

Curriculum Vitae | 2025
Christian DeLucia, Ph.D.

Professional Information

Professor, Department of Clinical and School Psychology
College of Psychology | Nova Southeastern University
3300 S. University Drive (Maltz Building, 1081)
Fort Lauderdale, FL. 33328-2004
PH: 954.262.5810;
Email: cdelucia@nova.edu

Education

Ph.D.	Arizona State University Clinical Psychology	2003
M.A.	Arizona State University Clinical Psychology	1998
B.A.	Lehman College: City University of New York Psychology	1994

Publications – Peer Reviewed

- Merling, L. F., Siev, J., **DeLucia, C.**, & Davidtz, J. (2022). I think I can: The role of self-efficacy in contamination. *The Journal of Social and Clinical Psychology*, 41, 423-443.
- Jeffrey, M., Collado, F., Kibler, J., **DeLucia, C.**, Messer, S., Klimas, N., & Craddock, T. J. A. (2021). Post-traumatic stress impact on health outcomes in gulf war illness. *BMC Psychology*, <https://doi.org/10.1186/s40359-021-00561-2>
- Vassilopoulos, A., **DeLucia, C.**, & Torres, C. (2021). Do mothers and fathers agree? Examining interpersonal ratings of youth externalizing behaviors among ethnically diverse families. *Journal of Clinical Psychology*, DOI: 10.1002/jclp.23200
- Nicholl, M. C., Valenzuela, J. M., Lit, K., **DeLucia, C.**, Shoulberg, A. M., Rohan, J. M., Pendley, J. S., Dolan, L., & Delamater, A. M. (2019). Comparison of diabetes management trajectories in Hispanic versus White non-Hispanic youth with Type I Diabetes across early adolescence, *Journal of Pediatric Psychology*, 44(6), 631-641.
- Sciarrino, N. A., **DeLucia, C.**, O'Brien, K., & McAdams, K. (2017). Assessing the effectiveness of yoga as a complementary and alternative treatment for post-traumatic stress disorder: A review and synthesis. *Journal of Alternative and Complementary Medicine*, 23(10), 747-755.

- DeLucia, C.**, Bergman, B. G., Beitra, D., Howrey, H. L., Seibert, S., Ellis, A. E., & Mizrachi, J. (2016). Beyond abstinence: An examination of psychological well-being in members of Narcotics Anonymous. *Journal of Happiness Studies*, *17*, 817-832.
- DeLucia, C.**, Bergman, B. G., Formoso, D., & Weinberg, L. B. (2015). Recovery in Narcotics Anonymous from the perspectives of long-term members: A qualitative study. *Journal of Groups in Addiction and Recovery*, *10*(1), 3-22.
- Nelson, S., Faust, J., Doyle, K., & **DeLucia, C.** (2015). Correlates of suicidal behavior in abused children beyond depressive symptoms. *Journal of Child and Adolescent Trauma*, *8*(2), 93-101.
- Thaw, J. M., Villa, M., Reitman, D., **DeLucia, C.**, Gonzalez, V., & Hanson, K. L. (2014). Evidence-based fitness promotion in an afterschool setting: Implementation fidelity and its policy implications. *New Directions for Youth Development*, *143*, 103-131.
- Bergman, B. G. & **DeLucia, C.** (2014). Clinical trainees' knowledge and beliefs about 12-step organizations: Implications for training and future practice. *Alcoholism Treatment Quarterly*, *32*(4), 357-374.
- Holmbeck, G. N., **DeLucia, C.**, Essner, B., Kelly, L., Friedman, D., Jandasek, B., & Zebracki, K. (2010). Trajectories of psychosocial adjustment in adolescents with spina bifida: A six-year four-wave longitudinal follow-up. *Journal of Consulting and Clinical Psychology*, *78*(4), 511-525.
- Friedman, D., Holmbeck, G. N., **DeLucia, C.**, Jandasek, B., & Zebracki, K. (2009). Trajectories of autonomy development across the adolescent transition in children with spina bifida. *Rehabilitation Psychology*, *54*(1), 16-27.
- Jandasek, B., Holmbeck, G. N., **DeLucia, C.**, Zebracki, K., & Friedman, D. (2009). Trajectories of family processes across the adolescent transition in youth with spina bifida. *Journal of Family Psychology*, *23*(5), 726-738.
- DeLucia, C.**, Paikoff, R. L., & Holmbeck, G. N. (2007). Individual growth curves of sexual intercourse behavior among urban, adolescent, African American youth: Results from the CHAMP basic study. *Social Work in Mental Health*, *5*(1/2), 59-80.
- DeLucia, C.**, & Pitts, S. C. (2006). Applications of Individual Growth Curve Modeling for Pediatric Psychology Research. *Journal of Pediatric Psychology*, *31*, 1002-1023.
- Halliday-Boykins, C. A., Henggeler, S. W., Rowland, M. D., & **DeLucia, C.** (2004). Heterogeneity in youth symptom trajectories following psychiatric crisis: Predictors and placement outcomes. *Journal of Consulting and Clinical Psychology*, *72*(6), 993-1003.

DeLucia, C., Belz, A., & Chassin, L. (2001). Do adolescent symptomatology and family environment vary over time with fluctuations in paternal alcohol impairment? *Developmental Psychology, 37*(2), 207-216.

Chassin, L., Pitts, S. C., & **DeLucia, C.** (1999). The relation of adolescent substance use to young adult autonomy, positive activity involvement, and perceived competence. *Development and Psychopathology, 11*(4), 915-932.

Chassin, L., Pitts, S. C., **DeLucia, C.,** & Todd, M. (1999). A longitudinal study of children of alcoholics: Predicting young adult substance use disorders, anxiety, and depression. *Journal of Abnormal Psychology, 108*(1), 106-119.

Chassin, L., & **DeLucia, C.** (1996). Drinking during adolescence. *Alcohol Health and Research World, 20*(3), 175-180.

Publications – Chapters

DeLucia, C., Valenzuela, J., Ellis, A. E., & Beitra, D. (2017). Chapter 7: Research methods and statistics. In B. Moore & A. Klee (Eds.), *EPPP Fundamentals: Review for the Examination for Professional Practice in Psychology (2nd Ed.)*. New York, NY: Springer.

Publications – Encyclopedia Entries

DeLucia, C., Pratt, K., & Strong, A. (2020). Multiple regression. In R. Summers, C. Golden, L. Lashley, & E. Ailes (Eds.). *Essays in Developmental Psychology*. Retrieved from <https://www.assessmentpsychologyboard.org/edp/>

DeLucia, C., & Bergman, B. (2010). Interaction. In N. J. Salkind (Ed.). *Encyclopedia of Research Design (pp. 610-615)*. Thousand Oaks: Sage Publications, Inc.

DeLucia, C., & Pitts, S. C. (2010). Intervention. In N. J. Salkind (Ed.). *Encyclopedia of Research Design (pp. 630-632)*. Thousand Oaks: Sage Publications, Inc.

Presentations

2014 – Present

Hartman, L., Dormaccetti, B., & DeLucia, C. (2024, August 7-9). Do mediators of interpersonal trauma vary by sex? [Poster presentation]. American Psychological Association, Denver, Colorado.

Buckler, A.L., Newmark, J.R., & DeLucia, C. (2023, August 3-5). *Changes in self-concept and associations with substance use following treatment* [Poster presentation]. American Psychological Association, Washington, District of Columbia.

- Crawford, L., DeLucia, C., & Strong, A. (2019, August). *Evaluating substance use treatment experience within a music-based residential treatment setting by ethnicity*. Poster presented at the Poster presented at the 127th convention of the American Psychological Association, Chicago.
- Zacka, E. J. & DeLucia, C. (2019, August). *Examination of subgroup differences of perceptions of costs and benefits of quitting in adults receiving short-term treatment for substance use disorders*. Poster presented at the Poster presented at the 127th convention of the American Psychological Association, Chicago.
- Cirillo, N., DeLucia, C., & Pratt, K. (2018, August). *Perceptions of music-based treatment and their associations with depression symptoms*. Poster presented at the Poster presented at the 126th convention of the American Psychological Association, San Francisco.
- DeLucia, C., Lit, K., Larson, O. Pratt, K., Strong, A., & Black, R. (2018, August). *Exploring treatment responses in short-term residential substance use treatment*. In B. B. Bergman (Chair), Innovations in the treatment of youth with substance Use Disorder. Symposium conducted at the 126th convention of the American Psychological Association, San Francisco.
- Detullio, D., DeLucia, C., & Larson, O. (2018, August). *The associations between incarceration history, substance use, psychiatric symptoms, and in-treatment changes among substance users*. Poster presented at the Poster presented at the 126th convention of the American Psychological Association, San Francisco.
- LaCelle, M., DeLucia, C., Strong, A., Tworek, G., Shires, K., & Spriggs, S. (2018, August). *Prior 12-step involvement and spirituality changes as possible correlates of commitment to sobriety*. Poster presented at the Poster presented at the 126th convention of the American Psychological Association, San Francisco.
- Shires, K., DeLucia, C., LaCelle, M., & Tworek, G., (2018, August). *Examining the impact of psychological sense of community in residential substance use treatment*. Poster presented at the Poster presented at the 126th convention of the American Psychological Association, San Francisco.
- Shires, K., Tworek, G., LaCelle, M., & DeLucia, C. (2018, August). *Examining changes in psychological well-being in residential substance use treatment*. Poster presented at the Poster presented at the 126th convention of the American Psychological Association, San Francisco.
- Tworek, G., Shires, K., LaCelle, M., & DeLucia, C. (2018, August). *Do changes in mental health symptoms correlate with abstinence self-efficacy among adults receiving short-term substance use treatment?* Poster presented at the Poster presented at the 126th convention of the American Psychological Association, San Francisco.

DeLucia, C. & Pratt, K. (2017, October). *Assessing in-treatment changes on emotion regulation, self-compassion, and internalized shame in clients receiving short-term residential treatment*. Poster presented at the Addiction Health Services Research Conference, Madison.

Pratt, K., Ginberg, J., & DeLucia, C. (2017, October). *In-treatment changes in anxiety, depression, and trauma for adults receiving short-term residential treatment*. Poster presented at the Addiction Health Services Research Conference, Madison.

Strong, A. R., Spearman, Z., & DeLucia, C. (2017, October). *In-treatment change in substance-related cognitions from a music-based short-term residential treatment program*. Poster presented at the Addiction Health Services Research Conference, Madison.

Levy, M.A., DeLucia, D., & Larson, O. (2016, August). *Examination of a mindfulness-based intervention for older adults*. Poster presented at the American Psychological Association Annual Meeting, Denver, Colorado.

DeLucia, C. & Howrey, H. (2015, June). *An examination of statistical issues in small-sample research*. In D. Formoso (Chair), Does this count as “evidence”? The promise and pitfalls of small-sample research. Symposium presented at the Biennial Meeting for the Society for Community Research and Action, Lowell, Massachusetts.

DeLucia, C. & Levy, M. (2015, August). *Correlates of positive and negative outcomes among Narcotics Anonymous members*. Poster presented at the 123rd convention of the American Psychological Association, Toronto.

Larson, O., DeLucia, C., & Levy, M. (2015, August). *Correlates of sponsorship involvement among Narcotics Anonymous members*. Poster presented at the 123rd convention of the American Psychological Association, Toronto.

Levy, M., DeLucia, C., & Howrey, H. L. (2014, August). *Moderators of the stress-depression association in Narcotics Anonymous members*. Poster presented at the 122nd convention of the American Psychological Association, Washington DC.

2013 and Earlier

Howrey, H., Bergman, B., DeLucia, C., & Heinowitz, A. (2013, August). *Characteristics of sponsorship in Narcotics Anonymous members*. Poster presented at the 121st convention of the American Psychological Association. Honolulu, HI.

Beitra, D., DeLucia, C., Seibert, S., & Heinowitz, A. (August, 2012). *Examining psychological well-being in members of Narcotics Anonymous*. Poster presented at the annual meeting for the American Psychological Association, Orlando, FL.

DeLucia, C., Bergman, B. G., Heinowitz, A., Beitra, D., Seibert, S., Howrey, H., & Mizrachi, J. (June, 2012). *Recovery related predictors of psychological well-being among Narcotics*

Anonymous members. Poster presented at the annual meeting for the Research Society on Alcoholism, San Francisco, CA.

Howrey, H., DeLucia, C., Beitra, D., & Bergman, B. (2012, August). *Examining spirituality in members of Narcotics Anonymous.* Poster presented at the 120th convention of the American Psychological Association. Orlando, FL.

Howrey, H., DeLucia, C., & Heinowitz, A. (2012, July). *Exploring psychological sense of community in members of Narcotics Anonymous.* Paper presented at the 30th meeting of the International Congress of Psychology. Cape Town, South Africa.

Seibert, S., DeLucia, C., & Beitra, D. (2012, August). Examining hope in the context of 12-step recovery for substance use. Poster session presented at the American Psychological Association Annual Convention, Orlando, FL.

Beitra, D., DeLucia, C., Seibert, S., Howrey, H., & Mizrachi, J. (August, 2011). *Defining fellowship among long-term members of Narcotics Anonymous.* Poster presented at the annual meeting for the American Psychological Association, Washington, D.C.

Bergman, B. G., DeLucia, C., Mantell, E. M., Grossman, S., & Goddard, H. N. (August, 2010). *Perceptions of substance use-focused 12-step groups among mental health professionals-in-training.* Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.

Heinowitz, A. E., Conant, E., DeLucia, C., Mejia-Bermudez, C., Dorfman, W., & Lewis, J. (August, 2010). *Symptom presentation in PTSD: Differences between Latino and Caucasian adults.* Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.

Heinowitz, A. E., Conant, E., Dorfman, W., & DeLucia, C. (November, 2010). *Obsessive-compulsive personality traits, disordered eating behaviors, and risk of suicidality in graduate- and undergraduate- level students.* Poster presented at the annual meeting of the Florida Association for School Psychologists, Miami, FL.

Thaw, J., Villa, M., Reitman, D., DeLucia, C., Luna, M., Hanson, K. L., & Sanders, L. (February, 2010). *SPAACE (smart physical activity assessment of curriculum-based exercise study: Evaluation of two contract options for promoting physical activity in out-of-school programs.* Poster presented at the annual meeting of the Robert Wood Johnson Foundation, San Diego, CA.

Bergman, B. G., Bruder, L. M., Goddard, H. N., Lachiewicz, S. L., Dougherty, M., Mantell, E. M., & DeLucia, C. (August, 2009). *Recovery practices among long-term members of Narcotics Anonymous.* Poster presented at the annual meeting for the American Psychological Association, Toronto, Canada.

- Bruder, L. M., Bergman, B. G., Grossman, S., Mirmelli, J., Formoso, D., & DeLucia, C. (August, 2009). *Key ingredients of long-term recovery in Narcotics Anonymous*. Poster presented at the annual meeting for the American Psychological Association, Toronto, Canada.
- Reitman, D., Resnick, A., & DeLucia, C. (November, 2009). *Psychometric study of the Adult-Adolescent Parenting Inventory in an After School Setting*. Paper presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, New York, New York.
- Campbell, S., DeLucia, C., Hughes, E., Bailar-Heath, M., McDonagh, T., Nguyen, L., & Pascuzzo, M. (August, 2008). *Attractiveness/beauty and color preferences among black and white children*. Poster presented at the annual meeting for the American Psychological Association, Boston, MA.
- Reitman, D., Resnick, A., & DeLucia, C. (November, 2008). *Adult-Adolescent Parenting Inventory: Prospects for utility as a screening measure for professionals in out-of-school care*. Paper presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, Social Learning Pre-Conference, Orlando, FL.
- Formoso, D., Levitt, M.J., DeLucia, C., & Lane, J. (June, 2007). *Parent-child relationships in Latino immigrant families: Acculturation and ecological context*. Paper presented at the Biennial Conference for the Society for Community Research and Action, Pasadena, CA.
- Regan, K.J., Seibel, S.L., Gold, S.N., DeLucia, C., & Kebker, E. (November, 2007). *Affect and dissociation*. Paper presentation at the 24th Annual International Conference of the International Society for the Study of Trauma and Dissociation, Philadelphia, PA.
- Zeldis, B. Tilden, V., Reitman, D., DeLucia, C., King, A., Gioa, C. (November, 2007). *Survey of weight status and parent-child weight status accuracy in an at-risk sample of youth participating in an after school program*. Poster presented at the 41st annual meeting of the Association for Cognitive and Behavioral Therapies. Philadelphia, PA.
- Belz, A., & DeLucia, C. (April, 1999). *Examining the relation between parenting and the family environment and paternal alcohol impairment*. Poster presented at the biennial meeting for the Society for Research in Child Development, Albuquerque, NM.
- DeLucia, C., & Belz, A. (April, 1999). *Does child symptomatology vary over time as a function of paternal alcohol impairment?* Poster presented at the biennial meeting for the Society for Research in Child Development, Albuquerque, NM.
- Chassin, L., Pitts, S. C., & DeLucia, C. (August, 1998). The relation between adolescent substance use and developmental outcomes. In T. Wills (chair), *Substance use outcomes in adolescence and young adulthood: Multiple perspectives*. Symposium conducted at the annual meeting for the American Psychological Association, San Francisco, CA.
- Chassin, L., Todd, M., & DeLucia, C. (May, 1997). *Parent alcoholism and parenting as predictors of substance abuse/dependence in young adults*. Poster session presented at the annual meeting of the Society for Prevention Research, Baltimore, MD.

Professional Experience

2021 - present	Professor Department of Clinical and School Psychology Nova Southeastern University
2012 - 2021	Associate Professor Department of Clinical and School Psychology Nova Southeastern University
2006 - 2011	Assistant Professor Center for Psychological Studies Nova Southeastern University
2005 - 2006	Research Assistant Professor Department of Epidemiology and Public Health University of Miami Miller School of Medicine
2004 - 2005	Quantitative Consultant Chicago Healthy Adolescent Transition Study Loyola University of Chicago
2003 - 2004	Post-Doctoral Research Associate Urban Children's Mental Health Institute for Juvenile Research University of Illinois at Chicago
2002 - 2003	Psychology Intern Urban Children's Mental Health Institute for Juvenile Research University of Illinois at Chicago

Grant Support

External

Substance Abuse and Mental Health Services Administration (October 2009 - October 2012;
\$300,000.00)

Expanding prevention initiatives off-campus (Suicide prevention)

PI: Scott Poland, Ed.D.

Role: Quantitative/Methodological Consultant

Robert Wood Johnson Foundation (January 2010 - January 2011; \$149,999.00)

Evaluation of two contract options for promoting physical activity in out of school programs

PI: Jean Thaw, Ph.D.

Role: Quantitative/Methodological Consultant

National Institute of Child Health and Human Development (R01 HD048629-01; 2005 - 2010; \$1,830,722)

Psychosocial adjustment in adolescents with spina bifida

PI: Grayson N. Holmbeck, Ph.D.

Role: Quantitative Consultant

Internal

Nova Southeastern University Quality of Life Grant (2019 - 2023; \$14,861)

The effects of assessment and feedback on in-treatment and post-discharge outcomes among adults receiving short-term substance use treatment

PI: Christian DeLucia, Ph.D.

Nova Southeastern University President's Faculty Research and Development Grant (2016 - 2017; \$14,862)

Assessing the Efficacy of a Mindfulness-Based Intervention in Older Adults

PI: Christian DeLucia, Ph.D.

Nova Southeastern University Quality of Life/Faculty Community Based Applied Research Grant (2009 - 2010; \$10,000.00)

Connections: Families and schools supporting our youth (Year 2)

PI: Diana Formoso, Ph.D.

Role: Co-Investigator

Nova Southeastern University Quality of Life/Faculty Community Based Applied Research Grant (2008 - 2009; \$10,000.00)

Connections: Families and schools supporting our youth (Year 1)

PI: Diana Formoso, Ph.D.

Role: Co-Investigator

Nova Southeastern University President's Faculty Research and Development Grant (2007 - 2010; \$10,000.00)

Predictors and consequences of long-term recovery in Narcotics Anonymous.

PI: Christian DeLucia, Ph.D.

Awards and Honors

- 1999 Institutional NRSA Pre-Doctoral Fellowship, Arizona State University
 1995 Regents Academic Scholarship, Arizona State University
 1994 Distinguished Social Science Graduate, Lehman College
 1994 Winner of Honors' Colloquium Competition, Lehman College

University Service

- 2024 Internal Review Committee (Ph.D. in Clinical Psychology, member)
 2019 Internal Review Committee (Ph.D. in Clinical Psychology, member)
 2019, 2021, Management of Addictions (Talk presented to medical students)
 2022
 2012 - 2013 Internal Review Committee (Ph.D. in Clinical Psychology, member)
 2010 Chancellor's Faculty Research and Development Grant (Panel chair)
 2008 - 2011 Institutional Review Board (Member)
 2008 - 2009 Chancellor's Faculty Research and Development Grant (Reviewer)
 2007 Internal Review Committee (Specialist Degree in School Psychology, member)

College of Psychology Service

- 2024 - present College of Psychology (Promotion committee, member)
 2024 - present Search Committee (Quantitative / Clinical, member)
 2024 - current Department of Clinical and School Psychology Research Committee
 (Member)
 2023 Doctoral Student Research Award (Award organizer)
 2020 - 2024 Department of Clinical and School Psychology Research Committee (Chair)
 2020 - present Virtual Research Conference (Conference organizer)
 2020 Mindful Meet-and-Greet for Incoming Students (Leader)
 2020 Search Committee (Quantitative / Clinical, member)
 2019 Department of Clinical and School Psychology Faculty retreat (Chair: PhD
 training)
 2019 College of Psychology – Capstone Committee (Co-chair)
 2018 Search Committee (Clinical / Quantitative, member)
 2018 Search Committee (Assessment and Evaluation Specialist, chair)
 2016 - 2017 College of Psychology - Dissertation Committee (Chair)
 2017 Search Committee (Assessment and Evaluation Specialist, chair)
 2013 - 2014 Center for Psychological Studies - APA Psy.D. reaccreditation self-study team
 (co-author)
 2012 Search Committee (Measurement, member)
 2010 - 2011 Center for Psychological Studies - APA Ph.D. reaccreditation self-study team
 (co-author)
 2009 Advanced Research Practicum (Co-taught)
 2009 Search Committee (General Quantitative, member)
 2009 Center for Psychological Studies - Ph.D. Training Committee (Member)
-

College of Psychology Service (cont.)

2007 - 2009	Center for Psychological Studies - Research Committee (Co-chair)
2007	Research consultation lunch hour
2006 - 2010	Center for Psychological Studies – Research Competition (Judge)

Editorial Service (Ad-Hoc Reviewer; 2003 - present)

Addiction

Addictive Behaviors

Addiction Research and Theory

Administration and Policy in Mental Health

Child Development

Developmental Psychology

International Journal of Allied Health

Journal of Child and Adolescent Substance Abuse

Journal on Groups in Addiction and Recovery

Journal of Happiness Studies

Journal of Pediatric Psychology

Journal of Studies on Alcohol and Drugs

Journal of Substance Abuse Treatment

Psychological Trauma: Theory, Research, Practice, & Policy

Psychology of Addictive Behaviors

Substance Abuse Treatment and Prevention

Other Service to Profession

2019 - Present

Examination for Professional Practice in Psychology

Item writer for Domain 7: Research Methods and Statistics

Courses Taught

NSU Prefix	Course	Degree Program
PSY 1807	Advanced Statistics (Analysis of Variance)	Ph.D. Clinical Psychology
PSY 1809	Research Design	Ph.D. Clinical Psychology
PSY 2806	Intermediate Statistics	Psy.D. Clinical Psychology Psy.D. School Psychology
PSY 2808	Multivariate Statistics: I (Multiple Regression)	Ph.D. Clinical Psychology
PSY 2809	Research Design	Psy.D. Clinical Psychology
PSY 2811	Advanced Research Practicum	Ph.D. Clinical Psychology
PYCL 507	Research and Evaluation for Counselors	M.S. Counseling Psychology
PSY 740	Research Design in Education	Psy.S. School Psychology
PSY 745	Educational Statistics	Psy.S. School Psychology
--	Introduction to Statistics	B.A. Psychology