

INCLUSIVE CLINICAL CARE FOR TRANSGENDER AND GENDER NONBINARY CLIENTS

***Presenters: Shelley Slapion-Foote, Ph.D.
Joseph Zolobczuk, M.S.Ed.***

**Friday, March 18, 2022 ♦ 9:00 a.m. – 12:00 p.m.
Zoom Webinar**

Many psychologists and therapists are observing a notable increase in cases where gender identity is the presenting or underlying concern. Clients dealing with gender often contend with other psychological challenges such as anxiety, depression, and self-harm ideation, often resulting from family denial or rejection. Even if family members are supportive, clients can find themselves in unsafe school or work environments with limited support systems. This session will review the current state of knowledge on transgender and gender nonbinary clients. Best practices in clinical care as well as case study reviews will be shared. A guest parent and/or young adult speaker who has received psychotherapy in the past will share their personal experiences and engage in Q&A with participants. The importance of linking clients and their families to peer support and educational services will also be covered. Vital contacts and resources across South Florida will be shared.

Level of Curriculum Content: Introductory

Zoom at a Glance

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

ABOUT THE PRESENTERS

Shelley Slapion-Foote, Ph.D. has been a licensed psychologist in the State of Florida since 1986. She is a product of the Miami-Dade County Public Schools (Miami Norland High School), Barry University (then Barry College), and the University of Miami where she earned her master's degree and Ph.D. degrees. In addition to her master's degree and her doctorate, she met and married her husband, Dr. Franklin Foote, also a psychologist and supporter of the YES Institute. Shelley was also instrumental in establishing psychology as a major at Barry University, and was one of three individuals to graduate with a major in psychology in 1975. Barry's psychology program has expanded to also have two master's degrees in psychology. She also established the American Psychological Association's National Honor Society for Psychology, Psi Chi, while still a student at Barry. After graduating from the University of Miami in 1984, she has continued to be very active in community involvement through the Florida Psychological Association (a division of the American Association). She is currently President of the Miami-Dade-Monroe Chapter of the Florida Psychological Association (FPA), and was named Psychologist of the Year in 2019 by FPA for which she is very proud. She has co-chaired the Southeastern Regional Conference for FPA in 2016, 2018, and 2020. Approximately five years ago, Dr. Shelley attended a series of workshops at YES Institute and knew she had found a new home and hasn't left since. She has served on the Board of Directors, is a consultant to YES Institute, as well as a donor. One of her goals is to provide services for those in the YES Institute community and the community at large. Her other mission is to make YES Institute *NOT* one of the best kept secrets in the country.

Joseph Zolobczuk, M.S.Ed. has served on staff with YES Institute for 25 years. As the Executive Director of YES Institute, Joseph supports and guides an amazing team who lead continuing education courses for teachers, mental health therapists and medical professionals across South Florida – and national communities via Zoom – working to reduce health disparities of youth and families impacted by gender stereotypes and anti-gay social stigmas. He also serves communities throughout the United States through SAMHSA's TA Network, providing cultural and linguistic consultation to systems of care with youth and adult mental health and substance abuse prevention populations. Joseph has co-authored two public health studies, the first anti-gay and gender-related school bullying study in Florida, and a study comparing workplace harassment and inclusion training levels among helping professionals. Joseph also co-produced and directed the LGBTQ Diversity & Inclusion video training for the Greater Miami Convention & Visitors Bureau Miami Begins with Me hospitality online training certification program. He is invited as a guest speaker to hospitals, mental health networks, and other community agencies locally and across the US to reduce disparities and improve health outcomes for youth and adults who represent diverse experiences of gender and orientation. He completed his Master's in Education from the University of Miami's School of Education & Human Development in May 2012, and was awarded the Student Silver Medallion award for humanitarian service from the Miami Coalition of Christians & Jews (MCCJ) that same year.

PROGRAM OBJECTIVES

Participants will be able to:

- Discuss the distinctions between biological assigned sex, gender, and sexual orientation
- Explain the difference between binary vs. continuum theories of biological sex and gender
- List key recommendations for providing client care from the APA “Guidelines for Psychological Practice with Transgender People” (2015) and self-assess your practice for competency
- Describe the clinical diagnostic criteria for Gender Dysphoria (DSM-5) for clients presenting as transgender versus gender nonbinary.

PROGRAM AGENDA

9:00 a.m. – 9:30 a.m.	Review gender sociological theory (binary vs. continuum) and review gender affirming therapy practice
9:30 a.m. – 10:00 a.m.	Review terms, etiology, and prevalence estimates across populations, DSM-5 criteria
10:00 a.m. – 10:30 a.m.	Review APA guidelines and conduct self-assessment of your practice
10:30 a.m. – 11:00 a.m.	Engage in Case Study sample discussions and reflections
11:00 a.m. – 11:40 a.m.	Interview guest speaker who has received psychological services and is fully consenting to share their testimony and experiences
11:40 a.m. – 12:00 p.m.	South Florida psycho-educational and community resources, post-surveys

For additional information on continuing education policies, please visit our web site at <http://psychology.nova.edu/ce>

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/23.

School psychologists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/23.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive three (3) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. The college's master's degree program in school counseling and specialist program in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP).

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.