

Shannon Lounge Karl, Ph.D., LMHC, NCC, CCMHC, ACS

Nova Southeastern University
College of Psychology
Department of Counseling

www.linkedin.com/in/shannon-karl-phd
954-262-5725
Shannon.Karl@nova.edu

EDUCATIONAL EXPERIENCE

Ph.D. Counselor Education and Supervision, 2004

University of Central Florida, Orlando, Florida

CACREP accredited program

Provost Fellowship Award

Merit Scholarship Award

Chi Sigma Iota

M.A. Counselor Education, 2001

University of Central Florida, Orlando, Florida

CACREP accredited program

Merit Scholarship Award

Chi Sigma Iota

B.A. Political Science, 1994

University of Central Florida, Orlando, Florida

summa cum laude

Florida Undergraduate Academic Scholarship Award

CURRENT LICENSE AND CERTIFICATIONS

Licensed Mental Health Counselor, 2004

State of Florida | MH 7937

National Certified Counselor, 2004

95688

Certified Clinical Mental Health Counselor, 2006

95688

Approved Clinical Supervisor, 2015

02083

Qualified Supervisor, MHC, 2019

State of Florida | MH 7937

ACADEMIC POSITIONS

Professor

December 2018 to Present

Nova Southeastern University

College of Psychology

Department of Counseling

Field-Based Clinical Training Coordinator

Responsibilities include scholarship, mentoring, editorial and grant review, community research, direct instruction, clinical supervision, field placement coordination and oversight, leadership, and service at all levels of the counseling profession. This includes conducting professional presentations and workshops, research dissemination, service to the greater NSU community, advancement of university core values, and enhancement of the department and college through development of relevant intellectual capital.

Associate Professor

February 2012 to November 2018

Nova Southeastern University

College of Psychology

Department of Counseling

Field-Based Clinical Training Coordinator

Responsibilities include scholarship, research, instruction, supervision, and service in the field of Counselor Education. Tasks include overall coordination of the clinical training program for field-based sites and supervision of practicum coordinators and instructors. Specific endeavors represent conducting research on an ongoing basis and preparing manuscripts pursuant to the research; instruction in the College of Psychology Counselor Education programs; and service at the department, college, university, state, and national levels which includes holding elected office positions within the American Counseling Association and other relevant professional organizations.

Assistant Professor

May 2006 to January 2012

Nova Southeastern University

Center for Psychological Studies

Counselor Education

Lead Faculty, Mental Health Counseling

Responsibilities include scholarship, research, instruction, supervision, and service in the field of Counselor Education. Specific endeavors represent obtaining grants and conducting research on an ongoing basis and preparing manuscripts pursuant to the research; instruction in the Center for Psychological Studies Counselor Education programs; and service at the department, college, university, state, and national levels.

Adjunct Professor

December 2005 to May 2006

Nova Southeastern University

Center for Psychological Studies

Counselor Education

Responsibilities include teaching Counselor Education courses and supervising practicum students for the Counseling Studies Institute as well as collaborating with faculty members related to program enhancement.

Visiting Instructor

August 2005 to May 2006

University of Central Florida
College of Education
Counselor Education

Responsibilities include scholarship, research, instruction, and service in the field of Counselor Education. Specific commitments represent conducting research both internal and external on an ongoing basis and preparing manuscripts pursuant to the research, instruction in both the master's and doctoral programs in the College of Education, and service related to committee membership and student advisement.

Graduate Associate Faculty

March 2004 to July 2005

University of Central Florida
College of Education
Counselor Education

Responsibilities include scholarship, research, instruction, and service in the field of Counselor Education. Specific endeavors represent conducting research both internal and external on an ongoing basis and preparing manuscripts pursuant to the research, instruction in both the master's and doctoral programs in the College of Education, and service related to committee membership and student advisement.

RESEARCH AND SCHOLARSHIP

Authored Books:

Gill, C, Dailey, S., **Karl, S.**, & Barrio Minton, C. (2024). *DSM-5-TR learning companion for counselors*. American Counseling Association. ISBN 9781556204166

Dailey, S., Gill, C, **Karl, S.**, & Barrio Minton, C. (2014). *DSM-5 learning companion for counselors*. American Counseling Association. ISBN 978-1-55620-341-1

Refereed Publications:

Sivo, S., **Karl, S.**, Fox, J., Taub, G., & Robinson, E. H. (2017). Structural analysis of character education: A cross-cultural investigation. *School Psychology Forum: Research in Practice*, 11(2), 34-44.

Dailey, S., Gill, C., **Karl, S.**, & Barrio Minton, C. (2014). Historical underpinnings, structural alterations and philosophical changes: Counseling practice implications of the *DSM-5*. *The Professional Counselor*, 4(3), 166-178.

Karl, S. (2014). *Practice Brief: Anorexia Nervosa*. American Counseling Association. <http://www.counseling.org/docs/default-source/practice-briefs/anorexia-nervosa.pdf>

Karl, S. (2014). *Practice Brief: Erectile Dysfunction*. American Counseling Association. <http://www.counseling.org/docs/default-source/practice-briefs/erectile-dysfunction.pdf>

Jones, K. D., Gill, C., & **Ray, S.** (2012). Substance abuse and the DSM-5. *Journal of the International Association of Addictions Counseling, 33*(2), 115-123.

Curry, J., & **Ray, S.** (2010). Eating disorders, the internet, and thinspiration: Implications for counselors working with anorexic clients who receive “thinspiration” on the internet. *Journal of Creativity in Mental Health, 5*(4), 358-373.

Edwards, O. W., & **Ray, S.** (2010). Value of family and group counseling models where grandparents function as parents to their grandchildren. *International Journal for the Advancement of Counseling, 32*, 178-190.

Robertson, L., Smith, H., **Ray, S.**, & Jones, K. D. (2009). Counseling clients with chronic pain: A religiously oriented cognitive-behavioral framework. *Journal of Counseling & Development, 87*(3), 373-379.

Edwards, O. W., & **Ray, S.** (2008). An attachment and school satisfaction framework for helping children raised by grandparents. *School Psychology Quarterly, 23*, 125-138.

Ray, S., Lambie, G., & Curry, J. (2007). Building caring schools: The role of the professional school counselor. *Journal of School Counseling, 5*(14). Retrievable from: <http://www.jsc.montana.edu/articles/v5n14.pdf>

Ray, S., Oliva, V., & Robinson, E. H. (2006). Counseling student practicum performance: From student selection to client outcome. *Journal for the Professional Counselor, 20*(2), 69-81.

Jones, K. D., & **Ray, S.** (2005). Counseling survivors of domestic violence. *Journal for the Professional Counselor, 19*(2), 18-32.

Ray, S. (2004). Eating disorders in adolescent males. *Professional School Counseling, 8*(1), 98-101.

National Periodical Publications:

Karl, S. (2021). The intersection of childhood trauma and addiction. *Counseling Today, 63*(10), 36-43.

Karl, S. (2016). Client spirituality and the DSM-5. *Interaction, XV*(2), 5-6.

Jones, K. D., & **Ray, S.** (2011). Inside the *DSM-5*: The future of personality disorders. *Counseling Today*, 53(11), 26-28.

Instructional Education:

Gill, C., Barrio Minton, C., & **Karl, S.** (2024). *What Counselors Should Know about the DSM-5-TR*. American Counseling Association Continuing Education Webinar. [Link](#)

Karl, S. (2019). *Addressing childhood trauma's link with substance-related and addictive disorders*. American Counseling Association Continuing Education Webinar.

Dailey, S., Gill, C., **Karl, S.**, & Barrio Minton, C. (2016). *DSM-5 Structural, Philosophical, and Major Diagnostic Changes*. American Counseling Association Continuing Education Article.

Karl, S. (2015). *Substance Abuse/Disruptive Impulse Control/Conduct Disorder*. American Counseling Association Continuing Education Webinar.

Dailey, S., Gill, C., **Karl, S.**, & Barrio Minton, C. (2014). *DSM-5 Depressive, Anxiety, and Trauma and Stressor Related Disorders*. American Counseling Association Webinar.

Karl, S. (2013). *Self-care for counselors working with NSSI and completed suicide*. American Counseling Association Webinar.

Ray, S.¹ (2011). *An investigation of master's counseling students' clinical efficacy: The relationship between Graduate Record Examination scores and demonstration of clinical skills in practicum*. LAP-Lambert Academic Publishing. ISBN 978-3-8465-5847-8

PROFESSIONAL PRESENTATIONS

International:

Karl, S. (2024, July). *Legal and regulatory implications of trauma mitigation in post-pandemic clinical training*. In T. S. Jungersen (Chair), *Legal and regulatory implications of trauma mitigation in post-pandemic clinical training*. (Symposium). International Academy of Law and Mental Health Congress, Barcelona, Spain

Karl, S. (2023, March). *Addressing the role of childhood trauma in addictions work*. American Counseling Association Annual Conference, Toronto, Ontario, Canada.

¹ Dr. Karl's surname prior to May 2013 (Ray)

- Veloso, E., Jungersen, T., **Karl, S.**, & Paro-Tomkins, C. (2023, March). *Using trauma-informed practices in working with Haitian refugees*. American Counseling Association Annual Conference, Toronto, Ontario, Canada.
- Karl, S.** & Veloso, E. (2018, October). *Career counseling with military personnel and their families*. European Branch-American Counseling Association Annual Conference, Athens, Greece.
- Karl, S.**, & Jungersen T. S. (2016, April). *Diagnosing and coding substance-related and addictive disorders: An advanced review*. American Counseling Association Annual Conference, Montreal, Canada.
- Jungersen, T.S., **Karl, S.**, & Poland, S. (2014, September). *The aftermath of bullycide: School-based postventions for the trauma of suicide due to bullying*. European Branch-American Counseling Association Annual Conference, Milan, Italy.
- Jones, K. D., **Ray, S.**, & Ray, A., (2012, November). *Inside the DSM-5: Review of proposed revisions*. European Branch-American Counseling Association Annual Conference, Weisloch-Heidelberg, Germany.
- Ray, S.**, & Jungersen, T. S. (2010, November). *Treatment interventions for mild head trauma in children and adults*. European Branch-American Counseling Association Annual Conference, Weisloch-Heidelberg, Germany.
- Ray, S.** (2009, November). *Addressing the varying spiritual needs of clients in chronic pain*. European Branch-American Counseling Association Annual Conference, Wieskirchen, Germany.
- Ray, S.**, & Gill, C. (2008, November). *Counselors addressing crisis issues*. European Branch-American Counseling Association Annual Conference, Wiesbaden, Germany.
- Ray, S.** (2007, November). *Enhancing resiliency and coping skills in youth and their families*. European Branch-American Counseling Association Annual Conference, Bad Herrenalb, Germany.
- Ray, S.**, Curry, J., Robinson, E. H., & Robinson, S. (2006, November). *Internet addictions and problematic internet use: Practical implications for counselors*. European Branch-American Counseling Association Annual Conference, Bad Herrenalb, Germany.
- Curry, J., **Ray, S.**, Jones, K. D., & Robinson, E. H. (2006, April). *Assisting families in navigating today's internet culture*. American Counseling Association Annual Conference, Montreal, Quebec, Canada.

- Ray, S.**, Robinson, E. H., Robinson, S., & Curry, J. (2004, October). *Development of altruism in children*. European Branch-American Counseling Association Annual Conference, Sonthofen, Germany.
- Jones, K. D., **Ray, S.**, & Pollock, S. (2004, October). *Domestic violence*. European Branch-American Counseling Association Annual Conference, Sonthofen, Germany.
- Ray, S.**, & Jones, K. D. (2004, October). *Counseling clients with chronic pain*. European Branch-American Counseling Association Annual Conference, Sonthofen, Germany.
- Rasmus, S. D., Vogel, J., & **Ray, S.** (2001, November). *Reflecting teams in counselor training and supervision*. Presented at the European Branch-American Counseling Association Annual Conference, Chiemsee, Germany.
- Karper, C., Rasmus, S. D., & **Ray, S.** (2001, November). *Adventure-based counseling: Curative factors*. European Branch-American Counseling Association Annual Conference, Chiemsee, Germany.
- Robinson, S., Robinson, E. H., Rasmus, S. D., & **Ray, S.** (2001, November). *Celebrating the human spirit through caring communities: Designing and implementing an authentic character education program*. European Branch-American Counseling Association Annual Conference, Chiemsee, Germany.
- Karper, C., Rasmus, S. D., & **Ray, S.** (2001, November). *The power of positive people: Do affirmations really work?* European Branch-American Counseling Association Annual Conference, Chiemsee, Germany.

National:

- Jungersen, T., **Karl, S.** & Veloso, E. (2023). *Preparing Master's students and new professionals for excellence in supervision*. Association for Counselor Education and Supervision Biannual Conference, Denver, CO.
- Karl, S.** (2022, October). *Intersection of childhood trauma and addiction*. American Counseling Association Virtual Conference Experience.
- Karl, S.** & Veloso, E. (2022, March). *Wellness and career counseling interventions for military veterans*. American Counseling Association Annual Conference, Atlanta, GA.
- Karl, S.**, Veloso, E., Wojnas, K., Godlhagen, R. (2021, October). *Working with individuals and families in Haitian culture: Assessment and intervention strategies*. Association for Counselor Education and Supervision Biannual Conference, Atlanta, GA.

- Jungersen, T. & **Karl, S.** (2021, October). *Orientation and onboarding considerations for early and mid-career counselor education faculty*. Association for Counselor Education and Supervision Biannual Conference, Atlanta, GA.
- Karl, S.,** & Veloso, E. (2020). *Wellness and career counseling interventions for veterans and their families*. American Counseling Association Annual Conference, San Diego, CA (Conference canceled).
- Karl, S.,** Veloso, E., & Jordan, J. (2019, October). *What counselor educators and supervisors need to know about addiction treatment with survivors of childhood trauma*. Association for Counselor Education and Supervision Biannual Conference, Seattle, WA.
- Karl, S.** (2019, March). *Addressing childhood trauma's link with substance-related and addictive disorders*. American Counseling Association Annual Conference, New Orleans, LA.
- Veloso, E., Moldovan, L., Paro, C., & **Karl, S.** (2019, March). Benefits of integrating positive psychology into counselor education programs. American Counseling Association Annual Conference, New Orleans, LA.
- Karl, S.** & Jungersen, T. J. (2018, March). *Exploring current and potential behavioral addictions in the DSM-5*. Advanced presentation, American Counseling Association Annual Conference, Atlanta, GA.
- Karl, S.,** & Jungersen, T. J. (2017, April). *Diagnosing and coding substance-related and addictive disorders*. Learning Institute, American Counseling Association Annual Conference, San Francisco, CA.
- Jungersen, T. S., & **Karl, S.** (2015, October). *Pedagogical and supervisory considerations for training counselors working in forensic settings*. Association for Counselor Education and Supervision Annual Conference, Philadelphia, Pennsylvania.
- Karl, S.** (2015, July). *Spiritual and Religious Implications of Changes in DSM-5 Criteria: An Exploration of Client Impact*. Association for Spiritual, Ethical, and Religious Values in Counseling Conference, New York City, New York.
- Jungersen T.S., **Karl, S.,** & Franco, J. (2015, March). *Trauma sequelae in the forensic female population: Working with numbing behaviors*. American Counseling Association Annual Conference, Orlando, Florida.
- Karl, S.** (2014, March). *What graduate students and new professionals need to know about the DSM-5*. American Counseling Association Annual Conference, Honolulu, Hawaii.

- Jungersen, T.S., & **Karl, S.** (2014, March). *Relating the DSM-5 to Spirituality: Overview and clinical implications*. American Counseling Association Annual Conference, Honolulu, Hawaii.
- Dailey, S., Gill, C., & **Karl, S.** (2014, March). *DSM-5 Learning Companion for Counselors: Authors Session*. American Counseling Association Annual Conference, Honolulu, Hawaii.
- Ray, S.**, Jungersen, T. S., Thompson, I., and Jones, K. D. (2013, March). *Spiritual implications of changes in DSM-5 criteria: An exploration of client impact*. American Counseling Association Annual Conference, Cincinnati, Ohio.
- Jungersen, T. S., **Ray, S.**, Berger, C., & Poland, S. (2013, March). *The emerging phenomenon of bullycide: Implications for counselors and stakeholders*. American Counseling Association Annual Conference, Cincinnati, Ohio.
- DSM-5 Task Force—**Ray, S.** Task Force Member. (2013, March). *DSM-5: A report from the ACA DSM-5 Task Force*. American Counseling Association Annual Conference, Cincinnati, Ohio.
- Ray, S.** (2012, June). *Using collage art to enhance spiritual connections*. Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, Santa Fe, New Mexico.
- Ray, S.**, Jones, K. D., and Jungersen, T. S. (2012, March). *Spiritual Implications for the DSM-5 Criteria*. Presented at the American Counseling Association Annual Conference, San Francisco, California.
- DSM-5 Task Force—**Ray, S.** Task Force Member. (2012, March). *DSM-5 Update: Presentation by the ACA DSM-5 Proposed Revision Task Force*. American Counseling Association Annual Conference, San Francisco, California.
- Ray, S.**, Jungersen, T. S., & Taylor, W. (2011, October). *Moving towards CACREP: The challenges and opportunities for an established counselor education program*. Association for Counselor Education and Supervision Biennial Conference, Nashville, Tennessee.
- Jungersen, T. S., Berger, C., & **Ray, S.** (2011, October). *Supervision efficiency: Balancing administrative, clinical, and developmental tasks*. Association for Counselor Education and Supervision Conference, Nashville, Tennessee.
- Ray, S.** (2011, March). *Utilizing spirituality to assuage physical pain*. American Counseling Association Annual Conference, New Orleans, Louisiana.
- Ray, S.**, & Jungersen, T. S. (2011, March). *Combat related mild head trauma:*

- Implications for military personnel and their families.* American Counseling Association Annual Conference, New Orleans, Louisiana.
- Ray, S.** (2010, August). *Addressing the varying spiritual needs of clients in chronic pain.* Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, Myrtle Beach, South Carolina.
- Curry, J., & **Ray, S.** (2010, August). *ASERVIC: Looking towards the future.* Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, Myrtle Beach, South Carolina.
- Ray, S.,** & Jungersen, T. S. (2010, March). *Cognitive-behavioral treatment of mild head trauma in children.* American Counseling Association Annual Conference, Pittsburgh, Pennsylvania.
- Jackson-Cherry, L., Ingersoll, E., Gill, G., Dailey, S., Zappalla, S., & **Ray, S.** (2010, March). *Training counselors to treat the "whole person": How well are we integrating spiritual and religious issues into programs?* American Counseling Association Annual Conference, Pittsburgh, PA.
- Ray, S.** (2009, October). *Training counselors to address the varying spiritual needs of clients in chronic pain.* Association for Counselor Education and Supervision Biennial Conference, San Diego, California.
- Ray, S.** (2009, March). *Addressing the diverse spiritual needs of clients in chronic pain.* American Counseling Association Annual Conference, Charlotte, North Carolina.
- Ray, S.,** & Nguyen, D. (2009, March). *Assessing engagement in online counseling students: Enhancements to learning.* American Counseling Association Annual Conference, Charlotte, North Carolina.
- Ray, S.,** Curry, J., & Robertson, L. (2008, June). *Counseling clients in chronic pain: A religiously oriented Cognitive-Behavioral framework.* Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, Lake Junaluska, North Carolina.
- Curry, J., Robinson E. H., & **Ray, S.** (2008, June). *On the journey to meaning: Counseling clients through defining struggles, existential crisis, and spiritual pilgrimage.* Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, Lake Junaluska, North Carolina.
- Ray, S.,** Poland, S., Nguyen, D., & Dorfman, B. (2008, March). *Legal and ethical school crisis issues: Implications for counselors.* American Counseling Association Annual Conference, Honolulu, Hawaii.
- Ray, S.,** Poland, S., & Nguyen, D. (2007, October). *Legal and ethical school crisis*

- issues: Implications for counselor educators*. Association for Counselor Education and Supervision Biennial Conference, Columbus, Ohio.
- Ray, S.**, Nguyen, D., & ter Maat, M. (2007, March). *Building resiliency and enhancing coping skills in displaced youth and their families*. American Counseling Association Annual Conference, Detroit, Michigan.
- Sivo, S., Robinson, E. H., & **Ray, S.** (2006, April). *Mean structure analysis of character education data: Contrasting Kenyan and Florida Schools*. American Educational Research Association Annual Meeting, San Francisco, California.
- Robinson, E. H., Sivo, S., & **Ray, S.** (2006, April). *Latent factor differences among student, parent, and teacher responses to a character education measure: A factorial invariance study*. American Educational Research Association Annual Meeting, San Francisco, California.
- Ray, S.**, Robinson, E. H., & Hayes, G. (2005, October). *What children see: The current character of media culture*. Character Education Partnership Annual Forum, Atlanta, Georgia.
- Robinson, E. H., **Ray, S.**, Hayes, G., Curry, J., & Pollock, S. (2005, October). *Benchmarking in counselor education programs: Benefits, difficulties, caveats*. Association for Counselor Education and Supervision Biennial Conference, Pittsburgh, Pennsylvania.
- Ray, S.**, Robinson, E. H., Robinson, S., Hayes, B. G., Curry, J., Limberg, D., Thompson, I., & Welsh, L. (2005, April). *Assisting school counselors in building alliances that promote best practices in character education*. Presented at the American Counseling Association Annual Conference, Atlanta, Georgia.
- Ray, S.**, Mejia, X., Jones, K. D., Livingston, T., Schmuldt, L., Pollock, S., & Smith, H. (2005, April). *Counseling survivors of domestic violence*. Presented at the American Counseling Association Annual Conference, Atlanta, Georgia.
- Ray, S.**, Robinson, E. H., & Hayes, B. G. (2004, October). *Research in action: Building alliances that promote best practices in character education*. Character Education Partnership Annual Forum, Houston, Texas.
- Ray, S.**, & Robinson, E. H. (2004, April). *An investigation of master's level counseling students' clinical efficacy: The relationship between Graduate Record Examination scores and demonstration of clinical skills in practicum*. American Counseling Association Annual Conference, Kansas City, Missouri.
- Ray, S.** (2004, March). *Creating a faculty consortium to promote social responsibility*. National Service Learning Annual Conference, Orlando, Florida.

Ray, S. (2001, March). *The importance of an extended freshman orientation seminar*. American Counseling Association Annual Conference, San Antonio, Texas.

Regional:

Karl, S. (2016, October). *Diagnosing and coding substance-related and addictive disorders*. Southern Association for Counselor Education and Supervision Biennial Conference, New Orleans, LA.

Ray, S. (2012, September). *Critical issues in the revision of DSM-5*. Southern Association for Counselor Education and Supervision Biennial Conference, Savannah, Georgia.

Ray, S., & Jungersen, T. S. (2010, October). *Fostering interdisciplinary collaboration to enhance research efficacy*. Southern Association for Counselor Education and Supervision Biennial Conference, Williamsburg, VA.

Jungersen, T. S. & **Ray, S.** (2010, October). *Mild traumatic brain injury in university internship supervision*. Southern Association for Counselor Education and Supervision Biennial Conference, Williamsburg, VA.

Ray, S., & Poland, S. (2008, October). *Legal and ethical school crisis issues: Training implications for counselor educators*. Southern Association for Counselor Education and Supervision Conference, Houston, Texas.

Ray, S., Oliva, V., & Robinson, E. H. (2006, September). *On-site practicum clinic data collection, research design, and evaluation methods: A collaborative endeavor*. Southern Association for Counselor Education and Supervision Conference, Orlando, Florida.

Oliva, V., **Ray, S., & Robinson, E. H.** (2006, September). *Counseling student performance: From student selection to client outcomes*. Southern Association for Counselor Education and Supervision Conference, Orlando, Florida.

Ray, S., Mejia, J., & Jones, K. D. (2004, September). *Counseling survivors of domestic violence*. Southern Association for Counselor Education and Supervision Conference, Athens, Georgia.

Ray, S., Hayes, B. G., & Robinson, E. H. (2004, September). *School counselor's role in the promotion of advocacy and fostering of character education programs*. Southern Association for Counselor Education and Supervision Conference, Athens, Georgia.

Mejia, X., & **Ray, S.** (2004, September). *Counseling clients with chronic pain*. Southern Association for Counselor Education and Supervision Annual Conference, Athens, Georgia.

Ray, S., Mejia, X., & Oliva, V. (2003, September). *Career counseling with domestic violence victims: Overview, implications, and interventions*. Southern Association for Counselor Education and Supervision Annual Conference, Chattanooga, Tennessee.

Mejia, X., **Ray, S.,** & Oliva, V. (2003, September). *Creative supervision: The use of expressive arts methods in supervision*. Southern Association for Counselor Education and Supervision Annual Conference, Chattanooga, Tennessee.

State:

Veloso, E., **Karl, S.,** Yehl, A., Paro, C., & Pann, J. (2017, October) *Career counseling with OIF/OEF veterans using the Cognitive Information Processing (CIP) approach*. Florida Counseling Association 68th Annual Convention, Orlando, Florida.

Jungersen, T. S., & **Karl, S.** (2016, October). *Diagnosing and coding substance-related and addictive disorders*. Florida Counseling Association 67th Annual Convention, Orlando, Florida.

Ray, S., & Robinson, E. H. (2005, January). *Consortium for Social Responsibility and Character in Education/Florida's Partnerships in Character Education: Background and research overview*. Florida Department of Education Standards Commission Meeting, Tallahassee, Florida.

Ray, S., & Ricardo, R. (2004, January). *Character education*. Conference of DOE/FAISA/FASA, Orlando, Florida.

Ray, S. (2003, June). *Domestic violence*. University of Central Florida Summer Counseling Institute, Orlando, Florida.

Ray, S., Oliva, V., & O'Neill, S. (2003, June). *Creating intrinsic motivation in character education*. Consortium for Social Responsibility and Character in Education Conference in association with Florida's Partnership in Character Education, Orlando, Florida.

Ray, S. (2003, March). *Counseling domestic violence victims*. Mental Health Counselors Association of Central Florida, Orlando, Florida.

Robinson, E. H., & **Ray, S.** (2002, June). *The development of altruism as a character trait*. Consortium for Social Responsibility and Character in Education Conference in association with Florida's Partnership in Character Education, Orlando, Florida.

Jones, K. D., & **Ray, S.** (2002, June). *Working with victims of domestic violence*. University of Central Florida Counseling Institute, Orlando, Florida.

Cornett, J., & Ray, S. (2002, June). *Wonderful teachers, wonderful kids: Lessons learned from exemplary teachers of character, law related education, conflict resolution, and service learning*. Consortium for Social Responsibility and Character in Education Conference in association with Florida's Partnership in Character Education, Orlando, Florida.

WORKSHOPS AND TRAININGS

Jungersen, T., & Karl, S. (2023, March). Florida Qualified Supervisor Renewal Training. Nova Southeastern University Sponsored Webinar.

Karl, S. (2022, October). *Self-care for professionals*. Nova Southeastern University, Orlando, Florida.

Karl, S., Bain R., Bass, C., Khurshid, M., Moses, J., Starling, A., Thompson, D., Torres, I., & Zeinoun Ortega, M. (2020, July). *Self-care and sanity during stressful times: Part 2*. Nova Southeastern University Sponsored Webinar.

Karl, S., Bain R., Bass, C., Khurshid, M., Moses, J., Starling, A., Thompson, D., Torres, I., & Zeinoun Ortega, M. (2020, June). *Self-care and sanity during stressful times*. Nova Southeastern University Sponsored Webinar.

Karl, S. (2020, April). *Trauma, addiction, and treatments that work*. Learning Institute, American Counseling Association Annual Conference, San Diego, CA (Conference canceled).

Karl, S. (2020, February). *Love and interpersonal relationships*. Nova Southeastern University, Orlando, Florida.

Karl, S. (2018, July). *Positive psychology helps our clients and ourselves*. Nova Southeastern University, Orlando, Florida.

Karl, S. (2017, November). *Love*. Nova Southeastern University, Orlando, Florida.

Karl, S. (2017, March). *Careers in counseling and psychology*. Assessment workshop on the Social Sciences Professions: Preparing for Graduate School, Nova Southeastern University, Orlando, Florida.

Karl, S., & Jungersen, T. J. (2017, March). Diagnosing and coding substance-related and addictive disorders. Learning Institute, American Counseling Association Annual Conference, San Francisco, CA.

Karl, S. (2017, March). *Love*. Nova Southeastern University sponsored Webinar.

Karl, S. (2016, September). *Careers in counseling and psychology*. Assessment

- workshop on the Social Sciences Professions: Preparing for Graduate School, Nova Southeastern University, Orlando, Florida.
- Karl, S.** (2016, June). Careers in mental health counseling. Nova Southeastern University. Online Webinar.
- Jungersen, T. J. & **Karl, S.** (2015, November). *The Florida mental health counseling licensure process*. Nova Southeastern University, Orlando, Florida.
- Karl, S.** (2015, May). *Careers in counseling and psychology*. Assessment workshop on the Social Sciences Professions: Preparing for Graduate School, Nova Southeastern University, Orlando, Florida.
- Karl, S.** (2015, April). *Substance-related and addictive disorders and disruptive, impulse-control, and conduct disorders*. American Counseling Association Webinar Series: Countdown to October 1, 2015.
- Karl, S.** (2014, February). *What you need to know about the DSM-5*. Barry University Professional Development Workshop, Barry University, Miami, Florida.
- Jungersen, T. S. & **Karl, S.** (2014). *Nova Southeastern University practicum orientation*.
- Karl, S.** (2013, December). *Self-care for counselors working with NSSI and completed suicide*. American Counseling Association Webinar Series: Confronting the Darkness.
- Karl, S.** (2013, July). *DSM-5: Overview and impact exploration*. Barry University Professional Development Workshop, Barry University, Miami, Florida.
- Karl, S.** (2013, July). *Anxiety disorders in the DSM-5*. American Counseling Association DSM-5 Webinar Series.
- Ray, S.** & Jungersen, T. S. (2013, April). *Passing the NCE and the NCMHCE: Strategies for success*. Professional Development Institute, Center for Psychological Studies, Nova Southeastern University, Fort Lauderdale, Florida.
- Ray, S.,** & Checkers, C. (2010, May). *Navigating your professional journey through graduate school*. Professional Development Institute, Center for Psychological Studies, Nova Southeastern University, Fort Lauderdale, Florida.
- Ray, S.** (2009, May). *Empowering your life: Practical learning for overall enhancement*. Boys and Girls Clubs of Central Florida, Orlando, Florida.
- Ray, S.** (2008, July). *Personal empowerment*. Nova Southeastern University's Site Directors: Biennial Leadership Conference, Howey-in-the-Hills, Florida.

- Ray, S.** (2008, March). *Student mental health issues for school counselors*. Florida School Counselor Association, Orlando, Florida.
- Ray, S.,** Robinson, E. H., Robinson, S., Curry, J., Crawford, P., & Roberts, K. (2005, April). *Promoting best practices in character education: Alliance to action*. Learning Institute, European Branch-American Counseling Association, Speyer, Germany.
- Ray, S.** (2004, March). *Consortium for Social Responsibility and Character in Education/Florida's Partnerships in Character Education: An overview*. St. Lucie County Public School District, St. Lucie, Florida.
- Ray, S.** (2004, January). *Consortium for Social Responsibility and Character in Education/Florida's Partnership in Character Education: An overview*. Seminole County Public School District, Lake Mary, Florida.
- Ray, S.,** Oliva, V., & O'Neill, S. (2003, October). *The importance of character education in schools*. Chi Sigma Iota Honor Society Workshop, Orlando, Florida.
- Vogel, J., Karper, C., Robinson, E. H., & **Ray, S.** (2001, November). *Counseling survivors of sexual abuse*. Learning Institute, European Branch-American Counseling Association, Chiemsee, Germany.

INSTRUCTIONAL EXPERIENCE

Nova Southeastern University (Graduate Level Courses)

2024:

- PYCL 511: Introduction to Counseling Techniques
- PYCL 586: Diagnosis and Treatment of Child and Adolescent Psychopathology
- PYCL 680: Counseling Practicum
- PCYL 681: Counseling Internship
- PYCL 682: Continuing Counseling Internship

2023:

- PYCL 582: Human Sexuality
- PYCL 586: Diagnosis and Treatment of Child and Adolescent Psychopathology
- PYCL 680: Counseling Practicum
- PYCL 681: Counseling Internship
- PYCL 682: Continuing Counseling Internship (2 sections)

2022:

- PYCL 511: Introduction to Counseling Techniques (2 sections)
- PYCL 586: Diagnosis and Treatment of Child and Adolescent Psychopathology
- PYCL 680: Counseling Practicum (2 sections)

PYCL 681: Counseling Internship (2 sections)
PYCL 682: Continuing Counseling Internship (2 sections)

2021:

PYCL 511: Introduction to Counseling Techniques (3 sections)
PYCL 582: Human Sexuality (2 sections)
PYCL 584: Diagnosis and Treatment of Adulthood Psychopathology
PYCL 666: Case Conceptualization and Treatment Strategies
PYCL 680: Counseling Practicum (2 sections)
PYCL 681: Counseling Internship
PYCL 682: Continuing Counseling Internship

2020:

PYCL 502: Counseling Theories
PYCL 511: Introduction to Counseling Techniques (3 sections)
PYCL 582: Human Sexuality
PYCL 586: Diagnosis and Treatment of Child and Adolescent Psychopathology
PYCL 631: Career Counseling
PYCL 680: Counseling Practicum
PYCL 681: Counseling Internship (2 sections)
PYCL 682: Continuing Counseling Internship (3 sections)

2019:

PYCL 511: Introduction to Counseling Techniques (3 sections)
PYCL 631: Career and Lifestyle Assessment
PYCL 635: Group Theory and Practice
PYCL 660: Community Mental Health
PYCL 680: Counseling Practicum (3 sections)
PYCL 681: Counseling Internship (2 sections)
PYCL 682: Continuing Counseling Internship (2 sections)

2018:

PYCL 511: Introduction to Counseling Techniques
PYCL 635: Group Theory and Practice
PYCL 666: Case Conceptualization and Treatment Planning
PYCL 680: Counseling Practicum (3 sections)
PYCL 681: Counseling Internship (3 sections)
PYCL 682: Continuing Counseling Internship (3 sections)

2017:

PYCL 635: Group Theory and Practice
PYCL 660: Community Mental Health (2 sections)
PYCL 666: Case Conceptualization and Treatment Strategies
PYCL 680: Counseling Practicum (3 sections)
PYCL 681: Counseling Internship (3 sections)
PYCL 682: Continuing Counseling Internship (3 sections)

2016:

PYCL 582: Human Sexuality
PYCL 660: Community Mental Health
PYCL 680: Counseling Practicum (4 sections)
PYCL 681: Counseling Internship (3 sections)
PYCL 682: Continuing Counseling Internship (3 sections)

2015:

PYCL 584: Diagnosis and Treatment of Adult Psychopathology
PYCL 660: Community Mental Health
PYCL 666: Case Conceptualization and Treatment Planning
PYCL 680: Counseling Practicum (3 sections)
PYCL 681: Counseling Internship (3 sections)
PYCL 682: Continuing Counseling Internship (3 sections)

2014:

PYCL 511: Introduction to Mental Health Counseling Techniques (2 sections)
PYCL 631: Career and Lifestyle Assessment
PYCL 666: Case Conceptualization and Treatment Planning (2 sections)
PYCL 680: Counseling Practicum (5 sections)
PYCL 682: Continuing Counseling Internship (2 sections)

2013:

PYCL 582: Human Sexuality (2 sections)
PYCL 631: Career and Lifestyle Assessment (2 sections)
PYCL 681: Counseling Internship (2 sections)
PYCL 682: Continuing Counseling Internship (2 sections)

2012:

MH 780: Counseling Practicum II
MH 790: Counseling Practicum III
PYCL 511: Introduction to Mental Health Counseling Techniques
PYCL 631: Career and Lifestyle Assessment
PYCL 680: Counseling Practicum (3 sections)
PYCL 681: Counseling Internship (2 sections)
PYCL 682: Continuing Counseling Internship (4 sections)

2011:

PSY 680: Counseling Practicum (4 sections)
PSY 681: Counseling Practicum II (2 sections)
PYCL 680: Counseling Practicum
PYCL 681: Counseling Internship
PYCL 682: Continuing Counseling Internship
PYCL 770: Counseling Practicum I (2 sections)
PYCL 780: Counseling Practicum II (3 sections)
PYCL 790: Counseling Practicum III

2010:

PYCL 511: Introduction to Mental Health Counseling Techniques
PYCL 635: Group Theory and Practice
PYCL 680: Counseling Practicum
PYCL 681: Counseling Internship
PYCL 682: Continuing Counseling Internship (2 sections)
PYCL 770: Counseling Practicum I (2 sections)
PYCL 780: Counseling Practicum II (2 sections)
PYCL 790: Counseling Practicum III (2 sections)

2009:

MH 770: Counseling Practicum I (2 sections)
MH 780: Counseling Practicum II (2 sections)
MH 790: Counseling Practicum III
PSY 511: Introduction to Mental Health Counseling Techniques (2 sections)
PSY 582: Human Sexuality
PSY 681: Counseling Practicum II
PSY 682: Counseling Practicum III
PSY 4435: Teaching of Psychology Seminar (doctoral level course)
PYCL 582: Human Sexuality
PYCL 660: Community Mental Health
PYCL 680: Counseling Practicum

2008:

MH 720: Community Mental Health
MH 770: Counseling Practicum I
MH 780: Counseling Practicum II
MH 790: Counseling Practicum III
PSY 511: Introduction to Mental Health Counseling Techniques (2 sections)
PSY 582: Human Sexuality
PSY 631: Career and Lifestyle Assessment (2 sections)
PSY 660: Community Mental Health
PSY 680: Counseling Practicum I
PSY 681: Counseling Practicum II
PSY 682: Counseling Practicum III
PSY 4435: Teaching of Psychology Seminar (doctoral level course)

2007:

MH 720: Community Mental Health
MH 770: Counseling Practicum I
MH 780: Counseling Practicum II
MH 790: Counseling Practicum III
PSY 582: Human Sexuality (2 sections)
PSY 631: Career and Lifestyle Assessment
PSY 660: Community Mental Health (2 sections)

PSY 680: Counseling Practicum I
PSY 681: Counseling Practicum II
PSY 682: Counseling Practicum III

2006:

CSL 590: Career and Lifestyle Assessment
MH 720: Community Mental Health
MH 780: Counseling Practicum II
MH 790: Counseling Practicum III
PSY 582: Human Sexuality
PSY 635: Group Theory and Practice
PSY 660: Community Mental Health (2 sections)
PSY 680: Counseling Practicum I

University of Central Florida

2006:

MHS 5005: Introduction to the Counseling Profession
MHS 6020: Mental Healthcare Systems
MHS 6803: Counseling Practicum

2005:

EDG 6042: Character Education in the Schools
MHS 5005: Introduction to the Counseling Profession
MHS 6020: Mental Health Care Systems
MHS 6401: Techniques of Counseling

Doctoral Level Courses:

IDS 7502: Case Studies in Research Design
MHS 7500: Seminar in Educational Research
MHS 7611: Supervision in Counselor Education
MHS 7840: Counselor Education Internship

2004:

EDG 6042: Character Education in the Schools
MHS 6803: Counseling Practicum (2 sections)
Doctoral Level Courses:
IDS 7501: Current Issues and Research in Education
MHS 7840: Counselor Education Internship

2003:

MHS 6400: Theories of Psychotherapy and Counseling
MHS 6500: Group Procedures and Theories in Counseling
MHS 6803: Counseling Practicum (2 sections)

2002:

MHS 6401: Techniques of Counseling

EDITORIAL REVIEW

Sage Publishers Ad hoc reviewer	2022 to Present
Journal of Child Psychiatry & Human Development Ad hoc reviewer	2020 to Present
Cognella Publishers Ad hoc reviewer	2020 to Present
Teaching and Supervision in Counseling Journal of Violence and Aggression Ad hoc reviewer	2018 to Present
Journal of the Florida Counseling Association FCA Editorial Board Member	2017 to Present
Journal of the Tennessee Counseling Association TCA Editorial Board Member	2015 to Present
Journal of Counseling and Values (ASERVIC) CVJ Editorial Board Member	2015-2018

FUNDED RESEARCH GRANTS

Art therapy interventions for community supervisors Principal Investigator <i>College of Psychology</i> <i>Nova Southeastern University</i> Duties included: project oversight and implementation, data collection, data analysis, and dissemination of results.	July 2024 to June 2025
Program evaluation of a veterans wellness center Faculty Researcher <i>College of Psychology</i> <i>Nova Southeastern University</i> Duties included: project oversight and implementation, data collection, data analysis, and dissemination of results.	July 2019 to June 2020
Career counseling with OIF/OEF veterans using the Cognitive Information Processing (CIP) approach Co-Principal Investigator	July 2017 to June 2018

*College of Psychology
Nova Southeastern University*

Duties included: project oversight and implementation, data collection, data analysis, and dissemination of results.

**The Development and Maintenance of Obsessive Compulsive Disorder
Co-Principal Investigator July 2009 to June 2010**

*Center for Psychological Studies
Nova Southeastern University*

Duties included: project oversight and implementation, data collection, data analysis, and dissemination of results.

**Project Intervention Networking Educational Teams (NET)
Co-Principal Investigator May 2005 to May 2006**

*College of Education
University of Central Florida*

Duties included: designing and implementing a collaborative training network inclusive of exceptional education, school psychology, and school counseling to enhance response intervention in identification of at-risk students.

**Florida's Partnerships in Character Education (FPCE)
Grant Coordinator October 2003 to June 2005**

*College of Education
University of Central Florida*

Duties included: oversight of data collection and data analysis, generating and disseminating outcome reports, providing professional development opportunities for K-12 educators throughout Florida, and maintaining the character education clearing house.

COMMITTEE EXPERIENCE

Current

**Nova Southeastern University's
Department of Counseling Accreditation Committee September 2024 to Present**
College of Psychology

Duties include: reviewing all aspects of the clinical mental health counseling program for adherence and readiness for accreditation under the Council for the Accreditation of Counseling and Related Educational Programs 2024 Standards as well as preparing and training stakeholders in multimedia formats.

**Nova Southeastern University's
Department of Counseling Full-time Faculty Search August 2020 to Present**
*College of Psychology
Committee Chair*

Duties include: developing position criteria, reviewing applications, contacting references, interviewing candidates, voting on final selections, and formalizing the hiring recommendations for the Dean.

**Nova Southeastern University's
ASLO Peer Review Committee** **January 2019 to Present**

Duties include: Reviewing, assessing and providing recommendations for varied assigned academic programs across the university.

**Nova Southeastern University's
Clinical Training Committee** **July 2018 to Present**

*College of Psychology
Chair (2018-2019)*

Duties include: reviewing all aspects of the curricular experience for programs within the Department of Counseling including monitoring of student learning outcomes and alignment with national standards to foster iterative programmatic development and enhancements.

**Association for Spiritual, Ethical, & Religious Values in Counseling
Strategic Planning Committee** **November 2017 to Present**

Chair (2018-2024)

Duties include: providing assessment information, resources, and recommendations for the Executive Council's consideration in developing and maintaining a strategic plan that steers the organization towards achieving its goals for future success.

**Nova Southeastern University's
Faculty Continuation and Promotion Committee** **August 2017 to Present**

College of Psychology

Duties include: developing criteria for faculty retention, continuing contract, and promotion for NSU's College of Psychology; and, reviewing faculty for retention, continuing contract, and promotion in order to render a recommendation to the Dean.

**Nova Southeastern University's
College of Psychology Sabbatical Committee** **November 2017-2018, & Present**

Duties include: developing criteria for faculty sabbatical for NSU's College of Psychology; and reviewing faculty application for sabbatical leave.

**Nova Southeastern University's
Internal Review Committee** **September 2010 to Present**

14 reviews as Chair

Duties include: assigned academic unit programmatic review and coordination of program information to generate a substantive report that assists the Academic Review Committee in making recommendations to the university Provost and President.

**Nova Southeastern University's
Quality of Life Review Committee** **March 2008 to Present**

Duties include: reviewing assigned grant proposals, rating of various content and technical components of the grant proposals, and provision of recommendation for proposal acceptance.

Nova Southeastern University's

Academic Review Committee

November 2007 to Present

Duties include: identifying what constitutes preeminence in the assigned program's field, to evaluate each respective program in light of that standard, and to recommend actions likely to enable each respective program to achieve excellence.

American Counseling Association

Program Reviewer

March 2007 to Present

ACA, ACES, ASERVIC, and/or SACES Conferences

Duties include: review of assigned program proposals, rating of various content and technical components of the presentation proposals, and provision of recommendation for proposal acceptance.

Nova Southeastern University's

Counselor Education Adjunct Faculty Search

October 2006 to Present

College of Psychology

Duties include: developing position criteria, reviewing applications, contacting references, interviewing candidates, and voting on final selections.

Nova Southeastern University's

Admissions Review Committee

August 2006 to Present

College of Psychology, Department of Counseling

Co-Chair (2023 – present)

Duties include: reviewing department of counseling applicants across all program formats, training new faculty in the admissions process, and rendering admissions recommendations.

Previous

Nova Southeastern University's

Regional Campus Counseling Programs

August 2021 to May 2022

College of Psychology

Committee Co-Chair

Duties include: Reviewing curriculum delivery and best practices for graduate counseling students enrolled in the regional campus formats, and recommending successful admissions protocols.

Nova Southeastern University's

Department of Counseling Accreditation Committee

August 2019 to July 2021

College of Psychology

Duties include: reviewing all aspects of the clinical mental health counseling program for adherence and readiness for accreditation under the Council for the Accreditation of

Counseling and Related Educational Programs 2016 Standards as well as preparing and training stakeholders in multimedia formats.

**Nova Southeastern University's
Ad Hoc Visiting Faculty Search Committee** **April 2021 to May 2021**
*College of Psychology
Committee Chair*

Duties include: screening and interviewing core faculty candidates for a visiting professor position to serve a faculty need in the Department of Counseling. Candidates with strong counselor education identity and strong skills with student engagement were vetted.

**Nova Southeastern University's
Master's Program Curriculum Committee** **January 2007 to May 2020**
*College of Psychology
Committee Chair (2010 to 2015)*

Duties include: reviewing all aspects of curricular experience for the master's programs in mental health and school counseling including monitoring of student learning outcomes and alignment with national standards to foster iterative programmatic development and enhancements.

**Nova Southeastern University's
Department of Counseling
Residential Institute Committee** **December 2017 to May 2019**
College of Psychology

Duties include: developing and implementing the inaugural residential institute for the Department of Counseling's online clinical mental health counseling program.

**Nova Southeastern University's
Counselor Education Full-time Faculty Search** **September 2015 to June 2018**
*College of Psychology
Committee Chair*

Duties include: developing position criteria, reviewing applications, contacting references, interviewing candidates, voting on final selections, and formalizing the hiring recommendations for the Dean.

**Association for Counselor Education and Supervision
Strategic Planning Committee** **July 2013 to June 2016**
Chair

Duties include: providing assessment information, resources, and recommendations for the Executive Council's consideration in developing and maintaining a strategic plan that steers the organization towards achieving its goals for future success.

**Nova Southeastern University's
Faculty Merit Review Committee** **January 2016**
College of Psychology

Duties include: review of faculty merit applications in the areas of scholarship, service, and teaching and rendering ensuing ranking recommendations for the Dean's review and consideration.

Nova Southeastern University's

Faculty Review Committee,

January 2012 to July 2013

Center for Psychological Studies

Duties include: assisting the committee chair with coordination of the faculty review report for those faculty due for contract review in addition to providing recommendations to the Dean for continuation and promotion of identified faculty.

Nova Southeastern University's

Professional Standings Committee

January 2013 to August 2013

Center for Psychological Studies

Duties include: reviewing student disciplinary referrals, developing remediation plans, and making recommendations to the Dean regarding appropriate course of action.

American Counseling Association

DSM-5 Task Force Member

October 2011 to June 2013

Duties include: review of DSM-5 proposed revisions and development of committee stance on strengths and areas of concern regarding clinical field trials and potential changes. Overall monitoring of varying mental health professional organization viewpoints on proposed revisions by the task force.

American Counseling Association

Member, Awards Committee

July 2008 to July 2011

Chair 2009-2011

Duties include: coordination of the national awards presentation at the American Counseling Association Annual Conference, organization of the selection of award recipients, and presentation of the awards.

Association for Spiritual, Ethical, and Religious Values in Counseling

Chairperson, Membership Committee

July 2007 to June 2011

Division of the American Counseling Association

Duties include: coordination and monitoring of membership initiatives, communication liaison between division president and national organization, and charting of membership trends for division officers and board of directors.

Southern Association for Counselor Education and Supervision

Chairperson, Long Range Planning Committee

July 2006 to June 2013

Regional Division of the American Counseling Association

Duties include: assessment of short and long range goals for the organization, development of strategic plan for 2006-2007, review of organizational structure and completion of needs assessment.

Journal for Social Responsibility and Character in Education

Co-Editor

January 2004 to December 2006

Online Journal

Duties included: manuscript review and assessment, journal organization and administration, and development of online formatting.

CACREP Re-Accreditation Committee

Committee Member

January 2004 to October 2004

Counselor Education Program

University of Central Florida

Duties included: assisting with review of CACREP requirements and program analysis, preparation of re-accreditation manual, and faculty/alumna interview with accrediting team members.

University of Central Florida's

Counseling Clinic Research Planning Committee

August 2003 to May 2006

Counselor Education Program

Duties included: participation in research planning and development for the Community Counseling Clinic (CCC), generation of database methodology, provision of training on skill evaluation and research procedures, assessment of software applications, and general oversight of project development.

University of Central Florida's

Doctoral and Master's Student Selection Committee

January 2002 to May 2006

Counselor Education Program

Duties included: development of admissions criterion rubric for doctoral and master's applicants, interviewing and screening prospective students, and participation in the selection process for both doctoral and master's students.

University of Central Florida's

Consortium for Social Responsibility and Character in Education

College of Education

August 2001 to May 2006

Duties included: conference planning and development for the Consortium for Social Responsibility and Character in Education (CSRCE), allocation of funding resources, coordination of keynote speaker, registration protocol, presenter acceptance committee, awards nominations committee, and structural organization of conference.

ELECTED OFFICES

Association for Spiritual, Ethical, and Religious Values in Counseling

Past President

July 2013 to June 2014

Division of the American Counseling Association

Duties include: overseeing nominations and elections, supporting the President with overall organization of official duties, provision of historical knowledge, and serving as a voting member of the Board of Directors.

Association for Counselor Education and Supervision

Secretary

July 2013 to June 2014

Division of the American Counseling Association

Duties include: recording all official meetings of the ACES Executive Council and General Assembly Meetings held during the elected term and assistance with provision of historical knowledge pertaining to official meetings of the organization.

Association for Spiritual, Ethical, and Religious Values in Counseling

President

July 2012 to June 2013

Division of the American Counseling Association

Duties include: presiding over all meetings of the Board of Directors and the Executive Committee and execution of additional duties as decided by the Board of Directors.

Duties also include oversight of all official tasks of ASERVIC as indicated by the Board of Directors.

Association for Spiritual, Ethical, and Religious Values in Counseling

President-Elect

July 2011 to June 2012

Division of the American Counseling Association

Duties include: appointment of the members of all committees in accordance with, and except as otherwise specified in, the ASERVIC Bylaws and subject to confirmation by the Board of Directors in addition to spearheading all ASERVIC events at the American Counseling Association Annual Conference.

Association for Spiritual, Ethical, and Religious Values in Counseling

Member, Board of Directors (Two Elected Terms)

July 2007 to June 2011

Division of the American Counseling Association

Duties include: fiduciary responsibility to establish the policies that govern the affairs of the corporation and conduct the business of the association; vote on and enact all policies, bylaw amendments and other such governing documents; approve and monitor budgetary concerns; and approve all appointments of committee chairs, committee members, and other designated positions.

MEDIA

Counseling Today

October 2021

<https://ct.counseling.org/2021/09/assessment-diagnosis-and-treatment-planning-a-map-for-the-journey-ahead/>

Orlando Sentinel

February 2016

<http://www.orlandosentinel.com/brandpublishing/explore-your-potential/os-job-opportunities-20160218-story.html>

Viewpoints Radio Segment

July 2015

<https://viewpointsradio.wordpress.com/2015/06/28/15-26-segment-1-domestic-violence-why-it-happens-and-how-it-affects-the-family/#more-1280>

Care.com **June 2015**
<https://www.care.com/a/why-am-i-so-unhappy-find-the-root-of-your-unhappiness-and-how-to-change-20150324104705>

Deseret News **April 2015**
<http://national.deseretnews.com/article/3943/free-range-parenting-deciding-when-the-times-right-to-expand-a-childs-boundaries.html>

Yahoo En Espanol **December 2014**
<https://es-us.mujer.yahoo.com/blogs/tusalud/mitos-verdades-desorden-bipolar-173826232.html>

Parenting.com **October 2014**
<http://www.parenting.com/child/health/how-to-explain-death-to-your-child>

CONSULTATION

Private University, multi-location CMHC academic review consultant	2021
Cengage Intro to Counseling SME Reviewer	2021
Private University, New York City area CACREP accreditation consultant	2017
Private University, New York City area External program reviewer	2011

CONFERENCE COORDINATION

Conference Chair, Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, Myrtle Beach, SC, August 2010.

Conference Coordinator, Consortium for Social Responsibility and Character in Education Annual Conference, Orland, FL, June 2005.

Conference Coordinator, University of Central Florida Summer Counseling Institute, Orlando, FL, June 2005.

Conference Coordinator, Consortium for Social Responsibility and Character in Education Annual Conference, Orlando, FL, June 2004.

Conference Coordinator, University of Central Florida Summer Counseling Institute, Orlando, FL, June 2004.

Continuing Education Coordinator, Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, Lake Junaluska, NC, June 2008.

Conference Marketing and Sponsorship Committee Member, Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, New York, NY, July 2015.

Division Coordinator, Association for Spiritual, Ethical, and Religious Values in Counseling, American Counseling Association Annual Conference, Cincinnati, OH, March 2013.

Division Coordinator, Association for Spiritual, Ethical, and Religious Values in Counseling, American Counseling Association Annual Conference, San Francisco, CA, March 2012.

Sponsorship Chair, Association for Counselor Education and Supervision Biennial Conference, Chicago, IL, October 2017.

Sponsorship Chair, Association for Counselor Education and Supervision Biennial Conference, Seattle, WA, October 2019.

Presentation Coordinator, Consortium for Social Responsibility and Character in Education Annual Conference, Orlando, FL, June 2003.

Presentation Coordinator, Consortium for Social Responsibility and Character in Education Annual Conference, Orlando, FL, June 2002.

Program Review Committee, Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, New York, NY, July 2015.

Registration Coordinator, Association for Counselor Education and Supervision Biennial Conference, Nashville, TN, October 2011.

On-Site Coordinator, Southern Association for Counselor Education and Supervision Biennial Conference, Orlando, FL, September 2006.

Steering Committee, Association for Spiritual, Ethical, and Religious Values in Counseling National Conference, Lake Junaluska, NC, June 2008.

PROFESSIONAL WORK EXPERIENCE

Counseling & Consulting

July 2018 to Present

Private Clinical Practice

Responsibilities include delivering a spectrum of counseling and consulting services for individuals living with a broad array of clinical and/or developmental concerns.

Pain Management Counselor

July 2003 to May 2006

Orlando Pain and Medical Rehabilitation Centers

Responsibilities included in-office counseling with individuals and family members coping with the psychological sequelae of chronic pain. Treatment foci: cognitive-behavioral therapy, relaxation training, stress management, and diagnostic evaluation.

Program Coordinator

December 2003 to July 2005

Florida's Partnerships in Character Education Grant

University of Central Florida

Responsibilities included heading the annual conference planning committee, developing an annual outcome report for the federal government, coordinating research efforts with school districts across the state of Florida, supervising budgetary expenditures, conducting regional training workshops, editing the online journal, and disseminating research and curriculum information to educators throughout the state of Florida.

Research Associate

August 2001 to December 2003

Character Education Grant

Florida's Partnerships in Character Education

University of Central Florida

Responsibilities included assisting with the development and collection of data regarding character education in five school districts across the state of Florida, conducting quantitative and qualitative research and evaluation, and establishing a clearinghouse for the Consortium for Social Responsibility on Character in Education.

Counselor

September 2001 to April 2005

Intervention Services, Inc.

Responsibilities included in-home and in-school counseling for children with emotional and behavioral concerns, family counseling, and group counseling.

Counselor

August 2000 to September 2001

Girls and Boys Town of Central Florida

Children in Need of Services/Families in Need of Services Program

Responsibilities included individual counseling, family counseling, in-home counseling, group counseling, in-take assessment, crisis intervention, and case management.

Counselor

August 1999 to May 2000

University of Central Florida Community Counseling Clinic

Responsibilities included individual, couples, family, and group counseling.

Counselor

January 1996 to April 1998

We Care Crisis Center

Responsibilities included crisis intervention and suicide prevention via telephone hotline.

MEMBERSHIPS AND SERVICE

- Faculty Advisor, Chi Sigma Iota Honor Society, Upsilon Chi Chapter, 2004-2006.
- Lifetime Member, Association for Spiritual, Ethical, and Religious Values in Counseling, 2006-Present.
- Member, Advisory Board, Association for Spiritual, Ethical, and Religious Values in Counseling, 2016-Present.
- Member, Advisory Council, Elementary School, Brevard County, Florida, 2019-2021.
- Member, American Counseling Association (ACA), 1999-Present.
- Member, Association for Counselor Education and Supervision (ACES), 2004-Present.
- Member, Board of Directors, Association for Spiritual, Ethical, and Religious Values in Counseling, 2007-2011.
- Member, Board of Directors, The Golden Rule Foundation, 2005-2006.
- Member, Chi Sigma Iota, Counseling Honor Society, 2000-2009.
- Member, Community Advisory Council, The Golden Rule Foundation, 2006-2007.
- Member, Consortium for Social Responsibility and Character in Education, 2001-2006.
- Member, European Branch-American Counseling Association, 2001-2004.
- Member, Florida Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling, 2016-2020.
- Member, Florida Counseling Association, 2016-2020.
- Member, International Association of Addictions and Offenders Counselor, 2023-Present.
- Member, National Golden Key Honor Society, 1994-1996.
- Member, Phi Kappa Delta Honor Society, 2003-2004.
- Member, Phi Kappa Phi Honor Society, 1993-1995.
- Member, Society for Sexual, Affectional, Intersex, and Gender Expansive Identities, 2015-Present.
- Member, Southern Association for Counselor Education and Supervision, 2005-Present.

President, Association for Spiritual, Ethical, and Religious Values in Counseling, 2012-2013.

Secretary, Association for Counselor Education and Supervision, 2013-2014.

Site Team Member, Council for the Accreditation of Counseling and Related Educational Programs, 2007-Present.

Team Chair, Council for the Accreditation of Counseling and Related Educational Programs, 2016-Present.

AWARDS AND HONORS

Association for Spiritual, Ethical, and Religious Values in Counseling, National Division of the American Counseling Association, Meritorious Service Award, 2014.

Association for Spiritual, Ethical, and Religious Values in Counseling, National Division of the American Counseling Association, Outgoing President Award, 2012-2013.

Association for Spiritual, Ethical, and Religious Values in Counseling, National Division of the American Counseling Association, Service Recognition Award, 2011.

Association for Spiritual, Ethical, and Religious Values in Counseling, National Division of the American Counseling Association, Board Member Recognition Award, 2007-2010.

Clinical Coordinator Outstanding Performance Award, Dept. of Counseling, College of Psychology, Nova Southeastern University.

College of Psychology Professor of the Year Nominee, Nova Southeastern University, 2018 & 2020.

Faculty Greeter, Master of Science Counseling Graduates, Nova Southeastern University's 52nd Annual Commencement, 2023.

Faculty Marshall, Master of Science Counseling Graduates, Nova Southeastern University's 46th Annual Commencement, 2016.

Faculty Marshall, Master of Science Counseling Graduates, Nova Southeastern University's 47th Annual Commencement, 2017.

Faculty Marshall, Master of Science Counseling Graduates, Nova Southeastern University's 48th Annual Commencement, 2018.

Faculty Marshall, Master of Science Counseling Graduates, Nova Southeastern University's 49th Annual Commencement, 2019.

Faculty Recognition Award, NSU's College of Psychology, Dept. of Counseling, 2019.

Florida Undergraduate Academic Scholarship, University of Central Florida, 1989-1993.

Keynote Speaker, Nova Southeastern University's Orlando Graduation Celebration, 2012.

Keynote Speaker, Nova Southeastern University's Orlando Graduation Celebration, 2009.

Keynote Speaker, Nova Southeastern University's Tampa Regional Campus Graduation Celebration, 2007.

Merit Scholarship Award, University of Central Florida, 1999-2000, 2002-2003.

Nomination, College of Psychology Distinguished Professor Award, 2016-2017.

Plenary Speaker, Florida Counseling Association Annual Conference, 2012.

Provost Fellowship Award, University of Central Florida, 2001-2002.

Recognition of Service Award, Chi Sigma Iota, Upsilon Chi Chapter Faculty Advisor, 2004-2006.

Robert Frank Outstanding Counselor Education Program Award (University of Central Florida Counselor Education Program-faculty member), 2004.

Southern Association for Counselor Education and Supervision President's Outstanding Service Award, 2009.

Southern Association for Counselor Education and Supervision Outstanding Program Award (University of Central Florida Counselor Education Program-faculty member), 2005.

Staff Recognition Award, Girls and Boys Town of Central Florida, July 2001.

Staff Recognition Award, Girls and Boys Town of Central Florida, November 2000.