

Curriculum Vitae

## Arie T. Greenleaf, PhD, LMHC

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Professor  
Department of Counseling  
Nova Southeastern University  
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### EDUCATION

<u>Institution</u>	<u>Date</u>	<u>Degree</u>	<u>Major</u>
The University of Iowa	2011	Ph.D.	Counselor Education and Supervision
Clemson University	2007	M.Ed.	Community Counseling
The University of Wisconsin – Madison	2002	B.A.	Political Science

### PROFESSIONAL CREDENTIALS AND CERTIFICATES

**Licensed Mental Health Counselor (LMHC)** – Licensed by the State of Washington.  
License: MHC.LH.61468326

**Certified Hypnotherapist (CHT)** – Certified by the State of Washington. Certification  
HP60809111

### PROFESSIONAL EXPERIENCE

2022 – Present	Full Professor, Professional Counseling, Department of Counseling, Nova Southeastern University
2021 – 2022	Full Professor, Professional Counseling, College of Education, Seattle University
2017 – 2021	Associate Professor, Professional Counseling, College of Education, Seattle University
2013 – 2017	Assistant Professor, Professional Counseling, College of Education, Seattle University
2014 – 2015	Adjunct Instructor, Counseling, College of Education, American Public University
2011 – 2013	Assistant Professor, Counselor Education, College of Education and Health Professions, The University of Arkansas-Fayetteville
2009 – 2011	Adjunct Instructor, College of Education, College of Liberal Arts

and Sciences, The University of Iowa

### **PUBLICATIONS**

25. Greenleaf, A. T., & Reese, R. (In press). Nurturing minds with nature: Incorporating Ecodaemonia theory into comprehensive school counseling programs. *Professional School Counseling*.
24. Greenleaf, A. T. (2024). Postmodernism. In S. B. Dermer & J. R. Abdullah (Eds.), *The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. Thousand Oaks, CA: Sage Publications.
23. Greenleaf, A. T., Williams, J. M., Roessger, K., Leibsohn, J., Jiwoo, P., & Walther, B. (2023). "Put on your walking shoes": A phenomenological study of clients' experience of walk and talk therapy. *Journal of Creativity in Mental Health*.
22. Greenleaf, A. T., Siller, A., & Graham, M. (2023). Crisis Intervention: Role of the School Counselor Related to Prevention and Response. In C. Edwards & M. Graham (Eds.), *Foundations of School Counseling: Innovation for Professional Practice*. New York: Springer Publishing Co.
21. Greenleaf, A. T., Williams, J. M., Roessger, K. M., & Motsenbocker, J. (2019). Effects of a rite of passage ceremony on veterans' well-being. *Journal of Counseling & Development, 97* (2).
20. Ratts, M. J., & Greenleaf, A. T. (2019). Career counseling without borders: Moving beyond traditional career practices of helping. In D. Capuzzi & M. D. Stauffer (Eds.), *Career counseling: Foundations, perspectives, and applications*. (pp) New York: Taylor & Francis Group, LLC.
19. Williams, J. M., Greenleaf, A. T., Barnes, E. F., & Scott, T. (2018). High Achieving, Low-income Students' Perspective of How Schools Can Promote the Academic Achievement of Students Living in Poverty. *Improving Schools Journal, 22*(3).
18. Ratts, M. J., & Greenleaf, A. T. (2018). Multicultural and social justice counseling competencies: A leadership framework for professional school counselors. *Professional School Counseling 21*(1b), 1-9.
17. Ratts, M. J., & Greenleaf, A. T. (2018). Counselor-Advocate-Scholar Model: Changing the dominant discourse of counseling. *Journal of Multicultural Counseling and Development, 46*(2), 78–96.

16. Roessger, K. M., Greenleaf, A. T., & Hoggan, C. (2017). Using data collection apps and single case designs to research transformative learning in adults. *Journal of Adult and Continuing Education, 23*(2), 206-225.
15. Greenleaf, A. T. & Roessger, K. M. (2017). Effectiveness of care farming on veterans' life satisfaction, optimism, and perceived loneliness. *Journal of Humanistic Counseling, 57* (2), 86-110. doi:10.1002/johc.12046
14. Greenleaf, A. T., Ratts, M., & Song, S. (2016). Rediscovering classism: The humanist vision for economic justice. *Journal of Humanistic Psychology, 56*(6), 646-664.
13. Williams, J. M., & Greenleaf, A. T., Barnes, E. F., & Owens, T. (2016). Photovoice as a teaching tool for client advocacy. *Journal of Counselor Leadership and Advocacy, 1-13*. doi:10.1080/2326716X.2015.1124816.
12. Greenleaf, A. T., Williams, J. M., & Roessger, K. (2015). The health outcomes of connecting with nature: Evidence to guide counselor education. *Journal of Health and Human Development, 1*(1), 63-78.
11. Greenleaf, A. T., Williams, J. M., & Duys, D. K. (2015). Awareness of counselor trainees on clients' social barriers. *Journal of Counselor Practice, 6*, 22-32.
10. Greenleaf, A. T. (2014). Making the best of a bad situation: Career counseling young adults in the aftermath of the Great Recession. *Journal of Employment Counseling, 51*(4), 158-169. doi: <http://dx.doi.org/10.1002/j.2161-1920.2014.00049.x>.
9. Williams, J. M., Greenleaf, A. T., Albert, T., & Barnes, E. F. (2014). Promoting educational resilience among African American students at risk of school failure: The role of school counselors. *Journal of School Counseling, 12*(9), 1-34.
8. Greenleaf, A. T. (2013). Gardens and well-being. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life and Well-Being Research*. Netherlands: Springer. 2399-2405. doi: 10.1007/978-94-007-0753-5\_3967.
7. Greenleaf, A. T., Bryant, R. M., & Pollock, J. B. (2014). Nature-based counseling: Integrating the healing benefits of nature into practice. *International Journal for the Advancement of Counselling, 36*, 162-174.
6. Williams, J. M., Greenleaf, A. T., & Duys, D. (2013). Client problems and the causal attributions made by counselors-in-training. *Journal of Counselor Preparation and Supervision, 5*(2), 6-17.
5. Greenleaf, A. T., & Bryant, R. (2012). Perpetuating oppression: Does the current counseling discourse neutralize social action? *The Journal for Social Action in Counseling and Psychology, 22*, 141-157.
4. Williams, J. M., & Greenleaf, A. T. (2012). Ecological psychology: Potential contributions to social justice and advocacy in school settings. *The Journal of*

*Educational and Psychological Consultation*, 22, 141-157.

3. Wood, S. M., Greenleaf, A. T., & Thompson, L. M. (2012). Promising practices for school counselors working with students of military families. *Counseling Today*, 55(2), 50-54.
2. Portman, T., Fonsecaz-Irizarry, L., Getachew, M., Greenleaf, A. T., Laroco, R. (2010). *eGranary Digital Library Evaluation: Qualitative Analysis*. Retrieved May 21, 2010, from the WiderNet website  
[http://www.widernet.org/sites/default/files/eGranaryEval\\_06A-PortmanQualitative.pdf](http://www.widernet.org/sites/default/files/eGranaryEval_06A-PortmanQualitative.pdf).
1. Greenleaf, A. T., & Williams, J. M. (2009). Supporting social justice advocacy: A paradigm shift towards an ecological perspective. *The Journal for Social Action in Counseling and Psychology*, 2 (1), 1-14.

### **PODCAST**

Greenleaf, A. T. (2019). How ancient rite of passage ceremonies offer new hope of healing for United States military veterans. *Headspace and Timing Podcast*. 2019, August 1. Link: <https://veteranmentalhealth.com/hst132/>

### **PUBLICATIONS IN PREPARATION**

- Greenleaf, A. T. (In Review). A Praxis Reflection on Social Justice Ideology. *Journal of Counselor Leadership & Advocacy*.
- Greenleaf, A. T., & Reese, R. F. (In Review). Theory of Ecodaemonia: Unveiling Nature's Transformative Role in Counseling. *Ecopsychology*.
- Greenleaf, A. T. (In Review). Adaptive Purpose Theory: Redefining Career Counseling in the Era of Artificial Intelligence. *Career Development Quarterly*.
- Greenleaf, A. T., & Reese, R. F. (In Review). Nurturing Minds with Nature: Incorporating Ecodaemonia Theory into Comprehensive School Counseling Programs. *Professional School Counselor*.
- Roessger, K. M., & Greenleaf, A. T. (In Review). Learning to Support Science: Gender Differences in How Scientific Literacy Mediates the Effect of Formal Education on Adults' Public Support for Science. *American Educational Research Journal*

### **INVITED BOOK REVIEW**

Greenleaf, A. T. (2020). Review of "Introduction to Clinical Mental Health Counseling:

*Contemporary Issues*” by Joshua C. Watson & Michael K. Schmitt. Sage Publishing.

### **SCHOLARSHIP IN THE NATIONAL MEDIA**

*Martha Stewart Living* (18 July, 2019). “Here's How Sunlight Can Impact Your Mood—And Your Overall Mental Health”. Link: <https://www.marthastewart.com/1540908/how-sunlight-impacts-mood-overall-mental-health>

*Woodstock Magazine* (1 July, 2019). “Invite the outdoors in”. Link: [https://www.woodstockmagazine.com/2019/07/01/202651/invite-the-outdoors-in?utm\\_campaign=family-features&utm\\_medium=woodstock-magazine&utm\\_source=lpn](https://www.woodstockmagazine.com/2019/07/01/202651/invite-the-outdoors-in?utm_campaign=family-features&utm_medium=woodstock-magazine&utm_source=lpn)

*Velux* (5 June, 2019). “Let nature in campaign”. Link: <https://www.prnewswire.com/news-releases/new-global-survey-finds-were-lacking-fresh-air-and-natural-light-as-we-spend-less-time-in-nature-300861918.html>

*MedIndia* (11 July, 2017). “Care Farming Aids In Improving Veterans' Mental, Physical Health”. Link: <https://www.medindia.net/news/care-farming-aids-in-improving-veterans-mental-physical-health-171584-1.htm>

*News Medical* (10 July, 2017). “Care farming helps improve veterans' mental and social well-being, study shows”. Link: <https://www.news-medical.net/news/20170710/Care-farming-helps-improve-veterans-mental-and-social-well-being-study-shows.aspx>

*Health Medicine Network* (10 July, 2017). “Farm work may improve veterans' mental health”. Link: <http://healthmedicinet.com/i/farm-work-may-improve-veterans-mental-health/>

*MedicalXpress* (10 July, 2017). “Farm work may improve veterans' mental health”. Link: <https://m.medicalxpress.com/news/2017-07-farm-veterans-mental-health.html>

### **KEYNOTE ADDRESS**

Greenleaf, A. T. (2020, June). *While we were distracted...* Keynote address at the House System Institute: Virtual Symposium. Seattle, WA. Link: <https://vimeo.com/432625236>

### **PRESENTATIONS AND TRAINING WORKSHOPS**

46. Greenleaf, A. T. (2024, February). *Adapting to Tomorrow: Transforming K-12 Education with the Adaptive Purpose Model in the AI Era*. Innovative School Transformation Conference, Seattle, WA.
45. Greenleaf, A. T. (2023, September). *Secrets of Success: Thank-a-Professor Recipients Unpack Their Effective Teaching Techniques*. NSU's Learning and Educational Center. Nova Southeastern University.

44. Greenleaf, A. T. (2023, April). *The Impact of Social Media on Teens: What Can Be Done?* Shark Chat, NSU College of Psychology.
43. Greenleaf, A. T. (2023, February). *Getting Outside the Office: The Steps to Walk and Talk Therapy in Schools*. Innovative School Transformation Conference, Seattle, WA.
42. Greenleaf, A. T. (2022, June). *Nature-Based School Counseling: Integrating the Benefits Of Nature into Comprehensive School Counseling Programs*. House System Institute –A National Symposium. Seattle, WA.
41. Greenleaf, A. T. (2022, May). *The Impact of Social Media on Teens: What Can Be Done?* Parental Training Workshop. Redmond High School, Redmond, WA.
40. Greenleaf, A. T. (2021, May). *Nature-Based Counseling: Integrating the Healing Benefits of Nature into Practice*. 2021 Celebration of Scholarship. Representative of the College of Education. Seattle University.
39. Greenleaf, A. T. (2021, March). *The Kids are Not Alright: Recommendations for Schools Dealing with an Epidemic of Mental Illness*. Innovative School Transformation Conference. Seattle, WA.
38. Greenleaf, A. T. (2019, May). *The Impact of Social Media on Teens: What Can Be Done?* Staff Professional Development Workshop. Redmond High School, Redmond, WA.
37. Greenleaf, A. T. (2019, March). *Pressing Pause: What are the Risks of Social Media On Generation Z?* Innovative School Transformation Conference. Seattle, WA.
36. Greenleaf, A. T. (2018, March). *Multicultural and Social Justice Competencies: A Leadership Framework*. Innovative School Transformation Conference. Seattle, WA.
35. Greenleaf, A. T., Weihe, H., & Nguyen, E. (2018, March). *Developing School Connectedness for Faculty and Staff*. Innovative School Transformation Conference. Seattle, WA.
34. Greenleaf, A. T., Weihe, H., & Nguyen, E. (2018, March). *Toolkit for a More Connected Counseling Team*. Presentation at the Washington School Counseling Association (WSCA) Conference, Seattle, WA.
33. Greenleaf, A. T. (2017, May). *Care Farming, Veterans, and Life Satisfaction: The Effectiveness of Ecotherapy on Wellness*. Professional Development Talk. Sponsored by the University of Nevada – Las Vegas.
32. Greenleaf, A. T. (2016, September). *Effects of Farming on Veteran's Well-Being*. Presentation at the Rocky Mountain Association of Counselor Education

and Supervision (RMACES) Conference, Steamboat Springs, CO.

31. Greenleaf, A. T. (2016, May). *Effects of Farming on Veteran's Well-Being*. Presentation at the Association of Humanistic Counseling (AHC) Conference, Portland, OR.
31. Greenleaf, A. T. (2015, June). *Farming and Veteran's Well-Being: A Study*. Seattle University Alumni Association. Seattle, WA.
30. Greenleaf, A. T. (2015, March). *Keys to Effective Facilitation of Mentor Groups*. Staff Professional Development Training. O'Dea High School, Seattle, WA.
29. Greenleaf, A. T. (2015, March). *Facilitating Mentor Group Discussions on Social Justice Issues*. Staff Professional Development Training. O'Dea High School, Seattle, WA.
28. Greenleaf, A. T., Jones, A. M., Malone, I., & Kenney, V. (2015, February). *Nature Based School Counseling: Integrating the Benefits of Nature into Comprehensive School Counseling Programs*. Presentation at the Washington School Counseling Association (WSCA) Conference, Seattle, WA.
27. Greenleaf, A. T. (2014, November). *School Connectedness: The Untapped Power of Schools*. Professional Development Presentation. O'Dea High School, Seattle, WA.
26. Ratts, M. R., & Greenleaf, A. T. (2014, February). *Child Abuse and Reporting*. Continuing Education Workshop. Washington School Counseling Association (WSCA) Conference, Seattle, WA.
25. Ono, S., Nay, S., Thomas, C., Howard, R., Ratts, M., & Greenleaf, A. T. (2014, February). *The Hidden Culture of Poverty in Schools: Addressing the Needs of Students in Poverty through PhotoVoice*. Presentation at the Washington School Counseling Association (WSCA) Conference, Seattle, WA.
24. Greenleaf, A. T. (2013, April). *The Ecological Perspective: Understanding Human Behavior from a Person-Environment Lens*. 2013 Health Disparities Conference, Springdale, AR.
23. Greenleaf, A. T., Jones, S., Jungersen, T., Walker, Q., & Williams, J. (2013, March). *Deconstructing Mental Health Disparities and Social Justice in Action: A Nexus of Counseling Professionals*. Panel presentation at the American Counseling Association (ACA) Convention, Cincinnati, OH.
22. Greenleaf, A. T., & Ritter, G. (2013, February). *Research and public school partnerships: Razor C.O.A.C.H. Program*. The University of Arkansas, Office for Education Policy.
21. Greenleaf, A. T. (2013, January). *Positive Psychology and its Philosophies*. Presentation at The University of Arkansas Strengths Symposium,

Fayetteville, AR.

20. Greenleaf, A. T., Kaplan, J., & Kester, J. (2012, October). *Metrics Next: Measuring Health, Happiness and Opportunity*. Panel presentation at the Sustainable Communities Leadership Summit, Fayetteville, AR.
19. Greenleaf, A. T., Carver, C., & Abbott, L. (2012, September). *Professional Counseling, Please Shake Hands with Positive Psychology*. Round-table discussion at the Southern Association of Counselor Education and Supervision (SACES) Conference, Savannah, GA.
18. Gutkin, T. B., Swearer, S. M., Doll, B. J., Meyers, J., & Greenleaf, A. T. (August, 2012). *Ecological School Psychology — Translating Theory and Research Into Evidence-Based Practice*. Symposium at the American Psychological Association Conference, Orlando, FL.
17. Newgent, R. A., Davis, H., Higgins, K. K., & Greenleaf, A. T. (2012, March). *Tips for Applying for Counselor Education Faculty Positions*. Poster presentation at the American Counseling Association (ACA) Convention, San Francisco, CA.
16. Greenleaf, A. T. (2012, February). *Positive Psychology: A Roadmap to Human Flourishing*. Presentation at the Arkansas Counselor Education and Supervision (ArACES) Conference, Fayetteville, AR.
15. Greenleaf, A. T. & White, J. (2011, November). *Is Positive Psychology Relevant? Why Understanding the “Good Life” Matters for the Counseling Profession*. Presentation at the Arkansas Counseling Association (ArCA) Conference, Hot Springs, AR.
14. Kissinger, D., Thomasson, T., Kirkpatrick, K., & Greenleaf, A. T. (2011, November). *Reactance Potential and the Supervisory Alliance*. Presentation at the Arkansas Counseling Association (ArCA) Conference, Hot Springs, AR.
13. Greenleaf, A. T. (2011, October). *Career Counseling in the Great Recession: Implications and Interventions for Assisting Emerging Adults in the College-to-Career Transition*. Round table discussion at the Association for Counselor Education and Supervision (ACES), Nashville, TN
12. Wood, S. M., Thompson-Gillespie, L., & Greenleaf, A. T. (2011, March). *Promising Practices for School Counselors Working With Students of Military Families*. Poster session at the American Counseling Association (ACA) National Conference, New Orleans, LA.
11. Greenleaf, A. T., & Williams, J. M. (2010, October). *Ecological Counseling: Potential Contributions to Social Justice and Advocacy in School Settings*. Presentation at the North Central Association for Counselor Education



and Supervision (NCACES), Itasca, IL.

10. Greenleaf, A. T., & Williams, J. M. (2010, September). *Ecological Counseling: Potential Contributions to Social Justice and Advocacy in School Settings*. Presentation at the North Atlantic Region Association for Counselor Education and Supervision (NARACES), New Brunswick, NJ.
9. Greenleaf, A. T. (2010, August). *Positive Psychology*. Continuing Education Workshop. Annual Summer School for Professional Helpers. Iowa City, IA.
8. Williams, J. M., & Greenleaf, A. T. (2010, March). *Social Justice Counseling and Therapy: Philosophy and Theory in Action*. Poster session presented at the American Counseling Association (ACA) National Conference, Pittsburgh, PA.
7. Greenleaf, A. T., & Williams, J. M. (2009, October). *Wellness Counseling: Targeting Transformative Societal Change*. Presentation presented at the Association for Counselor Education and Supervision (ACES) National Conference, San Diego, CA.
6. Williams, J. M., & Greenleaf, A. T. (2009, October). *Balancing the Imbalance: Reframing the Medical Model from a Multicultural Perspective*. Presentation presented at the Association for Counselor Education and Supervision (ACES) National Conference, San Diego, CA.
5. Cigrand, D. & Greenleaf, A. T. (2009, October). *Recognizing Ego Depletion in Ourselves and Its Relational Effects*. Association for Counselor Education and Supervision (ACES), San Diego, CA.
4. Greenleaf, A. T., Williams, J. M., Dean, A. A. (2008, October). *Wellness Counseling of African American Adolescents*. Presentation presented at the North Central Association for Counselor Education and Supervision Regional Conference (NCACES), Indianapolis, IN.
3. Stoner-Harris, T., Bacon, L.C., Williams, J.M., Viviani, A., Dean, A., Greenleaf, A. T., Lin, Y., Washington, A. (2008, October). *A Response to the Challenge: A Doctoral Student's Adjustment from Community Counseling to School Counseling*. Poster session presented at the North Central Association for Counselor Education and Supervision Regional Conference (NCACES), Indianapolis, IN.
2. Dean, A. A., Greenleaf, A. T., & Williams, J. M. (2008, October). *There's Nothing New Under the Sun: Understanding Acedia*. Poster session presented at the North Central Association for Counselor Education and Supervision Regional Conference (NCACES), Indianapolis, IN.
1. Witherspoon, S., Henfield, M. S., Greenleaf, A. T., Washington, A., & Goldsmith, S. (2007, October). *Exploring Trends in Doctoral Students' Advising Experiences*.

Program presented at the Association for Counselor Education and Supervision (ACES), Columbus, OH.

## GRANTS

### **Funded Grants**

- 2012-2015 Higgins, K., Greenleaf, A. T., & Kissinger, D. *The Razor C.O.A.C.H. Program*, The Walton Family Foundation.  
Funded: \$1,450,500.
- 2015 Greenleaf, A. T. (2015). *The Effects of Care Farming on Post War Veterans Well-Being and Symptoms of PTSD and Depression*.  
Seattle University  
Funded: \$7,000
- 2012 - 2013 Greenleaf, A. T., & Ganio M. *Green Exercise as a Modality to Enhance Talk Therapy*  
University of Arkansas  
Funded: \$15,000

### **Unfunded Grants**

- 2015 Ratts, M.J., & Greenleaf, A. T. *Making the invisible, visible: Contextual factors contributing to LGBTI courtesy stigma*.  
NIH R03  
Research  
REQUESTED: \$200,000  
Unfunded.
- 2014 Greenleaf, A. T., & Roessger, K. *The Effects of Care Farming on Post War Veterans Well-Being and Symptoms of PTSD and Depression*.  
NIH R15  
Research  
REQUESTED: \$253,000  
Unfunded.
- Ratts, M. J., Song, S., Greenleaf, A. T., & Cowan-Pitre, C.  
*Teacher-Advocate-Scholar Model: A Quasi-Experimental Study*  
American Association of Colleges for Teacher Education  
Type of grant (Research, Teaching, Professional Development, Technical Assistance)  
REQUESTED: \$30,000  
Unfunded.
- Greenleaf, A. T. *Exploring the Efficacy of Care Farms in the Seattle Area: An Exploratory Trip to The Netherlands*.  
Seattle University

Research  
REQUESTED: \$2,000  
Unfunded

**Financial Gift**

2016      Greenleaf, A. T., & Roessger, K. *The Effects of Care Farming on Post War Veterans Well-Being and Symptoms of PTSD and Depression.*  
Gift from Peter Chiarelli, Four-Star General, Vice Chief of Staff of the United States Army Multi-National Corps – Iraq  
Research Funded: \$25,000.

**COURSES TAUGHT**

**Nova Southeastern University**

Community Mental Health Counseling  
PYCL 0660

Human Sexuality  
PYCL 0582

Career Counseling  
PYCL 0631

Counseling Theories & Practice  
PYCL 0502

Counseling Practicum  
PYCL 0680

**Seattle University**

Professional and Ethical Issues in Counseling  
COUN 5080

Tests and Measurements  
COUN 5270

Crisis Counseling  
COUN 5700

Career Guidance for K-12 Schools  
COUN 5160

Comprehensive School Counseling  
COUN 5090

Consultation, Leadership, & Advocacy  
COUN 5140

Counseling Across the Lifespan  
COUN 5070

Counseling Theories  
COUN 5110

Lifespan Career Development  
COUN 5120

School Counseling Practicum  
COUN 5540

School Counseling Internship and Graduate Project I  
COUN 5550

School Counseling Internship and Graduate Project II  
COUN 5560

School Counseling Internship and Graduate Project III  
COUN 5570

**Independent Studies**

Multicultural and Social Justice Counseling  
COUN 5130

Group Counseling  
COUN 5170

Counseling with Children and Adolescents  
COUN 5610

Diagnosis and Assessment  
COUN 5400

Introduction to Educational Research  
EDUC 5000

**The University of Arkansas**

Clinical Applications of Marriage and Family Counseling  
CNED 6123 – Doctoral Seminar

Counseling and Human Development  
CNED 5993

Counseling Practicum  
CNED 5343

Cultural Foundations and Counseling  
CNED 6343 – Doctoral Seminar

Foundations of Marriage & Family Counseling  
CNED 6023 – Doctoral Seminar

Individual Appraisal  
CNED 5303

Lifestyle and Career Development  
CNED 5213

**The University of Iowa**

Alcohol And Your College Experience  
027:020

Group Counseling (co-instructor)  
07C:202

Group Processes for Related Professions  
07C:190

Positive Psychology  
07C:174

Resiliency and Your College Experience  
027:022

Understanding Stress and Coping  
28:174

**American Public University System**

School Counseling Practicum (online)  
EDUC 696

School Counseling Internship (online)  
EDUC 691, 692

Psychodiagnostics and Assessment (online)  
EDUC 533

**Master's Thesis Committee**

Fall & Winter, 2012 - University of Arkansas

Student: Alexandra Lachance

Title: *Effect of body size and exercise on mood state*

### **AWARDS AND HONORS**

Top Downloaded Article 2017-2018, Certificate of Achievement, *The Journal of Humanistic Counseling*

Distinguished Reviewer of the Year, *The Journal of Humanistic Counseling*, 2016

Junior Faculty Professional Development Award  
Seattle University, 2015

Exceptional Graduate Student Award  
The University of Iowa, 2009

Chi Sigma Iota, International Honor Society  
The University of Iowa, 2007-2011

Audrey Qualls Scholarship  
The University of Iowa, 2007-2011

### **SERVICE**

#### **Service to the College/University**

2023-2024	Application Review Committee
2023-2024	Department of Counseling Curriculum Committee, School Counseling Subcommittee
2022-2024	Admissions Committee, Nova Southeastern University
2022	Faculty Handbook Review Committee
2020-2021	ROC-ACR Academic Calendar Review Committee
2020-2021	ROC-ACR Student Engagement Sub-committee
2019-2022	Chair of Academic and Curriculum Review Committee, College of Education
2019-2020	Assessment Liaison, Mental Health and School Counseling Program, College of Education
2018-2021	Seattle University, Faculty Handbook Committee

2018-2020	Academic Assembly, Bylaws Committee
2018-2020	Intercollegiate Athletics Advisory Board, Faculty Representative
2017-2020	Academic Assembly, College of Education Representative
2017-2018	Academic Assembly, Deans Evaluation Committee
2017-2018	Academic Assembly, Administrator Assessment Committee
2016-2022	Chair of Faculty Bylaws Committee, College of Education.
2018-2019	PEAB Liaison, School Counseling Program, College of Education
2016-2019	Seattle University Graduate Commencement, Name Reader.
2016-2019	Leadership and Finance Team, Bylaws Committee Representative, College of Education
2017	Chair: Search Committee, Boeing-William M. Allen Endowed Chair position, College of Education.
2015-2017	Institutional Review Board, Seattle University, College of Education Representative.
2018-2019	Leadership and Finance Team, Associate Professor Representative, College of Education.
2017-2018	Leadership and Finance Team, Large Programs Representative, College of Education.
2014-2017	Leadership and Finance Team, Assistant Professor Representative, College of Education.
2014-2020	Admissions Liaison, Mental Health and School Counseling Program, College of Education
2014-2016	Summer Faculty Fellowship Committee, Seattle University, College of Education Representative.
2015	Chair: Search Committee, Boeing-William M. Allen Endowed Chair position, College of Education.
2015	Member: Strategic Planning Committee, Differentiated Workload, College of Education
2014	Member: Strategic Planning Committee, College of Education
2014, 2018	PEAB Liaison, School Counseling Program, College of Education

- 2011-2013 Member: Faculty Advisory Council, Applied Sustainability Center.
- 2013 Member: Professional Development Committee, Arkansas Health Disparities Conference.
- 2012 Member: Professional Development Committee, Arkansas Health Disparities Conference.

### **Service to the Profession**

- 2024 Editorial Board. *Psychology & Psychological Research International Journal*
- 2018-2022 Associate Editor of Theory and Practice. *Journal of Counseling & Development*
- 2022-2025 Editorial Board. *Journal of Counselor Leadership and Advocacy*
- 2013-2018 Editorial Board. *The Journal of Humanistic Counseling*
- 2019-Present Reviewer. *Aging and Mental Health*
- 2019-Present Reviewer. *Current Psychology*
- 2018-Present Reviewer. *Frontiers in Psychology*
- 2017-Present Reviewer. *The International Journal of Environmental Research and Public Health*
- 2014-Present Reviewer. *The Journal of Counselor Leadership & Advocacy*
- Reviewer. *International Journal of Professional Counseling*
- 2011-Present Reviewer. *Journal for Social Action in Counseling and Psychology*
- 2013 *Communications Officer*: Counselors for Social Justice, Division of the American Counseling Association
- 2011-2012 *Member*: Strategic Planning Committee, Counselors for Social Justice, Division of the American Counseling Association
- 2009 *Student Representative*: Association of Multicultural Counseling and Development, National Awards Committee

### **Additional Service**

- 2014-2021 *Member*, Advisory Council, Growing Veterans



**COUNSELING EXPERIENCE**

2020-Present	Private Practice, Mental Health Counseling and Hypnotherapy, Seattle, WA, Weston, FL
2021-2022	Counseling Services for Wellbeing, Mental Health Counselor, Seattle, WA
2014-2015	Mental health and career counseling, Edmonds Community College Edmonds, WA
2007-2009	Mental health and career counseling, Kirkwood Community College, Iowa City, IA
2006-2007	Couples and family counseling, WestGate Consultation Network, Spartanburg, SC

**PROFESSIONAL ORGANIZATIONS MEMBERSHIPS**

American Counseling Association (ACA)

Chi Sigma Iota (CSI)

Association for Counselor Education and Supervision (ACES)