

Carly A. Paró

EDUCATION

Ed.D	Argosy University, Sarasota (CACREP Accredited) Counselor Education and Supervision	March 2015
M.S.	Troy University, Orlando Counseling and Psychology (CACREP Accredited)	October 2008
BA	University of Central Florida Interpersonal Communications Psychology	June 2004

LICENSURE & CERTIFICATIONS

Licensed Mental Health Counselor in Florida – MH 10856

Licensed Professional Counselor in NC - 8357

National Certified Counselor (NCC)

CLINICAL EXPERIENCE

7/2012- Present	Private Practice, Carly Paró LLC Provide counseling services to adolescents and adults. Specialize in depression, anxiety, self-harm, family issues, adolescents, divorce, and adoption. Parenting and substance abuse groups. Work contractually with Eckerd Community Alternatives in an expert capacity relating to reunification and permanency decisions for child and parents.
10/2013-Present	Contractual Work with Sandra Hall, LMHC, CAP Provide intakes, assessments, and groups for clients mandated to substance abuse treatment after DUI violation.
9/2011-6/2012	Nfusion, Project Coordinator Olive Branch, MS Worked with Mississippi Department of Mental Health to facilitate a systems of care grant in Olive Branch, Mississippi. Set up community center, hired and trained mental health and support staff to provide services to youth aging out of the foster care system.
10/2010- Present	Adoption Related Services of Pinellas County St. Petersburg, FL <i>Counselor, Contracted services.</i> Provide counseling services to individuals that have a history of involvement in the foster care system. Also facilitate

therapy with youth and their families pre and post adoption or in an effort to reunify after abuse has been founded.

- 6/2010-9/2010 Camp Boggy Creek, Hole in the Wall Camping Association
Eustis, FL
Psych-Social Professional, Lead mental health professional at a summer camp for chronic and terminally ill children. Trained summer staff in behavior management techniques and abuse reporting. Reviewed camper applications for behavioral and/or mental health issues. Set up behavioral plans with campers upon arrival to ensure a successful summer. Provide conflict resolution education and training to staff members and campers. Facilitate grief counseling for staff and campers as needed throughout the summer.
- 10/2009-6/2010 Genesis Youth and Family Services
Charlotte, NC
Intensive In Home Team Lead, Provided Intensive In-Home community based services that addressed high-risk behavioral, mental health and emotional problems. Supervised a clinical team that utilized cognitive-behavioral therapy, trauma-focused therapy, play therapy, and insight-focused therapies. Diffused family crisis, evaluated its nature, and intervened to reduce the likelihood of recurrence.
- 2/2009-10/2009 Institute for Family Centered Services
Gastonia, NC
Family Centered Specialist, Provided Intensive In-home and Community Support services for children and adults. Linked client and family to natural supports within their communities to increase long term success. Completed Person Centered Plans in collaboration with client, family, and community stake holders. Provided holistic assessment of needs and practical tools for change.
- 8/2007-11/2008 A Better Therapy Inc.
Orlando, FL
Counselor, Completed full intake assessments, and clinical diagnosis. Managed caseload in addition to networking for new clients among collaterals in the community. Created comprehensive treatment plans with individual client. Completed therapeutic sessions with children, families, and adults. Used a variety of techniques, homework assignments, games, and exercises to assist clients in increasing personal insight and meeting treatment plan goals. Completed and managed large volumes of documentation to meet the requirements of Medicaid standards.
- 11/2005-
11/2006 Eckerd Youth Academy
Christmas, FL

Group Treatment Coordinator, Provided individual supportive counseling, group therapy and case management to youth in the Juvenile Justice system. Conducted intake assessments and interviews. Created individualized needs assessments and treatment plans, reported to parents, probation officers, and judges on youth's progress. Liaison with community, family, and court system. Acted as an advocate for youth represented. Supervised and train direct care staff in treatment methods to ensure therapeutic services delivered. Supervised family visitations and mediate family intervention sessions.

TEACHING EXPERIENCE

Nova Southeastern University, Assistant Professor, College of Psychology, Department of Counseling

2016 Practicum
Social and Cultural Foundations of Counseling

Capella University, Clinical Mental Health Program

2016 Principles of Psychopathology

Argosy University Online, Clinical Mental Health Program

2016 Research and Program Evaluation
Human Growth and Development
2015 Research and Program Evaluation

Argosy University, Tampa Campus

Adjunct Faculty, Instructor of Record

2016 Group Theories
Field Experience/MFT Practicum

2015 Field Experience/MFT Practicum
Social and Cultural Counseling Competency
Couples and Family Therapy
Practicum and Fieldwork
Social and Cultural Counseling Competency
Diagnosis and Treatment Planning
Foundations of Mental Health Counseling

2014 Group Theories
Couples and Family Therapy
Schools of Family Therapy
Social and Cultural Counseling Competency
Internship II

Graduate Courses – Teaching Assistant

Teaching Assistant Duties Include; Facilitate discussions for online e-learning platform, monitor and grade online posts, interact daily with students online, continue to assess students as needed, prepare presentations, lectures, and exercises for face to face residency portion of class, teach in residency, facilitate experiential residency component of course, monitor progress of assignments, and complete final grading. Responsibilities also included tending to any and all additional gatekeeping duties as needed.

Group and Individual Clinical Supervisor Duties Include: Providing supervision to Master level counseling students by facilitating and monitoring discussions both online and on campus. Responsible for preparing and presenting on various topics related to the needs of the novice supervisee. In addition, monitoring the supervisee and his/her progression with their clients, facilitating open group and individual discussions on adobe platform or in person, and providing additional guidance, supervision and related gatekeeping duties when and where needed.

2011-(TA1) Ethics in Counseling at Argosy, Tampa Campus, with Dr. Eric Davis
 2012-(TA2) Field Placement III at Argosy, Tampa Campus, with Dr. Michelle Mitcham
 (TA2) Family Systems Theories, Argosy, Sarasota Campus, with Dr. Beverly Mustaine
 2013-(TA3) Ethics in Counseling at Argosy Tampa, Dr. Eric Davis
 (TA3) Theories of Personality, Argosy Tampa, Dr. Jennifer Pereira
 (TA3) Ethics in Counseling, Tampa Campus, with Dr. Jennifer Pereira
 (TA3) Schools of Family Therapy, Tampa Campus, with Dr. Michelle Mitcham

Supervision

2011-2013, Supervised four courses of practicum and internship masters level students from Argosy Sarasota, under the supervision of Dr. Shon Smith

PRESENTATIONS

Mitcham, M., **Paro, C.**, Sachin, J. (2016). Courageous Conversations: Teaching the Diversity Course using Transformational Multicultural Pedagogy; Challenges and Opportunities, Preconference Learning Institute; SACES Conference, New Orleans, LA.

Jungersen, T., **Paro, C.** (2016) Practical Strategies for Student Orientation in Online Counselor Education Programs, SACES Conference, New Orleans, LA.

Paro, C. , Suprina, J., Pereira, J. (2015). Building Multicultural Competence in Counseling Students: Efforts to Address Social Class in Counselor Education, ACES Conference, Philadelphia, PA.

Paro, C. (2015). Building Multicultural Competence in Counseling Students: Efforts to Address Social Class in Counselor Education, American Counseling Association Convention, Sunshine Social, Orlando, Florida.

Paro, C., Herman, D., Gorgiu, J. (2013). Maintaining the Integrity of Counselor Education as a Profession While Fostering Individuality and Diversity of Professors in Training, Association of Counselor Education and Supervision. Denver, Colorado.

Payne, J., **Paro, C.**, Smith, S. (2013). Does Racial Mismatch in Counseling Supervision Matter? The Benefits of a Structured Supervision Protocol. Association of Counselor Education and Supervision. Denver, Colorado.

PUBLICATIONS

Paro, C. , Suprina, J., Pereira, J. (in progress). Building Multicultural Competence in Counseling Students: Efforts to Address Social Class in Counselor Education.

SERVICE/VOLUNTEER

2016-present	Suicide Prevention Coordinating Council, Board Member
2015-present	Florida Counseling Association, Board Member and Region Rep Rep
2015-present	Board of Directors, Ministry Development Council
2015	Out of the Darkness, Suicide Survivor Walk Committee Member
2014	Tragedy Assistance Program for Survivors (TAPS) of Military Suicide
2013-present	Florida Counseling Association, Region 4 Representative
2013-present	Suicide survivors support group, American Foundation for Suicide Prevention
2013	Review proposals for ACES Conference
2011	Traumatology Conference, Sarasota Fl
2011-2012	Chair, CSI Mentoring Committee
2002-2004	Student Advocate, Methodist Student Movement
2003	Volunteer, Food For the Hungry, Romania Orphanage

PROFESSIONAL AFILIATIONS AND MEMBERSHIPS

American Counseling Association (ACA)
Association for Counselor Education and Supervision (ACES)
Florida Association for Counselor Education and Supervision (FACES)
Florida Counseling Association (FCA)
Chi Sigma Iota – Alpha Upsilon Sigma Chapter , Mentorship Committee 2011-2012

CONTINUING EDUCATION

American Counseling Association, National Convention, Montreal, Canada
Florida Counseling Association, Annual Convention Orlando Fl. October 2015
American Counseling Association National Convention, Orlando, Fl. March 12-15,2015
Florida Counseling Association Leadership Development Training, Tampa, Fl. February 2014
Association of Counselor Education and Supervision (ACES), Denver, CO, October 16-20, 2013
Peer Support Specialist Supervision Training, Jackson, MS. January 18-19, 2012
National Federation of Families for Children's Mental Health, Washington DC, November 16-20, 2011
Integrity in Services and Supports for LGBTQI2-S Youth, Jackson, MS. November 7-8, 2011
Transitional Youth, Department of Mental Health, Jackson, MS October 10-13, 2011

Annual Traumatology Symposium: Global Issues, Local Perspectives, Sarasota Fl. May 6-7, 2011

American Counseling Association Conference, Pittsburgh, PA. March 21-24, 2010