

HATE CRIME AND BIAS MOTIVATED VIOLENCE AMONG LATINX ADULTS: MENTAL HEALTH IMPACT AND PATHWAYS TO HELP-SEEKING

Presenter: Carlos A. Cuevas, Ph.D.

**Friday, February 7, 2025 ♦ 12:00 p.m. – 2:00 p.m. (EST)
Zoom Webinar**

Bias-motivated victimization, including hate crimes, has steadily been an increasing concern across the country. For Latinx populations, anti-immigrant sentiment and targeted political rhetoric have also been on the rise, contributing to the disproportionate increase in hate crime toward this community. Bias-motivated violence can inflict significant psychological trauma on victims, leading to a range of mental health issues such as anxiety, depression, and post-traumatic stress disorder (PTSD). This presentation explores the impact of hate crimes and bias-motivated violence on mental health, including the role that cultural factors play on the connection between bias-motivated violence and mental health. Furthermore, the presentation will address the critical importance of help-seeking behaviors among hate crime survivors. The rates and forms of help-seeking will be presented as well as discussing barriers to accessing formal and informal resources. By the end of this presentation, participants will have a deeper understanding of the mental health impacts of bias-motivated violence, the impact of cultural factors on mental health outcomes, and key aspects surrounding help-seeking and service utilization.

Level of Curriculum Content: Intermediate

Zoom at a Glance

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

ABOUT THE PRESENTER

Carlos A. Cuevas, Ph.D. is a Professor at Northeastern University's School of Criminology and Criminal Justice; Co-Director of the Center on Crime, Race, and Justice; and Co-Director of the Violence and Justice Research Laboratory. His research broadly covers the areas of victimization and trauma, with a focus on hate crimes, sexual violence, dating violence, and family violence. Much of his work centers on examining victimization among understudied/underrepresented and hard-to-reach groups (e.g., Persons of Color, LGBTQ+, etc.) and how it relates to psychological outcomes, service utilization, use of the criminal justice and legal system, and the role cultural factors play on victimization.

As a PI or Co-PI, Dr. Cuevas has received over \$5 million in federal research funding. This research across numerous projects has focused on sexual violence among Latinx women, dating violence among diverse youth, bias and hate crime victimization among Latinx adults, and health outcomes and health care access among trafficking survivors. Additionally, his work has also examined the intersection of victimization and perpetration, particularly among adolescents. His most recent NIJ funded research focuses on the physical and mental health impact of hate crime among Latinx adults.

As a licensed clinical psychologist, he also provides assessment and treatment to trauma survivors and victims of violence. For over 10 years he also worked with sex offenders, providing both assessment and treatment. Additionally, Dr. Cuevas engages in forensic work, serving as an expert witness in both criminal and civil litigation. He is the current Present of the American Psychological Association's Division of Trauma Psychology.

PROGRAM OBJECTIVES

Participants will be able to:

- Identify and describe the various psychological impacts of hate crimes on victims, including anxiety, depression, PTSD, and other mental health disorders
- Explain the role of cultural factors on the experience of bias-motivated violence and mental health outcomes
- Discuss effective support systems and intervention strategies that can help victims of bias-motivated violence recover, including both formal and informal resources

PROGRAM AGENDA

12:00pm – 12:20pm	Bias-motivation violence, and how the current political climate disproportionately affects Latinx individuals
12:20pm – 12:50pm	Psychological impacts of hate crimes of victims, including anxiety, depression, PTSD, and other mental health disorders
12:50pm – 1:10pm	The role of cultural factors on the experience of bias-motivated violence and mental health outcomes
1:10pm – 1:25pm	Help-seeking behaviors: barriers and facilitators
1:25pm – 1:45pm	Formal and informal resources for support and intervention to victims of bias-motivated violence
1:45pm – 2:00pm	Final recommendations

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CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/25.

School psychologists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/25.

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Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling (clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship program.

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