

## **Taylor J. Irvine, Ph.D., NCC, LCMHC**

Assistant Professor

Department of Counseling – College of Psychology

Nova Southeastern University

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### **EDUCATION**

- Ph.D. Doctor of Philosophy in Counselor Education and Supervision\***  
August 2019 – August 2022  
Dissertation Title: *Validating the Effectiveness of a Gottman Method Couples Therapy Intervention, the Trust Revival Method, for Affair Recovery: A Randomized Control Trial*  
Florida Atlantic University
- Ed.S. Education Specialist in Clinical Mental Health Counseling**  
August 2016 – May 2019  
Florida Atlantic University
- M.Ed. Master of Education Clinical Mental Health Counseling\***  
August 2016 – May 2019  
Florida Atlantic University
- B.A. Bachelor of Arts in Psychology**  
June 2016 – December 2015  
Minors: French and Sociology  
Florida Atlantic University

*\*CACREP Accredited Program*

### **LICENSURE AND PROFESSIONAL TRAININGS**

Licensed Mental Health Counselor (LMHC), Florida	#19395
National Certified Counselor (NCC), National Board for Certified Counselors	#1402284

### **ADVANCED TRAINING**

Treating Affairs and Trauma Training, The Gottman Institute	2021
The Columbia-Suicide Severity Rating Scale Training	2020
The Renfrew Unified Treatment Model for Eating Disorders Clinical Training	2020
Gottman Method Couples Therapy: Level 3 Clinical Training	2020
Gottman Method Couples Therapy: Level 2 Clinical Training	2018
Gottman Method Couples Therapy: Level 1 Clinical Training	2017
The Specific Affect Coding System (SPAFF) Training	2017

**TEACHING AND SUPERVISION EXPERIENCE****Nova Southeastern University**, Ft. Lauderdale, FLMay 2023 – *Present***Assistant Professor**, Dept. of Counseling

- ☐ Prepare lessons and course syllabi, grade papers, and teach all classes.
- ☐ Maintain an active and productive research agenda, concentrating on opportunities for grant writing.
- ☐ Monitor and respond to student inquiries, grievances, and professional functioning.
- ☐ Integrate web-based technology across courses (e.g., Canvas and LiveText).
- ☐ Enforce academic standards and policies.
- ☐ Provide mentoring and support to master's-level students.

**Taught the following CACREP accredited master's-level courses:**

PYCL 0660: Community Mental Health

PYCL 0645: Couples and Family Counseling Strategies

**Florida Atlantic University**, Boca Raton, FL

Aug. 2022 – Apr. 2023

**Postdoctoral Fellow**, Dept. of Counselor Education

- ☐ Assist the department with re-accreditation of the Council on Accreditation for Counseling and Related Educational Programs, specifically developing section two of the CACREP self-study for the master's in mental health counseling program.
- ☐ Maintain an active and productive research agenda, concentrating on opportunities for grant writing.
- ☐ Execute requested research and grant writing duties.
- ☐ Prepare lessons and course syllabi, grade papers, and teach all classes.
- ☐ Monitor and respond to student inquiries, grievances, and professional functioning.
- ☐ Integrate web-based technology across courses (e.g., Canvas and LiveText).
- ☐ Enforce academic standards and policies.
- ☐ Provide mentoring and support to master's and doctoral-level students.

**Taught the following CACREP accredited master's-level courses:**

MHS 6070: Psychopathology in Counseling

MHS 6401: Counseling Theories and Techniques in Counseling

MHS 6830: Internship in Mental Health Counseling

MHS 5005: Processes in Counseling

**Florida Atlantic University**, Boca Raton, FL

Oct. 2021 – Dec. 2021

**Graduate Supervision Coach**, Dept. of Counselor Education

- ☐ Provide supervision and coaching to students.
- ☐ Support case conceptualization development during simulated counseling experiences in a CACREP accredited master's-level course.

**Florida Atlantic University, Boca Raton, FL**

Jun. 2019 – Aug. 2020

**Graduate Teaching Assistant, Dept. of Counselor Education**

- ☐ Assisted faculty with grading duties both in-person and online, using Canvas.
- ☐ Offered feedback on practicum/internship case conceptualization reports.
- ☐ Prepared a standardized clinical case for practicum/internship trainees' exit exams, serving as both a participant and rater.

**Teaching Assistant in the following CACREP accredited master's-level courses:**

MHS 6401: Counseling Theories and Techniques, Summer 2019 and Fall 2019

MHS 6820: Internship in School Counseling, Spring 2020

MHS 6710: Counseling Research and Evidence-Based Practice, Summer 2020

**The Gottman Institute, Seattle, WA**

Aug. 2020 – Present

**SPAFF Coding Trainer, Virtual**

- ☐ Trained recruits to become reliable in the Specific Affect Coding System (SPAFF).
- ☐ Provided a 10-week virtual training and review sessions with SPAFF recruits (i.e., demonstrating valid codes, comparing kappa scores, etc.).

## SCHOLARSHIP

## JOURNAL PUBLICATIONS

### Refereed:

**Irvine, T.,** Peluso, P., Benson, K., Cole, C., Cole, D., Gottman, J., Gottman, J.S. (in press). A pilot study examining the effectiveness of Gottman Method Couples Therapy over treatment-as-usual approaches for infidelity. *The Family Journal*

Labarta, A., **Irvine, T.,** & Peluso, P. (2023). Exploring clinician attitudes towards treating eating disorders: Bridging counselor training gaps. *Journal of Counselor Preparation and Supervision*, 17(1). Retrieved from <https://digitalcommons.sacredheart.edu/jcps/vol17/iss1/2>

**Irvine, T. J.,** Aults, C. D., & Menon, M. (2023). Self-esteem moderates the relationship between secure attachment and internalizing and externalizing problems in preadolescence. *Psychological Reports*, 126(2), 758–774. <https://doi.org/10.1177/00332941211061699>

Labarta, A., Emelianchik-Key, K., & **Irvine, T.** (2022). Fostering body wellness among preadolescents with the Multidimensional Body Wellness Model. *Journal of Child and Adolescent Counseling*, 8(3), 181-196. <https://doi.org/10.1080/23727810.2022.2135885>

Uribe, J., Clarke, N., Brenner, V., Revels, D., & **Irvine, T.** (2022). Chapter happenings:

Facilitating engagement and advocacy within schools and the community. *Chi Sigma Iota Exemplar*, 37(3), 21–23. [https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications\\_exemplar/fall\\_2022\\_exemplar.pdf](https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/fall_2022_exemplar.pdf)

**Irvine, T. J.** (2022). *Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery: A randomized control Trial* (Publication No. 29320211). [Doctoral dissertation, Florida Atlantic University]. ProQuest.

Emelianchik-Key, K., Labarta, A., & **Irvine, T.** (2022). Understanding education in sexuality counseling from the lens of trainees: A critical examination and call for increased attention and training. *Journal of Counseling Sexology and Sexual Wellness: Research, Practice, and Education*, 3(2), 70-81. <https://doi.org/10.34296/03021057>

**Irvine, T. J.,** & Peluso, P. R. (2022). An affair to remember: A mixed-methods survey examining therapists' experiences treating infidelity. *The Family Journal*, 30(3), 324–333. <https://doi.org/10.1177/10664807211061826>

**Irvine, T.,** Fullilove, C., Osman, A., Farmanara, L., & Emelianchik-Key, K. (2021). Enhancing competencies in counselor education: The Deliberate Practice and Coaching Framework. *Journal of Counselor Preparation and Supervision*, 14(4). Retrieved from <https://digitalcommons.sacredheart.edu/jcps/vol14/iss4/5>

**Irvine, T.,** Labarta, A., & Emelianchik-Key, K. (2021). Using a Relational-Cultural and Adlerian framework to enhance multicultural pedagogy. *The Professional Counselor*, 11(2), 233–247. <https://doi.org/10.15241/ti.11.2.233>

### **Non-Refereed:**

**Irvine, T.,** & Dierickx, E. (2021, November). An international affair: Exploring infidelity across the globe. *The Gottman Relationship Blog*. <https://www.gottman.com/blog/an-international-affair-exploring-infidelity-across-the-globe/>

**Irvine, T.** (2021, September). Review of Soul. *Counselor's Bookshelf- Movies & TV Shows*. *Chi Sigma Iota International*. <https://www.csi-net.org/forums/Posts.aspx?topic=1631138>

**Irvine, T.,** & Peluso, P. (2020, October 8). Rebuilding after infidelity. *The Gottman Relationship Blog*. <https://www.gottman.com/blog/rebuilding-after-infidelity/>.

**Irvine, T.** (2020). Fostering social justice and advocacy in the profession: Recommendations for best practice. *Counseling Times, Beta Rho Chi Chapter of CSI Newsletter*.

**Irvine, T.** (2019). Stressed Out? Self-care lessons learned from the burned out beyond. *Counseling Times, Beta Rho Chi Chapter of CSI Newsletter*.

**Irvine, T.** (2015). Secure attachment and self-esteem as interacting determinants of preadolescents' externalizing and internalizing problems. (*Unpublished undergraduate honors thesis*). Florida Atlantic University, Boca Raton, FL.

## MANUSCRIPTS – UNDER REVIEW

Cunningham Abbott, A., **Irvine, T.**, Shure, L., Bayne, H., Freund, R., & Bowers, H. (under review). Forging ahead in Florida: Cross-institutional recommendations for teaching, advocacy and supervision in the face of legislative restrictions and medical bans. *Teaching & Supervision in Counseling*

## CURRENT RESEARCH ACTIVITIES

### Research Projects – In Development

**Irvine, T.**, Benson, K., Peluso, P., Cole, C., Gottman, J., & Gottman, J.S. (in progress – data analysis). *Infidelity among BIPOC couples during COVID-19: Recommendations for best practice*.

**Irvine, T.**, Peluso, P., Benson, K., Cole, C., Cole, D., Gottman, J., Gottman, J.S. (in progress – data collection). *What's love got to do with it? Results from an international survey examining perceptions on romantic betrayal*.

### Writing Projects – In Development

Peluso, P., & **Irvine, T.** (in progress – editing stage). *Infidelity: A practitioner's guide to working with couples in crisis* (2<sup>nd</sup> Ed.). (Ser. Family Therapy and Counseling). Routledge.

**Irvine, T.**, Benson, K., & Meunier, V. (in progress – editing stage). Extradyadic involvement among BIPOC relationships: Overview and assessment. In P. Peluso, & T. Irvine (Eds.), *Infidelity: A practitioner's guide to working with couples in crisis* (2<sup>nd</sup> Ed.). (Ser. Family Therapy and Counseling). Routledge.

Meunier, V., Benson, K., & **Irvine, T.** (in progress – editing stage). Extradyadic involvement among BIPOC relationships: Conceptualization and treatment. In P. Peluso, & T. Irvine (Eds.), *Infidelity: A practitioner's guide to working with couples in crisis* (2<sup>nd</sup> Ed.). (Ser. Family Therapy and Counseling). Routledge.

Owens, A., Beattie, E., & **Irvine, T.** (in progress – editing stage). In B. Canfield (Ed.), *Intercultural issues in marriage counseling and couple therapy*. Routledge.

**Irvine, T.**, & Labarta, A. (in progress – draft stage). *Eating disorders: A call for increased counselor education training*.

## BOOK CHAPTERS

**Irvine, T. J.,** Labarta, A. C., & Demezier, D. (2022). Examining multicultural pedagogy in counselor programs: Recommendations for enhanced clinical competency. In K. Johnson, N. M. Sparkman-Key, A. Meca, & S. Z. Tarver (Eds.), *Developing anti-racist practices in the helping professions: Inclusive theory, pedagogy, and application* (pp. 225–250). Palgrave Macmillan. [https://doi.org/10.1007/978-3-030-95451-2\\_12](https://doi.org/10.1007/978-3-030-95451-2_12)

## PROFESSIONAL PRESENTATIONS

### International

**Irvine, T.,** Peluso, P., Beattie, E., & Cipriano, G. (2022, July). *Applying evidence-based strategies for facilitating affair recovery*. Education session presented at the Oxford Institute for Marriage, Couple, and Family Therapy, The University of Oxford, Oxford, England, UK.

**Irvine, T.,** Peluso, P., Beattie, E., & Cipriano, G. (2022, July). *An affair to remember: Evidence-based recommendations to help couples heal from infidelity*. Education session presented at the Oxford Institute for Marriage, Couple, and Family Therapy, The University of Oxford, Oxford, England, UK.

### National

Gottman, J., Gottman Schwartz, J., **Irvine, T.,** & Peluso, P. (2023, December). *Treating affair couples*. 3-hour education workshop to be presented at the Evolution of Psychotherapy Conference, Anaheim, CA.

Cunningham Abbot, A., Shure, L., **Irvine, T.,** & Bayne, H. (2023, October). *Forging ahead in Florida: A Cross-Institutional Approach to Bans & Legislative Restrictions*. Education session to be presented at the Association for Counselor Education and Supervision conference, Denver, CO.

Moshe, R., Alayza, M., Kwok, S., Ponce, J., & **Irvine, T.** (2023, October). *Burn bright and not out: Infusing wellness in supervision models for burnout prevention in counseling*. Education session to be presented at the Association for Counselor Education and Supervision conference, Denver, CO.

**Irvine, T.,** Clarke, N., Revels, D., Uribe, J., & Brenner, V. (2023, March). *Rolling up our sleeves: Transformational advocacy and engagement in schools and communities*. Webinar presented as part of the Chi Sigma Iota 2023 Webinar Series.

Peluso, P., & **Irvine, T.** (2023, January). *Treating infidelity*. Preconference learning institute

- presented at the International Association of Marriage and Family Counselors conference, St. Petersburg, FL.
- Owens, A., Beattie, E., & **Irvine, T.** (2023, January). *The role of the social media use among millennial relationships*. Education session presented at the International Association of Marriage and Family Counselors conference, St. Petersburg, FL.
- Peluso, P, **Irvine, T.**, & Winters, H. (2022, September). *Using mathematical modeling of the therapeutic relationship to predict clinical outcomes*. Education session presented at the Association for Assessment and Research in Counseling conference, St. Louis, MO.
- Irvine, T.**, Peluso, P, & Winters, H. (2022, September). *Dyadic research in couple therapy: Analyzing relational data from couples recovering from infidelity*. Poster session presented at the Association for Assessment and Research in Counseling conference, St. Louis, MO.
- Irvine, T.**, Labarta, A., Emelianchik-Key, K. (2022, April). *Using the Multidimensional Body Wellness Model to foster positive body image and wellness*. Poster presented at the American Counseling Association conference- CSI Days, Atlanta, GA.
- Irvine, T.**, & Peluso, P. (2022, April). *Closing the infidelity gap: An evidence-based approach to affair recovery*. Education session presented at the American Counseling Association conference, Atlanta, GA.
- Peluso, P, **Irvine, T.**, & Beattie, E. (2022, April). *Modeling the therapeutic relationship using affect coding and dynamical systems*. Education session presented at the American Counseling Association conference, Atlanta, GA.
- Gash, T., Glowiak, M., **Irvine, T.**, & Revels, D. (2022, February). *Resiliency in the face of adversity: Caring for self and others*. Webinar presented as part of the Chi Sigma Iota 2022 Webinar Series.
- Irvine, T.**, Peluso, P, & Beattie, Erin. (2022, January). *Infidelity: What's love got to do with it?* Education session presented at the International Association of Marriage and Family Counselors conference, New Orleans, FL.
- Beattie, E., **Irvine, T.**, & Peluso, P. (2022, January). *Analyzing the influence of affective exchanges and who is talking on the therapeutic alliance*. Education session presented at the International Association of Marriage and Family Counselors conference, New Orleans, FL.
- Irvine, T.**, Cipriano, G., & Winters, H. (2021, October). *Bridging infidelity training and practice gaps: Validation of Gottman Method Couples Therapy vs. treatment-as-usual for affair recovery*. Education session presented at the Association for Counselor Education and Supervision conference, Atlanta, GA.

- Irvine, T.,** Labarta, A., & Emelianchik-Key, K. (2021, October). *A cross-paradigm pedagogical approach: Promoting an equitable learning environment through the Relational-Cultural and Adlerian Multicultural Framework in counselor education.* Education session presented at the Association for Counselor Education and Supervision conference, Atlanta, GA.
- Emelianchik-Key, K., Labarta, A., & **Irvine, T.** (2021, October). *The birds and the bees: Exploring student lived experiences in sexuality counseling courses.* Poster presented at the Association for Counselor Education and Supervision conference, Atlanta, GA.
- Nice, M., Lewis, O., Budesa, Z., **Irvine, T.,** & Stargell, N. (2021, September). *Membership in AARC: A gathering space for graduate students and new professionals.* Education session presented at the Association for Assessment and Research in Counseling conference, Cincinnati, OH.
- Labarta, A., **Irvine, T.,** & Peluso, P. (2021, September). *Spotlighting eating disorder research and training gaps: Results from a quantitative survey on clinician attitudes towards treating eating disorders.* Education session presented at the Association for Assessment and Research in Counseling conference, Cincinnati, OH.
- Irvine, T.,** Peluso, P., Cipriano, G., & Winters, H. (2021, September). *Bridging infidelity training and practice gaps: Validation of Gottman Method Couples Therapy vs. treatment-as-usual for affair recovery.* Education session presented at the Association for Assessment and Research in Counseling conference, Cincinnati, OH.
- Irvine, T.,** Labarta, A., Katz, J., & Demezier, D. (2021, April). *Bridging the wellness gap in counselor education programs: A Developmental Counseling and Therapy Plan.* Poster presented at the American Counseling Association conference- CSI Days, Virtual.
- Osman, A., **Irvine, T.,** Fullilove, C., Farmanara, L., & Emelianchik-Key, E. (2021, April). *Enhancing clinical competencies: A Deliberate Practice Coaching Framework.* Research education session presented at the American Counseling Association conference, Virtual.
- Irvine, T.,** Ghaness, A., Beattie, E., Baker, A., & Peluso, P. (2020, May). *Examining the role of negative interactional patterns among couples in conflict: An Adlerian treatment approach.* Poster presented at the North American Society of Adlerian Psychology conference, Virtual.
- Irvine, T.,** Ghaness, A., Beattie, E., & Peluso, P. (2020, January). *Apocalypse now: Examining the role of negative affect and interactional patterns among couples in conflict.* Poster presented at the International Association of Marriage and Family Counselors conference, New Orleans, FL.



## **Regional**

**Irvine, T.** (2022, November). *Addressing sizeism in counselor education through a holistic body wellness lens*. Roundtable session presented at the Southern Association for Counselor Education and Supervision conference, Baltimore, MD.

**Irvine, T.** (2022, November). *Promoting equity in counselor education: The Relational-Cultural and Adlerian Multicultural Framework*. Education session presented at the Southern Association for Counselor Education and Supervision conference, Baltimore, MD.

**Labarta, A., & Irvine, T.** (2021, October). *Promoting culturally-informed eating disorder training: Recommendations for pedagogy, social justice, and advocacy in counselor education*. Webinar presented as part of the Southern Association for Counselor Education and Supervision Fall 2021 Webinar Series.

**Aults, C.D., Irvine, T., Pauletti, R., Cooper, P., & Perry, D.G.** (2015, April). *Self-efficacy for demonstration behaviors as moderators of children's aggressive reactions to rejection: The person rejecting you matters*. Poster presented at the Southeastern Psychological Association conference, New Orleans, LA.

**Irvine, T., Aults, C.D., & Perry, D.G.** (2015, April). *Secure attachment and self-esteem as interacting determinants of preadolescents' externalizing and internalizing problems*. Poster presented at the 2016 Southeastern Psychological Association conference, New Orleans, LA.

## **State and Institutional**

**Labarta, A. & Irvine, T.** (2021, October). *Spotlighting eating disorder research and training gaps: Results from a quantitative survey on clinician attitudes towards treating eating disorders*. Session presented at the Doctoral Research Symposium, Department of Counselor Education, Florida Atlantic University, Virtual.

**Irvine, T.** (2021, April). *Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery: A randomized control trial*. Session presented at GPSA Research Day, Florida Atlantic University, Virtual.

**Irvine, T., Fullilove, C., Osman, A., & Farmanara, L.** (2021, April). *Enhancing clinical competencies: A Deliberate Practice Coaching Framework*. Session presented at the Doctoral Research Symposium, Department of Counselor Education, Florida Atlantic University, Virtual.

**Irvine, T., & Labarta, A.** (2021, March). *Promoting equity within and beyond the classroom: The integration of Relational-Cultural and Adlerian Theory principles in higher education*. Poster session presented at the College of Education Research Symposium, Florida Atlantic University, Virtual.

**Irvine, T., & Beattie, E.** (2021, February). *Implications of the COVID-19 pandemic on counselors' and clients' mental health: Recommendations for best practice*. Educational session presented at the Chi Sigma Iota Florida Statewide Networking conference, Virtual.

Fullilove, C., **Irvine, T.**, & Farmanara, L. (2021, February). *Enhancing multicultural competence across counselor education programs: A Deliberate Practice Coaching Framework*. Mini education session presented at the Chi Sigma Iota Florida Statewide Networking conference, Virtual.

**Irvine, T.**, & Labarta, A. (2020, February). *Bridging the gap in multicultural education: A Relational-Cultural and Adlerian pedagogical approach*. Education session presented at the 2<sup>nd</sup> Inaugural Chi Sigma Iota Florida Statewide Networking conference, Barry University, Miami, FL.

## INVITED SPEAKER ENGAGEMENTS

**Irvine, T.** (Invited Speaker) (2023, March 16). *Conceptualizing and treating infidelity*. [Community seminar]. The Faulk Center for Counseling, Boca Raton, FL.

**Irvine, T.** (Invited Speaker – Research & Program Evaluation in Counseling Course) (2022, October 14). *A look at experimental designs: A deep dive into conducting a randomized control trial*. [Lecture]. Mercer University, Department of Counseling, Virtual.

**Irvine, T.** (Invited Speaker – Advanced Research in Counseling Course) (2022, July 25). *A look at observational coding methods: The Specific Affect Coding System*. [Lecture]. Florida Atlantic University, Department of Counselor Education, Virtual.

**Irvine, T.** (Invited speaker) (2022, February 16). *Membership town hall guest speaker: Student self-care*. [Video podcast]. American Counseling Association.  
<https://youtu.be/88odcwB32qo>

**Irvine, T.** (Invited speaker) (2020, October 11). *Racial perceptions*. [Video podcast]. Salubrity Channel. <https://www.youtube.com/watch?v=WyMaoXOtnKc>

**Irvine, T.** (Invited Speaker – Counseling Theories & Techniques Course) (2019, October 24). *Reality therapy: Theory and techniques*. [Lecture]. Florida Atlantic University, Department of Counselor Education, Boca Raton, FL.

**Irvine, T.** (Invited Speaker) (2018, September 5). *Trauma and the importance of engaging in self-care*. [Community seminar]. The Faulk Center for Counseling, Boca Raton, FL.

Stupec, J., & **Irvine, T.** (Invited Speaker) (2017, July 14). *Stress management: Tips and*

*techniques*. [Community seminar]. Florida Atlantic University, Office for Academic and Student Services (OASS), Boca Raton, FL.

## GRANT ACTIVITY

### **Funded:**

#### **2022**

**Project Title:** Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery: A randomized control trial

**Funded Source:** Thesis & Dissertation Grant FAU Graduate College

**Role:** Principal Investigator

**Funded Amount:** \$500, one year duration

#### **2021**

**Project Title:** Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery: A randomized control trial

**Funded Source:** Thesis & Dissertation Grant FAU Graduate College

**Role:** Principal Investigator

**Funded Amount:** \$2,844, one year duration

#### **2021 – 2022**

**Project Title:** Statewide/Regional Networking Grant

**Funded Source:** Chi Sigma Iota International

**Funded Amount:** \$800, one year duration

#### **2020 – 2021**

**Project Title:** Statewide/Regional Networking Grant

**Funded Source:** Chi Sigma Iota International

**Funded Amount:** \$800, one year duration

#### **2019 – 2020**

**Project Title:** Chapter Development Grant

**Funded Source:** Chi Sigma Iota International

**Funded Amount:** \$100, one year duration

#### **2019 – 2020**

**Project Title:** Statewide/Regional Networking Grant

**Funded Source:** Chi Sigma Iota International

**Funded Amount:** \$800, one year duration

**Applied For – Under Review:**

**2023**

**Project Title:** Health Professions Divisions Grant – *LGBTQ+ Counseling Competencies Training*

**Funded Source:** Nova Southeastern University

**Amount Requested:** \$7,500

**Applied For – Not Funded:**

**2021 – 2022**

**Project Title:** AERA Dissertation Grant

**Funded Source:** American Educational Research Association

**Amount Requested:** \$25,000

**2021 – 2022**

**Project Title:** Validating the effectiveness of a Gottman Method Couples Therapy intervention, the Trust Revival Method, for affair recovery couples

**Funded Source:** American Psychological Foundation, Roy Scrivner Memorial Research Grant

**Amount Requested:** \$8,000

**2021 – 2022**

**Project Title:** Validating the effectiveness of Gottman Method Couples Therapy on relational wellness and affair recovery following infidelity: An international randomized control trial

**Funded Source:** ACES' Supported Scholarship Program

**Amount Requested:** \$2,500

**2021 – 2022**

**Project Title:** Student Research Grant

**Funded Source:** International Association of Marriage and Family Counselors

**Amount Requested:** \$500

**2021 – 2022**

**Project Title:** Validating the Effectiveness of Gottman Method Couples Therapy on Relational Wellness and Affair Recovery Following Infidelity: An International Randomized Control Trial

**Funded Source:** CSI International, Excellence in Counseling Research Grant

**Amount Requested:** \$2,500

**PROFESSIONAL SERVICE, LEADERSHIP, AND ADVOCACY**

**Editorial Service**

**Teaching and Supervision in Counseling (TSC)**

Editorial Board Member	Jul. 2021 – <i>Present</i>
<b>Journal of Counseling Sexology and Sexual Wellness (JCSSW)</b> Editorial Board Member	Jun. 2021 – <i>Present</i>
<b>American Journal of Family Therapy (AJFT)</b> Ad Hoc Reviewer	May 2022 – Dec. 2022
<b><u>International &amp; National Service</u></b>	
<b>Chi Sigma Iota (CSI) International</b>	
Editor, <i>Community Connect</i> Newsletter	Feb. 2023 – <i>Present</i>
Chair, Counselor Community Engagement Committee	Jul. 2022 – <i>Present</i>
Member, Counselor Community Engagement Committee	Aug. 2021 – <i>Present</i>
Reviewer, Statewide/Regional Networking Grants Panel	Nov. 2021
Reviewer, Excellence in Counseling Research Grants Panel	Nov. 2021
<b>International Association for Marriage and Family Counselors (IAMFC)</b>	
Chair, Membership Committee	Sep. 2022 – <i>Present</i>
Member, Membership Committee	Sep. 2020 – <i>Present</i>
Reviewer, Conference Proposal Committee	Oct. 2019
<b>Association for Assessment and Research in Counseling (AARC)</b>	
Member, Diversity, Inclusion, & SJ Graduate Committee	Oct. 2021 – Apr. 2022
□ Editor, Spring 2022 Newsletter	Mar. 2022
Member, Research Committee	Oct. 2021 – Apr. 2022
<b>Association for Counselor Education and Supervision (ACES)</b>	
Reviewer, Conference Proposal Committee	Apr. 2021
<b><u>Regional &amp; University Service</u></b>	
<b>Chi Sigma Iota (CSI), Florida Chapters</b>	
Reviewer, FL CSI 4 <sup>th</sup> Statewide Conference Proposal Committee	Nov. 2021
Co-Chair, FL CSI 4 <sup>th</sup> Statewide Conference Plan Committee	Oct. 2021 – Feb. 2022
Co-Chair, FL CSI 3 <sup>rd</sup> Statewide Conference Plan Committee	Oct. 2020 – Feb. 2021
Member, FL CSI 2 <sup>nd</sup> Statewide Conference Plan Committee	Oct. 2019 – Feb. 2020
<b>Beta Rho Chi Chapter of Chi Sigma Iota (CSI), Florida Atlantic University</b>	
Doctoral Mentor	Aug. 2020 – Aug. 2021
President	Jan. 2019 – Jan. 2020
<b><i>Major accomplishments during tenure:</i></b>	
<ul style="list-style-type: none"> <li>○ Attained large-chapter status, hosting one of the largest member initiation ceremonies within our chapter.</li> <li>○ 2020 recipient of the CSI International Outstanding Chapter Newsletter Award (Large Chapter).</li> </ul>	

- Secured a CSI International Chapter Development Grant
- Collaborated with other state chapters to bring about the 2<sup>nd</sup> Inaugural Florida CSI Statewide Annual Networking Conference
- Organized and oversaw the following major events and trainings: AVDA-sponsored domestic violence and sexual assault panel, Gottman Couples Clinical Trainings (1-3), eating disorders multidisciplinary expert panel, etc.

<b>Editor</b> , <i>Counseling Times</i> Newsletter	Aug. 2019 – Aug. 2020
<b>President-Elect</b>	Jan. 2018 – Jan. 2019
<b>Chair</b> , Events Committee	Jan. 2017 – Jan. 2019
<b>Member</b> , Executive Committee Board	Apr. 2017 – Jan. 2022

#### **College of Education, Florida Atlantic University**

<b>Student Speaker</b> , University of Paloma, Columbia, Site Visit	Dec. 2021
<b>Student Delegate</b> , ACA Conference, New Orleans, LA	Apr. 2019

### **AWARDS AND HONORS**

#### **National**

<b>American Counseling Association (ACA)</b>	
ACA Best Practices in Research, Student Award	2022
<b>International Association of Marriage and Family Counselors (IAMFC)</b>	
Professional Research Award	2023
Graduate Student Research Award	2022
Emerging Leader	2021 – 2022
<b>Chi Sigma Iota (CSI) International</b>	
Leadership Fellow	2021 – 2022
Outstanding Doctoral Student Award	2021
<b>Association for Assessment and Research in Counseling (AARC)</b>	
Emerging Leader	2021 – 2022

#### **Institutional & State**

<b>Beta Rho Chi Chapter of Chi Sigma Iota (CSI), Florida Atlantic University</b>	
Outstanding Florida Doctoral Student Award	2021
Outstanding Chapter, Large Status, Award	2020
Outstanding Chapter Newsletter Award	2020
<b>Florida Atlantic University, Boca Raton, FL</b>	
Provost's Certificate of Recognition for Publishing Award	2022
Academic Excellence Fellowship	2021 – 2022
Newell Doctoral Fellowship	2020 – 2022
Presidential Fellowship	2020 – 2021
James Woodruff Scholarship	2019 – 2021

**COUNSELING AND PROFESSIONAL EXPERIENCE****The Renfrew Center for Eating Disorders, Coconut Creek, FL***Counselor*

Jun. 2020 – Jun. 2021

- ☐ Conducted individual therapy and facilitated both process and support groups for adolescent and adult women in a residential eating disorder facility.
- ☐ Engaged with clients' families and provide family counseling services as needed.
- ☐ Consulted with the multidisciplinary clinical staff.
- ☐ Provided crisis intervention when required and support to clients during mealtimes.

**The Faulk Center for Counseling, Boca Raton, FL***Mental Health Intern*

Jan. 2018 – Apr. 2019

- ☐ Provided individual counseling services to various populations and age groups such as young/middle/older adults, children/adolescents, couples, and families.
- ☐ Worked directly with a diverse range of issues including personality disorders, trauma, bipolar disorder, anxiety, depression, ADHD, neurocognitive disorders, and more.
- ☐ Conducted weekly intake assessments and case staffing presentations.
- ☐ *Served as a co-located mental health intern, conducting additional counseling groups at: Freedom Shores Elementary School, Boynton Beach, Florida and N.E. Focal Point Senior Center, Deerfield Beach, Florida*

*Clinical Facilitator*

Feb. 2015 – Mar. 2016

- ☐ Completed the Faulk Center for Counseling's clinical facilitator training course.
- ☐ Facilitated weekly support groups at White Hall Nursing and Rehabilitation in Boca Raton, Florida.
- ☐ Attended weekly skill-building groups and clinical supervision meetings.

**Office for Academic and Student Services, Florida Atlantic University, Boca Raton, FL***Graduate Assistant*

Jan. 2017 – Aug. 2022

- ☐ Processed incoming graduate applications and completing administrative duties.
- ☐ Created a database to track all graduate records in the College of Education.
- ☐ Promoted graduate programs at university-sponsored events.

**RESEARCH EXPERIENCE****The Gottman Institute, Seattle, WA***Research Coordinator*

Aug. 2019 – Present

- ☐ Facilitate recruitment of therapists and couples for a randomized control trial validating Gottman Method Couple Therapy for infidelity treatment.
- ☐ Organize and code collected data.
- ☐ Train a team to become reliable in the Specific Affect Coding System (SPAFF).

## **Florida Atlantic University, Boca Raton, FL**

### **The Alliance Lab**

#### *Research Assistant*

Jun. 2015 – Aug. 2022

- ☐ Principal Investigator: Dr. Paul Peluso.
- ☐ Completed the Specific Affect Coding System (SPAFF) training.
- ☐ Reliably code therapy session tapes used to examine the therapeutic alliance and predict treatment outcomes.

### **The Social Development Lab**

#### *Research Assistant*

Jan. 2015 – Mar. 2015

- ☐ Principal Investigator: Dr. David Perry.
- ☐ Analyzed and interpreted data used to examine the influence of social and personality development throughout early childhood.
- ☐ Studied attachment styles in preadolescence to understand the future development/adjustment in children with secure vs. insecure attachment styles.

### **The Situations and Mindfulness Lab**

#### *Research Assistant*

Jan. 2014 – Mar. 2014

- ☐ Principal Investigator: Dr. Ryne Sherman.
- ☐ Analyzed and categorized data in spreadsheets to examine individual perceptions of day-to-day situations and the impact of personality and situational characteristics on behavior.

### **The Multisensory Development Lab**

#### *Research Assistant*

May 2013 – Aug. 2013

- ☐ Principal Investigator: Dr. David Lewkowicz.
- ☐ Co-facilitated parent interviews.
- ☐ Monitored children during assessments.
- ☐ Coded and input data into a spreadsheet to examine infant perceptual development.

## **ACTIVE PROFESSIONAL MEMBERSHIPS**

American Counseling Association (ACA)

Association for Assessment and Research in Counseling (AARC)

Association for Counselor Education and Supervision (ACES)

Southern Association for Counselor Education and Supervision (SACES)

Chi Sigma Iota (CSI) International

International Association of Marriage and Family Counselors (IAMFC)