# USING SUPERHEROES IN COUNSELING AND PLAY THERAPY WITH CHILDREN AND TEENS

Presenter: Lawrence C. Rubin, Ph.D., ABPP, LMHC, RPT-S

Friday, April 21, 2017 + 9:00 a.m. – 4:00 p.m. Fort Lauderdale, Florida

In our culture, the superhero is that ubiquitous, unique, larger-than-life figure, who by virtue of gift, accident, calling or legacy, possesses powers and abilities that allow them to fight evil, protect the innocent, and better society. Whether through flight, strength, courage, transformation, or even magic, superheroes have for decades changed the cultural and psychological landscape of our society. Given their endurance and appeal, it is not surprising that superheroes have found their way into the lives of children, adolescents, and adults; and for our purpose, the therapist's office. This beginning-intermediate level didactic and experiential workshop will explore the various and creative ways in which (play) therapists and counselors can integrate the rich and multi-layered superhero metaphor into their clinical work with children and teens.

# **PROGRAM LOCATION**

Nova Southeastern University Carl DeSantis Bldg. (H. Wayne Huizenga School of Business & Entrepreneurship) Knight Auditorium – Room 1124 3301 College Avenue Ft. Lauderdale, FL 33314

For maps and directions to the Carl DeSantis Building, please visit our web site at <u>http://www.nova.edu/cwis/campusmaps/maincampus.html</u>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

### ABOUT THE PRESENTER

Lawrence C. Rubin, Ph.D., ABPP, LMHC, RPT-S is a professor of counselor education at St. Thomas University in Miami, Florida, where he directs the mental health counseling program and teaches a variety of graduate and undergraduate courses. He is also a member of the online MHC faculty of the University of Massachusetts, Boston. He provides counseling and assessment services to children, adolescents, and their families in his private practice in Fort Lauderdale, Florida. Dr. Rubin is the past Chairman of the Board of Directors of the Association for Play Therapy. Dr. Rubin is an author and editor whose most recent volumes include *Diagnostics and Treatment Skills for Mental Health Professionals: A Popular Culture Casebook Approach* (Sage), *Play-based Interventions for Children and Adolescents with Autism Spectrum Disorders* (Routledge), and Using Superheroes in Play Therapy *and Counseling* (Springer), and is a blogger for Psychology Today (Popular Culture Meets Psychology). He obtained his doctorate in clinical psychology from Nova University, and holds the Diplomate in Clinical Child and Adolescent Psychology.

### **PROGRAM OBJECTIVES**

Participants will be able to:

- Discuss the role of myth and metaphor in therapy and counseling
- Describe the important social and cultural relevance of the superhero
- Discuss the key therapeutic elements of the superhero myth
- Integrate superheroes into individual and group play therapy for a range of clinical issues with children and adolescents

#### **PROGRAM AGENDA**

8:30 a.m. – 9:00 a.m.	Registration and refreshments
9:00 a.m. – 10:30 a.m.	Introduction to the superhero
10:30 a.m. – 12:00 a.m.	The therapeutic elements of the superhero myth
12:00 p.m. – 1:00 p.m.	LUNCH (on your own)
1:00 p.m. – 2:30 p.m.	Clinical applications with children and teens in individual counseling
2:30 p.m. – 3:30 p.m.	Clinical applications with children and teens in group counseling
3:30 p.m. – 4:00 p.m.	Challenging issues / Discussion

# For additional information on continuing education policies, please visit our web site at

http://psychology.nova.edu/continuingeducation/index.html

#### CONTINUING EDUCATION INFORMATION

**Psychologists:** Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

*Clinical social workers, mental health counselors, and marriage and family therapists:* Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/17

**School psychologists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/17.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

**Professional counselors:** Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive six (6) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

#### **ABOUT THE SPONSOR**

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service for its students and the community. The college offers three American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology; Psy.D. in School Psychology); a specialist program in school psychology; master's degree programs in mental health counseling, school counseling, counseling, forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The college also has two APA-accredited doctoral internship programs.

#### NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award associate's, baccalaureate, master's, educational specialist, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Nova Southeastern University. • Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs. • The College of Psychology Doctor of Philosophy in Clinical Psychology (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association (APA). The College of Psychology Doctor of Psychology in Clinical Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology in School Psychology (Psy.D.) program is accredited by the commission on Accreditation of the American Psychological Association. The College of Psychology has two APA-accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship Program. Questions related to the programs' accreditation status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation American Psychological Association, 750 1st Street, NE, Washington, DC 20002, phone: 202-336-5979, E-mail: apaaccred @apa.org, www.apa.org/ed/accreditation. The college's degree programs in school counseling and the specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology hold the designation of National Recognition by the National Association of School Psychologists (NASP). The College of Psychology offers three programs, (1) the M.S. in School Counseling, (2) the Psy.S. in School Psychology, and (3) the Psy.D. in School Psychology for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler College of Education as follows: The Abraham S. Fischler College of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), www.ncate.org.

## Registration Form USING SUPERHEROES IN COUNSELING & PLAY THERAPY WITH CHILDREN Friday, April 21, 2017

NAME:			DEGREE:
CITY:		STATE:	ZIP:
TELEPHONE (work):		_TELEPHONE (home): _	
EMAIL ADDRESS:			
Please email me abo	out future workshops:	□ yes □ no	
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License #		State	
NSU CENTER FOR PSYC	CHOLOGICAL STUI	DIES:	
□ faculty	□ adjunct faculty	□ part-time core faculty	□ full-time staff
$\Box$ doctoral student	□ master's student	$\Box$ specialist student	□ CPS alumnus
WORKSHOP FEES:			
Advanced Registration (By April 12) \$98.00		□ Regular/On-Site \$120.00	e <b>Registration</b> (After April 12)
□ check/money ord	er payable to Nova So	outheastern University	

# TO REGISTER WITH A CREDIT CARD, PLEASE VISIT OUR WEBSITE AT <a href="http://psychology.nova.edu/continuingeducation/index.html">http://psychology.nova.edu/continuingeducation/index.html</a>

MAIL CHECKS TO: Nova Southeastern University College of Psychology ATTN: Suzanne O'Sullivan 3301 College Avenue Fort Lauderdale, Florida 33314-7796

**<u>REFUND AND CANCELLATION POLICY</u>**: A full refund or a full credit for another program will be issued for cancellations received no later than one week prior to each workshop date. Credit toward another program will be awarded for cancellations after that date. The university reserves the right to cancel the program due to low registration.