

ADAPTING TO THE NEW NORM: CONSIDERATIONS FOR HYBRID TELEPSYCHOLOGY PRACTICE

Presenter: Jonathan Perle, PhD., ABPP

**Friday, February 4, 2022 ♦ 10:00 a.m. – 12:00 p.m.
Zoom Webinar**

The use of technology with psychological services, or telepsychology, saw rapid expansion in usage throughout the COVID-19 pandemic. As safety restrictions begin to be reduced, many providers have returned to providing face-to-face care. However, as patients have become accustomed to telehealth options, many providers have considered utilizing a hybrid approach, offering a combination of both face-to-face and telehealth-based services. To prepare providers for hybrid models, the current webinar aims to detail considerations of such an approach. Benefits, limitations, and general practice factors related to COVID-19 times and beyond (e.g., informed consent changes, office safety factors, cross-jurisdiction practice) will be outlined. Resources will be provided.

Level of Curriculum Content: Intermediate

Zoom at a Glance

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

ABOUT THE PRESENTER

Jonathan Perle, PhD., ABPP is a clinical child and adolescent psychologist, associate professor, and Director of Telepsychology at West Virginia University School of Medicine. He has experience working within diverse clinical settings (e.g., medical centers, primary care, schools, university clinics) and roles (e.g., interdisciplinary, multidisciplinary, outpatient, inpatient). In addition to his current responsibilities involving the training of psychological and medicine trainees, as well as research, Dr. Perle provides both face-to-face and virtual psychological care. Beginning in his graduate education and spanning his ongoing career, Dr. Perle has studied, written about, and taught about telehealth modalities. Combined works have resulted in multiple peer-reviewed publications, articles in national periodicals, professional presentations, collaborative projects, and his design and implementation of one of the first recognized telehealth-specific doctoral-level courses for clinical psychology students. Dr. Perle has also been recognized as a psychological innovator by the American Psychological Association's Monitor for his work designing an evidence-based and HIPAA-compliant smartphone application related to parent management training. In addition to serving as a journal review for multiple journals, he serves as an editorial board member for the Journal of Technology in Behavioral Sciences.

PROGRAM OBJECTIVES

Participants will be able to:

- Describe basics of current telehealth efficacy and effectiveness research.
- List at least two benefits of hybrid approaches.
- List at least two limitations of hybrid approaches.
- Explain at least two considerations for implementing a hybrid practice.

PROGRAM AGENDA

10:00 a.m. – 11:00 a.m.	Brief overview of COVID-19 and telehealth
11:00 a.m. – 12:00 p.m.	Considerations and planning for hybrid approaches during COVID-19 and beyond.

For additional information on continuing education policies, please visit our web site at <http://psychology.nova.edu/ce>

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/23.

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All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

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