

## CURRICULUM VITAE

**Linda Carter Sobell, Ph.D., ABPP**

**Date CV prepared:** September 2018

**Citizenship:** U.S. and Canada

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[www.nova.edu/gsc](http://www.nova.edu/gsc) (clinic web site)

### Training

Institution	Major Area	Degree	Date
University of California, Riverside	Psychology and Linguistics (double major)	B.A. (Honors)	6/70
University of California, Irvine	Social Sciences	M.A.	12/74
University of California, Irvine	Psychology	Ph.D.	3/76

### Certifications, Credentials and Licensures

1976-1979 Certified Professional Counselor, Professional Alcohol & Drug Counselors of Tennessee, Certificate No. 119

1977-1980 Certified Substance Abuse Counselor, Tennessee Department of Mental Health and Mental Retardation, Certificate No. 0 026

1978-1981 Licensed Psychologist, Tennessee. Certificate No. P.645

1981-1997 Registered Psychologist, Ontario (Canada). Certificate No.1478

1996-2014 Fellow, American Academy of Cognitive and Behavioral Psychology.

1996-present Board Certified in Behavioral and Cognitive Psychology, American Board of Professional Psychology. Diploma Number 4789, awarded 12/04/96.

1997-present Licensed Psychologist, Florida. License No. PY 0005690.

1999-present MINT (Motivational Interviewing Network of Trainers) Trainer.

### Honors

1966 *Honors at Entrance*, University of California, Riverside

1966-1967 *University Scholarship*, University of California, Riverside

1967-1970 *Dean's Honor Roll*, University of California, Riverside

1969-1970 *President's Undergraduate Research Fellowship*, Univ. of California, Riverside

1970 *Honors in Psychology*, University of California, Riverside

- 1985 *Citation Classic, Current Contents*
- 1990 *Best poster submission*, Multiple Addictions Conference, San Diego, California
- 1990 Fellow, American Psychological Association (Divisions 1, 3, 12, 25, 28, 38, 50; Initial fellow status, Division 12)
- 1992 *Fellow*, Canadian Psychological Association
- 1992 *Fellow*, American Association of Applied and Preventive Psychology
- 1994 *Invited Fellow's Address* (Division 28), American Psychological Association.
- 1994 *Charter Fellow*, American Psychological Association (Division 50)
- 1995 *Norman E. Zinberg Memorial Lecture Award*. Cambridge Hospital and Harvard Medical School
- 1995 *Grand Prize* in the 8<sup>th</sup> International Festival of Video and Multimedia in Health for the video *Motivational Strategies for Promoting Self-Change: Dealing with Alcohol and Drug Problems*
- 1998 *Outstanding Professor of the Year*. College of Psychology, Nova Southeastern University
- 2000 *Outstanding Service Award*. Association for the Behavioral and Cognitive Therapies (previously Association for Advancement of Behavior Therapy).
- 2003 *Brady/Schuster Award for Outstanding Behavioral Science Research in Psychopharmacology and Substance Abuse*. American Psychological Association, Division 28.
- 2003 *Honorary Associate* of the Australian Centre for Addiction Research, Sydney Australia.
- 2006 *Outstanding Service Award*. Association for Behavioral and Cognitive and Therapies, NY.
- 2006 Women's Special Issues Group Award of the Association for Behavioral and Cognitive and Therapies for Outstanding Scientific Contributions and Leadership to the Association for Behavioral and Cognitive and Therapies.
- 2006 *Betty Ford Award* (for making a significant impact on the field of alcohol and drug abuse). Association for Medical Education and Research in Substance Abuse (AMERSA).
- 2007 *Lifetime Achievement Award*. Association for Behavioral and Cognitive and Therapies, Addictive Behaviors Special Interest Group.
- 2008 Distinguished Scholar. University of Texas at Austin School of Social Work and Psychology Department, Austin, TX.
- 2008 *Charles C. Shepard Science Award (category of Prevention and Control)*. The award is presented by the Centers for Disease Control and Prevention (CDC) and the Agency for Toxic Substances and Disease Registry (ATSDR) for the most outstanding peer-reviewed research paper published by CDC/ATSDR scientists during the preceding year. The paper receiving the award was Preventing Alcohol-Exposed Pregnancies: A Randomized Controlled Trial published in the *American Journal of Preventive Medicine* 2007, 32, 1-10. Authors: Floyd, R. L., Sobell, M., Velasquez, M. M., Ingersoll, K., Nettleman, M, Sobell, L., Mullen, P. D., Ceperich, S., von Sternberg, K., Bolton, B., Skarpness, B. Nagaraja, J., Johnson, K. & Project CHOICES Efficacy.

- 2010 *Distinguished Scientific Contributions to Clinical Psychology Award* from the Society of Clinical Psychology (Division 12) of the American Psychological Association.
- 2011 Spielberger EMPathy award. American Psychological Association.
- 2011 The Guided Self-Change (GSC) treatment has been accepted for inclusion on the American Psychological Associations (APA) Division 12 (Society of Clinical Psychology) Empirically Supported Treatments (EST) website. [http://www.div12.org/PsychologicalTreatments/treatments/substance\\_guided.html](http://www.div12.org/PsychologicalTreatments/treatments/substance_guided.html)
- 2014 Project *CHOICES: A Program for Women about Choosing Healthy Behaviors* is included in the Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Evidence-based Programs and Practices (NREPP).
- 2014 Presidential Citation, American Psychological Association.
- 2014 *Jellinek Memorial Award* for outstanding contribution to the advancement of knowledge in the alcohol/alcoholism field in behavioral (clinical and experimental) studies.
- 2013-2014 *Professor of the Year*, College of Psychology, Nova Southeastern University (FL).
- 2013-2014 *President's Distinguished Professor Award of Excellence*, Nova Southeastern University (FL).
- 2015 *Fellow*, Association for Behavioral and Cognitive Therapy.
- 2016 *Distinguish Scientific Contributions to the Application of Psychology Award*, (Division 50 Society of Addiction Psychology), American Psychological Association.
- 2016 U.S. Department of Health and Human Services (HHS). (2016, November). *Facing addiction in America: The surgeon general's report on alcohol, drugs, and health*. Washington, DC: HHS.  
 In November 2016, the U.S. government issued its first Surgeon General's report on Alcohol, Drugs and Health, *Facing Addiction in America*. The report discusses the need for a continuum of services, and with regard to mild substance use disorders, the report says: "These common but less severe disorders often respond to brief motivational interventions and/or supportive monitoring, referred to as guided self-change."<sup>16</sup> (page 4-3). Reference 16 is to: Sobell, M. B., & Sobell, L. C. (2005). Guided self-change model of treatment for substance use disorders. *Journal of Cognitive Psychotherapy*, 19 (3), 199-210.
- 2018 *2018 Lifetime Achievement Award*, Association for Behavioral and Cognitive Therapies.

### Professional Memberships

- American Psychological Association (*Fellow*, Divisions 1, 3, 12, 25, 28, 38, 50; *President* Division 12, 2005; *President-elect* Division 50, 2019)
- Association of Behavioral and Cognitive Therapies (formerly known as the Association for the Advancement of Behavior Therapy, AABT; *President*, 1993-1994; *Fellow*, 2015)
- Motivational Interviewing Network of Trainers (MINT): Trained Trainer

- Research Society on Alcoholism
- INEBRIA (International Network on Brief Interventions for Alcohol Problems)
- Society for the Exploration of Psychotherapy Integration

## Professional Experience

10/14-present	<i>President's Distinguished Professor of Excellence</i> , College of Psychology, Nova Southeastern University, Ft. Lauderdale, FL.
8/96-10/14	<i>Professor</i> , College of Psychology, Nova Southeastern University, Ft. Lauderdale, FL.
8/96-present	<i>Co-Director, Guided-Self-Change Clinic</i> , Community Mental Health Center, College of Psychology, Nova Southeastern University, Ft. Lauderdale, FL.
5/97-present	<i>Associate Director of Clinical Training</i> , College of Psychology, Nova Southeastern University, Ft. Lauderdale, FL.
2/00 – 10/03	<i>Member</i> , Ambulatory Care Staff of the Broward Medical Center with Associate Status in the Department of Psychiatry, North Broward Hospital District, Broward County, Ft. Lauderdale, Florida.
9/86-8/00	<i>Senior Scientist</i> , Clinical Research and Treatment Institute, Addiction Research Foundation, Toronto, Ontario, Canada
9/93-7/96	<i>Professor</i> , Department of Family and Community Medicine, Faculty of Medicine, University of Toronto, Ontario, Canada.
1/92-6/96	<i>Assistant Director of Research and Clinical Training</i> , Clinical Research and Treatment Institute, Addiction Research Foundation.
1/92-6/96	<i>Chief, Guided Self-Change Unit</i> , Clinical Research and Treatment Institute, Addiction Research Foundation, Toronto, Ontario, Canada
7/88-6/96	<i>Professor</i> , Department of Psychology, University of Toronto, Ontario, Canada.
7/88-6/96	<i>Professor</i> , Department of Behavioural Science, Faculty of Medicine, University of Toronto, Ontario, Canada.
10/88-12/90	<i>Head Behavioural Treatment Research</i> , Clinical Research and Treatment Institute, Addiction Research Foundation, Toronto, Ontario, Canada
7/83-10/88	<i>Associate Head</i> , Behavioural Treatment Research, Clinical Institute, Addiction Research Foundation, Toronto, Ontario, Canada.
7/87-6/88	<i>Associate Professor</i> , Department of Psychology and Department of Behavioural Science, Faculty of Medicine, University of Toronto, Canada.
7/87-6/88	<i>Associate Professor</i> , Department of Behavioural Science, Faculty of Medicine, University of Toronto, Canada.
5/80-7/83	<i>Head, Behavioural Intervention Research</i> , Clinical Institute, Addiction Research Foundation, Toronto, Ontario, Canada.
7/80-6/86	<i>Assistant Professor</i> , Department of Psychology, University of Toronto, Canada.
9/74-5/80	<i>Director</i> , Alcohol Programs, Dede Wallace Mental Health Center, Nashville, Tennessee.
9/79-5/80	<i>Adjunct Associate Professor</i> , Department of Psychology, Vanderbilt University, Nashville, Tennessee. Duties same as below.
6/76-8/79	<i>Adjunct Assistant Professor</i> , Department of Psychology, Vanderbilt University, Nashville, Tennessee.
10/74-6/76	<i>Adjunct Instructor</i> , Department of Psychology, Vanderbilt University, Nashville, Tennessee.

- 3/73-6/73 *Associate in Social Sciences*, Introductory Psychology, Social Sciences Department, University of California, Irvine
- 7/71-9/74 *Mental Health Worker II*, Orange County Department of Mental Health, Alcoholism Services, Santa Ana, California.
- 6/69-6/71 Rapid progression through a series of positions at Patton State Hospital, Patton, California, California Department of Mental Hygiene. Positions: Student Professional Assistant (3 months) and Research Technician (7 months)—Token Economy Unit; and *Research Assistant I*—Behavioral Alcohol Treatment Unit (15 months).
- 1/69-4/69 *Course Reader*, Human Learning, Department of Psychology, University of California, Riverside.
- 11/67-6/69 *Research Assistant*, Department of Psychology, University of California, Riverside.

### Grants, Contracts, and Financial Support

- 1969-1970 University of California President's Undergraduate Research Fellowship. University of California, Riverside. Information processing and alcohol intoxication. **Principal Investigator.**
- 1972-1974 National Institute on Alcohol Abuse and Alcoholism. Grant No. 1 R18 AA00486, Orange County Department of Mental Health, **Co-Investigator** (Mark Sobell, Principal Investigator). Extended follow-up of I.B.T.A. treated alcoholics.
- 1976 State of Tennessee Department of Mental Health and Mental Retardation. Research contract, **Principal Investigator.** Twelve month clinical treatment outcome evaluation study.
- 1976-1978 National Institute on Alcohol Abuse and Alcoholism. Grant No. R AA02489-01A1, Alcohol Programs, Dede Wallace Center, **Principal Investigator** (Mark B. Sobell, Co-Investigator). Effects of alcohol on speech.
- 1977-1978 State of Tennessee Department of Mental Health and Mental Retardation, Research contract, **Principal Investigator.** Treatment outcome evaluation with drug and alcohol abusers.
- 1978-1979 State of Tennessee Department of Mental Health and Mental Retardation, Research contract, **Principal Investigator.** Implementation of a statewide clinical treatment outcome evaluation model in alcohol and drug abuse programs.
- 1984 Department of National Defense (Canada). Research Contract 19SV.3204503. "Treatment Outcome Research Project - Critical Review of the State of Research," **Co-Principal Investigator** (M. Sobell, Co-Principal Investigator).
- 1991-1996 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Proyecto de colaboracion para la investigacion entrenamiento, capacitacion, desarrollo y evaluacion de un tratamiento conductual de consulta externa para bebedores problema en Mexico. H. Ayala-Velázquez, G. Cardenas Lopez, & A. Vite Sierra, Principal Investigators; M.B. Sobell, & L. C. Sobell, **Co-Principal Investigators.**

- 1991-1995 National Institute on Alcohol Abuse and Alcoholism. Grant No. 1 R01 AA085593, Addiction Research Foundation, **Principal Investigator** (Co-Investigators: M. Sobell, T. Toneatto, L. T. Kozlowski). Stability of natural recoveries from alcohol abuse.
- 1991-1995 Addiction Research Foundation, Accelerated Funding Project #803 (Internal grant) **Principal Investigator** (Co-investigators: M. Sobell, T. Toneatto). Comparison of Individual and Group Formats of Behavioral Outpatient Treatment.
- 1991-1995 Addiction Research Foundation, Accelerated Funding Project #806 (Internal grant), Co-Investigator (Principal Investigator: T. Toneatto; **Co-Investigators**: L. Sobell, Mark Sobell). Developing and testing an innovative treatment for cocaine dependence.
- 1992-1996 Addiction Research Foundation and World Health Organization. Drinking-related assessment instruments: Cross-cultural studies Internal ARF Grant; **Co-Principal Investigators**: H. Annis & L. Sobell.
- 1993-1995 International Development Research Centre Grant. A collaborative project for research and training, development and evaluation of the application of a behavioral outpatient treatment program for alcohol abusers in Mexico. H. Ayala-Velázquez & G. Cardenas Lopez, Principal Investigators; M.B. Sobell & L. C. Sobell, **Co-Principal Investigators**.
- 1993-1996 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Proyecto colaborativo para la investigacion, entrenamiento, y evaluacion de la aplicacion de un programa de tratamiento conductual de consulta externa para bebedores problema en Mexico: Segunda fase. H. Ayala-Velázquez Principal Investigator; M.B. Sobell, & L. C. Sobell, **Co-Principal Investigators**.
- 1995-1996 National Institute on Alcohol Abuse and Alcoholism. Grant No. RFA AA-94-07. Addiction Research Foundation, **Co-Investigator** (Principal Investigator: Curt Breslin; Co-Investigator: M. Sobell). Problem Drinkers: Evaluation of a Stepped Care Treatment.
- 1995-1998 National Institute on Alcohol Abuse and Alcoholism. Grant No. R01 AA085593, Addiction Research Foundation, **Principal Investigator** (Co-Investigators: M. Sobell, J. Cunningham). Fostering Self-Change in Problem Drinkers.
- 1997-2001 National Institute on Alcohol Abuse and Alcoholism, Research Grant No. 1 R01 AA10246-01A2. Nova Southeastern University, **Co-Investigator** (Principal Investigator : E. F. Wagner, Co-Investigator: M. Sobell). The Effectiveness of Teen Alcohol Abuse Intervention.
- 1997-2000 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Development, Evaluation, and Dissemination of a Secondary Prevention Program for Problem Drinkers in the Mexican Social Security Institute. H. E. Ayala-Velázquez Principal Investigator; L. Echeverria San Vicente, M.B. Sobell, L. C. Sobell, H. Skinner, **Co-Principal Investigators**.
- 1998-2000 National Institute on Alcohol Abuse and Alcoholism. Grant No. R01 AA085593 (Competing Supplement Award and Administrative Supplement Award).

- Addiction Research Foundation, **Principal Investigator** (Co-Investigators: M. Sobell, J. Cunningham). Fostering Self-Change in Problem Drinkers.
- 1999 Broward County, Florida, Research Contract, **Co-Principal Investigator** (Co-Principal Investigators M. Sobell, V. Van Hasselt). Program Evaluation of Broward Sheriff's Office Drug Court Treatment Program.
- 1997-2004 Centers for Disease Control and Prevention Grant No. U84/CCU414602. Nova Southeastern University, **Co-Investigator** (M. Sobell, Principal Investigator; K. Johnson, S. Bowen Co-Investigators), Preventing Alcohol-Exposed Pregnancies Among High-Risk Women in Special Settings.
- 1999-2004 National Institute on Alcohol Abuse and Alcoholism. Grant No. 1 R01 A121180-01. Florida International University, **Co-Investigator** (Principal Investigator: E. F. Wagner). Alcohol Treatment Targeting Adolescents in Need.
- 2002-2006 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Grant No. 36266, Development of Prevention Interventions for Addictive Behaviors in Urban and Rural Communities. H. E. Ayala-Velázquez, Principal Investigator; Fernando Vazquez-Pineada, Guillermina Natera-Rey, Leticia Echeverria, Linda C. Sobell, Mark B. Sobell, Eric F. Wagner, Steven Fawcett, Jim Orford, **Co-Principal Investigators**.
- 2003-2004 Swiss Federal Office of Public Health Grant. Controlled Drinking: State of the Art and the Acceptability Among Treatment Agencies in Switzerland. **Co-Investigator** (Principal Investigator: H. K. Klingemann, Co-Investigator: M. Sobell).
- 2005-2011 Congressionally Directed Medical Research Programs. Department of Defense. United States Air Force. Grant No. PR043327. Nova Southeastern University, Smoking cessation in primary care: Minimizing weight gain through alcohol reduction. Principal Investigator: M. Sobell; **Co-Investigators: L. Sobell**, A. Peterson, Christine Hunter, Chris Hunter.
- 2004-2009 Association for Prevention Teaching and Research and Centers for Disease Control and Prevention. Grant # U50/CCU300860. Nova Southeastern University, A Media-Based Motivational Intervention to Reduce Alcohol Exposed Pregnancies. **Principal Investigator: L. Sobell**; Co-Investigators: M. Sobell, K. Johnson.
- 2006-2012 National Institute on Alcohol Abuse and Alcoholism. Grant # 1 RO1 AA015930. How Does Motivational Interviewing Work? Mechanisms of Action. Principal Investigator: Karen Ingersoll (University of Virginia); **Co-Investigators: L. Sobell**, M. Sobell, M. Velasquez.
- 2007-2010 National Institute on Alcohol Abuse and Alcoholism. Grant # 1R21AA017136-01. Promoting Self-Change From Alcohol Problems: Mechanisms of Change in a Community Based Mail Intervention. **Principal Investigator: Linda Sobell** (Co-Investigators: M. Sobell, C. Marker).
- 2007-present: Subaward, Area Health Education Center, Health Professions Division. Train health professionals to deliver smoking cessation interventions and to

provide smoking cessation services to the community and NSU faculty, staff and students. **Principal Investigators:** Linda Sobell and Mark Sobell.

- 2009-2010 National Institute on Health/National Institute of Nursing Research. Grant # 1 RO1 NR010464. Young Hispanic MSM Entre Culturas: Navigating Culture, Identity, and HIV risk. **Principal Investigator:** Isa Fernandez (Co-Investigators: S. Bowen, L. Sobell)
- 2012-2013 President's Faculty Research and Development Grant. Thinking of changing your alcohol and tobacco use? There's an APP for that! **Principal Investigator:** L. Sobell (Co-Investigators: S. Bronsburg, J. Lou, Sobell, M., Zucker, S.)

### Major Areas of Clinical and Research Expertise

- Motivational interventions
- Motivational interviewing in groups
- Preventing alcohol-exposed pregnancies
- Group therapy for substance abusers
- Time-limited cognitive-behavioral interventions for addictive behaviors
- Assessment and evaluation of addictive behaviors
- Natural recovery (self-change) from addictive behaviors
- Research dissemination
- Professional issue and ethics
- Validity of substance abusers' self-reports

### Editorial and Reviewer Experience

**Associate Editor:** Associate Editor: Multiple book series. *Advances in Psychotherapy – Evidence-Based Practice Series*. Hogrefe (Editor: D. Wedding, 2004-present).

### Editorial Boards

*Clinical Psychology: Science and Practice* (2018-present)  
*Pragmatic Case Studies in Psychotherapy* (2004-present)  
*Behaviour Research and Therapy* (1992- present)  
*Current Drug Abuse Reviews* (2007-present)  
*Health and Addictions* (2009 – present)  
*Journal of Child and Adolescent Substance Abuse* (1997-present)  
*Journal of Consulting and Clinical Psychology* (2010 – present)  
*Journal of Cognitive Psychotherapy*, Board of consulting advisors (2012- present)  
*Practice Innovations* (2016 – present)  
*Behavior Therapy* (1980 - 2013)  
*Addictive Behaviors* (1974 - 2017)  
*Psychology of Addictive Behaviors* (2004-2010)  
*the Clinical Psychologist* (2003-2004)  
*Behavior Modification* (1976 - 2008)  
*Clinical Psychology Review* (1993- 2006)  
*Behavioral Residential Treatment* (1983 - 1997)  
*Behavioral Assessment* (1979 - 1992)



*Journal of Substance Abuse (1987 - 2001)***Guest Reviewer**

*Addictions*  
*Alcohol Health and Research World*  
*Alcoholism: Clinical and Experimental Research*  
*American Psychologist*  
*Behavior Therapy*  
*Behavior Therapy and Experimental Psychiatry*  
*Biofeedback and Self-Regulation*  
*Canadian Journal of Behavioural Science*  
*Canadian Medical Association Journal*  
*Clinical Psychology Review*  
*Cognitive Therapy and Research*  
*Criminal Justice and Behavior*  
*Drug and Alcohol Dependence*  
*Family Violence*  
*Health Psychology*  
*Journal of Abnormal Psychology*  
*Journal of Anxiety Disorders*  
*Journal of Applied Behavior Analysis*  
*Journal of Applied Social Psychology*  
*Journal of Behavioral Medicine*  
*Journal of Community Psychology*  
*Journal of Consulting and Clinical Psychology*  
*Journal of Speech and Hearing Research*  
*Journal of Studies on Alcohol*  
*Language and Speech*  
*Preventive Medicine*  
*Psychological Bulletin*  
*Psychology of Addictive Behaviors*

**Other Editorial Experiences**

2012 – present: Board of Consulting Advisors for *Journal of Cognitive Psychotherapy*  
 Special issue: *Addictive Behaviors*, Contributions of basic research to the treatment of substance abuse, 1981, 6, (3). (M. Sobell, H. Cappell, & **L. Sobell**, Guest Editors).  
 Theme issue: *Drugs & Society*. Moderation as a goal and/or outcome of treatment or alcohol problems, Winter 1986/Spring 1987, 1, (2/3). (M. Sobell & **L. Sobell**, Guest Editors)  
 Special Issue: *Advances in Behaviour Research and Therapy*, Treatment outcome methodology in adult clinical disorders. 1989, 11, (3) (**L. C. Sobell** & M. B. Sobell, Guest Editors).  
 Special Issue: *Advances in Behaviour Research and Therapy*, Two decades of behavioural research in the alcohol field: Change, challenge, and controversy, 1987, 9, (2/3). (**L.C. Sobell** & M. B. Sobell, Guest Editors)

Special Issue: *Behavioral Assessment*, Self-reports across addictive behaviors. Issues and future directions in clinical and research Settings: 1990, *12*, (1) (L. C. Sobell & M. B. Sobell, Guest Editors).

Special Issue: *Substance Use & Misuse*, Natural recovery research across substance use, 2001, *36*, (11) (H. K-H. Klingemann & L. C. Sobell, Guest Editors).

Special Section: *Behaviour Research and Therapy*, Clinically useful assessment instruments for substance abuse: 2002, *40* (M. B. Sobell & L.C. Sobell, Guest Editors).

Special Issue: *Clinical Psychology: Science and Practice*. Comorbidity and Beyond: Substance Use, Health, and Mental Health (2007) (M. B. Sobell & L.C. Sobell, Guest Editors).

### Reviewer: Grants, Books, Manuals, and Videotapes

Center for Substance Abuse Treatment (2000)

Springer Publishing Co. (1979, 1999)

Guilford Press (1998)

University Press of New England (1981)

Medical Research Council of Canada (1981; 1989; grant reviewer)

Veterans Administration (1982; grant reviewer-Brockton, MA)

Ontario Ministry of Health (1983; grant reviewer)

Oxford University Press (1998)

Veterans Administration (1984-1987; grant reviewer-Washington, DC)

University of Chicago Press (1988; 1995)

University of Toronto Faculty of Medicine, *Health News* (1990)

National Health Research and Development Program (1990, grant reviewer)

Wm. C. Brown Publishers (1990)

Fourth Triennial Report to Congress on Drug Abuse and Drug Abuse Research (1991)

Brown and Benchmark Publishers (1994)

Time Life Medical Videotape on Alcoholism (1996)

Swiss Institute for the Prevention of Alcohol and Drug Problems (1997)

British Columbia (Canada) Health Research Foundation (1997)

Alcohol Education and Rehabilitation Foundation, Australia (2003; grant reviewer)

Swiss Foundation for Research and Alcoholism (2006; grant reviewer)

### Participation in Federal Advisory and Grant Review Groups

1972	Alcoholism Study Section, Extramural Research Division, National Institute of Mental Health.
1978	VA Cooperative Study #139, "The Effects of Lithium Salts as a Treatment for Alcoholism." Baltimore, Maryland.
1978-1981	Services Analysis Branch, National Institute on Alcohol Abuse and Alcoholism.
1979	Alcohol Epidemiology questionnaire development for use in the National Center on Health Statistics Surveys. National Institute on Alcohol Abuse and Alcoholism (contracted through Ebon Research Systems),
1979	National Center for Alcohol Education, Arlington, Virginia.
1980-1981	Alcohol Epidemiologic Data System Advisory Committee. National Institute on Alcohol Abuse and Alcoholism (contracted through General Electric Co.).

- 1989-1990 National Transportation Safety Board, Washington, DC.
- 1992-1994 Working Group on Standardization of Methodology for Clinical Trials of Alcohol Therapies. National Institute on Alcohol Abuse and Alcoholism.
- 1992-1995 Alcoholism Assessment Panel. National Institute on Alcohol Abuse and Alcoholism.
- 1992 Consultant, Survival Analysis Study of Alcoholism. National Institute on Alcohol Abuse and Alcoholism.
- 1992 Ad hoc grant reviewer, National Institute on Alcohol Abuse and Alcoholism.
- 1994 Ad hoc grant reviewer, National Institute on Alcohol Abuse and Alcoholism.
- 1995 Technical Conference on Substance Abuse Prediction Tools. United States Air Force. San Antonio, TX.
- 1995 Conference on OPHSA's Put Prevention into Practice Program (PPP). United States Air Force. San Antonio, TX.
- 1995 Centers for Disease Control and Prevention, Expert Panel on "Validity of Self-Reported Sexual Behavior Among Adolescents." Atlanta, GA.
- 1996 Joint Working Group to Establish Standards for Research in Investigations of Biochemical Markers. National Institute on Alcohol Abuse and Alcoholism and Pharmacia Columbus, Ohio.
- 1997 Technical Assistance Workshop for Treatment Research. National Institute on Alcohol Abuse and Alcoholism. Baltimore, MD.
- 1997 Special Emphasis Panel. AIDS Prevention. National Institute on Alcohol Abuse and Alcoholism. Rockville, MD.
- 1998-2002 Alcoholism Assessment Panel. National Institute on Alcohol Abuse and Alcoholism. Rockville, MD. Rockville, MD.
- 2000 Special Emphasis Panel. Adolescence and Alcoholism. National Institute on Alcohol Abuse and Alcoholism. Rockville, MD.
- 2000 Special Emphasis Panel. Pathological Gambling. National Institute on Mental Health. Rockville, MD.
- 2002 Chair, Special Emphasis Panel. Alcohol Research Center Reverse Site Visit and Review Meeting. National Institute on Alcohol Abuse and Alcoholism. Rockville, MD.
- 2003 Chair, Special Emphasis Panel. Alcohol Research Center Reverse Site Visit and Review Meeting. National Institute on Alcohol Abuse and Alcoholism. Rockville, MD.
- 2004 Centers for Disease Control and Prevention, Panel on Preventing Fetal Alcohol Syndrome in the Community. Atlanta, GA.
- 2005 Special Emphasis Panel. Alcohol Research Center Reverse Site Visit and Review Meeting. National Institute on Alcohol Abuse and Alcoholism. Rockville, MD.

### **Offices and Service in Professional Organizations**

- 1976 Program and Convention Arrangements Chairperson, Tennessee Psychological Association.
- 1978 Middle Tennessee Vice-President, Tennessee Psychological Association.
- 1979 Convention Treasurer, Tennessee Psychological Association.

- 1981-1982 Chair Nominations and Elections Committee, Association for Advancement of Behavior Therapy.
- 1981-1985 Coordinator of Membership Affairs, Board of Directors, Association for Advancement of Behavior Therapy.
- 1983-1984 Chair, Ad Hoc Committee on Distinguished Service Awards, Association for Advancement of Behavior Therapy.
- 1984 Local Arrangements Chairperson, Division 38, American Psychological Association.
- 1986 Chair, Ad Hoc Committee on Self-Definition and Public Presentation, Association for Advancement of Behavior Therapy.
- 1985-1988 Representative-at-Large, Association for Advancement of Behavior Therapy.
- 1988-1992 Secretary-Treasurer and Chair, Finance Committee, Association for Advancement of Behavior Therapy.
- 1993-1995 Publications Committee, Association for Advancement of Behavior Therapy.
- 1993-1994 President, Association for Advancement of Behavior Therapy.
- 1997-2000 Coordinator of Publications, Association for Advancement of Behavior Therapy.
- 1997-2003 Publications Committee, Association for Advancement of Behavior Therapy.
- 1998 – present Member, International Advisory Council, SMART Recovery.
- 2000-2001 Task Force, Financial Viability. Association for Advancement of Behavior Therapy.
- 2002-2003 Chair, Fellows and Awards Committee. Division 50, American Psychological Association.
- 2003-present International Advisory Board, Moderation Management.
- 2000-2002 Editor, AABT Video Series, Association for Advancement of Behavior Therapy.
- 2004-2006 Board, Division 12, Society of Clinical Psychology. American Psychological Association.
- 2005 President, Division 12, Society of Clinical Psychology. American Psychological Association (President-elect 2004; Past-President 2006).
- 2004-2006 Awards Committee, Division 12, Society of Clinical Psychology. American Psychological Association.
- 2004-2006 Publications Committee. Division 12, Society of Clinical Psychology. American Psychological Association.
- 2004-2006 Finance Committee. Division 12, Society of Clinical Psychology. American Psychological Association.
- 2005 Chair, Nominations and Election Committee. Division 12, Society of Clinical Psychology. American Psychological Association.
- 2006 Chair, Awards Committee. Division 12, Society of Clinical Psychology. American Psychological Association.
- 2005-2013 Division 28: Liaison to Division 50. American Psychological Association.
- 2005-2006 Division 28: Liaison to Division 12. American Psychological Association.
- 2005-2006 Division 12: Liaison to Division 50. American Psychological Association.
- 2006 Archives and Clinical Grand Rounds Selection Committee, Association for Behavior and Cognitive Therapy.

- 2008-2010 Nominations and Election Committee. Division 12, Society of Clinical Psychology. American Psychological Association.
- 2005-2006 Chair, Ad Hoc Committee on Diversity, Multiculturalism, and Inclusivity, Division 12, Society of Clinical Psychology. American Psychological Association.
- 2006-2007 Chair, Ad Hoc Identity Task Force Committee, Division 12, Society of Clinical Psychology. American Psychological Association.
- 2007-2009 Council Representative, American Psychological Association (Representing Division 12).
- 2007-2009 Board, Division 12, Society of Clinical Psychology. American Psychological Association.
- 2008-2009 Chair, Assembly of Scientist/Practitioner Psychologists, American Psychological Association.
- 2009 Subcommittee on Establishing a Mechanism For Practitioners to Provide Feedback to Researchers. Division 12, Society of Clinical Psychology. American Psychological Association.
- 2009 Task Force on Public Perception of Clinical Psychologists Outside of APA. Division 12, Society of Clinical Psychology. American Psychological Association.
- 2011 Research Society on Alcoholism, Program Committee on Medical Clinical Submissions.
- 2011- 2013 Publications Committee Member. Division 12, Society of Clinical Psychology. American Psychological Association.
- 2010-present Board member, American Board of Behavioral and Cognitive Psychology, Affiliate of the American Board of Professional Psychology (ABPP)
- 2011 - 2013 Treasurer, American Board of Behavioral and Cognitive Psychology.
- 2013 Chair, Publications Committee. Division 12, Society of Clinical Psychology. American Psychological Association.
- 2013 Examination Coordinator, American Board of Behavioral and Cognitive Psychology.
- 2013 - 2015 Board member, Division 50. Society of Addiction Psychology. American Psychological Association.
- 2013 - 2015 Council Representative, American Psychological Association (Representing Division 50 (Science), Society of Addiction Psychology.
- 2013- 2015 Board Member, Division 50 (Science), Society of Addiction Psychology. American Psychological Association.
- 2013 – present Inaugural member of the Faulk Center for Counseling Professional Leadership Council, Boca Raton, FL.
- 2014 - 2017 Member, Board of Trustees of the American Board of Professional Psychology as board representative for Behavioral and Cognitive Psychology (member: Affiliations Committee and member Standards Committee)
- 2014 - present Member, Fellows Committee. Association for Behavioral and Cognitive Therapies.
- 2019-present Chair, Fellows Committee. Association for Behavioral and Cognitive Therapies.
- 2016 - 2018 Board Member, Division 50. Society of Addiction Psychology. American Psychological Association.

- 2016 - 2018 Council Representative, American Psychological Association (2<sup>nd</sup> term; Representing Division 50, Society of Addiction Psychology.
- 2016 - 2018 Member, Board of Scientific Affairs. American Psychological Association.
- 2016 – 2018 Co-Chair, Addictive Psychology, Subspecialty Special Interest Group, American Board of Professional Psychology.
- 2018 - 2021 Member (2<sup>nd</sup> 4-year term), Board of Trustees of the American Board of Professional Psychology as board representative for Behavioral and Cognitive Psychology (member: Convocation and Awards Committee; Marketing/Outreach Task Force; ABPP Outcomes Evaluation Task Force.
- 2019- President-Elect, Division 50, Society of Addiction Psychology. American Psychological Association.
- 2019-2021 Ethics Committee, American Board of Professional Psychology.

### Consulting Experience

- 1972 State of California, Alcoholism, Sacramento, California.
- 1973-1974 Special Project Alcohol and Narcotics (SPAN), California State Polytechnic University, Pomona, California.
- 1974-1977 Institute for Behavioral Research, Silver Springs, Maryland.
- 1974-1975 Alcohol Programs, Broughton Hospital, Morganton, North Carolina.
- 1974-1980 Consultant. Employees Assistance Program, Arnold Research Organization, Werthan Industries, Vanderbilt University, U.S. Army Corps of Engineers, and Hospital Affiliates.
- 1975 Giles County Mental Health Center, Pulaski, Tennessee.
- 1975 Randolph Clinic, Charlotte, North Carolina.
- 1975 Northside Mental Health Center, Atlanta, Georgia.
- 1976 Addiction Research Foundation, Toronto, Canada.
- 1976 Alcoholism Program, Mental Health-Mental Retardation Comprehensive Care Center, Hazard, Kentucky.
- 1977 Behavioral Science Research Institute, Coral Gable, Florida.
- 1978-1980 VA Hospital, Brockton, Massachusetts.
- 1978 Rand Corporation, Santa Monica, California.
- 1978 Professional Examination Service, Test item construction for National certification examination for drug abuse and alcoholism counselors.
- 1979 Butler Hospital, Providence, Rhode Island.
- 1980 State University of New York at Buffalo, Medical School.
- 1981 Blue Cross Blue Shield of Rhode Island.
- 1985 Department of Psychiatry, University of Texas Medical School at Houston, TX.
- 1988 Upjohn, Kalamazoo, Michigan.
- 1990 Addiction Research Institute of Victoria, Melbourne, Australia.
- 1990 Drug and Alcohol Services, Royal Prince Alfred Hospital, Sydney, Australia.
- 1992 North Bay Psychiatric Hospital, North Bay, Ontario, Canada.
- 1994 University of Vermont, Department of Psychiatry, Burlington, VT.
- 1994 Research Institute on Addictions, Dr. L. Collins, Buffalo, NY.
- 1995 University of Cincinnati, Department of Nursing, Cincinnati, OH.

- 1996 Pharmacia & Upjohn Diagnostics Clinical Trial (CDTect) Investigators Meeting, Columbus, Ohio.
- 1996 St. Goran's Hospital, Psychiatric Clinic for Addictions, Stockholm, Sweden.
- 1997 Mayo Clinic, Rochester, MN.
- 1999 University of San Diego and Veterans Administration Hospital, Adolescent Substance Abuse Program, La Jolla, CA.
- 1999 University of Memphis, Memphis, Tennessee.
- 1999 Mayo Clinic, Rochester, MN.
- 1999 University of Missouri-Columbia, School of Nursing, Columbia, MO.
- 1999-2000 Behavior Therapy Associates, Albuquerque, NM.
- 2000 Butler Center for Research at Hazelden, Center City, MN.
- 2000 Galaxo-Wellcome, Paris, France.
- 2004 Boston University, School of Public Health, Boston, MA.
- 2002 Ohio Board of Regents. Cincinnati, OH.
- 2002-2004 National Development and Research Institutes, New York City, NY.
- 2002-2003 Bristol-Meyers Squibb Company, New York City, NY.
- 2003-2004 Swiss Federal Office of Public Health, Bern, Switzerland.
- 2004-2005 Gerson Lehrman Group's Council of Healthcare Advisors, NY, NY.
- 2004-2005 Centers for Disease Control and Prevention. State-Based Fetal Alcohol Syndrome Prevention Cooperative Agreements, Atlanta, GA.
- 2004-2005 Spacegate Inc., Scientific Advisory Board Livingston, NJ.
- 2004-2005 Enhancing Alcohol Assessment with Wireless Handheld Computers. Emory University, Atlanta, GA.
- 2005 SAMHSA, Fetal Alcohol Spectrum Disorders, Center for Excellence, New York.
- 2005-2006 Henderson Mental Health Center, Bridge Project, Fort Lauderdale, FL.
- 2006 University of South Florida, A Women's-Only Phase II Cardiac Rehabilitation Program, Tampa, FL.
- 2006, 2010 Faculty of Psychology in the State University of St. Petersburg, St. Petersburg, Russia.
- 2006 Astra Zeneca, Wilmington, DE.
- 2007 Südhang, Klinik für Suchttherapien Südhang, Switzerland.
- 2008-2014 Centers for Disease Control and Prevention, Dissemination of Project CHOICES to community programs, Atlanta, GA
- 2008-2014 Lundbeck, Copenhagen, Denmark.
- 2008 Schering-Plough, Netherlands.
- 2009 SAMHSA, Fetal Alcohol Spectrum Disorders, Center for Excellence, New York.
- 2010-2012 Scimetrika and Centers for Disease Control. Atlanta, GA.
- 2013-2014 Henry M. Jackson Foundation for the Advancement of Military Medicine and the Center for Deployment Psychology (CDP), Bethesda, MD. Prepared a curriculum 2-hour slide deck on "*Alcohol and drug use in military veterans*" to be used by CDP instructors at trainings for civilian mental health providers.
- 2014 Sage Publishing. Review of book prospectus.
- 2014 - 2015 Bracket Global (specialty services provider helping pharmaceutical sponsors) Wayne, PA.

- 2016 American Association of Suicidology. Washington, DC. Prepared a curriculum (a) 2-hour and (b) 2-day slide deck on “*Using Motivational Interviewing and evidence-based approaches for assessing and treating substance use disorders with National Guard and Reserve Personnel and their families*” to be used for training civilian mental health providers.
- 2017 Novartis, Basel, Switzerland.
- 2017-2018 Janssen Pharmaceuticals, Titusville, NJ.

### Other Professional Experience

- 1972 Visiting faculty, San Diego Summer School of Alcohol Studies, U. C. San Diego, California.
- 1973 Visiting faculty, Eleventh Annual Florida School of Alcohol Studies, Avon Park, Florida.
- 1974 Keynote Speaker, Conference, “Community Responsiveness to Problem Drinking,” Henderson County Mental Health Center, Henderson, Nevada.
- 1975 Visiting faculty, Clinical Institute Seminar and Lecture Series, Addiction Research Foundation, Toronto, Ontario.
- 1975 Keynote Speaker, Youth Awareness Conference, Nolensville Jaycees, Nashville, Tennessee.
- 1976-1980 Member, Advisory Council, Samaritan’s, Nashville, Tennessee.
- 1976 Member State of Tennessee Alcohol and Drug Regional Training Committee.
- 1976 Visiting faculty, Continuing Education Course on “Behavioral Approaches to Medical Practice,” Duke University, Durham, North Carolina.
- 1976 Chairperson, Paper, “Students’ Research in Psychology.” Tennessee Psychological Association & Tennessee Association for Psychologists in Schools Annual Convention, Nashville, Tennessee.
- 1977 Co-Director, Conference “Alcohol and Drug Treatment Outcome Evaluation,” Nashville, Tennessee.
- 1977 Chairperson, Symposium, “New Directions in Alcohol Treatment Outcome Evaluation Research.” Southeastern Psychological Association, 23<sup>rd</sup> Annual Meeting, Hollywood, Florida.
- 1978 Co-Leader, Invited Conversation Hour, Tennessee Association for Behavior Therapy, Nashville, Tennessee (with M. Sobell).
- 1978-1980 Member, Advisory Board, Mid-Cumberland Council on Alcohol and Drugs, Nashville, Tennessee.
- 1978 Keynote Speaker, Psi Chi Day, Fort Hays State College, Hays, Kansas.
- 1979 Member, Oral examination committee for licensure, Tennessee Board of Examiners in Psychology.
- 1981-1983 Chairman, Sociobehavioral Treatment Research Review Committee, Addiction Research Foundation, Toronto.
- 1982 Co-Host, Poster, Substance Abuse: Smoking, Drug Abuse, Excessive Alcohol Consumption, Association for Advancement of Behavior Therapy, Los Angeles, CA.
- 1982-1983 Member, Advisory/Steering Committee, World Congress on Behavior Therapy.



- 1984-1986 Associated Member, Faculty of Graduate Studies, University of Guelph, Ontario, Canada.
- 1985-1990 Member, Research Program Advisory Committee, Earls court Child and Family Centre, Toronto.
- 1986-1987 Member, Convention Program Committee, Association for Advancement of Behavior Therapy.
- 1987 Convention program proposal reviewer, Canadian Psychological Association.
- 1987-1988 Member, Convention Program Committee, Association for Advancement of Behavior Therapy.
- 1987-1988 Workshop Coordinator, Association for Advancement of Behavior Therapy.
- 1988 Host, Poster, Addictive Behaviors and Weight, Association for Advancement of Behavior Therapy, New York, NY.
- 1989 Consultant, Professional Consultation Series, 23<sup>rd</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Washington, DC.
- 1989-1992 Member, International Advisory Committee, World Congress of Cognitive Therapy.
- 1990 Consultant, Professional Consultation Series, 24<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- 1991 Consultant, Professional Consultation Series, 25<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New York, NY.
- 1995 Chair, Committee on Clinical Assessment Handbook, Association for Advancement of Behavior Therapy.
- 1995 Panelist. "How can AABT actively promote more behavior therapy training in psychiatry residency programs." 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- 1995 Discussant. Symposium on "Assessment issues related to substance abuse in special populations." 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- 1996 Convention program proposal reviewer, American Psychological Association.
- 1996-2000 Advisor, American Psychiatric Association, *Handbook on Psychiatric Measures*.
- 1997 Discussant. International Workshop on Consumption Measures and Models for Use in Policy Development and Evaluation. National Institute on Alcohol Abuse and Alcoholism. Bethesda, MD.
- 1997 Discussant. Symposium on "Disseminating cognitive behavioral substance abuse treatments to community practitioners." American Psychological Association, Chicago, IL.
- 1997 Discussant. Symposium on "Broadening the base of intervention for addictive behaviors: Combining clinical and public health approaches." 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- 1997 Speaker. Campuses Addressing Substance Abuse (CASA), Peer Education Consortium Day, Miami, FL.
- 1997-2001 Member, Local Arrangements and Organizing Committee, World Congress of Behavior and Cognitive Therapies. 2001, Vancouver, Canada.

- 1998 Panel Discussant, Practice Guidelines for Substance Use Disorders: Good Science” Good Practice. 32<sup>nd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC. Expert Reviewer.
- 1998 American Psychological Association Student Travel Award Program.
- 1998-1999 Panel Review Member, Treatment Improvement Protocol (TIP) on Enhancing Motivation for Change. CDM Group, Chevy Chase, MD.
- 1998 Reviewer. American Psychological Association Student Travel Award Program.
- 1999 Reviewer. American Psychological Association Student Travel Award Program
- 1999 Co-Director, International Conference on Natural History of Addictions: Recovery from Alcohol, Tobacco, and Other Drug Problems Without Treatment, Les Diablerets, Switzerland.
- 2000 Discussant. Symposium on “Wannta Bet” Treating Compulsive Gamblers. 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- 2004-2006 Member, Scientific Committee for the World Congress of Behavior and Cognitive Therapy. 2001, Vancouver, Canada.
- 2001 Reviewer. American Psychological Association Student Travel Award Program.
- 2001 Featured Discussant at symposium on “Adolescent and Alcohol Abuse: New Knowledge, New Challenges” sponsored by the National Institute on Alcohol Abuse and Alcoholism at the 13<sup>th</sup> annual conference of the American Psychological Society, Toronto, Canada.
- 2001 Discussant. Symposium on “Adolescent Substance Use and Abuse: Maintenance and Change.” World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
- 2002 Chair. Panel on “Perspectives From Social Action. Conference on “Science Meets Practice: Self-Change from Addictions: Implications for Therapy. Social Action and Policy.” Swiss Federal Office of Public Health and the University of Applied Sciences. Bern, Switzerland.
- 2002 Panelist. Work Group: Alcohol Use and Harm Reduction From a Health Point of View. 1<sup>st</sup> International Conference on Harm Reduction and Alcohol: Towards a Comprehensive Alcohol Policy for Countries in Transition and Developing Countries. Recife, Brazil.
- 2003 Member, Scientific Committee for the World Congress of Behavioral and Cognitive Therapies, 2004, Kobe, Japan.
- 2004 Panel Discussant, “Rapid Response to CBT Treatment: Implications and Setting a Research Agenda.” Presented at the 38<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy. New Orleans, LA.
- 2006 Invited Past Presidents Panel. Dissemination and the Public Face of CBT. “Dissemination of Evidence Based Practice (EBP) to Practitioners” Presented at the 40<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 2006.
- 2007 Discussant. Symposium on “Recent Research in the Treatment and Prevention of Problem Gambling. 41<sup>st</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- 2008 Consultant, Consumer Panel, Thomson Scientific Annual Sales Meeting, Academic and Government Markets, Hollywood, FL.
- 2009 Northrop Grumman Health Solutions, SAMHSA FASD Center for Excellence, Rockville, MD.
- 2010 Invited Panelist. What the Clinician and Researcher Need From Each Other. American Psychological Association. San Diego, CA.
- 2010 Panel Discussant, "Needed: A Two-Way Bridge Between Research and Practice." Presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- 2011 Moderator, Invited Address "Tribute to Dr. G. Alan Marlatt: Visionary, Pioneer, and Luminary in Addictions Research and Treatment. Presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies. Toronto, ON, Canada.
- 2011 Discussant, Symposium on "Building a Two-Way Bridge Between Research and Practice: Disseminating Clinical Experiences in Conducting Empirically Supported Treatments. Presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies. Toronto, ON, Canada.
- 2011 Panel Discussant, The Re-Organization of Addictions Research at NIH: What Does it Mean for Behavioral Research? Presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies. Toronto, ON, Canada.
- 2012 Visiting Lecturer, Departamento de Psicología de la Salud, Universidad Miguel Hernández, Elche, Spain. La Entrevista Motivacional en Psicología de la Salud (Motivational Interviewing in Health Psychology).
- 2012 Panel Discussant, Staying to the end: What do we know about premature termination in CBT and what we do about it. Annual Meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

### Workshops/Institutes

- 1973 Eleventh Annual Florida School of Alcohol Studies, Avon Park, Florida.
- 1974 Guest presentation, Workshop, "A Critical Evaluation of Behavioral Efforts to Assess and Treat Alcoholism," Peter E. Nathan, Director, Meeting of the Association for Advancement of Behavior Therapy, Chicago, IL (with M. Sobell).
- 1974 "Behavior Modification Approaches to Community Alcoholism Programs," Rocky Mountain Conference on Behavior Modification and Social Design, Denver, Colorado (with M. Sobell).
- 1975 Complex Behavioral Analysis of Alcohol Dependence," Clinical Institute and Lecture Series, Addiction Research Foundation, Toronto, Ontario (with M. Sobell).
- 1975 "New Trends in Alcohol Treatment," Northside Mental Health Center, Atlanta, Georgia (with M. Sobell).
- 1975 "Pragmatic Strategies in the Treatment of Problem Drinkers," Conference on "Behavioral Approaches to Alcoholism and Drug Dependencies," University of Washington Alcoholism and Drug Abuse Institute, Seattle, Washington (with M. Sobell).

- 1975 “Complex Behavioral Analysis of Alcohol Dependence: Implications for Treatment Strategies,” Association for Advancement of Behavior Therapy, San Francisco, CA (with M. Sobell).
- 1976 “The Use of Behavioral Analysis in the Treatment of Alcohol Problems,” Psychotherapy Associates Winter Workshop, Colorado Springs, CO (with M. Sobell).
- 1976 “Behavioral Treatment Approaches to Alcohol Problems,” Florida Psychological Association, Orlando, FL (with M. Sobell).
- 1976 “Alcohol Treatment Outcome Evaluation,” Kentucky Alcohol Forum, Kentucky Association on Alcohol Abuse and Alcoholism, Louisville, KY.
- 1977 “Alcohol Treatment Outcome Evaluation,” National Institute on Alcohol Abuse and Alcoholism, Division of Special Treatment and Rehabilitation, Rockville, Maryland.
- 1977 “Alcohol Treatment Outcome Evaluation,” Association for Advancement of Behavior Therapy, Atlanta, GA (with M. Sobell).
- 1978 “Issues in the Behavioral Treatment of Alcohol Problems,” Southeastern Psychological Association, Atlanta, GA (with M. Sobell).
- 1978 “Member of presenting staff, Tennessee Department of Mental Health and Mental Retardation, Workshop on Alcohol and Drug Treatment Outcome Evaluation.”
- 1982 “Assessment and Treatment Planning with Alcohol Abusers: Application of Research Advances to Clinical Practice.” Association for Advancement of Behavior Therapy, Los Angeles, CA (with M. Sobell).
- 1988 “Timeline Followback: A Review of Clinical and Research Findings and Clinical Practice Interviewers.” Upjohn, Kalamazoo, Michigan.
- 1989 “Assessment and Treatment Planning with Psychoactive Substance Abusers: Alcohol, Nicotine, and Other Drugs.” Association for Advancement of Behavior Therapy, Washington, DC.
- 1990 “Behavioral assessment and treatment planning with psychoactive substance abusers: Alcohol, nicotine, and other drugs.” Fifth International Conference on Treatment of Addictive Behaviors, Sydney, Australia.
- 1990 “Assessment and Treatment Planning with Psychoactive Substance Abusers: Alcohol, Nicotine, and Other Drugs.” Association for Advancement of Behavior Therapy, San Francisco, CA.
- 1991 “Behavioral Assessment and Selected Clinical Issues with Alcohol, Nicotine, and Other Drugs Abusers.” Association for Advancement of Behavior Therapy, New York, NY.
- 1992 “Behavioral Assessment and Interviewing with Alcohol and Other Drugs Abusers.” North Bay Psychiatric Hospital, North Bay, Canada.
- 1992 “Behavioral Assessment and Interviewing with Alcohol, Nicotine, and Other Drugs Abusers.” Association for Advancement of Behavior Therapy, Boston.
- 1993 “Behavioral Assessment and Interviewing with Alcohol, Nicotine, and Other Drugs Abusers.” Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.

- 1993 “Behavioral Assessment and Interviewing.” Summer Institute in Addiction Studies, Addiction Research Foundation, Toronto, Ontario.
- 1994 “Recent Developments in Assessment and Interviewing.” Summer Institute in Addiction Studies, Addiction Research Foundation, Toronto, Ontario.
- 1995 “Guided Self-Change: A Brief Cognitive-Behavioral Treatment for Problem Drinkers.” World Congress of Behavioural and Cognitive Therapies, Copenhagen, Denmark (with M. Sobell).
- 1995 “Recent Developments in Assessment and Interviewing.” Summer Institute in Addiction Studies, Addiction Research Foundation, Toronto, Ontario.
- 1995 “Guided Self-Change: A Cognitive Behavioral Intervention for Alcohol Abusers.” 37<sup>th</sup> International School of Alcohol Studies. Prevention Through Treatment: A Look at New and Emerging Models. University of North Dakota, Grand Forks, ND.
- 1995 “Guided Self-Change: A Cognitive Behavioral Intervention for Alcohol Abusers.” Third Annual Kentucky Conference on Advanced Studies in Psychopathology. “Alcoholism: Recent Advances in Etiology and Treatment.” University of Kentucky, Lexington, KY.
- 1995 “Motivational Interviewing Skills and Techniques for Physicians.” U. S. Air Force, San Antonio, TX.
- 1996 “Guided Self-Change: A Cognitive Behavioral Intervention for Alcohol and Drug Abusers.” University of Southern California, Los Angeles, CA.
- 1996 “Guided Self-Change: A Cognitive Behavioral Intervention for Alcohol and Drug Abusers.” St. Goran’s Hospital, Psychiatric Clinic for Addictions, Stockholm, Sweden.
- 1996 “Guided Self-Change: A Cognitive Behavioral Intervention for Alcohol and Drug Abusers.” West Virginia Psychological Association. West Virginia.
- 1996 “Guided Self-Change: A Cognitive Behavioral Intervention for Alcohol and Drug Abusers.” Ontario Psychological Association. Toronto, Ontario, Canada.
- 1996 “Guided Self-Change: A Cognitive Behavioral Intervention for Alcohol and Drug Abusers.” Nova Southeastern University, Fort Lauderdale, FL.
- 1996 “Motivational Interventions for Self-Change for Substance Abusers.” Cox Health Systems Springfield, MO.
- 1996 “Timeline Followback: A Review of Clinical and Research Findings and Clinical Practice Interviewers.” Pharmacia & Upjohn Diagnostics Clinical Trial. Columbus, OH.
- 1997 “Guided Self-Change: Helping Problem Drinkers and Drug Users To Help Themselves.” Mental Health Training and Resource Cooperative, Nova Southeastern University Ft. Lauderdale, FL.
- 1997 “Guided Self-Change: Helping Problem Drinkers and Drug Users Help Themselves.” Nursing In-service Broward County Health Department, Ft. Lauderdale, FL.
- 1997 “Guided Self-Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Postdoctoral Institute at the American Psychological Association Convention, Chicago, IL.

- 1997 “Guided Self–Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Florida Psychological Association Convention, Fort Lauderdale, FL.
- 1998 “Guided Self–Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Nova Scotia Psychological Association, Halifax, Nova Scotia.
- 1998 “Guided Self–Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Nova Southeastern University, Orlando, FL.
- 1998 “Teaching Ethical and Professional Issues for Psychologists.” Faculty of Psychology, National University of Mexico, Mexico City, Mexico.
- 1998 “Guided Self–Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Association for Behavior Analysis. 24<sup>th</sup> Annual Convention, Orlando, FL.
- 1998 “Guided Self–Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Syracuse University, Syracuse, NY.
- 1998 “Guided Self–Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Old Dominion University, Norfolk, VA.
- 1999 “Guided Self–Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Florida Psychological Association and the Florida Alcohol and Drug Diagnosis Conference, Miami, FL.
- 2000 “Motivational Enhancement Training for Substance Abusers.” Center for Drug Free Living. Orlando, FL.
- 2000 “Motivational Interviewing: Preparing people to change their behaviors.” Mental Health Association of Broward County. Lauderhill, FL.
- 2000 “Motivational Interventions for Alcohol and Drug Abusers.” Association for Advancement of Behavior Therapy, New Orleans, LA.
- 2000 “Motivational Interventions for Alcohol and Drug Abusers.” Annual meeting of the French Association of Cognitive Behavior Therapy, Paris, France.
- 2000 “Brief Motivationally Based Cognitive Behavioral Interventions for Alcohol Abuse.” 7<sup>th</sup> Annual Leroy Memorial Conference. Eastern Virginia Medical School, Department of Psychiatry and Behavioral Science. Norfolk, VA.
- 2000 “Timeline Followback: A Review of Clinical and Research Findings and Clinical Practice Interviewers.” Galaxo-Wellcome, Paris, France.
- 2001 “Guided Self-Change Treatment for Alcohol and Drug Abusers in Group and Individual Settings” (4-day workshop). May School for Addictions Conference on Spirituality and Motivation in the Treatment of Addictive Behaviors, Center for Alcohol and Substance Abuse, University of New Mexico, Santa Fe, NM.
- 2001 “Motivational Enhancement Interventions with Alcohol and Drug Abusers.” APA Division 12, Professional Development Institute at the American Psychological Association Convention, San Francisco, CA.
- 2001 “Motivational Interviewing: Preparing people to change their behaviors.” Mental Health Association of Broward County. Lauderhill, FL (4 one day workshops)
- 2001 “Legal and Ethical Issues in Psychology.” Florida Psychological Association, Fort. Lauderdale, FL.

- 2001 “Motivational Interviewing: Preparing people to change their behaviors.”  
Family Centered Substance Abuse Services. Tampa, FL.
- 2001 “Motivational Interviewing: Preparing people to change their behaviors.”  
Department of the Air Force, Department of Psychology, Wilford Hall  
Medical Center, San Antonio, TX.
- 2002 “Motivation Interviewing.” San Francisco Department of Public Health and  
Community Mental Health Services. Eighth Annual Conference on Dual  
Disorders. San Francisco, CA.
- 2002 “Contemporary Ethical, Professional, and Legal Issues Facing the Profession of  
Psychology.” Nova Southeastern University, Ft. Lauderdale, FL
- 2002 “Motivational Interviewing.” Conference on “Science Meets Practice: Self-  
Change from Addictions: Implications for Therapy. Social Action and  
Policy.” Swiss Federal Office of Public Health and the University of Applied  
Sciences. Bern, Switzerland.
- 2002 “Motivation Interviewing: Preparing people to change their substance use.”  
Kids in Distress. Broward County Mental Health Association, Fort  
Lauderdale, FL.
- 2002 “Motivation Interviewing: Preparing people to change their substance use.”  
Florida Alcohol and Drug Abuse Association. Three regional 2-day  
workshops (Orlando, Jacksonville, Ft. Lauderdale).
- 2002 “Using Motivational Interviewing Strategies in Group Therapy and Follow-up  
Training.” Family Centered Substance Abuse Services. Tampa, FL.
- 2002 “Motivational Interviewing: Preparing people to change their behaviors.” 2-day  
workshop. United States Navy, Pensacola, FL.
- 2002 “Using Motivational Interviewing Strategies in Group Therapy.” Invited  
Institute. Association for Advancement of Behavior Therapy, Reno, NV.
- 2002-2003 “Motivational Interviewing” for Henderson Mental Health Center, Youth and  
Family Services (8-month training series). Fort Lauderdale, FL.
- 2002-2003 “Motivational Interviewing” for Children’s Services Council of Broward (4-  
month training series). Plantation, FL.
- 2003-2002 “Timeline Followback: A Review of Clinical and Research Findings and  
Clinical Practice Interviewers.” Bristol-Meyers Squibb Company, New York  
City, NY.
- 2003 “Motivation Interviewing” for Broward Healthy Start Coalition, Broward  
Regional Healthy Planning Council, (4-month training series). Lauderdale, FL
- 2003 “Motivational Interviewing” for One Community Partnership Grant for the  
Children’s Services Council of Broward (4-month training series). Plantation,  
FL. Fort Lauderdale, FL
- 2012 “Motivational Interviewing: Preparing people to change their behaviors.”  
Center for Relationship and Family Therapy. North Palm Beach, FL.
- 2003 “Alcohol and Aging.” Institute for Learning in Retirement. Nova Southeastern  
University.
- 2013 “Motivational Interviewing.” Behavioral Health of the Palm Beaches. Lakeworth,  
FL.

- 2003 “Motivational Interviewing: Preparing people to change their behaviors.” Togus Veterans Administration Medical Center and Department of Psychology, University of Maine, ME.
- 2003 “Motivational Interventions with Substance Abusers.” Institute for Cognitive Behavioral Therapy in Psychiatry, Zurich, Switzerland (2-day workshop).
- 2003 “Motivational Interviewing.” World Rounds. Association for Advancement of Behavior Therapy, Boston, MA.
- 2003 “Motivational Interviewing: Preparing People to Change their Substance Use.” 30<sup>h</sup> anniversary of the Day Care Center de L’Orée for Treatment of Alcoholism and Dependence. University of Liège, Liège, Belgium.
- 2003 “Motivational Interventions with Substance Abusers.” 20<sup>th</sup> annual Belgium Association of Cognitive Behavior Therapy Conference. Brussels, Belgium.
- 2004 “Motivational Interventions with Substance Abusers.” Memphis State University, Memphis, TN.
- 2004 “Motivational Interventions for Alcohol and Drug Abusers in Group and in Individual Settings.” New Zealand School of the Addictions. Auckland, New Zealand (3-day workshop).
- 2004 “Successful Grant Writing.” Workshop presented at the National Alcohol Research Center, Public Health Institute, Alcohol Research Group, Berkeley, CA.
- 2004 “Motivational Interventions with Substance Abusers.” Institute for Cognitive Behavioral Therapy in Psychiatry, Zurich, Switzerland .
- 2004 “Motivational Interviewing: Working With Clients Who Are Not Ready to Change.” Le Centre du Jeu Excessif and la Division d’Abus de Substances. Lausanne, Switzerland .
- 2004 “Motivational Interviewing: Preparing People to Make Behavioral Changes.” Healthy Start Coalition of Brevard. Port Canaveral, FL.
- 2004 “Motivational Interviewing: Preparing People to Make Behavioral Changes.” Healthy Start Coalition, Northwest Florida Regional Council, Jacksonville, FL.
- 2004 “Motivational Interviewing: Preparing People to Make Behavioral Changes.” House Next Door. Daytona, FL.
- 2004 “Motivational Interviewing: Preparing People to Make Behavioral Changes.” Broward Sheriff’s Office. Ft. Lauderdale, FL.
- 2004 “Using Motivational Interviewing Strategies with Substance Abusers and Dual Disordered Clients.” Invited Institute presented at the Association for Advancement of Behavior Therapy, New Orleans, LA.
- 2005 “Motivational Interventions for Substance Abusers in Group and in Individual Settings.” New Zealand School of the Addictions. Hamilton, New Zealand (2-day workshop).
- 2005 “How Health Care Practitioners Can Use Motivational Interviewing to Prepare People to Change Their Behaviors.” University of British Columbia, Centre for Telehealth at Mheccu, Vancouver, British Columbia (3 all day workshops for health and mental health providers; 3 ½ day workshop for physicians; 3 hour teleconference for nurses; workshops conducted in Whitehorse, Yukon, Kelowna and Vancouver British Columbia, Canada).



- 2005 “Motivational Interviewing: Applications to a Guided Self-Change Treatment.” Alcohol Advisory Council of New Zealand, Kaunihera Whakatupato Waipiro O Aotearoa. Wellington, New Zealand.
- 2005 “Promoting Self-Change Through Motivational Interviewing.” Children’s Services Council of Broward (2 different 1 day workshops). Plantation, FL.
- 2005 “Motivational Interviewing: Preparing people to change their behaviors.” 2005 Australia Winter School on Addictions, Brisbane, Australia.
- 2005 “Learning How to Use Motivational and Cognitive Behaviour Techniques in Individual and Group Settings to Help Clients Change Their Behaviour” 2005 Australian Winter Satellite School 2-day Workshop, Brisbane, Australia (with M. Sobell).
- 2005 “Using Motivational Interviewing to Enhance Patients Commitment to Change Health and Mental Health Behaviors.” 2 2-day workshops Addiction Treatment Center, Kingsboro, NY, Buffalo, NY.
- 2005 “Using Motivational Interviewing to Enhance Patients Commitment to Change Health and Mental Health Behaviors.” Raising Healthy Children Conference, Nova Southeastern University, Ft. Lauderdale, FL.
- 2005 “Promoting Self-Change Through Motivational Interviewing.” SMART Recovery 11<sup>th</sup> Annual Conference. Chicago, IL.
- 2005 “Motivational Interviewing: Preparing people to change their behaviors.” Alcohol Recovery: A Natural Progression. Moray DAAT and Aberdeenshire ADAT, Aberdeen, Scotland.
- 2006 “Using motivational interviewing strategies in group therapy.” 11<sup>th</sup> International Conference on Treatment of Addictive Behaviors, Santa Fe, NM.
- 2006 “Motivational Interviewing: Preparing people to change their behaviors.” Distinguished Visiting Professor of Psychology. Grand Rounds presented to Department of the Air Force, Department of Psychology, Wilford Hall Medical Center, San Antonio, TX.
- 2006 “Motivational Interviewing: Preparing people to change their behaviors.” Department of Psychology Virginia Tech, Blacksburg, VA.
- 2006 “Using Motivational Interviewing to Enhance Patients Commitment to Change Health and Mental Health Behaviors.” Institute of Psychiatry and Neurology, Warsaw, Poland.
- 2006 “Group Motivational Interviewing Approaches.” Distinguished Visiting Professor of Psychology. Air Force Mental Health: Deployment Operations for the 21<sup>st</sup> Century: Operational Problems in the Behavioral Sciences. Department of the Air Force. Lackland Air Force Base, San Antonio, TX.
- 2006 “Using Motivational Interviewing to Enhance Probationees’ Commitment to Change.” Department of Juvenile Justice, State of Florida, Tallahassee, FL.
- 2007 “Using Motivational Interviewing to Enhance Patients Commitment to Change Health and Mental Health Behaviors.” 2-day workshops Kingsboro Addiction Treatment Center, Kingsboro, NY.
- 2007 “Using Motivational Interviewing to Enhance Patients Commitment to Change Health and Mental Health Behaviors.” 2 1-day workshops. Interior Health, Mental Health and Addictions, OHSA, Kelowna, British Columbia, Canada.

- 2006 “Timeline Followback: A Review of Clinical and Research Findings and Clinical Practice Interviewers.” Astra Zeneca, Wilmington, DE.
- 2007 “Using Motivational Interviewing to Enhance Patients Commitment to Change.” U.S. Army Spouse Abuse Family Advocacy Staff Training San Antonio, TX.
- 2007 “Using Motivational Interviewing to Enhance Patients Commitment to Change Health and Mental Health Behaviors.” Südhang, Klinik für Suchttherapien Südhang, Switzerland.
- 2007 “Using Motivational Interviewing to Enhance Patients’ Commitment to Stop Smoking.” Area Health Education Center Programs, Nova Southeastern University, College of Osteopathic Medicine, Ft. Lauderdale, FL.
- 2007 “Using Motivational Interviewing To Motivate People to Change Alcohol and Drug Use.” Scotland’s Futures Forum: Fresh Perspective on Alcohol and Drugs. Glasgow, Scotland, United Kingdom.
- 2008 “Using Motivational Interviewing To Motivate Students to Quit Smoking.” Florida Association of School Nurses Annual Conference, Orlando, FL.
- 2008 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Florida Area Health Education Centers Network Conference, Bonita Springs, FL.
- 2008 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Florida Academy of Physician Assistants Annual Symposium and Recertification Review, Orlando, FL.
- 2008 “Using Motivational Interviewing Strategies and Techniques to Help Patients Change Risky/Problem Behaviors.” NSU Area Health Education Centers Program. Ft. Lauderdale, FL.
- 2008 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Broward County Health Department. Ft. Lauderdale, FL.
- 2008 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Annual Conference for Pharmacists, Ft. Lauderdale, FL.
- 2008 “Implementing the CHOICES intervention in community programs” (with M. Velasquez). Two-day workshop sponsored by the Fetal Alcohol Spectrum Disorder (FASD) Center for Excellence, Substance Abuse and Mental Health Administration (SAMHSA), Dallas, TX
- 2008 “Using Motivational Interviewing Strategies and Techniques to Help Patients Change Risky/Problem Behaviors.” Association for Cognitive and Behavioral Therapy, Boston, MA.
- 2008-2009 “Timeline Followback: A Review of Clinical and Research Findings and Clinical Practice Interviewers.” Lundbeck. Copenhagen, Denmark.
- 2009 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Florida Area Health Education Center Network Conference. Orlando, FL.
- 2009 “Using Motivational Interviewing to Help People Change Risky/Problem Behaviors.” 24<sup>th</sup> Annual Southern Regional Conference of the American Diabetes Association. Orlando, FL.
- 2009 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Florida Area Health Education Centers Network Conference, Ft. Lauderdale, FL.

- 2009 “Using Motivational Interviewing Strategies and Techniques to Help Patients Change Risky/Problem Behaviors.” NSU Area Health Education Centers Program. Ft. Lauderdale, FL.
- 2009 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Florida Academy of Physician Assistants Annual Symposium and Recertification Review, Ft. Lauderdale, FL.
- 2009 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Florida Area Health Education Center Network Conference. Orlando, FL.
- 2009 “Implementing the CHOICES Intervention in Community Programs Using Motivational Interviewing” (with M. Velasquez). Two-day workshop sponsored by the Fetal Alcohol Spectrum Disorder (FASD) Center for Excellence, Substance Abuse and Mental Health Administration (SAMHSA), New York City, NY.
- 2009 “Using Motivational Interviewing to Help People Change Risky/Problem Behaviors.” Kristi House. Miami, FL.
- 2009 “Using Motivational Interviewing Techniques in Groups.” Kristi House. Miami, FL.
- 2009 “Learning how to effectively conduct and manage the dynamics of interpersonal interactions in groups and using motivational techniques in groups.” Park Center. Fort Wayne, IN.
- 2009 “Conducting Time-Limited Group Therapy Using a Cognitive-Behavioral Motivational Intervention.” Association for Cognitive and Behavioral Therapy, New York, NY.
- 2009 “Timeline Followback: A Review of Clinical and Research Findings and Clinical Practice Interviewers.” Schering-Plough, Netherlands.
- 2010 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Florida Osteopathic Medical Association annual conference. Weston, FL.
- 2010 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Miami-Dade Area Health Education Centers Quit Smoking Now Program, Miami, FL.
- 2010 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” 1st American Board of Professional Psychology, Summer Workshop Series. Portland, OR.
- 2010 “Implementing the CHOICES intervention in community programs using Motivational Interviewing” (with M. Velasquez). Two-day workshop sponsored by the Fetal Alcohol Spectrum Disorder (FASD) Center for Excellence, Substance Abuse and Mental Health Administration (SAMHSA), Austin, TX.
- 2010 “Motivational Interviewing.” University of Massachusetts Psychological Services Center, University of Massachusetts. Amherst, MA.
- 2010 “Motivational Interviewing With Adolescents With Type I Diabetes” Department of Nutrition, University of North Carolina at Chapel Hill, Chapel Hill, NC.
- 2010 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Hendry-Glades Mental Health Clinic, Clewiston, FL

- 2010 “Conducting Time-Limited Group Therapy Using A Cognitive Behavioral Motivational Intervention: The Music Comes From The Group.” (Invited All Day Institute). Association for Cognitive and Behavioral Therapy, San Francisco, CA
- 2010 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Collier County Health Department and Tobacco Free Collier Partnership, Naples, FL.
- 2010 “Using Motivational Interviewing To Motivate Patients to Quit Smoking.” Hendry-Glades Mental Health Clinic, Clewiston, FL.
- 2011 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Florida Power and Lighting, Wellness Division, Juno Beach and Miami, FL (2 1-day workshops).
- 2011 “Using Motivational Interviewing to Motivate Patients to Quit Smoking.” Hendry-Glades Mental Health Clinic, Clewiston, FL.
- 2011 “Using Motivational Interviewing to Motivate Patients to Quit Smoking.” Physicians Regional Healthcare System Naples, FL.
- 2011 “Using Motivational Interviewing to Talk With Students Who Smoke Cigarettes and Use Alcohol.” Psychological Intervention Summit, Dade Association of School Psychologists. North Miami Beach, FL.
- 2011 “Using Motivational Interviewing Techniques in Groups.” Penobscot Dual Diagnosis Collaborative, Bangor, ME.
- 2011 “Implementing the CHOICES intervention in community programs using Motivational Interviewing” (with M. Velasquez). Two-day workshop sponsored by the Fetal Alcohol Spectrum Disorder (FASD) Center for Excellence, Substance Abuse and Mental Health Administration (SAMHSA), Rockville, MD.
- 2011 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Preconvention workshop at the annual convention of the American Psychological Association, Washington, DC.
- 2011 “Using Motivational Interviewing to promote change with adolescents with alcohol use disorders.” Conference on the Implications of Alcohol Use and Treatment: From Childhood to Early Adulthood. Universidad Central del Caribe, School of Medicine in Bayamon, Puerto Rico through the Institute of Research, Education and Services in Addiction. San Juan, Puerto Rico.
- 2011 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Florida Psychological Association, Broward Chapter. Hollywood, FL.
- 2012 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Florida Power and Lighting, Wellness Division, Juno Beach and Miami, FL.
- 2012 “Improving Physician-Patient Communication With Patients That Smoke.” Rural Medicine Retreat, College of Osteopathic Medicine, Nova Southeastern University, Fort Lauderdale, FL.
- 2012 “Motivational Interviewing: A Different Way of Talking With Smokers About Quitting.” Regional Cancer Center of Lee Memorial Health System. Ft. Myers, FL.

- 2012 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Florida Power and Lighting, Wellness Division, Juno Beach and Miami, FL (two 1-day workshops).
- 2012 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program for Physicians Assistants. Ft. Lauderdale, FL.
- 2012 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program for Nurses. Ft. Lauderdale, FL.
- 2012 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program for Dental Residents. Ft. Lauderdale, FL.
- 2012 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” British Columbia Psychological Association, Vancouver, BC, Canada.
- 2012 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Federal Bureau of Prisons Regional Conference.” Nashville, TN.
- 2012 “Motivational Interviewing and Project CHOICES Refresher.” Baltimore City Health Department Druid STC Clinic. Baltimore, MD.
- 2012 “Motivational Interviewing and Project CHOICES Refresher.” Altamed Health Clinic. Druid STC Clinic. Los Angeles, CA.
- 2012 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Broward Children Services Council, Ft. Lauderdale, FL (2 workshops).
- 2012 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” [Health South Foundation of South Florida](#), Miami, FL.
- 2012, 2014 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors”. [Nova Southeastern University](#), Ft. Lauderdale, FL.
- 2012 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors”. [Ryerson University](#), Toronto, Ontario, Canada.
- 2012 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program for Dental Students. Ft. Lauderdale, FL.
- 2012 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program for Medical Students. Ft. Lauderdale, FL.
- 2012 “Motivational Interviewing and Project CHOICES.” Baltimore City Health Department. Baltimore, MD. (Train the Trainers)
- 2013, 2014, 2016 “Motivational Interviewing: A different way of talking with patients to help motivate them to consider changing risky/problem behaviors.” Professional Development Institute. College of Psychology, Nova Southeastern University. Ft. Lauderdale, FL.
- 2013 “Motivational Interviewing and Project CHOICES.” Denver Health Medical Center and Centers for Disease Control and Prevention. Denver, CO. (Master Training of Trainers)

- 2013 “Motivational Interviewing and Project CHOICES.” Baltimore City Health Department. Baltimore, MD. (Training of Trainers)
- 2013 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Broward Children Services Council, Ft. Lauderdale, FL (2 one day workshops).
- 2013 “Motivational Interviewing and Project CHOICES.” Baltimore City Health Department. Baltimore, MD. (Training of Trainers)
- 2013 “Motivational Interviewing: A New Way of Talking With Adolescents About Quitting Smoking.” Health Care District of Palm Beach County, School Health Nurse Supervisors, Boca Raton, FL.
- 2013, 2014, 2015 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” Medical Students. Boca. Florida Atlantic University. Boca Raton, FL.
- 2013 “Motivational Interviewing: A New Way of Talking With Patients About Changing Risky Problem Behaviors.” Eisenhower Army Medical Center, Department of Behavioral Health. Fort Gordon, GA.
- 2013 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program, 1st year ophthalmology students. Ft. Lauderdale, FL.
- 2013 “Motivational Interviewing: A New Way of Talking With Clients About Changing Risky Problem Behaviors.” Preconvention workshop at the annual convention of the American Psychological Association, Honolulu, HI.
- 2013 “Using Motivational Interviewing Techniques in Groups.” Broward Children Services Council, Ft. Lauderdale, FL. (2 one day workshops)
- 2013 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program, 1st year medical students. Ft. Lauderdale, FL.
- 2013 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program, 2nd year dental students. Ft. Lauderdale, FL.
- 2014 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Presented to Broward Children Services Council, Ft. Lauderdale, FL (2 one day workshops).
- 2014 “Motivational Interviewing and Guided Self-Change Treatment.” The Society of Rehabilitation and Crime Prevention, Hong Kong, China (2 3-day workshops).
- 2014 “Alcohol and Drug Use in Military Veterans.” Center for Deployment Psychology Bethesda, MD. (Train the Trainers).
- 2014 “Blending Motivational Techniques with the Dynamics of Interpersonal Interactions to Effectively Lead Groups.” Broward Children Services Council, Ft. Lauderdale, FL.
- 2014 “Motivational Interviewing: A Different Way of Talking with Patients to Increase their Motivation to Change.” American Board of Professional Psychology, Summer Workshop Series. Chicago, IL

- 2014 “Timeline Followback: A Review of Clinical and Research Findings and Clinical Practice Interviewers.” Center for Health Policy and Inequalities. Research. Duke University. Durham, NC.
- 2014 “Using Motivational Interviewing Techniques to Help Patients Change Behaviors.” Tampa Bay Hospital, Tampa Bay, FL.
- 2014, 2015, 2016 “Using Motivational Interviewing Techniques to Talk With Patients About Tobacco Cessation”. NSU Area Health Education Centers Program for HPD Nursing Students. Ft. Lauderdale, FL.
- 2017, 2018 “Using Motivational Techniques to Talk With Patients About Quitting Smoking” NSU Area Health Education Centers Program for HPD Nursing Students. Ft. Lauderdale, FL. (4 workshops).
- 2015, 2016 “Using Motivational Interviewing Techniques to Talk With Patients About Tobacco Cessation”. NSU Area Health Education Centers Program for HPD Optometry Residents. Ft. Lauderdale, FL.
- 2015 “Using Motivational Techniques to Talk With Patients About Quitting Smoking” NSU Area Health Education Centers Program for HPD third year dental students. Ft. Lauderdale, FL.
- 2015, 2016, 2017, 2018 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program for first year medical students. Ft. Lauderdale, FL.
- 2015 “Using Motivational Interviewing Techniques to Help Patients Change Behaviors.” Broward Addiction Recovery Center. Ft. Lauderdale, FL.
- 2015 “Using Motivational Interviewing Techniques to Help Patients Change Behaviors.” American Board of Professional Psychology, Summer Workshop Series. San Diego, CA (with Dr. Kimberly Sobell Heugele).
- 2015 “Using Motivational Interviewing Techniques to Help Patients Change Behaviors.” Children’s Hospital of Orange County, Department of Psychology, Orange, CA (with Dr. Kimberly Sobell Heugele).
- 2015 “Blending Motivational Techniques with the Dynamics of Interpersonal Interactions to Effectively Lead Groups.” Broward Children Services Council, Ft. Lauderdale, FL.
- 2015 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Presented to Broward Children Services Council, Ft. Lauderdale, FL (2 one day workshops).
- 2015 “Using Motivational Interviewing Techniques to Help Patients Change Behaviors.” Madigan Army Medical Center Tacoma WA.
- 2016 “Using Motivational Techniques to Talk With Patients About Quitting Smoking.” Faulk Counseling Center, Boca Raton, FL.
- 2016, 2017, 2018 “Using Motivational Techniques to Talk With Patients About Quitting Smoking and Other Risky Behaviors.” NSU Area Health Education Centers Program for first year psychology doctoral students. Ft. Lauderdale, FL.
- 2016 “Using Motivational Techniques to Talk With Patients About Quitting Smoking.” Broward College Dental Hygiene Association, Davie, FL.
- 2016 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Children’s Harbor, Pembroke Pines, FL. (two 2-day workshops)

- 2016 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Tampa Bay Hospital, Tampa Bay, FL.
- 2016 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Broward County Public School Teachers. Nova Southeastern University, Ft. Lauderdale, FL.
- 2016 “Using Motivational Interviewing and Evidence Based Approaches for Assessing and Treating Substance Use Disorders with National Guard and Reserve Personnel and Their Families.” (2-hour workshop). American Association of Suicidology. Chicago, IL.
- 2016 “Using Motivational Interviewing and Evidence Based Approaches for Assessing and Treating Substance Use Disorders with National Guard and Reserve Personnel and Their Families.” (2-hour live and recorded webcast). American Association of Suicidology. Baltimore, MD.
- 2016 “Using Motivational Interviewing (MI) and Evidence Based Approaches for Assessing and Treating Substance Use Disorders with National Guard and Reserve Personnel and Their Families.” (2-day workshop; MI workshop with Kimberly Sobell Heugele). American Association of Suicidology. San Diego, CA.
- 2016 “Using Motivational Interviewing Techniques to Talk With Patients About Tobacco Cessation.” Physician Assistants at Keiser University. Ft. Lauderdale, FL.
- 2016, 2017 “Using Motivational Interviewing Techniques to Talk With Patients About Tobacco Cessation.” Nursing staff at South Florida Community Care Network Broward Health and the Memorial Healthcare.
- 2016 “Motivational Interviewing: A Different Way of Talking with People to Increase their Motivation to Consider Changing.” Texas Tech University, Health Science Center. Lubbock, TX.
- 2016 “Motivational Interviewing: A Different Way of Talking with People to Increase their Motivation to Consider Changing.” Center for Cognitive and Behavioral Therapy. Columbus, Ohio.
- 2017 “A Different Way of Talking with Athletes to Increase Their Performance or Motivation to Perform Better.” Youth Sport Safety Summit. Department of Athletics. Nova Southeastern University. Ft. Lauderdale, FL.
- 2017 “Refresher: Using Motivational Techniques to Talk With Patients About Quitting Smoking.” NSU Area Health Education Centers Program for Dental Residents. Ft. Lauderdale, FL.
- 2017 “Using Motivational Interviewing Techniques to Help Patients Change Behaviors.” American Board of Professional Psychology, Summer Workshop Series. San Diego, CA (with Dr. Kimberly Sobell Heugele).
- 2017 “Motivational Interviewing: A Different Way of Talking with People to Increase their Motivation to Consider Changing.” Columbia University, Clinic for Anxiety and Related Disorders. NY, NY.
- 2017 “Become Board Certified in CBT: Join the Crowd” Annual Conference of the Association for Behavioral and Cognitive Therapies. San Diego, CA. (with Robert Klepac).



- 2017, 2018 “Using Motivational Interviewing to Help People Change Risky Problem Behaviors.” Presented to Broward Children Services Council, Ft. Lauderdale, FL (2 one day workshops).
- 2017, 2018 “Motivational Interviewing: A different way of talking with patients to help motivate them to consider changing risky/problem behaviors.” Professional Development Institute. College of Psychology, Nova Southeastern University. Ft. Lauderdale, FL.
- 2018 “Become an APBB Board Certified Specialist in Behavioral and Cognitive Psychology. Annual Conference of the Association for Behavioral and Cognitive Therapies. Washington, DC. (with Robert Klepac).

### *Invited Presentations*

- 1973 Controlled drinking as a therapeutic goal. Sharp Hospital Second Annual Winter Symposium, “The Person and the Disease: Alcoholism,” San Diego, CA (with M. Sobell)
- 1973 Innovative approaches to treatment of alcohol abuse. Eleventh Annual Florida School of Alcohol Studies, Avon Park, FL (with M. Sobell).
- 1973 The need for realism, relevance, and operational assumptions in the study of substance dependence. International Symposia on Alcohol and Drug Research, Addiction Research Foundation, Toronto, Ontario (with M. Sobell).
- 1974 Alternatives to Abstinence, Veterans Administration Hospital, Long Beach, CA.
- 1974 Alternatives to abstinence for alcoholics: Two-year outcome data. Noontime Seminar, Department of Psychiatry and Human Behavior, University of California, Irvine (with M. Sobell).
- 1974 Current developments in research, and how these are forcing a change in traditional concepts of alcoholism. Conference on “Community Responsiveness to Problem Drinking,” Henderson County Mental Health Center, Henderson, Nevada.
- 1974 Alcohol treatment outcome evaluation. Broughton Hospital, Morganton, NC.
- 1974 Individualized behavior therapy for alcoholics: Outcome results. Journal Group, Orange County Medical Center, Orange, CA.
- 1975 Follow-up as after-care. Northside Mental Health Center, Atlanta, GA.
- 1975 Follow-up as after-care. Randolph Clinic, Charlotte, NC.
- 1975-1976 Emerging concepts of alcohol dependence. Class on Special Topics in Psychology: Alcoholism, University of Tennessee at Nashville.
- 1975 Treating the alcoholic. Vanderbilt School for Continuing Education, Nursing School, Nashville, TN.
- 1975 Individualized behavior therapy for alcoholics: Treatment rationale and design. Northside Mental Health Center, Atlanta, GA.
- 1975 Emerging concepts of alcohol dependence, Columbia Mental Health Center, Columbia, TN.
- 1975 Follow-up as after-care. Psychology Department Colloquium, University of Nebraska, Lincoln, NB.
- 1975 Emerging concepts of alcohol dependence, Seminar on Alcohol and Public Policy, Vanderbilt University, Nashville, TN.
- 1975 Alternatives to abstinence, Psychology Department Colloquium, Indiana University, Bloomington, IN.

- 1975 Empirical assessment of alcoholism treatment evaluation: Past, present and future, Conference on "Behavioral Approaches to Alcoholism and Drug Dependencies," University of Washington Alcoholism and Drug Abuse Institute, Seattle, WA.
- 1976-1979 Guest presentations on various topics related to alcohol dependence and behavior modification. Law School, Medical School, Nursing School, Vanderbilt University, Nashville, TN.
- 1976 Behavioral treatment approaches to alcohol problems. Conference on Behavioral Approaches to Medical Practice, Duke University, Durham, NC (with M. Sobell).
- 1976 Alternatives to abstinence. Addiction Research Unit, Maudsley Hospital, London, England.
- 1976 Alternatives to abstinence, Conference on "Alternatives: New Resources in Treatment of Alcohol Dependence," Northeast Community Mental Health Center, Memphis, Tennessee.
- 1976 Drinking among the elderly, Conference on Alcohol and Drug Problems of the Elderly, Nashville, TN.
- 1976 Emerging concepts of alcohol dependence, State of Tennessee Alcohol and Drug Continuing Education Series, Nashville, TN.
- 1976 Emerging concepts of alcohol dependence, George Peabody College for Teachers, Nashville, TN.
- 1977 Emerging concepts of alcohol dependence. Class on psychopharmacology of substance abuse, Middle Tennessee State University, Murfreesboro, TN.
- 1977 A convergent validity approach to increasing confidence in treatment outcome conclusions. Conference on Empirical Approaches to the Treatment of Addictions, Medical University of South Carolina, Charleston, SC (with M. Sobell).
- 1977 Alcohol treatment outcome evaluation: Contributions from behavioral research, NATO Conference, Bergen, Norway.
- 1977 Treatment outcome evaluation in a clinical setting. Conference on Alcohol and Drug Treatment Outcome Evaluation, Nashville, TN (with M. Sobell, A.M. Cooper, T.C. Cooper, S.A. Maisto).
- 1977 Alcohol rehabilitation measures. Employee Assistance Program Workshop, Mid-Cumberland Council on Alcohol and Drugs, Nashville, TN.
- 1978 A decade of alcohol research: A look back. Fort Hays State College, Hays, Kansas.
- 1978 A convergent validity approach to increasing confidence in treatment outcome conclusions. Fourth Annual Meeting of the Midwestern Association for Behavior Analysis, Chicago, IL (with M. Sobell).
- 1979 Controlled drinking: A concept coming of age. University of Toronto, Ontario.
- 1979 Alcohol treatment outcome criteria and the assessment of treatment efficacy. University of Connecticut Alcohol Research Center and the National Institute on Alcohol Abuse and Alcoholism, Farmington, CN.
- 1980 Behavioural treatment of alcohol problems. Canadian Addictions Foundation, Montreal, Quebec (with M. Sobell).
- 1981 Reliability and validity of alcohol abusers' self-reports of drinking and related behaviors. Queens University, Kingston, Ontario.
- 1981 Assessing alcohol treatment effectiveness: Asking the right questions. Invited address presented at the 15<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario.

- 1981 Behavioral assessment and differential treatment planning with alcohol abusers. Department of Psychology, Waterloo University, London, Ontario (with M Sobell).
- 1982 Behavioral research and therapy: Its impact on the alcohol field. Banff Conference on Advances in Clinical Behavior Therapy, Banff, Alberta (with M. Sobell).
- 1983 Assessment and treatment planning. 14<sup>th</sup> Annual Convention of Scientists in Behavior Modification, Moncton, New Brunswick (with M. Sobell).
- 1983 Significance of environmental factors for the design and evaluation of alcohol treatment programs. Clinical Interest Group, University of Toronto.
- 1983 Featured International Panel Discussion. Abstinence and Controlled Drinking: Alternative treatment goals for alcoholism and problem drinking. World Congress on Behavior Therapy, Washington, DC.
- 1984,1986 Behavioral assessment and treatment planning with alcohol and drug abusers. Toronto General Hospital, Behavior Therapy Elective for Psychiatry Residents.
- 1985 Clinical Forum: Recent advances in the treatment of alcohol problems. Presented at the 19<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Houston, TX (with G. Connors, M. Sobell).
- 1986 Discussant, Invited Symposium. Making and Breaking Women's Health Habits. Presented at the 20<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Chicago, IL.
- 1986 Moderator, Symposium: Two decades of behavioral research in the alcohol field: Change, challenge, and controversy. Presented at the 20<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Chicago, IL.
- 1986 Recovery from alcohol problems without treatment. Community Health Seminar, Faculty of Medicine, University of Toronto.
- 1988 Natural resolution of alcohol problems. Research Institute on Addictions, Buffalo, NY.
- 1988 The role of life events in the natural resolution of alcohol problems. Center of Alcohol Studies, Rutgers University, Piscataway, NJ.
- 1988 Alcohol or tobacco research versus alcohol and tobacco research. Seminar for Scientists. Tobacco Use: A perspective for Alcohol and drug researchers, Addiction Research Foundation, Toronto (with M. Sobell, L. Kozlowski).
- 1988 Career paths for women. New College, University of Toronto.
- 1988 Drinking history assessment. Department of Epidemiology, Faculty of Medicine, University of Toronto.
- 1988 The significance of tobacco use with alcohol and drug abusers. National Action Conference on Drug Abuse, Montreal, Quebec (with L. Kozlowski).
- 1988 Panelist, Invited Panel. Treatment outcome evaluation methodology: Advances, commonalties, and differences across several adult clinical disorders. Presented at the 22<sup>nd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- 1989 Reconciliation between drugs and psychosocial treatments. Paper presented at a symposium on Treatment Outcome Research. Annual Meeting of the Research Society on Alcoholism, Beaver Creek, Colorado (with E. Sellers, M. Sobell).

- 1989 Natural recovery and other critical issues facing the field. Annual Summer School on Chemical Dependency, Alcoholism Foundation of Manitoba and University of Manitoba, Winnipeg.
- 1989 Assessment with adolescent substance abusers. Society for Adolescent Medicine, San Francisco.
- 1990 Behavioral assessment and treatment planning with psychoactive substance abusers: Alcohol, nicotine, and other drugs. Alcohol and Drug Dependence Services, Queensland Department of Health, and University of Queensland, Brisbane, Australia.
- 1990 Behavioral assessment and treatment planning with psychoactive substance abusers: Alcohol, nicotine, and other drugs. Drug and Alcohol Services Council of South Australia, Adelaide, Australia.
- 1990 Natural recovery from alcohol problems: A controlled study. Invited address presented at the Fifth International Conference on Treatment of Addictive Behaviors, Sydney, Australia.
- 1990 Treatment outcome evaluation: State of the art. Addiction Research Institute of Victoria and Alcohol and Drug Unit, Western Hospital, Melbourne, Australia.
- 1990 Behavioral assessment and selected clinical issues with psychoactive substance abusers: Alcohol, nicotine, and other drugs. Association of Psychologists of Nova Scotia, Halifax, Nova Scotia.
- 1990 Invited Panelist, Alcohol, Tobacco, and Drug Research Panel, Health Psychology Network Conference, Toronto.
- 1991 Natural recoveries from alcohol problems: A lifespan perspective. Banff International Conference on Behavioral Science, Banff, Alberta.
- 1991 Utility of the Timeline Follow Back Method for Assessing Alcohol Consumption. Invited presentation in the National Institute on Alcohol Abuse and Alcoholism workshop on Techniques to Assess Alcohol Consumption, Rockville, MD.
- 1991 Natural recoveries from alcohol problems. Department of Psychology, Queens University, Kingston, Ontario, Canada.
- 1991 Natural recoveries from alcohol problems. Brown University, Center for Alcohol and Addiction Studies, Providence, Rhode Island.
- 1991 Natural recoveries from alcohol problems. Clinical Research and Treatment Institute Clinical and Research Seminars, Addiction Research Foundation, Toronto, Canada.
- 1991 Cognitive mediators of natural recoveries from alcohol problems: Implications for treatment. Presented at the symposium on "Therapies of Substance Abuse: A View Towards the Future." 25<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY (with M. Sobell).
- 1992 Behavioral Assessment and Interviewing with Alcohol, Nicotine, and Other Drugs Abusers. North Bay Psychiatric Hospital, North Bay, Ontario, Canada.
- 1992 Can behavioral treatments enhance pharmacotherapeutic interventions for alcohol problems? Presented at the symposium on "Behavioral interventions in the treatment of drug and alcohol abuse." Committee on Problems of Drug Dependence, Keystone, CO (with T. Toneatto).
- 1992 Stability of natural recoveries from alcohol problems. Second International Conference on Behavioural Medicine. Hamburg, Germany.

- 1992 Natural recoveries from alcohol problems: Treatment Implications Department of Psychology, Douglas Hospital/McGill University, Montreal, Quebec, Canada.
- 1993 Motivational interventions with problem drinkers. Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, NM.
- 1993 The relationship of dual recoveries from smoking and alcohol problems: A further examination of naturally recovered alcohol abusers. Symposium on "Smoking Cessation in Alcohol/Drug Abuse Recovery." Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico (with M.B. Sobell).
- 1993 Interventions with problem drinkers. Governor's Institute on Alcohol and Substance Abuse, Third Annual Interdisciplinary Conference, Research Triangle Park, NC.
- 1993 Why do people give up drinking? Curtin University, Perth, Australia.
- 1993 Spousal support: A motivational intervention for problem drinkers. Brown University, Center for Alcohol and Addiction Studies and the Dept. of Psychiatry and Human Behavior, Providence, Rhode Island.
- 1993 A longitudinal study of dual recoveries from smoking and alcohol problems. Presented at the symposium on "Alcohol and Nicotine Dependence: Mechanisms, Treatment and Policy Implications." Presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA (with M. Sobell).
- 1993 Spousal support: A motivational intervention for problem drinkers. International Symposium Mexico/Canada on Treatment of Addictive Behaviors. Mexico City, Mexico.
- 1993 Motivational interventions for problem drinkers. Sixth Annual Cincinnati Woman's Club Substance Abuse Symposium on "Alternative Strategies for Improving Treatment Outcomes." Alcohol and Substance Abuse Division of the University of Cincinnati Department of Psychiatry, Cincinnati, OH.
- 1993 Natural recovery from alcohol problems: Implications for treatment. Sixth Annual Cincinnati Woman's Club Substance Abuse Symposium on "Alternative Strategies for Improving Treatment Outcomes." Alcohol and Substance Abuse Division of the University of Cincinnati Department of Psychiatry, Cincinnati, OH.
- 1994 Association for Advancement of Behavior Therapy: Then and Now. XII Congreso Mexicano de Analisis de Conducta (12<sup>th</sup> Mexican Congress on Behavior Analysis), Mexico City, Mexico.
- 1994 Invited Fellow's Address (Division 28). Natural Recovery: A Major Pathway to Recovery From Alcohol Problems. American Psychological Association. Los Angeles, CA.
- 1994 Natural Recovery (Self-Change): A Major Pathway to Recovery From Alcohol Problems. Nova Southeastern University, Ft. Lauderdale, FL..
- 1994 Treatment Implications. Alcohol and Tobacco—From Basic Science to Policy. Presented at the National Institute on Alcohol Abuse and Alcoholism, San Diego, CA.
- 1994 Presidential Address. Bridging the Gap Between Science and Clinical Practice: The Challenge Before Us. Association for the Advancement of Behavior Therapy, San Diego, CA.
- 1994 Bridging the Gap Between Science and Practice. Surrey Place, Toronto, Ontario, Canada.

- 1995 Natural Recoveries From Alcohol Problems: Abstinent and Nonabstinent Outcomes. Cambridge Hospital/Harvard Medical School Annual Addiction Symposium. Cambridge, MA.
- 1995 Group versus Individual Guided Self-Change Treatment for Problem Drinkers. Invited Symposium on “Cognitive Behavioral Interventions for Problem Drinkers Around the Globe. Presented at the World Congress on Behavioral and Cognitive Therapies, Copenhagen, Denmark (with M. B. Sobell).
- 1995 Motivational Interventions for Problem Drinkers. Third Annual Kentucky Conference on Advanced Studies in Psychopathology. “Alcoholism: Recent Advances in Etiology and Treatment.” University of Kentucky, Lexington, KY.
- 1996 Fostering Self-Change From Alcohol Problems in the Community: An Extension of Natural Research. International Symposium on Addictions ‘96: Treatment Across the Addictions. Hilton Head, SC.
- 1996 Master Clinician Series. Invited clinical presentation on “Working with Addictive Behaviors.” Association for the Advancement of Behavior Therapy, New York, NY.
- 1997 Motivational Approaches for Providing Feedback to Women About Their Alcohol Consumption. Presented at a workshop on Fetal Alcohol Syndrome presented by the National Institute on Alcohol Abuse and Alcoholism and Centers for Disease Control and Prevention, Washington, DC.
- 1997 Master Clinician Series. Invited clinical presentation on “Guided Self-Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Association for the Advancement of Behavior Therapy, Miami, FL.
- 1997 Fostering Self-Change From Alcohol Problems: A Proactive Community Intervention: Invited Symposium on “The Promotion of Low-Risk Drinking Patterns in the General Public: Strategies and Messages.” Presented at the Swiss Institute for the Prevention of Alcohol and Drug Problems.” Lausanne, Switzerland.
- 1998 Group versus Individual Guided Self-Change Treatment for Problem Drinkers. Research Institute on Addictions, Buffalo, NY.
- 1998 Group versus Individual Guided Self-Change Treatment for Problem Drinkers. Addiction Research Foundation. Toronto, Canada.
- 1998 Issues and State of the Art Treatment of People with Both Alcohol and Nicotine Dependence. Presented at the 3<sup>rd</sup> Annual Update on Alcoholism and Substance Abuse Treatment, Alcohol Research Center, Medical University of South Carolina, Charleston, SC.
- 1998 Fostering Self-Change Among Problem Drinkers. Paper presented at invited symposium on “Innovative Interventions for Alcohol Problems: Facilitating Self-Change” at the World Congress on Behavioral and Cognitive Therapies, Acapulco, Mexico (with M. B. Sobell, J. A. Cunningham, G. I. Leo, S. A. Agrawal, & L. Johnson-Young).
- 1999 Problem Drinkers: Evaluation of a Stepped Care Approach. Paper presented at invited symposium on “Innovative Interventions for Alcohol Problems: Facilitating Self-Change” at the World Congress on Behavioral and Cognitive Therapies, Acapulco, Mexico (with F. C. Breslin, M. B. Sobell, & J. A. Cunningham).

- 1999 Natural Recovery From Alcohol and Drug Problems: An Overview and Review of Current Studies and Suggestions for Future Directions. Presented at the International Conference on Natural History of Addictions: Recovery from Alcohol, Tobacco, and Other Drug Problems Without Treatment, Les Diablerets, Switzerland (with T. Ellingstad & M. Sobell).
- 1999 Cross-Cultural Qualitative Analysis of Antecedents to Natural Recoveries From Alcohol and Drug Problems. Presented at the International Conference on Natural History of Addictions: Recovery from Alcohol, Tobacco, and Other Drug Problems Without Treatment, Les Diablerets, Switzerland (with H. Klingemann, M. B. Sobell, Toneatto, T., S. Agrawal, & G. Leo).
- 1999 Guided Self-Change Interventions for Alcohol and Drug Abusers. University of San Diego and Veterans Administration Hospital, Adolescent Substance Abuse Program, La Jolla, CA.
- 1999 Historical Overview of the Alcohol Field: Then and Now. Philadelphia College of Osteopathic Medicine, Department of Psychology, Philadelphia, PA.
- 1999 Master Clinician Series. Invited clinical presentation on “Guided Self-Change: A Brief Motivational Intervention for Alcohol & Drug Abusers.” Association for the Advancement of Behavior Therapy, Toronto, Ontario, Canada.
- 1999 Group versus Individual Guided Self-Change Treatment for Alcohol and Drug Abusers. Mayo Clinic, Department of Psychiatry, Rochester, MN.
- 1999 Adding a Smoking Module into Guided Self-Change Treatment for Alcohol Abusers. Mayo Clinic, Rochester, MN.
- 1999 Effective Case Study Using Guided Self-Change. Grand Rounds, College of Psychology, Nova Southeastern University, Fort Lauderdale, FL.
- 2000 Natural Recovery From Substance Abuse: Findings and Clinical Implications. Department of Psychology, University of New Mexico, Albuquerque, NM.
- 2000 Effectiveness of a Prototypical Cognitive Behavior Intervention for Alcohol Abusers. French Society for the Study of Alcohol—a Société française d’alcoologie. Paris, France.
- 2000 Group versus Individual Guided Self-Change Treatment for Alcohol and Drug Abusers. Invited paper presented as part of a symposium on Brief Interventions for Alcohol Problems: More Than a Quick Fix at the Annual Meeting of the American Psychological Association, Washington, DC.
- 2000 Natural Recovery From Substance Abuse: Findings and Clinical Implications. Department of Psychology, University of Central Florida, Orlando, FL.
- 2000 Talking or Not Talking to his/her GP About Alcohol? The Patient’s and Physician’s Perspectives and a Priori. International Symposium on Implementation of Early Interventions for Hazardous Drinkers in Primary Care. Presented by the Dr. Auguste Widmer Foundation. Lausanne, Switzerland.
- 2000 Brief interventions for Alcohol Problems in General Medical and Psychiatric Practice: And They Really Work. Department of Psychiatry, University Hospital of Bern, Bern, Switzerland.
- 2000 Yardsticks of Success: Using a Formative Evaluation. Roundtable on Models and Measurement of the Recovery Process. Butler Center for Research at Hazelden, Center City, MN.

- 2001 Natural Recovery From Substance Abuse: Findings and Clinical Implications. Department of Psychology, University of Toronto, Department of Psychology, Toronto, Ontario, Canada.
- 2001 Natural Recovery From Substance Abuse: Findings and Clinical Implications. Centre for Alcohol and Drug Studies, Paisley University, Scotland, United Kingdom.
- 2001 Promoting self-change: Implication prevention, and treatment. Invited address. World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
- 2001 Natural Recovery From Substance Abuse: Findings and Clinical Implications. Invited plenary lecture at the Annual meeting of the Research Society on Alcoholism, Montreal, Quebec, Canada.
- 2001 Group versus individual therapy for substance abusers using a motivational intervention: Results of a controlled clinical trial. May School for Addictions Conference on Spirituality and Motivation in the Treatment of Addictive Behaviors, Center for Alcohol and Substance Abuse, University of New Mexico, Albuquerque.
- 2001 Group Versus Individual Treatment Using a Brief Motivational Intervention (Tratamiento de grupo en comparacion con el tratamiento individual usando una breve intervencion motivacional). Second International Colloquium on the Prevention and Treatment of Addictive Behaviors, Mexico City, Mexico.
- 2001 A Self-Report Measure of Drinking for All Seasons? Invited talk at the National Institute on Alcohol Abuse and Alcoholism. Conference on “Measuring Alcohol Treatment Efficacy.” Bethesda, MD.
- 2001 Processes of Self-Change from Substance Abuse: Findings and Clinical Implications. Distinguished Visiting Professor of Psychology. Grand Rounds presented to Department of the Air Force, Department of Psychology, Wilford Hall Medical Center, San Antonio, TX.
- 2002 Brief Motivational Interventions for Substance Abusers: What Works Better—Group versus Individual Therapy? Grand Rounds at the Institute of Living Hartford Hospital’s Mental Health Network. Hartford, CI.
- 2002 How Can We Assist Self-Change as Treatment Providers? Invited talk. Conference on “Science Meets Practice: Self-Change from Addictions: Implications for Therapy. Social Action and Policy.” Swiss Federal Office of Public Health and the University of Applied Sciences. Bern, Switzerland.
- 2002 Selbstorganisieter Ausstieg aus der Alkoholkarriere (Self-change From Alcohol Problems). Invited talk. Conference on “Science Meets Practice: Self-Change from Addictions: Implications for Therapy. Social Action and Policy.” Swiss Federal Office of Public Health and the University of Applied Sciences. Bern, Switzerland.
- 2002 Self-Change in Alcohol and Tobacco Users: Current Knowledge and Future Directions. Invited talk at the National Institute on Alcohol Abuse and Alcoholism. Workshop on “Alcohol and Tobacco: Mechanisms and Treatment.” Bethesda, MD (with M. B. Sobell and S. Agrawal).
- 2002 Natural Recovery From Substance Abuse: Findings and Clinical Implications. World Forum Montreal 2002: Drugs, Dependencies: Impacts and responses. Montreal, Quebec, Canada.



- 2002 Natural Recovery From Alcohol Abuse: Findings and Implications for Harm Reduction. Invited talk at the 1<sup>st</sup> International Conference on Harm Reduction and Alcohol: Towards a Comprehensive Alcohol Policy for Countries in Transition and Developing Countries. Recife, Brazil.
- 2002 When Might Retrospective Self-Reports of Drinking Be Invalid and How Can Biomarkers Help? Invited talk at the National Institute on Alcohol Abuse and Alcoholism. Workshop on “Self-Report and Biochemical Measures of Alcohol Consumption.” Bethesda, MD.
- 2003 Promoción de Auto—cambio con Bebedores (presentation in Spanish; Problema Promoting Self-change Among Problem Drinkers). Third International Colloquium on the Prevention and Treatment of Addictive Behaviors (III Coloquio Internacional Sobre Prevención y Tratamiento de Conductas Adictivas. En Memoria del Dr. Héctor Ayala Velázquez). National University of Mexico. Mexico City, Mexico.
- 2003 Group Motivational Interviewing for Alcohol Disorders. National Institute on Drug Abuse meeting on Group Therapy Research. Bethesda, MD.
- 2003 Promoting Self-Change with Problem Drinkers: Implications for Treatment Providers. Keynote Address presented at the National Institute on Alcohol Abuse and Alcoholism. Conference on “Treating Your Client’s Alcohol Problems: Lessons from the Latest Research. Fort Lauderdale, FL.
- 2003 Process of Self-Change: Two Decades of Research Thinking Outside of the Box. Brady/Schuster Award Talk for Outstanding Behavioral Science Research in Psychopharmacology and Substance Abuse. Annual Meeting of the American Psychological Association, 28, Toronto, Ontario, Canada.
- 2003 Motivational Interviewing and the Resistive Client. Invited talk to the U.S. Probation Officers’ Supervision Conference. Ft. Lauderdale, FL.
- 2003 Natural Recovery Without Treatment. Presented as part of the Wisconsin Bureau of Substance Abuse Services Teleconference Series. Madison. WI.
- 2003 Promoting Self-Change in the Community: Implications for FAS Prevention. Invited talk presented at Fetal Alcohol Syndrome Conference, Atlantic City, NJ.
- 2003 Development of a Cognitive-Behavioral Approach for Promoting Self-Change with Substance Abusers. Invited talk presented at the 20<sup>th</sup> annual Belgium Association of Cognitive Behavior Therapy Conference. Brussels, Belgium.
- 2003 Development of Motivational Interviewing. 30<sup>th</sup> anniversary of the Day Care Center de L’Orée for Treatment of Alcoholism and Dependence. University of Liège, Liège, Belgium.
- 2003 Self-Regulation: Natural and Self-Guided Recovery. Invited talk presented at the annual conference on Regulating Addiction: How Individuals, groups, and Institutions Manage Excessive Behaviors. Las Vegas, NV.
- 2004 Promoting Self-Change in the Community: Implications for Treatment and Prevention. Invited talk presented at the New Zealand School of the Addictions. Auckland, New Zealand.
- 2004 Promoting Self-Change: Implications for Preventing Fetal Alcohol Syndrome in the Community. Invited talk presented at the Centers for Disease Control and Prevention, Atlanta, GA.

- 2004 Process of Self-Change: Two Decades of Research Thinking Outside of the Box. Invited talk presented at the National Alcohol Research Center, Public Health Institute, Alcohol Research Group, Berkeley, CA.
- 2004 Where The Addiction Field Has Been, Where It Is Now, And Where It Might Be Headed. Invited talk presented to Waikato District Health Board, Health Waikato Division. Community Alcohol/Drug Service. Hamilton, New Zealand.
- 2004 Research seminar presented at the Department Universitaire de Medecine et Sante Communautaires. Centre de Traitement en Alcoologie. Lausanne, Switzerland.
- 2004 Motivational Interviewing: Working More Effectively with Clients Who are Resistant to Change. Invited talk presented at the 9<sup>th</sup> Annual Healthy Start and Early Intervention Training Conference. Port Canaveral, FL.
- 2004 Motivational Interviewing: Working More Effectively with Clients Who are Resistant to Change. Healthy Start and Early Intervention Training Conference. Jacksonville, FL.
- 2004 La Promoción del Auto-Cambio en Bebedores Problemáticos (presentation in Spanish; Promoting Self-change Among Problem Drinkers). University of Oviedo. Oviedo, Spain.
- 2004 Implementing Community Level Interventions: Nuts and Bolts. Centers for Disease Control and Prevention, State-Based Fetal Alcohol Syndrome Prevention Cooperative Agreements, Grantees Meeting. Atlanta. GA.
- 2004 Timeline Followback: A scientifically and clinically useful tool for assessing substance use. Invited talk presented at the 2004 Nebraska Symposium on Survey Science: Exposures and Well-Being: Emerging Methodologies in Life Events Research at the Gallup Research Center of the University of Nebraska-Lincoln. Omaha, NB.
- 2004 Three Decades of Clinical Research and How It Has Informed Clinical Practice. Invited talk presented at SMART Recovery 10<sup>th</sup> Annual Conference on "Self-Empowerment: The New Paradigm in Recovery." Chandler, AZ.
- 2005 Implementing Community Level Motivational Interventions" Invited talk presented at the 2005 Australia Winter School on Addictions, Brisbane, Australia.
- 2005 Taking the Treatment to the People: Using Motivational Interventions With the Masses to Reduce Alcohol Problems. Presidential Address, Division 12, Society of Clinical Psychology. Annual Meeting American Psychological, Washington, DC.
- 2005 Natural Recovery From Alcohol Abuse: Findings and Clinical Implications. Moray DAAT and Aberdeenshire ADAT, Aberdeen, Scotland.
- 2005 Timeline Followback and Family Tree Questionnaire: Scientifically and clinically useful tools for assessing alcohol use. Invited talk presented the National Institute on Alcohol Abuse and Alcoholism, Bethesda, MD.
- 2006 Natural Recovery/Self-Change: How It Works and Implications for Clinical Treatment. Eleventh International Conference on Treatment of Addictive Behaviors, Santa Fe, NM.
- 2006 Motivational Interviewing and Projects Choices and Healthy Choices. Research seminar on Preventing Alcohol Syndrome in Russian Children presented at the Faculty of Psychology in the State University of St. Petersburg, St. Petersburg, Russia.

- 2006 Self-Change: Processes and Implications for the Treatment of Addictive Behaviors. Invited talk presented at the Department of Psychology Virginia Tech, Blacksburg, VA.
- 2006 Motivational Interviewing: Preparing people to change their behaviors. Edward Via Virginia College of Osteopathic Medicine, Virginia Tech, Blacksburg, VA.
- 2006 Self-Change: Findings and Implications for the Treatment of Addictive Behaviors. Institute of Psychiatry and Neurology, Warsaw, Poland.
- 2006 Self-Change: Processes and Implications for the Treatment of Addictive Behaviors. Columbia University/NYSPI, Division of Child and Adolescent Psychiatry, New York, NY.
- 2006 Self-Change: Processes and Implications for the Treatment of Addictive Behaviors. Betty Ford Invited Award Talk. Association for Medical Education and Research in Substance Abuse, Washington, DC.
- 2007 Self-Change: Findings and Implications for the Treatment of Addictive Behaviors. Rethinking Addiction Conference. SMART Recovery. Glasgow, Scotland.
- 2007 Self-Change: Process and Implications for the Treatment of Addictive Behaviors. University of Florida, Addictive and Health Behaviors Research Institute, Mayo Clinic, and American Academy of Health Behavior. 3rd Symposium on Addictive & Health Behaviors Research: Health Behavior Intervention: Combining Research and Practice, Amelia Island, Florida.
- 2007 Self-Change: A Common Pathway to Recovery From Alcohol Problems. Scotland's Futures Forum: Fresh Perspective on Alcohol and Drugs. Glasgow, Scotland, United Kingdom.
- 2007 Master Clinician Seminar. Invited clinical presentation on "Using Motivational Interviewing Strategies and Techniques to Help Patients Change Risky/Problem Behaviors." Association for Cognitive and Behavioral Therapy, Boston, Philadelphia, PA.
- 2008 Self-Change: Findings and Implications for the Treatment of Addictive Behaviors. Distinguished Scholars Lecture. University of Texas at Austin, Health Behavior Research and Training Institute, Austin, TX.
- 2008 Self-Change: Findings and Implications for the Treatment of Addictive Behaviors. Brown University, Center for Alcohol and Addiction Studies and the Department of Psychiatry and Human Behavior, Providence, Rhode Island.
- 2008 Self-Change a Common Pathway to Recovery: Findings and Implications for the Treatment of Addictive Behaviors. Department of Psychiatry and Behavioral Science, Montefiore Medical Center, Bronx, NY.
- 2008 History of Moderation as an Alcohol Treatment Goal in the United States (with M. Sobell). International conference on "Moderation Use as a Treatment Goal: Integration Instead of Segregation". Psychiatry University Hospital and the Swiss Society of Addiction Medicine. Zurich, Switzerland.
- 2008 History of Moderation as an Alcohol Treatment Goal (with M. Sobell). Conference on "Controlled Drinking." GREA—Groupement Romand d'Etudes des Addictions. Geneva, Switzerland.
- 2009 Motivational Interviewing: Listening Not Lecturing. 24<sup>th</sup> Annual Southern Regional Conference of the American Diabetes Association. Orlando, FL.

- 2009 Motivational Interviewing: A Common Currency Among Health and Mental Health Care Practitioners and its Relevance for Treating Risky Problem Behaviors. Invited talk presented at the American Psychological Association annual convention. Toronto, Ontario, Canada.
- 2009 Self-Change: Findings and Implications for the Treatment of Addictive Behaviors. 2<sup>nd</sup> German Congress on Addiction. Cologne, Germany.
- 2009 Self-Change: Findings and Implications for the Treatment of Addictive Behaviors. Smart Recovery Conference on Comprehensive Approaches to Forensic Rehabilitation. Ottawa, Ontario, Canada
- 2010 Motivational Interviewing and Project Choices and Healthy Choices. Research seminar on Preventing Fetal Alcohol Syndrome in Russian Children presented at the Faculty of Psychology in the State University of St. Petersburg, St. Petersburg, Russia.
- 2010 Media-Based Interventions Promote Self-Change With Problem Drinkers. Invited presentation at the 6th Annual Pre-Conference Satellite on Mechanisms of Behavior Change, National Institute on Alcohol Abuse and Alcoholism, San Antonio, TX.
- 2011 APF Spielberg 16<sup>th</sup> Annual EMPathy symposium. Invited talk “Motivation to Change, Straws, and Camel’s Backs” presented at the annual American Psychological Association convention. Washington, DC.
- 2011 Self-Change: Findings and Implications for the Treatment of Addictive Behaviors. 8<sup>th</sup> Annual INEBRIA Conference, Boston, MA.
- 2012 Motivational Interviewing: A New Way of Talking With Patients Who Engage in Risky/Problem Behaviors. Webinar Presentation for the Guideline Advantage sponsored by the American Cancer Society, American Diabetes Association and American Heart Association.
- 2012 Motivational Interviewing in Health Psychology. Universidad Miguel Hernández, Elche, Spain.
- 2012 Self-Change: Findings and Implications for the Treatment of Addictive Behaviors. Swedish Society of Addiction Medicine. Stockholm, Sweden.
- 2012 Health System Implications for Promoting Self-Change For Alcohol Problems and Other Addictive Behaviors. University of Göteborgs, Göteborgs, Sweden.
- 2013 Using Motivational Interviewing with Difficult Clients. Fachtagung Klinische Sozialarbeit. 5th Conference of Clinical Social Work. Olten, Switzerland.
- 2014 Self-Change: Findings and Implications for the Treatment of Alcohol Problems. 2<sup>nd</sup> Coloquio Internacional de Analistas Conductuales Aplicados: Autocontrol y Adicciones. Universidad Nacional, Autónoma de México, Facultad de Psicología. Mexico City, Mexico.
- 2015 “Motivational Interviewing: A New Way of Talking With People About Quitting Smoking.” NSU Area Health Education Centers Program Grand Rounds for Broward Health Medical Center medical staff. Ft. Lauderdale, FL.
- 2017 “Timeline Followback: A Review of Clinical and Research Findings and Clinical Practice Interviewers.” Novartis. Madrid, Spain

## PUBLICATIONS

### Articles

- Light, L.L. & **Carter-Sobell, L.** (1970). Effects of changed semantic context on recognition memory. *Journal of Verbal Learning and Verbal Behavior*, 9, 1-11.
- Sobell, L.C.**, Schaefer, H.H., Sobell, M.B., & Kremer, M.E. (1970). Food priming: A therapeutic tool to increase the percentage of meals bought by chronic mental patients. *Behaviour Research and Therapy*, 8, 339-345.
- Sobell, L.C.**, Sobell, M.B., & Schaefer, H.H. (1971). Alcoholics name fewer mixed drinks than social drinkers. *Psychological Reports*, 28, 493-494.
- Schaefer, H.H., Sobell, M.B., & **Sobell, L.C.** (1972). Twelve month follow-up of hospitalized alcoholics given self-confrontation experiences by videotape. *Behavior Therapy*, 3, 283-285.
- Sobell, L.C.**, Sobell, M.B., & Christelman, W.C. (1972). The myth of "one drink." *Behaviour Research and Therapy*, 10, 119-123.
- Sobell, L.C.** & Sobell, M.B. (1972). Effects of alcohol on the speech of alcoholics. *Journal of Speech and Hearing Research*, 15, 861-868.
- Sobell, M.B. & **Sobell, L.C.** (1973). Individualized behavior therapy for alcoholics. *Behavior Therapy*, 4, 49-72.
- Selected as:*
- Citation Classic (1985). *Current Contents/Social & Behavioral Sciences*, 17, 16.
- Reprinted in:*
- Mental Health Digest*(1973). N.I.M.H., 5, 43-47 (condensed form).
- Strupp, H.H. et al. (Ed.). (1974). 1973, *Psychotherapy and behavior change annual*, Chicago: Aldine, 302-325.
- Zlutnick, S. & Katz, R. (Eds.). (1974). *Behavior therapy and health care: Principles and applications*. New York: Pergamon Press, 535-560.
- Lilienfeld, S. (Ed.). (1995). *Classic controversies in abnormal psychology: Opposing perspectives on mental illness and its treatment*. Pacific Grove, CA: Brooks/Cole, 331-345.
- Republished in:*
- Special 50th Anniversary Issue: Honoring the Past and Looking to the Future: Updates on Seminal Behavior Therapy Publications on Current Therapies and Future Directions, Part II [Behavior Therapy](#). Volume 47, Issue 6, November 2016, Pages 937-949.*
- Sobell, L.C.** & Sobell, M.B. (1973). A self-feedback technique to monitor drinking behavior in alcoholics. *Behaviour Research and Therapy*, 11, 237-238.
- Sobell, M.B. & **Sobell, L.C.** (1973). Alcoholics treated by individualized behavior therapy: One year treatment outcome. *Behaviour Research and Therapy*, 11, 599-618.
- Reprinted in:*
- Franks, C.M. & Wilson, G.T. (Eds.). (1975). *Annual review of behavior therapy, theory and practice*. New York: Bruner/Mazel, 605-631.
- Ward, D.A. (Ed.). (1985). *Alcoholism: Introduction to theory and treatment*, Revised second edition. Dubuque: Kendall/Hunt, 410-429.
- Ward, D.A. (Ed.). (1990). *Alcoholism: Introduction to theory and treatment*, 3<sup>rd</sup> Edition. Dubuque: Kendall/Hunt, 364-383.
- Sobell, L.C.** & Sobell, M.B. (1974). The erudite transient. *International Journal of Social Psychiatry*, 20, 242-250.

- Sobell, M. B., **Sobell, L.C.**, & Samuels, F.H. (1974). Validity of self-reports of alcohol-related arrests by alcoholics. *Quarterly Journal of Studies on Alcohol*, *35*, 276-280.
- Sobell, M.B. & **Sobell, L.C.** (1975). A brief technical report on the Mobat: An inexpensive portable test for determining blood alcohol concentration. *Journal of Applied Behavior Analysis*, *8*, 117-120.
- Sobell, L.C.** & Sobell, M.B. (1975). Legitimizing alternatives to abstinence: Implications now and for the future. *Journal of Alcoholism*, *10*, 5-16.
- Sobell, L.C.** & Sobell, M.B. (1975). Outpatient alcoholics give valid self-reports. *Journal of Nervous and Mental Disease*, *161*, 32-42.
- Sobell, L.C.** & Sobell, M.B. (1975). Drunkenness, a 'special circumstance' in crimes of violence: Sometimes. *International Journal of the Addictions*, *10*, 869-882.
- Feldman, D.J., Pattison, E.M., **Sobell, L.C.**, Graham, T., & Sobell, M.B. (1975). Outpatient alcohol detoxification: Initial findings on 564 subjects. *American Journal of Psychiatry*, *132*, 407-412.
- Abstracted in:*  
*Psychiatric Spectator* (1975). *9*, Sandoz.
- Reprinted in:*  
 E.M. Pattison (Ed.). (1982). *Selection of treatment for alcoholics*. New Brunswick, NJ: Rutgers Center for Alcohol Studies, NIAAA-RUCAS Alcoholism Treatment Series, No. 1.
- Baker, T.B., Sobell, M.B., **Sobell, L.C.**, & Cannon, D.C. (1976). Halfway houses for alcoholics: A review, analysis, and comparison with other halfway house facilities. *International Journal of Social Psychiatry*, *22*, 130-139.
- Sobell, M.B., **Sobell, L.C.**, & Sheahan, D.B. (1976). Functional analysis of drinking problems as an aid in developing individual treatment strategies. *Addictive Behaviors*, *1*, 127-132.
- Sobell, M.B. & **Sobell, L.C.** (1976). Second year treatment outcome of alcoholics treated by individualized behavior therapy: Results. *Behaviour Research and Therapy*, *14*, 195-215.
- Reprinted in:*  
 E.M. Pattison, M.B. Sobell, & L.C. Sobell (Authors/Eds.), (1977). *Emerging concepts of alcohol dependence*. New York: Springer.
- Sobell, L.C.** (1976). The validity of self-reports: Toward a predictive model. Unpublished doctoral dissertation, University of California, Irvine.
- Sobell, L.C.** & Sobell, M.B. (1977). Driver records: An aid in follow-up tracking and verification of self-reports of alcoholics. *International Journal of the Addictions*, *12*, 429-438.
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- Sobell, L.C.** & Sobell, M.B. (1978). Validity of self-reports in three populations of alcoholics. *Journal of Consulting and Clinical Psychology*, *46*, 901-907.
- Caddy, G.R., Sobell, M.B., & **Sobell, L.C.** (1978). Alcohol breath tests: Criterion times for avoiding contamination by "mouth alcohol." *Behavior Research Methods and Instrumentation*, *10*, 814-818.
- Sobell, M.B. & **Sobell, L.C.** (1978). Evaluating the external validity of Ewing and Rouse. *British Journal of Addiction*, *73*, 343-345.
- Sobell, M.B., **Sobell, L.C.**, & VanderSpek, R. (1979). Relationships between clinical judgment, self-report and breath analysis measures of intoxication in alcoholics. *Journal of Consulting and Clinical Psychology*, *47*, 204-206.

- Maisto, S.A., **Sobell, L.C.**, & Sobell, M.B. (1979). Comparison of alcoholics' self-reports of drinking behavior with reports of collateral informants. *Journal of Consulting and Clinical Psychology, 47*, 106-122.  
*Abstracted in:*  
*Psychiatry Digest, 1979.*
- Maisto, S.A., **Sobell, L.C.**, Zelhart, P.F., Connors, G.J., & Cooper, T. (1979). Driving records of persons convicted for driving under the influence of alcohol. *Journal of Studies on Alcohol, 40*, 70-78.
- Sobell, M.B. & **Sobell, L.C.** (1979). Comment on "Alcoholics Anonymous as treatment and as ideology." *Journal of Studies on Alcohol, 40*, 320-322.
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- Sobell, L.C.**, Maisto, S.A., Sobell, M.B., & Cooper, A.M. (1979). Reliability of alcohol abusers self-reports of drinking behavior. *Behaviour Research and Therapy, 17*, 157-160.
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- Sobell, L.C.**, VanderSpek, R., & Saltman, P. (1980). Utility of portable breath alcohol testers for drinking driver offenders. *Journal of Studies on Alcohol, 41*, 930-934.
- Nirenberg, T., **Sobell, L.C.**, & Sobell, M.B. (1980). Effective and inexpensive procedures for decreasing client attrition in an outpatient alcohol treatment program. *American Journal of Drug and Alcohol Abuse, 7*, 73-82.
- Maisto, S.A., Sobell, M.B., & **Sobell, L.C.** (1980). Predictors of treatment outcome for alcoholics treated by individualized behavior therapy. *Addictive Behaviors, 5*, 259-264.
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- Cooper, A.M., Sobell, M.B., **Sobell, L.C.**, & Maisto, S.A. (1981). Validity of alcoholics' self-reports: Duration data. *International Journal of the Addictions, 16*, 401-406.
- Sobell, L.C.** & Key, M.K. (1982). Program evaluation training: A collaborative university-CMHC venture. *Professional Psychology, 13*, 318-321.
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## Assessment Instruments

### A. Timeline Followback (TLFB) (Sobell, L. C. & Sobell, M. B.)

**Translated into:** Spanish (Mexico), Dutch, Finnish, Japanese, Russian, Polish, Norwegian  
**Linguistic Validation Certificate** Conducted by the MAPI Institute (Lyon, France) **for Timeline Followback Sample Calendar and Instructions:** Translated into Czech, Hungarian, Italian Slovak, French, German, Spanish (Spain), Polish, and Swedish. A translation certificate for those validations is on our website

[http://www.nova.edu/gsc/online\\_files.html](http://www.nova.edu/gsc/online_files.html)

#### Selected for inclusion in

1. Allen, J. P. & Columbus, M. (1995). *Assessing alcohol problems: A guide for clinicians and researchers.* Rockville, MD: National Institute on Alcohol Abuse and Alcoholism.
2. Primary drinking assessment and outcome measure. American Psychiatric Association, *Handbook of Psychiatric Measures.* Washington, DC, 2000.
3. European Monitoring Centre for Drugs and Drug Abuse: Evaluation Instrument Bank-Treatment, 2000.
4. Alcohol, Drug, Cigarette, and Marijuana Timeline Followback Method. (1998).[CD ROM]. [ONLINE]. Abstracts from: Knowledge Access, OVID Technologies. HaPI Item.
5. ISA Group: CD-ROM based "Instrument Wizard" for Substance Abuse Prevention Interventions.
6. MAPI Research Institute, Lyon, France. Quality of Life Instruments Database ([www.QOLID.org](http://www.QOLID.org))
7. Allen, J. P., & Wilson, V. (2003). *Assessing alcohol problems (2nd ed.)*. Rockville, MD: National Institute on Alcohol Abuse and Alcoholism.
8. Primary drinking assessment and outcome measure. American Psychiatric Association, *Handbook of Psychiatric Measures.* Washington, DC, 2008.

9. PsychTESTS, American Psychological Association, 2012.

**B. Family Tree Questionnaire** (Sobell, L. C. , Mann, R., Sobell, M. B., & Pavan, D.)

**Selected for inclusion in:**

1. Allen, J. P. & Columbus, M. (1995). *Assessing alcohol problems: A guide for clinicians and researchers*. Rockville, MD: National Institute on Alcohol Abuse and Alcoholism.
2. Family Tree Questionnaire. (1998).[CD ROM]. [ONLINE]. Abstracts from: Knowledge Access, OVID Technologies. HaPI Item.
3. ISA Group: CD-ROM based “Instrument Wizard” for Substance Abuse Prevention Interventions
4. PsychTESTS, American Psychological Association, 2012.

**C. Drug History Questionnaire** (Sobell, L. C. &Sobell, M. B.)

**Selected for inclusion:**

1. European Monitoring Centre for Drugs and Drug Abuse: Evaluation Instrument Bank-Treatment, 2000.
2. ISA Group: CD-ROM based “Instrument Wizard” for Substance Abuse Prevention Interventions
3. PsychTESTS, American Psychological Association, 2012.

**D. Drug Consequence Checklist** (Sobell, L. C. & Sobell, M. B.)

1. ISA Group: CD-ROM based “Instrument Wizard” for Substance Abuse Prevention Interventions
2. PsychTESTS, American Psychological Association, 2012.

**E. Brief Situation Confidence Questionnaire** (Breslin, C., Sobell, L. C. & Sobell, M. B.)

1. Center for Substance Abuse Treatment. (1999). *Enhancing motivation for change in substance abuse treatment: Treatment improvement protocol (TIP) series 35 (DHHS publication No. SMA 99-3354)*. Rockville, MD: Substance Abuse and Mental Health Services Administration.
2. PsychTESTS, American Psychological Association, 2012.

**F. Project CHOICES (Preventing Alcohol Exposed Pregnancies)**

1. Recipient of 2008 Charles C. Shepard Science Award (category of Prevention and Control for most outstanding peer-reviewed research paper published by CDC/ATSDR scientists during the preceding year).
2. CHOICES: A Program for Women About Choosing Healthy Behaviors is listed in the National Registry of Evidence-based Programs and Practices (NREPP).  
<http://nrepp.samhsa.gov/ViewIntervention.aspx?id=348>.

**G. iSelfChange™ APP for iPhones and iPads and Android and Smartphones (Promoting Self-Change)**

1. iSelfChange™, is an evidence-based free app for changing drinking (and if a smoker smoking) and is available for **iPhones and iPads at Apple App iTunes store** <https://itunes.apple.com/us/app/iselfchange/id761033899?ls=1&mt=8> and (2) **Android and smartphones at Google Play store** <https://play.google.com/store/apps/details?id=edu.nova.iSelfChange>

**[Awarded trademark status in the U.S. and Canada].**

2. ABCT Addictive Behaviors SIG Outstanding Student Poster Award, 2013.

**Computer Software, Manuals and Instructional Training Videos, CD ROMS and DVDs**

- Sobell, L. C. & Sobell, M. B. (1995).** *Motivational Strategies for Promoting Self-Change: Dealing with Alcohol and Drug Problems. Instructional Training Video.* Toronto, Canada: Addiction Research Foundation.  
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<http://www.cdc.gov/ncbddd/fasd/research-preventing.html>

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- Sobell, M.B. & Sobell, L.C. (1984). *Study on the treatment outcome research project-Critical review of the state of research*. (Research Contract No. 19SV.3204503). Ottawa, Ontario: Department of National Defense, (Final Report).
- Sobell, L.C.** (1988). Executive Summary: Position paper on Natural Recovery From Alcohol Problems. Invited paper prepared for the Task Force on Assessment and Treatment Assignment, Institute of Medicine, National Academy of Sciences.
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### Book and Media Reviews

- Sobell, M. B. & **Sobell, L. C.** (1981). Phenomenology of symposiasitis. Review of W.E. Fann, I. Karacan, A. D. Pokorny & R.L. Williams (Eds.), *Phenomenology and treatment of alcoholism*. In *Contemporary Psychology*, 26, 783-784.
- Sobell, L. C.** & Sobell, M. B. (1981). Is it self-help or self-harm? Review of G.G. Forrest, *How to live with a problem drinker and survive*. In *Contemporary Psychology*, 26, 923.
- Sobell, L. C.** (1988). Review of W.R. Miller and N. Heather (Eds.), *Treating addictive behaviors: Processes of change*. In *Journal of Studies on Alcohol*, 49, 288.
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- Sobell, L. C.** (1992). Review of R. J. Frances & Sheldon I. Miller (Eds.), *Clinical textbook of addictive disorders*. In *Canadian Medical Association Journal*, 146, 972.

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- Sobell, L. C.** (2001). Review of McCrady, B. S. & Epstein, E. E. *Addictions: A comprehensive guidebook*. Oxford University Press. In *Journal of Child and Adolescent Substance Abuse*, 10, 89.
- Sobell, L. C.** (2002). Review of Heather, N., Peters, T. J., & Stockwell, T. *International handbook of alcohol dependence and problems*. New York: John Wiley. In *the Behavior Therapist*, 25, 192.
- Sobell, L.C. & Sobell, M.B.** (2013). Not quite in the MI Spirit [Review of the 4-DVD set Motivational Interviewing Step by Step, 2012]. *PsycCRITIQUES*, 58(2). doi: 10.1037/a0031452

### Posters and Papers Presented at Professional Meetings

- Rosenblatt, P.C. & **Carter, L.** (now Sobell, L.C.) (1969, April). Mother and child reactions to traditional children's stories. Paper presented at the Southwestern Anthropological Association, Las Vegas, Nevada.
- Sobell, M.B. & **Sobell, L.C.** (1972, September). One-year follow-up of alcoholics treated by the method of individualized behavior therapy. Paper presented at the 80<sup>th</sup> Annual Meeting American Psychological Association, Honolulu, Hawaii.
- Sobell, L.C. & Sobell, M.B.** (1973, April). A technique for reinstating appropriate verbal behavior in psychotics with degenerated speech. Paper presented at the Annual Meeting of the Western Psychological Association, Anaheim, CA.
- Sobell, M.B. & **Sobell, L.C.** (1973, August). Evidence of controlled drinking by former alcoholics: A two-year evaluation of individualized behavior therapy. Paper presented at the 81<sup>st</sup> Annual Meeting of the American Psychological Association, Montreal, Canada.
- Sobell, M.B., **Sobell, L.C.**, & Sheahan, D.B. (1973, December). Contingency diagramming: An aid in developing optimal behavior therapy programs for problem drinkers. Paper presented at the 7<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Sobell, L.C. & Sobell, M.B.** (1975, March). Frequent follow-up interviews as a dual process: Data gathering and "continuing care". Paper presented at the 21<sup>st</sup> Annual Meeting of the Southeastern Psychological Association, Atlanta, GA.
- Sobell, L.C. & Sobell, M.B.** (1975, September). Training normal drinking in state hospital alcoholics. Paper presented as part of a symposium on Training responsible drinking with different subpopulations of problem drinkers at the 83<sup>rd</sup> Annual Meeting of the American Psychological Association, Chicago, IL.
- Sobell, L.C. & Sobell, M.B.** (1976, March). A comparative evaluation of the validity of self-reports of three different populations of alcoholics. Paper presented at the 22<sup>nd</sup> Annual Meeting of the Southeastern Psychological Association, New Orleans.
- Sobell, L.C.**, Sobell, M.B., & VanderSpek, R. (1976, March). Three independent comparisons between clinical judgment, self-reports, and physiological measures of blood alcohol level. Paper presented at the 22<sup>nd</sup> Annual Meeting of the Southeastern Psychological Association, New Orleans, LA.

- Maisto, S.A., **Sobell, L.C.**, Cooper, T., & Zelhart, P. (1977, February). DUI offenders are generally less competent drivers than non-DUI offenders—therapeutic and legal implications. Paper presented at the Annual Meeting of the Association for the Advancement of Science, Denver, CO.
- Maisto, S.A., **Sobell, L.C.** & Cooper, A.M. (1977, May). Reliability of alcoholics' self-reports of drinking and related behaviors one year prior to treatment in an outpatient alcohol program. Paper presented at the 23<sup>rd</sup> Annual Meeting of the Southeastern Psychological Association, Hollywood, FL.
- Cooper, A.M., **Sobell, L.C.**, & Maisto, S.A. (1977, May). Criterion intervals for retrospective pretreatment comparison data: Thirty days or longer. Paper presented at the 23<sup>rd</sup> Annual Meeting of the Southeastern Psychological Association, Hollywood, FL.
- Sobell, L.C.**, Maisto, S.A., Ersner-Hershfield, S., & Sobell, M.B. (1979, March). Integrating treatment outcome evaluation in alcohol and drug treatment programs: Problems in initiation, compliance and attrition. Paper presented at the 25<sup>th</sup> Annual Meeting of the Southeastern Psychological Association, New Orleans.
- Ersner-Hershfield, S., **Sobell, L.C.**, Sobell, M.B., & Maisto, S.A. (1979, September). Therapeutic value of follow-up interviews for alcohol abusers. Paper presented at the 87<sup>th</sup> Annual Meeting of the American Psychological Association, New York, NY.
- Noel, N.E., Chatham, L.R., & **Sobell, L.C.** (1980, October). Issues in the research, treatment and prevention of alcohol problems among women. Paper presented at the American Public Health Association, Detroit, MI.
- Sobell, L.C.** & Sobell, M.B. (1980, November). Clinical aspects of a behavioral treatment program for problem drinkers. Paper presented at the 14<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Sobell, M.B. & **Sobell, L.C.** (1980, November). Client rights in substance abuse treatment programs. Paper presented at the 14<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY, November 1980.
- Connors, G.J., Sturgis, S.A., Sobell, M.B., & **Sobell, L.C.** (1981, April). Alcohol abuse recovery patterns and employment. Paper presented at the Annual Meeting of the Eastern Psychological Association, New York, NY.
- Nirenberg, T.D., **Sobell, L.C.**, & Ersner-Hershfield, S. (1983, December). *Self-monitoring of alcohol consumption: Reactivity and reliability*. Poster presented at the World Congress on Behavior Therapy and the 17<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Sobell, M.B., **Sobell, L.C.**, Klajner, F., & Riley, D.M. (1985, November). *Effects of alcohol-related television program contents and commercials on alcohol abusers and normal drinkers*. Poster presented at the 19<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Houston, TX.
- Sobell, L.C.**, Sobell, M.B., Riley, D.M., Klajner, F., & Schuller, R. (1985, November). *Assessing the reliability of alcohol abusers' self-reports of distant social and environmental events and some practical procedures for counteracting unreliable answers*. Poster presented at the 19<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Houston, TX.
- Sobell, L.C.**, Sobell, M.B., Riley, D.R., & Schuller, R. (1986, November). *Assessing the reliability of alcohol abusers' self-reports of drinking that occurred in the distant past*. Poster presented at the Annual Meeting of the Canadian Psychological Association, Toronto, Canada, June, 1986.



- Sobell, M.B., Bogardis, J., Schuller, R., Leo, G.I., & **Sobell, L.C.** (1986, November). *Is self-monitoring of alcohol consumption by college students a reactive procedure?* Poster presented at the 20<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Chicago, IL.
- Sobell, M.B., **Sobell, L.C.**, & Leo G.I. (1987, November). *Problem drinkers: Good times drinking and other characteristics.* Poster presented at the 21<sup>st</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Sobell, L.C.**, Sobell, M.B., & Toneatto, T. (1987, November). *The role of life events in the self-change process of alcohol abusers.* Poster presented at the 21<sup>st</sup> Annual Meeting of Association for Advancement of Behavior Therapy, Boston, MA.
- Toneatto, T., Sobell, M.B., **Sobell, L.C.**, & Leo, G. I. (November, 1988). Cognitive effects of exposure to alcohol cues in television programming and commercials. Poster presented at the 22<sup>nd</sup> Annual Meeting of Association for Advancement of Behavior Therapy, New York, NY.
- Somer, G.R., **Sobell, L.C.**, Sellers, E.M., & Sobell, M.B. Characteristics of long-term alprazolam users. Poster presented at the 4<sup>th</sup> World Conference on Clinical and Pharmacology and Therapeutics. Manheim, Germany, July, 1989.
- Toneatto, T. **Sobell, L.C.**, Leo, G., & Sobell, M.B. Effects of alcohol cues in television programs and commercials on the urge to consume alcohol. Poster presented at the 23<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC, November, 1989.
- Sobell, M.B., **Sobell, L.C.**, & Bogardis, J. Should goals for alcohol abusers in outpatient treatment be self-selected or therapist-assisted? Poster presented at the 23<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC, November, 1989.
- Shirley, M. C., Cookfair, D. L. **Sobell, L.C.**, Steinig, P., Reese, P.A., Connors, G.J., & Heimbeck, D. The assessment of alcohol and high risk drinking situations in cancer patients. Poster presented at the 23<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC, November, 1989.
- Toneatto, T., **Sobell, L.C.**, Sobell, M.B., & Leo, G.I. (1990, November). Gender differences in alcohol, nicotine, and other drug treatment outcomes. Poster presented at Multiple Addictions Conference, San Diego, CA.
- Toneatto, T., Kozlowski, L.T., **Sobell, L.C.**, & Sobell, M.B. (1990, November). The relationship between smoking status and alcohol abuse. Poster presented at the Multiple Addictions Conference, San Diego, CA..
- Sobell, M.B. & **Sobell, L.C.** (1990, January). Problem drinkers and self-control treatments: A closer look. Poster presented at Fifth International Conference on Treatment of Addictive Behaviors, Sydney, Australia.
- Sobell, M.B., Sellers, E. M., & **Sobell, L.C.** (1990, January). Combining pharmacological and behavioral treatments for enhancing self-control over addictive behaviors. Poster presented at the Fifth International Conference on Treatment of Addictive Behaviors, Sydney, Australia.
- Sellers, E. M., Somer, G.R., **Sobell, L.C.**, & Sobell, M. (1990, March). Discontinuation symptoms among persistent alprazolam users. Poster presented at the meeting of the American Society for Clinical Pharmacology and Therapeutics, San Francisco, CA.,
- Toneatto, T., Sellers, E. M., **Sobell, L.C.** & Sobell, M.B. (1990, June). Perception of whether drug or placebo has been administered, influences the pharmacologically-mediated reduction of alcohol consumption and urge to consume alcohol in alcohol abusers. Poster presented at the Fifth Congress of the International Society for Biomedical Research on Alcoholism/Satellite Symposium, Toronto.

- Romach, M. K., Somer, G., **Sobell, L.C.**, Sobell, M., & Seller, E. M. (1990, September). Surveys of alprazolam users: Patient, physician, and drug. Poster presented at the Royal College of Physicians and Surgeons/Canadian Society for Clinical Investigations, Toronto, Canada.
- Toneatto, T., **Sobell, L.C.**, Sobell, M. B., Johnson, L., & Leo, G. I. (1990, November). Going to the source: Alcohol abusers' perceptions of their self-reports. Poster presented at the 24<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- Sobell, M.B., **Sobell, L.C.**, & Leo, G. I. (1990, November). Guided self-management for problem drinkers: An evaluation of the unique contribution of a relapse prevention perspective. Poster presented at the 24<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- Sellers, E. M., Romach, M. K., Toneatto, T., **Sobell, L.C.**, Somer, G. R., & Sobell, M. (1991, June). Efficacy of Ondansetron, 5-HT<sub>3</sub> antagonist in alcoholism treatment. Poster presented at the 5<sup>th</sup> World Congress of Biological Psychiatry, Florence, Italy.
- Ayala-Velaquez, H., Sobell, M. B. Cardenas, G., **Sobell, L.C.**, Echeverría, L. (1991, August). Un proyecto colaborativo para la investigación, desarrollo, y evaluación de tratamiento conductual de consulta externa para abuso de alcohol. Paper presented at the 1991 World Congress for Mental Health, Mexico City, Mexico.
- Toneatto, T., **Sobell, L.C.**, Sobell, M. B., Cunningham, J.C., & Leo, G. I. (1991, November). Factors associated with the dual cessation of alcohol and tobacco problems. Poster presented at the 25<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Cunningham, J.C., **Sobell, L.C.**, Sobell, M. B., Toneatto, T., & Johnson, L. (1991, November). Barriers to seeking treatment: What recovered and nonrecovered alcohol abusers can tell us about why they delayed or never sought treatment. Poster presented at the 25<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Cunningham, J.C., & **Sobell, L.C.** (1991, November). Do drug types and dependence labels affect treatment considerations? Poster presented at the 25<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Sobell, L.C.** & Sobell, M.B., Toneatto, T., & Kozlowski, L. (1992, March). The role and temporal relationship played by one substance in recovery from another substance. Paper presented in a symposium on Understanding and Treating Nicotine Addiction in Smoking With Other Chemical Dependencies at the 13<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, New York, NY.
- Cunningham, J. & **Sobell, L. C.** (1992, June). The public's perception of the appropriateness of treatment outcomes. Poster presented at the annual meeting of the World Congress of Cognitive Therapy, Toronto, Canada.
- Toneatto, T., Cunningham, J.C., **Sobell, L.C.**, & Sobell, M. B. (1992, June). Effect of smoking status on alcohol recovery. Poster presented at the annual meeting of the Committee on Problems of Drug Dependence, Keystone, Colorado.
- Romach, M., Busto, U., **Sobell, L.C.**, Sobell, M. B., Somer, G., & Sellers, E. M. (1992, June). Clinical characteristics of three groups of long-term alprazolam (A) and lorazepam (I) users. Poster presented at the annual meeting of the 18<sup>th</sup> Annual Harvey Stancer Research Day, Department of Psychiatry, University of Toronto, Toronto, Ontario.

- Sobell, M.B. & **Sobell, L.C.** (1992, July). Natural recoveries from alcohol problems: Secondary prevention and treatment implications. Poster presented at the Second International Congress of Behavioral Medicine, Hamburg, Germany.
- Sobell, M.B. & **Sobell, L.C.** (1992, November). Education level and treatment goals selection for problem drinkers: Matching variables? Poster presented at the 26<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Toneatto, T., **Sobell, L.C.**, Sobell, M.B., Agrawal, S., & Gavin, D. (1994, November). Relationship between hepatic dysfunction and patterns of alcohol consumption. Poster presented at the 26<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Cunningham, J.C., **Sobell, L.C.**, & Chow, V. M. C. (1992, November). Beliefs about substance abuse and abusers: Implications for treatment. Poster presented at the 26<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Sobell, M.B. & **Sobell, L.C.** (1993, January). Clients' and therapists' perceptions of a motivational intervention for problem drinkers. Poster presented at the Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.
- Cunningham, J.C., **Sobell, L.C.**, Gaskin, J. & Chow, V.M. C. (1993, January). Reasons for seeking treatment for alcohol and other drug abusers. Poster presented at the Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.
- Cunningham, J.C., Sobell, M. B., **Sobell, L.C.**, & Gavin, D. R. (1993, January). Drinking patterns amongst a sample of the general population. Poster presented at the Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico..
- Toneatto, T., Rubel, E. **Sobell, L.C.**, & Sobell, M. B. (1993, June). Untreated recovery from cocaine dependence. Poster presented at the annual meeting of the Committee on Problems of Drug Dependence, Toronto, Canada.
- Romach, M. K., Kaplan, H.L., Busto, U., Somer, G., **Sobell, L.C.**, Sobell, M. B., & Sellers, E. M. (1994, June). Adjunctive medication in benzodiazepine discontinuation: Ondansetron. A 5-HT antagonist. Poster presented at the annual meeting of the Committee on Problems of Drug Dependence, Toronto, Canada.
- Sobell, M. B. & **Sobell, L. C.** Dual recoveries from smoking and alcohol problems among naturally recovered alcohol abusers. (1993, June). Paper presented at the annual meeting of the Committee on Problems of Drug Dependence, Toronto, Canada.
- Romach, M.K., Kaplan, H. L., Busto, U., Somer, G., **Sobell, L.C.**, Sobell, M. B., & Sellers, E. M. (1994, June). Adjunctive medication in benzodiazepine discontinuation: Ondansetron. 5-HT<sub>3</sub> antagonist. Poster presented at the 19<sup>th</sup> Annual Harvey Stancer Research Day, Department of Psychiatry, University of Toronto, Toronto, Ontario.
- Bowens, B., **Sobell, L.C.**, Toneatto, T., & Romach, M. (1994, June). Using cognitive dissonance to reduce alcohol abuse. Poster presented at the 19<sup>th</sup> Annual Harvey Stancer Research Day, Department of Psychiatry, University of Toronto, Toronto, Ontario.
- Sobell, L.C.**, Sobell, M.B., & Leo, G. I. (1993, November). Spousal support as a motivational intervention for problem drinkers. Poster presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- Cunningham, J.C., **Sobell, L.C.**, Kwan, E., & Sobell, M.B. (1993, November). The relationship between alcohol abusers' beliefs about the causes of alcohol abuse and their treatment outcome. Poster presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

- Cunningham, J.C., **Sobell, L.C.**, Sobell, M.B., & Chow, V. M. C. (1993, November). Responses to quit or reduce alcohol consumption: A general population sample. Poster presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- Sobell, L.C.**, Sobell, M.B., & Agrawal, S. (1993, November). Increasing self-report accuracy among alcohol abusers and their collaterals. Poster presented at the 27<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- Cunningham, J. C., **Sobell, L.C.**, Johnson, L., Sobell, M.B., & Agrawal, S. (1994, March). Awareness of self-change as a pathway to recovery from alcohol problems. Poster presented at the 5<sup>th</sup> International Conference on the Reduction of Drug Related Harm Reduction Conference, Toronto, Canada.
- Sobell, M. B. & **Sobell, L.C.** (1994, November). Relapse rates among naturally recovered alcohol abusers. Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Maui, Hawaii.
- Sobell, L. C.** & Sobell, M. B. (1994, June). Naturally recovered alcohol abusers: What maintains their resolutions? Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Maui, Hawaii.
- Cunningham, J. C., **Sobell, L. C.**, Sobell, M. B., & Chow, V. M. C. (1994, November). Should physicians be asking about alcohol, smoking, and drug use? The patient's perspective. Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Maui, Hawaii.
- Cunningham, J. C., **Sobell, L. C.**, & Sobell, M. B. (1994, June). Motivating clients to follow through on treatment referrals: The role of a cognitive appraisal process. Poster presented at the Annual Scientific Meeting of the Research Society on Alcoholism, Maui, Hawaii.
- Sobell, M. B., **Sobell, L.C.**, & Cleland, P. A. A comparative analysis of individual versus group treatment utilizing self-guided autocontrol. Presented at the symposium "Treatment of Addictive Behaviors." 23<sup>rd</sup> International Congress of Applied Psychology, Madrid, July 1994.
- Cunningham, J. C., **Sobell, L.C.**, Sobell, M. B., & Chow, V. M. C. (1994, November). Do reasons for seeking treatment predict drinking outcomes? Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Cunningham, J. C., **Sobell, L. C.**, & Sobell, M. B. (1994, November). Self-change among alcohol abusers: Further evidence it is the predominant pathway to recovery. Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Rubel, E. R., Toneatto, T., **Sobell, L. C.**, & Sobell, M. B. (1994, November). The process of behavior change among untreated but recovered cocaine abusers. Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Toneatto, T., **Sobell, L. C.**, Rubel, E. R., Leo, G. I., Sobell, M. B., & Agrawal, S. (1994, November). Comparing untreated recovery in cocaine and alcohol abusers. Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Breslin, C., Sdao-Jarvie, K., Sobell, M. B., & **Sobell, L. C.** (1994, November). Coping responses and the predictions of treatment outcome among problem drinkers. Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Sobell, L.C.**, Sobell, M. B., Cunningham, J. C., & Agrawal, S. (1995, July). Cognitive mediators antecedent and consequent to natural recoveries from alcohol problems. Poster presented at the World Congress of Behavioural and Cognitive Therapies. Copenhagen, Denmark.

- Sobell, L.C.**, Sobell, M. B., Brown, J., & Cleland, P. A. (1995, November). A randomized trial comparing group versus individual Guided Self-Change treatment for alcohol and drug abusers. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Sobell, M. B., **Sobell, L. C.**, & Leo, G. L. (1995, November). The reliability of the alcohol Timeline Follow-back when administered by telephone and by computer. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Breslin, F. C., **Sobell, L. C.**, & Sobell, M. B. Evaluating a brief version of the Timeline Followback for use by clinicians. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC., November, 1995.
- Breslin, F. C., **Sobell, L. C.**, Sobell, M. B., Cunningham, J. C., & Kwan, E. (1995, November). Prognostic markers for a stepped care approach: The utility of within treatment drinking variables. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Cunningham, J. C., **Sobell, L. C.**, Gavin, D. R., Sobell, M. B., & Breslin, F. C. (1995, November). Assessing motivation for change: On outgoing outcome expectancy measure of the costs and benefits of changing alcohol and drug use. Poster presented at the 29<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Romach, M. K., Sellers, E. M., Kaplan, H.L., Somer, G., Sobell, M. B., **Sobell, L.C.**, & Gorthy, L. (1996, June). Efficacy of dexfenfluramine (dex) in the treatment of alcohol dependence. Poster presented at the Annual Scientific Meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- Sobell, M. B., Klingemann, H., **Sobell, L.C.**, Agrawal, S., Toneatto, T. (1996, September). Cross-cultural qualitative analysis of antecedents to natural recoveries from alcohol problems. Poster presented at the International Symposium on Addictions '96: Treatment Across the Addictions. Hilton Head, SC.
- Cunningham, J. C., **Sobell, L. C.**, & Sobell, M. B. (1996, September). Recovery from alcohol problems with and without treatment in a general population survey” Reasons for change. Poster presented at the International Symposium on Addictions '96: Treatment Across the Addictions. Hilton Head, SC.
- Sobell, M. B., Buchan, G., & **Sobell, L.C.** (1996, November). Relationship of goal choices by substance abusers in Guided Self-Change treatment to subject characteristics and treatment outcome. Poster presented at the 30<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Sobell, L.C.**, Sobell, M. B., Buchan, G., Cleland, P., Fedoroff, I., & Leo, G. I. (1996, November). The reliability of the Timeline Followback method applied to drug, cigarette, and cannabis use. Poster presented at the 30<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Cunningham, J. C., **Sobell, L. C.**, Gavin, D. R., Breslin, F. C., & Sobell, M. B. (1996, November). Dealing with urges to drink: Techniques associated with successful treatment outcomes. Poster presented at the 30<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Wagner, E. F., Sobell, M. B., **Sobell, L.C.**, & Lui, E. (1997, November). Cannabis abuse: Treatment seeker characteristics and brief treatment outcome. Poster presented at the 31<sup>st</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.

- Ellingstad, T. P., **Sobell, L.C.**, Cleland, P., & Sobell, M. B. (1997, November). Do problem drinkers want to stop smoking? Poster presented at the 31<sup>st</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- Breslin, F. C., **Sobell, L. C.**, Sobell, M.B., & Buchan, G. (1997, November). A comparison of a brief and long format for the Situational Confidence Questionnaire. Poster presented at the 31<sup>st</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- Sobell, L.C.**, Vakili, S., Sobell, M. B., Agrawal, S., & Leo, G. I. (1998, November). Daily drinking may be more than a bad habit. Poster presented at the 32<sup>nd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Ellingstad, T. P., **Sobell, L.C.**, Sobell, M. B., Planthara, P., & McMullin, C. (1998, November). Drug treatment outcome methodology: Strengths and weaknesses, 1993-1997. Poster presented at Addictive Behaviors Special Interest Group at the 32<sup>nd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Toll, B. A., **Sobell, L. C.**, Sobell, M. B., & Levin, C. C. (1999, July). Tobacco, alcohol, and illicit drug use: A comparison of their economic and health care costs. Poster presented at the annual meeting of the Florida Psychological Association, Palm Beach, FL.
- Sobell, L.C.**, Agrawal, S., Leo, G. I., Young-Johnson, L., Sobell, M. B., & Cunningham, J. C. (1999, November). Quick drinking screen versus the alcohol Timeline Followback: A time and place for both procedures. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada.
- Ellingstad, T. P., **Sobell, L.C.**, & Sobell, M.B. (1999, November). Natural Recovery from Alcohol and Drug Problems: An Overview and Review of Current Studies with Suggestions for Future Directions. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada.
- Sobell, M. B., Toll, B., & **Sobell, L. C.** (1999, November). Evaluation of the Yale–Brown Obsessive Compulsive Scale for Heavy Drinking and the Obsessive Compulsive Drinking Scale with Alcohol Abusers. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada.
- Levin, C. C., **Sobell, L.C.**, Cleland, P. A., Ellingstad, T. P., Sobell, M.B., Toll, B., & Dorheim, L. (2000, November). Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada, November, 1999.
- Toll, B., A., Sobell, M.B., Wagner, E., & **Sobell, L.C.** (1999, November). Thought suppression and smoking cessation. Poster presented at the 33<sup>rd</sup> Annual Meeting of the Association for Advancement of Behavior, , Toronto, Ontario, Canada.
- Toll, B., A., **Sobell, L. C.**, Sobell, M. B., & Dorheim, L. (2000, August). Poster presented at the Annual Meeting of the American Psychological Association, Chicago IL.
- Toll, B., A., **Sobell, L. C.**, Sobell, M. B., & D'Arienzo, J. (2000, November). The Internet: Assessing the evidential basis for substance abuse intervention websites. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Sobell, L.C.**, Leo, G. I., Agrawal, S., Young-Johnson, L., Sobell, M. B., & Cunningham, J. (2000, November). Fostering self-change: One-year outcome results from a large scale community intervention for alcohol abusers. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

- Levin, C. C., **Sobell, L. C.**, & Sobell, M. B. (2000, November). The decisional balance exercise: A study of its clinical utility as part of ongoing treatment. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Gutmann, L., **Sobell, L. C.**, Ellingstad, T. P., Prevo, M., & Sobell, M. B. Smoking cessation interventions: Outcomes and methodological strengths and weaknesses of published studies, 1994-1998. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Sobell, M. B., Velasquez, M. M., Ingersoll, K., **Sobell, L. C.**, Floyd, L., Gould, D. W. November. Using a motivational enhancement intervention to prevent alcohol-exposed pregnancies. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Sobell, M. B., **Sobell, L. C.**, & Johnson, K. (2001, October). Initial outcomes of the Project CHOICES intervention. Poster presented at the American Public Health Association, 129<sup>th</sup> Annual Meeting, Atlanta, GA.
- Ingersoll, K. S., Floyd, R. L., & the Project CHOICES Team (**L. C. Sobell**, member). (2001, October). Preventing alcohol-exposed pregnancies in high-risk women: The Project CHOICES feasibility study: overview. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.
- Floyd, R. L., Baio, J. E., & the Project CHOICES Team (**L. C. Sobell**, member). (2001, October). Preventing alcohol-exposed pregnancy: Epidemiologic and clinical basis of Project CHOICES. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.
- Nettleman, M. D., Mullen, P. D., & the Project CHOICES Team (**L. C. Sobell**, member). (2001, October). Women at risk for alcohol-exposed pregnancy: Findings from an epidemiologic survey in five settings. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.
- Ingersoll, K. S., Velasquez, M. M., & the Project CHOICES Team (**L. C. Sobell**, member). Intervention with women at risk for alcohol-exposed pregnancy: Rationale and description of the Project CHOICES intervention. (2001, October). Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.
- Floyd, R. L., Baio, J. E., & the Project CHOICES Team (**L. C. Sobell**, member). Future directions in preventing alcohol-exposed pregnancy. (2001, October). Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA.
- Sobell, L. C.**, Sobell, M. B., Agrawal, S., Leo, G. I., Young-Johnson, L., & Toneatto, T. (2001, November). A longitudinal prospective study of recovery and relapse among untreated alcohol abusers. Poster presented at the 35<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Ellingstad, T. P., Venner, K., **Sobell, L. C.**, Sobell, M. B., & Eickleberry-Goldsmith, L. (2001, November). Factors associated with cannabis self-resolution and barriers to treatment seeking. Poster presented at Addictive Behaviors Special Interest Group at the 35<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA., November, 2001.

- Eickleberry-Goldsmith, L., Ellingstad, T. P., **Sobell, L. C.**, Sobell, M. B., Braeutigam, J. (2001, November). Resolution from daily cannabis use without treatment: A descriptive study including cognitive and respiratory measures. Poster presented at Addictive Behaviors Special Interest Group at the 35<sup>th</sup> Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Tonigan, J. S., **Sobell, L. C.**, & Sobell, M. B. (2003, June). M. B. Heavy drinking and changes in situational confidence to avoid drinking. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Fort Lauderdale, FL.
- Sobell, L. C.**, Agrawal, S., Sobell, M. B., Leo, G. I., Cunningham, J. A., & Young, L. J. (2003, November). Responding to an advertisement: A critical event in promoting self-change of drinking behavior. Poster presented at the 37<sup>th</sup> Annual Meeting of Association for Advancement of Behavior Therapy, Boston, MA.
- Klingemann, H K. & **Sobell, L. C.** (2004, June). Towards a comprehensive treatment strategy: Promoting “natural recovery” and social support. Paper presented at the European Alcohol Policy Conference on Bridging the Gap, Warsaw, Poland.
- Levin, C. C., **Sobell, L.C.**, & Sobell, M.B. (2004, July). Timeline Followback: A Review of its Clinical and Research Findings. Poster presented at the Annual Meeting of the American Psychological Association, Hawaii, Honolulu.
- Roy, M., **Sobell, L. C.**, Palmerio, R. & Manor, H. (2005, August). Comparison of Two Alcohol Use Measures In Clinic Populations. Poster presented at the Annual Meeting of the American Psychological Association and the NIDA/NIAAA Early Career Investigators Poster and Social Hour. Washington, DC.
- Roy, M., Kleiver, A., Dum, M., & **Sobell, L. C.** (2005, August). Prospective Investigation of Change in Alcohol Use. Poster presented at the Annual Meeting of the American Psychological Association, Washington, DC.
- Sobell, L. C.** and Sobell, M. B. (2005, November). Guided Self-Change Treatment: Goal Choice with Alcohol and Drug Abusers. Paper presented as part of a symposium on Moderation Approaches for Substance Users: Bringing Cognitive-Behavioral Approaches and Harm Reduction to the Public, at the 39<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Sobell, L. C.** & Sobell, M. B. (2005, November). Adapting a Motivational Intervention to Group Format For Alcohol and Drug Users. Paper presented as part of a symposium on Adapting Motivational Intervention to a Group Format for Alcohol and Drug Users, at the 39<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Sobell, M.B., Peterson, A. L., **Sobell, L.C.**, Hunter, C.L., Hunter, C.M., Alvarez, L., Brundige, A., Hryshko-Mullen, A.S., Isler, W.C., & Schmidt, S. (2006, May). Facilitating Smoking Cessation and Preventing Relapse in Primary Care: Minimizing Weight Gain by Reducing Alcohol Consumption. Poster presented at the 2006 Department of Defense Military Health Research Forum, San Juan, Puerto Rico.
- Dum-Preschel, M., Pickren, J., **Sobell, L.C.**, Sobell, M. B., & Hughes, E. A. (2006, August). A Comparison of Two Depression Inventories in Substance Users. Poster presented at the Annual Meeting of the American Psychological Association, New Orleans, LA.
- Manor, H., **Sobell, L.C.**, & Sobell, M. B. (2006, August). Self-Critiques: Motivational Supervisory Method for Facilitating Feedback to Therapists. Poster presented at the Annual Meeting of the American Psychological Association, New Orleans, LA.



- Roy, M., Dum-Preschel, M., Sobell, M. B., **Sobell, L. C.**, Marker, C., & Sobell, M. B. (2006, November). An evaluation of clinical profiles of high risk situations in an outpatient sample of individuals with a primary alcohol use disorder. Poster presented at the 40th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL
- Velasquez, M.M., Ingersoll, K., Sobell, M., Floyd, L. & **Sobell, L.** (2007, January). A dual-focus motivational intervention to prevent alcohol-exposed pregnancy. Annual Conference of the Society for Social Work and Research, San Francisco, CA.
- Sobell, M.B., **Sobell, L.C.**, Johnson, K.E. & Bolton, B.G. A media-based motivational intervention to reduce alcohol exposed pregnancies. (2007, July). Paper presented at the symposium Advancing a Preconception Approach to Preventing Alcohol-Exposed Pregnancies, Annual Meeting of the Research Society on Alcoholism, Chicago, IL.
- Dum, M., Voluse, D., Buerman, M., **Sobell, L.C.**, & Sobell, M. B. (2007, November). Psychometric Properties of the Timeline Followback Across Different Behaviors: A Review. Poster presented at the 41st Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Sobell, M. B., Peterson, A. L., **Sobell, L. C.**, Hunter, C. L., Hunter, C. M., Alvarez, L., Brundige, A., & Goodie, J. (2008, November). Alcohol Reduction to Facilitate Smoking Cessation and Prevent Relapse. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Ingersoll, K.S., Wagner, C.C., Ceperich, S.D., von Sternberg, K., Sobell, M.B., Velasquez, M.M., **Sobell, L.C.**, Agrawal, S., Fansler, A.C. (2008, June). Mechanisms of a motivational interviewing intervention that reduced drinking and improved contraception. Poster presented at the 70th Annual Meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- Ingersoll, K.S., Wagner, C.C., Velasquez, M.M., Ceperich, S. D., von Sternberg, K., Sobell, M.B., **Sobell, L.C.**, Agrawal, S., & Fansler, A.C. (2008, June). Mechanisms of a motivational interviewing intervention targeting alcohol exposed pregnancy risk. Paper presented at the 1st International Conference on Motivational Interviewing, Interlaken, Switzerland.
- Ingersoll, K.S., Wagner, C.C., von Sternberg, K., Ceperich, S. D., Velasquez, M.M., Sobell, M.B., **Sobell, L.C.**, Agrawal, S., & Fansler, A.C. (2008, June). Therapist, client, and interpersonal behaviors as possible mechanisms of a motivational interviewing intervention for alcohol-exposed-pregnancy risk. Poster presented at the annual meeting of the Research Society on Alcoholism. Washington, D.C.
- Balachova, T., Bonner, B., Chaffin, M., Isurina, G., Tsvetkova, L. & Prevent FAS in Russia research group (**Sobell, L.** et al.). (2008, June). Prevent FAS in Russia Preventing fetal alcohol syndrome (FAS) and alcohol-related neurodevelopmental disorders (ARND) in Russian children. Poster presented at the annual meeting of the Research Society on Alcoholism. Washington, D.C.
- Ingersoll, K.S., Wagner, C. C., Ceperich, S. D., von Sternberg, K., **Sobell, L. C.**, Velasquez, M., Sobell, M.B., Fansler A., & Agrawal, S. (2008, August). Process Analysis of a Motivational Interviewing Intervention Targeting Alcohol Exposed Pregnancy Risk. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.

- Voluse, A. C., Joseph, E., **Sobell, L. C.**, Sobell, M. B., & Dum, M. (2008, November). Psychometric Properties of the Drug Use Disorders Identification Test (DUDIT) in two clinical settings Poster presented at the 42nd Annual Meeting of the Association for Behavioral and Cognitive Therapies. Orlando, FL.
- Sobell, M.B., **Sobell, L.C.**, Johnson, K.E., Heinecke, N., & Dum, M.S. One question identifies women at risk of alcohol-exposed pregnancy. (2009, August). Poster presented at the Annual Meeting of the American Psychological Association, Toronto, Canada.
- Sobell, M.B., **Sobell, L.C.**, Peterson, A.L., Brundige, A., & Hryshko-Mullen, A. (2009, June). Using reduced alcohol consumption as a strategy to minimize weight gain when stopping smoking. Poster presented at the annual meeting of the Research Society on Alcoholism. San Diego, CA.
- Hettema, J., Ingersoll, K., Wagner, C., Fansler, A., Velasquez, M., Sobell, M. B., **Sobell, L. C.**, von Sternberg, K., & Agrawal, S. (2009, June). The inter-rater reliability of provider elicitation and response to change talk in motivational interviewing. Poster presented at the annual meeting of the Research Society on Alcoholism. San Diego, CA.
- Ingersoll, K.S., Wagner, C.C., Ceperich, S.D., von Sternberg, K., Velasquez, M.M., Sobell, M.B., **Sobell, L.C.**, Agrawal, S., & Hettema, J. (2009, June). A one pass rating system to evaluate a mechanisms of action in Project CHOICES. Poster presented at the annual meeting of the Research Society on Alcoholism. San Diego, CA.
- Montgomery, M.A., **Sobell, L.C.**, Sobell, M.B., & Marker, C.D. (2009, June). Does source of media recruitment of problem drinkers matter? Poster presented at the annual meeting of the Research Society on Alcoholism. San Diego, CA.
- Sobell, M.B., Peterson, A. L., **Sobell, L.C.**, Hunter, C.L., Hunter, C.M., Brundige, A., Goodie, J.L., & Mendoza, C. (2009, September). Smoking cessation: minimizing weight gain and preventing relapse by reducing alcohol consumption. Poster presented at the Congressionally Directed Medical Research Programs Military Health Research Forum, Kansas City, MI.
- Montgomery, M.A., **Sobell, L.C.**, Sobell, M.B., Marker, C.D., Gioia, C., & Ruiz, J. (2009, November). A nationwide randomized controlled trial promoting self-change among problem drinkers. Poster presented at the 43rd Annual Meeting of the Association for Behavioral and Cognitive Therapies. New York, NY.
- Marker, C. D. **Sobell, L.C.**, Montgomery, M.A., Sobell, M.B., Gioia, C., & Ruiz, J. J. (2009, November). Trajectories of change: Examining recovery among problem drinkers with a treatment history? Poster presented at the 43rd Annual Meeting of the Association for Behavioral and Cognitive Therapies. New York, NY.
- Sobell, M.B., **Sobell, L.C.**, Gioia, C., Marker, C.D., & Montgomery, M.A., (2010, August). Previously Treated Alcohol Abusers' Response to a Self-Change Program. Poster presented at the 44<sup>th</sup> Annual Convention of the American Psychological Association, San Diego, CA.
- Sobell, M.B., **Sobell, L.C.**, Peterson, A.L., Hunter, C.L., Hunter, C.M., Brundige, A., & Goodie, J.L. (2010, August). Facilitating Smoking Cessation by Reducing Alcohol Consumption. Poster presented at the Annual Convention of the American Psychological Association, San Diego, CA.
- Sobell, L.C.**, Sobell, M.B., Gioia, C., Montgomery, M.A., & Marker, C.D. (2010, August). An Evaluation of Mechanisms Promoting Self-Change From Alcohol Problems. Poster presented at the Annual Convention of the American Psychological Association, San Diego, CA.

- Sobell, M.B., **Sobell, L.C.**, Gioia, C., Agrawal, S., Montgomery, M.A., & Marker, C.D. (2010, November). Cost-Effectiveness of Internet Versus Print Media Solicitation of Participants for Research Studies. Poster presented at the 44th Annual Meeting of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Robinson, S.M., Arcidiacono, S., **Sobell, L.C.**, Sobell, M.B., & Tzall, D. (August, 2011) *Evaluation of drug and alcohol treatment outcome studies: 2005-2010*. Poster presented at the Annual Convention of the American Psychological Association, Washington, DC.
- Robinson, S.M., Arcidiacono, S., Tzall, D., **Sobell, L.C. &**, Sobell, M.B. (June, 2011). Alcohol treatment outcome studies methodological review (2005-2010): Preliminary analysis of pretreatment variables. Poster presented at the Annual Scientific Meeting of the College on Problems of Drug Dependence, Hollywood, FL.
- Domingo, S., Fathi, D.F., **Sobell, L.C.**, & Sobell, M.B. (2012, August). Thinking of Changing your Alcohol Use? There's an App for That! Poster presented at the Annual Convention of the American Psychological Association, Orlando, FL.
- Domingo, S., Robinson, S.M., Fins, A.M., Sobell, M.B., & **Sobell, L.C.** (2012, August). Utilization of Mobile Technology for Insomnia Treatment: Proposal for Future Research. Poster presented at the Annual Convention of the American Psychological Association, Orlando, FL.
- Carballo, J.L., **Sobell, L.**, & Sobell, M. (2012, September). Differences among substance abusers in Spain and the US who recovered on their own. Poster presented at 9th Conference of INEBRIA, Barcelona, Spain.
- Trevein, A., **Sobell, L. C.**, & Sobell, M.B. (2012, November). Translation of the Alcohol Timeline Followback (TLFB) in 4 languages. Poster presented at International Society for Pharmacoeconomics and Outcomes Research (ISPOR). Berlin, Germany.
- Ingersoll, K., Floyd, L., Velasquez, M., Sobell, M., B., **Sobell, L. C.**, & Ceperich, S. (2013, September). CHOICES: A powerful preconception intervention that reduces the risk of alcohol-exposed pregnancy. Presented at the First International Conference on Prevention of FASD, Edmonton, Alberta, Canada.
- Mirtenbaum, D. E., Domingo, S., Fathi, D. F., **Sobell, L.C.**, Sobell, M.B., Rubizovsky, T., Lou, J. Q., Bronsborg, S. E., & Zucker, S. (2013, November). iSelfChange™®: Randomized controlled trial of an iPhone app using an evidence-based alcohol intervention. Poster presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Addictive Behaviors SIG Student Poster Session. Nashville, TN (ABCT Addictive Behaviors SIG Outstanding Student Poster Award).
- Savvides, C.A., Kacos, H.K., & **Sobell, L. C.**, (2014, May). Healthy Lifestyles Guided Self-Change: A motivational short-term treatment for long-term gains. Poster presented at the annual meeting of the American Psychological Society, San Francisco, CA.
- Letourneau, B. J., **Sobell, L.C.**, Sobell, M.B., & Robinson, S.M. (2014, August). Preventing alcohol exposed pregnancies in English- and Spanish-speaking Hispanic/Latina women. Poster presented at the annual meeting of the American Psychological Association, Washington DC.
- Letourneau, B. J., **Sobell, L.C.**, Sobell, M.B., & Robinson, S.M. (2014, November). Acculturation and Risk of Alcohol-Exposed Pregnancies in English- and Spanish-speaking Latina Women. (2014, November). Poster presented at the 48<sup>th</sup> annual meeting of the

Association for Behavioral and Cognitive Therapies, Addictive Behaviors SIG Student Poster Session. Philadelphia, PA.

Letourneau, B. J., **Sobell, L.C.**, Sobell, M.B., Gioia, C., & Agrawal, S.A. (2015, August). Assessing alcohol use: A comparison of three drinking measures. Poster presented at the annual meeting of the American Psychological Association, Toronto, ON, Canada.

Letourneau, B. J., **Sobell, L.C.**, Sobell, M.B., Gioia, C., & Agrawal, S.A. (2015, November). Comparison of several drinking outcomes variables from three well known drinking measures: Quick Drinking Screen, Timeline Followback, and AUDIT. Poster presented at the 49<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies. Chicago, IL.

Letourneau, B. J., **Sobell, L.C.**, Sobell, M.B., & DeLucia, C., (2017, August). Deployment and Alcohol Misuse among Military Healthcare Professionals. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.

Letourneau, B. J., Sobell, M. B., **Sobell, L. C.**, DeLucia, C., & Gowda, S. (2017, November). Alcohol misuse among combat deployed military healthcare professionals. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. San Diego, CA.