

**Ashlei Rabess Petion, Ph.D., LPC, NCC**  
 Assistant Professor of Clinical Mental Health Counseling  
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 Nova Southeastern University  
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## EDUCATION

- Doctor of Philosophy in Counselor Education and Practice (Ph.D.)** August 2022  
 Georgia State University (GSU) (CACREP Accredited)  
 Dissertation Title: [\*Project Heal Generational Trauma: A Mixed Methods Participatory Action Research Investigation of Generational Trauma in Millennial Black Women\*](#)  
 Cognate: Multicultural and Social Justice Research  
 Post-Masters Certificate: Qualitative Research in Education
- Master of Arts in Counselor Education (M.A.)** December 2017  
 University of Central Florida (UCF) (CACREP Accredited)  
 Area of Specialization: Clinical Mental Health Counseling  
 Graduate Certificate: Marriage, Couples, and Family Therapy
- Bachelor of Science in Psychology (B.S.)** May 2015  
 University of Florida (UF)  
 Minor: Spanish Language and Culture

## INTERNATIONAL STUDY

- Clinical Outreach in Ghana (Accra, Ghana)** Winter 2019-2020  
 “Enhancing cultural sensitivity and increasing knowledge of mental health beliefs”  
 Highlights included partnering with local agencies and organizations to sharpen clinical skills through cultural immersion, various acts of service, and advocacy engagements.
- UCF in Dominica (Roseau, Dominica)** Summer 2018  
 “Addressing multicultural competencies of counselor education students”  
 Highlights included collaborating with Dominican government officials, social welfare division, and school board officials to promote the professional identity development of mental health counselors and school counselors in Dominica.
- UF in Paris (Paris, France)** Spring 2015  
 “Exploring the Influence of African Americans in Paris”  
 Highlights included learning about the history of African American culture and political experience in Paris, France.
- UF in Sevilla (Sevilla, Spain)** Summer 2014  
 “Fostering cultural competence in second-language acquisition through immersive experiences”

Highlights included participating in a host family program and attending Spanish-taught culture and literature courses at Universidad Internacional Menéndez Pelayo.

## PROFESSIONAL LICENSURE, CERTIFICATION, & TRAININGS

### **Licensed Professional Counselor (LPC #013317)**

Georgia Board of Professional Counselors, Social Workers, and Marriage & Family Therapists

### **Board Certified Counselor (NCC #1097736)**

National Board for Certified Counselors

### **Telemental Health Theory and Practice**

Telebehavioral Health Institute

### **Suicide Prevention and Intervention**

American Association of Suicidology: Accredited Crisis Centers

### **Mandated Reporters: Critical Links in Protecting Children (#584455-3600739)**

Pro Solutions Training

### **Children's Functional Assessment Rating Scale (CFARS) (#802-046-501)**

Substance Abuse and Mental Health Program Offices

### **Functional Assessment Rating Scale (FARS) (#805-040-924)**

Substance Abuse and Mental Health Program Offices

## PROFESSIONAL WORK EXPERIENCE

### ACADEMIC WORK

**Assistant Professor**, Department of Counseling 2022 – Present  
Nova Southeastern University, Davie, Florida

- Teach a minimum of six (6) courses per year on the main campus, regional campuses, or online
- Maintain office hours in accordance with program policy
- Provide student mentoring and advisement, including annual review of students and student remediation
- Provide service to the college, university, and community
- Engage in scholarship activities
- Utilize best practices for technology, including the university's current Learning Management System (Canvas) to enhance teaching and learning

- Attend faculty and committee meetings, recruitments, admissions, and orientation programs and other meetings and events as requested by the Chair or Dean

Taught the following CACREP-accredited master's-level courses: (Total number of sections taught in parentheses)

- PYCL 507: Research and Evaluation for Counselors (4)
- PYCL 511: Introduction to Counseling Techniques (1)
- PYCL 660: Community Mental Health (1)
- PYCL 680: Counseling Practicum (4)

**Graduate Assistant**, Department of Counseling and Psychological Services                      2018 – 2022  
Georgia State University, Atlanta, Georgia

- Taught or co-taught two (2) courses per year on the main campus or online
- Provided masters student clinical supervision and mentoring
- Provided service to the college, university, and community
- Engaged in scholarship activities
- Utilized best practices for technology, including the university's current Learning Management System (Canvas) to enhance teaching and learning

Taught the following bachelor's-level courses as instructor of record:

- CPS 3200: Diversity and Human Relations (1)
- CPS 3300: Interpersonal Communication (2)
- CPS 3400: Career/Lifespan Development (1)

Co-taught the following CACREP-accredited master's-level courses:

- CPS 6410: Basic Counseling Skills (1)
- CPS 7450: Educational and Psychological Appraisal (1)
- CPS 7660: Applied Practicum I – Clinical Mental Health Counseling (1)
- CPS 7680: Internship – Clinical Mental Health Counseling (1)
- CPS 8380: Family Systems and Interventions (1)
- CPS 8470: Crisis Intervention (3)

Co-taught the following CACREP-accredited doctoral-level course:

- CPS 8660: Applied Practice II – Counselor Education and Practice Doctoral Practicum (1)

## CLINICAL AND RELATED WORK

**Owner and Counselor**

2023 – Present

*Dr. Ashlei Petion, LLC* ([www.DrAshleiPetion.com](http://www.DrAshleiPetion.com))

Responsibilities include providing individuals, couples, family, and group counseling sessions, as well as clinical supervision, academic and research consultation, and public speaking via a virtual private practice/business setting.

**Associate Counselor** 2018 – 2020  
*Care and Counseling Center of Georgia*  
Responsibilities included providing individuals, couples, family, and group counseling sessions in an agency setting.

**Clinical Counselor** 2017 – 2018  
*Children's Home Society of Florida*  
Responsibilities included providing individual, family, and parent coaching sessions in school, home, and community settings.

**Mental Health Counselor** 2017 – 2018  
*First Star Academy of Central Florida*  
Responsibilities included providing individual and group counseling to youth in the foster-care system in a university setting.

**Mental Health Counselor Intern** 2017  
*Teen Xpress, Howard Phillips Center for Children and Families*  
Responsibilities included providing individual counseling sessions to middle and high school aged students in a mobile healthcare unit and school settings.

**Mental Health Counselor Intern** 2017  
*Life Journey Counseling and Consulting*  
Responsibilities included providing individual, couples, and family counseling sessions in private practice and school settings.

**Group Facilitator** 2016 – 2017  
*Orange County Youth Shelter*  
Responsibilities included providing group counseling sessions to adolescents in a community shelter setting. Group foci included runaway prevention, coping skills, and academic enrichment.

**Student-Counselor** 2016 – 2017  
*UCF Community Counseling and Research Center*  
Responsibilities included providing individual, couples, and family counseling sessions in a university clinic setting.

**Graduate Assistant and Academic Advisor** 2016 – 2017  
*Knight Watch Program, UCF Office for First Year Advising and Exploration*  
Responsibilities included: (a) assisting the Program Coordinator in pioneering the Knight Watch (KW) Program, an effort to support and retain first-year undergraduate students with grade point averages between 2.0 and 2.59; (b) recruiting and supervising upperclassmen students as mentors to KW students; and (c) providing individual and group academic advising sessions.

**Program Assistant** 2015 – 2016  
*Positive Pathways Transition Center, Orange County Public Schools*  
Responsibilities included managing the intake and progression of K-12 students expelled from their zoned schools for behavior and/or legal infractions by collaborating with students, families,

teachers, and administration members to set individualized student goals for matriculation back to zoned schools.

## RESEARCH AND SCHOLARSHIP

### REFEREED JOURNAL PUBLICATIONS

Harris-Pierre, S., Mitchell, M. D., & **Petion, A. R.** (In press.) The physiological and psychological impact of race-based trauma: Implications for counselor education. *Journal of Trauma Studies in Education*.

**Petion, A. R.**, Chang, C. Y., Mitchell, M. D., Grinnage, D., Brown-Thompson, C., & Huffstead, M. E. (2022). "Battling something bigger than me": A phenomenological investigation of generational trauma in African American women. *Journal of Counseling and Development*, 101(1), 69-83. <https://doi.org/10.1002/jcad.12454>

Ataga, J., Swank, J., McNiece, Z. P., **Rabess, A.**, Gay, J. L. (2021). Year of Return: Black clinicians connecting across the West-African diaspora. *International Journal for the Advancement of Counselling*. <https://doi.org/10.1007/s10447-021-09444-y>

Chang, C. Y., & **Rabess, A.** (2020). Response to signature pedagogies: A framework for pedagogical foundations in counselor education: Through a multicultural and social justice competencies lens. *Teaching and Supervision in Counseling*, 2(2), 20-27. <https://doi.org/10.7290/tsc020203>

**Rabess, A.**, Tarziers, K., Coleman, J., Istre, M., & Zeligman, M. (2020). Shifting the culture of basic skills courses: Alleviating pervasive anxiety through experiential approaches. *Journal of Counselor Practice*, 11(2), 44-65. <https://doi.org/10.22229/stc1122020>

### BOOK CHAPTERS

Chang, C. Y., Williams, N., & **Rabess, A.** (2021). Testing, assessment, and diagnosis. In S. K. Butler, J. M. Filmore, & A. Flores-Locke (Eds.), *The Journey to becoming: An introduction to 21<sup>st</sup> century counseling*. Cognalla.\*

\*Won "Most Promising New Textbook Award" from the Textbook and Academic Authors Association (2022)

Chang, C. Y., & **Rabess, A.** (2021). Professional advocacy: A professional responsibility. In Chang, C. Y., & Barrio Minton, C. A. (Eds.), *Professional counseling excellence through leadership and advocacy* (2nd ed.). Routledge.

<b>PROFESSIONAL ORGANIZATION PUBLICATIONS</b>
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Thompson, E. S., Hyung, J., Leopold, P., & **Petion, A. R.** (2023). Empowering change: Uniting decolonized education, holistic well-being, and peaceful communication. *The Peace Chronicle*, 15(3), 95-107. <http://www.peacejusticestudies.org/wp-content/uploads/2023/07/Belonging-PDF.pdf>

Negro, G., Williams, M. J., Lopiano, G., **Petion, A. R.**, & Roemerman, R. M. (2023). State of the South: A snapshot on the conditions and life experiences of LGBTQ southerners. *Atlanta, GA: National Center for Civil and Human Rights LGBTQ Institute*. <http://www.lgbtqsouthernsurvey.org/>

**Petion, A. R.** (2023). LGBTQ Institute Southern Survey focus group findings. *Atlanta, GA: National Center for Civil and Human Rights LGBTQ Institute*. <http://www.lgbtqsouthernsurvey.org/>

Tapia-Fuselier, J. L., **Rabess, A.**, Gay, J., Blanchard, R., Morton, F., Bowser, T., Stevens, M., & Sapp, T. (2021). COVID-19 Counselor Education and Supervision Resource List: A Joint Collaboration Between CSI and ACES. Chi Sigma Iota International. [https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications/CSI\\_ACES\\_Resource\\_List.pdf](https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications/CSI_ACES_Resource_List.pdf)

**Rabess, A.**, Petion, G., & Mitchell, M. D. (2018). Pouring into professional development: Establishing a culture of mentorship in counselor education. *Southern Association for Counselor Education and Supervision Fall Newsletter*, 16-17.

**Rabess, A.** (2017). Multicultural obstacles: A masters student's journey and call to action. *Association for Multicultural Counseling and Development Spring Newsletter*, 12-14.

<b>FUNDED GRANT ACTIVITY</b>
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**Faculty Book Club: DEIBW Professional Development (2023)**

- Funding Source: NSU College of Psychology Professional Development Award for Teaching and Supervision
- Role: Principal Investigator
- Funded Amount: \$1,000, one year duration

**Investigating Generational Trauma in Millennial Black Women (2021)**

- Funding Source: Association for Multicultural Counseling and Development (AMCD) Writer's Consortium
- Role: Principal Investigator
- Funded Amount: \$1,100, one year duration

**Statewide/Regional Networking Grant (2019)**

- Funding Source: Chi Sigma Iota (CSI) International
- Role: Co-Principal Investigator
- Funded Amount: \$660, one year duration

**The Knight Watch Program Initiative (2017)**

- Funding Source: UCF Student Development and Enrollment Services (SDES) Parent and Family Grant
- Role: Co-Principal Investigator
- Funded Amount: \$5,750, one year duration

## PROFESSIONAL PRESENTATIONS AND PUBLIC SPEAKING

### KEYNOTE ADDRESSES AND PLENARY SESSIONS

The pursuit of excellence in counseling leadership and advocacy: A student leader's perspective from the new generation (2021). Invited to speak at the Initiation Ceremony for the Eta Upsilon Chapter of Chi Sigma Iota Honor Society. Virtual.

### REFEREED CONFERENCE PRESENTATIONS

#### NATIONAL

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**Rabess, A.** (2020). "It didn't start with you": An exploration of generational trauma in the African American community. Educational session presented at the Association for Multicultural Counseling and Development Virtual Summit.

**Rabess, A., Tarziers, K., Coleman, J., Istre, M., & Placeres, V.** (2019). Alleviating anxiety: Shifting the culture of basic skills courses. Educational session presented at the ACES Conference. Seattle, Washington.

**Rabess, A.** (2019). It didn't start with you: A phenomenological exploration of generational trauma in Black women. Roundtable session facilitated at the Association for Assessment and Research in Counseling Conference. San Antonio, Texas.

**Rabess, A.** (2019). It didn't start with you: An exploration of intergenerational trauma in African American women. Educational session presented at the Black Mental Health Symposium. Charlotte, North Carolina.

**Rabess, A. & Pinellas, M.** (2019). #Relatable: Exploring the use of memes to foster cohesion in groups with minority adolescents. Poster session presented at the Association for

Multicultural Counseling and Development Multicultural and Social Justice Summit.  
Orlando, Florida.

**Rabess, A.** (2019). Exploring contributors to the perceptions of multicultural counseling courses. Poster session presented at the American Counseling Association Conference. New Orleans, Louisiana.

Mitchell, M. & **Rabess, A.** (2019). The Colored Section: A phenomenological study exploring the experiences of counseling students of color. Educational session presented at the Association for Counselor Education and Supervision Conference. Seattle, Washington.

Toomey, T. M., Yoga, A., Istre, M. M., Tarziers, K., **Rabess, A.**, Coleman, J., & Mize, M. C. (2019). Program evaluation: Exploration of a CSI sponsored wellness intervention with counseling students. CSI-sponsored poster session presented at the American Counseling Association Conference. New Orleans, Louisiana.

Mitchell, M. D., Huffstead, M., **Rabess, A.**, & Hanner, S. (2018). #Racism: The mental health ramifications of online racial discrimination. Poster session presented at the American Counseling Association Conference. Atlanta, Georgia.

Petion, G. & **Rabess, A.** (2018). School-to-prison pipeline: Collaborative and proactive solutions as a counseling model. Poster session presented at the American Counseling Association Conference. Atlanta, Georgia.

**Rabess, A.** (2017). Modifying the mundane: Examining the experiences of counseling students in multicultural courses and exploring alternatives for improvement in cultural competency. Poster session presented at the American Counseling Association Conference. San Francisco, California.

**Rabess, A.** (2017). Decide or divide: Exploring intersections of client identities. Poster session presented at the American Counseling Association Conference. San Francisco, California.

## REGIONAL AND STATE

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Leopold, P., Wright, G. G., & **Petion, A. R.** (2023). "When worlds collide": Helping culturally diverse couples build relational resilience. Educational session presented at the Florida Counseling Association Conference. Tampa, Florida.

**Rabess, A.** (2020). "It didn't start with you": An exploration of generational trauma in the African American community. Educational session presented at the Clinical Mental Health Virtual Conference.

**Rabess, A.** & Heard, N. (2017). Modifying the mundane: Examining the experiences of counseling students in multicultural courses and exploring alternatives for improvement



in cultural competency. Educational session presented at the Florida Counseling Association Conference. Orlando, Florida.

Petion, G. & **Rabess, A.** (2017). Busting the school-to-prison pipeline: How counselors can utilize Collaborative and Proactive Solutions (CPS) to cultivate the development of at-risk youth. Poster presented at the Florida Counseling Association Conference. Orlando, Florida.

**Rabess, A.** (2016). Decide or divide: Exploring intersections of client identities. Poster session presented at the Florida Counseling Association Conference. Orlando, Florida.

## INSTITUTIONAL

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Hyun, J. H., Leopold, P., **Petion, A. R.**, Thompson, E. (2023). Decolonizing syllabi: A DEIBW's guide to equity learning. Education session presented at the NSU Diversity Summit. Virtual.

Petion, G. & **Rabess, A.** (2018). School-to-prison pipeline: Collaborative and proactive solutions as a counseling model. Poster session presented at the UCF Counseling Conference. Orlando, Florida.

Teel, S. & **Rabess, A.** (2017). Meeting them halfway: How the Knight Watch Program cultivates student success and retention. Educational session presented at the UCF Student Development and Enrollment Services Institute. Orlando, Florida.

Crumbley, K., **Rabess, A.**, Reyes, T., Rendon-Finnell, L., & Heard, N. (2017). Coping with loss: Empowering clients of color in our current social and political climate. Educational session presented at the UCF Counseling Conference. Orlando, Florida.

<h2>INVITED PANEL DISCUSSIONS</h2>
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“Black and Educated”: A panel of young, Black, educated women with graduate degrees (2020). The Office of Black Student Achievement at Georgia State University. Atlanta, Georgia.

“Dear Black Men”: A Mental Health Panel (2020). Florida State University. Garden of Healing (Registered Student Organization). Tallahassee, Florida.

How to make the most out of the graduate school experience (2017). UCF Graduate Student Orientation and Welcome. UCF College of Graduate Studies. Orlando, Florida.

Masters' students' experiences in clinical supervision with doctoral-student supervisors-in-training (2017). Supervision in Counselor Education course in the UCF Department of Counselor Education. Orlando, Florida.

How to be successful as a counselor education student (2016). Introduction to Counseling course in the UCF Department of Counselor Education. Orlando, Florida.

## INVITED GUEST TEACHING AND LECTURES

### DOCTORAL

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- ESCE 8100: Advanced Counselor Education Leadership and Advocacy. Ohio State University. By request of Dr. Kaprea Johnson, Professor. Participated in panel discussion on leadership in counselor education. Fall 2022.

### MASTERS

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- CMC 616: Individual Appraisal and Assessment. Agnes Scott College. By request of Dr. Mary Chase Mize, Assistant Professor. Facilitated class lecture and discussion on assessment of generational trauma. Spring 2023.
- COUN 6003: Foundations of Clinical Mental Health Counseling. Marquette University. By request of Dr. Zori A. Paul, Assistant Professor. Conducted class lecture on advocacy in the counseling profession. Spring 2023.
- MHC 505: Behavioral Research and Evaluation. Jacksonville University. By request of Dr. Michelle D. Mitchell, Assistant Professor. Conducted class lecture on mixed methods research in counseling. Spring 2022.
- MHS 5005: Introduction to the Counseling Profession. University of Central Florida. By request of Dr. J. Richelle Joe, Associate Professor. Participated in an alumni panel discussion on becoming a counselor, experiences as a master's student at UCF, and how to make the most of the graduate program. Fall 2022.
- Pre-Doctoral Preparation Track Seminar. Georgia State University. By request of Dr. Donnie Davis, Associate Professor. Co-facilitated class discussion on developing a research interest and agenda. Spring 2021.
- CEPD 7153: Crisis Interventions. University of West Georgia. By request of Dr. Michele Pinellas, Assistant Professor. Participated in panel discussion on professional experiences in crisis and trauma interventions. Fall 2021.
- CHD 5303: Assessment and Evaluation. Lindsey Wilson College. By request of Dr. Kristy Christopher-Holloway, Assistant Professor. Conducted class lecture on multicultural and social justice implications for assessment and diagnosis in counseling. Fall 2021.
- COUN 508: Individual and Group Appraisal. Clark Atlanta University. By request of Dr. Kim Lee Hughes, Assistant Professor. Facilitated class discussion on the use of assessment in clinical practice. Spring 2020.
- Pre-Doctoral Preparation Track Seminar. Georgia State University. By request of Dr. Donnie Davis, Associate Professor. Co-facilitated class discussion on applying to doctoral programs in counselor education. Fall 2020.

- CHS 421: Theories of Group Dynamics in Counseling. Roosevelt University. By request of Dr. Charmaine Conner, Assistant Professor. Conducted class lecture on applying to the NBCC Minority Fellowship Program. Fall 2020.
- CPS 7260: Counseling Systems and Interventions. Georgia State University. By request of Dr. Jonathan Orr, Clinical Associate Professor. Conducted class lecture on family counseling and systemic theory. Fall 2019.
- CPS 7340: Social/Cultural Issues in Counseling. Georgia State University. By request of Dr. Jonathan Orr, Clinical Associate Professor. Conducted class lecture on broaching with clients. Summer 2019.

## UNDERGRADUATE

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- CNS 342: Group Procedures. Wake Forest University. By request of Dr. Michelle D. Mitchell, Assistant Professor. Participated in panel discussion on group facilitation experiences in the counseling profession. Spring 2020.

## OTHER INVITED PRESENTATIONS

**Petion, A. R.,** Grinnage, D., & Rountree, M. (2023). Identifying and treating generational trauma and facilitating generational healing in Black families and communities. Presented educational and research session for Counselors for Social Justice. Virtual.

**Petion, A. R.,** Grinnage, D., & Rountree, M. (2023). Identifying and treating generational trauma and facilitating generational healing in Black families and communities. Presented educational and research session for the Florida Association for Multicultural Counseling and Development. Virtual.

Chang, C. Y., & **Rabess, A.** (2020). Multiculturalism, ethics, and social justice, oh my! Best practices in qualitative research. Presented for the Association for Counselor Education and Supervision Diversity and Inclusion Interest Network – Research and Publication Subcommittee. Virtual.

Roemermann, R., & **Rabess, A.** (2020). Let's talk about it: The current legal landscape and LGBTQ+ people. Interviewed by the Children's Museum of Atlanta (CMA). Via Zoom Online Meeting Platform and CMA Facebook Live. Recording: <https://childrensmuseumatlanta.org/blog/cma-town-square-ep-10/>

Moderator of LGBTQ Institute Webinar: Prevalence of "Conversion Therapy" in the South and the Experiences of the Survivors (2020). Virtual. Recording: <https://www.lgbtq-symposium.org/webinar-1>

Ethical Guidelines and Considerations for Social Media (2020). Presented for the Chi Epsilon Chapter of Chi Sigma Iota. Virtual.

“Take Your Counselor Hat Off”: An Open Discussion for Fostering Wellness While Living Through the Double-Pandemic of COVID-19 and Racial Injustices (2020). Moderated panel discussion for the Chi Epsilon Chapter of Chi Sigma Iota. Virtual.

“Put Your Counselor Hat On”: Learning Strategies for Culturally Responsive Counseling During the Double-Pandemic of COVID-19 and Racial Injustices (2020). Moderated panel discussion for the Chi Epsilon Chapter of Chi Sigma Iota. Virtual.

Moderator of Association for Multicultural Counseling and Development Webinar: Traumatic Stress and Systemic Oppression (2018). Virtual.

## PROFESSIONAL SERVICE, LEADERSHIP, AND ADVOCACY

### EDITORIAL SERVICE

- *Trauma Counseling and Resilience*, Editorial Board Member (2023-Present)
- *Journal of Counselor Leadership and Advocacy*, Editorial Assistant (2020-2021)

### INTERNATIONAL AND NATIONAL SERVICE

#### **American Counseling Association (ACA)**

- Student Representative, Governing Council (2021-2023)
- Executive Committee Member (2022-2023)

#### **Association for Counselor Education and Supervision (ACES)**

- Conference Volunteer (2019)
- Reviewer, Conference Proposals (2019)

#### **Association for Multicultural Counseling and Development (AMCD)**

- Vice President of Women’s Concerns (2023-2026)
- Co-Chairperson and Co-Editor, Newsletter Committee (2019-2020)
- Graduate Student Liaison, Mentoring Program Committee (2019-2020, 2017-2018)
- Graduate Student Representative, Executive Board (2018-2019)
- Interim Chairperson and Editor, Newsletter Committee (Summer 2018)
- Graduate Student Liaison, Conference Committee (2016-2017)

#### **Chi Sigma Iota International Counseling Honor Society (CSI)**

- Assistant Editor, *CSI Exemplar* (2023-2026)
- Intern to the Executive Board (2020-2021)
- Committee Member, Awards Committee (2020-2021)
  - Reviewer, International Awards
- Committee Member, Chapter Development Committee (2020-2021)

- Reviewer, Chapter Grants
- Reviewer, Counselor's Bookshelf (2020-2021)

### **Council for the Accreditation of Counseling and Related Educational Programs (CACREP)**

- Data Analyst for the CACREP Board and Staff Special Report (2021)

### **National Board for Certified Counselors (NBCC)**

- Reviewer for NBCC Minority Fellowship Program applications (2023)

<b>REGIONAL AND STATE SERVICE</b>
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### **Florida Counseling Association (FCA)**

- Reviewer, Traumatology Symposium Proposals (2018)

### **Southern Association for Counselor Education and Supervision (SACES)**

- Emerging Leader (2020-2021)
- Co-Chairperson, International Counseling Interest Network (2020-2021)
- Committee Member, Graduate Student Newsletter Committee (2020)
- Committee Member, Graduate Student Monthly Blog Committee (2019)

<b>UNIVERSITY AND DEPARTMENTAL SERVICE</b>
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### **Nova Southeastern University**

- Committees
  - Committee Member, Department of Counseling Diversity, Equity, Inclusion, Belonging, and Wellness (DEIBW) Committee (2022-2024)
    - DEIBW Faculty Book Club Facilitator (2023-2024)
  - Committee Member, Department of Counseling Student Application Review Committee (2023-2024)
  - Committee Member, Department of Counseling Assessment Committee (2023-2024)
- Course Leads
  - Course Lead, PYCL 507, Research and Evaluation for Counselors (2023-2024)

### **Georgia State University (GSU)**

- Chairperson, Chi Epsilon Chapter of CSI Awards Committee (2021-2022)
- Reviewer, Karen Lopp Scholarship (2021)
- Student Representative, Counseling and Psychological Services Department Diversity and Community Committee (2020)
- President, Chi Epsilon Chapter of CSI (2020-2021)
- President-Elect, Chi Epsilon Chapter of CSI (2019-2020)
- Chairperson and Editor, Chi Epsilon Chapter of CSI Newsletter Committee (2018-2020)
- Committee Member, Chi Epsilon Chapter of CSI Research Committee (2018-2021)

### **University of Central Florida**

- Committee Member, Upsilon Chi Chapter of CSI Social Committee (2016-2017)
- Course Note-Taker, UCF Office of Student Accessibility Services (2016)

## COMMUNITY SERVICE

- Research Associate, Culturally Responsive, Evidence-Based Strategies for Traumatic Stress (CRESTS)program (2022-2023)
- Intern and Fellow, LGBTQ Institute of the National Center for Civil and Human Rights (2020-2022)
- Graduate Assistant, CRESTSprogram (2020-2022)
- Vendor, National Alliance of Mental Illness Dekalb Minority Mental Health Fair in Clarkston, Georgia (2019)
- Group Leader, Challenge Day at Maitland Middle School in Orlando, Florida (2017)
- Facilitator, “Celebrate Your Status” HIV+ Community Day in Orlando, Florida (2017)
- Care Team Consultant, Alachua County Crisis Center in Gainesville, Florida (2015)
- Trainer, Alachua County Law Enforcement Crisis Intervention Team in Gainesville, Florida (2015)
- Care Team Associate, Alachua County Crisis Center in Gainesville, Florida (2014-2015)
- In-House Trainer, Alachua County Crisis Center in Gainesville, Florida (2014-2015)
- Phone Counselor, Alachua County Crisis Center in Gainesville, Florida (2013-2015)
- Lead Mentor, Gator Teens Mentoring Program at Eastside High School in Gainesville, Florida (2013 – 2015)

## PROFESSIONAL AND COMMUNITY RECOGNITIONS

### FELLOWSHIPS

#### **NBCC Minority Fellowship Program (2020)**

Doctoral-Level Fellow, National Board for Certified Counselors Foundation

Awarded to applicants who demonstrate knowledge of and experience with racially and ethnically diverse populations and commit to providing mental health and/or substance abuse and addictions counseling services to underserved minority populations.

*Award Amount: \$20,000*

#### **Chi Sigma Iota Leadership Fellowship and Internship Program (2020)**

Leadership Intern, CSI Counseling Academic and Professional Honor Society International

Awarded to applicants who demonstrate a desire to offer service to the counseling profession through: (a) learning about the governance structure of CSI; (b) becoming acquainted with significant individuals and groups involved in CSI activities and the profession; (c) complete special projects on behalf of CSI; and (d) develop personally and professionally as an emerging leader in the counseling profession.

*Award Amount: \$1,200*

**NBCC Minority Fellowship Program (2017)**

Masters-Level Fellow, National Board for Certified Counselors Foundation

Awarded to applicants who demonstrate knowledge of and experience with racially and ethnically diverse populations and commit to providing mental health and/or substance abuse and addictions counseling services to underserved minority populations.

*Award Amount: \$8,000*

<b>SCHOLARSHIPS</b>
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**Courtland C. Lee Multicultural Excellence Scholarship Award (2021)**

American Counseling Association

Awarded to a graduate student in counselor education whose academic work demonstrates excellence in the theory and practice of multicultural counseling.

*Award Amount: \$2500 + Complimentary ACA Conference registration*

**Kenneth and Mary Matheny Scholarship Award (2018)**

Georgia State University Department of Counseling and Psychological Services

Awarded to applicants who demonstrate outstanding accomplishments in counseling and psychological services.

*Award Amount: \$1,000*

**Study Abroad Scholarship (2018)**

University of Central Florida College of Education and Human Performance

Awarded to applicants who demonstrate financial need and commitment to academic excellence at the international level in one of UCF's study abroad programs.

*Award Amount: \$500*

**Mentee in the AMCD Mentoring Program (2017)**

Awarded to graduate students and new professionals who demonstrate a commitment to conducting original, culture-centered research.

*Award Amount: \$275*

**UCF Graduate Presentation Scholarship (2017)**

Awarded to applicants who demonstrate a financial need for travel support to present at a professional conference.

*Award Amount: \$375*

<b>AWARDS AND HONORS</b>
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**Outstanding Dissertation in Counselor Education and Practice Award (2023)**

GSU College of Education and Human Development

Awarded to a doctoral graduate in recognition of a dissertation of especially high quality and potential impact in field of counselor education and practice.

**Outstanding Research Award (International Level) (2023)**

Chi Sigma Iota International Honor Society

Awarded to a CSI member who has recently completed a research investigation that shows promise for outstanding contributions to the counseling profession.

**Outstanding Doctoral Student in Counselor Education and Practice Award (2022)**

GSU College of Education and Human Development

Awarded to a doctoral student in recognition of academic performance, service to the department and professional promise.

**Emerging Graduate Student Leader Award (2022)**

Association for Multicultural Counseling and Development

Awarded to an AMCD student member who has demonstrated a commitment to multicultural counseling and development through outstanding scholarship, service, or leadership.

**UCF 30 Under 30 Award (2022)**

UCF Alumni Association

Awarded to outstanding young alumni who continue to "Reach for the Stars" in their professional and personal lives since graduating from UCF. They demonstrate great professional success, a commitment to helping others, and a track record of giving back to UCF and their local communities.

**Outstanding Graduate Student Leadership Award (2021)**

Association for Counselor Education and Supervision

Awarded to an ACES student member who demonstrates an extensive commitment to leadership within the counselor education profession.

**Dean's Graduate Award for Commitment to the Discipline (2021)**

GSU College of Education and Human Development

Awarded to a graduate student who demonstrates a commitment to their academic discipline.  
*\$500 Honorarium.*

**Outstanding Service to Chapter (International-Level) (2021)**

Chi Sigma Iota International Honor Society

Awarded to a CSI chapter member who has excelled in scholarship, service to the chapter, extracurricular involvements, and evidence of excellence and commitment.

**Outstanding Service to Chapter (Chapter-Level) (2021)**

Chi Epsilon Chapter of Chi Sigma Iota International Honor Society

Awarded to a CSI chapter member who has excelled in scholarship, service to the chapter, extracurricular involvements, and evidence of excellence and commitment.

**Emerging Leader (2020)**

Southern Association for Counselor Education and Supervision (SACES)

Awarded to student and new professional members who demonstrate a commitment to the counseling profession, participate in professional counseling organizations and conferences, are



committed to inclusivity, diversity, and social justice, and have a vision for counselor education and supervision.

**Outstanding Leadership Award (2017)**

Upsilon Chi Chapter of Chi Sigma Iota International Honor Society

Awarded to a CSI Upsilon Chi member who demonstrates a commitment to leadership within the chapter.

**Exceptional Service Award (2015)**

The University of Florida Black Community Awards Ceremony

Awarded to an undergraduate member of the UF Black Student Union who demonstrates an extensive commitment to service at the university and beyond.

<b>MEDIA PRESENCE</b>
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**Addressing Generational Trauma (2023)**

Interviewed for Counseling Schools website, an online guide to careers in counseling, therapy, and psychology. Link to article: <https://www.counselingschools.com/blog/intergenerational-trauma>

**NSU Counseling Professor Quoted in Counseling Today (2023)**

Recognized by NSU SharkBytes, online newsletter for NSU faculty and staff, for being featured in Counseling Today magazine. Link to article: <https://sharkbytes.nova.edu/academics/nsu-counseling-professor-quoted-in-counseling-today/>

**Generational Trauma: Uncovering and Interrupting the Cycle (2023)**

Interviewed for Counseling Today magazine. Link to article: [https://ct.counseling.org/2023/01/generational-trauma-uncovering-and-interrupting-the-cycle/?utm\\_source=counselinginsider&utm\\_medium=email&utm\\_campaign=counselingtoday&utm\\_term=article&utm\\_content=generational](https://ct.counseling.org/2023/01/generational-trauma-uncovering-and-interrupting-the-cycle/?utm_source=counselinginsider&utm_medium=email&utm_campaign=counselingtoday&utm_term=article&utm_content=generational)

**“UCF Names 2022’s 30 Under 30 Alumni Award Winners” (2022)**

Recognized as a “30 Under 30” Award recipient by the UCF Alumni Association. Link: <https://www.ucf.edu/news/ucf-names-2022s-30-under-30-alumni-award-winners/>

**“It Didn’t Start with You”: Generational Trauma and Healing” (2022)**

Invited as a guest on “Conversations with Nicole” Talk Show. Recording: <https://youtu.be/J27LLp7kpY>

**“America’s Mental Health Crisis” (2022)**

Invited as a panelist on “The Grapevine” Television Show’s Spotify Greenroom event (unrecorded). Link to advertisement:

[https://www.instagram.com/p/CYogzYvsOO5/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/p/CYogzYvsOO5/?utm_source=ig_web_copy_link)

**“American Counseling Association’s Governing Council to Include CEHD Representation”**  
(2021)

Recognized by GSU CEHD for being elected to serve on the ACA Governing Council. Link: <https://news.gsu.edu/2021/03/17/american-counseling-associations-governing-council-to-include-cehd-representation/>

**“CEHD Doctoral Students Receive Chi Sigma Iota 2021 Awards”** (2021)

Recognized by GSU CEHD for earning Chi Sigma Iota International Outstanding Service to Chapter Award. Link: <https://news.gsu.edu/2021/03/04/cehd-doctoral-students-receive-chi-sigma-iota-2021-awards/>

**“Research Snapshot: Signature Pedagogy for Multicultural and Social Justice Counseling”**  
(2020)

Recognized by GSU CEHD for publishing an article in the Journal of Teaching and Supervision in Counseling. Link: <https://news.gsu.edu/2020/10/14/research-snapshot-signature-pedagogy-for-multicultural-and-social-justice-counseling/>

**“CEHD Students Awarded 2020 Minority Counseling Fellowships”** (2020)

Recognized by GSU CEHD for earning NBCC Fellowship. Link: <https://news.gsu.edu/2020/06/15/cehd-students-awarded-2020-minority-counseling-fellowships/>

**“Ebony in the Spotlight”** (2018)

Ebonies in the Ivory: Dispelling Myths, Rewriting Narratives, and Championing Women of Color in Higher Education Blog and Podcast aiming to support women of color prior to, during, and beyond the doctoral process.

Recognized as a woman of color in academia who demonstrates excellence. Link: <https://www.eboniesintheivory.com/eiti-podcast/2018/9/11/episode-7-honey-we-shrunk-ourselves-woc-and-the-imposter-syndrome>