

Patrice J. Leopold, PhD, LMHC, NCC

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Education

- May 2020 **University of Florida**
Doctor of Philosophy in Counseling and Counselor Education
CACREP Accredited || Specialization: Marriage & Family Counseling

Dissertation Title: *Examining empathy, resilience, & parental attachment as mediators for intergenerational transmission of conflict in dyadic romantic relationships*
- December 2016 **University of Central Florida**
Master of Arts in Counselor Education: Marriage, Couple, & Family Therapy
CACREP Accredited
- May 2013 **University of Florida**
Bachelor of Science in Family Youth & Community Sciences
Specialization: Certified Family Life Educator (CFLE) || Cum Laude

Academic Positions

- Summer 2021 –
Current **Assistant Professor**
Nova Southeastern University
Teach graduate counselor education courses
- Spring 2021 **Visiting Assistant Professor**
Barry University
Teach graduate counselor education courses
- Fall 2020 **Adjunct Faculty**
Barry University
Taught graduate counselor education courses
- Fall 2017 –
Spring 2020 **Graduate Teaching Assistant**
University of Florida
Taught an undergraduate online course

Professional Licensure and Certification

- Licensure: **Licensed Mental Health Counselor (LMHC)**
Florida Department of Health (MH17612)
- Certification: **National Certified Counselor (NCC)**
National Board for Certified Counselors (NBCC)
- Prepare/Enrich Facilitator**
Prepare/Enrich (couples training organization)
- United Marriage Enhancement Training Instructor**
United Marriage Enhancement Training (couples training organization)

Research and Scholarship

Publications in Refereed Journals

2. Rodriguez, J.L., Wright, G., **Leopold, P.J.**, & Petion, A. R. (In review). The Bittersweet Journey of Anticipatory Grief: Nurturing our Aging Parents. *The Family Journal*.
1. **Leopold, P.J.**, & Swank, J.M. (2019). Strengthening couples from a single-parent household using relational cultural therapy. *Journal of Creativity in Mental Health*.

Book Chapters

2. Swank, J.M., **Leopold, P.J.**, & Weaver, J.L. (2022). Creativity: Art, Music, Nature, and Moving Beyond Talk. In R. Fulmer (Eds.), *Counseling and psychotherapy: Theory and beyond*.
1. Swank, J.M., Weaver, J.L., & **Leopold, P.J.** (2021). Creativity. In S. K. Butler, J. Filmore, & A. Flores Locke (Eds.), *Introduction to 21st century counseling: A multicultural and social justice approach*.

Invited Presentations

1. **Leopold, P.J.**, Thompson, I., & Tintsman-Jones, J. (2023, October). *Global conflict & humanitarian crisis webinar*. Presented at Nova Southeastern University's Department of Counseling Student Center.

International/National/Regional Presentations

15. **Leopold, P.J.**, Rodriguez, J.L., Wright, G., & Petion, A. R. (2025, March). *Grief Before Loss: Navigating Anticipatory Grief from a Relational Cultural Theoretical Model*. Presented at the American Counseling Association in Orlando, Florida.
14. Tintsman-Jones, J. **Leopold, P.J.**, & Thompson, I. (2025, March). *Processing and Navigating Trauma, Grief, and Loss from Global Conflicts and Humanitarian Crises*. Presented at the American Counseling Association in Orlando, Florida.
13. Rodriguez, J.L., **Leopold, P.J.**, Wright, G., & Petion, A. R. (2024, November). *Grief Before Loss: Anticipatory Grief from a Relational-Cultural Supervision Lens*. Presented at the Southern Association for Counselor Education and Supervision Conference in Dallas, Texas.
12. **Leopold, P.J.**, Aguilar, J., El Jilali, J., & Rivas, J. (2024, February). *People Need People: Foundations for Relational Health*. Presented at the International Association of Marriage and Family Counselors Conference in St. Petersburg, Florida.
11. **Leopold, P.J.**, Rodriguez, J.L., & Petion, A. R. (2024, February). *Parallel Process: Modeling Relational Health in Supervision*. Presented at the International Association of Marriage and Family Counselors Conference in St. Petersburg, Florida.
10. Swank, J.M., Weaver, J.L., & **Leopold, P.J.** (2022, November). *Rethinking the dissertation: Writing a manuscript-style dissertation*. Presented at the Southern Association for Counselor Education and Supervision Conference in Baltimore, Maryland.
9. DePue, M.K., Swank, J.M., Weaver, J.L., & **Leopold, P.J.** (2022, November). *Examining Grit, Competencies, and Publications of Counselor Educators*. Presented at the Southern Association for Counselor Education and Supervision Conference in Baltimore, Maryland.
8. **Leopold, P.J.** & Smith, S. (2021, October). *Fostering antiracist clinicians with relational resilience*. Presented at the Association for Counselor Education and Supervision Conference in Atlanta, Georgia.

7. **Leopold, P.J.** (2020, January). *Mediators for couples of intergenerational transmissions of conflict*. Presented at the International Association of Marriage and Family Counselors Conference in New Orleans, Louisiana.
6. Medyk, N., **Leopold, P.J.**, Weaver, J.L., VanAusdale, S., & Myers, K. (2019, October). *Tidying up your academic research and writing: The KonMari™ method*. Presented at the Association for Counselor Education and Supervision Conference in Seattle, Washington.
5. **Leopold, P.J.** (2019, March). *Stay woke: Counseling the marginalized in our current political/cultural climate*. Presented at the American Counseling Association in New Orleans, Louisiana.
4. **Leopold, P.J.** (2019, March). *Racial identity, racism related stress, and self-esteem in the black girl magic era*. Presented at the American Counseling Association in New Orleans, Louisiana.
3. **Leopold, P.J.** (2019, February). *Strengthening couples from a single-parent and/or divorced household*. Presented at the International Association of Marriage and Family Counselors Conference in New Orleans, Louisiana.
2. **Leopold, P.J.** & VanAusdale, S. (2018, October). *Are you a woke supervisor?: A relational-cultural and solution-focused approach to supervision*. Presented at the Southern Association for Counselor Education and Supervision Conference in Myrtle Beach, South Carolina.
1. VanAusdale, S. & **Leopold, P.J.** (2018, October). *Infusing trauma treatment in counselor education*. Presented at the Southern Association for Counselor Education and Supervision Conference in Myrtle Beach, South Carolina.

State/Local Presentations

7. Tintsman-Jones, J., **Leopold, P.J.**, & Thompson, I. (2024, May). *Global conflict & humanitarian crisis: Grieving, processing, and supporting counselors*. Presented at Florida Counseling Association's Virtual Traumatology Symposium.
6. Petion, A. R., Hyun, J. H, **Leopold, P.J.**, & Thompson, I. (2024, April). *Faculty's professional development on DEI through a book club*. Presented at Nova Southeastern University's Diversity Summit.
5. **Leopold, P.J.**, Wright, G., & Petion, A. R. (2023, September). *When worlds collide: Helping culturally diverse couples build relational resilience*. Presented at the Florida Counseling Association Conference.
4. Hyun, J. H, **Leopold, P.J.**, Petion, A. R., & Thompson, E. (2023, March). *Decolonizing syllabi: A DEIBW's guide to equity learning*. Presented at Nova Southeastern University's Diversity Summit
3. **Leopold, P.J.** & Elagina, E. (2021, October). *Challenging Implicit Bias in Language: Easing the Shift Towards Gender-Neutral Language*. Presented at the Florida Counseling Association Conference virtual experience.
2. **Leopold, P.J.** (2018, October). *Beating the 'generational divorce' odds: Imago relationship therapy with couples from a divorced upbringing*. Presented at the Florida Counseling Association Conference in Tampa, FL.
1. McNeil, V., Rivera-Velazquez, S., Geils, H., **Leopold, P.J.** (2016, January). *Multicultural and multiracial children: A self-esteem issue in today's society*. Presented at the University of Central Florida's Counseling Conference in Orlando, Florida.

Newsletter/Magazines

2. Thompson, E., Hyun, J. H, **Leopold, P.J.**, & Petion, A. (2023). *Empowering Change: Uniting decolonized education, holistic well-being, and peaceful communication*. Peace Chronicle 2023 Summer Magazine.
1. Smith-Reid, S, & **Leopold, P.J.** (2023). *Fostering antiracist clinicians with relational resilience*. Association of Multicultural Counseling & Development 2023 Winter Newsletter.

Research Teams

February 2016 – **Research Member**
July 2017 **HIV Education, Awareness, and Research Team (HEART)**
Professors and students at UCF who are dedicated to addressing the multiple/complex effects of the HIV/AIDS epidemic locally and nationally

Teaching Experience

Nova Southeastern University (Asynchronous, Synchronous, & Weekend Formats)

PYCL 0645: Couples and Family Counseling Strategies

Designed to provide an overview of theories and methods of couples and family counseling.
Summer 2021 (2) | Fall 2021 | Spring 2022 | Summer 2022 | Fall 2022 | Spring 2023 (2) | Fall 2023 | Spring 2024 | Fall 2024

PYCL 0608: Psychological Testing for Individual Evaluation

Designed to provide foundational information about psychological testing instruments, which includes an overview of the various methods and sources of testing information as well as basic principles of measurement.

Summer 2021 | Fall 2021 (2) | Spring 2022 | Summer 2022 (2) | Fall 2022 | Summer 2023 (2) | Fall 2023 | Spring 2024 (2) | Summer 2024 (2) | Fall 2024 (2)

PYCL 0632: Social and Cultural Foundations of Counseling

Designed to address social and cultural diversity and its implications for counseling
Fall 2022 | Spring 2023 | Fall 2023

PYCL 0512: Human Growth and Development

Designed to covers how developmental maturation and social learning impacts individuals across the lifespan.

Fall 2022 | Fall 2023

PYCL 0511: Introduction to Counseling Techniques

Designed to overview of basic counseling skills.
Spring 2023 | Spring 2024

PYCL 0612: Substance Abuse

Designed to provide the etiology of substance-related and addictive disorders, along with relevant assessment instruments and treatment practices in both individual and family therapy approaches.
Fall 2021

Invited Guest Lectures

3. **MHS 6447: Marital Therapy** invited by course instructor Everette Coffman, PhD, LMHC, LMFT to discuss Imago Couples Therapy
Winter 2024

2. **COMP 1500: College Writing** invited by course instructor Rachel Panton, PhD to discuss Rhetoric of mental health: Navigating social media as a social support system
Fall 2022

1. **COMP 1500: College Writing** invited by course instructor Rachel Panton, PhD to discuss Rhetoric of mental health: Navigating social media as a social support system
Fall 2021

Barry University

CSL 763: Advanced Family Systems Theory – PhD Level

Designed to review and analyzes contemporary theories and research that impacts the practice of couples and family counseling and therapy.

Spring 2020

CSL 689: Issues in Marriage and Family Counseling

Designed to provide discuss the latest trends and issues affecting marital and family systems.

Spring 2020

CSL 621: Psychological Measurements

Designed to provide foundational information about psychological measurements, which includes an overview of the various methods and sources of assessment information as well as basic principles of measurement.

Fall 2020 | Spring 2020

CSL 680: Family Counseling

Designed to provide an introduction and overview of theories and methods of family counseling.

Fall 2020

CSL 501: Orientation to the Counseling Profession

Designed to provide an introduction and overview of the counseling profession and related theories and concepts.

Fall 2020

University of Florida (Taught or Co-Taught)

SDS3482: Stress & Anxiety Management (Asynchronous)

Designed to provide an overview of theories and methods of stress & anxiety control and reduction.

Fall 2017, 2018, 2019 | Spring 2018, 2019, 2020 | Summer 2018, 2019

MHS6428: Multicultural Counseling

Designed to provide an overview on multicultural identities and issues and their application in counseling.

Spring 2019

MHS6500: Group Counseling, Theory & Process

Designed to provide an overview on group development, dynamics, counseling theories, and facilitation.

Spring 2019

MHS6440: Marriage & Couples Counseling

Designed to provide an overview of theories and methods of marriage & couples counseling.

Fall 2018

MHS7431: Advanced Family Counseling

Designed to provide an overview of theories and methods of advanced family counseling.

Spring 2018 | Fall 2018

Orange County Public Schools

August 2015 – June 2016 **Second Grade Paraprofessional**
Aspire Charter Academy
Assist the classroom teacher in teaching second grade students reading, math, language arts, science, and social studies based on a second-grade curriculum and the Florida standards

August 2014 – June 2015 **Third Grade Teacher**
Ivey Lane Elementary
Taught third grade students reading, math, language arts, science, and social studies based on a third-grade curriculum and the Florida standards

Supervision Experience

Nova Southeastern University

PYCL 0680: Practicum
Supervise graduate internship counseling students for group and individual supervision
Fall 2024

PYCL 0682: Internship II
Supervise graduate internship counseling students for group and individual supervision
Spring 2024 | Fall 2024

PYCL 0681: Internship I
Supervise graduate internship counseling students for group and individual supervision
Fall 2023

University of Florida

Group & Triadic Supervision
Supervise graduate practicum counseling students for group and triadic supervision
Spring 2019

Live & Triadic Supervision: Advanced Family Counseling Clinic
Supervise a group of masters leveled marriage, couples, and family therapy practicum students for live and triadic supervision of couples and families
Spring 2018 | Fall 2018

Individual Supervision
Supervise one masters leveled marriage, couples, and family therapy practicum student
Fall 2017

Clinical Experience

August 2017 – August 2019 **Emergency Screener**
Meridian Behavioral Healthcare
Provided crisis stabilization as needed in an inpatient acute psychiatric treatment hospital for client's that present with lethality and/or inability to care for themselves according to the Baker Act criteria

May 2018 – December 2018 **Doctoral Student Intern**
PACE Center for Girls

Provided individual, family, and group counseling services to adolescent students in navigating their presenting concerns and obtaining wellness

August 2016 –
July 2017

Assessment Specialist I & II
Aspire Health Partners: Access & Central Receiving Center

Provided crisis stabilization as needed in an inpatient acute psychiatric treatment hospital for clients that present with lethality and/or inability to care for themselves according to the Baker Act criteria

May 2016 –
December 2016

Graduate Student Intern
Aspire Health Partners: Men's Residential Recovery Program

Provided individual, family, and group counseling services to adult male residents with alcohol or drug dependency and co-occurring mental health disorders in an effort to obtain/maintain sobriety and wellness in an inpatient residential setting

August 2015 –
April 2016

Graduate Student Practicum
UCF's Community Counseling and Research Center

Provided individuals, couples, families, and a group of elementary students in navigating their presenting concerns and obtaining wellness

June 2013 –
July 2014

Family Care Counselor: Case Manager
Devereux Florida

Managed and monitored cases within Florida's Department of Children & Families by assessing danger threats, child vulnerabilities, and caregiver protective capacities to ensure that each assigned child achieved safety, well-being, and permanency

December 2012 –
June 2013

Undergraduate Student Intern
Children's Home Society

Completed and assembled child studies, home studies, and subsidy packets

September 2011 –
December 2011

Assistant Youth Care Worker: Undergraduate Volunteer
Interface Youth Shelter Program

Helped at risk youth in character and self-esteem building

Leadership & Service Experience

Leadership

Fall 2022 –
Current

Co-Chair of Diversity, Equity, Inclusion, Belonging, & Wellness (DEIBW)

Develop tasks and plan along with members to address committee assigned charges related to department DEIBW needs

Fall 2022 –
Current

Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC) Strategic Planning Committee

Assess and evaluate ongoing goals and objectives aligned with association's mission and values

2023 –
Current

Course Lead - PYCL 0645: Couples and Family Counseling Strategies

Evaluate course, recommend improvements, and provide resources to other course instructors

2022 – **Course Lead - PYCL 0512: Human Growth and Development**
2023 Evaluate course, recommend improvements, and provide resources to other course instructors

Department of Counseling Committee Membership

2023 – Current **Student Review & Retention Committee**
Consult on students issues and support student annual reviews

2023 – Current **Application Review Committee**
Engage in weekly admissions reviews

2022 – 2023 **Faculty Search Committee**
Interview and debrief potential incoming new faculty

2021 – Current **DEIBW Committee**
Assess program progression/needs and suggestions for improvement

2021 – 2022 **Assessment Committee**
Assess program progression/needs and suggestions for improvement

Editorial Service

Summer 2022 – **Journal of Divorce & Remarriage**
Summer 2023 Review submitted articles for potential journal publication

University Organizations

November 2018 – **Multicultural Initiatives Committee**
May 2020 Assist in developing and organizing meetings for “Multicultural Initiatives” workshops which is purposed with fostering unity and multicultural competence among counseling professors and students within UF’s College of Education

May 2016 – **Multicultural Partnership of Organizers Working for Equity & Resilience (M-POWER)**
July 2017 **Cultural Encounter Development Committee Lead, RSO Committee Member, & General Member**
Oversaw and organized committee members to develop "Cultural Encounter" workshops which is purposed with the fostering greater cultural competence for counseling students and other students within UCF's College of Education

Miscellaneous

January 2018 – **Mentor for Instruction and Template Course Design Team**
May 2020 Assist novice instructors of record on course delivery and ongoing course design/updates for Stress & Anxiety Management

January 2019 **UF Counselor Education’s Doctoral Interviews**
Assisted with facilitating doctoral interview process and recommending potential student candidates for the program

Honors

January 2018 – **American Association of Colleges for Teacher Education (AACTE)**
Current **Holmes Scholar**
Mentorship and leadership program minority students

August 2017 – **Grinter Fellow**
May 2020 Academic teaching assistantship

Professional Memberships

American Counseling Association (ACA): *August 2015 – Current*

Florida Counseling Association (FCA): *September 2016 – Current*

American Association of Colleges for Teacher Education (AACTE): *January 2018 – Current*

American Counselor Education and Supervision (ACES): *February 2018 – Current*

Southern American Counselor Education and Supervision (SACES): *February 2018 – Current*

International Association of Marriage and Family Counselors (IAMFC): *June 2018 – Current*

Languages

English: *Native proficiency*

Haitian Creole: *Professional working proficiency*

French: *Limited working proficiency*