

Carly A. Paro, Ed.D., LMHC

Nova Southeastern University
College of Psychology
Department of Counseling

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EDUCATION

Ed.D., Counselor Education and Supervision, 2015

Argosy University, Sarasota, Florida

CACREP-accredited program

Chi Sigma Iota

M.S., Counseling and Psychology, 2008

Troy University, Orlando, Florida

CACREP-accredited program

Chi Sigma Iota

B.A., Psychology and Interpersonal Communication, 2004

University of Central Florida, Orlando, Florida

LICENSES AND CERTIFICATIONS

Licensed Mental Health Counselor, 2011-present

Florida

MH 10856

Licensed Professional Counselor, 2010-2013

North Carolina

8357

Qualified Supervisor, Clinical Mental Health Counseling, 2015-present

Florida

ACADEMIC POSITIONS

Assistant Professor

August 2016 to present

*Nova Southeastern University
College of Psychology
Department of Counseling*

Responsibilities include teaching in the Mental Health and School Counseling programs in traditional face-to-face, online, and hybrid formats. Provide clinical supervision for practicum and internship students while maintaining collaborative relationships with community partners. Conduct research, participate in professional conference presentations, and contribute to related publications. Provide faculty advisement to assigned students and Co-Advisor of the Counseling Student Organization.

Adjunct Professor

December 2014 to July 2016

*Argosy University, Tampa
College of Education
Department of Counseling*

Responsibilities include teaching Counselor Education courses in face-face, blended, and online formats and supervising practicum students for the department. Additionally, responsibilities include collaborating with faculty members related to student-centered service opportunities.

Adjunct Professor

May 2015 to August 2016

*Capella University
Department of Counseling*

Responsibilities include providing online instruction for mental health counseling students.

Graduate Teaching Assistant

August 2011 to December 2013

*Argosy University, Sarasota and Tampa Campuses
College of Education
Department of Counseling*

Teaching Assistant Duties Include: Facilitate discussions for online e-learning platform, monitor and grade online posts, interact daily with students online, continue to assess students as needed, prepare presentations, lectures, and exercises for face-to-face residency portion of class, teach in residency, facilitate experiential residency component of course, monitor progress of assignments, and complete final grading. Performed required gatekeeping and student support.

Group and Individual Clinical Supervisor Duties Include: Provide clinical supervision to masters level counseling students by facilitating and monitoring discussions both online and on campus. Responsible for preparing and presenting on various topics related to the needs of the novice supervisee. In addition, monitoring the supervisee and his/her progression with their clients, facilitating open group and individual discussions on adobe platform or in person, and providing additional guidance, supervision and related gatekeeping duties when and where needed.

RESEARCH AND SCHOLARSHIP

Publications:

Davis, E., Paro, C. (In press). *College counselors' perceptions of working with freshmen with chronic illnesses*. *Journal of College Counseling*.

Non-Refereed Publications:

Paro, C. (2017, November). Reflections on counseling in a politically intense climate. *Florida Association for Counselor Education and Supervision Newsletter*..

Editorial Leadership:

Paro, C. (2017-2018). *The Florida Association of Counselor Education and Supervision Newsletter*. (Series Editor). A quarterly publication of a division of the Florida Counseling Association.

PROFESSIONAL PRESENTATIONS

International:

Mitcham, M., **Paro, C.**, Kanzki-Veloso, E. (2018, October). *Courageous conversations in counseling and the classroom: Multicultural competencies and microaggressions*. Presentation at the European Branch of the American Counseling Association Annual Conference, Athens, Greece.

Jungersen, T., **Paro, C.**, Kanzki-Veloso, E. (2018, October). *Responding to mass shooting: A unified service delivery approach*. Presentation at the European Branch of the American Counseling Association Annual Conference, Athens, Greece.

National:

Kanzki-Veloso, E., & **Paro, C.** (2017, October). *Returning veterans' experiences of a holistic therapeutic program*. Presentation at the Association for Counselor Education and Supervision Annual Conference, Chicago, Illinois.

Paro, C., & Thompson, I. (2017, October). *Assessing counselor dispositions: Exploring best practices in counselor education*. Presentation at the Association for Counselor Education and Supervision Annual Conference, Chicago, Illinois.

Pereira, J., **Paro, C.** (2017, March) *Play-ful supervision: Creative techniques for working with supervisees*. Presentation at the American Counseling Association Annual Convention, San Francisco, California.

Paro, C., Suprina, J., & Pereira, J. (2015, October). *Building multicultural competence in counseling students: Efforts to address social class in counselor education*.

Presentation at the Association for Counselor Education and Supervision Annual Conference, Philadelphia, Pennsylvania.

Paro, C. (2015, March). *Building multicultural competence in counseling students: Efforts to address social class in counselor education.* Presentation at the American Counseling Association Convention, Orlando, Florida.

Paro, C., Herman, D., & Georgiou, J. (October, 2013). *Maintaining the integrity of counselor education as a profession while fostering individuality and diversity of professors in training.* Presentation at the Association of Counselor Education and Supervision Annual Conference, Denver, Colorado.

Payne, J., **Paro, C.,** Smith, S. (October, 2013). *Does racial mismatch in counseling supervision matter? The benefits of a structured supervision protocol.* Presentation at the Association of Counselor Education and Supervision Annual Conference, Denver, Colorado.

Regional:

Mitcham, M., **Paro, C.**, Butler, K. (2018, October). *Courageous conversations actions and advocacy in counselor education and the classroom: Lessons learned from the Duke and Duchess of Sussex*. Preconference Learning Institute at the Southern Association for Counselor Education and Supervision Conference, Myrtle Beach, SC.

Jungersen, T., **Paro, C.** (2016, October) Practical Strategies for Student Orientation in Online Counselor Education Programs, SACES Conference, New Orleans, LA.

Mitcham, M., **Paro, C.**, Sachin, J. (2016, October). *Courageous Conversations: Teaching the Diversity Course using Transformational Multicultural Pedagogy; Challenges and Opportunities*, Preconference Learning Institute; Southern Association of Counselor Education and Supervision Conference, New Orleans, LA.

State:

Paro, C., Thompson, I., Coleman, K., & Silva, J. (2017, October). Using mindfulness approach with unsheltered individuals: Current trends, lessons learned, and implications for counselors. Presented at the Florida Counseling Association Annual Conference, Orlando, Florida.

WORKSHOPS AND TRAININGS

Perjessy, C., **Paro, C.**, Kanzki-Veloso, E., (2017, October). Doctoral student preparation: The academic interview. Online panel discussion hosted by FACES.

Davis, E., Kanzki-Veloso, E., **Paro, C.**, (2017, November). Doctoral student preparation: Getting the grant. Online panel discussion hosted by FACES.

Kanzki-Veloso, E., **Paro, C.**, (2017, October). Doctoral student preparation: The ins and outs of publication. Online panel discussion hosted by FACES.

Thompson, I., **Paro, C.** (2017, April). *Careers in counseling and psychology*. Workshop on the Social Science Profession: Preparing for Work in the Counseling Field, Nova Southeastern University, Davie, Florida.

Jungersen, T. J. & **Paro, C.** (2017, September). *Group process and facilitation: working with the forensic population*. Nova Southeastern University, Davie, Florida.

Paro, C. (2017, April). *Careers in counseling and psychology*. Workshop on the Social Science Professions: Preparing for Work in the Counseling Field, Nova Southeastern University, Davie, Florida.

Mitcham, M., **Paro, C.**, Sachin, J. (2016, October). *Courageous conversations: Teaching the diversity course using transformational multicultural pedagogy; Challenges and opportunities*. Preconference Learning Institute at the Southern Association of Counselor Education and Supervision Conference, New Orleans, LA.

Jungersen, T. J. & **Paro, C.** (2016, November). *Group process and facilitation: working with the forensic population*. Nova Southeastern University, Davie, Florida.

INSTRUCTIONAL EXPERIENCE

Nova Southeastern University (3 Credit Hour, Master's Level Courses)

2018:

PYCL 680 Practicum

PYCL 681 Internship 1

PYCL 682 Internship 2

PYCL 512 Human Growth and Development

PYCL 669 Advanced Treatment

PYCL 511 Introduction to Mental Health Counseling Techniques

PYCL 570 Legal and Ethical Issues in Counseling

PYCL 632 Social and Cultural Counseling

PYCL 635 Group Theory and Practice

2017:

PYCL 680 Practicum

PYCL 681 Internship 1 (2 sections)

PYCL 682 Internship 2

PYCL 511 Introduction to Mental Health Counseling Techniques (4 sections)

PYCL 570 Legal and Ethical Issues in Counseling (3 sections)

PYCL 631 Career and Lifestyle Assessment

PYCL 635 Group Theory and Practice (2 sections)

2016:

PYCL 680 Practicum

PYCL 632 Social and Cultural Foundations of Counseling

Argosy University Online, Clinical Mental Health Program (3 Credit Hour, Master's Level Courses)

2016:

R6032 Research and Program Evaluation

C6035 Human Growth and Development

2015:

R6032 Research and Program Evaluation

Argosy University, Tampa Campus (3 Credit Hour, Master's Level Courses)

Adjunct Faculty

2016:

C6438 Group Theories and Practice

C6492 Field Experience for Marriage and Family and Mental Health Counseling

2015:

C6492: Practicum Supervision and Field Experience for Marriage and Family Therapy

C6445 Social and Cultural Counseling Competency

PC6012 Schools of Family Therapy

C6601 Practicum Supervision for Mental Health Counseling

C6445 Social and Cultural Counseling Competency

C6432 Diagnosis and Treatment Planning

C6041 Foundations of Mental Health Counseling

2014:

C6438 Group Theories and Practice

PC6700 Couples and Family Therapy

PC6012 Schools of Family Therapy

C6445 Social and Cultural Counseling Competency

C6495 Field Experience II Mental Health Counseling

Argosy University, Sarasota and Tampa (3 Credit Hour, Master's Level Courses) Graduate Teaching Assistant

2013:

(TA3) Ethics in Counseling at Argosy Tampa, Dr. Eric Davis

(TA3) Theories of Personality, Argosy Tampa, Dr. Jennifer Pereira

(TA3) Ethics in Counseling, Tampa Campus, with Dr. Jennifer Pereira

(TA3) Schools of Family Therapy, Tampa Campus, with Dr. Michelle Mitcham

2012:

(TA2) Field Placement III at Argosy, Tampa Campus, with Dr. Michelle Mitcham

(TA2) Family Systems Theories, Argosy, Sarasota Campus, with Dr. Beverly Mustaine

2011:

(TA1) Ethics in Counseling at Argosy, Tampa Campus, with Dr. Eric Davis

PROFESSIONAL SERVICE

ELECTED OFFICES

**Florida Association for Counselor Education and Supervision July 2018 to June 2019
Past-President**

Division of the Florida Counseling Association

Duties include: creating and managing the division budget, publishing quarterly newsletter, increasing membership of counselor educators and clinical supervisors, engaging membership in professional development opportunities and serving as a voting member of the Board.

Florida Association for Counselor Education and Supervision July 2017 to June 2018

President

Division of the Florida Counseling Association

Duties include: creating and managing the division budget, publishing quarterly newsletter, increasing membership of counselor educators and clinical supervisors, engaging membership in professional development opportunities and serving as a voting member of the Board.

Florida Association for Counselor Education and Supervision July 2016 to June 2017

President-elect

Division of the Florida Counseling Association

Duties include: overseeing nominations and elections, supporting the President with overall organization of official duties, facilitating professional development opportunities for membership and outreach.

Florida Counseling Association

July 2014 to June 2015

Region Representative Representative

Duties include: representing the statewide regional representatives across the state of Florida on the FCA board to advocate for community and professional needs throughout the state. Work to engage professionals and provide both educational and networking opportunities. As well as serving as a voting member of the Board.

Florida Counseling Association

July 2013 to June 2015

Region Representative, Region 4

Duties include: engage professionals and provide both educational and networking opportunities throughout the western counties of Florida.

APPOINTED OFFICES

Statewide Suicide Prevention Coordinating Counsel

October 2015 to present

Statewide Office for Suicide Prevention and the Suicide Prevention Coordinating Council focus on suicide prevention initiatives such as creating and implementing the Statewide Plan for Suicide Prevention in Florida as well as increasing public awareness.

UNIVERSITY SERVICE

2018-Present
2018-Present
2017- Present
2017- Present
2017- Present

Residential Institute Committee, Interim Chair
Search Committee, Member, Department of Counseling
Curriculum Committee, Member, NSU Counselor Education Programs
Admissions Committee, Member, NSU Department of Counseling
Residential Institute Committee, Member, Department of Counseling, Design and implementation of new residential institute for online mental health counseling students.

Counselor**October 2010 to August 2016**

*Adoption Related Services of Pinellas, Inc.
St. Peteresburg, Fl.*

Provide counseling services to individuals that have a history of involvement in the foster care system. Also facilitate therapy with youth and their families pre and post adoption or in an effort to reunify after abuse has been founded.

Psych-Social Professional**June 2010 to September 2010**

*Camp Boggy Creek, Hole in the Wall Camping Association
Eustis, Fl.*

Lead mental health professional at a summer camp for chronic and terminally ill children. Trained summer staff in behavior management techniques and abuse reporting. Reviewed camper applications for behavioral and/or mental health issues. Set up behavioral plans with campers upon arrival to ensure a successful summer. Provide conflict resolution education and training to staff members and campers. Facilitate grief counseling for staff and campers as needed throughout the summer.

*Institute for Family Centered Services
Gastonia, NC*

Provided Intensive In-home and Community Support services for children and adults.

Counselor**October 2009 to June 2010**

*Intensive In-home Team Lead
Genesis Youth and Family Services
Charlotte, NC*

Provided Intensive In-Home community based services that addressed high-risk behavioral, mental health and emotional problems. Supervised a clinical team that utilized cognitive-behavioral therapy, trauma-focused therapy, play therapy, and insight-focused therapies. Diffused family crisis, evaluated its nature, and intervened to reduce the likelihood of recurrence.

Counselor**February 2009 to October 2009**

Linked client and family to natural supports within their communities to increase long term success. Completed Person Centered Plans in collaboration with client, family, and community stake holders. Provided holistic assessment of needs and practical tools for change.

Counselor**August 2007 to October 2008**

*A Better Therapy, Inc
Orlando, Fl.*

Completed full intake assessments and clinical diagnosis. Managed caseload in addition to networking for new clients among collaterals in the community. Created comprehensive treatment plans with individual client. Completed therapeutic sessions with children, families, and adults. Used a variety of techniques, homework assignments, games, and exercises to assist clients in increasing personal insight and meeting treatment plan goals. Completed and managed large volumes of documentation to meet the requirements of Medicaid standards.

Group Treatment Coordinator**November 2005 to September 2007**

Eckerd Youth Alternatives

Christmas, Fl.

Provided individual supportive counseling, group therapy and case management to youth in the Juvenile Justice System. Conducted intake assessments and interviews. Created individualized needs assessments and treatment plans, reported to parents, probation officers, and judges on youth's progress. Liaison with community, family, and court system. Acted as an advocate for youth represented. Supervised and train direct care staff in treatment methods to ensure therapeutic services delivered. Supervised family visitations and mediate family intervention sessions.

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)
Association for Counselor Education and Supervision (ACES)
Florida Association for Counselor Education and Supervision (FACES)
Florida Counseling Association (FCA)
Chi Sigma Iota – Alpha Upsilon Sigma Chapter , Mentorship Committee Chair 2011-2012

CONTINUING EDUCATION

American Counseling Association, National Convention, Montreal, Canada, 2016
Florida Counseling Association, Annual Convention Orlando Fl. October 2015
American Counseling Association National Convention, Orlando, Fl. March 12-15,2015
Florida Counseling Association Leadership Development Training, Tampa, Fl. February 2014
Association of Counselor Education and Supervision (ACES), Denver, CO, October 16-20, 2013
Peer Support Specialist Supervision Training, Jackson, MS. January 18-19, 2012
National Federation of Families for Children's Mental Health, Washington DC, November 16-20, 2011
Integrity in Services and Supports for LGBTQI2-S Youth, Jackson, MS. November 7-8, 2011
Transitional Youth, Department of Mental Health, Jackson, MS October 10-13, 2011
Annual Traumatology Symposium: Global Issues, Local Perspectives, Sarasota Fl. May 6-7, 2011
American Counseling Association Conference, Pittsburgh, PA. March 21-24, 2010

FUNDED RESEARCH GRANTS

Career counseling with OIF/OEF veterans using the Cognitive Information Processing (CIP) approach July 2017 to June 2018, Faculty Advisor

College of Psychology

Nova Southeastern University

Duties included: supporting principle investigator and co-investigator in all elements of project oversight and implementation, data collection, data analysis, and dissemination of results.

CONFERENCE COORDINATION

Convention Committee, Florida Counseling Association Traumatology Symposium, Orlando Florida, June, 2018.

Convention Committee, Florida Counseling Association Annual Convention, Orlando Florida, October, 2017.

American Counseling Association

Program Reviewer March 2007 to Present *ACA, ACES, ASERVIC, and/or SACES Conferences*

Duties include: review of assigned program proposals, rating of various content and technical components of the presentation proposals, and provision of recommendation for proposal acceptance.

PROFESSIONAL WORK EXPERIENCE

Private Practice

July 2012 to May 2017

Carly Paro Counseling and Consulting

Provide counseling services to adolescents and adults. Specialize in depression, anxiety, self-harm, family issues, adolescents, divorce, and adoption.

Parenting and substance abuse groups. Work contractually with Eckerd Community Alternatives in an expert capacity relating to reunification and permanency decisions for child and parents.

Group Facilitator**December 2013 to July 2016***Contact Therapist, Sandra Hall*

Provide intakes, assessments, and groups for clients mandated to substance abuse treatment after DUI violation.

Project Coordinator**August 2011 to June 2012***Nfusion, Region IV Mental Health Services
Olive Branch, MS*

Worked with Mississippi Department of Mental Health to facilitate a systems of care grant in Olive Branch, Mississippi. Set up community center, hired and trained mental health and support staff to provide services to youth aging out of the foster care system.

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St. Petersburg, Fl.*

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