

# **THE PRACTICE OF TELE-MENTAL HEALTH AND USE OF SOCIAL MEDIA: ETHICAL, LEGAL, AND CLINICAL ISSUES FOR PRACTITIONERS**

*Presenter: Jeffrey E. Barnett, Psy.D., ABPP*

**Friday, January 27, 2017 ♦ 1:30 p.m. – 4:30 p.m.  
Fort Lauderdale, Florida**

A wide range of technologies to include the Internet, e-mail, text messaging, social media, Apps, and the like have greatly impacted the lives of most individuals in our society today. They have altered how most individuals communicate with each other, stay connected, and form and maintain relationships. The practice of psychology is no exception. This workshop will provide information about the ethical, legal, and clinical issues relevant to integrating various technologies into our practices. Information will be provided about each of these technologies and their applications, to include how to effectively integrate them into ongoing psychotherapy in ways that are beneficial to our clients. Additionally, common pitfalls and areas where the use of various technologies, to include social media, is contraindicated will be discussed. Research on how various technologies may be effectively integrated into clinical practice to treat a wide range of presenting problems and disorders is reviewed and their implications for our practices is discussed. Tips for ethically and legally integrating various technologies into our clinical practices in a manner that supports client needs and adds to the effectiveness of treatment are provided. Guidance on decision-making for when and how to do this is provided as well to include the provision of clinical services across distances and the use of various technologies to enhance or augment in-person services. Clinical examples are provided to illustrate some of the benefits and challenges of utilizing these technological innovations in clinical practice are provided. Ample time will be provided for discussion.

## **PROGRAM LOCATION**

Nova Southeastern University  
Maxwell Maltz Building, Room 2057  
3301 College Avenue  
Fort Lauderdale, Florida 33314-7796

For maps and directions to Nova Southeastern University's main campus, please visit our web site at <http://www.nova.edu/cwis/campusmaps/maincampus.html>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

## ABOUT THE PRESENTER

**Jeffrey E. Barnett, Psy.D., ABPP** is an associate dean and professor of psychology at Loyola University Maryland, and a licensed psychologist who is board certified in clinical psychology and in clinical child and adolescent psychology. Additionally, he is a distinguished practitioner of the National Academies of Practice. He has served as Chair of the Ethics Committees of the Maryland Psychological Association, the American Psychological Association, and the American Board of Professional Psychology, and Vice Chair of the Maryland Board of Examiners of Psychologists. He has over 200 publications and has provided over 300 professional presentations and workshops both in-person and online. Areas of expertise include ethics and professional practice issues to include the integration of various technologies into clinical practice. Among the many awards in recognition to his contributions to the practice and profession of psychology are the APA's Award for Outstanding Contributions to the Independent Practice of Psychology, the APA Outstanding Ethics Educator Award, and the APA award for Outstanding Leadership in Psychology.

## PROGRAM AGENDA

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|-----------------------|---|
| 1:00 p.m. – 1:30 p.m. | Registration and refreshments   |
| 1:30 p.m. – 2:30 p.m. | Tele-mental health and the use of various technologies in practice    |
| 2:30 p.m. – 3:30 p.m. | Social media, ethics, and clinical practice                           |
| 3:30 p.m. – 4:30 p.m. | Legal and ethical issues; Proactive strategies for effective practice |

## PROGRAM OBJECTIVES

Participants will be able to:

- Describe the various technological innovations that may be used to enhance the delivery of clinical services
- Describe the potential benefits of integrating various technologies into clinical practice
- Discuss the ethical pitfalls relevant to integrating various technologies into clinical practice
- Articulate the legal requirements for providing psychotherapy via the Internet
- Develop a policy for the effective use of social media personally and professionally

For additional information on continuing education policies, please visit our web site at <http://psychology.nova.edu/continuingeducation/index.html>

## CONTINUING EDUCATION INFORMATION

**Psychologists:** Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

**Clinical social workers, mental health counselors, and marriage and family therapists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/17

**School psychologists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/17.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

**Professional counselors:** Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

**All mental health professionals will receive three (3) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

## ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers three American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology and Psy.D. in School Psychology); a specialist program in school psychology; master's degree programs in mental health counseling, school counseling, counseling, forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

## NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) clinical psychology program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) school psychology program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: [apaaccred@apa.org](mailto:apaaccred@apa.org), Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation). The college's master's degree program in school counseling and specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology hold the designation of National Recognition by the National Association of School Psychologists (NASP). The College of Psychology offers three programs, (1) the M.S. in School Counseling, (2) the Psy.S. in School Psychology, (3) Psy.D. in School Psychology for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler School of Education as follows: The Fischler School of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), [www.ncate.org](http://www.ncate.org). This accreditation covers initial teacher preparation programs and advanced educator preparation programs at all university locations and online. However, the accreditation does not include individual education courses that the institution offers to P-12 educators for professional development, relicensure, or other purposes.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

