EDUCATIONAL HISTORY

Ph.D. Counselor Education and Supervision, August 2013 Counselor Education and Supervision Program, Specialization-School Counseling, College of Education, University of Florida, Gainesville, FL (CACREP Accredited Program)

Dissertation: *Rethinking achievement gaps in K-12 schools: A latent growth analysis of biological, social, and contextual determinants on student performance.*

Emphases: Counselor Education; School Counseling, Ecological Developmental Models, Health Development, Business Geography and Geographic Information Systems

Ed.S. School Counseling and Guidance, August, 2006 Counselor Education Program, College of Education, University of Florida, Gainesville, FL (CACREP Accredited Program)
Emphasis: School Counseling and Guidance PK-12

M.Ed. School Counseling and Guidance, August, 2006 Counselor Education Program, College of Education, University of Florida, Gainesville, FL (CACREP Accredited Program)

Emphasis: School Counseling and Guidance PK-12

B.A. Psychology, May 2002 New College of Florida Honor's College, Sarasota, FL

LICENSES AND CERTIFICATIONS

2020-2025 Registered Clinical Mental Health Counseling Intern# 20135 2020-2024 Certified School Counselor State of Florida Florida DOE#: 1037950 (Reinstated) 2006-2011 Certified School Counselor State of Florida Florida DOE#: 1037950

8/2010 **Cultivating Emotional Balance Teacher Training Certificate** Santa Barbara Institute for Consciousness Studies, Phuket, Thailand

GRADUATE TEACHING EXPERIENCE

1/2014-Present, Assistant Professor, College of Psychology, NOVA Southeastern, Ft. Lauderdale, FL

- Provided teaching, supervision, research, and service
- Advised and mentored master level counseling students
- Assisted with program development activities
- Taught several CACREP core courses and provided supervision to school counseling practicum students

Course leads

- PYCL 0608: Psychological Testing for Individual Evaluation
- PYCL 0665: School Consultation Skills
- PYCL 0511: Introduction to Counseling Techniques
- PYCL 0582: Human Sexuality
- PYCL 0666 Case Conceptualization
- PYCL 0507: Research and Evaluation
- PYCL 0635: Group Theory and Practice
- PYCL 0582: Human Sexuality
- PYCL 0631: Career Lifestyle Assessment
- PSY 0740: Education Statistics
- PYCL 0685: School Counseling Practicum
- PYCL 0688/689: School Counseling internship
- PYCL 0502 Counseling Theories and Practice
- PYCL 0512: Human Growth and Development
- PYCL 0570: Ethical, Legal, and Professional Issues for Counselors
- PYCL 0632: Social and Cultural Foundations of Counseling

Currently lead faculty for:

School Counseling program PYCL 503, 510, 515, 550, 560, 571, 585, 665, 685, 688/689

Previously served as lead faculty for:

- PYCL 503 / SC Counseling Theories
- o PYCL 510 / College & Career Readiness
- PYCL 515 / Principles of SC
- PYCL 550 / Contemp. Clin. Interventions
- o PYCL 560 / Appraisal in SC
- o PYCL 571 / SC Ethics & Legal
- PYCL 585 / Exceptional/At-Risk Children PYCL 665 / Consultation in Schools
- PYCL 685 / SC Practicum
- o PYCL 688 / SC Internship I
- o PYCL 689 / SC Internship II
- o PYCL 512 / Human Growth & Devel
- PYCL 560 / Appraisal in SC
- PYCL 571 / SC Ethics & Legal
- PYCL 585 / Exceptional/At-Risk Children
- PYCL 665 / Consultation in Schools
- PYCL 688 / SC Internship I
- PYCL 689 / SC Internship II

8/2013-2014 **Adjunct Professor**, NOVA Southeastern University, College of Psychology, Ft. Lauderdale, FL

• PYCL 0507 Research and Evaluation

8/2009-5/2012 **Teaching Assistant, SDS7820: Group Supervision for School Counselors**, Counselor Education Program, College of Education, University of Florida, Gainesville, FL

8/2009-12/2009 **Teaching Assistant, MHS7740: Research in Counseling, Counselor Education,** Counselor Education Program, College of Education, University of Florida, Gainesville, FL

UNDERGRADUATE TEACHING EXPERIENCE

1/2009-8/2012 **Course Instructor (Web-Based), SDS3482: Stress and Anxiety Management**, Counselor Education Program, College of Education, University of Florida, Gainesville, FL (200- 250Students/Semester)

1/2009-5/2011 **MHS 3930: Mindful Living**, College of Education, University of Florida, Gainesville, FL (20 students/semester)

8/2008-12/2008 (Web-Based), SDS 3340: Career and Lifespan Development Counselor Education Program, College of Education, University of Florida, Gainesville, FL (200-250 Students/Semester)

1/2008-5/2008 (Web-Based), SDS4410: Stress and Anxiety Management. Counselor Education Program, College of Education, University of Florida, Gainesville, FL (200-250 students/semester)

WORK AND CLINICAL EXPERIENCE

8/2013-12/2013, **Adjunct Professor**, College of Psychology, NOVA Southeastern, Ft. Lauderdale, FL

1/2010-1/2014 **Research Assistant**, Family Data Center, Department of Pathology, University of Florida, Gainesville, FL

- Analyzed and linked health, education, and juvenile justice datasets in Florida.
- Developed research reports and presentations for the United Way and Bill and Melinda Gates Foundation.
- Created Community Data Maps.
- Supported research on perinatal cocaine exposure in infants.

8/2010-5/2011 Assistant Clinical Coordinator, Counselor Education Program, College of Education, University of Florida, Gainesville, FL, University of Florida

- Worked with over 100 graduate students per semester completing or preparing to complete a clinical experience in mental health, marriage and family therapy, or school counseling.
- Coordinated clinical experiences between the student, site host, individual & group supervisors.
- Maintained student clinical files; collected and logged paperwork in the informational database and recorded clinical grades each semester.
- Facilitated the practicum & internship orientation, roundtables and fairs each semester to help students gain insight and interact with potential site hosts.
- Facilitated a practicum workshop for students preparing to enter their first clinical experience.
- Coordinated the assignment of individual and group supervisors to each practicum or intern student.
- Developed new clinical sites and managed current sites for clinical suitability. Made onsite visits and analyzed clinical evaluations for sites and supervisors.
- Maintained the departmental clinical website and documents for students and site hosts.

8/2009-7/2010 **Doctoral Level Intern**, District level internship with District Director of Student Support Services. School Board of Alachua County,

- Trained middle school counselors to present career development to middle school students.
- Facilitated work between school counselors and school psychologists in the latest data driven referral program, Response to Intervention (RTI).
- Coordinated district wide school counselor meetings.
- Analyzed district wide school datasets to identify student needs and intervention strategies.
- Provided support to school counselors.
- Assisted with online course planning with High School Students using the Electronic Personal Education Planner (ePEP).
- Trained school counselors to use ePEP software.
- Provided training in Excel to help counselors focus student interventions.

1/2008-6/2010 **Middle School Counselor (20-25 hrs/week)**, P.K. Yonge Developmental Research School, Gainesville, FL

- Taught middle school career courses.
- Coordinated Career Day.
- Facilitated small group sessions including self-esteem, test anxiety, and friendship groups.
- Collaborated with School Psychology department.

8/2006-7/2007 Program Director -Middle School Counselor, Hawthorne

Middle School, Hawthorne, Florida

- Coordinated comprehensive school counseling program for rural middle school.
- Facilitated individual, small group, and large group sessions.
- Directed Florida Comprehensive Test (FCAT) administration for middle school.

1/2006-6/2006 Counseling Intern, Gainesville High School, Gainesville, FL.

• Facilitated online federal student financial aid applications, career management courses, and scholarship applications with low-income students. That year 300 students in the district applied for financial aid, 98 of my students received financial aid for college.

8/2004-12/2004 Graduate Assistant-Department of Teaching and Learning,

University of Florida, Gainesville, FL

• Taught Human Growth and Development to University of Florida student athletes.

8/2001-6/2003 Psychiatric Technician, Coastal Recovery Centers, Sarasota, FL

- Provided a safe and therapeutic environment at a Baker Act facility for individuals on 72hour involuntary examination.
- Facilitated small and large group sessions.

CLINICAL SUPERVISION EXPERIENCE

8/2009-5/2011 **School Counseling Group Supervisor,** Counselor Education Program, College of Education, university of Florida, Gainesville, FL

- Provided weekly group supervision for 5-10 graduate counseling practicum and internship per semester with students in the school counseling track.
- Observed video recorded sessions, discussed needs assessments and other systemic interventions, helped develop comprehensive school and guidance plans and interventions.

1/2008-5/2010 **School Counseling Individual Supervisor,** Counselor Education Program, College of Education, University of Florida, Gainesville, FL

- Provided weekly individual supervision for 5 graduate counseling practicum and internship students over 5 semesters in school counseling tracks.
- Observed audio recorded sessions, discussed case formulations, collaborated in the development of interventions, and discussed personal and professional issues impacting counseling services.
- Worked with supervisees to develop a comprehensive school counseling program.

PROFESSIONAL DEVELOPMENT

- Registered Clinical Mental Health Intern IMH19873
- Summer 2019-PYCL 0584 Diagnosis and Treatment of Adult Psychopathology

LEADERSHIP AND COMMITTEE EXPERIENCE

Lead Faculty School Counseling Program. Nova Southeastern University

8/2022-8/2023 Co-Chair of the Diversity, Equity, Inclusion, Belonging, and Wellness (DEIBW) Committee, Nova Southeastern University

8/2022-Present Co-Chair of the Assessment Committee, Nova Southeastern University

2018-2020

- Florida Counseling Association Ethics Committee member (2020)
- Association for Specialist in Group Work (ASGW) member
- Association for Multicultural Counseling and Development (AMCD) member
- Florida School Counseling Association (FSCA) Grants Committee Chairperson
- FSCA SPIN director of Technology
- AARC Research Committee member
- ACA proposal reviewer
- Committee member to define role of School Counselor in Broward County
- Curriculum committee
- Assessment Committee (Fischler College of Education)
- Chair School Counseling Task Force
- Three hour workshop on emotion regulation, mindfulness, and self compassion.
- Presented to Sail Future Foster Home. 2/2018
- School Counseling program development (all year)
- CAEP Standard one committee (Fischler)8/2020-present Chair School Counseling Assessment Committee, Nova Southeastern University.

8/2020-2021 Chair School Counseling Curriculum Committee, Nova Southeastern University 8/2020-present Member Promotion and Continuation Committee, Nova Southeastern University

8/2016-2021 Curriculum Committee Member, Nova Southeastern University

8/2014-present Technology/Communications Chair. Florida School Counseling Association

1/2014-present Registration Coordinator, Florida School Counseling Association

- 7/2013-present Presentation Reviewer, American Counseling Association, Electronic review
- 1/2008-8/2012 Listserv Administrator. Counselor Education program, University of Florida, Gainesville, FL
- 1/2008-12/2009 **Website Administrator**. Chi Sigma Iota-Beta Chapter at University of Florida, Gainesville, FL
- 1/2008-5/2008 **CSI Officer Nominations Committee Member**, Chi Sigma Iota-Beta Chapter at University of Florida, Gainesville, FL
- 1/2008-5/2008 Counselor Education Spring Graduation Committee Member, Chi Sigma Iota-Beta Chapter at University of Florida, Gainesville, FL

REFEREED PRESENTATIONS

Thompson, I. A., Perez, A., Teixeira, V., Thompson, E. S., & Jerome, J. H. (2021, October). Integrating maternal mental health and wellness into counselor education and supervision. Paper presented at the Association for Counselor Education and Supervision Conference, Atlanta, GA. Thompson, E., Owens, A., & Jungersen, T., (March 2020) Poster: A program pilot study on

burnout prevention and self-care for practicum/internship school counseling graduate students. National Evidence-Based School Counseling Conference (EBSCC): Boca Raton, FL. (Postponed, COVID.19)

Thompson, I. A., **Thompson, E. S.,** & Talbott, C. (2019, October). *Burnout prevention for Counselors in Training.* Paper accepted for presentation at the Florida Counseling Association Annual Convention in Tampa, FL

Thompson, E., Shapiro, D., (2019), *Mindfulness in schools*. Presentation accepted for 2020 Florida

School Counseling Association's Conference (FSCA) in Tampa, FL

Davis, E., **Thompson, E**., (2016) *Applying Group Counseling Skills in Schools*. Presented to Florida Counseling Association (FCA) Orlando, FL.

Berger, C. **Thompson, E.**, Schulman, B., O'Brien, K., (2016) Presented to American School Counseling

Association New Orleans, Lousianna

Berger, C., **Thompson, E**., (2015, October 23). *Working system wide to raise students' college aspirations* Presented to Florida School Counseling Association (FSCA) Orlando, FL.

Thompson, I., Jungerson, T., & **Thompson, E.** (2015, October 8). *Critical incidents in teaching:* A

trauma informed approach to managing student self=disclosure Presented to Association for Counselor Education and Supervision (ACES) Philadelphia, Pennsylvania

Pereria, J., Davis, E., **Thompson, E.** (2015, October 9th). *Counselor education gatekeeping through*

assessing student self-perceptions of counseling skills and self-efficacy. Presented to Association for Counselor Education and Supervision. Philadelphia, Pennsylvania

- **Thompson, E.,** Daniels, H., & Thompson, I. (2012, October 6). Addressing the Achievement Gap: Evidence-Based Strategies for Transforming Counselors' Work with Poor and Financially Disadvantaged Families Presented to Rocky Mountain Association fir Counselor Education and Supervision (ACES), Park City, Utah.
- **Thompson, E. S.** (2012, April 13). *The Relationship between Ecological Stress and Academic Performance: A Life Course Health Perspective* Presented to the Family Data Center and Pediatrics Faculty, Gainesville, Florida.

Thompson, E. S., Hardt, N., & Daniels, H. (2011, June 22). Using Data to Promote

Community Well Being: A Proof of Concept on Linking Education and Juvenile Justice Data Presented to the United Way of Alachua County, Gainesville, Florida.

- **Thompson, E. S.**, & Thompson, I. (2011, March 27). *Cultivating Emotional Balance: A Merging of Eastern and Western Approaches to Managing Emotions* Paper Presented at the American Counseling Association National conference, New Orleans, LA.
- **Thompson, E. S.,** Daniels, H., & Harden, D. (2010, March 20). Using Data Driven Models as a Means for Promoting Social Justice in School Settings: A New Approach Paper Presented at the American Counseling Association National Conference. Pittsburgh, PA.
- Thompson, E. S., Daniels, H., & Harden, D. (2010, March 13). Using Data Driven Models to Identify Social Injustice in Florida Schools: Findings, Costs, Options, and Implications. Paper Presented at a Brownbag Luncheon at the University of Florida, Gainesville, FL.
- Davis, E., Thompson, E. S., Thompson, I., & Hurley, A. (2009, March 21). Leading by Example: The Effects of a Student-to-Student Mentoring Program in Counselor Education Paper Presented at the American Counseling Association National Conference. Charlotte, NC.
- Thompson, E. S., & Thompson, I. (2009, March 21). Wellness across Ethnicity and Gender: What Impact Does a 15-Week Online Course Have on Undergraduate Wellness, Creativity, and Perceived Mattering? Paper Presented at the American Counseling Association National Conference. Charlotte, NC
- Wolf C.P., Thompson, I., & Thompson, E. S. (2009, April 12). Refresh Your Mind, Rejuvenate Your Body, Renew Your Spirit: A Wellness Program for Future Counselors, Paper presented to Chi Sigma Iota professional development conference, University of Florida, Gainesville, FL.
- Thompson, I., & **Thompson, E. S.** (2008 May, 14). *On the Spot Self-care: Simple Wellness Strategies for Counselors.* Paper presented to Chi Sigma Iota professional development conference, University of Florida, Gainesville, FL.
- **Thompson, E. S.** (2007, April 6). School Counselor as Leader: A Data Driven Approach to Advocating and Facilitating Change in Schools. Paper presented to Chi Sigma Iota professional development conference, University of Florida, Gainesville, FL.
- **Thompson, E. S.**, Thompson, I., & Limberg, D. (2005, May 15). *Counselor Self-Care, Leisure and Flow.* Paper presented to the Counselor Institute for School and Mental Health Counseling. University of Central Florida, Orlando, FL.
- **Thompson, E. S.** (2002, May 14). *Yoga and Suggestion: How Does Suggestion in a Yoga Class aid in Changing Emotional States*? Paper presented to New College faculty and students. Sarasota, Florida.

STATISTICAL CONSULTING EXPERIENCE

Professional

8/2022-Present Statistical Consultant Department of Counseling, Nova Southeastern University, Davie, FL

• Provided statistical consulting to faculty in the Counseling Department at the College of Psychology at Nova Southeastern University.

8/2015-2016 Statistical Consultant Southern Legal, Gainesville, FL

- Provided statistical analysis of federal, state, and district level school data
- Generated data maps identifying areas in Florida of greatest dropout and high minority rates
- All activities are for a 2016 court case, detailed here: http://www.southernlegal.org/index.php/quality-education/

Academic

- Lenes E., (2017) Mindfulness Training and multicultural awareness: A randomized control trial. (Defended and passed in April, 2018)
- Katie Fields (2017) Examining the Relationships Among Neighborhood, Family, and Individual Child Characteristics and Adverse Childhood Experiences. (defended and passed, Winter, 2017)
- Bliss Wargovich (2016) Attachment, Differentiation, and God Attachment: Three Views of the Togetherness and Separateness Conundrum (defended and passed)

Ana Jaramillo (2016) Counselor trainees' comfort and willingness to discuss sexuality issues with clients (defended and passed)

Mixon, K. (2013). Family resilience Processes predicting low-income kindergarten children's approaches to learning and reading achievement (Doctoral Dissertation). In Press

- Assisted with the design of analysis and completed analysis
- Item Analysis (Chronbach's Alpha), Confirmatory Factory Analysis, Regression with factors as independent variables.

Wolf, C.P. (2013). Factors of career meaning: An analysis of U.S. Naval Academy graduates (Doctoral dissertation). In-press

- Problem solved and strategized data analysis plan
- Pearson Correlations, Multiple Regression, Multiple Imputation, and Exploratory Factor Analysis

DelMoro, R. (2012). *Cultivating self-awareness in counselors in training through group supervision* (Doctoral dissertation). In-press

- Aided in the design of analysis plan and completed analysis
- Exploratory Factor Analysis, Item Analysis (Chronbach's Alpha) and Multiple Regression

Moore, S. (2012). Effect of Preschool Teacher Cultural Beliefs on Classroom Practices (Doctoral dissertation). In press

- Aided in the design of analysis plan and completed analysis
- Multiple Regression

Thompson, I. (2012). *Perceived working conditions and personal resources predicting mental health counselor well-being* (Doctoral dissertation). In-press

- Aided in the design of analysis plan and completed analysis
- Item Analysis (Chronbach's Alpha), Multiple Regression, Exploratory Factor Analysis, Scale Development

Pereira, J. K. (2011). The effect of a workshop on school counselor trainee's Child-Centered Play Therapy knowledge, skills, and attitudes, and self-estimate of counseling abilities (Doctoral dissertation). Retrieved from Dissertations and Theses Database. (UMI No. 3514905)

- Aided in the design of analysis plan and completed analysis
- Pearson Correlation, Item Analysis (Chronbach's Alpha), Analysis of Covariance, and Multiple Regression

Figley, C. S. (2010). The effects of attachment style and contextual activation of attachment security and attachment insecurity on partner empathy and distress responses to episodes of romantic partner distress involvement (Doctoral dissertation). Retrieved from Dissertations and Theses Database. (UMI No. 3446944)

- Explored analysis options and aided in the completion of analysis
- Analysis of Variance and Pearson Correlations

Spengler, M. (2010). Fitness, support, career, education, coping and attachment, and their relationship in mediating perceived stress, coping and perceived competence in first time mothers (Doctoral dissertation). Retrieved from Dissertations and Theses Database. (UMI No. 3436322)

- Aided in the design of analysis plan and completed analysis
- Pearson Correlations, Multiple regression

Scharett, M. (2010). *The relationship between high school counselor's beliefs and practices related to family involvement* (Doctoral dissertation). Retrieved from Dissertations and Theses Database. (UMI No. 3447037)

- Aided in the design of analysis plan and completed analysis
- Analysis of Variance and Multiple Regression

Alford-Davidson, T. (2009). High school counselors and career specialists'

perceptions of school practices that involve parents in students' career planning (Doctoral dissertation). Retrieved from Dissertations and Theses Database. (UMI No. 3385898)

- Aided in the design of analysis plan and completed analysis
- Kruskal-Wallace Tests

INVITED PUBLICATION

Thompson, E., Hyun, J. H., Leopold, P., & Petion, A. (2023). Empowering change: Uniting decolonized education, holistic well-being, and peaceful communication. Peace Chronicle. Belonging-PDF.pdf (peacejusticestudies.org) (Invited article)

REFEREED PUBLICATION(S)

Book Chapters

- Thompson, E.S., Daniels, H., Wolf, C.P. (2022). Action research. In Sheperis, C., Young, J. S., & Daniels, M. H. (in revision). *Counseling research: Quantitative, qualitative, and mixed methods*. Pearson. 3rd ed.
- Daniels, H., Thompson, E.S., Wolf, C.P. (2022). Program Evaluation. In Sheperis, C., Young, J. S., & Daniels, M. H. (in revision). *Counseling research: Quantitative, qualitative, and mixed methods*. Pearson. 3nd ed.
- Wolf, C.P., Daniels, H., Thompson, E.S. (2022). Case Studies. In Sheperis, C., Young, J. S., & Daniels, M. H. (in revision). *Counseling research: Quantitative, qualitative, and mixed methods*. Pearson. 3nd ed.

Thompson, E.S. (2020) Action research. *Research Design for the Behavioral Sciences: An Applied Approach.*

- Thompson, E.S., Daniels, H., Wolf, C.P. (2016). Action research. In Sheperis, C., Young, J. S., & Daniels, M. H. (in press). *Counseling research: Quantitative, qualitative, and mixed methods*. Pearson. 2nd ed.
- Daniels, H., Thompson, E.S., Wolf, C.P. (2016). Program Evaluation. In Sheperis, C., Young, J. S., & Daniels, M. H. (2016). *Counseling research: Quantitative, qualitative, and mixed methods*. Pearson. 2nd ed.
- Wolf, C.P., Daniels, H., Thompson, E.S. (2016). Case Studies. In Sheperis, C., Young, J. S., & Daniels, M. H. (in press). *Counseling research: Quantitative, qualitative, and mixed methods*. Pearson. 2nd ed.

Journal Article(s)

- Thompson, E., (2019). Mindfulness and Self-Compassion: Contemplative approaches to the cessation of suffering. Journal of Alternative and Complementary medicine
- Roseman-Halsband, J. L., Thompson, I. A., Thompson, E. S., Hames, E. & Pandya, N. (2019). Cultivating Relationships in Medicine. *Alternative and Complementary Therapies* 25 (5).

Thompson, I. A., Wolf, C. P., Mott, E., Baggs, A., Thompson, E. S., Callueng, C., & Puig, A.,

(2017). *Luna Yoga*: A wellness program for female counselors and counselors-intraining. *Journal of Creativity in Mental Health*. doi: 10.1080/15401383.2017.1348918

- Thompson, I. A., Amatea, E. S., & **Thompson, E. S.** (2014). *Personal and contextual predictors of mental health counselors' compassion fatigue and burnout.* Journal of Mental Health Counseling.
- Wolf, C. P., Thompson, I., Thompson, E. S., & Smith-Adcock, S. (2014). Refresh your mind, rejuvenate your body, renew your spirit: A pilot wellness program. *Journal of Individual Psychology*, 70(1), 57-75.

SCHOLARSHIPS AND AWARDS

Summer 2013 University of Florida's Graduate School Dissertation Scholarship Award University of Florida, Gainesville, Florida

PRESS RELEASES

Thompson, E. S., Daniels, H.D., (2013). *Counselor ed story links life stressors to students' reading scores*

https://education.ufl.edu/news/2013/08/23/uf-ed-researchers-link-life-stressors-with-reading-achievement/

Daniels, H.D., **Thompson, E.S.**, Harden, D (2010). *To predict student success, there's no place like home: UF study* http://education.ufl.edu/news/2010/03/19/predict-student-success-theres-no-place-home-uf-study/

PUBLISHED IN 2011 COMMUNITY DATA MAPS

Alachua County Public School Students by Lifestyle Segmentation Profile Group: 2009-2010 This map shows student residences in Alachua County Public Schools by LSP groups. http://cara.peds.ufl.edu/plots/UW_LSPGroups.pdf

Alachua County juvenile offenders by LSP group: 2009-2010. Displays the geographic location of juvenile offenders in Alachua County by Lifestyle Segmentation Profile (LSP) group. http://cara.peds.ufl.edu/plots/UW_OffendersByLspGroup.pdf

Resilient children in lowest performing lifestyle segmentation profile, Alachua County, Florida 2009-2010. Resilient students are worthy of our attention because they indicate having certain support systems that help them counterbalance the environment. http://cara.peds.ufl.edu/plots/UW_ResilientsInGr3.pdf

Juvenile offenders among Alachua County Public School students by Lifestyle Segmentation Profile Group: 2009-2010. Shows the juvenile offenders among Alachua County Public School students by Lifestyle Segmentation Profile group (LSP).http://cara.peds.ufl.edu/plots/UW_OffendersStudents.pdf

RESEARCH GRANTS AND SPONSORED RESEARCH

Mcibben, B., Valley Grey, S., **Thompson, E.S.** (2021) Investigating the Effects of Supervisory Training with Psychology Trainees: Amount \$3,000

Thompson, E. S., Thompson, I. A., & Valley-Gray, S. (2019-2022). Burnout Prevention Wellness Programs in Clinical Training preservice experiences. President's Faculty Research Development Grant.: Amount \$3,000

Thompson, E.S. (2016) College and Career Readiness in Broward County Schools. Funded by Nova Southeastern University Quality of Life Grant: Amount \$10,000

Pereira, J., Davis, E., **Thompson E. S.** (2015) *Counselor Education Gatekeeping through Assessing*

Student Self-Perceptions of Counseling Skills and Self-Efficacy. Funded by Association for Counselor Education and Supervision: Amount \$1,000

- Davis, E., Pereira, J., Thompson, E. S. (2015) Professional School Counselors and Group Work: Understanding and Applying Effective Group Counseling Skills in School Settings Funded by Association for Counselor Education and Supervision: Amount \$1000
- **Thompson, E.S.,** Daniels, H., & Harden, D. (2010). Using Data Driven Models as a Means for Promoting Social Justice in School Settings: A New Approach Paper Presented at the American Counseling Association National Conference. Pittsburgh, PA. Funded by the University of Florida School of Human Development and Organizational Studies in Education, Role: Co-Investigator Amount \$500

Davis, E., **Thompson, E.S.**, Thompson, I., & Hurley, A. (2009). *Leading by Example: The Effects of a*

Student-to-Student Mentoring Program in Counselor Education Paper Presented at the American Counseling Association National Conference. Charlotte, NC, Funded by Chi Sigma Iota, Role: Co-Investigator, Amount:\$400

Thompson, E.S., & Thompson, I. (2009). Wellness across Ethnicity and Gender: What Impact Does a

15-Week Online Course Have On Undergraduate Wellness, Creativity, and Perceived Mattering? Paper Presented at the American Counseling Association National Conference. Charlotte, NC Funded by Chi Sigma Iota, Role: Principal Investigator Amount: \$600

Wolf, C.P., Thompson, I. A., & Thompson, E. S. (2008). *Refresh your mind*, *rejuvenate your body, renew your spirit: A wellness program for future counselors*. Funded by Chi Sigma Iota. Funded by Chi Sigma Iota, Role-Co-Investigator Amount: \$500

INVITED PRESENTATIONS

- **Thompson, E.S.**, Caproni, P. (2021, October) World Mental Health Day, Thriving in our New Normal, a program presented to RBI corporation for World Mental Health Day.
- Thompson, I. A., & Thompson, E. S. (2021, October). *Mindfulness and self-reflection for well-being*. Presented for Nova Southeastern University's Dr. Kiran C. Patel College of Osteopathic Medicine, for the NSU COM Wellness Lunch Series for faculty and staff, Fort Lauderdale, FL.

Thompson, E.S..

(2021, July). Presented on Wellness for the AIM Higher Camp, a program of Community Education and Lifelong Learning at Nova Southeastern University's Dr. Kiran C. Patel College of Osteopathic Medicine

Thompson, E. S., & Thompson, I. A.

(2021, July). Presented on Wellness for the AIM High Camp, a program of Community Education and Lifelong Learning at Nova Southeastern University's Dr. Kiran C. Patel College of Osteopathic Medicine

- **Thompson, E.S.**, Caproni, P., Uribe, C., Ivey, C., (2020, November) *Working with clients to cultivate life balance through mindfulness based self-care practices.* Two Hour Continuing Education Presentation at Dade Association of School Psychologists (Miami, FL).
- **Thompson, E.**, Uribe, C., Ivey, C., (2020, November) *Working with clients to cultivate life balance through mindfulness based self-care practices.* Two Hour Continuing Education Presentation at Nova Southeastern University.
- Thompson, I., **Thompson, E.,** Uribe, C., Ivey, C., (2020, September) *Contemplative approaches to self-care for healthcare professionals*, Brownbag lunch Presented to medical faculty at Karen Patel College of Osteopathic Medicine (KPCOM)
- Thompson, E., Uribe, C., (2020, September) Wellness and Self Care: A workshop on How to cultivate life balance through contemplation and action, Presented to Karen Patel College of Osteopathic Medicine (KPCOM) at the University School at Nova Southeastern University.
- Thompson, E. Owens, A., Ivey, C., Mascarenas, A., Uribe, C., (2020, September) Wellness and Self Care: A workshop on How to cultivate life balance through contemplation and action, Presented to Palm Beach School District Counselors and Psychologists, Palm Beach, FL.,

- **Thompson, E.**, Owens, A., Ivey, C., Uribe, C. (2020, July). *Finding meaning and happiness in your life's work: Compassionate reflection and play in action.* Webinar, Nova Southeastern University, Fort Lauderdale, FL.
- **Thompson, E.**, Uribe, C., Ivey, C. (2020, July). *Do not worry be happy: An exploration of mindfulness and emotions*. Webinar, Nova Southeastern University, Fort Lauderdale, FL
- Thompson, I. A., Thompson, E. S. (2017, June). Mindfulness, relaxation, and wellness. Three experiential sessions presented at the Association for the Advancement of International Education/International School Counselors Association - AAIE/ISCA International Counseling Institute, Nova Southeastern University, Fort Lauderdale, FL.
- **Thompson, E.S.**, & Daniels, H.D. (2012, March 27). *Achievement and Ecology: A Longitudinal Examination of Performance Among ACPS Students*. Presented to Dr. Holly O'Brien's Education Research Group, University of Florida, Gainesville, Florida
- **Thompson, E.S.**, & Daniels, H.D. (2012, March 26). *Achievement and Ecology: A Longitudinal Examination of Performance among ACPS Students*. Presented to the League of Women Voters, Alachua County, Florida
- Thompson, I. A., & **Thompson, E. S.** (2008, Spring). *On the spot self-care: Simple wellness strategies for counselors.* Paper presented to Chi Sigma Iota Beta Chapter's Professional Development and Leadership Conference, University of Florida, Gainesville, FL.
- **Thompson, E.S.**, *Developing Effective E-Portfolios with High School Students*. Organization and Administration (2006, Fall) SDS6620, Fall 2006, University of Florida, Gainesville, FL.
- **Thompson, E.S.**, *Progressive Relaxation and Deep Breathing*. Stress and Anxiety Management (2006, Fall) SDS3482, University of Florida, Gainesville, FL.

PROFESSIONAL MEMBERSHIP

- Florida School Counseling Association (FSCA)
- Association of Assessment of Research in Counseling(AARC)
- Association of Multicultural Development (AMCD)
- American Counseling Association (ACA)
- Chi Sigma Iota
- Florida Counseling Association (FCA)
- American School Counseling Association

WEBPAGE DEVELOPMENT

Spring 2007: Hawthorne Middle/High School. (Website has since been changed)

Fall 2005: Howard Bishop Middle School. (Website has since been changed)

UNDERGRADUATE WEB-BASED COURSE DEVELOPMENT

Developed 3 courses for undergraduates-online administration with the help of Dr. Ellen Amatea.

Summer 2008	SDS3340 Career Development
Summer 2008	SDS 4410 Interpersonal Communication Skills
Fall 2008	SDS3482 Stress and Anxiety Management

RESEARCH INTERESTS

- Action Research and program evaluation
- Trauma informed care
- Predictors of student success
- Family-school-community collaboration
- Using data in social justice advocacy
- The use of data and evaluation to facilitate change in school guidance programs
- Interdisciplinary research collaboration
- Structural Equation and Latent Growth Modeling
- Web-based instruction as a counseling intervention in undergraduate and graduate students
- Emotion regulation and well-being
- School counseling supervision and leadership
- School Counselor accountability
- Contemplative methods and attention development
- Wellness and multicultural competencies.

CORE SOFTWARE KNOWLEDGE

- MPLUS (Structural Equation modeling program)
- SAS (statistics program)
- SPSS (statistics program)
- NCSS(statistics program
- "R" (Statistics program)
- ArcGIS (Geographic Information Systems Software)
- SnagIt and Camtasia (screen capture utilities)
- Adobe Professional Suite

- Adobe Photoshop
- Microsoft Office Suite (Works, Excel, Access, Etc.)
- Cubase (audio recording program)
- Sonic Foundry Suite (audio recording and video editing programs)
- Macromedia Studio (web development program)
- Blackboard

• Sakai