

EDUCATION

Doctorate, August 2015
Florida Atlantic University; Boca Raton, Florida
Counselor Education
Focus: Social/Emotional Learning, Evidence-Based Practice, College Readiness

Specialist in Education, August 1993
Master of Science, August 1993
Florida State University; Tallahassee, Florida
Counseling and Human Systems
Focus: School Counseling, Career Counseling

CERTIFICATIONS

PK-12 Guidance and Counseling
State of Florida, Department of Education
Certificate # 713660

Youth Mental Health First Aid Trainer
Mental Health First Aid

PREPaRE Workshop 1
Crisis Prevention and Preparedness

PROFESSIONAL AFFILIATIONS

American School Counselor Association (Member)
Florida School Counselor Association (Board Member)
Palm Beach School Counselor Association (Past-President)

PROFESSIONAL EMPLOYMENT

Adjunct Faculty
Florida Atlantic University, 2015 to Date
Nova Southeastern University, 2016 to Date

Manager, School Behavioral Health
School District of Palm Beach County, 2018 to Date

Program Planner, School Counseling
School District of Palm Beach County, 2015 to 2018

IES Grant Specialist
School District of Palm Beach County, 2012 to 2015

School Counselor
Starlight Cove Title I Elementary School, 1995 to 2012

District Trainer
Department of Safe Schools, 1995 to Date

PROFESSIONAL KNOWLEDGE AND SKILLS**Social/Emotional Learning, Mental Health and Wellness.**

Understanding of the cultural, socio-economic, community, and familial influences on mental health, social/emotional learning (SEL) and wellness. Development and implementation of SEL standards. Expertise in the development and implementation of individual, small group, and systemic interventions within an interrelated system of supports.

Trauma Informed Schools

Knowledgeable of the impact of adverse childhood experiences on children and adolescents. Partnered with community experts to advance training of trauma informed practices in schools.

Integrating Systems of Support

Developed a network of community agency relationships with a direct benefit to staff and students. Engaged school district entities and community partners resulting in the creation of the Student Mental Health and Wellness Conference. Developed a sustainability plan to ensure the longevity of the conference through partnerships and sponsor funding.

Professional Development, Teaching and Training

Expertise in the development of high quality teaching and professional development based on theory, research, and models. Use of effective training practices including active engagement, modeling, reflection, application, and ongoing support. Proficient in online learning platforms.

Organizational Systems and Leadership

Training, experience and expertise in the qualities of high functioning organizations, and effective leadership.

Educational Outcomes and Research

Integration of evidence-based programs, outcome research, outcome assessment, and program evaluation into practice at the school and district level.

School Climate and Culture

Experience in the establishment of positive organizational/school climate and culture.

Project Management - Institute of Education Sciences Federal Grant

Organizational and interpersonal skill in the management of all aspects of a four-year, \$427,000 research project including budget, stakeholder commitment, training, implementation fidelity, measuring outcomes, and reporting requirements.

Academic and Academic Related Behaviors

Knowledgeable of the behaviors, attitudes, skills, and strategies required for high levels of academic achievement. Identified and implemented core curriculum for all students and intentional small group counseling programs for those students in need of additional support.

College-Career Readiness

Expertise in the development of requisite strategies, skills, and attitudes necessary for the college-career readiness of all students, K-12.

Solution Focused Counseling and Support

Knowledgeable in the training and implementation of a resiliency-based, solution-focused system of counseling supports leading to real and lasting behavioral change.

Data-Based Decision Making

Utilization of data-based decision making to identify student needs-equity gaps, develop programmatic interventions, and measure outcomes resulting in improved student educational performance.

PROFESSIONAL PRESENTATION AND TRAINING

Local/State Conference

Youth Mental Health First Aid

Mindset.Strong: Developing a Growth Mindset for Academic & Social Emotional Success

Cross Silo Collaboration: Developing the Student Mental Health & Wellness Conference

Addressing Bullying Prevention through Social and Emotional Learning (webinar)

Connecting the Dots: Mindsets, Behaviors and K-12 College-Career Readiness

College and Career Readiness in Florida: How are we Reaching Higher?

From Aspirations to Action: The School Counselor's Role in College-Career Readiness

Got Grit: Creating an Early College-Career Trajectory

Research: Inquiring Minds Want to Know

National Conference

School District-University Partnerships: Everyone Wins!

Beat for Peace (webinar)

PROFESSIONAL ENGAGEMENT

Action Alliance for Mental Health (Board Member)

Birth to 22 Initiative/Becoming a Trauma Sensitive Community/Mental Health

Social and Emotional Learning Programs Advisory Council

School Health Advisory Council/Mental Health

Student Mental Health and Wellness Conference Committee

SEL Leadership Team

Wellness Promotion Task Force

Student Registration Committee

TeamWork Education Foundation (Board Member)

PROFESSIONAL RECOGNITION

Vision Award for Collaboration

Action Alliance for Mental Health/Boca Raton's Promise, 2018

Brave Award

Action Alliance for Mental Health/Boca Raton's Promise, 2015

National School Counselor of the Year Finalist, 2012

American School Counselor Association

State of Florida Elementary School Counselor of the Year, 2011

Florida School Counselor Association

Palm Beach County Elementary School Counselor of the Year, 2011

School District of Palm Beach County

PUBLICATION

Beat for Peace

Published in ASCA School Counselor Magazine

The Talking Drum: A Beat for Peace Curriculum

ISBN 1466419245

Beat for Peace

Published in Teaching Tolerance Magazine