

Lynnquell Gardiner, Ph.D.

Assistant Professor
Department of Counseling
Nova Southeastern University
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EDUCATION

James Madison University **May 2024**
PhD, Counselor Education and Supervision
Dissertation: *Wellbeing in the Caribbean: Exploring Wellness in Afro-Caribbean Populations*

Roosevelt University **May 2020**
MA in Clinical Psychology

Bellarmino University **May 2016**
BA in Psychology

ACADEMIC APPOINTMENTS

Assistant Professor, Nova Southeastern University **2025-present**
Department of Counseling

Adjunct Faculty, James Madison University **1/2024-5/2025**
Department of Psychology

TEACHING EXPERIENCE

Nova Southeastern University
PYCL 0608: Psychological Testing for Individual Evaluation (Fall 2025)
PYCL 0586: Diagnosis & Treatment of Child/Adolescent Psychopathology (Fall 2025)

James Madison University
Course taught as adjunct faculty
PSYC 430: Clinical Psychology (Fall 2023; Spring 2024)
PSYC 325: Counseling Psychology (4 semesters - 2023-2025)
PSYC 335: Abnormal Psychology (Fall 2024; Spring 2025)

Course taught as graduate intern
PSYC 600: Introduction to Measurement and Statistics (Summer 2023; Fall 2023)
Co-facilitator under supervision of Joseph LeBlanc, PhD
PSYC 661: Counseling Techniques (Summer 2022)
Co-facilitator under supervision of Debbie Sturm, PhD
PSYC 790: Internship
Co-facilitator under supervision of Kenson Hiatt, PhD

Courses taught as graduate assistant
PSYC 101: General Psychology (Fall 2022; Spring 2023)

CLINICAL EXPERIENCE

School Psychologist **11/2024 - 7/2025**

Ministry of Education Grand Bahama

- Provided psychological services across multiple schools to support student mental health and academic success.
- Delivered brief therapy for at-risk students presenting with emotional, behavioral, or adjustment difficulties.
- Integrated socioemotional learning programming for students experiencing challenges with emotional regulation, social skills, and academic performance.
- Provided crisis intervention and risk assessments for students experiencing acute distress or exhibiting self-harm behaviors.
- Served as a liaison between schools, community mental health services, and other stakeholders to ensure continuity of care.
- Experienced in initial assessments and psychological interventions, with a commitment to ongoing professional development in advanced assessments including comprehensive intelligence and individual achievement testing.

Counselor/Therapist

5/2022-5/2023

Comprehensive Clinical Solutions

- Provided therapy to couples, adolescents, college-aged and adult patients with mental health concerns including ADHD, anxiety, depression, acute/complex trauma and grief
- Analyzed psychological/psychosocial aspects of individual interrelationships to gain understanding of an individual's thoughts, feelings and behaviors
- Prepared and regularly maintained progress notes and discharge summaries
- Developed comprehensive treatment plans focused on accurate diagnosis, goals, methods and interventions

Counseling Intern

1/2022-5/2022

JMU Counseling and Psychological Services

- Provided individual therapy to adolescent, college-aged and adult patients with mental health concerns in person and via telehealth
- Developed comprehensive treatment plans that focused on accurate diagnosis and behavioral treatment of problems
- Attended monthly interprofessional triage to develop treatment plans for college-aged students

RESEARCH & PUBLICATIONS

Primary Research Interest: My primary research interest is the globalization of counseling and advancing research on wellness frameworks that reflect diverse voices and lived experiences. I examine how cultural and ecological factors, like nature and ecowellness, shape definitions of wellness, and their implications in developing culturally relevant treatment.

Levels of Ecowellness and Utilization of Blue Spaces in AC populations

2024

Primary Investigator

- Measuring the effect of nature on mental, social and environmental wellness and how the beach is used in attaining wellness, in Afro-Caribbean Populations

The Positionality Imperative: A Collaborative Autoethnography

2024

Co-investigator

- Co-researching, via collaborative autoethnography (CAE), positioning, and the role of reflexivity as scholar-practitioners within counseling.

Interprofessional Medication Assisted Treatment Expansion Rural (IMATER) Initiative 2022

Graduate Assistant

- Assisted Dr. Robin Anderson, PsyD in conducting primary source research including gap analysis of existing SUD training manuals provided by JMU's Nursing Department, asset analysis of existing substance use, substance abuse/abuse/misuse treatment resources in Page County; produced training modules on 'Trauma Informed Care', 'Rural Care', 'CBT for MAT' and 'CBT for Pain Management'

Us in the US: An Interpretive Phenomenological Analysis 2022

Co-investigator

- Facilitated focus groups for international graduate students exploring sense of belonging, acculturative stress, university involvement, and social support to explicate the lived experiences of international students at a predominantly white institution (PWI)

DePaul University Myalgic Encephalomyelitis & Chronic Fatigue Syndrome Projects 2017

Research Assistant

- Administered phone screeners and input data using Microsoft Excel and REDCap softwares alongside under leadership of Leonard Jason, PhD

In preparation:

Gardiner, L. S. (2024). Wellbeing in the Caribbean: Wellness Models through an Afro-Caribbean Lens [Manuscript in Preparation]. Department of Graduate Psychology, James Madison University.

Gardiner, L. S. (2024). Exploring Perceptions of Wellness in Afro-Caribbean Women: An Interpretive Phenomenological Analysis [Manuscript in Preparation]. Department of Graduate Psychology, James Madison University.

Gardiner, L. S. (2024). Levels of Ecowellness and Utilization of Blue Spaces for Afro-Caribbean Populations [Manuscript in Preparation]. Department of Graduate Psychology, James Madison University.

Under review:

Gaines, B., Finn, S., **Gardiner, L. S.**, Haskins, R., & Meixner, C. The Positionality Imperative: A Collaborative Autoethnography (2024). Department of Graduate Psychology, James Madison University.

PRESENTATIONS, POSTERS & INVITED SPEAKING

Conference Presentations:

Haskins, R., **Gardiner, L.S.**, & Meixner, C. (2025, April). *Reimagining Connection through IPA: Centering Lived Experience, Reflexivity, and Empathy in Qualitative Research*. Education Session. Association for Humanistic Counseling Annual Conference. Tampa, FL.

Lim, J. & **Gardiner, L.S.** (2023, October). *Women of Color Doctoral Students Broaching Multicultural Concerns in Early Teaching Experiences*. Education Session. Association for Counselor Education and Supervision. Denver, CO.

Gardiner, L.S. & Lim, J. (2023, May). *Reimagining Counseling Through a Collective Lens*. Poster. Association for Humanistic Counseling Annual Conference. Denver, CO.

Meixner, C., Gaines, B., Haskins, R., & **Gardiner, L.S.** (2023, May). *Reimagining Self & Others: Collaborative Inquiry*. Education Session. Association for Humanistic Counseling Annual Conference. Denver, CO.

Atwood, K., Anderson, R., & **Gardiner, L. S.** (2022, November). Expanding Mental Health Service Capacity in Rural Communities: A Collaborative Approach. Education Session. *Virginia Counseling Association*. Williamsburg, VA.

Lim, J. & **Gardiner, L. S.** (2022, November). *Supporting International Student Interns during COVID-19: Considerations for Counselor Educators*. Roundtable. Southern Association for Counselor Education and Supervision Bi-Annual Conference. Baltimore, MD.

Meixner, C., Haskins, R., Finn, S., **Gardiner, L. S.** & Erickson, A. (2022, May). *The Positionality Imperative: Reflexive Research*. Education Session. Association for Humanistic Counseling Annual Conference. Nashville, TN.

Gardiner, L. S. & Lim, J. (2022, May). *Equity in the Pandemic: Counseling Immigrants*. Roundtable. Association for Humanistic Counseling Annual Conference. Nashville, TN.

Invited Talks:

College Day at Mattawoman Middle School (February 11, 2022). Panelist. Waldorf, MD. (Virtual).

Gardiner, L. S. & Lim, J. (November, 2021). *Counseling immigrants during the COVID-19 pandemic*. Powerpoint pre-recorded for the National Board of Certified Counselors (NBCC) continuing education archive. Online.

AWARDS & FUNDING RECEIVED

JMU Adjunct Faculty Professional Development Fund (2025)

- Awarded for travel to ACES conference

JMU Graduate Travel Award (2022)

JMU Graduate Travel Award (2023)

PROFESSIONAL SERVICE

Department Service

Student Success Committee (2025-present) - Member

Professional Consulting

Bahamas Psychological Association - (6/2024 - present) -*Consultant*

- Engaged in professional collaboration to enhance mental health services in The Bahamas via the the BPA Mental Health and Psychosocial Services (MHPSS) project

PROFESSIONAL AFFILIATIONS

Association for Counselor Education and Supervision

Bahamas Psychological Association

ADDITIONAL WORK EXPERIENCE

Ria Health

Enrollment Counselor

8/2020 - 6/2021

- Actively listened to prospects presenting concerns to determine program fit
- Provided deep knowledge of effective addiction support measures, outcomes data published for Ria customers, and alternative resources
- Enrolled new members, referred unsuccessful prospects to other helpful resources, and recorded all customer interactions

The Place for Children with Autism

Registered Behavior Technician

1/2017 - 6/2017

- Implemented skill acquisition and behavior reduction plans using applied behavioral analysis therapy
- Collected, recorded, and summarized data on observable client behavior
- Corresponded with parents and caregivers regarding client progress

Saga Innovations

Fellow/Tutor

8/2016 - 12/2016

- Mentored and tutored students to support mainstream learning and encourage achievement of individual academic goals
- Corresponded with parents regularly to foster a supportive learning environment for assigned students.
- Developed tutoring skills by implementing daily feedback from the supervisor.