

# 2018 UPDATE AND REVIEW OF CURRENT PSYCHOTROPIC MEDICATIONS

***Presenter: Jose A. Rey, M.S., Pharm.D., BCPP***

**Friday, May 18, 2018 ♦ 9:00 a.m. – 12:00 p.m.  
Fort Lauderdale, Florida**

This workshop will focus on introducing the newly approved psychotropic medications in 2017-2018 and also re-introduce and discuss all of the psychotropic medications that are currently approved by the FDA with emphasis on three areas: recently approved agents and novel mechanisms of action; established agents in new pharmaceutical formulations to improve adherence and outcomes; differentiating the various psychotropic medications for patient-specific diagnoses and applications. Participants will be able to compare and contrast the available medications with regard to risks and benefits. Issues regarding the place of medications in the presence of psychotherapy will also be discussed.

## PROGRAM OBJECTIVES

Participants will be able to:

- List the names and discuss indications of newly approved psychotropic medications along with their pharmacological mechanisms of action and pharmacokinetic properties
- Compare and contrast the available psychotropic medications with respect to advantages and disadvantages, or benefits versus risks, including cost considerations and patient-specific issues
- Discuss the role of pharmaceutical formulations, such as long-acting injectable antipsychotics, in improving treatment outcomes for patients with severe mental illness

## ABOUT THE PRESENTER

**Jose A. Rey, M.S., Pharm.D., BCPP**, is an associate professor of pharmacy practice at Nova Southeastern University's College of Pharmacy, in Ft. Lauderdale, Florida. He is currently the clinical psychopharmacologist for the South Florida State Hospital. Dr. Rey's research interests include cosmetic neuropsychopharmacology, geropsychiatry, psychotropic polypharmacy, pain management with non-opioids such as antidepressants and anticonvulsants, communication disorders, and clinical and pharmaco-economic outcomes research with antipsychotics and antidepressants. He has presented his research at national and international meetings. Dr. Rey has published original research, articles, abstracts, book chapters, and reviews in peer-reviewed journals and textbooks and has been an invited speaker at regional, state, national, and international meetings. He is currently a member of the American Society of Health-System Pharmacists, the Board of Pharmaceutical Specialties, and the College of Psychiatric and Neurologic Pharmacists. He has over 50 publications in the area of psychopharmacology and teaches courses in psychopharmacology at the undergraduate, graduate, and post-graduate levels. Dr. Rey received his doctorate in pharmacy from the University of Florida, completed an ASHP-accredited specialty residency in psychiatric pharmacy practice at the Gainesville VAMC and Shands Hospital in Gainesville, Florida. He is also the Director of a fully accredited ASHP residency in psychiatric pharmacy practice and psychopharmacology at NSU, and is board-certified in psychiatric pharmacy.

## PROGRAM AGENDA

- 8:30 a.m. – 9:00 a.m. Registration and refreshments
- 9:00 a.m. – 10:30 a.m. Recently approved psychotropic medications and their pharmacodynamic and pharmacokinetic properties
- 10:30 a.m. – 12:00 p.m. Review of established psychotropic medications and their comparisons to the newer agents.  
The role of pharmaceutical formulations in drug development: It's not just 'Putting Old Wine in New Bottles'

## PROGRAM LOCATION

Nova Southeastern University  
College of Psychology – Maxwell Maltz Building  
3301 College Avenue  
Fort Lauderdale, Florida 33314

For maps and directions to Nova Southeastern University's main campus in Ft. Lauderdale, please visit our web site at <http://www.nova.edu/cwis/campusmaps/maincampus.html>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

**For additional information on continuing education policies, please visit our web site at <http://psychology.nova.edu/continuingeducation/index.html>**

## CONTINUING EDUCATION INFORMATION

**Psychologists:** Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

**Clinical social workers, mental health counselors, and marriage and family therapists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/19

**School psychologists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/19.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

**Professional counselors:** Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

**All mental health professionals will receive three (3) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

## ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers three American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology and Psy.D. in School Psychology); a specialist program in school psychology; master's degree programs in mental health counseling, school counseling, counseling, forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

## NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) clinical psychology program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) school psychology program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: [apaaccred@apa.org](mailto:apaaccred@apa.org), Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation). The college's master's degree program in school counseling and specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology hold the designation of National Recognition by the National Association of School Psychologists (NASP). The College of Psychology offers three programs, (1) the M.S. in School Counseling, (2) the Psy.S. in School Psychology, (3) Psy.D. in School Psychology for practitioners in P-12 schools that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler School of Education as follows: The Fischler School of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), [www.ncate.org](http://www.ncate.org). This accreditation covers initial teacher preparation programs and advanced educator preparation programs at all university locations and online. However, the accreditation does not include individual education courses that the institution offers to P-12 educators for professional development, relicensure, or other purposes.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

**Registration Form**  
**2016 UPDATE AND REVIEW OF CURRENT PSYCHOTROPIC MEDICATIONS**  
**Friday, May 18, 2018**

NAME: \_\_\_\_\_ DEGREE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE (work): \_\_\_\_\_ TELEPHONE (home): \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

Please email me about future workshops:       yes       no

**CHECK ALL THAT APPLY:**

- psychologist       school psychologist       mental health counselor  
 social worker       marriage and family therapist  
 other \_\_\_\_\_

License # \_\_\_\_\_ State \_\_\_\_\_

**NSU COLLEGE OF PSYCHOLOGY:**

- faculty       adjunct faculty       part-time core faculty       full-time staff  
 doctoral student       master's student       specialist student       CPS alumnus

**WORKSHOP FEES:**

- Advanced Registration** *(by May 9)*       **Regular/On-Site Registration** *(after May 9)*  
                  **\$45.00**                                    **\$60.00**  
 check/money order payable to Nova Southeastern University

**TO REGISTER WITH A CREDIT CARD, PLEASE VISIT OUR WEBSITE AT**  
<http://psychology.nova.edu/continuingeducation/index.html>

**MAIL CHECKS TO:**

Nova Southeastern University  
College of Psychology  
ATTN: Suzanne O'Sullivan  
3301 College Avenue  
Fort Lauderdale, Florida 33314-7796

**REFUND AND CANCELLATION POLICY:** A full refund or a full credit for another program will be issued for cancellations received no later than one week prior to each workshop date. Credit toward another program will be awarded for cancellations after that date. The university reserves the right to cancel the program due to low registration.