

2016 UPDATE AND REVIEW OF CURRENT PSYCHOTROPIC MEDICATIONS

Presenter: Jose A. Rey, M.S., Pharm.D., BCPP

**Friday, April 15, 2016 ♦ 9:00 a.m. – 12:00 p.m.
Fort Lauderdale, Florida**

This workshop will focus on introducing the newly approved psychotropic medications in 2015-2016 and also re-introduce and discuss all of the psychotropic medications that are currently approved by the FDA with emphasis on three areas: recently approved agents and novel mechanisms of action; established agents in new pharmaceutical formulations to improve adherence and outcomes; differentiating the various psychotropic medications for patient-specific diagnoses and applications. Participants will be able to compare and contrast the available medications with regard to risks and benefits. Issues regarding the place of medications in the presence of psychotherapy will also be discussed.

PROGRAM OBJECTIVES

Participants will be able to:

- List the names and discuss indications of newly approved psychotropic medications along with their pharmacological mechanisms of action and pharmacokinetic properties
- Compare and contrast the available psychotropic medications with respect to advantages and disadvantages, or benefits versus risks, including cost considerations and patient-specific issues
- Discuss the role of pharmaceutical formulations, such as long-acting injectable antipsychotics, in improving treatment outcomes for patients with severe mental illness

ABOUT THE PRESENTER

Jose A. Rey, M.S., Pharm.D., BCPP, is an associate professor of pharmacy practice at Nova Southeastern University's College of Pharmacy, in Ft. Lauderdale, Florida. He is currently the clinical psychopharmacologist for the South Florida State Hospital. Dr. Rey's research interests include cosmetic neuropsychopharmacology, geropsychiatry, psychotropic polypharmacy, pain management with non-opioids such as antidepressants and anticonvulsants, communication disorders, and clinical and pharmacoeconomic outcomes research with antipsychotics and antidepressants. He has presented his research at national and international meetings. Dr. Rey has published original research, articles, abstracts, book chapters, and reviews in peer-reviewed journals and textbooks and has been an invited speaker at regional, state, national, and international meetings. He is currently a member of the American Society of Health-System Pharmacists, the Board of Pharmaceutical Specialties, and the College of Psychiatric and Neurologic Pharmacists. He has over 50 publications in the area of psychopharmacology and teaches courses in psychopharmacology at the undergraduate, graduate, and post-graduate levels. Dr. Rey received his doctorate in pharmacy from the University of Florida, completed an ASHP-accredited specialty residency in psychiatric pharmacy practice at the Gainesville VAMC and Shands Hospital in Gainesville, Florida. He is also the Director of a fully accredited ASHP residency in psychiatric pharmacy practice and psychopharmacology at NSU, and is board-certified in psychiatric pharmacy.

PROGRAM AGENDA

- 8:30 a.m. – 9:00 a.m. Registration and refreshments
- 9:00 a.m. – 10:30 a.m. Recently approved psychotropic medications and their pharmaco-dynamic and pharmacokinetic properties
- 10:30 a.m. – 12:00 p.m. Review of established psychotropic medications and their comparisons to the newer agents.
The role of pharmaceutical formulations in drug development: It's not just 'Putting Old Wine in New Bottles'

PROGRAM LOCATION

Nova Southeastern University
College of Psychology – Maxwell Maltz Building
3301 College Avenue
Fort Lauderdale, Florida 33314

For maps and directions to Nova Southeastern University's main campus in Ft. Lauderdale, please visit our web site at <http://www.nova.edu/cwis/campusmaps/maincampus.html>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

For additional information on continuing education policies, please visit our web site at

<http://cps.nova.edu/programs/continuingeducation/workshops.html>

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's Center for Psychological Studies is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's Center for Psychological Studies is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/15.

School psychologists: Nova Southeastern University's Center for Psychological Studies is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/15.

Nova Southeastern University's Center for Psychological Studies is approved by the National Association of School Psychologists to offer continuing education credits for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

Professional counselors: Nova Southeastern University's Center for Psychological Studies is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Provider #4548, Exp. 04/30/15.

All mental health professionals will receive three (3) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's **Center for Psychological Studies** is dedicated to providing the highest quality education to its students, superior mental health care services to the community, and research contributions to the mental health sciences. The center offers two doctoral programs (Ph.D. and Psy.D.) in clinical psychology and two predoctoral internship programs. The center offers master's programs in mental health counseling, school counseling, counseling (online), forensic psychology (online), and general psychology (online). The center also offers a specialist (Psy.S.) program and doctoral (Psy.D.) program in school psychology.

NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida.

The Center for Psychological Studies Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The Center for Psychological Studies Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The Center for Psychological Studies Psychology Services Center Predoctoral Internship Program is accredited by the Commission on Accreditation of the American Psychological Association. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. Additionally, the Center for Psychological Studies sponsors the South Florida Consortium Internship Program, which is a member in good standing of the Association of Psychology Postdoctoral and Internship Centers (APPIC). The center's master's degree program in school counseling and specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist program in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP). The Center for Psychological Studies offers two programs, (1) the M.S. in School Counseling and (2) the Psy.S. in School Psychology, for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler School of Education as follows: The Fischler School of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), www.ncate.org. This accreditation covers initial teacher preparation programs and advanced educator preparation programs at all university locations and online. However, the accreditation does not include individual education courses that the institution offers to P-12 educators for professional development, relicensure, or other purposes.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

