ASSESSING CHILDHOOD DEPRESSION FROM MULTIPLE PERSPECTIVES

Presenter: Maria Kovacs, Ph.D.

Friday, September 25, 2015 + 9:00 a.m. – 3:00 p.m. Fort Lauderdale, Florida

This workshop will review the characteristics of depressive disorders in school-aged children and adolescents from psychiatric and observational perspectives. Methods of assessment, including clinical interviews and rating scales reflecting the perspective of parents, teachers, and the child will be addressed, with a focus on the newest, revised version of the Children's Depression Inventory (CDI). Participants will discover the advantages and disadvantages of clinical interviews and the role of self-report, parent, and teacher rating forms in assessing depression, and will learn about the type of information collected using each method. This intermediate-level presentation will provide participants with a foundation for interpreting results from the revised CDI-2 in the context of behavioral and emotional evaluations, and increase participants' recognition of the features of depression.

PROGRAM OBJECTIVES

Participants will be able to:

- Analyze the clinical features of childhood depression and various ways to assess it
- Discuss the advantages of psychometrically based assessment toolkits
- Assess the pros and cons of using the CDI 2 for screening and assessment
- Explain the clinical use of the CDI 2
- Describe alternate interpretations and syntheses of multi-informant CDI 2 data

ABOUT THE PRESENTER

Maria Kovacs, Ph.D. is a professor of psychiatry at the University of Pittsburgh School of Medicine, Department of Psychiatry. She has been conducting groundbreaking clinical research in the area of juvenile-onset affective and related disorders for more than 30 years. She is a clinical psychologist who has been working on topics relevant to the behavioral, clinical, and social sciences, and had focused on characterizing the presentation, outcome, correlates and public health implications of very early onset affective illness. Her recent major undertakings included leading a multidisciplinary program project of research involving genetic, brain physiology, and behavioral interaction studies focusing on risk factors for juvenile onset depression; an ongoing longitudinal study of the young offspring of parents who themselves had had childhood onset depression (high-risk second generation study); and the testing of new psychotherapy for depressed children focusing on emotion regulation. She also has had various international collaborations and has a longstanding interest in the training and education of young researchers.

PROGRAM LOCATION

Nova Southeastern University Carl DeSantis Building (Huizenga School of Business and Entrepreneurship) Knight Auditorium – Room 1053 3301 College Avenue Ft. Lauderdale, FL 33314

For maps and directions to the Carl DeSantis Building, please visit our web site at <u>http://www.nova.edu/cwis/campusmaps/maincampus.html</u>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

PROGRAM AGENDA

8:30 a.m. – 9:00 a.m.	Registration and refreshments		
9:00 a.m. – 10:00 a.m.	Clinical features of childhood depression		
10:00 a.m. – 11:00 a.m.	Advantages of psychometrically based assessment toolkits		
11:00 a.m. – 12:00 p.m.	Pros and cons of using the CDI 2		
12:00 p.m. – 1:00 p.m.	Lunch(on your own)		
1:00 p.m. – 2:00 p.m.	Clinical use of the CDI 2		
2:00 p.m. – 3:00 p.m.	Alternate interpretations and syntheses of CDI 2		

For additional information on continuing education policies, please visit our web site at http://psychology.nova.edu/continuingeducation/index.html

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/17

School psychologists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/17.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive 5 continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in mental health counseling, school counseling, counseling, forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. The college's master's degree program in school counseling and specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist program in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP). The College of Psychology offers two programs, (1) the M.S. in School Counseling and (2) the Psy.S. in School Psychology, for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler School of Education as follows: The Fischler School of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), www.ncate.org. This accreditation covers initial teacher preparation programs and advanced educator preparation programs at all university locations and online. However, the accreditation does not include individual education courses that the institution offers to P-12 educators for professional development, relicensure, or other purposes.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

Registration Form ASSESSING CHILDHOOD DEPRESSION FROM MULTIPLE PERSPECTIVES Friday, September 25, 2015

NAME:			_ DEGREE:
ADDRESS:			
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TELEPHONE (work):			
EMAIL ADDRESS:			
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CHECK ALL THAT APP	<u>LY</u> :		
□ psychologist	🗆 school psychologi	st 🛛 🗆 mental health co	ounselor
□ social worker	\Box marriage and fan	nily therapist	
□ other			
License #		State	
NSU COLLEGE OF PSYC	CHOLOGY:		
□ faculty	\Box adjunct faculty	□ part-time core faculty	□ full-time staff
□ doctoral student	□ master's student	\Box specialist student	□ CPS alumnus
WORKSHOP FEES:			
□ Advanced Regist \$45.00	ration (by September 16)	□ Regular/On-Site \$60.00	Registration (after September 16)
□ check/money ord	er payable to Nova So	outheastern University	

TO REGISTER WITH A CREDIT CARD, PLEASE VISIT OUR WEBSITE AT http://psychology.nova.edu/continuingeducation/index.html

MAIL CHECKS TO:

Nova Southeastern University College of Psychology ATTN: Suzanne O'Sullivan 3301 College Avenue Fort Lauderdale, Florida 33314-7796

<u>REFUND AND CANCELLATION POLICY</u>: A full refund or a full credit for another program will be issued for cancellations received no later than one week prior to each workshop date. Credit toward another program will be awarded for cancellations after that date. The university reserves the right to cancel the program due to low registration.