009 - present)  
*Psychology of Addictive Behaviors* (2004 - present)  
*Behavior Therapy* (1998 - 2013)  
*Journal of Psychotherapy in Independent Practice* (1997 - 2001)  
*Journal of Substance Abuse* (1987 - 1997)  
*Journal of Consulting and Clinical Psychology* (1979 -1982)

### Guest Reviewer Journals:

*Addictions*  
*American Journal of Psychiatry*

*Psychology of Addictive Behaviors*  
*Behavior Modification*  
*Journal of Mental Health and Aging*  
*Journal of Consulting and Clinical Psychology*  
*Journal of Studies on Alcohol*  
*Criminal Justice and Behavior*  
*Experimental and Clinical Psychopharmacology*  
*Journal of Family Violence*  
*Clinical Psychology Review*  
*Psychological Reports/Perceptual and Motor Skills*  
*Alcoholism: Clinical and Experimental Research*  
*Cognitive Therapy and Research*  
*Psychological Bulletin*  
*Canadian Journal of Behavioural Science*  
*Bulletin of the Society for Psychologists in Addictive Behaviors*  
*Journal of Abnormal Psychology*  
*Science*  
*Journal of Applied Behavior Analysis*  
*Journal of Speech and Hearing Research*  
*Behavior Therapy*  
*Journal of Personality and Social Psychology*  
*Journal of Behavior Therapy and Experimental Psychiatry*  
*American Psychologist*  
*Perception and Psychophysics*  
*Journal of Community Psychology*  
*Alcohol and Alcoholism*

- Guest Editor:**
- Special Issue: *Addictive Behaviors*, Contributions of basic research to the treatment of substance abuse, 1981, 6, (3). (**M. Sobell**, H. Cappell, & L. Sobell, Guest Editors).
  - Theme Issue: *Drugs & Society*, Moderation as a goal and/or outcome of treatment or alcohol problems, Winter 1986/Spring 1987, 1, (2/3). (**M.B. Sobell** & L. C. Sobell, Guest Editors)
  - Special Issue: *Advances in Behaviour Research and Therapy*, Two decades of behavioural research in the alcohol field: Change, challenge, and controversy, 1987, 9, (2/3). (L.C. Sobell & **M. B. Sobell**, Guest Editors)
  - Special Issue: *Advances in Behaviour Research and Therapy*, Treatment outcome methodology in adult clinical disorders. 1989, 11, (3) (L. C. Sobell & **M. B. Sobell**, Guest Editors).
  - Special Issue: *Behavioral Assessment*, Self-reports across addictive behaviors. Issues and future directions in clinical and research Settings: 1990, 12, (1) (L. C. Sobell & **M. B. Sobell**, Guest Editors).
  - Special Section: *Behaviour Research and Therapy*, Clinically useful assessment instruments for substance abuse: 2002, 40 (**M. B. Sobell** & L.C. Sobell, Guest Editors).



Special Issue: *Clinical Psychology: Science and Practice*. Comorbidity and Beyond: Substance Use, Health, and Mental Health (2007, *14* (M. B. Sobell & L.C. Sobell, Guest Editors).

**Guest Reviewer  
Books, Grants,  
& Videotapes:**

Prentice-Hall (1976,1977)  
National Center for Alcohol Education (1976)  
Lifetime Learning Publications (1978)  
Plenum Press (1978)  
Springer Publishing (1979)  
University Press of New England (1981)  
Veterans Administration, Salt Lake City (1979; grant reviewer)  
Ontario Ministry of Health (1981, 1984; grant reviewer )  
Oxford University Press (1984, 1985)  
Medical Research Council of Canada (1985, 1992, grant reviewer)  
Veterans Administration, Washington, D.C. (1986; grant reviewer)  
American Psychological Association (1993, 1998)  
Office of Research Administration University of Toronto (1988; grant reviewer)  
Haworth Press (1989, 1994)  
Australian Research Council (1990, 1994; grant reviewer)  
Time Life Medical Videotape on Alcoholism (1995)  
Guilford Press (1996, 1998, 2000)  
Applied Research Branch, Human Resources Development Canada (1997, 1999. grant reviewer)  
Psychology Press (1997, 1999)  
Louisiana Board of Regents Research Development and Support Fund (1998, grant reviewer)  
Houghton Mifflin Publications (2000)  
Alcohol Education and Rehabilitation Foundation, Australia (2003; grant reviewer)  
McGraw-Hill Publications (2010, book manuscript review)

**Major Areas of Research and Clinical Expertise**

- Behavior change processes
- Time-limited cognitive-behavioral interventions for addictive behaviors.
- Behavioral treatment research with substance abusers
- Philosophy of science; Conceptualizations of alcohol problems.
- Factors influencing ethanol consumption in humans
- Processes of self-change
- Evaluation of treatment outcome
- Motivational interviewing in groups

**Consulting Experience**

1971-1973 Center for Training in Community Psychiatry, Los Angeles, CA.  
1971-1972 Alcoholism Research Project 11-17, California Department of Mental Hygiene, Patton State Hospital, Patton, CA.

- 1972 Alcoholism Study Section, Extramural Research Division, National Institute on Mental Health.
- 1972-1973 Hospital Improvement Project, Camarillo State Hospital, California Department of Mental Hygiene, Camarillo, CA.
- 1973 Internal Research Project Application Review, Veterans Administration Hospital, Salem, Virginia.
- 1974-1980 Program Consultant, Samaritans, Nashville, TN.
- 1975-1975 Consultant to Alcohol Programs, Broughton Hospital, Morganton, N.C.
- 1974 Consultant on Project Evaluation, Institute for Behavioral Research, Silver Spring, MD.
- 1975 Consultant and Site Visitor, Merit Review Board for Behavioral Sciences, Veterans Administration, Washington, D.C.
- 1975 Randolph Clinic, Charlotte, N.C.
- 1976 Addiction Research Foundation, Toronto, Ontario, Canada
- 1976 Alcoholism Program, Mental Health-Mental Retardation Comprehensive Care Center, Hazard, KY.
- 1978 Rand Corporation, Santa Monica, CA.
- 1978 Tennessee Department of Mental Health and Mental Retardation, Alcohol and Drug Abuse Section.
- 1978 Alaska Native Health Service (PHS), Anchorage, Alaska and Upper Tanana Regional Council on Alcoholism, Tok, Alaska.
- 1978 Professional Examination Service, Test item construction for National certification examination for drug abuse and alcoholism counselors.
- 1982 Professional Consultation Program, 16<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy Los Angeles, California.
- 1985 Department of Psychiatry, University of Texas Medical School at Houston, TX.
- 1987 Technical Advisor, Canadian Periodic Health Examination Task Force, Health Services and Promotion Branch, Health and Welfare Canada.
- 1989 - 1990 National Transportation Safety Board, Washington, DC.
- 1989 Blue Cross, Blue Shield of Maryland.
- 1989 State of Alaska, State Senate Budget Subcommittee on Alcohol and Drugs
- 1990 Addiction Research Institute of Victoria, Melbourne, Australia.
- 1990 Drug and Alcohol Services, Royal Prince Alfred Hospital, Sydney, Australia.
- 1991 Weinberg Consulting Group, Washington, DC.
- 1993 - 1995 Correctional Service Canada.
- 1996 - present United States Air Force. Expert Review Panel, Design and Implementation of a Targeted Intervention & Prevention Program for Problem Drinkers. San Antonio, TX.
- 2000 Galaxo Welcome, Paris, France.
- 2001 Florida Peer Review Organization, Florida Alcohol and Drug Abuse Association, Miami, FL.
- 2001 Boston University, School of Public Health, Boston, MA.
- 2005 SAMHSA, Fetal Alcohol Spectrum Disorders, Center for Excellence, New York.
- 2005 - 2008 Henderson Mental Health Center, Bridge Project, Fort Lauderdale, FL.
- 2008 Centers for Disease Control and Prevention, and TKC Integration Services, LLC. Dissemination of Project CHOICES to community programs, Atlanta, GA.
- 2008 Eli Lilly.
- 2010 - 2012 Scimetrika and Centers for Disease Control. Atlanta, GA.

- 2011 H. Lundbeck A/S, Copenhagen, Denmark.  
 2012 H. Lundbeck Pharmaceuticals, Oslo, Norway.  
 2013 Consultant on addiction services planning. National Addictions Management Service, Institute of Mental Health, Singapore.

### **Other Professional Experience**

- 1972 Visiting faculty, San Diego Summer School of Alcohol Studies, U.C. San Diego, CA.  
 1973 Chairman, paper session, "Alcohol: I," Western Psychological Association Meeting, Anaheim, CA.  
 1973 Visiting faculty, 11<sup>th</sup> Annual Florida School of Alcohol Studies, Avon Park, FL.  
 1974 Member, California Office of Alcohol Program Management Ad Hoc Committee for the County Alcoholism Evaluation Project.  
 1974 Moderator and Discussant of Symposium, "Extensions and Implications of Behavioral Analyses of Excessive Drinking," Meeting of the Association for Advancement of Behavior Therapy, Chicago, IL.  
 1974 Invited Participant, National Institute on Mental Health Conference on Ethics and Behavior Modification.  
 1974 Keynote Speaker, Conference, "Community Responsiveness to Problem Drinking," Henderson County Mental Health Center, Henderson, NV.  
 1975 Visiting faculty, Western Pennsylvania Institute of Alcohol Studies, Pittsburgh, PA.  
 1975-1980 Member, Salvation Army Men's Social Service Advisory Council, Nashville, TN.  
 1975 Visiting faculty, Clinical Institute Seminar and Lecture Series, Addiction Research Foundation, Toronto, Ontario, Canada.  
 1976-1980 Member, Advisory Board, Mid-Cumberland Council on Alcohol and Drugs, Nashville, TN.  
 1976 Discussant, Symposium, "Self-management Approaches in Alcoholism: Paradigms, Procedures and Prospects," Meeting of the Southeastern Psychological Association, New Orleans, LA.  
 1979-1980 Member, Council of University Directors of Clinical Psychology.  
 1977-1980 Member and Chair, Licensure Oral Examination Committee, Tennessee Board of Examiners in Psychology.  
 1979 Guest reviewer, Program Committee, Southeastern Psychological Association.  
 1980 Conference Organizer (with H. Cappell), How can basic research contribute to the treatment of substance abuse? State-of-the-art 1980. Addiction Research Foundation, Toronto, Ontario.  
 1981 Discussant, Symposium, "Learning Processes in Drug-related Behavior," Meeting of the Canadian Psychological Association, Toronto, Ontario, Canada.  
 1983 Member, Oral examination team, Ontario Board of Examiners in Psychology.  
 1984 Guest film reviewer, Ad Hoc Committee on Films and Other Media, American Psychological Association.  
 1986-1988 Convention program proposal reviewer, American Psychological Association, Division 12.  
 1986-1988 Member, Convention Program Committee, Association for Advancement of Behavior Therapy.  
 1986, 1987 Convention program proposal reviewer, Canadian Psychological Association.  
 1987-1988 Workshop Coordinator, Association for Advancement of Behavior Therapy.

- 1988 Member, Doctoral Dissertation Examining Committee, Department of Pharmacology, University of Toronto (Dr. Mary Lawrin).
- 1988 Member, Doctoral Dissertation Examining Committee, Department of Psychology, McGill University (Dr. Peter Finn).
- 1988 Instructor, Department of Social Work, University of Toronto, SWK 6501H L0201 Special Studies 1 (in self-efficacy theory).
- 1989 Consultant, Professional Consultation Series, 23<sup>rd</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Washington, DC.
- 1989-1992 Member, International Advisory Committee, World Congress of Cognitive Therapy.
- 1990 Consultant, Professional Consultation Series, 24<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- 1990 Host, Poster Session, 23<sup>rd</sup> Annual Convention of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- 1990 Member, Professional Advisory Committee, Green Springs Mental Health Services, Columbia, MD.
- 1991 Consultant, Professional Consultation Series, 25<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New York, NY.
- 1991-1992 Member, Dissertation Committee, Dr. Garth Martin, University of Toronto School of Social Work
- 1993 Member, Dissertation Committee, External Thesis Examiner, Mr. Ross Young, Department of Psychology, The University of Queensland, Brisbane, Australia.
- 1993 Consultant, Professional Consultation Series, 27<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- 1993 Participant, Clinical Roundtable on Rational Recovery. Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- 1994 Chair, Invited Address Science Weekend: Addictive Behaviors. Annual Convention of the American Psychological Association, Los Angeles, CA.
- 1994 Discussant. Alcohol and Tobacco—From Basic Science to Policy. National Institute on Alcohol Abuse and Alcoholism, San Diego, CA.
- 1994 External Thesis Examiner, University of Queensland, Brisbane, Australia, Dr. Ross Macdonald Young.
- 1994 Day 2 Wrap Up Speaker, NIAAA meeting on “Alcohol and Tobacco—From Basic Science to Policy.” San Diego, CA.
- 1994 Chair, Paper session on “Professional Attitudes.” 5<sup>th</sup> International Conference on the Reduction of Drug Related Harm. Toronto, Canada.
- 1995 Member, Panel Discussion, “Practice and research with addiction behaviors: Practitioners meet the scientists.” The 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.
- 1996 Reviewer, Convention Program Committee, Association for Advancement of Behavior Therapy.
- 1996-2000 Advisor, American Psychiatric Association, *Handbook on Psychiatric Measures*.
- 1997 Discussant. Symposium on “Individual sensitivity to drugs of abuse and matched interventions.” 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- 1997 Ad hoc grant reviewer, National Institute on Alcohol Abuse and Alcoholism.

- 1997 Discussant. Symposium on “Individual sensitivity to drugs of abuse and matched interventions.” Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- 1997, 1999 Reviewer, Division 50 Program Committee, American Psychological Association.
- 1997, 1999 Member, Technical Advisory Board, United States Air Force Office for Prevention and Health Services Assessment, San Antonio, TX.
- 1998 Panelist, “Promoting and Sustaining Scholarship,” Nova Southeastern University Faculty Symposium on Scholarship, Fort Lauderdale, FL.
- 1998 Discussant, Working Group on Prevention of Risk Drinking in Pregnancy. National Institute on Alcohol Abuse and Alcoholism, Rockville, MD.
- 1998 Member, Working Group on Project SHARP. United States Air Force Office for Prevention and Health Services Assessment, San Antonio, TX.
- 1998 Invited presentation/panelist, Miami-Dade County Addiction Services Board & Miami Coalition for a Safe and Drug-free Community, Public Hearing on “The consumption of alcoholic beverages by minors and driving under the influence.” Miami, FL.
- 1998 External Examiner, Doctoral Thesis, University of Queensland, Brisbane, Queensland, Australia, (Dr. Nicole Lee).
- 2000 External Advisor, Doctoral Dissertation Committee, National University of Mexico, Roberto Oropez Tena.
- 2000 External Advisor, Doctoral Dissertation Committee, National University of Mexico, Kalina Isela Martinez Martinez.
- 2001 Moderator, “Clinically Useful Substance Abuse Assessment Instruments and Procedures.” Panel Discussion presented at the 35<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- 2002 Discussant. National Institute on Alcohol Abuse and Alcoholism workshop on “Alcohol and Tobacco: Mechanisms and Treatment.” Bethesda, MD.
- 2002 Moderator, Panel Discussion, “Substance Use Assessment in Clinical Practice.” Presented at the 36<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy. Reno, Nevada.
- 2002 Moderator, Panel Discussion, “Substance Use Assessment in Clinical Practice.” Presented at the 36<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy. Reno, Nevada.
- 2002 Moderator, Panel Discussion, “Rapid Response to CBT Treatment: Implications and Setting a Research Agenda.” Presented at the 38<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy. New Orleans, LA.
- 2010 Special Emphasis Panel. Alcohol Research Center Reverse Site Visit and Review Meeting. National Institute on Alcohol Abuse and Alcoholism. Rockville, MD.
- 2011 Consensus Panel Review Member, Treatment Improvement Protocol (TIP) on Fetal Alcohol Spectrum Disorders. Substance Abuse and Mental Health Administration, Rockville, MD.
- 2012 Visiting Lecturer, Departamento de Psicología de la Salud, Universidad Miguel Hernández, Elche, Spain. Promocionede autocambio en psicología de la Salud (Promoting Self-Change in Health Psychology).
- 2013 Member, Panel Discussion, Alcohol Use. National Football League Program for Substances of Abuse Treating Clinician Conference, New York City, October 12.

### Offices and Service in Professional Organizations

- 1975-1979 Tennessee State Coordinator, Southeastern Association for Behavior Therapy.
- 1977-1978 Secretary-Treasurer, Tennessee Association for Behavior Therapy.
- 1982-1985 Member, Committee on Nominations and Elections, Association for the Advancement of Behavior Therapy.
- 1982-1984 Member, Ad Hoc Committee on Program Innovations, American Psychological Association.
- 1994-1996 Member, Education and Training Committee, Division 50, American Psychological Association.
- 1996 -1998 Chair, Education and Training Committee, Division 50, American Psychological Association.
- 1998- present Member, International Advisory Council, SMART Recovery.
- 2003- present Member, International Advisory Board, Moderation Management.
- 2004-2007 Member, Publications Committee, Division 12 (Society for Clinical Psychology), American Psychological Association.
- 2005-2006 Member, Committee on Science and Practice, Division 12 (Society for Clinical Psychology), American Psychological Association.
- 2005-2008 Advisory Board WIRED, Empowering People.
- 2006 Member, Ad Hoc Committee on National Institute on Alcohol Abuse and Alcoholism Extramural Advisory Board on Mechanisms of Behavior Change.
- 2011 Chair, Publications Committee, Division 12 (Society for Clinical Psychology), American Psychological Association.
- 2012-2014 Member and Chair (2013), Awards Committee, Society of Clinical Psychology.
- 2013 President, Division 12, Society of Clinical Psychology. American Psychological Association (President-elect 2012; Past-President 2014).
- 2013 Chair, Nominations and Elections Committee, Society of Clinical Psychology.
- 2014 Reviewer, 2015 Convention program proposals, Division 12, American Psychological Association.
- 2014-2017 Member. American Psychology Association Publications and Communications Board. Chair, elect, 7/15-6/16; Chair, 7/16-6/17.
- 2015-2017 Council Representative member, Division 12, Society of Clinical Psychology. American Psychological Association.
- 2015-2017 Board member, Division 12, Society of Clinical Psychology. American Psychological Association.
- 2016-present Board member, American Board of Behavioral and Cognitive and Psychology, Affiliate of the American Board of Professional Psychology (ABPP).

### Workshops/Institutes

- 1973 11<sup>th</sup> Annual Florida School of Alcohol Studies, Avon Park, FL. (with L. Sobell).
- 1974 Guest presentation, Workshop, "A Critical Evaluation of Behavioral Efforts to Assess and Treat Alcoholism," Association for Advancement of Behavior Therapy, Chicago, IL. (with L. Sobell).
- 1974 "Behavior Modification Approaches to Community Alcoholism Programs," Rocky Mountain Conference on Behavior Modification and Social Design, Denver, CO. (with L. Sobell).

- 1975 "Complex Behavioral Analysis of Alcohol Dependence," Clinical Institute and Lecture Series, Addiction Research Foundation, Toronto, Ontario (with L. Sobell).
- 1975 "New Trends in Alcohol Treatment." Northside Mental Health Center, Atlanta, GA. (with L. Sobell).
- 1975 "Pragmatic Strategies in the Treatment of Problem Drinkers," Conference on "Behavioral Approaches to Alcoholism and Drug Dependencies," University of Washington Alcoholism and Drug Abuse Institute, Seattle, WA. (with L. Sobell).
- 1975 "Complex Behavioral Analysis of Alcohol Dependence: Implications for Treatment Strategies," Association for the Advancement of Behavior Therapy, San Francisco, CA. (with L. Sobell).
- 1976 "The Use of Behavioral Analysis in the Treatment of Alcohol Problems," Psychotherapy Associates Winter Workshop, Colorado Springs, CO. (with L. Sobell).
- 1976 "Behavioral Treatment Approaches to Alcohol Problems," Florida Psychological Association, Orlando, FL. (with L. Sobell).
- 1977 "Alcohol Treatment Outcome Evaluation," Association for Advancement of Behavior Therapy, Atlanta, GA. (with M. Sobell).
- 1978 "Issues in the Behavioral Treatment of Alcohol Problems," Southeastern Psychological Association, Atlanta, GA. (with L. Sobell).
- 1978 "Member of presenting staff, Tennessee Department of Mental Health and Mental Retardation, Workshop on Alcohol and Drug Treatment Outcome Evaluation."
- 1978 "Alcohol Treatment Outcome Evaluation and Concept of Alcohol Dependence," (3-day workshop), Alaska Native Health Service, Anchorage, AL.
- 1980 Invited participant, Workshop on "Establishing Research Training Programs in Behavior and Health," Commission on Human Resources, National Research Council, Washington, D.C.
- 1982 "Assessment and Treatment Planning with Alcohol Abusers: Application of Research Advances to Clinical Practice," Association for the Advancement of Behavior Therapy, Los Angeles, CA. (with L. Sobell).
- 1987 "Treatment of Not Severely Dependent Problem Drinkers." Workshop presented at the conference, New Perspective on the Treatment of Alcoholism, sponsored by the Psychological Society of Ireland (Mid Western Group), Limerick, Ireland.
- 1988 "Cognitive-Behavioral Treatment of Problem Drinkers." Workshop presented, Association for Advancement of Behavior Therapy, New York, NY.
- 1991 "Cognitive-Behavioral Treatment of Problem Drinkers." Institute, Association for Advancement of Behavior Therapy, New York, NY (with T. Toneatto).
- 1992 "Cognitive-Behavioral Treatment of Problem Drinkers." Workshop presented at the World Congress of Cognitive Therapy, Toronto, Canada.
- 1992 "Cognitive-Behavioral Treatment of Problem Drinkers." Workshop presented at the Pinewood Health Centre, Oshawa, Ontario, Canada (with T. Toneatto).
- 1992 "Cognitive-Behavioral Treatment of Problem Drinkers." Institute, Association for Advancement of Behavior Therapy, Boston, MA. (with T. Toneatto).
- 1993 "Brief Treatment/Self-Change Approach to Treatment." Workshop presented at the Haliburton County Counseling Center Haliburton, Ontario, Canada (with T. Toneatto).
- 1993 "Cognitive-Behavioral Treatment of Problem Drinkers." Institute, Association for Advancement of Behavior Therapy, Atlanta, GE. (with T. Toneatto).

- 1993 “Guided Self-Change Treatment for Problem Drinkers.” Hamilton-Wentworth County Alcohol and Drug Assessment Services. Hamilton, Ontario.
- 1993 “Treatment for Problem Drinkers.” Research Conference, Correctional Services Canada, Moncton, New Brunswick.
- 1993-1995 “Guided Self-Change Treatment for Problem Drinkers.” Summer Institute in Addiction Studies, Addiction Research Foundation, Toronto, Ontario.
- 1994 “Individual and Group Guided Self-Change Treatment for Problem Drinkers.” Institute presented at the Association for Advancement of Behavior Therapy, San Diego, CA (with K. Sdao-Jarvie).
- 1995 “Guided Self-Change: A Brief Cognitive-Behavioral Treatment for Problem Drinkers.” Congress of Behavioural and Cognitive Therapies, Copenhagen, Denmark (with L. Sobell).
- 1995 “Counseling Skills.” Conference on “Facilitating Behavioural Change in Family Medicine,” Department of Family and Community Medicine, University of Toronto (with L. Wilson).
- 1995 “Individual and Group Guided Self-Change Treatment for Problem Drinkers.” Institute, Association for Advancement of Behavior Therapy, Washington, DC.
- 1997 “Guided Self-Change: Helping Problem Drinkers and Drug Users To Help Themselves.” Mental Health Training and Resource Cooperative, Nova Southeastern University, Ft. Lauderdale, FL.
- 1998 “Guided Self-Change Treatment for Substance Abuse.” Institute, Association for Advancement of Behavior Therapy, Washington, DC.
- 1999 “Guided Self-Change Treatment for Substance Abuse.” Institute, Association for Advancement of Behavior Therapy, Toronto, ON., Canada.
- 1999 “Guided Self-Change: A motivational intervention for treating substance abuse.” Renfrew Center of South Florida, Parkland, FL.
- 2001 “Motivational Interventions for Substance Abuse.” World Congress on Behavior and Cognitive Therapies, Vancouver, Canada.
- 2001 “Normal Aspects of Addictive Behavior,” District 10 Continuing Education Series, Nova Southeastern University Community Mental Health Center, Ft. Lauderdale, FL.
- 2003 “Project CHOICES.” Presented at Fetal Alcohol Syndrome Conference, Atlantic City, NJ.
- 2003 “Motivational Interviewing” for One Community Partnership of Children’s Services Council of Broward (4-month training series). Plantation, FL.
- 2003 “Alcohol and Drug Use.” One Community Partnership of Children’s Services Council of Broward (4-month training series). Plantation, FL.
- 2005 “Motivational Interviewing: Applications to a Guided Self-Change Treatment. Alcohol Advisory Council of New Zealand, Kaunihera Whakatupato Waipiro O Aotearoa. Wellington, New Zealand.
- 2005 “Motivational Interventions for Substance Abusers in Group and in Individual Settings.” New Zealand School of the Addictions. Hamilton, New Zealand (2-day workshop).
- 2005 “Learning How to Use Motivational and Cognitive Behaviour Techniques in Individual and Group Settings to Help Clients Change Their Behaviour” 2005 Australian Winter Satellite School 2-day Workshop on Addictions, Brisbane, Australia (with L. Sobell).



- 2005 “Guided Self–Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” 2005 Australia Winter School on Addictions, Brisbane, Australia.
- 2006 “Guided Self-Change: Brief Cognitive-Behavioral Motivational Intervention.” Institute of Psychiatry and Neurology, Warsaw, Poland.
- 2008 “Implementing the CHOICES intervention in community programs” (with K. Ingersoll). Two-day workshop sponsored by the Fetal Alcohol Spectrum Disorder (FASD) Center for Excellence, Substance Abuse and Mental Health Administration (SAMHSA), Dallas, TX.
- 2012 “Behavioral Factors in Tobacco Use: Beyond Physical Addiction.” NSU Area Health Education Centers Program for Dental Residents. Ft. Lauderdale, FL.
- 2012 “Behavioral Factors in Tobacco Use: Beyond Physical Addiction.” NSU Area Health Education Centers Program for Dental Students. Ft. Lauderdale, FL.
- 2012 “Behavioral Factors in Tobacco Use: Beyond Physical Addiction.” NSU Area Health Education Centers Program for Medical Students. Ft. Lauderdale, FL.
- 2013 “Guided Self-Change: Brief cognitive-behavior motivational intervention.” Workshop presented to the National Addictions Management Service, Institute of Mental Health, Singapore.
- 2013 “Conducting Time-Limited Group Therapy Using Motivational Interviewing.” Workshop presented to the National Addictions Management Service, Institute of Mental Health, Singapore.
- 2013 “Behavioral Factors in Tobacco Use: Beyond Physical Addiction.” NSU Area Health Education Centers Program for Dental Residents. “Ft. Lauderdale, FL.
- 2013 “Behavioral Factors in Tobacco Use: Beyond Physical Addiction.” NSU Area Health Education Centers Program for Medical Students. Ft. Lauderdale, FL.
- 2013 “Behavioral Factors in Tobacco Use: Beyond Physical Addiction.” Florida Atlantic University, Medical Students. Boca Raton, FL.
- 2015 “Behavioral Factors in Tobacco Use: Beyond Physical Addiction.” Florida Atlantic University, Medical Students. Boca Raton, FL.

### Invited Presentations

- 1972 Behavior modification of alcoholism. University of California at Irvine, extension division course on Treatment of Alcohol Abuse.
- 1972 Behavior modification, alcoholism and the Zeitgeist. Center for Training in Community Psychiatry Los Angeles, CA.
- 1973 Behavior modification of alcoholics: Some evidence for controlled drinking as a treatment goal. Psychiatry and Human Behavior Research Seminar, University of California, Irvine.
- 1973 Controlled drinking as a therapeutic goal. Sharp Hospital Second Annual Winter Symposium, “The Person and the Disease: Alcoholism,” San Diego, CA (with L. Sobell).
- 1973 Utilizing behavior modification elements as a part of inpatient treatment programs for alcoholics. Training Seminar, Camarillo State Hospital, Camarillo, CA.
- 1973 Modifying behavior in the real world. Class on Behavior Modification, Psychology Department, California State University at Fullerton, Fullerton, CA.
- 1973 Innovative approaches to treatment of alcohol abuse. Eleventh Annual Florida School of Alcohol Studies, Avon Park, FL (with L. Sobell).

- 1973 The need for realism, relevance and operational assumptions in the study of substance dependence. International Symposia on Alcohol and Drug Research, Addiction Research Foundation, Toronto, Ontario (with L. Sobell).
- 1973 Changing concepts of alcoholism. Class on Comprehensive Alcohol and Alcoholism Education, Adult Division, Ocean View School District, Orange County, CA.
- 1974 Behavioral studies of alcohol dependence. Class on Alcohol Studies, Department of Psychology, California State University at Long Beach, Long Beach, CA.
- 1974 Individualized behavior therapy with alcoholics: Procedures, outcome, and appraisal. Psychology Department colloquium, Vanderbilt University, Nashville, TN.
- 1974 Changing concepts of alcohol dependence. Journal Group, Orange County Medical Center, Orange, CA.
- 1974 Historical development of research on alcoholism. Class on Counseling Alcoholics, extension division, University of California at Riverside,, CA.
- 1974 Changing concepts of alcoholism, Veterans Administration Hospital, Long Beach, CA.
- 1974 Alternatives to abstinence for alcoholics: Two year outcome data. Noontime Seminar, Department of Psychiatry and Human Behavior, University of California, Irvine (with L. Sobell).
- 1974 Current developments in research, and how these are forcing a change in traditional concepts of alcoholism. Conference on "Community Responsiveness to Problem Drinking," Henderson County Mental Health Center, Henderson, Nevada.
- 1974 Changing concepts of alcohol dependence. Alcoholism Rehabilitation Center (District of Columbia), Occoquan, VA.
- 1975 Use of complex behavioral analysis in developing treatment strategies. Western Pennsylvania Institute of Alcohol Studies, University of Pittsburgh,, PA.
- 1975 Emerging concepts of alcohol dependence. Northside Mental Health Center, Atlanta, GA.
- 1975 Emerging concepts of alcohol dependence. Tuskegee Veterans Administration Hospital, Tuskegee, AL.
- 1975 Emerging concepts of alcohol dependence. Clinical Institute Seminar and Lecture Series, Addiction Research Foundation, Toronto, Ontario.
- 1975 Emerging concepts of alcohol dependence. The Randolph Clinic, Charlotte, NC.
- 1975-1979 Emerging concepts of alcohol dependence. Class on Special Topics in Psychology: Alcoholism, University of Tennessee at Nashville.
- 1975 Emerging concepts of alcohol dependence. Psychology Department colloquium, University of Nebraska, Lincoln, NB.
- 1975 Emerging concepts of alcohol dependence, Seminar on Alcohol and Public Policy, Vanderbilt University, Nashville, TN.
- 1975 Emerging concepts of alcohol dependence. Psychology Department colloquium, Indiana University, Bloomington, IN.
- 1975 Individualized behavior therapy for alcoholics: Treatment outcome procedures and findings. Northside Mental Health Center, Atlanta, GA.
- 1975 Drinking awareness for youth. Presentation for teenagers, Nolensville Jaycees Alcohol Prevention Project, Nashville, TN.
- 1975 Empirically derived components of treatment for alcohol problems: Some issues and extensions. Conference on "Behavioral Approaches to Alcoholism and Drug Dependencies," University of Washington Alcoholism and Drug Abuse Institute, Seattle, WA.

- 1975-1980 Guest presentations on various topics related to alcohol dependence and behavior modification. Law School, Medical School, Nursing School, Vanderbilt University, Nashville, TN.
- 1976 Behavioral treatment approaches to alcohol problems. Conference on Behavioral Approaches to Medical Practice, Duke University, Durham, NC (with L. Sobell).
- 1976 The alcohol studies specialty training program at Vanderbilt University. Conference on "Alternatives: New Resources in Treatment of Alcohol Dependence," Northeast Community Mental Health Center, Memphis, TN.
- 1976 Emerging concepts of alcohol dependence. Class on Sociology of Substance Abuse, Department of Sociology, Middle Tennessee State University, Murfreesboro, TN.
- 1976 Emerging concepts of alcohol dependence. Addiction Research Unit, The Maudsley Hospital, London, England.
- 1976 Emerging concepts of alcohol dependence. Conference on "Alternatives: New Resources in Treatment of Alcohol Dependence," Northeast Community Mental Health Center, Memphis, TN.
- 1976 Emerging concepts of alcohol dependence. 1976 Kentucky Alcohol Forum, Kentucky Association on Alcohol Abuse and Alcoholism Louisville, KY.
- 1977 Alternatives to abstinence: Evidence, issues and some proposals. NATO Conference on Experimental and Behavioral Approaches to Alcoholism. Bergen, Norway.
- 1977 Goals in the treatment of alcohol problems. Tenth Annual Eagleville Conference, Eagleville Hospital and Rehabilitation Center, Eagleville, PA.
- 1977 A convergent validity approach to increasing confidence in treatment outcome conclusions. Conference on Empirical Approaches to the Treatment of Addictions, Medical University of South Carolina, Charleston, SC (with L. Sobell).
- 1977 Treatment outcome evaluation in a clinical setting. Conference on Alcohol and Drug Treatment Outcome Evaluation, Nashville, TN (with L. Sobell, S. Maisto, M. Cooper, & E. Ward).
- 1978 A convergent validity approach to increasing confidence in treatment outcome conclusions. Fourth Annual Meeting of the Midwestern Association for Behavior Analysis, Chicago, IL (with L. Sobell).
- 1978 Emerging Concepts of Alcohol Dependence: A Look Ahead. Fort Hays State College, Hays, KS.
- 1980 Emerging concepts of alcohol dependence: Implications for treatment outcome evaluation. Department of Clinical Psychology, University of Florida, Gainesville, FL.
- 1980 Behavioural treatment of alcohol problems. Canadian Addictions Foundation, Montreal, Quebec (with L. Sobell).
- 1981 The nature of alcohol problems: New concepts and old. Queens University, Kingston, Ontario, Canada.
- 1981 Concepts of alcohol dependence. Department of Psychology, Waterloo University, London, Ontario, Canada.
- 1982 The nature of alcohol problems. Department of Psychology, Wayne State University, Detroit, MI.
- 1982 Behavioral research and therapy: Its impact on the alcohol field. Banff Conference on Advances in Clinical Behavior Therapy, Banff, Alberta (with L. Sobell).
- 1982 The impact of research on conceptualizations of alcohol problems. Symposium on "Models of drug dependence: Differing perspectives and approaches," section on

- Psychopharmacology, Canadian Psychological Association Annual Meeting, Montreal, Quebec, Canada.
- 1983 Are ideas about alcohol problems changing? Academic Lecture Series, Clarke Institute of Psychiatry, Toronto, ON., Canada.
- 1983 Assessment and treatment planning. 14<sup>th</sup> Annual Convention of Scientists in Behavior Modification, Moncton, New Brunswick, Canada (with L. Sobell).
- 1983 Psychology department colloquium. Carleton University, Ottawa, On., Canada.
- 1983 Treatment in less heavily dependent individuals. Continuing Medical Education Conference on Alcohol and Drug Abuse, University of Saskatchewan, Saskatoon, Canada.
- 1983-84 Alcoholism Lecture in Behavioural Psychotherapy Course, Clarke Institute of Psychiatry, Toronto, ON., Canada.
- 1983 Featured International Panel Discussion. Abstinence and Controlled Drinking: Alternative treatment goals for alcoholism and problem drinking. World Congress on Behavior Therapy, Washington, DC.
- 1984-88 Behaviour therapy of alcohol and drug problems. Guest lecture to first-year psychiatry residents, University of Toronto., Toronto, ON., Canada.
- 1984 Rational science and folk science: Immiscible conceptualizations of the nature and treatment of alcohol problems. Department of Psychology, Trent University, Peterborough, ON., Canada.
- 1984 The underserved majority: Recognition and treatment of not severely dependent problem drinkers. Keynote address, Creative Alliance Conference, sponsored by the Michigan Coalition on Substance Abuse, Traverse City, MI.
- 1985 The effect of television programs and advertisements on drinking behaviour. Clinical Interest Group, Department of Psychology, University of Toronto.
- 1985 Controlled thinking about controlled drinking: Resistance to conceptual change in the alcohol field. Department of Psychology, University of Waterloo, Ontario.
- 1985 Clinical Forum: Recent Advances in the Treatment of Alcohol Problems. Presented at the 19<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Houston, TX (with G. Connors, L. Sobell).
- 1987 Treatment of problem drinkers. Niagara Region Addiction Services Mobilizing Committee, St. Catharines, ON., Canada.
- 1987 Treatment of problem drinkers. Waterloo Region Alcohol and Drug Assessment Service, Kitchener, ON., Canada.
- 1987 The controlled drinking perspective. Conference, New Perspectives on the Treatment of Alcoholism, The Psychological Society of Ireland (Mid Western Group), Limerick, Ireland (Featured International Speaker).
- 1987 Recent developments in moderation research and practice. Conference, New Perspectives on the Treatment of Alcoholism, The Psychological Society of Ireland (Mid Western Group), Limerick, Ireland (Featured Speaker).
- 1987 Cost-effectiveness of inpatient vs. outpatient treatment: Evidence and issues. Conference, New Perspectives on the Treatment of Alcoholism, The Psychological Society of Ireland (Mid Western Group), Limerick, Ireland (Featured International Speaker).
- 1987 The need for a new approach to alcohol problems. Department of Applied Psychology, University College Cork, Ireland.

- 1988 Alcohol or tobacco research versus alcohol and tobacco research. Seminar for Scientists. Tobacco Use: A Perspective for Alcohol and Drug Researchers, Addiction Research Foundation, Toronto, ON. Canada (with L. Sobell, L. Kozlowski).
- 1988 Guided self-management. Conference, Beyond 1990: Addiction Treatment Services in Ontario, Community Services Division, Addiction Research Foundation, Kingston, ON. Canada.
- 1988 Guided Self-Management. Conference on “Beyond 1990: Addiction Treatment Services in Ontario. Community Services Division, Addiction Research Foundation, Kingston, ON. Canada.
- 1988 Who are problem drinkers? Seminar for Assessment/Follow-up Unit, Clinical Institute, Addiction Research Foundation, Toronto, ON. Canada.
- 1988 Guided Self-Management. Treatment services conference, Region of Peel, Community Services Division, Addiction Research Foundation, Mississauga, Ontario.
- 1988 Panelist, Invited Panel. Treatment outcome evaluation methodology: Advances, commonalties, and differences across several adult clinical disorders. Presented at the 22<sup>nd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- 1989 Guided Self-management: A brief intervention for problem drinkers. Presentation to Durham Region District Health Council Task Force on Addiction Services. Oshawa, ON., Canada.
- 1989 A self-management treatment for problem drinkers. Clarke Institute Clinical Research Seminar Series, Clarke Institute of Psychiatry, Toronto, ON., Canada.
- 1989 The role of moderation goals in services for problem drinkers. Center for Research on Alcoholism and Alcohol Use, State University of New York at Buffalo, Buffalo, NY.
- 1989 Treatment of the Alcoholic: Psychosocial Aspects. Guest tutorial, Toronto Medical Student Elective on Alcoholism, Department of Pharmacology, University of Toronto, Toronto, ON., Canada.
- 1989 Reconciliation between drugs and psychosocial treatments. Paper presented at a symposium on Treatment Outcome Research. Annual Meeting of the Research Society on Alcoholism, Beaver Creek, Colorado (with E. Sellers, L. Sobell).
- 1989 Treatment of Adolescent Substance Abuse. Society for Adolescent Medicine, San Francisco, CA.
- 1989 Invited Panelist, Panel on “Approaches to Treatment: An overview,” presented at the conference “Substance Abuse: The mental health issue of the 90s, Managing cost and quality.” Blue Cross/Blue Shield of Maryland, Baltimore, MD.
- 1990 Self-management, motivational interventions for problem drinkers. Alcohol and Drug Dependence Services, Queensland Department of Health, and the University of Queensland, Brisbane, Australia.
- 1990 Applying a public health approach to alcohol problems: The bottom line. Alcohol and Drug Dependence Services, Queensland Department of Health, Brisbane, Australia.
- 1990 Applying a public health approach to alcohol problems: The bottom line. Drug and Alcohol Unit, Westmead Hospital, Westmead, Australia.
- 1990 Applying a public health approach to alcohol problems: The bottom line. Royal Prince Alfred Hospital, Sydney, Australia.
- 1990 Applying a public health approach to alcohol problems: The bottom line. Drug and Alcohol Services Council of South Australia, Adelaide, Australia.

- 1990 Applying a public health approach to alcohol problems: The bottom line. Addiction Research Institute of Victoria and Alcohol and Drug Unit, Western Hospital, Melbourne, Australia.
- 1990 Guided Self-Management. Presented at the Conference, “Special Skills for Community Health Workers,” Sponsored by the Addiction Research Foundation, Kingston Centre, Kingston, ON., Canada.
- 1990 Introduction—The Role of Outpatient Services in a Continuum of Care. Presented at the Conference, “Special Skills for Community Health Workers,” Sponsored by the Addiction Research Foundation, Kingston Centre, Kingston, ON., Canada
- 1990 Invited Panelist, Teaching Hospital and Research Foundation Panel, presented at the Health Psychology Network Conference, Toronto, ON., Canada.
- 1991 Applying a public health approach to alcohol problems: The bottom line. XI Congreso Mexicano de Analisis de Conducta (11<sup>th</sup> Mexican Congress on Behaviour Analysis), Mexico City, Mexico.
- 1991 Guided self-management treatment for problem drinkers (Addictive Behaviors Treatment—symposium presentation). XI Congreso Mexicano de Analisis de Conducta (11<sup>th</sup> Mexican Congress on Behaviour Analysis), Mexico City, Mexico.
- 1991 Cognitive mediators of natural recoveries from alcohol problems: Implications for treatment. Presented at the symposium on “Therapies of Substance Abuse: A view Towards the Future.” 25<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY (with L. Sobell).
- 1991 Guided self-management treatment for problem drinkers. Clinical Research and Treatment Institute Clinical and Research Seminars, Addiction Research Foundation, Toronto, ON., Canada.
- 1993 The relationship of dual recoveries from smoking and alcohol problems: A further examination of naturally recovered alcohol abusers. Presented at a symposium on “Smoking Cessation in Alcohol/Drug Abuse Recovery.” Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico (with L. C. Sobell).
- 1993 Guided self-change: A motivationally based treatment for problem drinkers. Department of Psychology, Bowling Green State University, Bowling Green, Ohio.
- 1993 The Inventory of Drinking Situations and relapse research: Population variations and clinical applications. Invited presentation at the “Methodologies for Relapse Research Workshop” sponsored by the Alcohol Research Utilization System, NIAAA, Santa Fe, New Mexico.
- 1993 A longitudinal study of dual recoveries from smoking and alcohol problems. Presented at the symposium on “Alcohol and Nicotine Dependence: Mechanisms, Treatment and Policy Implications.” Presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA (with L. Sobell).
- 1993 Implications of a Public Health Approach to Alcohol Problems. Research Conference, Correctional Services Canada, Moncton, New Brunswick.
- 1993 Implications of a Public Health Approach to Alcohol Problems. International Symposium Mexico/Canada on Treatment of Addictive Behaviors. Mexico City, Mexico.
- 1994 Invited Fellow’s Address (Division 28). “Slowly into the breach: Rational treatment for problem drinkers.” American Psychological Association. Los Angeles, CA.
- 1994 Implications of a Public Health Approach to Alcohol Problems. Nova Southeastern University. Ft. Lauderdale, FL.
- 1994 Can alcohol abusers define their own treatment? Department of Psychiatry, University of Michigan, Ann Arbor, MI.

- 1994 La motivation qui changement chez les adolescents et les adultes toxicomanes (Motivation for change among adolescent and adult substance abusers). Keynote presentation at the Conference on “La motivation au changement chez les toxicomanes” (Motivation for Change Among Substance Abusers). Alternatives Center for Rehabilitation, Montreal, Quebec, Canada.
- 1995 Addressing the full range of alcohol problems: A public health priority. Keynote address at the 7<sup>th</sup> Congress of the Mexican Psychological Association, Mexico City, Mexico.
- 1995 Problem drinkers: The underserved majority. Department of Psychology, State University of New York at Binghamton. Binghamton, NY.
- 1995 Group versus Individual Guided Self-Change Treatment for Problem Drinkers. Invited Symposium on “Cognitive Behavioral Interventions for Problem Drinkers Around the Globe. Presented at the World Congress on Cognitive and Behavioral Therapy, Copenhagen, Denmark (with L. C. Sobell).
- 1995 Counseling skills and their effectiveness in changing behaviour—general introduction. Conference “Facilitating Behavioural Change In Family Medicine. Department of Family and Community Medicine, University of Toronto, Toronto, ON.
- 1996 Guided Self-Change Treatment for Alcohol Problems. Invited presentation, 45<sup>th</sup> Street Mental Health Center, West Palm Beach, FL.
- 1996 Guided Self-Change: A ‘user-friendly’ motivational intervention for problem drinkers. Department of Psychology, University of South Florida, Tampa, FL.
- 1996 Natural Recovery Over the Lifespan. Conference on Alcohol and Aging sponsored by the National Institute on Alcohol Abuse and Alcoholism. Ann Arbor, MI.
- 1997 Guided Self-Change: Helping problem drinkers to help themselves. Fort Lauderdale Greater Sigma Chi Alumni Association, Fort Lauderdale, FL.
- 1997 Guided Self-Change: Helping problem drinkers to help themselves. Kiwanis Club of Miami, Miami, FL.
- 1998 Changing Perspectives on Behavior Change. Association for Behavior Analysis. 24<sup>th</sup> Annual Convention, Orlando, FL.
- 1998 Innovative Intervention for Alcohol Problems: Facilitating Self-Change. Chair, Invited symposium at the World Congress on Behavioral and Cognitive Therapies, Acapulco, Mexico.
- 1998 Fostering Self-Change Among Problem Drinkers. Presented at invited symposium on “Innovative Intervention for Alcohol Problems: Facilitating Self-Change” at the World Congress on Behavioral and Cognitive Therapies, Acapulco, Mexico (with L. C. Sobell, J. A. Cunningham, G. I. Leo, S. A. Agrawal, & L. Johnson-Young).
- 1998 Problem Drinkers: Evaluation of a Stepped Care Approach. Presented at invited symposium on “Innovative Intervention for Alcohol Problems: Facilitating Self-Change” at the World Congress on Behavioral and Cognitive Therapies, Acapulco, Mexico (with F. C. Breslin, L. C. Sobell, & J. A. Cunningham).
- 1998 Stepped Care as Guidelines for Clinical Practice. Invited Symposium on “Stepped Care in Models of Behavior Therapy.” Presented at the 32<sup>nd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- 1997 Natural Recovery From Alcohol and Drug Problems: An Overview and Review of Current Studies and Suggestions for Future Directions. Presented at the International Conference on Natural History of Addictions: Recovery from Alcohol, Tobacco, and Other Drug

- Problems Without Treatment, Les Diablerets, Switzerland (with T. Ellingstad & L. C. Sobell).
- 1999 Cross-Cultural Qualitative Analysis of Antecedents to Natural Recoveries From Alcohol and Drug Problems. Presented at the International Conference on Natural History of Addictions: Recovery from Alcohol, Tobacco, and Other Drug Problems Without Treatment, Les Diablerets, Switzerland (with H. Klingemann, L. C. Sobell, Toneatto, T., S. Agrawal, & G. Leo).
- 1999 Overview and Outcome Measures for the Project CHOICES Intervention Study. Fetal Alcohol Syndrome Interagency Coordinating Committee, Rockville, MD.
- 1999 Critical Issues in the Primary Prevention of Alcohol Abuse in Military Settings. Alcohol Abuse Policy Seminar, Department of Defense, Andrews Air Force Base, Washington, D.C.
- 2000 Evolution of Cognitive Behavioral Approaches to Alcohol Problems. French Society for the Study of Alcohol—a Société française d'alcoologie. Paris, France.
- 2001 The future of cognitive-behavior therapy: Lessons from research on the treatment of alcohol problems (El futuro de la terapia cognitivo conductual: Lecciones de la investigación en el tratamiento de problemas de alcohol. Second International Colloquium on the Prevention and Treatment of Addictive Behaviors, Mexico City, Mexico.
- 2000 The Role of Cognitive-Behavior Therapy in Treating Alcohol Problems. Annual meeting of the French Society of Cognitive Behavior Therapy. Paris, France.
- 2002 Self-change in alcohol and tobacco users: Current knowledge and future directions. Invited talk at the National Institute on Alcohol Abuse and Alcoholism. Workshop on "Alcohol and Tobacco: Mechanisms and Treatment." Bethesda, MD (with L. C. Sobell & S. Agrawal).
- 2002 Lessons from alcohol research. Society of Clinical Psychology's *Distinguished Scientific Contribution Award talk*. American Psychological Association, Division 12.
- 2003 Serendipity and science: Some career reflections (Serendipity y ciencia: Algunos recuentos de la carrera). Third International Colloquium on the Prevention and Treatment of Addictive Behaviors (III Coloquio Internacional Sobre Prevención y Tratamiento de Conductas Adictivas. En Memoria del Dr. Héctor Ayala Velázquez). National University of Mexico. Mexico City, Mexico
- 2003 Self-Regulation: Natural and Self-Guided Recovery. Invited talk presented at the annual conference on Regulating Addiction: How Individuals, groups, and Institutions Manage Excessive Behaviors. Las Vegas, NV.
- 2004 Motivational Interviewing and Guided Self-Change: New Ways of Dealing with Substance Abuse. Employee Assistance Professionals Association (EAPA) Annual Conference, Ft. Lauderdale, FL.
- 2005 Sobell, M.B. Emerging Adulthood and College Drinking. Invited presentation presented at the 2005 South Florida Substance Abuse Prevention Symposium, Florida Atlantic University, Boca Raton, FL.
- 2005 Harm Reduction: Valid public health approach or Trojan Horse? South Florida Methamphetamine Task Group. Fort Lauderdale, FL,
- 2005 Harm reduction. House of Hope ACT Team. Davie, FL
- 2005 Brief Motivational Interventions for Substance Abusers: What Works Better—Group or Individual Therapy?" Invited presented at the 2005 Australia Winter School on Addictions, Brisbane, Australia.



- 2005 Timeline Followback: A scientifically and clinically useful tool for assessing alcohol use. Invited talk presented the National Institute on Alcohol Abuse and Alcoholism, Bethesda, MD.
- 2006 Self-Change: Processes and Implications for the Treatment of Addictive Behaviors. Invited presentation at the National Autonomous University of Mexico, 4th International Colloquium in Memory of Héctor Ayala Velázquez. Dissemination of Prevention and Treatment Programs of Addictive Behaviours. Mexico City, Mexico.
- 2006 Guided Self-Change: Group versus Individual Treatment. Institute of Psychiatry and Neurology, Warsaw, Poland.
- 2008 History of Moderation as an Alcohol Treatment Goal in the United States (with L. Sobell). International conference on “Moderation Use as a Treatment Goal: Integration Instead of Segregation.” Psychiatry University Hospital and the Swiss Society of Addiction Medicine. Zurich, Switzerland.
- 2008 History of Moderation as an Alcohol Treatment Goal (with L. Sobell). Conference on “Controlled Drinking.” GREA—Groupement Romand d’Etudes des Addictions. Geneva, Switzerland.
- 2009 General Motivational Interviewing Strategies. Invited lecture at the Professional Development Institute, Center for Psychological Studies, Nova Southeastern University, Fort Lauderdale, Florida.
- 2009 Ambivalence: Society’s Favored Approach to Drinking. Invited presentation at Dionysus Conference, Florida International University, Miami, Florida.
- 2010 Motivational Enhancement. Invited lecture at the 2010 Recovery & Resiliency Across Cultures & Across Lifespan Conference, Nova Southeastern University, Fort Lauderdale, Florida.
- 2010 A Historical Overview of Controlled Drinking: Fiddling while Rome burns. Invited presentation at the symposium “Reduced drinking as an alternative treatment goal.” International Society for Biomedical Research on Alcoholism, Paris, France.
- 2011 Publishing mechanisms of behavior change research in the Journal of Consulting and Clinical Psychology. Presentation as part of the panel: “How do I get my MOBC research published?” Mechanisms of Behavior Change: The research enterprise. Satellite Session, 34<sup>th</sup> Annual Research Society on Alcoholism Scientific Meeting. Atlanta, GA.
- 2012 Reduction of alcohol intake as a productive and achievable goal in the treatment of alcohol problems. Invited presentation at the Lundbeck symposium. Oslo, Norway.
- 2012 A historical overview of controlled drinking: Fiddling while Rome burns. Invited presentation at the Joint International Conference on Alcohol, Drug, and Addiction Research. Asia-Pacific Society for Alcohol and Addiction Research. Bangkok, Thailand.
- 2012 Promoting Self-Change in Health Psychology. Universidad Miguel Hernández, Elche, Spain.
- 2013, 2014 Behavioral Factors in Tobacco Use: Beyond Physical Addiction. Professional Development Institute. Center for Psychological Studies, Nova Southeastern University. Ft. Lauderdale, FL.
- 2013 Timeline Followback: Psychometrically sound tool for assessing daily behaviors. Invited presentation to the National Addictions Management Service, Institute of Mental Health, Singapore.
- 2013 Diagnosis: Prospects for the DSM-V. Invited presentation to the National Addictions Management Service, Institute of Mental Health, Singapore.

- 2013 Contemporary Research Issues. Invited presentation to the National Addictions Management Service, Institute of Mental Health, Singapore.
- 2013 Reduction of alcohol intake as a productive and achievable goal in the treatment of alcohol problems. Invited presentation to the National Addictions Management Service, Institute of Mental Health, Singapore.
- 2013 Reduced drinking as an appropriate goal for some individuals with alcohol problems. National Football League Program for Substances of Abuse Treating Clinician Conference, New York City.
- 2014 How and Why Services for Alcohol Problem in the United States are Changing.. 2<sup>nd</sup> Coloquio Internaaional de Analistas Conductuales Aplicados: Autocontrol y Adicciones. Universidad Nacional, Autónoma de México, Facultad de Psicología. Mexico City, Mexico.
- 2015 Harm Reduction. Broward Addiction Recovery Center. Ft. Lauderdale, FL.
- 2015 Joe Brady, Serendipity, and Unmet Needs In Alcohol Research. Brady/Schuster Award Talk for Outstanding Behavioral Science Research in Psychopharmacology and Substance Abuse. Annual Meeting of the American Psychological Association, Division 28, Toronto, Ontario, Canada.
- 2016 Behavioral Factors in Tobacco Use: Beyond Physical Addiction. Professional Development Institute, College of Psychology, Nova Southeastern University, Fort Lauderdale, Florida.

## PUBLICATIONS

### Articles

- Sobell, L.C., Schaefer, H.H., **Sobell, M.B.**, & Kremer, M.E. (1970). Food priming: A therapeutic tool to increase the percentage of meals bought by chronic mental patients. *Behaviour Research and Therapy*, 8, 339-345.
- Sobell, M.B.** (1970). A paired comparison method for assessing stimulus control with an application to DRL schedules. Unpublished doctoral dissertation, University of California, Riverside.
- Schaefer, H.H., **Sobell, M.B.**, & Mills, K.C. (1971). Baseline drinking behaviors in alcoholics and social drinkers: Kinds of drinks and sip magnitude. *Behaviour Research and Therapy*, 9, 23-27.
- Schaefer, H.H., **Sobell, M.B.**, & Mills, K.C. (1971). Some sobering data on the use of self-confrontation with alcoholics. *Behavior Therapy*, 2, 28-39.
- Mills, K.C., **Sobell, M.B.**, & Schaefer, H.H. (1971). Training social drinking as an alternative to abstinence for alcoholics. *Behavior Therapy*, 1971, 2, 18-27.  
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- Sobell, L.C., **Sobell, M.B.**, & Schaefer, H.H. (1971). Alcoholics name fewer mixed drinks than social drinkers. *Psychological Reports*, 28, 493-494.
- Baker, T.B. & **Sobell, M.B.** (1971). Re-education for the alcoholic. *Journal of Alcohol Education*, 17, 12-15.
- Schaefer, H.H., **Sobell, M.B.**, & Sobell, L.C. (1972). Twelve month follow-up of hospitalized alcoholics given self-confrontation experiences by videotape. *Behavior Therapy*, 3, 283-285.

**Sobell, M.B.**, Schaefer, H.H., & Mills, K.C. (1972). Differences in baseline drinking behavior between alcoholics and normal drinkers. *Behaviour Research and Therapy*, *10*, 257-267.

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Zlutnick, S. & Katz, R. (Eds.). (1974). *Behavior therapy and health care: Principles and applications*. New York: Pergamon Press, 535-560.

Lilienfeld, S. (Ed.). (1995). Classic controversies in abnormal psychology: Opposing perspectives on mental illness and its treatment. Pacific Grove, CA: Brooks/Cole, 331-345.

Sobell, L.C. & **Sobell, M.B.** (1973). A self-feedback technique to monitor drinking behavior in alcoholics. *Behaviour Research and Therapy*, *11*, 237-238.

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Klingemann, H., Room, R. Rosenberg, H., Schatzmann, S., Sobell, L. C., & Sobell M. B. Kontrolliertes Trinken als Behandlungsziel - Bestandesaufnahme des aktuellen Wissens (Controlled Drinking: A Review). Research Report F03-90 of the University of Applied Sciences, School of Social Work Bern; Bern - December 2004.

## Assessment Instruments

### A. Timeline Followback (TLFB) (Sobell, L. C. & Sobell, M. B.)

**Translated into:** Spanish, Dutch, Finnish, Japanese, Russian, Polish, Norwegian  
**Linguistic Validation Certificate** Conducted by the MAPI Institute (Lyon, France) **for Timeline Followback Sample Calendar and Instructions:** Translated into Czech, Hungarian, Italian Slovak, French, German, Spanish (Spain), Polish, and Swedish. A translation certificate for those validations is on our website [http://www.nova.edu/gsc/online\\_files.html](http://www.nova.edu/gsc/online_files.html)

#### Selected for inclusion in

1. Allen, J. P. & Columbus, M. (1995). *Assessing alcohol problems: A guide for clinicians and researchers*. Rockville, MD: National Institute on Alcohol Abuse and Alcoholism.
2. Primary drinking assessment and outcome measure. American Psychiatric Association, *Handbook of Psychiatric Measures*. Washington, DC, 2000.
3. European Monitoring Centre for Drugs and Drug Abuse: Evaluation Instrument Bank-Treatment, 2000.
4. Alcohol, Drug, Cigarette, and Marijuana Timeline Followback Method. (1998).[CD ROM]. [ONLINE]. Abstracts from: Knowledge Access, OVID Technologies. HaPI Item.
5. ISA Group: CD-ROM based "Instrument Wizard" for Substance Abuse Prevention Interventions.
6. MAPI Research Institute, Lyon, France. Quality of Life Instruments Database ([www.QOLID.org](http://www.QOLID.org))
7. Allen, J. P., & Wilson, V. (2003). *Assessing alcohol problems (2nd ed.)*. Rockville, MD: National Institute on Alcohol Abuse and Alcoholism.
8. Primary drinking assessment and outcome measure. American Psychiatric Association, *Handbook of Psychiatric Measures*. Washington, DC, 2008.
9. PsychTESTS, American Psychological Association, 2012.

### B. Family Tree Questionnaire (Sobell, L. C. , Mann, R., Sobell, M. B., & Pavan, D.)

#### Selected for inclusion in:

1. Allen, J. P. & Columbus, M. (1995). *Assessing alcohol problems: A guide for clinicians and researchers*. Rockville, MD: National Institute on Alcohol Abuse and Alcoholism.
2. Family Tree Questionnaire. (1998).[CD ROM]. [ONLINE]. Abstracts from: Knowledge Access, OVID Technologies. HaPI Item.
3. ISA Group: CD-ROM based "Instrument Wizard" for Substance Abuse Prevention Interventions
4. PsychTESTS, American Psychological Association, 2012.

### C. Drug History Questionnaire (Sobell, L. C. & Sobell, M. B.)



**Selected for inclusion:**

1. European Monitoring Centre for Drugs and Drug Abuse: Evaluation Instrument Bank-Treatment, 2000.
2. ISA Group: CD-ROM based “Instrument Wizard” for Substance Abuse Prevention Interventions
3. PsychTESTS, American Psychological Association, 2012.

**D. Drug Consequence Checklist (Sobell, L. C. & Sobell, M. B.)**

1. ISA Group: CD-ROM based “Instrument Wizard” for Substance Abuse Prevention Interventions
2. PsychTESTS, American Psychological Association, 2012.

**E. Brief Situation Confidence Questionnaire (Breslin, C., Sobell, L. C. & Sobell, M. B.)**

1. Center for Substance Abuse Treatment. (1999). *Enhancing motivation for change in substance abuse treatment: Treatment improvement protocol (TIP) series 35 (DHHS publication No. SMA 99-3354)*. Rockville, MD: Substance Abuse and Mental Health Services Administration.
2. PsychTESTS, American Psychological Association, 2012.

**F. Project CHOICES (Preventing Alcohol Exposed Pregnancies)**

1. Recipient of 2008 Charles C. Shepard Science Award (category of Prevention and Control for most outstanding peer-reviewed research paper published by CDC/ATSDR scientists during the preceding year).
2. CHOICES: A Program for Women About Choosing Healthy Behaviors is listed in the National Registry of Evidence-based Programs and Practices (NREPP).  
<http://nrepp.samhsa.gov/ViewIntervention.aspx?id=348>.

**G. iSelfChange™ APP for iPhones and iPads(Promoting Self-Change)**

1. The iSelfChange app is freely available in the Apple App Store  
<https://itunes.apple.com/us/app/iselfchange/id761033899?ls=1&mt=8>
2. ABCT Addictive Behaviors SIG Outstanding Student Poster Award, 2013.

**Computer Software, Manuals and Instructional Training Videos**

Sobell, L. C. & Sobell, M. B. (1995). *Motivational Strategies for Promoting Self-Change: Dealing with Alcohol and Drug Problems. Instructional Training Video*. Toronto, Canada: Addiction Research Foundation.

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### Reports, Other Publications, and Activities

- Sobell, M. B.** & Sobell, L. C. (1974). Terminal Progress Report: "Extended Follow-up of I.B.T.A. Treated Alcoholics." Report to the NIAAA on activities conducted under PHS Grant No. 1 R18 AA00486.
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- Sobell, M. B.** (June, 1984). The competent behavior modifier. Paper prepared for NIMH Conference on Ethics and Behavior Modification.
- Sobell, M. B.** (1979). What evidence exists that a program of "controlled drinking" is a viable or realistic treatment alternative in alcoholism rehabilitation? (Solicited letter for inquiries about Behavioral Medicine section), *Behavioral Medicine*.
- Sobell, M. B.** & Sobell, L. C. (1984). *Study on the treatment outcome research project-Critical review of the state of research*. (Research Contract No. 19SV.3204503). Ottawa, Ontario: Department of National Defense (Final Report).
- Sobell, M. B.** (1988). Executive Summary: Position paper on Moderation Approaches. Invited paper prepared for the Task Force on Assessment and Treatment Assignment, Institute of Medicine, National Academy of Sciences.
- Sobell, L. C. & **Sobell, M. B.** (1989). Fact sheet on ALCOHOL. Prepared for the Association for Advancement of Behavior Therapy's Fact Sheet Series on Clinical Disorders.
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- Sobell, M. B.** (1994). Consultant reviewer, American Psychiatric Association Substance Abuse Practice Guidelines for Association for Advancement of Behavior Therapy.
- Sobell, L. C. & **Sobell, M.B.** (2001). Fact sheet on UNDERSTANDING YOUR FRIEND OR RELATIVE'S ALCOHOL OR DRUG PROBLEM. Prepared for the Association for Advancement of Behavior Therapy's Fact Sheet Series on Clinical Disorders.
- Sobell, L. C. & **Sobell, M. B.** (2005). Motivational interviewing: Nuts and bolts. *Of Substance: The National Magazine on Alcohol, Tobacco and Other Drugs*, 3, 20-21.

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- Sobell, M.B.** (1978). Review of P.M. Miller, *Behavioral treatment of alcoholism*. In the *Behavior Therapist*, 1, 19.

- Sobell, M.B.** & Sobell, L. C. (1981). Phenomenology of symposiasitis. Review of W.E. Fann, I. Karacan, A.D. Pokorny & R.L. Williams (Eds.), *Phenomenology and treatment of alcoholism*. In *Contemporary Psychology*, 26, 783-784.
- Sobell, L.C. & **Sobell, M.B.** (1981). Is it self-help or self-harm? Review of G.G. Forrest, *How to live with a problem drinker and survive*. In *Contemporary Psychology*, 26, 923.
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#### **Posters/Papers Presented at Professional Meetings**

- Sobell, M.B.** & Sobell, L.C. (1972, September). One-year follow-up of alcoholics treated by the method of individualized behavior therapy. Paper presented at the 80<sup>th</sup> Annual Meeting American Psychological Association, Honolulu, Hawaii.
- Sobell, M.B.** (1972, October). Alcohol abuse as an operant: Treatment implications. Paper presented at the Fourth Annual Southern California Conference on Behavior Modification. Los Angeles, CA.
- Sobell, M.B.** & Pilkington, R.S. (1973, April). Conventional and contingency: Two varieties of operant extinction. Paper presented at the Annual Meeting of the Western Psychological Association, Anaheim, CA.
- Sobell, L.C. & **Sobell, M.B.** (1973, April). A technique for reinstating appropriate verbal behavior in psychotics with degenerated speech. Paper presented at the Annual Meeting of the Western Psychological Association, Anaheim, CA.
- Sobell, M.B.** & Sobell, L.C. (1973, August). Evidence of controlled drinking by former alcoholics: A two-year evaluation of individualized behavior therapy. Paper presented at the 81<sup>st</sup> Annual Meeting of the American Psychological Association, Montreal, Canada.
- Sobell, M.B.**, Sobell, L.C., & Sheahan, D.B. (1973, December). Contingency diagramming: An aid in developing optimal behavior therapy programs for problem drinkers. Paper presented at the 7<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Sobell, M.B.** (1974, February). Toward empirical group psychotherapy. Paper presented as part of a symposium titled "Behavioral change as outcome criteria: A synthesis of psychodynamics and behavior modification," at the meeting of the American Group Psychotherapy Association, New York, NY.
- Sobell, L.C. & **Sobell, M.B.** (1975, March). Frequent follow-up interviews as a dual process: Data gathering and "continuing care". Paper presented at the 21<sup>st</sup> Annual Meeting of the Southeastern Psychological Association, Atlanta, GA.
- Sobell, L.C. & **Sobell, M.B.** (1975, September). Training normal drinking in state hospital alcoholics. Paper presented as part of a symposium on Training responsible drinking with

- different subpopulations of problem drinkers at the 83<sup>rd</sup> Annual Meeting of the American Psychological Association, Chicago, IL.
- Sobell, L.C. & **Sobell, M.B.** (1976, March). A comparative evaluation of the validity of self-reports of three different populations of alcoholics. Paper presented at the 22<sup>nd</sup> Annual Meeting of the Southeastern Psychological Association, New Orleans.
- Sobell, L.C., **Sobell, M.B.**, & VanderSpek, R. (1976, March). Three independent comparisons between clinical judgment, self-reports, and physiological measures of blood alcohol level. Paper presented at the 22<sup>nd</sup> Annual Meeting of the Southeastern Psychological Association, New Orleans, LA.
- Sobell, M.B.** (1977, May). Graduate clinical and research training on alcohol dependence at Vanderbilt University. Special Program presented at the 23<sup>rd</sup> Annual Meeting of the Southeastern Psychological Association, Hollywood, FL, May, 1977.
- Tucker, J.A., Vuchinich, R.E. & **Sobell, M.B.** (1977, December). Stress reduction as a determinant of male normal drinkers' alcohol consumption. Poster session presented at the 11<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- Connors, G.J., Maisto, S.A., & **Sobell, M.B.** (1978, March). Effect of cognitive and physiological variables on preference for alcohol. Paper presented at the 24<sup>th</sup> Annual Meeting of the Southeastern Psychological Association, Atlanta.
- McCollam, J.B., Burish, T.B., Maisto, S.A., & **Sobell, M.B.** (1978, August). Affect, arousal, and alcohol: An alternative to tension reduction. Paper presented at the 86<sup>th</sup> Annual Meeting of the American Psychological Association, Toronto, Canada.
- Sobell, L.C., Maisto, S.A., Ersner-Hershfield, S., & **Sobell, M.B.** (1979, March). Integrating treatment outcome evaluation in alcohol and drug treatment programs: Problems in initiation, compliance and attrition. Paper presented at the 25<sup>th</sup> Annual Meeting of the Southeastern Psychological Association, New Orleans.
- Ersner-Hershfield, S., Sobell, L.C., **Sobell, M.B.**, & Maisto, S.A. (1979, September). Therapeutic value of follow-up interviews for alcohol abusers. Paper presented at the 87<sup>th</sup> Annual Meeting of the American Psychological Association, New York, NY.
- Connors, G.J. & **Sobell, M.B.** (1980, November). Effects of alcohol and drinking environment on affect and physiological sensations. Paper presented at the 14<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Sobell, L.C. & **Sobell, M.B.** (1980, November). Clinical aspects of a behavioral treatment program for problem drinkers. Paper presented at the 14<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Sobell, M.B.** & Sobell, L.C. (1980, November). Client rights in substance abuse treatment programs. Paper presented at the 14<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY, November 1980.
- Sobell, M.B.** (1981, April). Concepts of alcohol problems. Paper presented at a symposium on Neuropsychopharmacological Aspects of Alcohol and Drug Addiction. Fourth Annual Scientific Meeting of the Canadian College of Neuropsychopharmacology, Toronto, Canada.
- Connors, G.J., Sturgis, S.A., **Sobell, M.B.**, & Sobell, L.C. (1981, April). Alcohol abuse recovery patterns and employment. Paper presented at the Annual Meeting of the Eastern Psychological Association, New York, NY.
- Sobell, M.B.**, Sobell, L.C., Klajner, F., & Riley, D.M. (1985, November). *Effects of alcohol-related television program contents and commercials on alcohol abusers and normal drinkers.*

- Poster presented at the 19<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Houston, TX.
- Sobell, L.C., **Sobell, M.B.**, Riley, D.M., Klajner, F., & Schuller, R. (1985, November). *Assessing the reliability of alcohol abusers' self-reports of distant social and environmental events and some practical procedures for counteracting unreliable answers*. Poster presented at the 19<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Houston, TX.
- Sobell, L.C., **Sobell, M.B.**, Riley, D.R., & Schuller, R. (1986, November). *Assessing the reliability of alcohol abusers' self-reports of drinking that occurred in the distant past*. Poster presented at the Annual Meeting of the Canadian Psychological Association, Toronto, Canada, June, 1986.
- Sobell, M.B.**, Bogardis, J., Schuller, R., Leo, G.I., & Sobell, L.C. (1986, November). *Is self-monitoring of alcohol consumption by college students a reactive procedure?* Poster presented at the 20<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Chicago, IL.
- Sobell, M.B.**, Sobell, L.C., & Leo G.I. (1987, November). *Problem drinkers: Good times drinking and other characteristics*. Poster presented at the 21<sup>st</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Sobell, L.C., **Sobell, M.B.**, & Toneatto, T. (1987, November). *The role of life events in the self-change process of alcohol abusers*. Poster presented at the 21<sup>st</sup> Annual Meeting of Association for Advancement of Behavior Therapy, Boston, MA.
- Toneatto, T., **Sobell, M.B.**, Sobell, L.C., & Leo, G. I. (November, 1988). Cognitive effects of exposure to alcohol cues in television programming and commercials. Poster presented at the 22<sup>nd</sup> Annual Meeting of Association for Advancement of Behavior Therapy, New York, NY.
- Somer, G.R., Sobell, L.C., Sellers, E.M., & **Sobell, M.B.** Characteristics of long-term alprazolam users. Poster presented at the 4<sup>th</sup> World Conference on Clinical and Pharmacology and Therapeutics. Manheim, Germany, July, 1989.
- Toneatto, T. Sobell, L.C., Leo, G., & **Sobell, M.B.** Effects of alcohol cues in television programs and commercials on the urge to consume alcohol. Poster presented at the 23<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC, November, 1989.
- Sobell, M.B.**, Sobell, L.C., & Bogardis, J. Should goals for alcohol abusers in outpatient treatment be self-selected or therapist-assisted? Poster at the 23<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC, November, 1989.
- Shirley, M. C., Cookfair, D. L. Sobell, L.C., Steinig, P., Reese, P.A., Connors, G.J., & Heimbeck, D. The assessment of alcohol and high risk drinking situations in cancer patients. Poster presented at the 23<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC, November, 1989.
- Toneatto, T., Sobell, L.C., **Sobell, M.B.**, & Leo, G.I. (1990, November). Gender differences in alcohol, nicotine, and other drug treatment outcomes. Poster presented at Multiple Addictions Conference, San Diego, CA.
- Toneatto, T., Kozlowski, L.T., Sobell, L.C., & **Sobell, M.B.** (1990, November). The relationship between smoking status and alcohol abuse. Poster presented at the Multiple Addictions Conference, San Diego, CA..
- Sobell, M.B.** & Sobell, L.C. (1990, January). Problem drinkers and self-control treatments: A closer look. Poster presented at Fifth International Conference on Treatment of Addictive Behaviors, Sydney, Australia.

- Sobell, M.B.**, Sellers, E. M., & Sobell, L.C. (1990, January). Combining pharmacological and behavioral treatments for enhancing self-control over addictive behaviors. Poster presented at the Fifth International Conference on Treatment of Addictive Behaviors, Sydney, Australia.
- Sellers, E. M., Somer, G.R., Sobell, L.C., & **Sobell, M.** (1990, March). Discontinuation symptoms among persistent alprazolam users. Poster presented at the meeting of the American Society for Clinical Pharmacology and Therapeutics, San Francisco, CA.,
- Toneatto, T., Sellers, E. M., Sobell, L.C. & **Sobell, M.B.** (1990, June). Perception of whether drug or placebo has been administered, influences the pharmacologically-mediated reduction of alcohol consumption and urge to consume alcohol in alcohol abusers. Poster presented at the Fifth Congress of the International Society for Biomedical Research on Alcoholism/Satellite Symposium, Toronto.
- Romach, M. K., Somer, G., Sobell, L.C., **Sobell, M.B.**, & Seller, E. M. (1990, September). Surveys of alprazolam users: Patient, physician, and drug. Poster presented at the Royal College of Physicians and Surgeons/Canadian Society for Clinical Investigations, Toronto, Canada.
- Toneatto, T., Sobell, L.C., **Sobell, M. B.**, Johnson, L., & Leo, G. I. (1990, November). Going to the source: Alcohol abusers' perceptions of their self-reports. Poster presented at the 24<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- Sobell, M.B.**, Sobell, L.C., & Leo, G. I. (1990, November). Guided self-management for problem drinkers: An evaluation of the unique contribution of a relapse prevention perspective. Poster presented at the 24<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- Sellers, E. M., Romach, M. K., Toneatto, T., Sobell, L.C., Somer, G. R., & **Sobell, M.B.** (1991, June). Efficacy of Ondansetron, 5-HT<sub>3</sub> antagonist in alcoholism treatment. Poster presented at the 5<sup>th</sup> World Congress of Biological Psychiatry, Florence, Italy.
- Ayala-Velazquez, H., **Sobell, M. B.** Cardenas, G., Sobell, L.C., Echeverría, L. (1991, August). Un proyecto colaborativo para la investigación, desarrollo, y evaluación de tratamiento conductual de consulta externa para abuso de alcohol. Paper presented at the 1991 World Congress for Mental Health, Mexico City, Mexico.
- Toneatto, T., Sobell, L.C., **Sobell, M. B.**, Cunningham, J.C., & Leo, G. I. (1991, November). Factors associated with the dual cessation of alcohol and tobacco problems. Poster presented at the 25<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Cunningham, J.C., Sobell, L.C., **Sobell, M. B.**, Toneatto, T., & Johnson, L. (1991, November). Barriers to seeking treatment: What recovered and nonrecovered alcohol abusers can tell us about why they delayed or never sought treatment. Poster presented at the 25<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Sobell, L.C. & **Sobell, M.B.**, Toneatto, T., & Kozlowski, L. (1992, March). The role and temporal relationship played by one substance in recovery from another substance. Paper presented in a symposium on Understanding and Treating Nicotine Addiction in Smoking With Other Chemical Dependencies at the 13<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, New York, NY.
- Cunningham, J. & Sobell, L. C. (1992, June). The public's perception of the appropriateness of treatment outcomes. Poster presented at the annual meeting of the World Congress of Cognitive Therapy, Toronto, Canada.

- Toneatto, T., Cunningham, J.C., Sobell, L.C., & **Sobell, M.B.** (1992, June). Effect of smoking status on alcohol recovery. Poster presented at the annual meeting of the Committee on Problems of Drug Dependence, Keystone, Colorado.
- Romach, M., Busto, U., Sobell, L.C., **Sobell, M.B.**, Somer, G., & Sellers, E. M. (1992, June). Clinical characteristics of three groups of long-term alprazolam (A) and lorazepam (L) users. Poster presented at the annual meeting of the 18<sup>th</sup> Annual Harvey Stancer Research Day, Department of Psychiatry, University of Toronto, Toronto, Ontario.
- Sobell, M.B.** & Sobell, L.C. (1992, July). Natural recoveries from alcohol problems: Secondary prevention and treatment implications. Poster presented at the Second International Congress of Behavioral Medicine, Hamburg, Germany.
- Sobell, M.B.** & Sobell, L.C. (1992, November). Education level and treatment goals selection for problem drinkers: Matching variables? Poster presented at the 26<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Toneatto, T., Sobell, L.C., **Sobell, M.B.**, Agrawal, S., & Gavin, D. (1994, November). Relationship between hepatic dysfunction and patterns of alcohol consumption. Poster presented at the 26<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Cunningham, J.C., Sobell, L.C., & Chow, V. M. C. (1992, November). Beliefs about substance abuse and abusers: Implications for treatment. Poster presented at the 26<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Sobell, M.B.** & Sobell, L.C. (1993, January). Clients' and therapists' perceptions of a motivational intervention for problem drinkers. Poster presented at the Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.
- Cunningham, J.C., **Sobell, M.B.**, Sobell, L.C., & Gavin, D. R. (1993, January). Drinking patterns amongst a sample of the general population. Poster presented at the Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.
- Toneatto, T., Rubel, E. Sobell, L.C., & **Sobell, M.B.** (1993, June). Untreated recovery from cocaine dependence. Poster presented at the annual meeting of the Committee on Problems of Drug Dependence, Toronto, Canada.
- Romach, M. K., Kaplan, H.L., Busto, U., Somer, G., Sobell, L.C., **Sobell, M.B.**, & Sellers, E. M. (1994, June). Adjunctive medication in benzodiazepine discontinuation: Ondansetron, a 5-HT antagonist. Poster presented at the annual meeting of the Committee on Problems of Drug Dependence, Toronto, Canada.
- Sobell, M.B.** & Sobell, L. C. Dual recoveries from smoking and alcohol problems among naturally recovered alcohol abusers. (1993, June). Paper presented at the annual meeting of the Committee on Problems of Drug Dependence, Toronto, Canada.
- Romach, M.K., Kaplan, H. L., Busto, U., Somer, G., Sobell, L.C., **Sobell, M.B.**, & Sellers, E. M. (1994, June). Adjunctive medication in benzodiazepine discontinuation: Ondansetron, a 5-HT<sub>3</sub> antagonist. Poster presented at the 19<sup>th</sup> Annual Harvey Stancer Research Day, Department of Psychiatry, University of Toronto, Toronto, Ontario.
- Bowens, B., Sobell, L.C., Toneatto, T., & Romach, M. (1994, June). Using cognitive dissonance to reduce alcohol abuse. Poster presented at the 19<sup>th</sup> Annual Harvey Stancer Research Day, Department of Psychiatry, University of Toronto, Toronto, Ontario.
- Sobell, L.C., **Sobell, M.B.**, & Leo, G. I. (1993, November). Spousal support as a motivational intervention for problem drinkers. Poster presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

- Cunningham, J.C., Sobell, L.C., Kwan, E., & **Sobell, M.B.** (1993, November). The relationship between alcohol abusers' beliefs about the causes of alcohol abuse and their treatment outcome. Poster presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- Cunningham, J.C., Sobell, L.C., **Sobell, M.B.**, & Chow, V. M. C. (1993, November). Responses to quit or reduce alcohol consumption: A general population sample. Poster presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- Sobell, L.C., **Sobell, M.B.**, & Agrawal, S. (1993, November). Increasing self-report accuracy among alcohol abusers and their collaterals. Poster presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- Cunningham, J. C., Sobell, L.C., Johnson, L., **Sobell, M.B.**, & Agrawal, S. (1994, March). Awareness of self-change as a pathway to recovery from alcohol problems. Poster presented at the 5<sup>th</sup> International Conference on the Reduction of Drug Related Harm Reduction Conference, Toronto, Canada.
- Sobell, M.B.** & Sobell, L.C. (1994, November). Relapse rates among naturally recovered alcohol abusers. Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Maui, Hawaii.
- Sobell, L. C. & **Sobell, M.B.** (1994, June). Naturally recovered alcohol abusers: What maintains their resolutions? Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Maui, Hawaii.
- Cunningham, J. C., Sobell, L. C., **Sobell, M.B.**, & Chow, V. M. C. (1994, November). Should physicians be asking about alcohol, smoking, and drug use? The patient's perspective. Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Maui, Hawaii.
- Cunningham, J. C., Sobell, L. C., & **Sobell, M.B.** (1994, June). Motivating clients to follow thorough on treatment referrals: The role of a cognitive appraisal process. Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Maui, Hawaii.
- Sobell, M.B.**, Sobell, L.C., & Cleland, P. A. A comparative analysis of individual versus group treatment utilizing self-guided autocontrol. Presented at the symposium "Treatment of Addictive Behaviors." 23<sup>rd</sup> International Congress of Applied Psychology, Madrid, July 1994.
- Cunningham, J. C., Sobell, L.C., **Sobell, M.B.**, & Chow, V. M. C. (1994, November). Do reasons for seeking treatment predict drinking outcomes? Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Cunningham, J. C., Sobell, L. C., & **Sobell, M.B.** (1994, November). Self-change among alcohol abusers: Further evidence it is the predominant pathway to recovery. Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Rubel, E. R., Toneatto, T., Sobell, L. C., & **Sobell, M.B.** (1994, November). The process of behavior change among untreated but recovered cocaine abusers. Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Toneatto, T., Sobell, L. C., Rubel, E. R., Leo, G. I., **Sobell, M.B.**, & Agrawal, S. (1994, November). Comparing untreated recovery in cocaine and alcohol abusers. Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Breslin, C., Sdao-Jarvie, K., **Sobell, M.B.**, & Sobell, L. C. (1994, November). Coping responses and the predictions of treatment outcome among problem drinkers. Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.



- Sobell, L.C., **Sobell, M.B.**, Cunningham, J. C., & Agrawal, S. (1995, July). Cognitive mediators antecedent and consequent to natural recoveries from alcohol problems. Poster presented at the World Congress of Behavioural and Cognitive Therapies. Copenhagen, Denmark.
- Sobell, L.C., **Sobell, M.B.**, Brown, J., & Cleland, P. A. (1995, November). A randomized trial comparing group versus individual Guided Self-Change treatment for alcohol and drug abusers. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Sobell, M.B.**, Sobell, L. C., & Leo, G. L. (1995, November). The reliability of the alcohol Timeline Follow-back when administered by telephone and by computer. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Breslin, F. C., Sobell, L. C., & **Sobell, M.B.** Evaluating a brief version of the Timeline Followback for use by clinicians. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC., November, 1995.
- Breslin, F. C., Sobell, L. C., **Sobell, M.B.**, Cunningham, J. C., & Kwan, E. (1995, November). Prognostic markers for a stepped care approach: The utility of within treatment drinking variables. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Cunningham, J. C., Sobell, L. C., Gavin, D. R., **Sobell, M.B.**, & Breslin, F. C. (1995, November). Assessing motivation for change: On outgoing outcome expectancy measure of the costs and benefits of changing alcohol and drug use. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Breslin, F.C., Cunningham, J., Vakili, S., Poulos, C.X., Cappell, H., & **Sobell, M.B.** (1995, November). Methodological issues in alcohol and decision making research. Paper presented at the symposium, "Alcohol intoxication, social cognitive processes, and implications for prevention of alcohol-related problems." 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.,
- Romach, M. K., Sellers, E. M., Kaplan, H.L., Somer, G., **Sobell, M.B.**, Sobell, L.C., & Gorthy, L. (1996, June). Efficacy of dexfenfluramine (dex) in the treatment of alcohol dependence. Poster presented at the Annual Scientific Meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- Breslin, F.C., Kapur, B., **Sobell, M.B.**, & Cappell, H. (1996, June). Gender and alcohol administration: an alcohol dosing procedure that produces comparable curves for both men and women. Poster presented at the annual meeting of the Research society on Alcoholism, Washington, D.C.
- Sobell, M.B.**, Klingemann, H., Sobell, L.C., Agrawal, S., Toneatto, T. (1996, September). Cross-cultural qualitative analysis of antecedents to natural recoveries from alcohol problems. Poster presented at the International Symposium on Addictions '96: Treatment Across the Addictions. Hilton Head, SC.
- Cunningham, J. C., Sobell, L. C., & **Sobell, M.B.** (1996, September). Recovery from alcohol problems with and without treatment in a general population survey" Reasons for change. Poster presented at the International Symposium on Addictions '96: Treatment Across the Addictions. Hilton Head, SC.
- Sobell, M.B.**, Buchan, G., & Sobell, L.C. (1996, November). Relationship of goal choices by substance abusers in Guided Self-Change treatment to subject characteristics and treatment

- outcome. Poster presented at the 30<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Sobell, L.C., **Sobell, M.B.**, Buchan, G., Cleland, P., Fedoroff, I., & Leo, G. I. (1996, November). The reliability of the Timeline Followback method applied to drug, cigarette, and cannabis use. Poster presented at the 30<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Cunningham, J. C., Sobell, L. C., Gavin, D. R., Breslin, F. C., & **Sobell, M.B.** (1996, November). Dealing with urges to drink: Techniques associated with successful treatment outcomes. Poster presented at the 30<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Wagner, E. F., **Sobell, M.B.**, Sobell, L.C., & Lui, E. (1997, November). Cannabis abuse: Treatment seeker characteristics and brief treatment outcome. Poster presented at the 31<sup>st</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- Ellingstad, T. P., Sobell, L.C., Cleland, P., & **Sobell, M.B.** (1997, November). Do problem drinkers want to stop smoking? Poster presented at the 31<sup>st</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- Breslin, F. C., Sobell, L. C., **Sobell, M.B.**, & Buchan, G. (1997, November). A comparison of a brief and long format for the Situational Confidence Questionnaire. Poster presented at the 31<sup>st</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- Sobell, L.C., Vakili, S., **Sobell, M.B.**, Agrawal, S., & Leo, G. I. (1998, November). Daily drinking may be more than a bad habit. Poster presented at the 32<sup>nd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Ellingstad, T. P., Sobell, L.C., **Sobell, M.B.**, Planthara, P., & McMullin, C. (1998, November). Drug treatment outcome methodology: Strengths and weaknesses, 1993-1997. Poster presented at Addictive Behaviors Special Interest Group at the 32<sup>nd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Toll, B. A., Sobell, L. C., **Sobell, M.B.**, & Levin, C. C. (1999, July). Tobacco, alcohol, and illicit drug use: A comparison of their economic and health care costs. Poster presented at the annual meeting of the Florida Psychological Association, Palm Beach, FL. (Third Place, Student Poster Session).
- Sobell, L.C., Agrawal, S., Leo, G. I., Young-Johnson, L., **Sobell, M.B.**, & Cunningham, J. C. (1999, November). Quick drinking screen versus the alcohol Timeline Followback: A time and place for both procedures. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada.
- Ellingstad, T. P., Sobell, L.C., & **Sobell, M.B.** (1999, November). Natural Recovery from Alcohol and Drug Problems: An Overview and Review of Current Studies with Suggestions for Future Directions. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada.
- Sobell, M.B.**, Toll, B., & Sobell, L. C. (1999, November). Evaluation of the Yale–Brown Obsessive Compulsive Scale for Heavy Drinking and the Obsessive Compulsive Drinking Scale with Alcohol Abusers. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada.
- Levin, C. C., Sobell, L.C., Cleland, P. A., Ellingstad, T. P., **Sobell, M.B.**, Toll, B., & Dorheim, L. (2000, November). Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada, November, 1999.

- Toll, B., A., **Sobell, M.B.**, Wagner, E., & Sobell, L.C. (1999, November). Thought suppression and smoking cessation. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior, , Toronto, Ontario, Canada.
- Toll, B., A., Sobell, L. C., **Sobell, M. B.**, & Dorheim, L. (2000, August). Poster presented at the Annual Meeting of the American Psychological Association, Chicago IL.
- Gould, D.W., & **Sobell, M. B.** (2000, June). Project CHOICES Measures and Outcome Variables. Paper presented at the symposium "A Preconception Approach to Preventing Alcohol-exposed Pregnancies," Research Society on Alcoholism, Denver, CO.
- Liu, E., Kahan, M., Wilson, L., & **Sobell, M. B.** (2000, August). The attitude and behavior of family medicine residents towards problem drinkers. Poster presented at the Annual Meeting of the American Psychological Association, Chicago, IL.
- Toll, B., A., Sobell, L. C., **Sobell, M. B.**, & D'Arienzo, J. (2000, November). The Internet: Assessing the evidential basis for substance abuse intervention websites. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Sobell, L.C., Leo, G. I., Agrawal, S., Young-Johnson, L., **Sobell, M. B.**, & Cunningham, J. (2000, November). Fostering self-change: One-year outcome results from a large scale community intervention for alcohol abusers. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Lawson, H., Wagner, E., & **Sobell, M. B.** (2000, November). The attractiveness and effectiveness of a game show program for school-based alcohol and other drug prevention. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Levin, C. C., Sobell, L. C., & **Sobell, M. B.** (2000, November). The decisional balance exercise: A study of its clinical utility as part of ongoing treatment. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Gutmann, L., Sobell, L. C., Ellingstad, T. P., Prevo, M., & **Sobell, M. B.** (2000, November). Smoking cessation interventions: Outcomes and methodological strengths and weaknesses of published studies, 1994-1998. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Sobell, M. B.**, Velasquez, M. M., Ingersoll, K., Sobell, L. C., Floyd, L., Gould, D. W. November, . Using a motivational enhancement intervention to prevent alcohol-exposed pregnancies. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Sobell, M. B.**, Sobell, L. C., & Johnson, K. (2001, October). Initial outcomes of the Project CHOICES intervention. Poster presented at the American Public Health Association, 129th Annual Meeting, Atlanta, GA.
- Ingersoll, K. S., Floyd, R. L., & the Project CHOICES Team (**M. B. Sobell**, member). (2001, October). Preventing alcohol-exposed pregnancies in high-risk women: The Project CHOICES feasibility study: overview. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.
- Floyd, R. L., Baio, J. E., & the Project CHOICES Team (**M. B. Sobell**, member).(2001, October). Preventing alcohol-exposed pregnancy: Epidemiologic and clinical basis of Project CHOICES. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.

- Nettleman, M. D., Mullen, P. D., & the Project CHOICES Team (**M. B. Sobell**, member). (2001, October). Women at risk for alcohol-exposed pregnancy: Findings from an epidemiologic survey in five settings. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.
- Ingersoll, K. S., Velasquez, M. M., & the Project CHOICES Team (**M. B. Sobell**, member). Intervention with women at risk for alcohol-exposed pregnancy: Rationale and description of the Project CHOICES intervention. (2001, October). Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.
- Floyd, R. L., Baio, J. E., & the Project CHOICES Team (**M. B. Sobell**, member). Future directions in preventing alcohol-exposed pregnancy. (2001, October). Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.
- Sobell, L. C., **Sobell, M. B.**, Agrawal, S., Leo, G. I., Young-Johnson, L., & Toneatto, T. (2001, November). A longitudinal prospective study of recovery and relapse among untreated alcohol abusers. Poster presented at the 35<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Ellingstad, T. P., Venner, K., Sobell, L. C., **Sobell, M. B.**, & Eickleberry-Goldsmith, L. (2001, November). Factors associated with cannabis self-resolution and barriers to treatment seeking. Poster presented at Addictive Behaviors Special Interest Group at the 35<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA., November, 2001.
- Eickleberry-Goldsmith, L., Ellingstad, T. P., Sobell, L. C., **Sobell, M. B.**, Braeutigam, J. (2001, November). Resolution from daily cannabis use without treatment: A descriptive study including cognitive and respiratory measures. Poster presented at Addictive Behaviors Special Interest Group at the 35<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Tonigan, J. S., Sobell, L. C., & **Sobell, M. B.** (2003, June). M. B. Heavy drinking and changes in situational confidence to avoid drinking. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Fort Lauderdale, FL.
- Sobell, L. C., Agrawal S., **Sobell, M. B.**, Leo, G. I., Cunningham J. A., & Young L. J. (2003, November). Responding to an advertisement: A critical event in promoting self change of drinking behavior. Poster presented at the 37<sup>th</sup> Annual Meeting of Association for Advancement of Behavior Therapy, Boston, MA.
- Levin, C. C., Sobell, L.C., & **Sobell, M.B.** (2004, July). Timeline Followback: A Review of its Clinical and Research Findings. Poster presented at the Annual Meeting of the American Psychological Association, Hawaii, Honolulu.
- Sobell, L. C. and **Sobell, M. B.** (2005, November). Guided Self-Change Treatment: Goal Choice with Alcohol and Drug Abusers. Paper presented as part of a symposium on Moderation Approaches for Substance Users: Bringing Cognitive-Behavioral Approaches and Harm Reduction to the Public, at the 39<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Sobell, L. C. & **Sobell, M. B.** (2005, November). Adapting a Motivational Intervention to Group Format For Alcohol and Drug Users. Paper presented as part of a symposium on Adapting Motivational Intervention to a Group Format for Alcohol and Drug Users, at the 39<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

- Sobell, M.B.**, Peterson, A. L., Sobell, L.C., Hunter, C. L., Hunter, C. M., Alvarez, L., Brundige, A., Hryshko-Mullen, A.S., Isler, W.C., & Schmidt, S. (2006, May). Facilitating Smoking Cessation and Preventing Relapse in Primary Care: Minimizing Weight Gain by Reducing Alcohol Consumption. Poster presented at the 2006 Department of Defense Military Health Research Forum, San Juan, Puerto Rico.
- Dum-Preschel, M., Pickren, J., Sobell, L.C., **Sobell, M. B.**, & Hughes, E. A. (2006, August). A Comparison of Two Depression Inventories in Substance Users. Poster presented at the Annual Meeting of the American Psychological Association, New Orleans, LA.
- Manor, H., Sobell, L.C., & **Sobell, M. B.** (2006, August). Self-Critiques: Motivational Supervisory Method for Facilitating Feedback to Therapists. Poster presented at the Annual Meeting of the American Psychological Association, New Orleans, LA.
- Roy, M., Dum-Preschel, M., **Sobell, M. B.**, Sobell, L. C., Marker, C., & Sobell, M. B. (2006, November). An evaluation of clinical profiles of high risk situations in an outpatient sample of individuals with a primary alcohol use disorder. Poster presented at the 40th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL
- Velasquez, M.M., Ingersoll, K., **Sobell, M.**, Floyd, L. & Sobell, L. (2007, January). A dual-focus motivational intervention to prevent alcohol-exposed pregnancy. Annual Conference of the Society for Social Work and Research, San Francisco, CA.
- Sobell, M.B.**, Sobell, L.C., Johnson, K.E. & Bolton, B.G. A media-based motivational intervention to reduce alcohol exposed pregnancies. (2007, July). Paper presented at the symposium Advancing a Preconception Approach to Preventing Alcohol-Exposed Pregnancies, Annual Meeting of the Research Society on Alcoholism, Chicago, IL.
- Dum, M., Voluse, D., Buerman, M., Sobell, L.C., & **Sobell, M. B.** (2007, November). Psychometric Properties of the Timeline Followback Across Different Behaviors: A Review. Poster presented at the 41st Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Sobell, M. B.**, Peterson, A. L., Sobell, L. C., Hunter, C. L., Hunter, C. M., Alvarez, L., Brundige, A., & Goodie, J. (2008, November). Alcohol Reduction to Facilitate Smoking Cessation and Prevent Relapse. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Ingersoll, K.S., Wagner, C.C., Ceperich, S.D., von Sternberg, K., **Sobell, M.B.**, Velasquez, M.M., Sobell, L.C., Agrawal, S., Fansler, A.C. (2008, June). Mechanisms of a motivational interviewing intervention that reduced drinking and improved contraception. Poster presented at the 70th Annual Meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- Ingersoll, K.S., Wagner, C.C., Velasquez, M.M., Ceperich, S. D., von Sternberg, K., **Sobell, M.B.**, Sobell, L.C., Agrawal, S., & Fansler, A.C. (2008, June). Mechanisms of a motivational interviewing intervention targeting alcohol exposed pregnancy risk. Paper presented at the 1st International Conference on Motivational Interviewing, Interlaken, Switzerland.
- Ingersoll, K.S., Wagner, C.C., von Sternberg, K., Ceperich, S. D., Velasquez, M.M., **Sobell, M.B.**, Sobell, L.C., Agrawal, S., & Fansler, A.C. (2008, June). Therapist, client, and interpersonal behaviors as possible mechanisms of a motivational interviewing intervention for alcohol-exposed-pregnancy risk. Poster presented at the annual meeting of the Research Society on Alcoholism. Washington, D.C.
- Ingersoll, K.S., Wagner, C. C., Ceperich, S. D., von Sternberg, K., Sobell, L. C., Velasquez, M., **Sobell, M.B.**, Fansler A., & Agrawal, S. (2008, August). Process Analysis of a Motivational

- Interviewing Intervention Targeting Alcohol Exposed Pregnancy Risk. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
- Voluse, A. C., Joseph, E., Sobell, L. C., **Sobell, M. B.**, & Dum, M. (2008, November). Psychometric Properties of the Drug Use Disorders Identification Test (DUDIT) in two clinical settings Poster presented at the 42nd Annual Meeting of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
- Sobell, M.B.**, Sobell, L.C., Johnson, K.E., Heinecke, N., & Dum, M.S. One question identifies women at risk of alcohol-exposed pregnancy. (2009, August). Poster presented at the Annual Meeting of the American Psychological Association, Toronto, Canada.
- Sobell, M.B.**, Sobell, L.C., Peterson, A.L., Brundige, A., & Hryshko-Mullen, A. (2009, June). Using reduced alcohol consumption as a strategy to minimize weight gain when stopping smoking. Poster presented at the annual meeting of the Research Society on Alcoholism. San Diego, CA.
- Hettema, J., Ingersoll, K., Wagner, C., Fansler, A., Velasquez, M., **Sobell, M. B.**, Sobell, L. C., von Sternberg, K., & Agrawal, S. (2009, June). The inter-rater reliability of provider elicitation and response to change talk in motivational interviewing. Poster presented at the annual meeting of the Research Society on Alcoholism. San Diego, CA.
- Ingersoll, K.S., Wagner, C.C., Ceperich, S.D., von Sternberg, K., Velasquez, M.M., **Sobell, M.B.**, Sobell, L.C., Agrawal, S., & Hettema, J. (2009, June). A one pass rating system to evaluate a mechanisms of action in Project CHOICES. Poster presented at the annual meeting of the Research Society on Alcoholism. San Diego, CA.
- Montgomery, M.A., Sobell, L.C., **Sobell, M.B.**, & Marker, C.D. (2009, June). Does source of media recruitment of problem drinkers matter? Poster presented at the annual meeting of the Research Society on Alcoholism. San Diego, CA.
- Sobell, M.B.**, Peterson, A. L., Sobell, L.C., Hunter, C.L., Hunter, C.M., Brundige, A., Goodie, J.L., & Mendoza, C. (2009, September). Smoking cessation: minimizing weight gain and preventing relapse by reducing alcohol consumption. Poster presented at the Congressionally Directed Medical Research Programs Military Health Research Forum, Kansas City, MI.
- Montgomery, M.A., Sobell, L.C., **Sobell, M.B.**, Marker, C.D., Gioia, C., & Ruiz, J. (2009, November). A nationwide randomized controlled trial promoting self-change among problem drinkers. Poster presented at the 43rd Annual Meeting of the Association for Behavioral and Cognitive Therapies. New York, NY.
- Marker, C. D. Sobell, L.C., Montgomery, M.A., **Sobell, M.B.**, Gioia, C., & Ruiz, J. J. (2009, November). Trajectories of change: Examining recovery among problem drinkers with a treatment history? Poster presented at the 43rd Annual Meeting of the Association for Behavioral and Cognitive Therapies. New York, NY.
- Sobell, M.B.**, Sobell, L.C., Gioia, C., Marker, C.D., & Montgomery, M.A., (2010, August). Previously Treated Alcohol Abusers' Response to a Self-Change Program. Poster presented at the Annual Convention of the American Psychological Association, San Diego, CA.
- Sobell, M.B.**, Sobell, L.C., Peterson, A.L., Hunter, C.L., Hunter, C.M., Brundige, A., & Goodie, J.L. (2010, August). Facilitating Smoking Cessation by Reducing Alcohol Consumption. Poster presented at the Annual Convention of the American Psychological Association, San Diego, CA.
- Coker, K. L., **Sobell, M.B.**, Avery, K., Pina, Y., Nathan, A., and Ikpe, U. (2010, August). Linking trauma and moral disengagement in African American inner-city youth. Paper presented at the

- paper session on Trauma and Violence in Adolescent Populations at the Annual Convention of the American Psychological Association, San Diego, CA.
- Sobell, L.C., **Sobell, M.B.**, Gioia, C., Montgomery, M.A., & Marker, C.D. (2010, August). An Evaluation of Mechanisms Promoting Self-Change From Alcohol Problems. Poster presented at the Annual Convention of the American Psychological Association, San Diego, CA.
- Sobell, M.B.**, Sobell, L.C., Gioia, C., Agrawal, S., Montgomery, M.A., & Marker, C.D. (2010, November). Cost-Effectiveness of Internet Versus Print Media Solicitation of Participants for Research Studies. Poster presented at the 44th Annual Meeting of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Robinson, S.M., Arcidiacono, S., Sobell, L.C., **Sobell, M.B.**, & Tzall, D. (August, 2011) *Evaluation of drug and alcohol treatment outcome studies: 2005-2010*. Poster presented at the Annual Convention of the American Psychological Association, Washington, DC.
- Robinson, S.M., Arcidiacono, S., Tzall, D., Sobell, L.C. & **Sobell, M.B.** (June, 2011). Alcohol treatment outcome studies methodological review (2005-2010): Preliminary analysis of pretreatment variables. Poster presented at the Annual Scientific Meeting of the College on Problems of Drug Dependence, Hollywood, FL.
- Domingo, S., Fathi, D.F., Sobell, L.C., & **Sobell, M.B.** (2012, August). Thinking of Changing your Alcohol Use? There's an App for That! Poster presented at the Annual Convention of the American Psychological Association, Orlando, FL.
- Domingo, S., Robinson, S.M., Fins, A.M., **Sobell, M.B.**, & Sobell, L.C. (2012, August). Utilization of Mobile Technology for Insomnia Treatment: Proposal for Future Research. Poster presented at the Annual Convention of the American Psychological Association, Orlando, FL.
- Carballo, J.L., Sobell, L., & **Sobell, M.** (2012, September). Differences among substance abusers in Spain and the US who recovered on their own. Poster presented at 9th Conference of INEBRIA, Barcelona, Spain.
- Trevein, A., Sobell, L. C., & **Sobell, M.B.** (2012, November). Translation of the Alcohol Timeline Followback (TLFB) in 4 languages. Poster presented at International Society for Pharmacoeconomics and Outcomes Research (ISPOR). Berlin, Germany.
- Ingersoll, K., Floyd, L., Velasquez, M., **Sobell, M., B.**, Sobell, L. C., & Ceperich, S. (2013, September). CHOICES: A powerful preconception intervention that reduces the risk of alcohol-exposed pregnancy. Presented at the First International Conference on Prevention of FASD,
- Mirtenbaum, D. E., Domingo, S., Fathi, D. F., Sobell, L.C., **Sobell, M.B.**, Rubizovsky, T., Lou, J. Q., Bronsborg, S. E., & Zucker, S. (2013, November). iSelfChange™: Randomized controlled trial of an iPhone app using an evidence-based alcohol intervention. Poster presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Addictive Behaviors SIG Student Poster Session. Nashville, TN (ABCT Addictive Behaviors SIG Outstanding Student Poster Award).
- Letourneau, B. J., Sobell, L.C., **Sobell, M.B.**, & Robinson, S.M. (2014, August). Preventing alcohol exposed pregnancies in English- and Spanish-speaking Hispanic/Latina women. Poster presented at the annual meeting of the American Psychological Association, Washington DC.
- Letourneau, B. J., Sobell, L.C., **Sobell, M.B.**, & Robinson, S.M. (2014, November). Acculturation and Risk of Alcohol-Exposed Pregnancies in English- and Spanish-speaking Latina Women. Poster to be presented at the 48<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Addictive Behaviors SIG Student Poster Session, Philadelphia, PA.

- Letourneau, B. J., Sobell, L.C., **Sobell, M.B.**, Gioia, C., & Agrawal, S.A. (2015, August).  
Assessing alcohol use: A comparison of three drinking measures. Poster presented at the annual meeting of the American Psychological Association, Toronto, ON, Canada.
- Letourneau, B. J., Sobell, L.C., **Sobell, M.B.**, Gioia, C., & Agrawal, S.A. (2015, November).  
Comparison of several drinking outcomes variables from three well known drinking measures: Quick Drinking Screen, Timeline Followback, and AUDIT. Poster presented at the 49<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies. Chicago, IL.