

MEDICAL PLAY THERAPY AND CHILD LIFE: INTERVENTIONS IN CLINICAL AND MEDICAL SETTINGS

Presenter: Lawrence C. Rubin, Ph.D., ABPP, LMHC, RPT-S

**Friday, May 17, 2019 ♦ 9:00 a.m. – 4:00 p.m.
Fort Lauderdale, Florida**

Play therapists and child-oriented clinicians, by virtue of their training and experience with a wide range of presenting problems, populations and settings, are uniquely positioned to provide therapeutic support to children, teens and families struggling with medical challenges ranging from medical well-visits and acute health conditions and diseases, to chronic illness, terminal conditions and dying. Child life practice which is traditionally more centered in hospital and medical settings, utilizes play-centered interventions, on a more acute and as-needed basis to attend to the medical and health needs of children, teens and families. Working collaboratively, play therapists alongside of specialists using child life practice can build a strong alliance for children inside and outside of medical walls along the full continuum of care, from primary to quaternary.

This workshop will provide an opportunity for play therapists and child-oriented clinicians to strengthen their play therapy tool box and collaborative efforts with specialists using child life practices in hospitals and medical settings. It will be set around the prevention, treatment and after-care of children struggling with physical health challenges and their psychological and psycho-social components. Through a combination of didactic, case-driven and hands-on experiences rooted in a resilience orientation to assessment and treatment, attendees will become familiar with the basic theories and practices of both medical play therapy and child life practice, and in so doing, strengthen the foundation of their clinical work.

ABOUT THE PRESENTER

Lawrence C. Rubin, Ph.D., ABPP, LMHC, RPT-S is a professor of counselor education at St. Thomas University in Miami, Florida, where he directs the mental health counseling program and teaches a variety of graduate and undergraduate courses. He is also a member of the online MHC faculty of the University of Massachusetts, Boston. He provides counseling and assessment services to children, adolescents, and their families in his private practice in Fort Lauderdale, Florida and is the Editor for *Psychotherapy.net*. Dr. Rubin is the past Chairman of the Board of Directors of the Association for Play Therapy. Dr. Rubin is an author and editor whose most recent volumes include the *Handbook of Medical Play Therapy and Child Life: Interventions in Clinical and Medical Settings* (Routledge); *Diagnostics and Treatment Skills for Mental Health Professionals: A Popular Culture Casebook Approach* (Sage), *Play-based Interventions for Children and Adolescents with Autism Spectrum Disorders* (Routledge), and *Using Superheroes in Play Therapy and Counseling* (Springer), and is a blogger for Psychology Today (Popular Culture Meets Psychology). He obtained his doctorate in clinical psychology from Nova University, and holds the Diplomate in Clinical Child and Adolescent Psychology.

PROGRAM AGENDA

8:30 a.m. – 9:00 a.m.	Registration and refreshments
9:00 a.m. – 11:00 a.m.	Medical play therapy and child life practice
11:00 a.m. – 12:00 p.m.	Medical play therapy recommendations
12:00 p.m. – 1:00 p.m.	Lunch
1:00 p.m. – 2:00 p.m.	How to utilize play therapy skills for intervention
2:00 p.m. – 3:00 p.m.	Medical play skills across settings
3:00 p.m. – 4:00 p.m.	Research and ethics in medical play therapy

PROGRAM OBJECTIVES

Participants will be able to:

- Describe medical play therapy and child life practice
- Discuss the relationship and overlap between and medical play therapy and child life practice
- Design appropriate medical play therapy recommendations and work collaboratively for the benefit of children, teens, and families with medical problems
- Utilize their current play therapy skill set to address the bio-psycho-social needs of children, teens, and families struggling with a wide range of medical and health-related problems
- Develop new and effective medical play therapy strategies to address medical challenges in children typically seen in their practices, regardless of setting
- Discuss the state of empirically-supported assessment and treatment in medical play therapy and the dominant ethical issues involved in its implementation

PROGRAM LOCATION

Nova Southeastern University
Carl DeSantis Building (H. Wayne Huizenga School of Business and Entrepreneurship)
Knight Auditorium – Room 1124
3301 College Avenue
Fort Lauderdale, Florida 33314

For maps and directions to Nova Southeastern University's main campus in Ft. Lauderdale, please visit our web site at <http://www.nova.edu/cwis/campusmaps/maincampus.html>. Telephone directions to the main campus are available 24 hours a day by calling (954) 262-1563.

**For additional information on continuing education policies
or upcoming workshops, please visit our web site at
<http://psychology.nova.edu/ce>.**

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/19

School psychologists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/19.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive six (6) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service for its students and the community. The college offers three American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology; Psy.D. in School Psychology); a specialist program in school psychology; master's degree programs in mental health counseling, school counseling, counseling, forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The college also has two APA-accredited doctoral internship programs.

NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) clinical psychology program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) school psychology program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. The college's master's degree program in school counseling and specialist and doctoral programs in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology hold the designation of National Recognition by the National Association of School Psychologists (NASP). The College of Psychology offers two programs: (1) the M.S. in School Counseling and the (2) the Psy.S. in School Psychology that have been accredited by the National Council for Accreditation of Teacher Education (NCATE). The accreditation for these programs is awarded to the university through the Fischler School of Education as follows: The Fischler School of Education at Nova Southeastern University is accredited by the National Council for Accreditation of Teacher Education (NCATE), www.ncate.org. This accreditation covers initial teacher preparation programs and advanced educator preparation programs at all university locations and online. However, the accreditation does not include individual education courses that the institution offers to P-12 educators for professional development, relicensure, or other purposes.

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

