

Meggen Tucker Sixbey

Education

Doctor of Philosophy, December 2005
University of Florida, Gainesville, Florida
Track: Marriage and Family Therapy
Specialization: Crisis Intervention and Suicide Prevention
Dissertation: Development of the Family Resilience Assessment Scale to Identify Family Resilience Constructs

Education Specialist, August 2002
University of Florida, Gainesville, Florida
Track: Marriage and Family Therapy

Masters of Education, August 2002
University of Florida, Gainesville, Florida
Track: Marriage and Family Therapy

Bachelor of Science, Psychology, May 2000
University of Florida, Gainesville, Florida
Minor in Education

Professional Associations

Member, American Counseling Association, 2001 – Present
Member, American College Personnel Association, 2008 – Present

- Commission for Counseling and Psychological Services, 2009 – present
- Commission Directorate, 2012 – 2015
- Commission Chair Elect, 2015 – present
- Commission Chair, 2016 - 2018

Certifications

State of Florida Approved Supervisor, 2009 - Present
Licensed Marriage and Family Therapist, 2009 – Present
QPR Suicide Prevention Trainer, 2006 - Present
Licensed Mental Health Counselor, 2005- Present
Certified NOVA responder, 2005 - Present
National Certified Counselor, 2002 - 2008
Certified Crisis Phone Counselor, 1998 – Present

Clinical Experience

Associate Director for Crisis and Emergency Services
University of Florida, Counseling and Wellness Center
May 2012 – Present

Assistant Coordinator for Crisis and Emergency Services

University of Florida, Counseling and Wellness Center
May 2011 – April 2012

Clinical Assistant Professor

University of Florida, Counseling and Wellness Center
January 2009 – Present

Crisis Intervention Consultant

University of Florida, Department of Housing
June 2002 – August 2011

Visiting Clinical Assistant Professor

University of Florida, Counseling Center
January 2006 – December 2008

Crisis Responder

National Organization of Victim's Assistance
Hurricane Katrina, Mississippi, September 2005
Hurricane Charley, Punta Gorda, Charlotte County, Florida, August 2004

Supervisor, Advanced Family Therapy

University of Florida, Department of Counselor Education
Spring 2005, Fall 2005, Spring 2004

Middle and High School Guidance Counselor

P.K. Yonge Developmental Research School, Gainesville, Florida
July 2003 – July 2005

Practicum and Intern Supervisor

University of Florida, Department of Counselor Education
Fall 2003 – Fall 2005

Program Development

P.K. Yonge through the University of Florida
Fall 2003

Group Counseling Co-Therapist

Silverleaf Counseling Center, Gainesville, Florida
January 2002 - January 2003

Emergency Crisis Stabilization Unit Screener

Meridian Behavioral Health Care, Gainesville, Florida
December 2001 – July 2006

Practicum and Intern Student

Alachua County Crisis Center, Gainesville, Florida
May 2001 - August 2002

Experienced Crisis Interventionist, Counselor and Trainer

Alachua County Crisis Center, Gainesville, Florida

Trainer, March 2003 – November 2007

Care Team Consultant and Associate, June 2000 – January 2005

Phone counselor, August 1998 – December 2003

Face-to-face counselor, June 2001 - June 2002

Retreat Committee Chair, 2001

In-house trainer, August 1999 - June 2002

Invited Presentations

Sixbey, M.B. (September 2016). Sexual Assault: The Unspoken Implications of Caring. American College Personnel Association Annual Conference, Atlanta, GA.

Sixbey, M.B. (March 2015). Campus Violence and Ethical Considerations for Counselors. Georgia Tech Collegiate Mental Health Roundtable, Tampa, FL.

Sixbey, M.B. & Winget, C. (April 2013). Preventing Campus Violence: Training for Residential Life Staff. Webinar presented through joint sponsorship by American College Personnel Association's Commission for Housing and Residence Education and the Commission for Counseling and Psychological Services.

Sixbey, M.B. & Stuart, J. (July 2012). Crisis and Sexual Assault Intervention. 16 Hour Workshop presented for the University of Mississippi, Oxford, MS.

Sevig, T. & Sixbey, M.B. (March 2009). QPR for Faculty and Staff. Workshop presented for the Michigan Depression on College Campus 7th Annual Conference, Ann Arbor, MI.

Presentations

Sixbey, M.B. & Nash, S. (March 2015). Question, Persuade, and Refer: Innovative Ideas for Delivery. Workshop presented at the American College Personnel Association Annual Conference, Tampa, FL.

Nash, S. & Sixbey, M.B. (March 2015). Peer Support and Mental Health Recovery on College Campuses. Workshop presented at the American College Personnel Association Annual Conference, Tampa, FL.

Sixbey, M.B. & Nash, S. (March 2015). The Counselor's Role on a Multidisciplinary Threat Assessment Team. Workshop presented at the American Counseling Association Annual Conference, Orlando, FL.

Sixbey, M.B. & Nash, S. (April 2014). Guiding Principles for Assessing Violence Risk: A BioPsychoSocial Model. Workshop presented at the American College Personnel Association Annual Conference, Indianapolis, IN.

Sixbey, M.B. & Nash, S. (April 2014). Intensive Treatment Programs at University Counseling Centers. Workshop presented at the American College Personnel Association Annual Conference, Indianapolis, IN.

Sixbey, M.B. (March 2013). Psychological First Aid: A Best Practices Model. Workshop presented at the American College Personnel Association Annual Conference, Las Vegas, NV.

Sixbey, M. B. (March 2013). Continued Conversations: The Counselor's Role on Threat Assessment Teams. Workshop presented at the American College Personnel Association Annual Conference, Las Vegas, NV.

Sixbey, M.B. & Winget, C. (March 2012). RA Crisis Training: Consider the Possibilities. Workshop presented at the American College Personnel Association Annual Conference, Louisville, KY.

Griffin, W.D. & Sixbey, M.B. (March 2012). Behavioral Health and Risk Management: The Role of the Counselor. Workshop presented at the American College Personnel Association Annual Conference, Louisville, KY.

Sixbey, M.B. & Harris, R. (April 2010). Veterans in Higher Education: Serving Those who Served us. Workshop presented at the American College Personnel Association Annual Conference, Boston, MA.

Sixbey, M.B. & Bellaire, J (April 2010). Using Family Resilience Constructs to Help Yourself and Others. Workshop presented at the American Association of Suicidology Annual Conference, Orlando, FL.

Carrell, S. & Sixbey, M.B. (June 2009). Transitioning to Middle School. Workshop presented for the American School Counselors Association Annual Conference, Dallas, TX.

Sixbey, M.B. & Hope, K. (April 2009). Utilizing an Interpersonal Style to Assess Suicidality: Assess with Finesse. Workshop presented for the American College Personnel Association Annual Conference, Metro, D.C.

Sixbey, M.B. & Hope, K. (October 2008). Answering the Call Using Resilience Constructs to Help Yourself and Others. Poster presentation to be presented at the Southern Association of Counselor Educators Annual Conference, Houston, TX.

Hope, K. & Sixbey, M.B. (October 2008). Calling for Help: Understanding the Influence of Attachment Style in Suicidal Crisis. 50 minute workshop to be presented at the Southern Association of Counselor Educators Annual Conference, Houston, TX.

Sixbey, M.B. & Heard, J.M. (April 2007). Using Resilience Constructs to Help Yourself and Others. 45 minute workshop presented at the American Association of Suicidology Annual Conference, New Orleans, LA.

Sixbey, M.B. & Hope, K. (November 2006). Exploring current practices in counselor trainee preparation regarding suicide assessment. 50 minute workshop presented at the Florida Counseling Association Annual Conference, Orlando, FL.

Sixbey, M.B. & Hope, K. (September 2006). Exploring current practices in counselor trainee preparation regarding suicide assessment. 50 minute workshop presented at the Southern Association for Counselor Education and Supervision Annual Conference, Orlando, FL.

Heard, J.M. & Sixbey, M.B. (April 2006). Operating a Blended Hotline: 2-1-1 and Crisis. 60 minute workshop presented at the American Association of Suicidology Annual Conference, Seattle, WA.

Sixbey, M.B. & Hollenbeck, L.H. (April, 2005). Helping teachers handle student crises: A new training opportunity for the school counselor. 90 minute workshop made at the American Counseling Association Annual Conference, Atlanta, GA.

Sixbey, M.B. (September, 2004). Supervisors Aiding in Exploring Therapist Perceptions of Crisis Experiences Based on Level of Experience. 60 minute workshop made at the Southern Association for Counselor Education and Supervision Annual Conference, Athens, GA.

Sixbey, M.B., Munson, J.S. & Fugate, K.F. (April, 2004) Developing A Crisis Consultant Program. 60 minute workshop made at the American Counseling Association Annual Conference, Kansas City, MO.

Munson, J.S., Sixbey, M.B. & Fugate, K.F. (April, 2004) Developing A Crisis Consultant Program. Poster presentation made at the American Association of Suicidology Annual Conference, Miami, FL.

Sixbey, M.B. & Hollenbeck, L. (April, 2003) Crisis intervention and suicide prevention: How teachers can help. Poster presentation made at American Association of Suicidology Annual Conference, Santa Fe, NM

Teaching

Instructor, Advanced Treatment Interventions (PYCL0669)

Meggen B. Sixbey

Nova Southeastern University, College of Psychology, Department of
Counseling
Fall I 2016

Instructor, Career and Lifestyle Assessment (PYCL0631)
Nova Southeastern University, College of Psychology, Department of
Counseling
Fall I 2016

Instructor, Trauma and Crisis Intervention: Survey of theory, response
models and techniques (MHS6466)
University of Florida, Department of Counselor Education
Fall 2016, Fall 2015, Fall 2014, Fall 2013, Fall 2012

Instructor, Professional Identity and Ethics (MHS6720)
University of Florida, Department of Counselor Education
Spring 2014, 2010, Spring 2009

Instructor, Introduction to Counseling (MHS5005)
University of Florida, Department of Counselor Education
Fall 2011, Fall 2009, Fall 2008, Fall 2007, Fall 2006

Instructor, Agency Group Supervision (MHS7804)
University of Florida, Department of Counselor Education
Spring 2011

Instructor, multiple courses taught
Argosy University, School of Psychology and Behavioral Sciences
Spring 2008 - 2012

Instructor, First Year Florida (SLS1102)
University of Florida, Dean of Students Office
Fall 2008, Fall 2007, Fall 2006

Instructor, Modes of Inquiry (ENG1001)
University of Florida, English Department, AIM Program Course
Summer B 2007

Instructor, Counseling for Non-Counselors (SDS6401)
University of Florida, Department of Counselor Education
Spring 2006, Fall 2006

Co-Instructor, Counseling for Non-Counselors (SDS6401)
University of Florida, Department of Counselor Education
Fall 2005

Instructor, Interpersonal Communication Skills (SDS4410)

University of Florida, Department of Counselor Education
Summer B 2004, Fall 2003, Summer B, 2003, Summer A 2003,
Spring 2003, Fall 2002

Instructor, Life and Career Development (SLS1301)
Santa Fe Community College, Department of Behavioral Sciences
Summer 2006, Summer 2005, Fall 2004, Summer 2004, Summer 2003,
Spring 2003

Teaching Assistant, Counseling and Community Settings
University of Florida, Department of Counselor Education
Spring 2003

Teaching Assistant, Introduction to Counseling
University of Florida, Department of Counselor Education
Fall 2002, Spring 2003

Instructor, College Success
Santa Fe Community College, Department of Behavioral Sciences
Summer 2002

Teaching Assistant, Interpersonal Communication Skills
University of Florida, Department of Counselor Education
Spring 2002

Teaching Assistant, Introduction to Counseling Theories
University of Florida, Department of Counselor Education
Fall 2001

Teaching Assistant, Cognitive Function Laboratory
University of Florida, Department of Psychology
Spring 2000

Publications

Nash, S., Sixbey, M.B., An, S. & Puig, A. (2015). University students who do not seek psychological help when needed: A behavioral profile. *Journal of College Student Development*. (Manuscript submitted for publication; revised and resubmitted).

Sixbey, M.B. & Resnick, J. L. (2014). 83 Year History of the Counseling and Wellness Center. In *The History of the Division of Student Affairs at the University of Florida*. Gainesville, FL: University of Florida.

Sixbey, M.B. (2014). *Counseling and Wellness Center Emergency Management Plan*. (Document prepared for the UF Department of Emergency Management, 1-100). Gainesville, FL: University of Florida.

Sixbey, M.B. & Nash, S. (2014). *Intensive Outpatient Task Force: Report and Recommendations* (Document prepared for the Division of Student Affairs Vice President Council, 1-7). Gainesville, FL: University of Florida.

Sixbey, M.B. (2011, March). Celebrating women and their history making. *The Villager: The University of Florida Village Communities Newsletter*, 11(3), 3.

Sixbey, M.B. (2006, October). Domestic violence: What is it and what should I do about it? *The Villager: The University of Florida Village Communities Newsletter*, 5(10), 3.

Awards

Superior Accomplishment Award Winner, Division of Student Affairs, 2013

Outstanding Practitioner, Chi Sigma Iota Beta Chapter, 2005

Outstanding Crisis Intervention Consultant, Southeastern Association of Housing Officers, 2005

Excellent Trainer, Alachua County Crisis Center, 2004, 2003

Excellent Care Team Member, Alachua County Crisis Center, 2004, 2003, 2002, 2001, 2000

Excellent In-House Trainer, Alachua County Crisis Center, 2000

Excellent Phone Volunteer, Alachua County Crisis Center, 1999