

Curriculum Vitae

Adriana C. Labarta, Ph.D., LMHC, NCC, ACS

Department of Counseling
Nova Southeastern University
Adriana.Labarta@nova.edu

EDUCATION

Ph.D. Counselor Education*

Florida Atlantic University (FAU), Boca Raton, FL
May 2022

Dissertation Title: *The Development and Validation of the Multidimensional Eating and Body Image Screening for LGBTGEQIAP+ Individuals*

M.Ed., Ed.S. Counselor Education*

University of Florida (UF), Gainesville, FL
Specialization: Mental Health Counseling
December 2016

B.S. Psychology

University of Florida (UF), Gainesville, FL
Minor: Family, Youth, and Community Sciences
May 2014

*CACREP Accredited Programs

LICENSURE & CERTIFICATIONS

- Licensed Mental Health Counselor (Florida), #MH16845
- National Certified Counselor (National Board for Certified Counselors), #1722551
- Approved Clinical Supervisor (Center for Credentialing & Education, Inc.), ACS-4513

ACADEMIC APPOINTMENTS

Assistant Professor, Nova Southeastern University
Department of Counseling, Fort Lauderdale, FL

August 2025-present

Assistant Professor, Florida Atlantic University
Department of Counselor Education, Boca Raton, FL

August 2023-July 2025

Assistant Professor, Mercer University
Department of Counseling, Atlanta, GA

August 2022-May 2023

Adjunct Instructor, Florida Atlantic University
Department of Counselor Education, Boca Raton, FL

August 2021-May 2022

Graduate Teaching Assistant, Florida Atlantic University
Department of Counselor Education, Boca Raton, FL

August 2018-Summer 2019;
Spring 2021-Summer 2021

TEACHING EXPERIENCE

Courses Taught:

**Denotes a developed course*

Nova Southeastern University

- PYCL 0669 Advanced Treatment Interventions (Fall 2025)
- PYCL 0680 Counseling Practicum (Fall 2025)

Florida Atlantic University

Courses Taught as Instructor of Record:

- SDS 3340 Career and Lifespan Development (Fall 2021; Spring 2022)
- MHS 6401 Counseling Theories and Techniques (Summer 2024)
- MHS 6470 Counseling and Human Sexuality (Fall 2023)
- MHS 6800 Practicum in Mental Health Counseling (Summer 2024; Summer 2025)
- MHS 6830 Internship in Mental Health Counseling (Fall 2023; Spring 2024; Fall 2024, Spring 2025)
- MHS 6930 Counseling Eating Disorders* (Spring 2025)

Courses Taught as Graduate Teaching Assistant:

- MHS 6470 Counseling and Human Sexuality (Fall 2018)
- MHS 6700 Legal, Ethical, and Professional Issues in Counseling (Summer 2019; Summer 2021)
- MHS 6800 Practicum in Mental Health Counseling (Spring 2019; Spring 2021)
- MHS 6801 Advanced Practicum in Mental Health Counseling (Summer 2019; Summer 2021)

Mercer University

- COUN 612 Counseling Theories (Fall 2022; Spring 2023)
- COUN 621 Research and Program Evaluation (Fall 2022; Spring 2023)
- COUN 802 Counseling Supervision Theories and Models (Spring 2023)

Guest Lectures:

Labarta, A. (August 2023). Treating Comorbid Eating Disorders and Substance Use Disorders in LGBTQ+ Communities. Invited online lecture for graduate students in CNS 6901 Diagnosis and Treatment of Addictive Disorders, Clinical Mental Health Counseling program, South University.

Labarta, A. (November 2022). Addressing Gaps in Eating Disorder Treatment through Culturally Responsive Assessment and Diagnosis. Invited online lecture for graduate students in MHS 6070 Psychopathology in Counseling, Department of Counselor Education, Florida Atlantic University.

Labarta, A. (August 2022). Demystifying the Instrument Development and Validation Process. Invited online lecture for graduate students in COUN 5950 Research and Program Evaluation, Department of Counseling and Human Services, East Tennessee State University.

Labarta, A. (October 2021). Enhancing Cultural Proficiency, Diversity, and Leadership. Invited lecture for undergraduate students in SDS 3483 University Student Mentoring and Peer Coaching, College of Education, Florida Atlantic University.

Gomez, C. & Labarta, A. (June 2021). Eating Disorders Treatment Across Clinical Settings. Invited online lecture for graduate students in CSL 700 Internship in Counseling II, Clinical Mental Health Counseling program, Lynn University.

Labarta, A. (October 2020). Qualitative Research Methods in Counseling. Invited online lecture for graduate students in CSL 540 Research and Program Evaluation in Counseling, Clinical Mental Health Counseling program, Lynn University.

Labarta, A. (November 2019). Eating Disorders Treatment Across Clinical Settings. Invited lecture for graduate students in MHS 6070 Psychopathology in Counseling, Department of Counselor Education, Florida Atlantic University.

Labarta, A. (October 2019). Self-Compassion: Strategies for Clients and Counselors. Invited lecture for graduate students in MHS6830 Internship in Mental Health Counseling, Department of Counselor Education, Florida Atlantic University.

Labarta, A. (November 2018). A Transdiagnostic Treatment Approach for Eating Disorders. Invited lecture for graduate students in MHS 6070 Psychopathology in Counseling, Department of Counselor Education, Florida Atlantic University.

RESEARCH & SCHOLARSHIP

Refereed Journal Articles:

Emelianchik-Key, K., **Labarta, A. C.**, & Ponce, J. (accepted). A 20-year content analysis of eating disorders in counseling research. *Journal of Mental Health Counseling*.

Emelianchik-Key, K., **Labarta, A. C.**, DeDonno, M., & Gill, C. S. (2025). Long-term effects of the Unified Treatment Model for Eating Disorders and Comorbidity with BIPOC clients. *Counseling Outcome Research and Evaluation*.
<https://doi.org/10.1080/21501378.2025.2542155>

- Emelianchik-Key, K., **Labarta, A. C.**, Bossie, C., & Gill, C. S. (2025). Using photovoice to promote self-compassion in mothers. *The Professional Counselor*, 15(2), 131-147. <https://doi.org/10.15241/kek.15.2.131>
- Labarta, A. C.**, Demezier, D., & Vazquez, A. (2025). Applying the multicultural and social justice counseling competencies to the treatment of eating disorders. *The Professional Counselor*, 15(2), 17-31. <https://doi.org/10.15241/acl.15.1.17>
- Irvine, T. J. & **Labarta, A. C.** (2024). Enhancing counselor trainee preparedness for treating eating disorders: Recommendations for counselor educators. *The Professional Counselor*, 14(2), 212-225. <https://doi.org/10.15241/tji.14.2.212>
- Labarta, A. C.**, Emelianchik-Key, K., Peluso, P. R., Gill, C. S., & Colvin, K. F. (2024). Measuring risk and protective factors for eating and body image concerns in LGBTQEQIAP+ communities: An instrument development and validation study. *International Journal for the Advancement of Counselling*, 46, 900-922. <https://doi.org/10.1007/s10447-024-09563-2>
- Su-Keene, E. & **Labarta, A. C.** (2024). The four horsemen of anti-racist school leadership: A communication guide to bridging racial conflict in school relationships. *The Clearing House: A Journal of Educational Strategies, Issues and Ideas*, 97(3), 55-62. <https://doi.org/10.1080/00098655.2024.2346507>
- Labarta, A. C.**, Colvin, K. F., Emelianchik-Key, K., & Gill, C. (2024). Examining transdiagnostic factors among religious and spiritual individuals with comorbid eating disorders and post-traumatic stress disorders. *Eating Disorders*, 33(2), 291-307. <https://doi.org/10.1080/10640266.2024.2352991>
- Muzacz, A., Emelianchik-Key, K., **Labarta, A., C.** & Litherland, G. (2024). A scoping review of sizeism in peer-reviewed journal articles: Where is counseling? *Journal of Counselor Leadership and Advocacy*, 11(2), 124-137. <https://doi.org/10.1080/2326716X.2024.2342823>
- Emelianchik-Key, K., **Labarta, A. C.**, & Gill, C. S. (2023). The mediating role of transdiagnostic factors in a clinical sample of black, indigenous, and people of color with eating disorders. *The Journal of Mental Health Counseling*, 45(4), 340-353. <http://doi.org/10.17744/mehc.45.4.04>
- Emelianchik-Key, K., Glass, B., & **Labarta, A. C.** (2023). Teen dating violence: Examining counseling students' responses to gendered vignettes. *The Professional Counselor*, 13(2), 98-112. <http://doi.org/10.15241/kek.13.2.98>
- Labarta, A. C.**, Irvine, T., & Peluso, P. R. (2023). Exploring clinician attitudes towards treating eating disorders: Bridging counselor training gaps. *Journal of Counselor Preparation and Supervision*, 17(1). <https://digitalcommons.sacredheart.edu/jcps/vol17/iss1/2>

- Labarta, A. C. & Bendit, A.** (2023). Culturally responsive and compassionate eating disorder treatment: Serving marginalized communities with a relational-cultural and self-compassion approach. *Journal of Creativity in Mental Health*, 19(2), 251-261. <https://doi.org/10.1080/15401383.2023.2174629>
- Labarta, A. C., Emelianchik-Key, K., & Irvine, T.** (2022). Fostering body wellness in preadolescent children with the multidimensional body wellness model. *Journal of Child and Adolescent Counseling*, 8(3), 181-196. <https://doi.org/10.1080/23727810.2022.2135885>
- Labarta, A. C. & Emelianchik-Key, K.** (2022). Exploring the relationships between transdiagnostic factors and eating disorder symptomology in a clinical sample of LGBQQAP clients. *Journal of LGBTQ Issues in Counseling*, 16(4), 325-342. <https://doi.org/10.1080/26924951.2022.2057391>
- Emelianchik-Key, K., **Labarta A. C., & Irvine, T.** (2022). Understanding education in sexuality counseling from the lens of trainees: A critical examination and call for increased attention and training. *The Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*, 3(2), 70-81. <https://doi.org/10.34296/03021057>
- Irvine, T., **Labarta, A., & Emelianchik-Key, K.** (2021). Using a Relational-Cultural and Adlerian framework to enhance multicultural pedagogy. *The Professional Counselor*, 11(2), 233-247. <https://doi.org/10.15241/ti.11.2.233>
- Emelianchik-Key, K., **Labarta, A., & Glass, B.** (2021). Infusing Dialectical Behavior Therapy skills into supervision to address challenges and enhance performance. *Journal of Creativity in Mental Health*, 17(3), 394-409. <https://doi.org/10.1080/15401383.2020.1870599>

Book Chapters:

- Emelianchik-Key, K. & **Labarta, A. C.** (2024). Culture and diversity considerations in testing and assessment. In Gill, C., Emelianchik-Key, K., & Torres, A., *Appraisal, Assessment, and Evaluation for Counselors: A Practical Guide*. Springer Publishing.
- Irvine, T., **Labarta, A., & Demezier, D.** (2022). Examining multicultural pedagogy in counselor programs: Recommendations for enhanced clinical competency. In Johnson, K., Sparkman-Key, N. M., Meca, A., & Tarver, S. Z. (Eds.), *Developing Anti-Racist Practices in the Helping Professions: Inclusive Theory, Pedagogy, and Application*. Palgrave MacMillan.
- Labarta, A. & Glass, B.** (2019). Prevention and treatment strategies in community settings. Chapter in Emelianchik-Key, K & La Guardia, A. (Eds.), *Non-Suicidal Self-Injury Through the Lifespan: A clinician's guide to treatment considerations*. Routledge.

Non-Refereed Scholarship & Professional Engagement:

Contributed as an invited expert on eating disorders (featured in “Clinical Modalities for Clients with Disordered Eating”), National Board for Certified Counselors (NBCC) Visions Newsletter, March 2025. <https://nbcc.org/resources/nccs/newsletter/clinical-modalities-for-counseling-clients-with-disordered-eating>

PROFESSIONAL PRESENTATIONS

Refereed Conference Presentations:

Irvine, T., & **Labarta, A.** (October 2025). *Enhancing eating disorder training: Integrating research-based competencies into counselor education and supervision*. Poster session to be presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Labarta, A., Moreno, B., & Weiss, R. (September 2025). *Body image and the counseling profession: A 23-year content analysis of peer-reviewed journals*. Roundtable session to be presented at the Association for Assessment and Research in Counseling Conference, Daytona Beach, FL.

Labarta, A., Irvine, T., & Hightower, J. (September 2025). *Using Q methodology to revise eating disorder psychotherapy competencies*. Roundtable session to be presented at the Association for Assessment and Research in Counseling Conference, Daytona Beach, FL.

Labarta, A. & Irvine, T. (November 2024). *Strategies for counselor educators to address eating disorder training gaps*. Content session presented at the Southern Association for Counselor Education and Supervision Conference, Dallas, TX.

Labarta, A. & Emelianchik-Key, K. (November 2024). *Deconstructing health and wellness with size-inclusive counseling curriculum*. Roundtable session presented at the Southern Association for Counselor Education and Supervision Conference, Dallas, TX.

Irvine, T. & **Labarta, A.** (September 2024). *Using multimethod research strategies to identify eating disorder gaps in counseling training programs: A proposed plan for action*. Content session presented at the Association for Assessment and Research in Counseling Conference, Pittsburg, PA.

Emelianchik-Key, K., **Labarta, A.** & Ponce, J. (September 2024). *Eating disorders in counseling scholarship: Using content analysis as a guide for future research directions*. Roundtable session presented at the Association for Assessment and Research in Counseling Conference, Pittsburg, PA.

Ault, H., **Labarta, A.**, & Watson, J. (September 2024). *Bridging research-practice gaps: An innovative program to foster collaborative counseling research*. Roundtable session presented at the Association for Assessment and Research in Counseling Conference, Pittsburgh, PA.

Labarta, A. & Demezier, D. (March 2024). *Decolonizing eating disorder treatment: Expanding access to underserved communities*. Content session presented at the National Board for Certified Counselors (NBCC) Bridging the Gap Symposium, Washington, D.C.

Labarta, A., Emelianchik-Key, K., Gill, C., & Bossie, C. (October 2023). *Leaning into emotions: The integration of transdiagnostic approaches for diverse populations across counseling curriculum*. Content session presented at the Association for Counselor Education and Supervision (ACES) Conference, Denver, CO.

Andre, L., Ault, H., Huang, Y., **Labarta, A.**, Adams, C. & Emelianchik-Key, K. (September 2023). *Leadership in AARC: A gathering space for graduate students and new professionals*. Content session presented at the Association for Assessment and Research in Counseling (AARC) Conference, Nashville, TN.

Emelianchik-Key, K., **Labarta, A.**, & Bossie, C. (September 2023). *Which one do I select? A guide to systematic reviews and document analysis*. Content session presented at the Association for Assessment and Research in Counseling (AARC) Conference, Nashville, TN.

Labarta, A., Emelianchik-Key, K. & Gill, C. (September 2023). *Risk and protective factors: Exploring pre-treatment data to examine the impact transdiagnostic factors in marginalized populations with eating disorders*. Poster presented at the Association for Assessment and Research in Counseling (AARC) Conference, Nashville, TN.

Labarta, A. & Emelianchik-Key, K. (September 2022). *Centering social justice in eating disorder treatment: Developing and validating a multidimensional screening tool for LGBTGEQIAP+ individuals*. Content session presented at the Association for Assessment and Research in Counseling (AARC) Conference, St. Louis, MO.

Emelianchik-Key, K., **Labarta, A.**, & Gill, C. (September 2022). *Using the photovoice methodology to visually capture social constructs and promote community outcomes: A study of self-compassion*. Content session presented at the Association for Assessment and Research in Counseling (AARC) Conference, St. Louis, MO.

Labarta, A., Emelianchik-Key, K., Carew, C., & Muzacz, A. (April 2022). *Sizeism and the counseling profession: A call for social justice*. Content session selected by the Association for Multicultural Counseling and Development (AMCD) and presented at the American Counseling Association (ACA) Conference, Atlanta, GA.

Irvine, T., **Labarta, A.**, & Emelianchik-Key. (April 2022). *Using the multidimensional body wellness model to foster positive body image and wellness*. Poster presented at the

American Counseling Association (ACA) Conference, Atlanta, GA.

Labarta, A., Su-Keene, E., Massy, P. & Shirley, G. (March 2022). *Deconstructing methodology: A call for critical approaches*. Poster presented at the American Association of Colleges for Teacher Education (AACTE) Conference, New Orleans, LA.

Labarta, A. (October 2021). *Assessment as advocacy: Teaching counselors-in-training about culturally responsive eating disorder assessment and treatment*. Poster presented at the Association for Counselor Education and Supervision (ACES) Conference, Atlanta, GA.

Irvine, T. & **Labarta, A.** (October 2021). *A cross-paradigm pedagogical approach: Promoting an equitable learning environment through the Relational-Cultural and Adlerian multicultural framework in counselor education*. Content session presented at the Association for Counselor Education and Supervision (ACES) Conference, Atlanta, GA.

Emelianchik-Key, K. & **Labarta, A.** (September 2021). *Exploring the relationship between eating disorder symptomology and transdiagnostic mechanisms in affectional minority clients*. Content session presented at the Association for Assessment and Research in Counseling (AARC) Conference, Cincinnati, OH.

Labarta, A. (September 2021). *The initial development and validation of an LGBTQ+ affirming eating and body image screening tool: An exploratory factor analysis*. Content session presented at the Association for Assessment and Research in Counseling (AARC) Conference, Cincinnati, OH.

Labarta, A., Irvine, T., & Peluso, P. (September 2021). *Spotlighting eating disorder research and training gaps: Results from a quantitative survey on clinician attitudes towards treating eating disorders*. Content session presented at the Association for Assessment and Research in Counseling (AARC) Conference, Cincinnati, OH.

Labarta, A. & Demezier, D. (June 2021). *Dismantling inequities in eating disorder treatment and research: A call for social justice to empower marginalized communities*. Content session presented at the Association for Multicultural Counseling and Development 2021 Conference (virtual).

Demezier, D., **Labarta, A.,** Su-Keene, E., & Massey, P. (June 2021). *Empowering scholars of color in counselor education: An interdisciplinary panel dialogue on antiracist leadership development*. Panel presented at the Association for Multicultural Counseling and Development 2021 Conference (virtual).

Labarta, A., Emelianchik-Key, K., and Glass, B. (April 2021). *IMPROVE-ing supervisee performance with the integration of DBT skills in supervision*. Content session presented at the American Counseling Association 2021 Conference (virtual).

Labarta, A. and Osman, A. (April 2021). *The integration of self-compassion and RCT in eating disorder treatment*. Content session presented at the American Counseling Association 2021 Conference (virtual).

Irvine, T., **Labarta, A.**, Katz, J., & Demezier, D. (March 2021). *Bridging the wellness gap in counselor education programs: A developmental counseling and therapy plan*. Poster presented at Chi Sigma Iota (CSI) Days at the American Counseling Association 2021 Conference (virtual).

Labarta, A. (February 2021). *Fostering wellness amid a global pandemic: Integrating self-compassion strategies to enhance the virtual learning environment*. Roundtable presented at the Holmes Scholars Program Pre-Conference Session at the American Association of Colleges for Teacher Education (AACTE) Annual Meeting (virtual).

Labarta, A. (October 2020). *Culturally responsive eating disorder treatment: Using Relational-Cultural theory to empower LGBTQ+ clients in recovery*. Content session presented at the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE) 2020 Conference (virtual).

Labarta, A. & Emelianchik-Key, K. (October 2020). *We are family: Systemic assessment and treatment approaches for LGBTQ+ families*. Content session presented at the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE) Conference (virtual).

Labarta, A. & Demezier, D. (February 2020). *Growth-fostering relationships in academia: Relational-cultural theory as a framework for mentoring graduate students of color*. Poster presented at the American Association of Colleges for Teacher Education (AACTE) Conference, Atlanta, GA.

Labarta, A. (February 2020). *The application of a transdiagnostic model for eating disorders on LGBTQ+ clients in residential treatment*. Roundtable presented at the Holmes Scholars Program Pre-Conference Session at the American Association of Colleges for Teacher Education Conference, Atlanta, GA.

Irvine, T. & **Labarta, A.** (January 2020). *Bridging the gap in multicultural education: A relational-cultural and Adlerian pedagogical approach*. Content session presented at the 2nd Annual Chi Sigma Iota Florida Statewide Conference, Miami, FL.

Byrd, R., Emelianchik-Key, K., & **Labarta, A.** (October 2019). *Self-compassion: A call for counselor self-care*. Content session presented at the Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA.

Professional Presentations, Webinars, & Podcasts:

Emelianchik-Key, K. & **Labarta, A.** (2023). *The Nuts and Bolts of Systematic Reviews in Counseling Research*. Florida Atlantic University, Department of Counselor Education Fall 2023 Doctoral Research Symposium.

Labarta, A. & Emelianchik-Key, K. (October 2023). *Holistic wellness in a weight-focused world: Healing our relationships with food and body through size-inclusive counseling and evidence-based approaches*. Special issue journal pitch presented at the Association for Counselor Education and Supervision (ACES) Conference, Denver, CO.

Labarta, A. (August 2023). *Eating and Body Image Among LGBTQ+ with Dr. Adriana Labarta*. The Association for Assessment and Research in Counseling's Assessment Talks Podcast.

Labarta, A. (March 2022). *Eating disorders and the LGBTQ+ community: Moving towards an intersectional, inclusive, and socially just treatment approach*. The Florida Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (FALGBTIC) Webinar Series.

Labarta, A. & Irvine, T. (October 2021). *Promoting culturally-informed eating disorder training: Recommendations for pedagogy, social justice, and advocacy in counselor education*. Fall 2021 Southern Association for Counselor Education and Supervision (SACES) Webinar Series.

GRANT ACTIVITY

Irvine, T., **Labarta, A.**, & Hightower, J. *Revisiting Eating Disorder Psychotherapy Competencies Using a Q-Sort Methodology*. (2025). Chi Sigma Iota Counseling Academic and Professional Honor Society International (CSI) Excellence in Counseling Research Grants. Funded: \$1,300.

Machuca, R., Bynum, B., Cancio-Bello, G., Irvine, T., **Labarta, A.**, Shirley, G., Emelianchik-Key, K., & Torres, Ayse. (2022). *Advocacy in Action: Integrating Diversity, Equity, Inclusion, and Belonging in Counseling*. Chi Sigma Iota 2022 Statewide Networking Grant. Florida chapter recipients included Beta Upsilon and Beta Rho Chi. Funded: \$800.

Labarta, A. & Emelianchik-Key, K. *The Development and Validation of the Multidimensional Eating and Body Image Screening for LGBTQ+ Individuals*. (2021). Association for Assessment and Research in Counseling (AARC) Sponsored Scholarship Program Grant (Student PI Category). Funded: \$2,127.98

Labarta, A., Irvine, T., Katz, J., Emelianchik-Key, K., Torres, A., Demezier, D., Fullilove, C., Rowane, K., Farmanara, L., Vastardis, T., Machuca, R., Mendoza, J., McGrath Fair, C., Bendeck, A., Chand, A., Woehler, E., Butler, S. K., & Rollins, D. (2021). *Healing*

Trauma: Enhancing Advocacy in Counseling and Supporting Change, Equity, and Resilience. Chi Sigma Iota 2021 Statewide Networking Grant. Florida chapter recipients included Beta Rho Chi, Beta Upsilon, Delta Iota, Beta, and Upsilon Chi. Funded: \$800.

SERVICE

Service to the Profession:

Editorial Board Membership

- *Teaching and Supervision in Counseling*, Editorial Board Member, 2024-2027
- *Counseling Outcome Research and Evaluation*, Editorial Board Member, 2024-2027
- *Counseling Outcome Research & Evaluation*, Editorial Fellow, 2023-2024

Conference Proposal Reviewer Experience

- Southern Association for Counselor Education and Supervision Conference (2024)
- Association for Counselor Education and Supervision Conference (2021, 2023)
- American Association of Colleges for Teacher Education, Holmes Scholars Program Pre-Conference (2020, 2021)

Committee Work

- Association for Assessment and Research in Counseling
 - Assessment Committee Member, 2023-present
 - Counselor Education Subcommittee Member, 2023-present
 - Assessment Database Subcommittee Member, 2023-2024
- Southern Association for Counselor Education and Supervision
 - Research and Practice Grants Committee
 - Co-Chair, 2022-2023
 - Member, 2020-2022
 - Webmaster Committee
 - Member, 2020-2022
- Chi Sigma Iota (CSI), Beta Rho Chi Chapter at Florida Atlantic University
 - Past-President, 2021-2022
 - President, 2020-2021
 - 3rd Annual CSI Florida Statewide Conference Chair, 2020-2021
 - President-Elect, 2019-2020
- American Association of Colleges for Teacher Education, Holmes Scholars Program
 - Research Committee Member, 2020-2021

University Service:

Florida Atlantic University, College of Education

- Graduate Programs Committee, 2023-2025
 - Student Petitions Subcommittee, 2023-2025

Departmental Service:

Florida Atlantic University, Department of Counselor Education

- Clinical Mental Health Counseling (CMHC) Faculty Search Committee Member, Spring 2025
- Doctoral Comprehensive Exam Grader, Spring 2025
- CMHC Field Placement Coordinator, 2024-2025
- CMHC M.Ed. and Ed.S. Application Review Committee Member, 2023-2025

Mercer University, Department of Counseling

- CMHC Application Review Committee Member, 2022-2023
- Doctoral Comprehensive Exam Grader, Fall 2022

CLINICAL EXPERIENCE

Staff Counselor, FAU Counseling & Psychological Services (CAPS), Boca Raton, FL. July 2019-December 2020.

Aftercare Coordinator, The Renfrew Center, Coconut Creek, FL. May 2018-June 2019.

Counselor, The Renfrew Center, Coconut Creek, FL. February 2017-May 2018.

Advanced Practicum Counseling Student, UF Counseling and Wellness Center, Gainesville, FL. May 2016-August 2016.

Counseling Practicum & Internship Student, UF Health Medical Psychology (Springhill), Gainesville, FL. January 2016-December 2016.

AWARDS, HONORS, & NOMINATIONS

- **Winner of the 2024 TPC Outstanding Scholar Award (Concept/Theory category), *The Professional Counselor*, 2024**
 - Manuscript Title: Enhancing Counselor Trainee Preparedness for Treating Eating Disorders: Recommendations for Counselor Educators (Irvine & Labarta, 2024)
- **Selected as an Emerging Leader, Association for Assessment and Research in Counseling (AARC), 2023-2024**
- **Nominated for Excellence in Teaching Award, Mercer University, 2022-2023**
- **Nominated for Excellence in Advising Award, Mercer University, 2022-2023**
- **Awarded Graduate Student of the Year (Counselor Education Department), Florida Atlantic University, 2020-2021**
- **Selected as a Holmes Scholar, Florida Atlantic University, 2019-2022**
- **Grand Prize Winner of the Tomorrow's Counselors Essay Contest, American Counseling Association, 2021**
- **Selected as an Emerging Leader, Southern Association for Counselor Education and Supervision (SACES), 2020-2022**

PROFESSIONAL MEMBERSHIPS

- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- Southern Association for Counselor Education and Supervision (SACES)
- Association for Assessment and Research in Counseling (AARC)