

CURRICULUM VITAE

Amy E. Ellis, Ph.D.

CURRENT POSITIONS

Assistant Director – Trauma Resolution & Integration Program (TRIP), Nova Southeastern University

Clinical Assistant Professor – College of Psychology, Nova Southeastern University

Licensed Psychologist – Private Practice

Editor – Society for the Advancement of Psychotherapy Website, APA Division 29

LICENSURE

Licensed Psychologist, Florida (License PY9396) 2015 – present

EDUCATION

Doctorate of Philosophy, Clinical Psychology June 2014

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

American Psychological Association accredited program

Dissertation Title: Attachment style and psychological sense of community in the context of 12-step recovery. Chair: Christian DeLucia, Ph.D.; Committee Members: Steven Gold, Ph.D., Jan Faust, Ph.D.

Master of Science, Clinical Psychology September 2013

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

Master of Arts, General Psychology, Preclinical Concentration May 2008

Adelphi University, Derner Institute for Advanced Psychological Studies, Garden City, NY

Master's Thesis Title: A Study of Pro-Anorexia: Uncovering Underlying Narrative Themes of Visitors to Pro-Anorexic Websites. Chair: Laura DeRose, Ph.D.; Committee Member: Jane White, Ph.D.

Bachelor of Arts and Science, Psychology, with Honors May 2006

Hofstra University, Department of Psychology, Hempstead, NY

PROFESSIONAL EXPERIENCE

Clinical Assistant Professor August 2018 – present

Assistant Director, Trauma Resolution & Integration Program June 2018 –

present

Aug

Co-Clinical Director, Ark of Freedom Alliance

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

▪ Clinical:

▪ Facilitate weekly 3-hour group clinical supervision for practicum students and predoctoral intern.

- Provide 1-hour individual clinical supervision for practicum students and predoctoral intern.
- Complete administrative and directorial duties.
- Research:
 - Direct and oversee active longitudinal research programming.
 - Provide consultation on research methodology, design, and statistical analyses for a wide range of studies examining long-term sequelae of prolonged childhood abuse in a sample of survivors self-referring for treatment in a community mental health center.
 - Oversee and create database management, generating SPSS syntax for scoring and coding, and organizing procedural guidelines for data entry.
 - Facilitate bimonthly research meetings for undergraduate and graduate students in the College of Psychology.
- Committees:
 - Psychology Services Center Internship Training Committee.

Clinical Supervisor September 2016 – August 2017, January 2019 – present
Psychology Services Center, Nova Southeastern University, Fort Lauderdale, FL

- Provided on-site crisis and emergency coverage for the Psychology Services Center during off-business hours for predoctoral-level trainees treating clients.
- Responsible for conducting suicidal and homicidal lethality assessments on an as needed basis.

Assistant Professor August 2016 – August 2018
Albizu University, Department of Undergraduate Psychology, Miami, FL

- Faculty position teaching undergraduate psychology, education, and criminal justice students.
- Provided academic advisement for approximately 75 undergraduate students.
- Provided statistical and research methodology consultation for undergraduate, Masters, and doctoral-level student-initiated research projects.
- Committees: Institutional Center for Scientific Research (ICSR) Advisory Committee; Student Life and Student Retention Committee; Academic Publications Standing Committee.

Licensed Psychologist October 2015 – present
Private Practice, Plantation, FL

- Provide individual, couples, and family therapy with a focus on trauma, eating disorders, depression and anxiety disorders, and serious mental illness.

Primary Therapist October 2015 – June 2016
The Renfrew Center of Coconut Creek, Pompano Beach, FL

- Provided intensive individual psychotherapy, family therapy, and crisis/case management to residential, Partial Hospital, and Intensive Outpatient patients of all ages utilizing relational, cognitive-behavioral, and insight-oriented therapies to individuals with a primary diagnosis of an eating disorder.
- Treated co-occurring disorders and such as traumatic stress disorders, mood disorders, anxiety disorders, OCD, and autism spectrum disorder.

Co-Director August 2015 – August 2017
*Trauma Resolution & Integration Program (TRIP)
Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL*

- Co-facilitated weekly 3-hour group supervision for practicum, pre-doctoral, and post-doctoral students.
- Provided individual clinical supervision for pre-doctoral clinical psychology students.
- Developed new programming and community outreach events.

- Assisted with administrative and directorial duties.

Postdoctoral Resident

September 2014 – October 2015

The Renfrew Center of Coconut Creek, Pompano Beach, FL

Clinical Training Director: Heather Maio, Psy.D.; Supervisor: Deborah Radzwill, Psy.D.

- Provided intensive individual psychotherapy, family therapy, and crisis/case management to patients with eating disorders ages 12-70.
- Co-facilitated weekly 50-minute groups following a modified version of the “Unified Protocol for the Treatment of Emotional Disorders.”
- Facilitated weekly 50-minute groups utilizing Cognitive Processing Therapy for individuals with trauma histories.
- Provided clinical supervision to predoctoral clinical psychology interns and practicum students.

Research Design and Statistical Consultant

July 2014 – June 2018

Trauma Resolution & Integration Program (TRIP)

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

Supervisor: Steven N. Gold, Ph.D.

- Provided consultation on research methodology, design, and statistical analyses for a wide range of studies examining long-term sequelae of prolonged childhood abuse in a sample of survivors self-referring for treatment in a community mental health center.
- Assisted in database management, generating SPSS syntax for scoring and coding, and organizing procedural guidelines for data entry.
- Facilitated bimonthly research meetings for undergraduate and graduate students in the College of Psychology.

Pre-doctoral Psychology Intern/Clinical Fellow

July 2013 – June 2014

Massachusetts Mental Health Center/Beth Israel Deaconess Medical Center, Boston, MA

Department of Psychiatry at Harvard Medical School

Training Director: June Wolf, Ph.D., ABPP

- Partial Hospital Program:
 - Completed a 6-month rotation in the Cognitive Behavioral Therapy track (CBT) and a 6-month rotation in the Dialectical Behavior Therapy track (DBT).
 - Conducted individual therapy with adult patients 1-5 times per week, provided crisis intervention and DBT skills coaching on an as needed basis, conducted biopsychosocial evaluations, administered psychological evaluations, and prepared integrated reports.
 - Collaborated extensively with the affiliated homeless shelter to provide coordination of care, outreach, and mental health services.
 - Co-facilitated weekly 45-minute groups: SMART Recovery; DBT Skills; a daily morning group utilizing diary cards and a discussion of life goals; Social Skills; and Anger Management.
- Outpatient Clinic:
 - Utilized psychodynamic, interpersonal, attachment-related, DBT, and cognitive-behavioral models for both case conceptualization and treatment.
 - Conducted individual therapy with adults 1-3 times per week, as well as crisis intervention and case management on an as needed basis.
 - Conducted biopsychosocial evaluations, administered psychological evaluations, prepared integrative reports, and filed state guardianship reports.
 - Provided clinical and assessment supervision to two predoctoral practicum students.

Program Clinical Coordinator

August 2011 – May 2013

Program for the Seriously Emotionally Distressed (PSED)

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

Supervisor: Jan Faust, Ph.D.

- Managed, trained, and supported doctoral-level clinicians throughout their practicum experience in the PSED program.
- Performed initial client screenings, court ordered screenings, and assigned clients to therapists.
- Reviewed clinical documentation, court ordered cases, program files, and client records.
- Provided weekly group and individual supervision for practicum students.

Psychology Trainee

August 2011 – April 2013

Trauma Resolution & Integration Program (TRIP)

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

Supervisor: Steven N. Gold, Ph.D.

- Utilized the Contextual Model for case conceptualization and treatment, as well as a variety of therapeutic treatment approaches (e.g., behavioral, cognitive-behavioral, humanistic, relational, attachment-theory) to adolescents and older adults (ages 17-65 years).
- Conducted biopsychosocial evaluations, administered psychological evaluations, and prepared integrated reports.
- Co-facilitated two DBT groups that met weekly for two-hours.
- Treated clinical populations diagnosed with: posttraumatic disorders, psychotic disorders, mood and anxiety disorders, substance abuse, eating disorders, all clusters of personality disorders, and gender identity issues.

Psychology Trainee

August 2010 – August 2011

Program for the Seriously Emotionally Distressed (PSED)

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

Supervisor: Jan Faust, Ph.D.

- Utilized a variety of therapeutic approaches, primarily psychodynamic and cognitive-behavioral, to provide individual therapy, family therapy, and play therapy to children, adolescents and adults.
- Conducted biopsychosocial evaluations and prepared reports.
- Treated clinical populations diagnosed with: Schizophrenia, Schizoaffective Disorder, Bipolar I Disorder, PTSD, eating disorders, Major Depressive Disorder (with and without Psychotic features), Dysthymic Disorder, Generalized Anxiety Disorder, Delusional Disorder, Borderline Personality Disorder, and Dependent Personality Disorder.

Overnight Counselor

August 2008 – June 2009

Long Island Crisis Center, Bellmore, NY

Supervisor: Theresa Buhse, M.S.

- Provided short-term crisis intervention on hotlines for the Long Island, NY community.

Program Director

January 2007 – August 2009

Institute for Parenting, Adelphi University, Garden City, NY

Supervisor: Marcy Safyer, LCSW

- Project Director for the Raising A Thinking Child (RATC) Research and Intervention Program, a grant-funded project investigating the relationship between maternal attachment styles and problem-solving behavior changes from pre-to-post intervention in mothers and their 3-5-year-olds.
 - Recruited and interviewed participants; developed and implemented research protocols and manuals; collected, entered, and analyzed data.
 - Co-led weekly parenting groups.

- Provided full-day trainings for professionals in the community on manualized use of the treatment protocol for implementation in Head Start and Early Learning Center settings.
- Coordinated a program delivery evaluation for the National Mothers Center's post-partum peer-led support group "Circle of Caring."
- Created a high school youth volunteer program in which local high school students provided free childcare to parents attending parenting programs.
- Created and led Parent & Me programs for newborns, babies, and toddlers; American Sign Language for parents and babies; and a process group for returning veteran fathers.
- Involved in marketing, recruitment, and service delivery of all parent education programs and professional training programs; designed databases and manuals for building infrastructure.

Psychology Trainee

June 2007 – September 2007

Student Counseling Center, Adelphi University, Garden City, NY

Supervisor: Deborah Ramirez, Ph.D.

- Conducted biopsychosocial evaluations and provided individual counseling for undergraduate and graduate students.
- Led two groups for Cultivating Healthy Opportunities in College Environments (CHOICES), a group for incoming freshmen students on the effects of alcohol use and making educated choices.
- Compiled and created a referral database; created policies and procedures manuals.
- Treated clinical populations diagnosed with: Bipolar I Disorder, Posttraumatic Stress Disorder, Major Depressive Disorder (without Psychotic features), eating disorders, Dysthymic Disorder, and Generalized Anxiety Disorder.

FUNDED GRANTS

Research Grant (Co-Principal Investigator, 30%FTE)

January 2019-March 2023

Peer online motivational interviewing for sexual and gender minority male survivors

Patient-Centered Outcomes Research Institute (PCORI) Addressing Disparities Research Grant

\$1.4 million

PI: Joan Cook

PENDING GRANTS

Research Grant (Site PI, 8% FTE)

Submitted June 2019

Hate Crime, Bias Events, and Immigrant Health: Exploring the Role of Cultural Factors among Latinx Adults

National Institute of Health

PI: Carlos Cuevas

Research Grant (Co-I: 8% FTE)

Submitted May 2019

Victimization and Offending Among Latinos: Examining Immigration Status and Cultural Factors

National Institute of Justice

PI: Carlos Cuevas

COMPLETED GRANT SUPPORT

Research Grant

2017

Perceived personal barriers to advocacy in the field of trauma

Albizu University Institutional Center for Scientific Research

\$413

UNFUNDED GRANT APPLICATIONS

Research Grant (Principal Investigator)

March 2018

Peer online motivational interviewing for male sexual abuse survivors

American Psychological Association's Society for the Advancement of Psychotherapy 50th

Anniversary Research Grant

\$30,000

PEER-REVIEWED PUBLICATIONS (Maiden Name: Heinowitz)

- Ellis, A. E.**, Schlaudt, V., **Taylor, L., **Beard, S., **Yeturo, S., & Barnett, J. (submitted November 2018). Training, attitudes, perceived barriers, and advocacy in trauma psychology. Submitted to *Journal of Trauma & Dissociation*.
8. **Ellis, A. E.**, Gold, S. N., Araujo, K., & **Quinones, M. (2019). Supervising trauma treatment: The Contextual Trauma Therapy model applied to supervision. Accepted to *Practice Innovations*.
7. Simiola, V., **Ellis, A. E.**, Thompson, R., Schnurr, P. P., & Cook, J. M. (2019). Provider perspectives on choosing an evidence-based psychotherapy for PTSD: A national investigation of VA residential treatment providers. Accepted to *Practice Innovations*.
6. Cook, J. M., Simiola, V., McCarthy, E., **Ellis, A. E.**, & Wiltsey Stirman, S. (2018). Use of reflective journaling to understand decision making regarding two evidence-based psychotherapies for PTSD. *Practice Innovations*, 3(3), 153-167. <http://dx.doi.org/10.1037/pri0000070>
5. Cook, J. M., Anderson, C., Simiola, V., & **Ellis, A. E.** (2018). Top ten questions male sexual abuse survivors want to know from health care research. Accepted to *Journal of Aggression, Maltreatment, & Trauma*, 27(8), 867-82. doi: 10.1080/10926771.2018.1446481
4. **Ellis, A. E.**, Simiola, V., Brown, L., Courtois, C., & Cook, J. M. (2018). The role of evidence-based therapy relationships on treatment outcome in adults with trauma: A systematic review. *Journal of Trauma & Dissociation*, 19(2), 185-213.
3. Cook, J. M., Simiola, V., **Ellis, A. E.**, & Thompson, R. (2017). Training in trauma psychology: A national survey of doctoral graduate programs. *Training and Education in Professional Psychology*, 11(2), 108-114.
2. DeLucia, C., Bergman, B. G., Beitra, D., Seibert, S., Howrey, H. L., **Ellis, A. E.**, & Mizrachi, J. (2015). Beyond abstinence: An examination of psychological well-being in members of Narcotics Anonymous. *Journal of Happiness Studies*, 17(2), 817-832.
1. **Heinowitz, A. E.**, Brown, K., Langsam, L., Arcidiacano, S., Baker, P., Badaan, N., Zlatkin, N., & Cash, R. (2012). Identifying perceived personal barriers to public policy advocacy within psychology. *Professional Psychology: Theory & Practice*, 43(4), 372-378.

** Work completed with graduate student.

BOOK CHAPTERS

4. DeLucia, C., Valenzuela, J., **Ellis, A. E.**, & Beitra, D. (2019). Research methods and design. In A. Klee & B. Moore (Eds.), *EPPP Fundamentals Review Guide, Step One*. New York, NY: Springer Publishing Company.
3. Gold, S. N., & **Ellis, A. E.** (2017). Contextual treatment of complex trauma. In S. N. Gold (Ed.), *APA Handbook of Trauma Psychology*. Washington, D.C.: American Psychological Association.
2. Figley, C. R., **Ellis, A. E.**, Reuther, B. T., & Gold, S. N. (2017). The study of trauma: A historical overview. In S. N. Gold (Ed.), *APA Handbook of Trauma Psychology*. Washington, D.C.: American Psychological Association.
1. DeLucia, C., Valenzuela, J., **Ellis, A. E.**, & Beitra, D. (2014). Research methods and design. In A. Klee & B. Moore (Eds.), *Examination for Professional Practice of Psychology Study Guide*. New York, NY: Springer Publishing Company.

SCHOLARLY WORK PUBLISHED IN OTHER MEDIA

13. **Ellis, A. E.**, Anderson, C., Simiola, V., & Cook, J. M. (2018, August). Lessons learned from male survivors of sexual abuse: Summary of results from our community based participatory research project. [Web article]. Retrieved from <http://www.societyforpsychotherapy.org/lessons-learned-from-male-survivors-of-sexual-abuse>
12. **Ellis, A. E.**, Anderson, C., Simiola, V., & Cook, J. M. (2018, August). Community-based participatory research: What is it and how to implement it? [Web article]. Retrieved from <http://www.societyforpsychotherapy.org/community-based-participatory-research>
11. **Ellis, A. E.** (2018, June). Top 5 lessons learned from working with Dr. Jeffrey Barnett. [Web article]. Retrieved from <http://societyforpsychotherapy.org/top-5-lessons-gained-in-working-with-dr-jeffrey-barnett/>
10. **Ellis, A. E.** (2018, May). Three reasons to submit to a research conference: And why you should start planning now! [Web article]. Retrieved from <http://students-success-blog.albizumiami.com/2018/05/07/3-reasons-to-submit-to-a-research-conference-and-why-you-should-start-planning-now/>
9. **Ellis, A. E.** (2018, March). 3rd Annual South Florida Student Research Symposium: Updates and award winners. [Web article]. Retrieved from <http://students-success-blog.albizumiami.com/2018/03/28/3rd-annual-south-florida-student-research-symposium-updates-award-winners/>
8. **Ellis, A. E.** (2017, May). The day someone stole my ideas. [Web article]. Retrieved from <https://journal.thriveglobal.com/having-my-ideas-stolen-showed-me-how-ive-been-standing-in-my-own-way-48b6fd784ebb>
7. **Ellis, A. E.** (2017, May). ‘13 Reasons Why’ through the lens of a clinical psychologist. [Web article]. Retrieved from <https://journal.thriveglobal.com/what-a-clinical-psychologist-thinks-of-13-reasons-why-c20df55e8505>

6. **Sciarrino, N., & Ellis, A. E. (2016, December). Five ways to implement yoga in psychotherapy. [Web article]. Retrieved from <http://www.societyforpsychotherapy.org/5-ways-implement-yoga>
5. Ellis, A. E. (2016). Who's who: Dr. Amy Ellis. *Trauma Psychology Newsletter*, 11(3), 21.
4. Ellis, A. E. (2016, February). Trauma and posttraumatic stress disorder in lesbian, gay, bisexual, transgendered, and queer individuals. [Fact sheet]. Retrieved from <http://www.apatraumadivision.org/633/resource-on-underserved-populations.html>
3. Ellis, A. E. (2016, October). Doctor, professor, or first name basis? [Web article]. Retrieved from <http://www.societyforpsychotherapy.org/doctor-professor-first-name-basis>
2. **Schlaudt, V., & Ellis, A. E. (2016, April). Developing inner confidence while in training: My journey to a transdiagnostic approach. [Web article]. Retrieved from <http://www.societyforpsychotherapy.org/developing-inner-confidence-while-in-training>
1. **Sciarrino, N., & Ellis, A. E. (2016, January). Ego development and the contextual model of trauma treatment. [Web article]. Retrieved from <http://www.societyforpsychotherapy.org/ego-development-and-the-contextual-model-of-trauma-treatment>

** Work completed with graduate student.

PROFESSIONAL TRAINING VIDEOS

3. Ellis, A. E. (2018, June). The importance of the trauma consumer community driving research. [Video]. Retrieved from: <https://www.apatraumadivision.org/770/male-survivors-research.html>
 - Invited to Yale University as part of a PCORI-funded grant to develop a video for researchers investigating the impact of sexual abuse in male survivors. Developed and delivered the video training that focuses on encouraging researchers to engage in community-based participatory research.
2. Ellis, A. E. (2017, April). Let your voice have impact: Demystifying research. [Video]. Retrieved from: <https://www.apatraumadivision.org/770/male-survivors-research.html>
 - Invited to Yale University as part of a PCORI-funded grant to develop a video for male survivors of sexual abuse. Developed and delivered the video training that focuses on demystifying research and presenting an introduction to research design and methodology, data collection, analysis and interpretation. Reviewed the roles and responsibilities of involvement as equitable partners in research as well as privacy, confidentiality, and legal protections including IRB and HIPAA laws. Focused on engaging community members in research participation and conduction.
1. Ellis, A. E. (2017, March). Trauma in the LGBTQ community. [Video]. Retrieved from: <http://www.apatraumadivision.org/633/underserved-populations.html>
 - Invited by APA's Division 56 as part of a CODAPAR-funded grant to develop and deliver a video training on how to approach trauma issues in the context of the LGBTQ community. Provided statistics, unique clinical concerns, and treatment considerations, as well as developed an accompanying handout with greater detail.

INVITED WORKSHOPS & SYMPOSIA (*Maiden Name: Heinowitz*)

13. Gold, S. N., **Ellis, A. E.**, & Daly, N. (2019, April). Trauma-informed treatment of sexual trauma in children and adults: A seminar for frontline advocates, first responders, and students. Invited Seminar presented at Nova Southeastern University, Palm Beach, FL.
12. **Ellis, A. E.** (2019, February). Understanding trauma and its impact in underserved populations. Invited didactic training seminar presented at Nova Southeastern University, Fort Lauderdale, FL.
11. **Ellis, A. E.** (2018, December). Evidence-based practices and relationship variables in working with survivors of trauma. Invited didactic training seminar presented at Nova Southeastern University, Fort Lauderdale, FL.
10. **Ellis, A. E.** (2018, September). The foundation of trauma treatment: Evidence-based relationship variables and practices in working with survivors of trauma. Invited didactic training workshop presented at the Ohio Psychological Association, Dayton, OH.
9. **Ellis, A. E.** (2018, June). Systematic reviews and grant preparation. Invited guest lecture for Nova Southeastern University doctoral program in clinical psychology, Fort Lauderdale, FL.
8. **Ellis, A. E.** (2018, February). Evidence-based practices and relationship variables in working with survivors of trauma. Invited Didactic Training Seminar presented at Nova Southeastern University, Fort Lauderdale, FL.
7. **Ellis, A. E.** (2017, March). The science of behavior. Invited lecture for Westminster Academy held at Albizu University, Miami, FL.
6. **Ellis, A. E.**, Gold, S. N., & ****Sciarrino, N.** (2016, April). Integrating dialectical behavior group therapy with contextual individual therapy for complex trauma. Invited paper presentation presented at the International Society for the Study of Trauma and Dissociation, San Diego, CA.
5. **Ellis, A. E.** (2016, February). The basics of trauma treatment: Evidence-based practices in working with adult survivors of childhood trauma. Invited Didactic Training Seminar presented at Nova Southeastern University, Fort Lauderdale, FL.
4. **Ellis, A. E.**, Simiola, V., & Reuther, B. T. (2015, August). The future of trauma practice. Invited Early Career Psychologist workshop presented at the American Psychological Association, Toronto, Canada.
3. **Ellis, A. E.** (2015, May). Treating trauma. Invited presentation at The Renfrew Center of Coconut Creek, Coconut Creek, FL.
2. **Heinowitz, A. E.** (2009, June). Normative family transitions, normative family processes, and healthy child development. Invited guest lecture for the Adelphi University post-master's training program in parent education, Garden City, NY.
1. **Heinowitz, A. E.** (2009, January). Sign language for babies. Invited guest lecture for the Adelphi University Master's program in Special Education, Garden City, NY.

** Work completed with graduate student.

PRESENTED WORKSHOPS & SYMPOSIA (*Maiden Name: Heinowitz*)

- Ellis, A. E.** (2019, August). *Exploring the collaborative relationship and evidence-based relationship variables in a case session of Contextual Trauma Therapy*. In **Ellis, A. E.** & Gold, S. N. (Chairs), *Contextual Trauma Therapy for Clients with Complex Trauma: Skill-Building Using a Video Recording*. With **Daly, N., Reuther, B. T., **Ellis, A. E.** & Brown, L. Symposium to be presented at the American Psychological Association, Chicago, IL.
- Ellis, A. E.** (2019, August). Predictors of receipt of mental health services in male survivors of sexual abuse. In A. P. Smiler (Chair), *Male Survivors of Interpersonal Violence in Treatment: Research and Recommendations*. With Komlenac, N, & Hogge, I. Symposium to be presented at the American Psychological Association, Chicago, IL.
23. Gold, S. N., **Ellis, A. E.**, & **Quinones, M. (2019, March). A shift in perspective on complex PTSD: Treatment implications and case examples. Symposium to be presented at the International Society for the Study of Trauma and Dissociation (ISSTD), New York, NY.
22. **Ellis, A. E.**, **Daly, N., **Soto, T., **Yeturo, S. & Gold, S. N. (2019, February). Trauma-informed Dialectical Behavior Therapy for Dissociative Identity Disorder. Symposium presented at the Healing Together Conference on D.I.D., Orlando, FL.
21. **Quinones, M., **Ellis, A.E.**, & Gold, S. N. (2019, February). Therapist-guided practical skills in the treatment of complex dissociation. Symposium presented at the Healing Together Conference on D.I.D., Orlando, FL.
20. Gold, S. N., **Ellis, A. E.**, & **Quinones, M. (2019, March). A shift in perspective on Complex PTSD: Treatment implications and case examples. Workshop submitted to ISSTD, New York, NY.
19. **Ellis, A. E.** (2018, August). Trauma treatment using a multicultural framework: Fostering connectedness and self-integration. In S. J. Moore & L. M. Ruglass (Chairs), *Utilizing a Multicultural Framework in Trauma Psychology: Theory, Research, and Practice*. Symposium presented at the American Psychological Association, San Francisco, CA.
18. **Quinones, M., Gold, S. N., & **Ellis, A. E.** (2017, June). Supervising trauma treatment: A contextual model for fostering professional and personal development. Symposium presented at the International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
17. Gold, S. N., **Ellis, A. E.**, Reuther, B. T., Araujo, K., **Sciarrino, N., & **Quinones, M. (2017, April). Contextual supervision. Symposium presented at the International Society for the Study of Trauma and Dissociation (ISSTD), Washington, DC.
16. Simiola, V., Smothers, B., **Ellis, A. E.**, Thompson, R., & Cook, J. M. (2016, August). Doctoral and internship training in trauma psychology. In J. M. Cook (Chair), *Education and training in trauma psychology: From undergraduate through post-licensure*. Symposium presented at the American Psychological Association, Denver, Colorado.
15. Gold, S. N., **Ellis, A. E.**, Reuther, B. T., & Brown, L. (2015, August). Contextual treatment of dissociation. Continuing education symposium presented at the American Psychological Association, Toronto, Canada.

14. **Sciarrino, N., **Schepps, C., **Schumacher, L., **Ellis, A. E.**, Gold, S. N. (2015, August). Ego development in survivors of childhood sexual abuse: Clinical implications. Symposium presented at the American Psychological Association, Toronto, Canada.
13. **Ellis, A. E.** (2014, August). Attachment style and psychological sense of community in the context of 12-step recovery. In Delucia, C., Bergman, B., & Seibert, S. (Chairs), *Exploring the Journey: Psychological, Spiritual, and Social Constructs in Narcotics Anonymous*. With Howrey, H., & Beitra, D. Symposium presented at the American Psychological Association, Washington, D.C.
12. Gold, S. N., **Ellis, A. E.**, Reuther, B. T., & Cook, J. (2014, August). *Supervising complex trauma cases—Fostering professional and personal resilience*. Symposium presented at the American Psychological Association, Washington, D.C.
11. **Ellis, A. E.**, & **Juanes, V. (2014, August). *Sexual dysfunction and interpersonal difficulties among childhood abuse survivors: Exploring attachment and family environment*. In Gold, S. N. & Juanes, V. (Chairs) *Treating Childhood Abuse and Sexual Disorders: Research Findings and Clinical Implications*. With Michaels, L., & Burk, V. Symposium presented at the American Psychological Association, Washington, D.C.
10. Reuther, B. T., **Ellis, A. E.**, & Emmons, E. (2013, August). *Attachment and family environment as predictors of dissociation*. In Gold, S. N. (Chair) *Treating Abuse Trauma in Family Context: Research Findings and Clinical Implications*. With Michaels, L., Juanes-Vaquero, V., Mulchan, S., & Hyman, S. M. Symposium presented at the American Psychological Association, Honolulu, Hawaii.
9. Gold, S. N., Phebus, L., **Heinowitz, A. E.**, King, C., Brown, S., Michaels, L., Campbell, J., & Morreale, M. (2012, October). *Contextual therapy for complex trauma: Treatment model and case examples focusing on individual strands of development*. Symposium presented at the International Society for the Study of Trauma and Dissociation, 29th Annual Conference, Long Beach, CA.
8. **Heinowitz, A. E.**, DeLucia, C., & Howrey, H. (2012, October). *Exploring psychological sense of community in members of Narcotics Anonymous*. Presentation for the Center for Psychological Studies & Farquhar College of Arts and Sciences Graduate Talk Series, Nova Southeastern University, Fort Lauderdale, FL.
7. **Heinowitz, A. E.**, & Dorfman, W. (2011, February). *Giving voice to eating disorders*. Workshop presented for Eating Disorder Awareness Week, Nova Southeastern University, Fort Lauderdale, FL.
6. **Heinowitz, A. E.**, & Conant, E. K. (2010, November). *Health care reform and advocacy*. Workshop presented for the Student Organization for the Advocacy of Psychology, Nova Southeastern University, Fort Lauderdale, FL.
5. Conant, E., **Heinowitz, A. E.**, & Dorfman, W. (2010, March). *Obsessive-compulsive personality traits and disordered eating behaviors*. Workshop presented at Eating Disorder Awareness Week, Nova Southeastern University, Fort Lauderdale, FL.
4. **Heinowitz, A. E.**, Derose, L. M., Safyer, M., & *Hahl, S. (2009, October). *Raising a thinking child: Teaching parents to enhance children's problem-solving skills*. Workshop presented at the New York City Association for the Education of Young Children, New York City, NY.

3. **Heinowitz, A. E.**, & Safyer, M. P. (2008, January). *Homework and self-discipline*. Presentation for the Garden City School District, Parent Teacher Association, Garden City, NY.
2. Derose, L. M., **Heinowitz, A. E.**, & Safyer, M. P. (2007, November). *Understanding your teen*. Presentation for the J. K. O. High School for International Careers, Brooklyn, NY.
1. Derose, L. M., **Heinowitz, A. E.**, & Singh, M. (2007, March). *Pubertal development in girls: Current research and applied implications for educational programming*. Presentation for the Long Island Fund for Women and Girls, Blueprint for Gender Equity in Education Conference: Confidence and Competence—Becoming Your Best Self, Westbury, NY.

** Work completed with graduate student.

* Work completed with undergraduate student.

POSTER AND PAPER PRESENTATIONS (*Maiden Name: Heinowitz*)

34. **Prieto, H., Reuther, B. T., & **Ellis, A. E.** (2018, March). The relationship between attachment, family environment, and dissociation in survivors of childhood sexual abuse. Poster presented at the 3rd Annual South Florida Student Research Symposium, Miami, FL. *Received the Early Investigator Research Award at the Doctoral Level.*
33. *Garcia, L., *Sanchez, M., & **Ellis, A. E.** (2018, March). Help-seeking behaviors in male sexual abuse survivors: Quantitative and qualitative analyses. Poster presented at the 3rd Annual South Florida Student Research Symposium, Miami, FL. *Received the Honorable Mention Award.*
32. *Sanchez, M., & **Ellis, A. E.** (2018, March). Comparing Caucasians to non-Caucasians on abnormal sexual behavior in adult survivors of childhood sexual abuse. Poster presented at the 3rd Annual South Florida Student Research Symposium, Miami, FL. *Received the Honorable Mention Award.*
31. **Sciarrino, N. A., **Daly, N., **Ellis, A. E.**, & Gold, S. N. (2017, August). Someone was there: The impact of the presence of a bystander in the context of adult childhood sexual abuse survivors. Poster presented at the American Psychological Association, Washington, D. C.
30. **Ellis, A. E.**, Black, R., Simco, E., **Sciarrino, N. S., **Daly, N., **Schroeder, K., & Gold, S. N. (2017, August). The development of a sexual abuse severity scale. Poster presented at the American Psychological Association, Washington, D.C.
29. **Taylor, L., **Ellis, A. E.**, & Gold, S. N. (2017, April). The contextual model as a framework for treating traumatization in incarcerated females. Poster presented at the 34th International Society for the Study of Trauma and Dissociation Convention, Washington, DC.
28. **Sciarrino, N., **Ellis, A. E.**, & Gold, S. N. (2015, August). *Insecure attachment style: A mediator between intrafamilial childhood sexual abuse and revictimization*. Poster presented at the American Psychological Association, Toronto, Canada.
27. **Ellis, A. E.**, **Sciarrino, N., Gold, S. N., & Reuther, B. T. (2015, April). *Creating a measure of sexual abuse severity in the context of childhood sexual abuse survivors*. Paper presented at the 32nd International Society for the Study of Trauma and Dissociation, Orlando, FL.

26. **Sciarrino, N., **Ellis, A. E.**, & Gold, S. N. (2015, April). *Insecure attachment styles on experienced betrayal trauma and trauma symptomatology*. Poster presented at the 32nd International Society for the Study of Trauma and Dissociation, Orlando, FL.
25. Howrey, H. L., DeLucia, C., **Ellis, A. E.**, & Bergman, B. (2013, August). *Characteristics of sponsorship in Narcotics Anonymous members*. Poster presented at the American Psychological Association, Honolulu, Hawaii.
24. Beitre, D., DeLucia, C., Seibert, S., & **Heinowitz, A. E.** (2012, August). *Examining psychological well-being in members of Narcotics Anonymous*. Poster presented at the American Psychological Association, Orlando, FL.
23. Cleveland, J. M., **Heinowitz, A. E.**, Korman, B. M., & Gold, S. N. (2012, August). *Hypnotic susceptibility and state dissociation*. Paper presented at the American Psychological Association, Orlando, FL.
22. Yackulich, R. M., Dorfman, W., & **Heinowitz, A. E.** (2012, August). *The experience of caregiver burden in healthy siblings of individuals with schizophrenia*. Poster presented at the American Psychological Association, Orlando, FL.
21. Howrey, H., DeLucia, C., **Heinowitz, A. E.**, & Lewis, J. (2012, July). *Exploring psychological sense of community in Narcotics Anonymous*. Poster presented at the 30th Annual International Congress of Psychology, Cape Town, South Africa.
20. DeLucia, C., Bergman, B., **Heinowitz, A. E.**, Beitre, D., Seibert, S., Howrey, H., & Mizrachi, J. (2012, June). *Recovery-related predictors of psychological well-being among Narcotics Anonymous members*. Poster presented at the Research Society on Alcoholism 35th Annual Scientific Meeting, San Francisco, CA.
19. **Heinowitz, A. E.**, Ketterer, J., Cortes, L., Hoffman, T., Winchester, A., Gutierrez, G., Karasina, O., Baker, P., Graziano, B., Dorfman, W., & DeLucia, C. (2011, August). *Negativistic perfectionism as a mediating pathway between insecure attachment and disordered eating*. Poster presented at the American Psychological Association, Washington, D.C.
18. **Heinowitz, A. E.**, Arcidiacano, S. J., Badaan, N., Baker, P., Zlatkin, N. I., Brown, K., Langsam, L. C., Schultz, M. C., Pires de Sa e Silva, A., & Cash, R. G. (2011, August). *Identifying perceived personal barriers to advocacy within clinical psychology*. Poster presented at the American Psychological Association, Washington, D.C.
17. Graziano, B. J., Curtis, R. C., **Heinowitz, A. E.**, & Fiori, K. L. (2011, August). *Personality and extreme political ideologies*. Poster presented at the American Psychological Association, Washington, D.C.
16. Brown, K., Kornfield, C., Randel, A., Serrano, R., Avitable, C., Schultz, M., Hermes, J., & **Heinowitz, A. E.** (2011, August). *A look at the relationship between special health care needs, bullying, and suicide*. Poster presented at the American Psychological Association, Washington, D.C.
15. Graziano, B. J., Curtis, R. C., **Heinowitz, A. E.**, & Fiori, K. L. (2010, March). *Personality and extreme political ideologies*. Poster presented at the Eastern Psychological Association, Cambridge, MA.

14. King, C., **Heinowitz, A. E.**, Najmabadi, S., Randel, A., Daou, N., Orleck, R., & Cash, R. (2010, November). *Risk factors for suicide among juvenile justice-involved youth in Florida*. Poster presented at the Florida Association for School Psychologists, Miami, FL.
13. **Heinowitz, A. E.**, Conant, E., Dorfman, W., & DeLucia, C. (2010, November). *Obsessive-compulsive personality traits, disordered eating behaviors, and risk of suicidality in graduate- and undergraduate-level students*. Poster presented at the Florida Association for School Psychologists, Miami, FL.
12. Najmabadi, S. J., **Heinowitz, A. E.**, Randel, A., King, C., Orleck, R., & Cash, R. (2010, November). *Risky behavior: A catalyst for suicidality among Florida teens?* Poster presented at the Florida Association for School Psychologists, Miami, FL.
11. Graziano, B. J., Curtis, R. C., **Heinowitz, A. E.**, & Fiori, K. L. (2010, November). *Personality and extreme political ideologies*. Poster presented at the 22nd Greater New York Conference on Behavioral Research, New York, NY. **Received the Olga M. Scarpetta Award for Best Undergraduate Research.**
10. **Heinowitz, A. E.**, Conant, E., Delucia, C., Mejia-Bermudez, C., Dorfman, W., & Lewis, J. (2010, August). *Symptom presentation in PTSD: Differences between Latino and Caucasian adults*. Poster presented at the American Psychological Association, San Diego, CA.
9. Chisholm, T. L., Karle, J., Langsam, L., Brown, K., Orleck-Lubka, R. C., **Heinowitz, A. E.**, & Cash, R. (2010, April). *Advocacy for psychology: An exploration of predictors of involvement*. Poster presented at the Nova Southeastern University Center for Psychological Studies Annual Research Conference, Fort Lauderdale, FL.
8. Formoso, D., ter Maat, M., Mantilla, M., Stok, S., Resnick, A., **Heinowitz, A. E.**, & Bermudez-Mejia, C. (2010, April). *Family lives and school experiences of immigrant youth: A qualitative study*. Poster presented at the Nova Southeastern University Center for Psychological Studies Annual Research Conference, Fort Lauderdale, FL.
7. **Heinowitz, A. E.**, Conant, E., Mejia-Bermudez, C., Dorfman, W., Lewis, J., & Delucia, C. (2010, April). *Symptom presentation in PTSD: Differences between Latino and Caucasian adults*. Poster presented at the Nova Southeastern University Center for Psychological Studies Annual Research Conference, Fort Lauderdale, FL.
6. Conant, E., **Heinowitz, A. E.**, Dorfman, W., & Pusateri, M. (2010, April). *Obsessive-compulsive personality traits, disordered eating behaviors, and risk of suicidality in graduate- and undergraduate-level students*. Poster presented at the Nova Southeastern University Center for Psychological Studies Annual Research Conference, Fort Lauderdale, FL.
5. Randel, A., **Heinowitz, A. E.**, Mackelprang, J. L., Cash, R. E., Karle, J., Jacobsmeyer, J., Chisholm, T. L., Orleck-Lubka, R., & Najmabadi, S. (2010, April). *Reducing suicidality and risky behavior among adolescents through a problem-solving approach: Implications and considerations for future research*. Poster presented at the Nova Southeastern University Center for Psychological Studies Annual Research Conference, Fort Lauderdale, FL.
4. Hahl, S., **Heinowitz, A. E.**, & Derose, L.M. (2009, April). *Effects of a social-problem solving intervention on preschoolers' behavior: The role of maternal secure-base script and child temperament*.

Poster presented at the Sixth Annual Research Conference, Adelphi University, Garden City, NY.
Received the First Place Poster Award.

3. Damaskinos, D. M., **Heinowitz, A. E.**, & Derose, L. M. (2008, April). *Youth outreach counselors' perspectives on social factors associated with youth gang involvement.* Poster presented at the Adelphi University Fifth Annual Research Conference, Adelphi University, Garden City, NY.
2. Derose, L. M., Murphy, S., Kramer, C. M., & **Heinowitz, A. E.** (2008, March). *Longer-term implications of pubertal timing for mental health, personality, self-esteem, and academic and career attitudes.* Poster presented at the Society for Research on Adolescence, Chicago, IL.
1. **Heinowitz, A. E.**, Derose, L. M., & White, J. (2007, April). *A study of pro-anorexic communities: Is differentiation between clinical and sub-clinical eating disorders necessary?* Poster presented at the Adelphi University Fourth Annual Research Conference, Adelphi University, Garden City, NY.

** Work completed with graduate student.

* Work completed with undergraduate student.

PROFESSIONAL LEADERSHIP & SERVICE

APA Division of Trauma Psychology (56)

Co-Chair, Awards Committee January 2018 – December
2018 *February*
Reviewer, APA Convention Poster Awards 2016, 2017, 2018
Co-Chair, Task Force on Web-Based Resources January 2016 – December 2017
Member, Task Force on Facilitating Male Trauma Survivors'
Meaningful Involvement in Health Research January 2016 –
present

Co-Chair, Membership Committee

January 2016 – December 2017

Program Chair, 2016 APA Convention

January 2016 – December 2016

January 2015 – September 2016

APA Society for the Advancement of Psychotherapy (29)

Ex-officio Member, Publications Board January 2017 – present
Reviewer, APA Convention Submissions 2016,
2017

Long Island Crisis Center (LICC)

Mentor, Counselor, and Counselor Assistant Trainer October 2005 – August 2009

- Trained on all hotlines: Drug & Alcohol, 1-800-SUICIDE/1-800-273-TALK, Children of Hope.
- Mentored and supervised counselors-in-training one-on-one on hotlines for their 9-month training period.
- Counselor Assistant Trainer – Revised curriculum and taught three classes per month to train new volunteers of LICC.

National Eating Disorders Association-Long Island Chapter

January 2006 – August 2009

- Completed registration and administrative responsibilities at professional and community meetings.

Trauma Certificate Program Advisory Board
Adelphi University, School of Social Work

August 2008 – July 2009

PROFESSIONAL ASSOCIATION MEMBERSHIPS

Florida Psychological Association	2018 - present
The International Society for the Study of Trauma and Dissociation (ISSTD)	2014 – present
American Psychological Association (APA)	2006 – present
<i>APA Division 42, The Community for Psychologists in Independent Practice</i>	2018 – present
<i>APA Division 56, Trauma Psychology</i>	2014 – present
<i>APA Division 29, Society for the Advancement of Psychotherapy</i>	2013 – present
Eastern Psychological Association	2008 – 2010
Psi Chi National Honor Society	2007 – present
National Eating Disorders Association of Long Island	2006 – 2009

EDITORIAL EXPERIENCE

Guest Editor	<i>Practice Innovations, Special Issue on Evidence-Based Relationship Variables within Sexual and Gender Minority Populations</i>	March 2019 – present
Editor	<i>Society for the Advancement of Psychotherapy Website</i>	January 2017 – present
Associate Editor	<i>Society for the Advancement of Psychotherapy Website</i>	January 2015 – December 2016
Editorial Board Member	<i>Practice Innovations</i>	October 2017 – present
	<i>Professional Psychology: Research & Practice</i>	September 2017 – present
	<i>Psychological Trauma: Theory, Research, Practice & Policy</i>	January 2015 – present
Editorial Assistant	<i>APA Handbook of Trauma Psychology</i>	March 2014 – March 2017
	<i>Psychological Trauma: Theory, Research, Practice & Policy</i>	May 2010 – December 2014
Ad Hoc Reviewer	<i>Journal of Trauma & Dissociation</i>	
	<i>Current Psychology</i>	
	<i>Aggression and Violent Behavior</i>	January 2017 – present

*Public Health Nursing
Journal of Psychotherapy Integration*

PRIMARY INSTRUCTOR LECTURES & COURSES

Trauma, Abuse, & Dissociation (PhD & PsyD Course) <i>College of Psychology, Nova Southeastern University</i>	Fall 2018
Research Methodology (Undergraduate Course) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Summer 2018
Abnormal Psychology (Undergraduate Online-Hybrid Course) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Spring 2018
Research Methodology (Undergraduate Course) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Spring 2018
Research Methodology (Undergraduate Course) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Fall 2017
Issues & Techniques in Research Design and Evaluation (PsyD Course) <i>College of Psychology, Nova Southeastern University</i>	Fall 2017
Research Design (PsyS Course) <i>College of Psychology, Nova Southeastern University</i>	Fall 2017
Research Methodology (Undergraduate Course; two sections) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Summer 2017
Abnormal Psychology (Undergraduate Course) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Summer 2017
Research Methodology (Undergraduate Course; two sections) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Spring 2017
Abnormal Psychology (Undergraduate Course) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Spring 2017
Research Methodology (Undergraduate Course) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Fall 2016

COURSES DEVELOPED

Scholars Track Research Methodology (Undergraduate Course) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Fall 2017
Abnormal Psychology (Undergraduate Online-Hybrid Course) <i>Undergraduate Psychology Department, Albizu University-Miami Campus</i>	Summer 2017

DISSERTATION & DIRECTED STUDY COMMITTEES

- Department:** College of Psychology, NSU 2019-present
Student: Leslie Darnell
Directed Study Title: Chronic Pain and Complex Trauma
Role: Committee Chair
- Department:** College of Psychology, NSU 2018 – present
Student: Jonathan Savini
Dissertation Title: Posttraumatic Growth and Resiliency
Role: Committee Member
- Department:** College of Psychology, NSU 2018 – present
Student: Lauren Pupko
Dissertation Title: Exploring Traumatic Factors that Increase the Likelihood for a Suicide Attempt and/or Completion in Correctional Facilities
Role: Committee Member
- Department:** College of Psychology, NSU 2018 – present
Student: Olivia Carelli
Dissertation Title: Depersonalization/derealization Disorder: Cognitive, Perceptual, and Attentional Deficits
Role: Committee Member
- Department:** College of Psychology, NSU 2018 – present
Student: Kristen Payne
Dissertation Title: Misdiagnosis of Schizophrenia and Dissociative Identity Disorder: Why Does This Happen and How Does This Impact Patients?
Role: Committee Member
- Department:** College of Psychology, NSU 2017 – present
Student: Michael Quinones
Dissertation Title: Relationship between Adverse Childhood Experiences, Attachment, PTSD and Mental Health Status Among Adult Male Offenders
Role: Committee Member

FACULTY ADVISOR FOR STUDENT-LED RESEARCH PROJECTS

- Department:** College of Psychology, NSU
Student: Nicolas Meade
Project Title: Bring a Folding Chair: Empowering Gender Minority Survivors of Sexual Trauma in Research Using a Community-based Participatory Research Framework
Role: Faculty Advisor
- Department:** College of Psychology, NSU
Student: Katherine Alfonso
Project Title: Reconceptualization of Animal-Assisted Therapy as a way of Increasing Well-being in LGBTQ Youth
Role: Faculty Advisor

CERTIFICATIONS & SPECIALIZED TRAININGS

Collaborative Institutional Training Initiative

IRB Chair, Stage 1

IRB Member and IRB Administrator, Stage 1 – Basic Course

Human Research, Stage 1 – Basic Course

Grant Writing USA

Grant Writing 2-day class

REFERENCES

Jeffrey Barnett, Psy.D.

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School Psychology

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Psychology

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