

Curriculum Vitae

Gihan A Omar

EDUCATION

August 1996- August 2000	Psy.D. Clinical Psychology <i>Florida Institute of Technology</i>	Melbourne, Florida
	M.S. , Clinical Psychology <i>Florida Institute of Technology</i>	Melbourne, Florida
August 1992- May 1996	B. A. , Psychology, Cum Laude <i>University of Central Florida</i>	Orlando, Florida

Licenses

Florida	PY6831
Connecticut	2460 (Inactive)

WORK EXPERIENCE

August 2003-Present	Clinical Program Director <i>Citrus Health Network</i> <u>Responsibilities:</u>	Hialeah, Florida
	<ul style="list-style-type: none"> ▪ Current: Clinical Program Director Children's Crisis Response Team (CCRT), a intensive intervention program that offers family therapy, individual therapy, behavioral analysis and targeted case management to children in danger of residential placement. ▪ Clinical Program Director, Statewide Inpatient Psychiatric Program (SIPP), a residential program for adolescents suffering from emotional and behavioral difficulties. ▪ Clinical Supervisor for Juvenile Evaluation and Treatment Services (JETS) Program, an outpatient mental health program for adolescents under probation with the Department of Juvenile Justice (DJJ) 	

- Clinical Supervisor for Family Safety Case Planning and Comprehensive Assessment Program

August 2007-Present

Adjunct Professor
*Nova Southeastern University***Davie, FL**Responsibilities:

Instruct graduate level courses in Mental Health Counseling Program.

September 2001-
July 2003

Associate Research Scientist, Faculty Appointment.

Yale University School of Medicine

Department of Psychiatry

New Haven, ConnecticutResponsibilities:

- Received grant fellowship from *National Institute of Drug Abuse (NIDA)* to conduct research on the impact of ethnic identity and treatment adherence of dually-diagnosed individuals.
- Project Director, CIRA, grant addressing HIV Prevention in homeless women
- Training Coordinator, Recovery Training Institute, Department of Mental Health and Addictions Services (DMHAS) Recovery Initiative
- Supervision of Postdoctoral fellows
- Co-developed and facilitate ongoing Cultural competency training curriculum for clinicians and service providers.
- Served as a research and training consultant for various community organizations.
- Served as consultant and bilingual psychologist at West Haven Mental Health Center regarding treatment and multicultural issues with immigrant families who had children in foster care placement. Tailored treatment services and facilitated communication for State and Child Welfare Departments.
- Conducted research and program development in conjunction with DMHAS regarding Trauma.

September 2000-
September 2001Postdoctoral Fellowship, *Yale University*

School of Medicine, Department of Psychiatry

New Haven, Connecticut

Supervisors: Kathlene Tracey, Ph.D., David Stayner, Ph.D., Larry Davidson, Ph.D.

Responsibilities:

- Postdoctoral Fellowship consisted of 70% clinical work and 30% research.
- Direct clinical service provision within a multidisciplinary treatment setting (Connecticut Mental Health Center) and a women's residential treatment facility (Sojourner's Place).
- Constructed dual-diagnosis (substance abuse and major mental illness) and trauma treatment research study.
- Developed treatment and crisis intervention policy and facilitated supportive links with other community agencies and residential facilities.
- Co-designed Multicultural Competence Training Program as part of federally-funded grant for clinicians providing therapeutic services to ethnic minority individuals with serious mental illness.
- Served as consultant and bilingual psychologist at West Haven Mental Health Center regarding treatment and multicultural issues with immigrant families who had children in foster care placement. Tailored treatment services and facilitated communication for State and Child Welfare Departments.

August 1999-
August 2000Pre-Doctoral Internship, *University of Houston***Houston, Texas**

Counseling and Psychological Services

Supervisors: Sherri Terrell, Ed.D., Robin Bullington, Ph.D., Kenneth Waldman, Ph.D.

Responsibilities:

- Provided individual, couples, vocational, academic, crisis

and group counseling services to traditional and non-traditional student population from diverse ethnic backgrounds.

- Supervised Master's Level practicum students.
- Implemented crisis intervention services.
- Co-facilitated women's therapy group and process group for Masters and Doctoral level psychology students.
- Conducted individual intakes and triage intakes. Provided vocational and self-improvement workshops to UH community.
- Conducted vocational, learning disability, ADHD, and personality assessments. Assisted with Master's practicum student orientation.
- Developed Multicultural Resource Guide.

External Rotation: Texas Children's Hospital, Learning Support Center,
Supervisors: Lisa Bonin, Ph.D.

Responsibilities: Conducted social skills, anger management and process groups for children suffering from various diagnoses such as ODD and ADHD.

OTHER TEACHING EXPERIENCE

Fall 2002-Summer 2003	<u>Adjunct Professor</u> , Department of Psychology Doctoral Level Courses: Substance Abuse, Individual Psychotherapy, Group Psychotherapy <i>University of Hartford Hartford, CT</i>
Fall 2002	<u>Instructor</u> , Postdoctoral Seminar, Crossing Cultures in Mental Health <i>Yale University, School of Medicine New Haven, CT</i>
Summer 2002-Present	<u>Co-facilitator</u> , Yale Program on Poverty Disability and Urban Health Crossing Cultures in Mental Health- ongoing series <i>New Haven, CT</i>
Summer 2000	<u>Co-instructor</u> , Department of Educational Psychology Graduate course: <i>Multicultural Counseling</i> University of Houston <i>Houston, TX</i>
Fall 2000-Summer 2000	<u>Practicum Student Supervisor</u> , Counseling and Psychological Services (CAPS) University of Houston <i>Houston, TX</i>

RESEARCH EXPERIENCE

Yale University Center for Institutional Research (CIRA).

Principal investigator: Connie Nickou Psy.D. Directed project which examined high-risk behaviors associated with HIV infection in a homeless female population.

National Institute of Drug Abuse (NIDA) Supplemental Grant

2001-2002. Awarded supplemental grant to study impact of racial/ethnic identity on the treatment adherence of individuals with co-occurring and substance abuse and major mental illness. Principal investigator: Gihan Omar, Psy.D.

Master's Thesis

Committee Chair: Carol Philpot, Psy.D.
Marital and Parental Status as Variables in Perceived Gender Roles Using the
 Femininity Ideology Scale

PUBLICATIONS

Evans, A. Delphin, M., Simmons, R. Omar, G. Tebes, J. (2004) Towards developing a culturally competent system of care. In Handbook of Racial-Cultural Psychology and Counseling, Volume 2. Wiley and Sons: New York.

PRESENTATIONS

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|---------------------|---|
| August 2015 | The Misdiagnosis of Children In Foster Care: Implications and Treatment Recommendations
<i>Foster Family-based Treatment Association,, Denver, CO</i> |
| July 2013 | Components of Effective Wrap Around Services: Innovations and Best Practices |
| July 2013 | Enhancing Engagement by Helping Families Understand the Symptom Profiles of their Children vs. Diagnostic Criteria
<i>Florida Counseling for Community Mental Health, Orlando, FL</i> |
| November 2008 -2011 | The Misdiagnosis of Children In Foster Care: Implications and Treatment Recommendations
<i>Florida Council for Community Mental Health Naples, FL (August 2008)</i>
<i>Dependency Summit Orlando, FL (August 2009)</i>
<i>Foster Family-based Treatment Association, Orlando, FL (July 2011)</i> |
| November 2003 | Enhancing a Traditional Approach to Cultural Competency Training: Incorporating Consumer Voices and Recovery Principles
<i>Connecticut Psychological Association</i>
<i>Westbrook, CT</i> |
| June 2003 | Cultural Competence For Peer Emergency Room Staff
<i>Yale New Haven Hospital</i>
<i>New Haven, CT</i> |
| June 2003 | An Integrative Approach to Cultural Competency Training: Incorporating Consumer Stories and Recovery Principles
<i>Mcgill University</i>
<i>Montreal, Canada</i> |
| May 2003 | Cultural Identity as a Factor in Cultural Competence
<i>University of Hartford, Women's Research Conference</i>
<i>Hartford, CT</i> |
| May 2003 | Cultural Competency in a Recovery-Oriented System of Care
<i>Department of Mental Health and Addiction Services</i>
<i>Hartford, CT</i> |
| March 2003 | Cultural Competency in a Recovery-Oriented System of Care
<i>Department of Mental Health and Addiction Services</i>
<i>Hartford, CT</i> |

February 2003

The Emerging Recovery Paradigm
Greater Bridgeport Mental Health Center
Bridgeport, CT

December 2000

Mental Health Awareness
Sojourner's Place Residential Treatment Facility
New Haven, CT

HONORS AND AWARDS

- National Health Service Corp Loan Repayment Program Awardee
- NIDA Minority Supplement Grant Recipient
- Graduate Assistantship Awards, Florida Institute of Technology (1998 & 1999)
- 1998 Florida Tech Graduate Clinical Psychology Outstanding Student of the Year
- 1998 Honorable Mention-American Psychological Association Minority Fellowship Program
- 1996 Alpha Xi Delta Scholarship Recipient
- Psi Chi Honor Society
- Golden Key National Honor Society
- University of Central Florida Dean's list, President's list (1992-1996)

SPECIAL SKILLS

- Native fluency in Arabic

REFERENCES

Ana Rivas-Vasquez, Ph.D.

Licensed Clinical Psychologist
Citrus Health Network, Clinical Director
4175 W. 20th Ave.
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Kimberly Mcgrath, Psy.D

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Michael Jochananov, Psy.D.

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Miriam Delphin, Ph.D.

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