

PERSON-CENTERED, TRAUMA-INFORMED ASSESSMENT IN LATE LIFE: THERAPEUTIC USE OF COGNITIVE SCREENERS

Presenter: Ashley Stripling, PhD

**Friday, September 5, 2025 ♦ 12:00pm – 2:00pm EDT
Zoom Webinar**

Approximately 74–85% of older adults in the United States report a history of trauma exposure. Trauma experienced across the lifespan is a significant risk factor for a range of co-occurring psychological challenges, such as cognitive impairments, substance use, and severe mental illness, that may delay or disrupt care in later life. The cumulative impact of these conditions can diminish quality of life, contribute to multimorbidity and disability, and elevate the risk of dementia.

Despite these risks, growth and social support serve as protective factors that can help mitigate negative outcomes. To promote resilience and social connectedness, person-centered, trauma-informed care, specifically through PCIT (Person-Centered, Trauma-Informed Treatment) is critical. PCIT screenings and interventions targeting co-occurring psychological issues are essential to fostering adaptive coping, cognitive functioning, and overall well-being in later life.

Specialized PCIT training that addresses the complex interplay between trauma and late-life psychological concerns, particularly cognitive difficulties remains underutilized. This presentation will provide an overview of specialized PCIT training focused on trauma-related cognitive impairments, as well as share insights and lessons learned from the development and implementation of these trainings with clinicians.

Level of Curriculum Content: Intermediate

Zoom at a Glance

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video, whether you are connecting multiple conference rooms or meeting with attendees from their personal desktops or mobile devices. For more information or to download Zoom, please visit <https://zoom.us/>.

ABOUT THE PRESENTER

Ashley M. Stripling, PhD is a professor, licensed psychologist, and Director of Nova Southeastern University's Counseling Center for Older Adults. Dr. Stripling served as Chief Intern in Psychology at the Bruce Carter VAMC in Miami, with a geropsychology specialization, and completed her postdoctoral fellowship in the Division of Geropsychiatry at the San Francisco VAMC. She has a long-standing interest in psychology and aging, which is demonstrated through her nearly twenty years of aging focused clinical research and provision of psychological services across VA and University settings. As a result of her research involvement Dr. Stripling had authored or co-authored a book, twenty peer-reviewed articles, two book chapters, nine grants and over a hundred presentations at national conferences. Her geropsychological interests span clinical, teaching, scholarly and advocacy activities; and she is particularly interested in avenues that promote healthy aging, understanding subjective aging, and combating ageist stereotypes

PROGRAM OBJECTIVES

Participants will be able to:

- List the prevalence, cause and impact of cognitive difficulties, associated with trauma
- Discuss person-centered, trauma-informed screening and treatment strategies for these co-occurring psychological issues
- Utilize interventions, screeners and resources to improve the delivery of care for clients.

PROGRAM AGENDA

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| 12:00pm – 12:15pm | Frame of mind: reframing from “them to us” |
| 12:15pm – 12:35pm | Trauma: the impact |
| 12:35pm – 1:00pm | Person-centered, trauma-informed (PCTI) Approach |
| 1:00pm – 1:25pm | Trauma-informed care, and trauma’s impact on cognitive functioning |
| 1:25pm – 2:00pm | Screening cognition in a trauma-informed way |

For additional information on continuing education policies, please visit our website at <https://psychology.nova.edu/ce>

CONTINUING EDUCATION INFORMATION

Psychologists: Nova Southeastern University's College of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Nova Southeastern University maintains responsibility for this program and its content.

Clinical social workers, mental health counselors, and marriage and family therapists: Nova Southeastern University's College of Psychology is approved by the state of Florida's Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling to offer continuing education. Provider number: BAP# 330, Exp. 03/31/27.

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Professional counselors: Nova Southeastern University's College of Psychology has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4548. Programs that do not qualify for NBCC credit are clearly identified. Nova Southeastern University's College of Psychology is solely responsible for all aspects of the programs.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Nova Southeastern University is committed to making its programs accessible to all prospective attendees. Let us know if you have specific requirements due to a disability.

ABOUT THE SPONSOR

Nova Southeastern University's College of Psychology is dedicated to providing high-quality training, education, research, and service to its students and to the community. The college offers two American Psychological Association (APA)-accredited doctoral programs (Ph.D. and Psy.D. in Clinical Psychology); a specialist and a doctoral program in school psychology; master's degree programs in counseling clinical mental health counseling, school counseling, substance abuse counseling, and applied behavioral analysis), forensic psychology, experimental psychology, and general psychology; and bachelor's degree programs in psychology and behavioral neuroscience. The College of Psychology has two APA-accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship Program.

NOTICES OF ACCREDITATION, MEMBERSHIP, AND NONDISCRIMINATION

Nova Southeastern University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (1866 Southern Lane, Decatur, Georgia 30033-4097; Telephone number 404-679-4501) to award bachelor's, master's, educational specialist, and doctoral degrees. The university is chartered by the State of Florida. The College of Psychology Doctor of Philosophy (Ph.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology Doctor of Psychology (Psy.D.) program is accredited by the Commission on Accreditation of the American Psychological Association. The College of Psychology has two APA-accredited doctoral internship programs, the South Florida Consortium Internship Program and the Psychology Services Center Internship Program. Questions related to the programs' accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, D.C., 20002-4242, Phone: (202) 336-5979, Email: apaaccred@apa.org, Web: www.apa.org/ed/accreditation. The college's master's degree program in school counseling and specialist program in school psychology are approved by the Florida Department of Education. In addition, the specialist and doctoral programs in school psychology hold the designation of National Recognition by the National Association of School Psychologists (NASP).

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<https://psychology.nova.edu/ce/index.html#UniversityEqualOpportunityNondiscriminationStatement5>