

---

---

# CIERRA R. DAVIS, Ph.D., NCC, LPC

Nova Southeastern University  
Department of Counseling  
3301 College Ave  
Fort Lauderdale, FL 33314-7796  
[cdavis1@nova.edu](mailto:cdavis1@nova.edu)

---

---

## ACADEMIC BACKGROUND

### **Ph.D. Doctor of Philosophy, Counseling and Supervision Program, 2018**

**James Madison University, Harrisonburg, VA**

**Department of Graduate Psychology (CACREP Accredited)**

**Dissertation:** *An Exploration of a Mentoring Program on the Experiences of African-American Students at a Predominately White Institution*

### **M.A. Community Counseling, 2009**

**Eastern Mennonite University, Harrisonburg, VA (CACREP Accredited)**

**Thesis:** *The Thriving Elderly*

### **B.A. Psychology, 2005**

**Mary Baldwin University, Staunton, VA**

## LICENSURE AND CERTIFICATIONS

- Licensed Professional Counselor, Virginia (LPC # 0701005937)
- NBCC Board Certified Counselor (ID:1079922)

## FELLOWSHIPS

- 2018-2019 National Board for Certified Counselors Minority Fellowship Program (NBCC) MFP Fellow (\$20,000)
- 2018-2019 Virginia Counselors Association Foundation Pete Warren Graduate Student Fellow (\$100 and paid membership)

## FUNDED GRANTS

2018 Implications for Counselor Educators who work with Church Mentoring Programs  
Funded by the Virginia Association for Counselor Education and Supervision (VACES)  
Amount: \$500 Role: Principal Investigator

2018 James Madison University Graduate Student Travel Grant  
Amount: \$200

## **TEACHING EXPERIENCE**

**Fall 2019 Assistant Professor, Department of Counseling, Nova Southeastern University, Ft. Lauderdale, FL**

Courses Taught:

PYCL 0511: Counseling Techniques

PYCL 0512: Human Growth & Development (2 Sections)

Master's Level Courses

Traditional and Intensive Weekend course delivery formats

**Spring 2019 MBU 101-Legacy and Traditions, Mary Baldwin University, Staunton, VA**

Co-Taught freshmen undergraduate students in the Ida B. Wells Gateway/living learning community and PERSIST program at Mary Baldwin University.

Responsibilities include teaching on various topics including stress management and problem solving and providing academic advising to twelve students.

**Fall 2018 MBU 101-Legacy and Traditions, Mary Baldwin University, Staunton, VA**

Co-Taught freshmen undergraduate students in the Ida B. Wells Gateway/living learning community and PERSIST program at Mary Baldwin University.

Responsibilities include teaching on various topics including stress management and problem solving and providing academic advising.

**Spring 2018 PSYC 695- Practicum, James Madison University, Staunton, VA**

Co-Taught Master's level School Counseling students at James Madison University in Harrisonburg, VA. Responsibilities include providing the clinical supervision aspect of the course.

**Fall 2017 PSYC 695 Counseling Practicum-CMHC, James Madison University Harrisonburg, VA**

Co-Taught Master's level Clinical Mental Health Counseling students in Harrisonburg, VA. Responsibilities included syllabus creation, creating weekly teaching plans, teaching counseling techniques, facilitating the group supervision process, grading key assignments and reflections.

**Fall 2017 PSYC 203-A Developmental Psychology Case Study, Eastern Mennonite University, Harrisonburg, VA**

Taught undergraduate students at Eastern Mennonite University in Harrisonburg, VA. Responsibilities included syllabus creation, grading workbook assignments, facilitating group processing of field interactions with children, leading seminar on various topics.

**Spring 2017 PSYC 665 Group Counseling, James Madison University**

Co-Taught Master's-level School counseling students at James Madison University in Harrisonburg, VA. Responsibilities included syllabus creation, grading written assignments, leading the facilitation of the group process, lecturing on various course topics and holding office hours to assist students.

**CLINICAL EXPERIENCE**

**SUPERVISION**

**Fall 2017 *Doctoral Practicum Supervisor, James Madison University***

Held weekly individual supervision sessions with a Clinical Mental Health Masters Level student during practicum. Review videotapes, case materials and clinical progress notes. Review with supervisee ACA Code of Ethics, multicultural competencies and other pertinent topics related to providing ethical services.

**Fall 2017 *Doctoral Practicum Supervisor, James Madison University***

Held weekly supervision sessions with a Clinical Mental Health Masters Level student in practicum. Review videotapes, case materials and clinical progress notes. Review with supervisee ACA Code of Ethics, multicultural competencies and other pertinent topics related to providing ethical services.

**COUNSELING**

**Spring 2017 *Doctoral Intern, Counseling, Assessment and Psychological Services (CAPS), James Madison University***

Provided intake assessments and individual counseling to individuals referred to CAPS. Counseled using a combination of counseling techniques.

***Therapist, Center for Marriage and Family Counseling, Harrisonburg, VA***

Provided individual and couples counseling to clients representing a variety of needs including substance abuse concerns. Counseled using a combination of Rogerian, self-psychology and cognitive behavioral approaches.  
(June 2015-October 2016)

***Coordinator of Intensive Outpatient Program, Center for Marriage and Family Counseling  
Harrisonburg, VA***

Led IOP substance abuse groups twice per week. Performed weekly drug testing. Scheduled and led weekly supervision meetings and coordinated cases with Clinicians and interns.  
(June 2015- September 2016)

***Recovery Support Specialist, Sentara Rockingham Memorial Hospital, Harrisonburg, VA***

Provided counseling, substance abuse assessment, education and support to adult/parent substance users in the home setting. Performed case management services. Regularly communicated with case managers, lawyers and Child Protective Services regarding client services and progress.

(October 2014 – June 2016)

***Therapist at the Detention Center, Crossroads Community Services Board, Farmville, VA.***

Was responsible for the provision of clinical services, consultation and case management within the Piedmont Regional Juvenile Detention Center. Provided assessment, diagnosis and treatment through a variety of modalities. Provided crisis intervention and pre-screening for hospitalization. Provided individual, group (substance abuse, anger management, social skills) and family psychotherapy.

(September 2011- September 2014)

***Day Treatment Clinician, Valley Community Services Board, Staunton, VA.***

Provided school, office and center-based psychotherapy and case management services to children and adolescents. Supervised Therapeutic Behavioral Specialist (TBS). Wrote Medicaid authorizations and worked closely with community agencies and staff to coordinate services.

(October 2009- March 2011)

***On-Call Crisis Worker, Mary Baldwin University, Staunton, VA.***

Provided after hour on-call crisis assistance; staffed cases with residence life staff and students.

(November 2010-March 2011)

***In-Home Therapist, Augusta League of Therapists, Waynesboro, VA.***

Provided in-home counseling to children and adolescents; co-lead family sessions with lead therapist.

(May 2009-August 2009)

***Graduate Intern, Mary Baldwin University Counseling Center, Staunton, VA.***

Provided individual counseling to college students at Mary Baldwin University; performed intake and suicide assessments.

(January 2007-May 2007)

## **PROFESSIONAL EXPERIENCE**

***Program Director for the Office of Inclusive Excellence. Mary Baldwin University, Staunton, VA.***

Design and facilitate leadership development opportunities for students of color; Provided holistic support, serves as an advocate for all MBU students with a special passion for students of color, monitor their progress, advise minority student organizations, makes proposals for budget and resources, provided academic advising to students in MBU 101, directed and planned events for the Ubuntu peer-mentoring program and the Sista-Friends Alumnae mentoring program, provided mentor/mentee trainings.

Assisted with the creation and assessment of programming designed to strengthen minority student retention.  
(August 2018-May 2019)

***Editorial Assistant, Virginia Child Protection Newsletter.*** Harrisonburg, VA.

- Summer 2018 Issue 112- *Supporting Virginia's LGBT Youth*
- Winter 2018 Issue 111- *Serving Virginia's rural children and families*
- Fall 2017 Issue 110- *Serving our military families: Collaboration, Communication and Advocacy.*  
(October 2017-May 2018)

***Graduate Assistant, Graduate Psychology. James Madison University,*** Harrisonburg, VA.

Assisted the Director of Counseling Programs. Editorial Assistant for the Virginia Child Protection Newsletter publication, coordinated *Pizza and Process* faculty/student gatherings, attended, recorded and disseminated minutes for twice monthly faculty meetings, created/designed the Graduate Psychology newsletter, *Empathic Times.*  
(May 2017-May 2018)

***Graduate Assistant, Centennial Scholars Program. James Madison University,*** Harrisonburg, VA.

Mentored twelve James Madison University Undergraduate Students. Conducted weekly individual and small group meetings on various topics related to school and life. Informal individual counseling and referrals to other services.  
(August 2016-May 2017)

***Coordinator of Multicultural Activities, Mary Baldwin University,*** Staunton, VA.

Provided guidance and leadership training for nine minority student organizations, planned and facilitated Sista Friends Mentoring Program. Supervised Umoja House: African American Cultural Center. Assisted with the planning and facilitation of Minority Student Leadership Conference, Black History Month, Las Posadas and Annual Kwanzaa Celebration.  
(November 2010-March 2011)

***Admissions Counselor for Minority Recruitment, Mary Baldwin University,*** Staunton, VA

Provided overall vision direction and supervision for Minority Student Recruitment including Visit Days, managed a recruitment territory encompassing Maryland and Virginia. Reviewed, evaluated and maintained files for prospective students.  
(September 2006-September 2007)

***Family Services Advocate, Staunton City Public Schools,*** Staunton, VA

Served as an advocate for a diverse population of families served by Staunton City Public Schools. Assisted teacher and other personnel in providing parents

with opportunities to be involved in their child's educational process. Performed recruitment activities related to pre-school enrollment of children/families. (September 2007-December 2008)

## **PRESENTATIONS**

- Davis, C.** (2019, February). Implications for counselor educators who work with church mentoring programs. Poster session presented at the Virginia Association for Counselor Educators and Supervision Graduate Student Conference, Hampton Virginia.
- Davis, C.** (2018 November). *My graduate student journey-and lessons learned*. Poster session at Commonwealth's Graduate Education Day Conference. Longwood University, Farmville, VA.
- Davis, C., Koser, K., Sirocky-Meck A.** (2017 April) *A theoretical framework for conceptualizing healthy relationships for inclusion in sexual violence prevention programming*. Marine Corps, Quantico, Virginia
- Davis, C., Koser, K.** (2017 November) *Through an Attachment Lens: Helping young adults develop healthy relationships*. Virginia Counselor's Association Conference, Hot Springs, Virginia
- Echterling, L., **Davis, C., Sutherlin, D. T., & Wardlaw, G.** (2016 November) *Thriving in a Counselor Education Doctoral Program*. Virginia Counselor's Association Conference, Williamsburg, Virginia
- Davis, C., Sutherlin, D. T.,** (2016 October). *Mentorship as Leadership: Support for Black Ph.D. students*. James Madison University, Harrisonburg, Virginia

## **LOCAL WORKSHOPS & TRAININGS**

- Davis, C.** (2018, November). *Multicultural Training*. Mary Baldwin University, Staunton, VA.
- Davis, C.** (2018, November). *Building Cultural Competency*. James Madison University, Harrisonburg, VA.
- Davis, C.** (2018 August) *Disrespected or Misunderstood: Navigating Conflict Resolution*. Mary Baldwin University, Staunton, VA.
- Davis, C.,** (2015 March) *Mental health awareness and how to prevent suicide*. Lambda Chi Chapter of Alpha Kappa Alpha Sorority, Inc., James Madison University, Harrisonburg, VA.
- Davis, C.,** (2015 February) *How to be a powerful and effective leader of minority clubs*.

Minority Clubs United, Mary Baldwin University, Staunton, Virginia

**Davis, C.,** (2015 February) *How to be a leader and maintain professionalism at a PWI.* Minority Clubs United, Mary Baldwin University, Staunton, Virginia

## **PAPERS**

**Davis, C.** (2018). What's in your Toolkit? The Importance of Continuing Education for Helping Professionals in the Effective Treatment of LGBT youth. In Sturm, D. (Ed.) Virginia Child Protection Newsletter. Commonwealth of Virginia Department of Social Services, 112, p.13. [https://issuu.com/debbiecrawfordsturm/docs/vcpn\\_june\\_2018](https://issuu.com/debbiecrawfordsturm/docs/vcpn_june_2018)

**Davis, C. & Hamby, C.** (2018). Navigating the destructive effects of parental substance abuse. In Sturm, D. (Ed.) Virginia Child Protection Newsletter. Commonwealth of Virginia Department of Social Services, 111, p5. [https://issuu.com/debbiecrawfordsturm/docs/vcpn\\_feb\\_2018](https://issuu.com/debbiecrawfordsturm/docs/vcpn_feb_2018)

**Davis, C.,** (2016). Four tips for clinician to clinician support as a means of preventing burnout. Southern Association for Counselor Education and Supervision (SACES) Spring 2016 Newsletter.

## **PROFESSIONAL SERVICE**

*Virginia Counselor's Association Program Committee Member*

Reviewed and evaluated conference presentation proposals submitted for the 2017 Virginia Counselors Association Annual Conference (2017-2018)

*Alpha Kappa Alpha Sorority Incorporated.*

(2004-Present)

Secretary, Sigma Gamma Omega, Harrisonburg VA. Alumni Chapter

(2015-2018)

Volunteer, The Baltimore Juvenile Justice Center, Baltimore, MD.

(May 2006- June 2006)

## **SERVICE THROUGH MENTORSHIP**

*Helping College Students Finish Strong Mentoring Program* Christ Our Redeemer A.M.E Church, Staunton, VA

Mentor to two members of Christ Our Redeemer AME Church/Mary Baldwin University undergraduate women.

(2017-Present)

*Sista-Friends Alumni Mentor*, Mary Baldwin University, Staunton, VA  
Mentor to a current undergraduate Mary Baldwin University student.  
(2009-Present)

UBUNTU Mentor  
Mentor to a Mary Baldwin University student.  
(2018-Present)

## **CURRENT PROFESSIONAL MEMBERSHIPS**

American Counseling Association (ACA)  
    Association for Multicultural Counseling and Development (AMCD)  
    Southern Association for Counselor Education and Supervisions (SACES)  
    Virginia Association for Counselor Education and Supervision (VACES)  
    Virginia Counselors Association (VCA)  
National Board for Certified Counselors (NBCC)  
Psi Chi, The International Honor Society in Psychology  
Sisters in Session, James Madison University