

ETHNIC PRIDE: CONVERSATIONS WITH CHILDREN OF COLOR AND IMMIGRANT YOUTH

Presenter: Diana Formoso, Ph.D.

**Friday, May 5, 2023 ♦ 10:00 a.m. – 12:00 p.m. (EDT)
Zoom Webinar**

Despite their resilience, children of color and immigrant youth face challenges in finding their place in our communities, including discrimination and microaggressions, adapting to life in the United States, and different family expectations around culture and language. Adults use many strategies to help them navigate these challenges, such as fostering ethnic pride, preparing children to cope with bias, and remaining silent about race, but some are more helpful than others. This training highlights helpful and less helpful ways to support youth of color and discusses how professionals can make informed choices about how to have these conversations.

Level of Curriculum Content: Intermediate

Zoom at a Glance

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

ABOUT THE PRESENTER

Diana Formoso, Ph.D. is an Associate Professor at the College of Psychology at Nova Southeastern University. She received her Ph.D. in Clinical Psychology from Arizona State University and completed a post-doctoral fellowship in prevention science at the University of Illinois at Chicago. She uses community-based participatory research methods to better understand risk and protective factors that shape youth development across settings (e.g., families, schools, neighborhoods), and especially how poverty, stress, acculturation, and cultural values shape family life and child mental health. Ultimately, this work informs the development of culturally competent and contextually relevant mental health interventions for low-income, ethnic minority and immigrant families.

PROGRAM OBJECTIVES

Participants will be able to:

- Identify at least four cultural socialization practices, including which have been linked to better or worse child mental health outcomes
- List contextual and culture-based risk factors identified by existing literature
- Discuss how these risk and protective factors impact ethnic minority and immigrant parents and youth as described in excerpts from readings and video clips

PROGRAM AGENDA

10:00 a.m. – 10:05 a.m.	Introduction and goals
10:05 a.m. – 10:50 a.m.	Cultural socialization practices
10:50 a.m. – 11:15 a.m.	Video clips, book excerpts, and discussion
11:15 a.m. – 11:30 a.m.	Acculturation issues and immigrant families
11:30 a.m. – 11:45 a.m.	Contextual risk factors
11:45 a.m. – 12:00 p.m.	Tying it all together

For additional information on continuing education policies, please visit our web site at <http://psychology.nova.edu/ce>

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/23.

School psychologists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/23.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. The college's master's degree program in school counseling and specialist program in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP).

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.