# PLAYING IN A POSTMODERN WORLD: NARRATIVE, SOLUTION-FOCUSED, AND RESILIENCY-BASED PLAY THERAPY

Presenter: Lawrence C. Rubin, Ph.D., ABPP, LMHC, RPT-S

Friday, April 24, 2015 ♦ 9:00 a.m. – 4:00 p.m. Fort Lauderdale, Florida

The recognized use of play in therapy dates to the early part of the 20<sup>th</sup> century and the psychoanalytic school. Ensuing decades have brought expansion to the theory and practice of play therapy, with contemporary clinicians representing a broad range of theoretical orientations and clinical applications. Over the last thirty years, a body of qualitative and quantitative research, including meta-analytic study has grown, guiding and informing the discipline of play therapy, which is now taught in universities across the world and practiced in a wide variety of settings by clinicians of many disciplines. Most interestingly, play therapy has now been effectively utilized to assist clients facing significant challenges, such as loss and those imposed by Autism Spectrum Disorder. This didactic and experiential workshop will offer mental health clinicians and trainees the opportunity to learn about the research, theories and practical applications of play therapy, with additional focus on application with these challenges populations.

#### **PROGRAM OBJECTIVES**

Participants will be able to:

- Discuss the importance of play in human development
- Describe how play and play tTherapy have been incorporated into different theoretical models of treatment
- Analyze the research supporting the clinical applications of play therapy
- Apply play therapy to complex clinical issues including grief and loss, and Autism Spectrum Disorders
- Demonstrate and apply certain play therapy techniques

#### **ABOUT THE PRESENTER**

Lawrence C. Rubin, Ph.D., ABPP, LMHC, RPT-S, is a professor of counselor education at St. Thomas University in Miami, Florida, where he directs the mental health counseling program and teaches a variety of graduate and undergraduate courses. He has a private practice in Fort Lauderdale, where, as a Diplomate in Clinical Child and Adolescent Psychology, he specializes in working with children, teens and families. Additionally, he is Chairman of the Board of Directors of the Association for Play Therapy. Dr. Rubin's books include *Using Superheroes in Play Therapy and Counseling, Play-based Interventions for Children and Adolescents with Autism Spectrum Disorders* and the textbook *Diagnosis and Treatment Planning for Mental Health Professionals: A Popular Culture Casebook Approach*. He also chairs the Mental Health and Illness in Popular Culture division of the Popular Culture Association. He obtained his doctorate in clinical psychology from Nova University.

PROGRAM LOCATION

Nova Southeastern University Center for Psychological Studies Maltz Psychology Building, Room 2057 3301 College Avenue Fort Lauderdale, Florida 33314-7796

For maps and directions to Nova Southeastern University's main campus, please visit our web site at <a href="http://www.nova.edu/cwis/campusmaps/maincampus.html">http://www.nova.edu/cwis/campusmaps/maincampus.html</a>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

#### **PROGRAM AGENDA**

8:30 a.m. – 9:00 a.m.	Registration and refreshments
9:00 a.m 9:30 a.m.	Play and Human Development
9:30 a.m. – 10:00 a.m.	History of Play Therapy
10:00 a.m. – 11:00 a.m.	Research in Play Therapy
11:00 a.m. – 12:00 p.m.	Models of Play Therapy
12:00 p.m. – 1:00 p.m.	Lunch
1:00 p.m. – 2:00 p.m.	Models of Play Therapy (cont.)
2:00 p.m. – 3:00 p.m.	Techniques of Play Therapy
3:00 p.m. – 4:00 p.m.	Ethics and Resources in Play Therapy

For additional information on continuing education policies, please visit our web site at

http://cps.nova.edu/programs/continuingeducation/workshops.html

#### **CONTINUING EDUCATION INFORMATION**

**Psychologists:** Nova Southeastern University's Center for Psychological Studies is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's Center for Psychological Studies is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/15.

**School psychologists:** Nova Southeastern University's Center for Psychological Studies is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/15.

Nova Southeastern University's Center for Psychological Studies is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

**Professional counselors:** Nova Southeastern University's Center for Psychological Studies is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Provider #4548, Exp. 04/30/15.

All mental health professionals will receive 6 continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

#### **ABOUT THE SPONSOR**

Nova Southeastern University's **Center for Psychological Studies** is dedicated to providing the highest quality education to its students, superior mental health care services to the community, and research contributions to the mental health sciences. The center offers two doctoral programs (Ph.D. and Psy.D.) in clinical psychology and two predoctoral internship programs. The center offers master's programs in mental health counseling, school counseling, counseling (online), forensic psychology (online), and general psychology (online). The center also offers a specialist (Psy.S.) program and doctoral (Psy.D.) program in school psychology.

#### NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida.

The Center for Psychological Studies Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The Center for Psychological Studies Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The Center for Psychological Studies Psychology Services Center Predoctoral Internship Program is accredited by the Commission on Accreditation of the American Psychological Association. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. Additionally, the Center for Psychological Studies sponsors the South Florida Consortium Internship Program, which is a member in good standing of the Association of Psychology Postdoctoral and Internship Centers (APPIC). The center's master's degree program in school counseling and specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist program in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP). The Center for Psychological Studies offers two programs, (1) the M.S. in School Counseling and (2) the Psy.S. in School Psychology, for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler School of Education as follows: The Fischler School of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), www.ncate.org. This accreditation covers initial teacher preparation programs and advanced educator preparation programs at all university locations and online. However, the accreditation does not include individual education courses that the institution offers to P-12 educators for professional development, relicensure, or other purposes.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

### **Registration Form**

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**Friday, April 24, 2015** 

NAME:	DEGREE:			
ADDRESS:				
CITY:		STATE:	_ ZIP:	
TELEPHONE (work):		_TELEPHONE (home): _		
EMAIL ADDRESS:				
	out future workshops:			
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$\square$ social worker	$\square$ marriage and family therapist			
□ other				
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NSU CENTER FOR PSYCHOLOGICAL STUDIES:				
$\Box$ faculty	$\square$ adjunct faculty	☐ part-time core faculty	☐ full-time staff	
$\Box$ doctoral student	☐ master's student	$\square$ specialist student	☐ CPS alumnus	
<b>WORKSHOP FEES:</b>				
☐ Advanced Registration (by April 15) \$98.00		☐ Regular/On-Site Registration (after April 15) \$120.00		
☐ check/money order payable to Nova Southeastern University				

TO REGISTER WITH A CREDIT CARD, PLEASE VISIT OUR WEBSITE AT

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#### MAIL CHECKS TO:

Nova Southeastern University Center for Psychological Studies ATTN: Suzanne O'Sullivan 3301 College Avenue Fort Lauderdale, Florida 33314-7796

**REFUND AND CANCELLATION POLICY:** A full refund or a full credit for another program will be issued for cancellations received no later than one week prior to each workshop date. Credit toward another program will be awarded for cancellations after that date. The university reserves the right to cancel the program due to low registration.