

FOSTERING RESILIENCE AND HEALING: ANTI-OPPRESSIVE COUNSELING AND RACIAL HEALING FOR ASIAN AMERICAN CLIENTS

Presenter: Jung H. Hyun, PhD, LMHC, NCC

**Friday, May 17, 2024 ♦ 10:30am – 12:00pm
ZOOM Webinar**

Delve into the complexities of counseling Asian Americans at an intermediate level through this workshop. Participants will embark on a journey through the historical and cultural oppressions that have impacted AAPI populations in the United States, leading to mental health challenges. The workshop emphasizes the significance of anti-oppressive counseling, and introduces participants to racial healing practices tailored for clients of Asian descent. Through a comprehensive exploration of strategies, counselors will gain insights into fostering resilience, promoting healing, and creating transformative therapeutic spaces for Asian American clients.

Level of Curriculum Content: Intermediate

Zoom at a Glance

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

ABOUT THE PRESENTER

Jung (June) H. Hyun, Ph.D., LMHC, NCC is an associate professor in the mental health counseling program at Nova Southeastern University. Dr. Hyun teaches core counseling courses such as basic counseling skills, counseling theory, multicultural counseling, group counseling, and systems theories and supervises practicum and internship students. Her scholarly pursuits center around multicultural counseling and social justice issues, promoting the SFC (School, Family, and Community) partnership, and fostering the resiliency of Asian American Native Hawaiian and Pacific Islanders (AANHPI). Actively engaged in the professional community, she has assumed leadership roles and delivered presentations at the conferences hosted by the American Counseling Association (ACA), Association for Multicultural Counseling and Development (AMCD), Association for Counselor Education and Supervision (ACES), Association for Assessment and Research in Counseling (AARC), and Association for Child and Adolescent Counseling (ACAC). She is a licensed mental health counselor in WA. She has provided play therapy for children and adolescents and parenting workshops for Asian American populations.

PROGRAM OBJECTIVES

Participants will be able to:

- Demonstrate an in-depth understanding of the complex historical and cultural challenges that have adversely affected Asian Americans in the United States.
- Describe the various mental health challenges prevalent within the AA communities due to historical and cultural oppressions.
- Discuss the significance of integrating anti-oppressive counseling approaches and racial healing practices when working with clients of Asian descent.
- Compare a diverse range of effective strategies for implementing racial healing practices tailored to clients of Asian descent.

PROGRAM AGENDA

10:30am – 11:00am	Historical and cultural challenges affecting the mental health of Asian Americans
11:00am – 11:30am	Anti-oppressive counseling approaches and racial healing practices
11:30am – 12:00pm	Effective strategies for implementing racial healing practices tailored to clients of Asian descent

For additional information on continuing education policies, please visit our web site at <http://psychology.nova.edu/ce>

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/25.

School psychologists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/25.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive one and a half (1.5) continuing education credit for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate's, baccalaureate, master's, educational specialist, doctorate, and professional degrees. Nova Southeastern University also may offer credentials such as certificates and diplomas at approved degree levels. Questions about the accreditation of Nova Southeastern University may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or by calling (404) 679-4500, or by using information available on SACSCOC's website (www.sacscoc.org). The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) programs are accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. The college's master's degree program in school counseling and specialist program in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP).

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.