

# **ABUSE IN THE SUPERVISORY/ACADEMIC RELATIONSHIP: HOW TRAUMA-INFORMED PEDAGOGY AND SUPERVISION CAN MAKE A DIFFERENCE**

***Presenter: Zoe Ross-Nash, PsyD.***

**Friday, October 3, 2025 ♦ 12:00pm – 2:00pm EDT  
ZOOM Webinar**

This presentation will describe the longstanding history of abuse in academia and supervision, as well as the systemic issues that conceal and contribute to this issue. The program will support learners in identifying different forms of academic abuse, such as faculty/supervisor to student/supervisee, colleague to colleague, and student/supervisee to faculty/supervisor. It will also offer information regarding the signs of academic/supervisory abuse and concrete, actionable steps supervisors and colleagues can take to support students or faculty who may encounter such experiences.

*Level of Curriculum Content: Intermediate*

## **Zoom at a Glance**

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

## ABOUT THE PRESENTER

**Zoe Ross-Nash, PsyD** earned her PsyD in Clinical Psychology at Nova Southeastern University and completed an APA-accredited internship at the University of California, Davis in the Eating Disorder Emphasis. She is a licensed psychologist in private practice, where she specializes in eating disorders and trauma and supervises practicum students and interns. Dr. Ross-Nash previously served as an assistant professor at Ponce Health Sciences University's PsyD in Clinical Psychology program and has been invited to speak at conferences and in classrooms on the topic of abuse in academia. Dr. Ross-Nash won the APA Division 29 Student Excellence in Clinical Practice Award and is the Editor for Electronic Communications for the division. Ross-Nash is also the Professional Development Chair for APA's Division 12 Section 10, Society for Clinical Psychology. She is the founder of Equilibrium Health Advantage, a training program for fitness professionals to make their studios and gyms a safe and inclusive place for people with eating disorder histories, and the Co-Host of On the Mic with ED, a podcast on eating disorders. She was also featured in the eating disorder documentary, *The Bond That Broke*. Dr. Ross-Nash's clinical interests include trauma, eating disorders, wellness, mentorship, and advocacy. She is originally from Allendale, New Jersey, and earned her bachelor's degree in Psychology with a minor in Human Service Studies and Dance from Elon University.

## PROGRAM OBJECTIVES

Participants will be able to:

- Describe and list relevant history of academic abuse and structural issues embedded into academia that perpetuate abuse
- Describe practical applications of trauma-informed supervision and advocacy to provide both advocacy for the individual and create systemic, organizational change

## PROGRAM AGENDA

12:00pm – 12:15pm	History of abuse in academia
12:15pm – 12:35pm	Contextual examples of abuse
12:35pm – 1:00pm	Systemic issues within academia
1:00pm – 1:25pm	Trauma reactions post workplace trauma
1:25pm – 2:00pm	Practical applications of trauma-informed supervision

**For additional information on continuing education policies, please visit our website at <https://psychology.nova.edu/ce>**

## CONTINUING EDUCATION INFORMATION

**Psychologists:** Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

**Clinical social workers, mental health counselors, and marriage and family therapists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/27.

**School psychologists:** Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Medical Therapies/Psychology, Office of School Psychology, to offer continuing education. Provider number: SCE# 11, Exp. 11/30/27.

Nova Southeastern University's College of Psychology is approved by the National Association of School Psychologists to offer continuing education for school psychologists. Nova Southeastern University maintains responsibility for this program and its content. Provider# 1024.

**Professional counselors:** Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

**All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

## ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service to its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA-accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship Program.

## NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA-accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship Program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: [apaaccred@apa.org](mailto:apaaccred@apa.org), Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation). The college's master's degree program in school counseling and specialist program in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology hold the designation of National Recognition by the National Association of School Psychologists (NASP).

For additional information regarding our Nondiscrimination Policy, please visit the following link:

<https://psychology.nova.edu/ce/index.html#UniversityEqualOpportunityNondiscriminationStatement5>