



## **NURTURING RESILIENCE**

### **UNDERSTANDING AND ADDRESSING ANXIETY, OCD, AND SCHOOL REFUSAL IN CHILDREN AND ADOLESCENTS**

This presentation is designed specifically for school psychologists seeking comprehensive insights into the assessment and brief intervention/school support for children facing challenges related to anxiety, obsessive-compulsive disorder (OCD), and school refusal. In this session, we will explore anxiety disorders and OCD among children and adolescents, discussing the unique manifestations, risk factors, and impact on academic performance. The presentation will equip school psychologists with a deeper understanding of the relationship between anxiety disorders and educational outcomes. Additionally, the presentation will guide participants through evidence-based assessment tools tailored for identifying anxiety, OCD, and school refusal in educational settings. Further, attendees will gain valuable insights into implementing brief interventions and establishing school supports that foster a supportive environment for children struggling with these challenges. Practical strategies for collaboration between school psychologists, educators, and parents will be emphasized, ensuring a united and effective approach to address the diverse needs of each child.

**Arthur Ashe  
Technical Center**

**MPR**

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**January 22, 2024**

**8:00am-12:00pm**

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**Register in LAB:**

**Anxiety Related  
Disorders  
Techniques**

**Course #39143184**

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**Eligible for ESE  
Credit for  
recertification!**

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**5 Inservice Points**

#### **PRESENTERS**

**NSU: Department of Clinical  
and School Psychology**

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and Iryna Kasi, Ph.D.**