

CLINICAL APPLICATIONS OF THE NEW MCMI-IV AND MBMD TESTS: PUTTING THE PERSON FIRST IN MENTAL AND PHYSICAL HEALTH

Presenter: Seth Grossman, Psy.D.

**Friday, October 9, 2015 ♦ 9:00 a.m. – 4:00 p.m.
Fort Lauderdale, Florida**

Personality assessment is more than adding incremental validity to diagnostic assumptions, or categorizing people in order to substantiate a treatment plan or legal mandate. The best personality assessment processes allow the clinician to begin to understand personality as the individual's psychological immune system, thereby not only shedding light into their customary ways of operationalizing their life and responding to challenges, but also providing guidance to building therapeutic alliance. This intermediate workshop will introduce the latest revision to the Millon Clinical Multiaxial Inventory, the MCMI-IV, slated for release in November, 2015, and demonstrate its integral role in facilitating therapeutic direction and alliance. Both traditional and collaborative/therapeutic applications will be discussed. Additionally, the workshop will also cover the Millon Behavioral Medical Diagnostic (MBMD) in order to suggest similar directions for addressing psychological aspects of medical treatment.

PROGRAM LOCATION

Nova Southeastern University
College of Psychology
Maltz Building, Room 2057
3301 College Avenue
Ft. Lauderdale, FL 33314

For maps and directions to the Maltz Building, please visit our web site at <http://www.nova.edu/cwis/campusmaps/maincampus.html>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

ABOUT THE PRESENTER

Seth Grossman, Psy.D. is a licensed psychologist in the state of Florida. He is the founder and clinical director of the Center for Psychological Fitness in the Fort Lauderdale region, as well as a member of the clinical faculty at the Florida International University Herbert Wertheim College of Medicine. For nearly two decades, Dr. Grossman worked under the leadership of the world-renowned personality theorist, Dr. Theodore Millon, co-authoring several books, scientific articles and personality tests with Dr. Millon. Dr. Grossman has also been a guest lecturer on personality and clinical assessment at universities and professional settings nationally and internationally. Most recently, Dr. Grossman co-authored the Millon Clinical Multiaxial Inventory-IV (MCMI-IV), the latest revision to Dr. Millon's widely used measure of adult psychopathology.

PROGRAM OBJECTIVES

Participants will be able to:

- Articulate the central role of personality in assessment and treatment of individuals in mental health and medical settings.
- Utilize Millon's Evolutionary Theory as a basis for deeper and more nuanced understanding of persons in context with their presenting complaint(s).
- Describe the structures and scales of the new MCMI-IV and MBMD assessment instruments.
- Apply underlying theory to develop effective and relevant interpretations of MCMI-IV and MBMD data.
- Apply interpretive findings of the MCMI-IV and MBMD to therapeutic dialogue.
- Differentiate traditional and collaborative assessment methods with the MCMI-IV and MBMD.

PROGRAM AGENDA

8:30 a.m. – 9:00 a.m.	Registration
9:00 a.m. – 10:30 a.m.	Role of personality and Millon's Evolutionary Theory
10:30 a.m. – 11:15 a.m.	Structures and scales of the MCMI-IV
11:15 a.m. – 12:00 p.m.	Interpretive principles and strategies
12:00 p.m. – 1:00 p.m.	Lunch
1:00 p.m. – 1:45 p.m.	Structures, scales, and interpretive strategies for the MBMD
1:45 p.m. – 2:30 p.m.	Developing therapeutic dialogue from Millon Inventory data
2:30 p.m. – 3:00 p.m.	Traditional and collaborative modes with the Millon Inventories
3:00 p.m. – 3:30 p.m.	Case examples
3:30 p.m. – 4:00 p.m.	Q & A and wrap-up

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Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive 6 continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in mental health counseling, school counseling, counseling, forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

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Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. The college's master's degree program in school counseling and specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist program in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP). The College of Psychology offers two programs, (1) the M.S. in School Counseling and (2) the Psy.S. in School Psychology, for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler School of Education as follows: The Fischler School of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), www.ncate.org. This accreditation covers initial teacher preparation programs and advanced educator preparation programs at all university locations and online. However, the accreditation does not include individual education courses that the institution offers to P-12 educators for professional development, relicensure, or other purposes.

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Friday, October 9, 2015

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Please email me about future workshops: yes no

CHECK ALL THAT APPLY:

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NSU COLLEGE OF PSYCHOLOGY:

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doctoral student master's student specialist student CPS alumnus

WORKSHOP FEES:

Advanced Registration *(by October 2)* \$98.00 **Regular/On-Site Registration** *(after October 2)* \$120.00

check/money order payable to Nova Southeastern University

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