

# **PLAYING IN A POSTMODERN WORLD: NARRATIVE, SOLUTION-FOCUSED, AND RESILIENCE-BASED PLAY THERAPY**

***Presenter: Lawrence C. Rubin, Ph.D., ABPP***

**Friday, May 3, 2024 ♦ 9:00am – 4:00pm**

Over the last two decades, the fields of psychotherapy and counseling have embraced what has come to be called postmodern theory and practice. Linked by an emphasis on personal agency and choice; a focus on resilience, strength and success; collaboration and relationship, as well as the notion that the (child) client is the expert, Resilience-Based, Narrative Therapy, and Solution-focused Brief Play Therapy have found increasing utility in the play room with children and teens. Each of these theoretical schools further emphasize the importance of future orientation and a re-authoring of past events in order to move more healthily, adaptively and successfully into the future. Further, the concepts and techniques of both Narrative and Solution-focused Brief Therapy nicely lend themselves to playfulness, creativity and spontaneity, while remaining faithful to evidence-based practices (EBPs). This workshop will combine didactic information, opportunities for conversation, and engagement in experiential play-based exercises centered around the application of these approaches with children and teens struggling with a broad range of clinical and developmental challenges.

*Level of Curriculum Content: Intermediate*

## **PROGRAM LOCATION**

Nova Southeastern University  
Maltz Psychology Bldg., Room 2057  
3151 College Avenue  
Davie, FL 33314

For maps and directions to Nova Southeastern University's main campus in Ft. Lauderdale, please visit our web site at <https://www.nova.edu/locations/main-campus.html>. For visitor parking information, please visit <https://www.nova.edu/publicsafety/parking/index.html>.

## ABOUT THE PRESENTER

**Lawrence C. Rubin, Ph.D., ABPP** is an adjunct professor at Nova Southeastern University, editor for Pdychotherapy.net, and retired professor of counselor education at St. Thomas University in Miami. He holds a Diplomate in Clinical Child and Adolescent Psychology, and has specialized in working with children, teens and families. Additionally, he was the Chairman of the Board of Directors for the Association for Play Therapy and has been doing play therapy for decades. Dr. Rubin's books include *Using Superheroes in Play Therapy and Counseling*, *Play-based Interventions for Children and Adolescents with Autism Spectrum Disorders*, *the Handbook of Medical Play Therapy and Child Life*, and the textbook, *Diagnosis and Treatment Planning for Mental Health Professionals: A Popular Culture Casebook Approach*. He founded the Division of Mental Illness and Popular Culture for the Popular Culture Association. Dr. Rubin obtained his doctorate in clinical psychology from Nova University.

## PROGRAM OBJECTIVES

Participants will be able to:

- Analyze the evidence-based and evidence-informed nature of play therapy
- Discuss the core tenets of postmodern/resilience-oriented approaches to play therapy
- Describe how Narrative Therapy techniques can be adapted to play therapy
- Describe how Solution-Focused Brief Therapy techniques can be adapted to play therapy
- Integrate postmodern play therapy concepts into your case conceptualizations with children and teens
- Design treatment plans incorporating Narrative and Brief Solution-Focused play therapy techniques

## PROGRAM AGENDA

|                   |                                     |
|-------------------|-------------------------------------|
| 8:30am – 9:00am   | Registration and refreshments       |
| 9:00am – 10:30am  | Post-modern play and resilience—I   |
| 10:30am – 12:00pm | Post-modern play and resilience—II  |
| 12:00pm – 1:00pm  | LUNCH (on your own)                 |
| 1:00pm – 2:30pm   | Narrative play therapy              |
| 2:30pm – 4:00pm   | Brief solution focused play therapy |

**To register and for additional information on continuing education policies, please visit our web site at**  
**<http://psychology.nova.edu/ce>**

## CONTINUING EDUCATION INFORMATION

**Psychologists:** Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

**Clinical social workers, mental health counselors, and marriage and family therapists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/25.

**School psychologists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/25.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024

**Professional counselors:** Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

**All mental health professionals will receive six (6) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

## ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling (clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

## NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate's, baccalaureate, master's, educational specialist, doctorate, and professional degrees. Nova Southeastern University also may offer credentials such as certificates and diplomas at approved degree levels. Questions about the accreditation of Nova Southeastern University may be directed in writing to the Southern Association of Colleges and School Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or by calling (404) 679-4500, or by using information available on SACSCOC's website ([www.sacscoc.org](http://www.sacscoc.org)). The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) programs are accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: [apaaccred@apa.org](mailto:apaaccred@apa.org), Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation). The college's master's degree program in school counseling and specialist program in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology holds the designation of National Recognition by the National Association of School Psychologists (NASP).

Nova Southeastern University admits students of any race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school, and does not discriminate in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.