

Curriculum Vitae

Arie T. Greenleaf, PhD, LMHC

Professor
Department of Counseling
Nova Southeastern University
3301 College Avenue, Maltz Building
(319) 541-8987
Agreenle@nova.edu

EDUCATION

<u>Institution</u>	<u>Date</u>	<u>Degree</u>	<u>Major</u>
The University of Iowa	2011	Ph.D.	Counselor Education and Supervision
Clemson University	2007	M.Ed.	Community Counseling
The University of Wisconsin – Madison	2002	B.A.	Political Science

PROFESSIONAL CREDENTIALS AND CERTIFICATES

Licensed Mental Health Counselor (LMHC) – Licensed by the State of Washington.
License: MHC.LH.61468326

Certified Hypnotherapist (CHT) – Certified by the State of Washington. Certification
HP60809111

PROFESSIONAL EXPERIENCE

2022 – Present	Full Professor, Professional Counseling, Department of Counseling, Nova Southeastern University
2021 – 2022	Full Professor, Professional Counseling, College of Education, Seattle University
2017 – 2021	Associate Professor, Professional Counseling, College of Education, Seattle University
2013 – 2017	Assistant Professor, Professional Counseling, College of Education, Seattle University
2014 – 2015	Adjunct Instructor, Counseling, College of Education, American Public University
2011 – 2013	Assistant Professor, Counselor Education, College of Education and Health Professions, The University of Arkansas-Fayetteville

2009 – 2011 Adjunct Instructor, College of Education, College of Liberal Arts
and Sciences, The University of Iowa

PUBLICATIONS

24. Greenleaf, A. T., Williams, J. M., Roessger, K., Leibsohn, J., Jiwoo, P., & Walther, B. (2023). “Put on your walking shoes”: A phenomenological study of clients’ experience of walk and talk therapy. *Journal of Creativity in Mental Health*.
23. Greenleaf, A. T., Siller, A., & Graham, M. (2022). Crisis Intervention: Role of the School Counselor Related to Prevention and Response. In C. Edwards & M. Graham (Eds.), *Foundations of School Counseling: Innovation for Professional Practice*. New York: Springer Publishing Co.
22. Greenleaf, A. T. (In Press). Postmodernism. In S. B. Dermer & J. R. Abdullah (Eds.), *The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. Thousand Oaks, CA: Sage Publications.
21. Greenleaf, A. T., Williams, J. M., Roessger, K. M., & Motsenbocker, J. (2019). Effects of a rite of passage ceremony on veterans’ well-being. *Journal of Counseling & Development, 97* (2).
20. Ratts, M. J., & Greenleaf, A. T. (2019). Career counseling without borders: Moving beyond traditional career practices of helping. In D. Capuzzi & M. D. Stauffer (Eds.), *Career counseling: Foundations, perspectives, and applications*. (pp) New York: Taylor & Francis Group, LLC.
19. Williams, J. M., Greenleaf, A. T., Barnes, E. F., & Scott, T. (2018). High Achieving, Low-income Students’ Perspective of How Schools Can Promote the Academic Achievement of Students Living in Poverty. *Improving Schools Journal, 22*(3).
18. Ratts, M. J., & Greenleaf, A. T. (2018). Multicultural and social justice counseling competencies: A leadership framework for professional school counselors. *Professional School Counseling 21*(1b), 1-9.
17. Ratts, M. J., & Greenleaf, A. T. (2018). Counselor-Advocate-Scholar Model: Changing the dominant discourse of counseling. *Journal of Multicultural Counseling and Development, 46*(2), 78–96.
16. Roessger, K. M., Greenleaf, A. T., & Hoggan, C. (2017). Using data collection apps and single case designs to research transformative learning in adults. *Journal of Adult and Continuing Education, 23*(2), 206-225.

15. Greenleaf, A. T. & Roessger, K. M. (2017). Effectiveness of care farming on veterans' life satisfaction, optimism, and perceived loneliness. *Journal of Humanistic Counseling, 57* (2), 86-110. doi:10.1002/johc.12046
14. Greenleaf, A. T., Ratts, M., & Song, S. (2016). Rediscovering classism: The humanist vision for economic justice. *Journal of Humanistic Psychology, 56*(6), 646-664.
13. Williams, J. M., & Greenleaf, A. T., Barnes, E. F., & Owens, T. (2016). Photovoice as a teaching tool for client advocacy. *Journal of Counselor Leadership and Advocacy, 1-13*. doi:10.1080/2326716X.2015.1124816.
12. Greenleaf, A. T., Williams, J. M., & Roessger, K. (2015). The health outcomes of connecting with nature: Evidence to guide counselor education. *Journal of Health and Human Development, 1*(1), 63-78.
11. Greenleaf, A. T., Williams, J. M., & Duys, D. K. (2015). Awareness of counselor trainees on clients' social barriers. *Journal of Counselor Practice, 6*, 22-32.
10. Greenleaf, A. T. (2014). Making the best of a bad situation: Career counseling young adults in the aftermath of the Great Recession. *Journal of Employment Counseling, 51*(4), 158-169. doi: <http://dx.doi.org/10.1002/j.2161-1920.2014.00049.x>.
9. Williams, J. M., Greenleaf, A. T., Albert, T., & Barnes, E. F. (2014). Promoting educational resilience among African American students at risk of school failure: The role of school counselors. *Journal of School Counseling, 12*(9), 1-34.
8. Greenleaf, A. T. (2013). Gardens and well-being. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life and Well-Being Research*. Netherlands: Springer. 2399-2405. doi: 10.1007/978-94-007-0753-5_3967.
7. Greenleaf, A. T., Bryant, R. M., & Pollock, J. B. (2014). Nature-based counseling: Integrating the healing benefits of nature into practice. *International Journal for the Advancement of Counselling, 36*, 162-174.
6. Williams, J. M., Greenleaf, A. T., & Duys, D. (2013). Client problems and the causal attributions made by counselors-in-training. *Journal of Counselor Preparation and Supervision, 5*(2), 6-17.
5. Greenleaf, A. T., & Bryant, R. (2012). Perpetuating oppression: Does the current counseling discourse neutralize social action? *The Journal for Social Action in Counseling and Psychology, 22*, 141-157.
4. Williams, J. M., & Greenleaf, A. T. (2012). Ecological psychology: Potential contributions to social justice and advocacy in school settings. *The Journal of Educational and Psychological Consultation, 22*, 141-157.

3. Wood, S. M., Greenleaf, A. T., & Thompson, L. M. (2012). Promising practices for school counselors working with students of military families. *Counseling Today*, 55(2), 50-54.
2. Portman, T., Fonsecaz-Irizarry, L., Getachew, M., Greenleaf, A. T., Laroco, R. (2010). *eGranary Digital Library Evaluation: Qualitative Analysis*. Retrieved May 21, 2010, from the WiderNet website
http://www.widernet.org/sites/default/files/eGranaryEval_06A-PortmanQualitative.pdf.
1. Greenleaf, A. T., & Williams, J. M. (2009). Supporting social justice advocacy: A paradigm shift towards an ecological perspective. *The Journal for Social Action in Counseling and Psychology*, 2 (1), 1-14.

PODCAST

Greenleaf, A. T. (2019). How ancient rite of passage ceremonies offer new hope of healing for United States military veterans. *Headspace and Timing Podcast*. 2019, August 1.
 Link: <https://veteranmentalhealth.com/hst132/>

PUBLICATIONS IN PREPARATION

- Greenleaf, A. T., & Reese, R. F. (In Review). Theory of Ecodaeonia: Unveiling Nature's Transformative Role in Counseling. *Ecopsychology*.
- Greenleaf, A. T. (In Review). Adaptive Purpose Theory: Redefining Career Counseling in the Era of Artificial Intelligence. *Career Development Quarterly*.
- Greenleaf, A. T., & Reese, R. F. (In Review). Nurturing Minds with Nature: Incorporating Ecodaeonia Theory into Comprehensive School Counseling Programs. *Professional School Counselor*.
- Roessger, K. M., & Greenleaf, A. T. (In Review). Learning to Support Science: Gender Differences in How Scientific Literacy Mediates the Effect of Formal Education on Adults' Public Support for Science. *American Educational Research Journal*

SCHOLARSHIP IN THE NATIONAL MEDIA

Martha Stewart Living (18 July, 2019). "Here's How Sunlight Can Impact Your Mood—And Your Overall Mental Health". Link: <https://www.marthastewart.com/1540908/how-sunlight-impacts-mood-overall-mental-health>

Woodstock Magazine (1 July, 2019). “Invite the outdoors in”. Link: https://www.woodstockmagazine.com/2019/07/01/202651/invite-the-outdoors-in?utm_campaign=family-features&utm_medium=woodstock-magazine&utm_source=lpn

Velux (5 June, 2019). “Let nature in campaign”. Link: <https://www.prnewswire.com/news-releases/new-global-survey-finds-were-lacking-fresh-air-and-natural-light-as-we-spend-less-time-in-nature-300861918.html>

MedIndia (11 July, 2017). “Care Farming Aids In Improving Veterans' Mental, Physical Health”. Link: <https://www.medindia.net/news/care-farming-aids-in-improving-veterans-mental-physical-health-171584-1.htm>

News Medical (10 July, 2017). “Care farming helps improve veterans' mental and social well-being, study shows”. Link: <https://www.news-medical.net/news/20170710/Care-farming-helps-improve-veterans-mental-and-social-well-being-study-shows.aspx>

Health Medicine Network (10 July, 2017). “Farm work may improve veterans’ mental health”. Link: <http://healthmedicinet.com/i/farm-work-may-improve-veterans-mental-health/>

MedicalXpress (10 July, 2017). “Farm work may improve veterans' mental health”. Link: <https://m.medicalxpress.com/news/2017-07-farm-veterans-mental-health.html>

KEYNOTE ADDRESS

Greenleaf, A. T. (2020, June). *While we were distracted...* Keynote address at the House System Institute: Virtual Symposium. Seattle, WA. Link: <https://vimeo.com/432625236>

PRESENTATIONS AND TRAINING WORKSHOPS

45. Greenleaf, A. T. (2023, September). *Secrets of Success: Thank-a-Professor Recipients Unpack Their Effective Teaching Techniques*. NSU’s Learning and Educational Center. Nova Southeastern University.
44. Greenleaf, A. T. (2023, April). *The Impact of Social Media on Teens: What Can Be Done?* Shark Chat, NSU College of Psychology.
43. Greenleaf, A. T. (2023, February). *Getting Outside the Office: The Steps to Walk and Talk Therapy in Schools*. Innovative School Transformation Conference, Seattle, WA.
42. Greenleaf, A. T. (2022, June). *Nature-Based School Counseling: Integrating the Benefits Of Nature into Comprehensive School Counseling Programs*. House System Institute –A National Symposium. Seattle, WA.
41. Greenleaf, A. T. (2022, May). *The Impact of Social Media on Teens: What Can Be*

- Done?* Parental Training Workshop. Redmond High School, Redmond, WA.
40. Greenleaf, A. T. (2021, May). *Nature-Based Counseling: Integrating the Healing Benefits of Nature into Practice*. 2021 Celebration of Scholarship. Representative of the College of Education. Seattle University.
 39. Greenleaf, A. T. (2021, March). *The Kids are Not Alright: Recommendations for Schools Dealing with an Epidemic of Mental Illness*. Innovative School Transformation Conference. Seattle, WA.
 38. Greenleaf, A. T. (2019, May). *The Impact of Social Media on Teens: What Can Be Done?* Staff Professional Development Workshop. Redmond High School, Redmond, WA.
 37. Greenleaf, A. T. (2019, March). *Pressing Pause: What are the Risks of Social Media On Generation Z?* Innovative School Transformation Conference. Seattle, WA.
 36. Greenleaf, A. T. (2018, March). *Multicultural and Social Justice Competencies: A Leadership Framework*. Innovative School Transformation Conference. Seattle, WA.
 35. Greenleaf, A. T., Weihe, H., & Nguyen, E. (2018, March). *Developing School Connectedness for Faculty and Staff*. Innovative School Transformation Conference. Seattle, WA.
 34. Greenleaf, A. T., Weihe, H., & Nguyen, E. (2018, March). *Toolkit for a More Connected Counseling Team*. Presentation at the Washington School Counseling Association (WSCA) Conference, Seattle, WA.
 33. Greenleaf, A. T. (2017, May). *Care Farming, Veterans, and Life Satisfaction: The Effectiveness of Ecotherapy on Wellness*. Professional Development Talk. Sponsored by the University of Nevada – Las Vegas.
 32. Greenleaf, A. T. (2016, September). *Effects of Farming on Veteran's Well-Being*. Presentation at the Rocky Mountain Association of Counselor Education and Supervision (RMACES) Conference, Steamboat Springs, CO.
 31. Greenleaf, A. T. (2016, May). *Effects of Farming on Veteran's Well-Being*. Presentation at the Association of Humanistic Counseling (AHC) Conference, Portland, OR.
 31. Greenleaf, A. T. (2015, June). *Farming and Veteran's Well-Being: A Study*. Seattle University Alumni Association. Seattle, WA.
 30. Greenleaf, A. T. (2015, March). *Keys to Effective Facilitation of Mentor Groups*. Staff Professional Development Training. O'Dea High School, Seattle, WA.

29. Greenleaf, A. T. (2015, March). *Facilitating Mentor Group Discussions on Social Justice Issues*. Staff Professional Development Training. O'Dea High School, Seattle, WA.
28. Greenleaf, A. T., Jones, A. M., Malone, I., & Kenney, V. (2015, February). *Nature Based School Counseling: Integrating the Benefits of Nature into Comprehensive School Counseling Programs*. Presentation at the Washington School Counseling Association (WSCA) Conference, Seattle, WA.
27. Greenleaf, A. T. (2014, November). *School Connectedness: The Untapped Power of Schools*. Professional Development Presentation. O'Dea High School, Seattle, WA.
26. Ratts, M. R., & Greenleaf, A. T. (2014, February). *Child Abuse and Reporting*. Continuing Education Workshop. Washington School Counseling Association (WSCA) Conference, Seattle, WA.
25. Ono, S., Nay, S., Thomas, C., Howard, R., Ratts, M., & Greenleaf, A. T. (2014, February). *The Hidden Culture of Poverty in Schools: Addressing the Needs of Students in Poverty through PhotoVoice*. Presentation at the Washington School Counseling Association (WSCA) Conference, Seattle, WA.
24. Greenleaf, A. T. (2013, April). *The Ecological Perspective: Understanding Human Behavior from a Person-Environment Lens*. 2013 Health Disparities Conference, Springdale, AR.
23. Greenleaf, A. T., Jones, S., Jungersen, T., Walker, Q., & Williams, J. (2013, March). *Deconstructing Mental Health Disparities and Social Justice in Action: A Nexus of Counseling Professionals*. Panel presentation at the American Counseling Association (ACA) Convention, Cincinnati, OH.
22. Greenleaf, A. T., & Ritter, G. (2013, February). *Research and public school partnerships: Razor C.O.A.C.H. Program*. The University of Arkansas, Office for Education Policy.
21. Greenleaf, A. T. (2013, January). *Positive Psychology and its Philosophies*. Presentation at The University of Arkansas Strengths Symposium, Fayetteville, AR.
20. Greenleaf, A. T., Kaplan, J., & Kester, J. (2012, October). *Metrics Next: Measuring Health, Happiness and Opportunity*. Panel presentation at the Sustainable Communities Leadership Summit, Fayetteville, AR.
19. Greenleaf, A. T., Carver, C., & Abbott, L. (2012, September). *Professional Counseling, Please Shake Hands with Positive Psychology*. Round-table discussion at the Southern Association of Counselor Education and Supervision (SACES) Conference, Savannah, GA.
18. Gutkin, T. B., Swearer, S. M., Doll, B. J., Meyers, J., & Greenleaf, A. T.

(August, 2012). *Ecological School Psychology — Translating Theory and Research Into Evidence-Based Practice*. Symposium at the American Psychological Association Conference, Orlando, FL.

17. Newgent, R. A., Davis, H., Higgins, K. K., & Greenleaf, A. T. (2012, March). *Tips for Applying for Counselor Education Faculty Positions*. Poster presentation at the American Counseling Association (ACA) Convention, San Francisco, CA.
16. Greenleaf, A. T. (2012, February). *Positive Psychology: A Roadmap to Human Flourishing*. Presentation at the Arkansas Counselor Education and Supervision (ArACES) Conference, Fayetteville, AR.
15. Greenleaf, A. T. & White, J. (2011, November). *Is Positive Psychology Relevant? Why Understanding the “Good Life” Matters for the Counseling Profession*. Presentation at the Arkansas Counseling Association (ArCA) Conference, Hot Springs, AR.
14. Kissinger, D., Thomasson, T., Kirkpatrick, K., & Greenleaf, A. T. (2011, November). *Reactance Potential and the Supervisory Alliance*. Presentation at the Arkansas Counseling Association (ArCA) Conference, Hot Springs, AR.
13. Greenleaf, A. T. (2011, October). *Career Counseling in the Great Recession: Implications and Interventions for Assisting Emerging Adults in the College-to-Career Transition*. Round table discussion at the Association for Counselor Education and Supervision (ACES), Nashville, TN
12. Wood, S. M., Thompson-Gillespie, L., & Greenleaf, A. T. (2011, March). *Promising Practices for School Counselors Working With Students of Military Families*. Poster session at the American Counseling Association (ACA) National Conference, New Orleans, LA.
11. Greenleaf, A. T., & Williams, J. M. (2010, October). *Ecological Counseling: Potential Contributions to Social Justice and Advocacy in School Settings*. Presentation at the North Central Association for Counselor Education and Supervision (NCACES), Itasca, IL.
10. Greenleaf, A. T., & Williams, J. M. (2010, September). *Ecological Counseling: Potential Contributions to Social Justice and Advocacy in School Settings*. Presentation at the North Atlantic Region Association for Counselor Education and Supervision (NARACES), New Brunswick, NJ.
9. Greenleaf, A. T. (2010, August). *Positive Psychology*. Continuing Education Workshop. Annual Summer School for Professional Helpers. Iowa City, IA.
8. Williams, J. M., & Greenleaf, A. T. (2010, March). *Social Justice Counseling and*

Therapy: Philosophy and Theory in Action. Poster session presented at the American Counseling Association (ACA) National Conference, Pittsburgh, PA.

7. Greenleaf, A. T., & Williams, J. M. (2009, October). *Wellness Counseling: Targeting Transformative Societal Change*. Presentation presented at the Association for Counselor Education and Supervision (ACES) National Conference, San Diego, CA.
6. Williams, J. M., & Greenleaf, A. T. (2009, October). *Balancing the Imbalance: Reframing the Medical Model from a Multicultural Perspective*. Presentation presented at the Association for Counselor Education and Supervision (ACES) National Conference, San Diego, CA.
5. Cigrand, D. & Greenleaf, A. T. (2009, October). *Recognizing Ego Depletion in Ourselves and Its Relational Effects*. Association for Counselor Education and Supervision (ACES), San Diego, CA.
4. Greenleaf, A. T., Williams, J. M., Dean, A. A. (2008, October). *Wellness Counseling of African American Adolescents*. Presentation presented at the North Central Association for Counselor Education and Supervision Regional Conference (NCACES), Indianapolis, IN.
3. Stoner-Harris, T., Bacon, L.C., Williams, J.M., Viviani, A., Dean, A., Greenleaf, A. T., Lin, Y., Washington, A. (2008, October). *A Response to the Challenge: A Doctoral Student's Adjustment from Community Counseling to School Counseling*. Poster session presented at the North Central Association for Counselor Education and Supervision Regional Conference (NCACES), Indianapolis, IN.
2. Dean, A. A., Greenleaf, A. T., & Williams, J. M. (2008, October). *There's Nothing New Under the Sun: Understanding Acedia*. Poster session presented at the North Central Association for Counselor Education and Supervision Regional Conference (NCACES), Indianapolis, IN.
1. Witherspoon, S., Henfield, M. S., Greenleaf, A. T., Washington, A., & Goldsmith, S. (2007, October). *Exploring Trends in Doctoral Students' Advising Experiences*. Program presented at the Association for Counselor Education and Supervision (ACES), Columbus, OH.

GRANTS

Funded Grants

- 2012-2015 Higgins, K., Greenleaf, A. T., & Kissinger, D. *The Razor C.O.A.C.H. Program*, The Walton Family Foundation.
Funded: \$1,450,500.

- 2015 Greenleaf, A. T. (2015). *The Effects of Care Farming on Post War Veterans Well-Being and Symptoms of PTSD and Depression*.
Seattle University
Funded: \$7,000
- 2012 - 2013 Greenleaf, A. T., & Ganio M. *Green Exercise as a Modality to Enhance Talk Therapy*
University of Arkansas
Funded: \$15,000

Unfunded Grants

- 2015 Ratts, M.J., & Greenleaf, A. T. *Making the invisible, visible: Contextual factors contributing to LGBTI courtesy stigma*.
NIH R03
Research
REQUESTED: \$200,000
Unfunded.
- 2014 Greenleaf, A. T., & Roessger, K. *The Effects of Care Farming on Post War Veterans Well-Being and Symptoms of PTSD and Depression*.
NIH R15
Research
REQUESTED: \$253,000
Unfunded.
- Ratts, M. J., Song, S., Greenleaf, A. T., & Cowan-Pitre, C.
Teacher-Advocate-Scholar Model: A Quasi-Experimental Study
American Association of Colleges for Teacher Education
Type of grant (Research, Teaching, Professional Development, Technical Assistance)
REQUESTED: \$30,000
Unfunded.
- Greenleaf, A. T. *Exploring the Efficacy of Care Farms in the Seattle Area: An Exploratory Trip to The Netherlands*.
Seattle University
Research
REQUESTED: \$2,000
Unfunded

Financial Gift

- 2016 Greenleaf, A. T., & Roessger, K. *The Effects of Care Farming on Post War Veterans Well-Being and Symptoms of PTSD and Depression*.
Gift from Peter Chiarelli, Four-Star General, Vice Chief of Staff of the United States Army Multi-National Corps – Iraq
Research Funded: \$25,000.

COURSES TAUGHT

Nova Southeastern University

Human Sexuality
PYCL 0582

Career Counseling
PYCL 0631

Counseling Theories & Practice
PYCL 0502

Counseling Practicum
PYCL 0680

Seattle University

Professional and Ethical Issues in Counseling
COUN 5080

Tests and Measurements
COUN 5270

Crisis Counseling
COUN 5700

Career Guidance for K-12 Schools
COUN 5160

Comprehensive School Counseling
COUN 5090

Consultation, Leadership, & Advocacy
COUN 5140

Counseling Across the Lifespan
COUN 5070

Counseling Theories
COUN 5110

Lifespan Career Development
COUN 5120

School Counseling Practicum
COUN 5540

School Counseling Internship and Graduate Project I
COUN 5550

School Counseling Internship and Graduate Project II
COUN 5560

School Counseling Internship and Graduate Project III
COUN 5570

Independent Studies

Multicultural and Social Justice Counseling
COUN 5130

Group Counseling
COUN 5170

Counseling with Children and Adolescents
COUN 5610

Diagnosis and Assessment
COUN 5400

Introduction to Educational Research
EDUC 5000

The University of Arkansas

Clinical Applications of Marriage and Family Counseling
CNED 6123 – Doctoral Seminar

Counseling and Human Development
CNED 5993

Counseling Practicum
CNED 5343

Cultural Foundations and Counseling
CNED 6343 – Doctoral Seminar

Foundations of Marriage & Family Counseling
CNED 6023 – Doctoral Seminar

Individual Appraisal
CNED 5303

Lifestyle and Career Development
CNED 5213

The University of Iowa

Alcohol And Your College Experience
027:020

Group Counseling (co-instructor)
07C:202

Group Processes for Related Professions
07C:190

Positive Psychology
07C:174

Resiliency and Your College Experience
027:022

Understanding Stress and Coping
28:174

American Public University System

School Counseling Practicum (online)
EDUC 696

School Counseling Internship (online)
EDUC 691, 692

Psychodiagnostics and Assessement (online)
EDUC 533

Master's Thesis Committee

Fall & Winter, 2012 - University of Arkansas
Student: Alexandra Lachance
Title: *Effect of body size and exercise on mood state*

AWARDS AND HONORS

Top Downloaded Article 2017-2018, Certificate of Achievement, *The Journal of Humanistic Counseling*

Distinguished Reviewer of the Year, *The Journal of Humanistic Counseling*, 2016

Junior Faculty Professional Development Award
Seattle University, 2015

Exceptional Graduate Student Award
The University of Iowa, 2009

Chi Sigma Iota, International Honor Society
The University of Iowa, 2007-2011

Audrey Qualls Scholarship
The University of Iowa, 2007-2011

SERVICE

Service to the College/University

2023-2024	Application Review Committee
2023-2024	Department of Counseling Curriculum Committee, School Counseling Subcommittee
2022-2024	Admissions Committee, Nova Southeastern University
2022	Faculty Handbook Review Committee
2020-2021	ROC-ACR Academic Calendar Review Committee
2020-2021	ROC-ACR Student Engagement Sub-committee
2019-2022	Chair of Academic and Curriculum Review Committee, College of Education
2019-2020	Assessment Liaison, Mental Health and School Counseling Program, College of Education
2018-2021	Seattle University, Faculty Handbook Committee
2018-2020	Academic Assembly, Bylaws Committee
2018-2020	Intercollegiate Athletics Advisory Board, Faculty Representative
2017-2020	Academic Assembly, College of Education Representative
2017-2018	Academic Assembly, Deans Evaluation Committee
2017-2018	Academic Assembly, Administrator Assessment Committee
2016-2022	Chair of Faculty Bylaws Committee, College of Education.
2018-2019	PEAB Liaison, School Counseling Program, College of Education

- 2016-2019 Seattle University Graduate Commencement, Name Reader.
- 2016-2019 Leadership and Finance Team, Bylaws Committee Representative, College of Education
- 2017 Chair: Search Committee, Boeing-William M. Allen Endowed Chair position, College of Education.
- 2015-2017 Institutional Review Board, Seattle University, College of Education Representative.
- 2018-2019 Leadership and Finance Team, Associate Professor Representative, College of Education.
- 2017-2018 Leadership and Finance Team, Large Programs Representative, College of Education.
- 2014-2017 Leadership and Finance Team, Assistant Professor Representative, College of Education.
- 2014-2020 Admissions Liaison, Mental Health and School Counseling Program, College of Education
- 2014-2016 Summer Faculty Fellowship Committee, Seattle University, College of Education Representative.
- 2015 Chair: Search Committee, Boeing-William M. Allen Endowed Chair position, College of Education.
- 2015 Member: Strategic Planning Committee, Differentiated Workload, College of Education
- 2014 Member: Strategic Planning Committee, College of Education
- 2014, 2018 PEAB Liaison, School Counseling Program, College of Education
- 2011-2013 Member: Faculty Advisory Council, Applied Sustainability Center.
- 2013 Member: Professional Development Committee, Arkansas Health Disparities Conference.
- 2012 Member: Professional Development Committee, Arkansas Health Disparities Conference.

Service to the Profession

- 2018-2022 Associate Editor of Theory and Practice. *Journal of Counseling & Development*

2022-2025	Editorial Board. <i>Journal of Counselor Leadership and Advocacy</i>
2013-2018	Editorial Board. <i>The Journal of Humanistic Counseling</i>
2019-Present	Reviewer. <i>Aging and Mental Health</i>
2019-Present	Reviewer. <i>Current Psychology</i>
2018-Present	Reviewer. <i>Frontiers in Psychology</i>
2017-Present	Reviewer. <i>The International Journal of Environmental Research and Public Health</i>
2014-Present	Reviewer. <i>The Journal of Counselor Leadership & Advocacy</i> Reviewer. <i>International Journal of Professional Counseling</i>
2011-Present	Reviewer. <i>Journal for Social Action in Counseling and Psychology</i>
2013	<i>Communications Officer</i> : Counselors for Social Justice, Division of the American Counseling Association
2011-2012	<i>Member</i> : Strategic Planning Committee, Counselors for Social Justice, Division of the American Counseling Association
2009	<i>Student Representative</i> : Association of Multicultural Counseling and Development, National Awards Committee

Additional Service

2014-2021	<i>Member</i> , Advisory Council, Growing Veterans
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COUNSELING EXPERIENCE

2020-Present	Private Practice, Mental Health Counseling and Hypnotherapy, Seattle, WA, Weston, FL
2021-2022	Counseling Services for Wellbeing, Mental Health Counselor, Seattle, WA
2014-2015	Mental health and career counseling, Edmonds Community College Edmonds, WA
2007-2009	Mental health and career counseling, Kirkwood Community College, Iowa City, IA
2006-2007	Couples and family counseling, WestGate Consultation Network, Spartanburg, SC

PROFESSIONAL ORGANIZATIONS MEMBERSHIPS

American Counseling Association (ACA)

Chi Sigma Iota (CSI)

Association for Counselor Education and Supervision (ACES)