

DIANA FORMOSO

College of Psychology
Nova Southeastern University
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Education

Ph.D.	Arizona State University Clinical Psychology	2002
M.A.	Arizona State University Clinical Psychology	1998
B.A.	University of Miami Psychology and English Literature	1995

Publications

- DeLucia, C., Bergman, B. G., Formoso, D., & Weinberg, L. B. (2015). Recovery in Narcotics Anonymous from the perspectives of long-term members: A qualitative study. *Journal of Groups in Addiction and Recovery*, 9(4), 1-21.
- Formoso, D., & Weber, R. N., & Atkins, M. S. (2010). Gentrification and urban children's well-being: Tipping the scales from problems to promise. *American Journal of Community Psychology*, 46, 395-412.
- Frazier, S.L., Formoso, D., Birman, D., & Atkins, M.S. (2008). Closing the research to practice gap: Redefining feasibility. *Clinical Psychology: Science and Practice*, 15(2), 125-129.
- Formoso, D., Gonzales, N. A., Barrera, Jr., M., & Dumka, L. E. (2007). Marital relations, maternal employment, and fathering in Mexican American families. *Journal of Marriage and Family*, 69, 26-39.
- Trickett, E., & Formoso, D. (2007). The acculturative environment of high schools and the school counselor: Creating a supportive context for immigrant adolescents. H. Coleman & C. Yeh (Eds.), *Handbook of school counseling*. Hillsdale, NJ: Erlbaum.

Gonzales, N. A., Deardorff, J., Formoso, D., Barr, A., & Barrera, Jr., M. (2006). Family mediators of the relation between acculturation and adolescent mental health. *Family Relations*, 55, 318-330.

Formoso, D., Gonzales, N.A., & Aiken, L.S. (2000). Family conflict and children's internalizing and externalizing behavior: Protective factors. *American Journal of Community Psychology*, 28, 175-199.

Dumka, L. E., Gonzales, N.A., Wood, J.L., & Formoso, D. (1998). Using qualitative methods to develop culturally anchored measures and preventive interventions: An illustration. *American Journal of Community Psychology*, 26, 605-638.

Grants Awarded

President's Faculty Research and Development Grant – Track II
(2018-2019) Unaccompanied, But Not Alone: Community Partners Serving Un-accompanied Minors
Co-Principal Investigator, \$3,000

Broward County Quality of Life Council, Faculty Community-Based Applied Research Grant
(2009-2010) Connections: Families and Schools Supporting Our Youth Year 2
Co-Principal Investigator, \$10,000

Broward County Quality of Life Council, Faculty Community-Based Applied Research Grant
(2008-2009) Connections: Families and Schools Supporting Our Youth Year 1
Co-Principal Investigator, \$10,000

Community-Based Research

Formoso, D., & ter Maat, M. B. (2008). Broward Comprehensive School Counseling Project: Needs Assessment for Immigrant Students and Families. Final report presented to Broward County partner schools.

Reyes, O., Formoso, D., & Rusch, D. (2005). Newcomer Center Dropout Prevention Project: Parent Involvement Program. Final report presented to the Chicago Public Schools.

Huebner, D., Formoso, D., Nemeroff, C., & Proescholdbell, R.J. (2001). Sexual behaviors and HIV prevention service use among men who have sex with men. Final report presented to the Center for Disease Control's Community Planning Group in Phoenix, Arizona.

Presentations

Formoso, D., Suarez-Morales, L., & Fernandez, M.C. (2018, October). Unaccompanied, But Not Alone: Efforts to Engage Communities Around the Needs of Unaccompanied Immigrant Minors (UIM). Roundtable to be presented at the Biennial Conference of the National Latina/o Psychological Association, San Diego, CA.

- Tarver, S., Formoso, D., Barbeito, C., Hanks, T., Milfort, A., & Schloss, R. (2017, October). *Shifting Focus: Community Violence, Trauma and Youth Delinquency and Externalizing Behaviors*. Individual presentation presented at the 17th Annual Diversity Challenge Conference, Boston, MA.
- Formoso, D., Pooch, A., Vassilopoulos, A. P., & Augustin, J. A. (2017, June). Lifted weight or added burden? The complexities of understanding social support in underserved communities. In D. Formoso (Chair), *Where are the helpers? Need and availability of social support in underserved communities*. Symposium presented at the Biennial Meeting of the Society for Community Research and Action, Ottawa, Ontario, Canada.
- Formoso, D. (2015, June). Evaluating intervention effects in small, yet diverse samples: An illustration from Connections. In D. Formoso (Chair), *Does this count as evidence? The promise and pitfalls of small sample research*. Symposium presented at the Biennial Meeting of the Society for Community Research and Action, Lowell, Massachusetts.
- Formoso, D., & Pooch, A.C. (2015, June). Beyond acculturation: Stressors faced by low-income, ethnic minority and immigrant youth in South Florida. In S.G. Patel (Chair), *Creative methodologies for addressing the psychosocial needs of immigrant youth*. Symposium presented at the Biennial Meeting of the Society for Community Research and Action, Lowell, Massachusetts.
- Pooch, A.C., Tarver, S., Cordova, M., & Formoso, D. (2015, June). The company you keep: Ethnic patterns of social support utilization. Poster presented at the Biennial Meeting of the Society for Community Research and Action, Lowell, Massachusetts.
- Pooch, A.C., & Formoso, D. (2015, January). Solving the unsolvable: How context changes the utility of coping strategies. Poster presented at the National Multicultural Conference and Summit, Atlanta, Georgia.
- Phillips, M., Cash, G., & Formoso, D. (2013, November). *School bullying: Ethnic differences and prevention methods*. Poster to be presented at the Annual Conference for the Florida Association of School Psychologists, Orlando, FL.
- Formoso, D., & Stok, S. (2013, June). *Learning how to learn: Using qualitative methods to address multicultural issues in preventive interventions*. Paper presented at the Biennial Conference for the Society for Community Research and Action, Miami, FL.
- Stok, S., & Formoso, D. (2013, June). *Client engagement in treatment: The role of stress and social support*. Poster presented at the Biennial Conference for the Society for Community Research and Action, Miami, FL.
- Truong, T., Singh, A., ter Maat M., Formoso, D., & Chan, R. (2012, November). *Acculturative risks, protective factors, and treatment guidelines for immigrant youth*. Poster session presented at Florida Association of School Psychologists Annual Conference, Philadelphia, PA.

- Formoso, D., Tassy-Lewis, S., Viña, G., & ter Maat, M. (2012, May). *Evidence-based practices for immigrant families: An illustration from Connections*. Workshop presented at the Linking Forces conference, Miami, FL.
- Formoso, D., ter Maat, M., & Stok, S. (2010, August). *Family strengthening and child maltreatment prevention in immigrant families*. Symposium presented at the Annual Meeting of the American Psychological Association, San Diego, CA.
- Formoso, D., & Trickett, E. (2010, July). *Creating welcoming, supportive schools: The school counselor and the needs of immigrant youth*. Workshop presented at the annual conference of the American School Counselor Association, Boston, MA.
- ter Maat, M., & Formoso, D. (2010, July). *Connections: Families and Schools Supporting Our Youth*. Workshop presented at the annual conference of the American School Counselor Association, Boston, MA.
- Formoso, D., ter Maat, M., Wile, D., & Tassy-Lewis, S. (2009, October). *Research methods for learning how to learn: Adapting EBPs for immigrant families*. Workshop presented at the 9th Annual Diversity Challenge Conference, Boston, MA.
- ter Maat, M., & Formoso, D. (2009, October). *Connections Research: Families and Schools Supporting our Youth*. Presentation at the Florida School Counselor Association Annual Convention, Orlando, FL.
- Bruder, L.M., Bergman, B., Grossman, S., Mirmelli, J., Formoso, D., & DeLucia, C. (2009, August). *Key ingredients of long-term recovery in Narcotics Anonymous*. Poster presented at the Annual Meeting of the American Psychological Association. Toronto, Canada.
- Formoso, D., Wile, D., Melville, A., Mantilla, M., Ibarra, N., Tassy, S., & Vina, G. (2009, June). *Learning how to learn: Adapting evidence-based practices for immigrant families*. Paper presented at the Biennial Conference for the Society for Community Research and Action, Montclair, NJ.
- ter Maat, M., Formoso, D., Kiner, I., & Dolinsky, S. (2009, June). *School-based interventions and immigrant youth: Problems and promise of engaging with schools*. Workshop presented at the Biennial Conference for the Society for Community Research and Action, Montclair, NJ.
- Jacquez, F. M., Villa, M., Formoso, D., Patiño-Fernández, A. M., Sanchez, J. & Delamater, A. (2008, April). *A community-based overweight intervention program for low-income Latino children*. Paper presented at the 2008 National Conference in Child Health Psychology, Miami, FL.
- Formoso, D., Levitt, M.J., DeLucia, C., & Lane, J. (2007, June). *Parent-child relationships in Latino immigrant families: Acculturation and ecological context*. Paper presented at the Biennial Conference for the Society for Community Research and Action, Pasadena, CA.
- Atkins, M. S., Frazier, S. L., Birman, D., Graczyk, P., Marinez-Lora, A., Formoso, D., Cappella,

E., Nierman, P., & Gibbons, R. (June, 2005). *Mental health collaboration with key informants on predictors of children's learning: A proposed model for mental health services in urban, high poverty communities*. In B. Chorpita (Chair) *Innovations in Service Delivery: Deployment of Evidence-Based Treatments to the Schools*. Annual Scientific Meeting of the International Society for Research on Child and Adolescent Psychopathology, New York.

Huebner, D. M., Proescholdbell, R. J., Formoso, D. & Nemeroff, C. J. (2005, June). *What predicts participation in community-based HIV prevention programs among men who have sex with men?* Paper presented at the 2005 National HIV Prevention Conference, Atlanta, GA.

Planning Committee. (April, 2003). *Partnering with Communities in Conducting Prevention Research: Exploring Ethical Dilemmas*. University of Illinois at Chicago.

Formoso, D., & Gonzales, N.A. (1998, February). *Family conflict and children's internalizing and externalizing problems: Protective factors*. Poster presented at the Second Biennial Conference on Minority Issues in Prevention, Tempe, Arizona.

Dumka, L.E., Gonzales, N.A., Wood, J.L., & Formoso, D. (1997, September). *Using qualitative methods to develop contextually relevant measures and preventive interventions: An illustration*. Poster presented at the Annual Conference of the American Association for Marriage and Family Therapy, Atlanta, Georgia.

Formoso, D., Ruiz, S., & Gonzales, N.A. (1997, April). *Parent-adolescent conflict: Resolution strategies within African-American, Mexican-American, and Anglo-American families*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Washington, D.C.

Gonzales, N.A., Barr, A., & Formoso, D. (1997, June). *Acculturation and family process within Mexican-American families*. Keynote address presented at the 1997 NIMH Family Research Consortium Meeting, San Antonio, Texas.

Service Provider Trainings and Continuing Education Courses Offered

Trainer, Trainer Cadre. (Competitive Process) 2015-Present
Children's Services Council of Broward County.

Formoso, D., Augustin, J.A., Pooch, A., & Tarver, S. (2017). *Culturally grounded and contextually relevant interventions for ethnic minority youth: Stress, coping and social support*.

Children's Services Council of Broward County (2018, 2017)
Continuing Education Workshop, Nova Southeastern University (2015, April)
Grand Rounds, Citrus Health Network (2015, April)
Grand Rounds, Citrus Health Network (2014, June)

Formoso, D. (2017). *Crossing the line: Corporal punishment and physical abuse*.

Grand Rounds, Citrus Health Network (2017, May)
Professional Development Institute, Nova Southeastern University (2008-2014)

Formoso, D., Mandler, L., & Roccio, M. (2013, February). Cultural and contextual issues in the use of corporal punishment.

Grand Rounds, Citrus Health Network (2016, March)
Grand Rounds, Citrus Health Network (2013, April)
Continuing Education Workshop, Nova Southeastern University (2013, February)

Formoso, D. (2014). At the crossroads: Creating supportive family contexts for immigrant youth.

Professional Development Institute, Nova Southeastern University (2008-2014)

Editorial Activities

Ad Hoc Reviewer, *American Journal of Community Psychology*
Ad Hoc Reviewer, *Journal of Child and Family Studies*
Ad Hoc Reviewer, *International Journal of Intercultural Relations*
Ad Hoc Reviewer, *Journal of Consulting and Clinical Psychology*
Ad Hoc Reviewer, *Journal of Marriage and Family*
Ad Hoc Reviewer, *American Sociological Review*

Awards and Honors

Best Research Article in the Area of Men and Families 2007, Awarded by the National Council of Family Relations
National Institute of Mental Health Fellowship for Post-doctoral Training in Prevention Science, University of Illinois at Chicago (Competitive Award).
National Institute of Mental Health Fellowship for Pre-doctoral Training in Prevention Science, Preventive Intervention Research Center, Arizona State University (Competitive Award).

Affiliations

Society for Community Research and Action, Member, 2004 to Present
National Latinx Psychological Association, Member, 2018 to Present

Research Interests

Risk and protective factors that shape youth development within low-income, ethnic minority families; family conflict, parenting, and child outcome and how they are impacted by families' ecological and cultural context (e.g., economic hardship, neighborhood risk, immigration and acculturation, and cultural values); development, implementation and evaluation of preventive interventions for ethnic minority children and families experiencing adversity; the family lives and school experiences of immigrant youth.

Research Appointments

Associate Professor, College of Psychology, Present Nova Southeastern University. Strengths and Needs Assessment for Unaccompanied Minors Family Lives and School Experiences of Youth Project	2017-
Assistant Professor, College of Psychology, Nova Southeastern University. Connections: Families and Schools Supporting Our Youth Family Lives and School Experiences of Youth Project Exploring the Journey Study	2007-2016
Consultant, Project SOL (Students from Other Lands), Psychology Department, Florida International University.	2005-Present
Post Doctoral Research Associate, Department of Pediatrics, University of Miami.	2006 – 2007
Post Doctoral Fellow, NIMH Prevention Research Training Program in Urban Children’s Mental Health and HIV Prevention University of Illinois at Chicago.	2002 – 2005
Chicago Public Schools Newcomer Centers Advisor: Olga Reyes, Ph.D.	2003 – 2004
Schools as Contexts for Urban Children’s Mental Health Institute for Juvenile Research Advisors: Marc S. Atkins, Ph.D. and Rachel Weber, Ph.D.	2003 – 2005
Research Associate, HEADS UP HIV Prevention Service Utilization Study Arizona State University	2001
Pre Doctoral Fellow, NIMH Fellowship for Training in Prevention Science Preventive Intervention Research Center, Arizona State University Advisor: Nancy A. Gonzales, Ph.D.	1999 – 2000
Research Associate, BRIDGES Transition to Junior High School Program Preventive Intervention Research Center, Arizona State University Advisor: Nancy A. Gonzales, Ph.D.	1997 – 1999
Research Assistant, Raising Successful Children Preventive Intervention Research Center, Arizona State University Advisor: Nancy A. Gonzales, Ph.D.	1995 – 1997
Research Assistant, Qualitative Study of Parenting and Conflict Preventive Intervention Research Center, Arizona State University Advisor: Nancy A. Gonzales, Ph.D.	1995 – 1998

Teaching Interests

Child Development; Child & Adolescent Psychopathology; Child & Adolescent Interventions; Ethnic Minority Mental Health: Issues of Context and Diversity; Building Interventions for Ethnically-Diverse Families; Assessment and Interventions in Spanish.

Teaching Appointments

Assessment and Interventions in Spanish Nova Southeastern University	2010-Present
Child and Adolescent Psychopathology Nova Southeastern University	2008-Present
Child and Adolescent Interventions Nova Southeastern University	2007-Present
Advanced Professional Development Nova Southeastern University	2013-2015
School-Based Interventions for Ethnically-Diverse Families 2008-2010 Nova Southeastern University	
Infant and Toddler Mental Health Nova Southeastern University	2007
Introduction to Statistics University of Miami	2006
Research Methods Laboratory Arizona State University	2000
Introduction to Psychology Arizona State University	2000
Qualitative Study of Parenting & Conflict Arizona State University	1995 – 1996

Clinical Interests

Prevention of child mental health problems; culturally competent and contextually relevant service provision; clinical training for bicultural and/or bilingual students working with underserved communities; family process and parenting; neighborhoods and schools as contexts for promoting child mental health for poor, urban children; low-income, ethnic minority children and families; Spanish-speaking and immigrant communities.

Clinical Appointments

Intensive Supervisor, College of Psychology Nova Southeastern University	2007 - Present
Psychology Intern, Child & Family Guidance Center, Northridge, CA	2001 – 2002
Resident Therapist, Clinical Psychology Center Arizona State University	2000
Psychology Extern, Parenting Under Stressful Conditions Central Arizona Shelter Services, Phoenix, AZ	1999
Mental Health Specialist, Early Head Start Teenage Parenting Program Southwest Human Development, Phoenix, AZ	1997 – 2000
Mental Health Specialist, Head Start Southwest Human Development, Phoenix, AZ	1998 – 1999
Group Leader, BRIDGES Transition to Junior High School Program Preventive Intervention Research Center, Arizona State University	1999
Psychology Intern, Department of Pediatrics Maricopa Medical Center, Phoenix, AZ	1998
Group Leader, New Beginnings Children of Divorce Program Preventive Intervention Research Center, Arizona State University	1998
Student Therapist, Clinical Psychology Center, Arizona State University	1997 – 1998

Languages Spoken Fluent in English and Spanish

REFERENCES

Diana Formoso

DR. NANCY GONZALES
Program for Prevention Research
P.O. Box 876005
Tempe, Arizona 85287-6005
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DR. ED TRICKETT
Department of Psychology (M/C 285)
1007 W. Harrison Street
Chicago, IL 60607
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DR. MARC ATKINS
Institute for Juvenile Research
1747 W. Roosevelt Rd.
Chicago, IL 60608
(312) 413-1048

DR. MARY J. LEVITT
Department of Psychology
Florida International University
Biscayne Bay Campus
(305) 919-5953