

PROLONGED GRIEF DISORDER: BASICS AND BEYOND

Presenter: Christopher Layne, Ph.D.

**Friday, May 19, 2023 ♦ 9:00 a.m. – 12:00 p.m. (EDT)
Zoom Webinar**

Although COVID-19 and other epidemics are exerting devastating effects globally, a “second wave” of secondary mental health consequences is well underway. This presentation will discuss both the challenges currently facing our healthcare system, as well as opportunities to raise the national standard of bereavement care. These opportunities include (a) the introduction of a new grief disorder (Prolonged Grief Disorder) in DSM-5-TR; (b) the development of strength-based theories of grief; (c) new measures with which to assess for bereavement and grief; (d) recently developed interventions for prolonged grief disorder; and (e) the development of training curricula. This presentation will review criteria for the new Prolonged Grief Disorder and key risk factors, multidimensional grief theory, measures for assessing prolonged grief disorder, available treatments, and tools for building bereavement-related competencies in care providers. The presentation will conclude with practical recommendations for distinguishing grief from related conditions including PTSD and depression, promoting adaptive grief reactions, and creating risk screening and referral networks.

Level of Curriculum Content: Intermediate

Zoom at a Glance

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

ABOUT THE PRESENTER

Christopher Layne, Ph.D. is an associate professor of psychology at Nova Southeastern University, where he directs a training clinic specializing in assessing and treating traumatized and bereaved youth. He also directs the National Child Trauma Workforce Institute, an NCTSN Category II center dedicated to creating, evaluating, and broadly disseminating the Core Curriculum on Childhood Trauma. He has been actively building multidimensional grief theory, grief assessment measures, manualized interventions for bereaved youth, and training curricula for building grief-related competencies since the late 1990's, when he served as a post-doctoral fellow in war-torn Bosnia. Dr. Layne's professional interests include traumatic stress and bereavement and their implications for developmental psychopathology, professional education, evidence-based practice, evidence-based assessment, theory building, research methods, and intervention.

PROGRAM OBJECTIVES

Participants will be able to:

- Describe key features of prolonged grief disorder, including developmental modifications for bereaved children and adolescents.
- Assess risks associated with bereavement and grief across the life course: What do we know?
- Discuss challenges associated with differential diagnosis of prolonged grief disorder, including features that distinguish prolonged grief from both depression and posttraumatic stress disorder.

PROGRAM AGENDA

9:00 a.m. – 9:30 a.m.	Epidemics and a second wave of mental health consequences
9:30 a.m. – 10:00 a.m.	Prolonged Grief Disorder in the DSM-5-TR: diagnostic criteria, developmental modifications, and differential diagnosis
10:00 a.m. – 10:30 a.m.	A strength-based theory of grief: Multidimensional Grief Theory
10:30 a.m. – 11:00 a.m.	Assessment of grief: diagnosis and differential diagnosis
11:00 p.m. – 11:30 a.m.	Interventions for grief, therapeutic treatments for prolonged grief disorder
11:30 a.m. – 12:00 p.m.	Training curricula: Adapting the Core Curriculum on Childhood Trauma for Bereavement and Grief

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CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/23.

School psychologists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/23.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive three (3) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. The college's master's degree program in school counseling and specialist program in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP).

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