# Ariann Evans Robino, Ph.D., LPC (LA), NCC

Department of Counseling Nova Southeastern University arobino@nova.edu

# **EDUCATION**

**Doctor of Philosophy -** Counselor Education (CACREP-Accredited), Virginia Tech Cognate: Research and Human Development, Certificate: Educational Research and Evaluation May 2019 *Dissertation Title*: The Human-Animal Bond and Attachment in Animal-Assisted Interventions in Counseling *Dissertation Committee*: Dr. Laura Welfare (Chair), Dr. Gerard Lawson, Dr. David Kniola, Dr. Virginia Buechner-Maxwell

**Certificate in Animal-Assisted Interventions in Counseling** (in progress, CACREP-Accredited), Idaho State University. Expected Completion: July 2020

**Master of Science,** Clinical Mental Health Counseling (CACREP-Accredited), Loyola University New Orleans. May 2013

**Bachelor of Science,** Psychology, University of New Orleans. May 2010. Dean's List, Cum Laude

# PROFESSIONAL CREDENTIALS AND CERTIFICATES

**Licensed Professional Counselor** (#5737), LPC Board of Examiners, Baton Rouge, LA 2016 – Present

**National Certified Counselor** (#319948), National Board of Certified Counselors 2013 – Present

**Certificate in Animal-Assisted Interventions in Counseling** (in progress, CACREP-Accredited), Idaho State University. Expected Completion: July 2020

# **CURRENT POSITION**

Assistant Professor, Department of Counseling, Nova Southeastern University. Fort Lauderdale, FL. August 2019 – present.

# **COUNSELOR EDUCATION EXPERIENCE**

Co-Instructor, Clinical Mental Health Counseling (CACREP-Accredited), Department of Counselor Education, Virginia Tech. Roanoke, VA/Virtual. July 2017 – May 2019.

# **Teaching Assignments**

Nova Southeastern University

PYCL 507: Research and Evaluation for CounselorsPYCL 511: Introduction to Counseling TechniquesPYCL 570: Ethical, Legal, and Professional Issues for CounselorsPYCL 612: Substance AbusePYCL 681: Counseling Internship

Virginia Tech EDCO 5204: Orientation to Professional Counseling EDCO 5264: Appraisal in Counseling EDRE 5404: Foundations of Education Research EDCO 5554: Crisis Prevention, Preparedness, and Response EDCO 5614: Internship (Group)

#### **Supervision Assignments**

Virginia Tech EDCO 5284: Practicum Live Supervisor EDCO 5614: Internship Individual and Triadic Supervisor

#### **PUBLICATIONS**

#### PAPERS IN REFEREED JOURNALS

- Robino, A., Corrigan, V. K., Anderson, B., Werre, S., Farley, J. P., Marmagas, S. W., & Buechener-Maxwell, V. (in press). College student mental health in an animalassisted intervention program: A preliminary study. *Journal for Creativity in Mental Health*.
- **Robino, A.** (2019). Global compassion fatigue: A new perspective in counselor wellness. *The Professional Counselor, 9*(4), 272-284.
- **Robino, A., &** Foster, T. (2018). Psychosocial predictors of wellness in college students. *Adultspan Journal, 17*(1), 3-13. \*Awarded the Association for Adult Development and Aging's *Adultspan* Journal Article Award
- Evans, A., Ebrahim, C., Philips, A., & Foster, T. (2016). Constructivism as pedagogy: An analysis of master's level students' experience. *Wisconsin Counseling Journal, 29,* 49-60.
- Foster, T., **Evans, A.,** & Chew, L. (2014). Predictors of counseling students' decision to pursue a gerocounseling specialization. *Adultspan Journal, 13*(2), 79-89.

#### **OTHER PAPERS AND REPORTS**

- Robino, A. (2019, August 19). A day in the life of a doctoral student [ACA Graduate Student Committee blog post]. Retrieved from https://www.counseling.org/news/aca-blogs/aca-member-blogs/2019/08/19/a-day-in-the-life-of-a-doctoral-student
- Hall, M., Davis, H., & Robino, A. (2018). 2018 VTCRI SURF Program Survey Summary Report. Unpublished program evaluation report for Virginia Tech's Office of Academic Decision Support.

- **Robino, A.** (2018, August 14). Stress management [ACA Graduate Student Committee blog post]. Retrieved from https://www.counseling.org/news/aca-blogs/aca-member-blogs/2018/08/14/stress-management
- **Robino, A.** (2018). *Online focus groups*. Unpublished report for Virginia Tech's Office of Assessment and Evaluation.
- **Robino, A.** (2017). *What employers want in college graduates*. Unpublished report for Virginia Tech's Office of Assessment and Evaluation.

# **CURRENT PROJECTS**

- Lawson, G., Welfare, L. E., **Robino, A.,** Norris, M., Rowley, P., & Krost, K. (under review). *Cell phones and social media: Implications for K-12 school discipline practices.*
- **Robino, A**. & Adams, C. (in data analysis). *Multiple method approach to the implementation of a canine in college counseling.*
- **Robino, A.** (in data analysis). *Counseling students' awareness and management of global compassion fatigue.*

# HONORS AND AWARDS

Honorable Mention, Tomorrow's Counselor Essay Competition, American Counseling Association (2018)
Emerging Leader, Association for Counselor Education and Supervision (2017)
Counseling Research Excellence Award, Loyola University New Orleans, College of Social Sciences (2013)
Lafitte Award, Scholarship Recipient, University of New Orleans (2006-2010)
TOPS Opportunity Award, Scholarship Recipient, University of New Orleans (2006-2010)

# FUNDED AWARDS

# **Virginia Tech- Graduate Student Assembly Travel Fund Program Award- \$250** (December 2018)

Received funding to present research at the 2018 North Atlantic Region Association for Counselor Education and Supervision Conference

# Phi Kappa Phi- A Love of Learning Award- \$500 (May 2018)

Received funding to present research at the 2018 American Counseling Association Conference

# Virginia Counselors Association (VCA) Foundation - Pete Warren Graduate Student Fellowship - \$240 (April 2018)

Received funding for registrations and presenting research at the 2018 VCA Convention and to renew VCA and Roanoke Area Counselors Association memberships

# **Virginia Tech- Graduate Student Assembly Travel Fund Program Award- \$270** (December 2017)

Received funding to present research at the 2017 Association for Counselor Education and Supervision Conference

#### Virginia Association for Counselor Education and Supervision (VACES) - Graduate Student Development Grant- \$500 (April 2017)

Received funding to introduce and study the concept of *global compassion fatigue* in graduate students at CACREP-accredited counselor education programs

#### **SCHOLARLY PRESENTATIONS** (N = 32)

#### **INTERNATIONAL/NATIONAL** (N = 18)

- **Robino, A.,** & Stewart, L. A. (April 2020). Understanding the Relationships in Animal-Assisted Interventions in Counseling. Accepted for presentation at the American Counseling Association (ACA) Conference. San Diego, CA.
- **Robino, A.,** Cokley, R., Weaver, J. L., Holt, R. W., Backer, A., Tapia-Fuselier, J. (April 2020). *Graduate Students Can Lead, Too: Leadership and Advocacy Pathways for Graduate Students.* Accepted for presentation at the American Counseling Association (ACA) Conference. San Diego, CA.
- **Robino, A.** (July 2019). *Human-Animal Bonding in Animal-Assisted Interventions in Counseling*. Presented at the International Society for Anthrozoology (ISAZ) Conference. Orlando, FL.
- Waddington, A., Robino, A., Tapia-Fuselier, J., Vaishnav, S., & McKenna, L. (March 2019). Survival Tips for Graduate Students and New Professionals. Presented at the American Counseling Association (ACA) Conference. New Orleans, LA.
- Lawson, G., Welfare, L., Grimes, T., & Robino, A. (March 2019). Perspectives on Keeping Kids in Classrooms not Courtrooms. Presented at the National Youth-At-Risk Conference. Savannah, GA.
- Stare, B., & Robino, A. (May 2018). Counselor Advocacy for Incarcerated Populations: From the Classroom to the Courtroom. Presented at the McLeod Institute on Addictions. Charlotte, NC.
- **Robino, A.** (April 2018). *Global Compassion Fatigue: Protecting Our Empathy in Today's World.* Presented at the American Counseling Association (ACA) Conference. Atlanta, GA.
- Davis, T., **Robino, A.,** & Dunleavy, S. (February 2018). *That's a Good College Counselor!: Establishing an Animal-Assisted Therapy Program on a College Campus.* Presented at the American College Counseling Association (ACCA) Conference. Charlotte, NC.
- Robino, A., Adams, C., & Pignato, L. (October 2017). *First-Year Doctoral Student Adjustment and Attachment*. Presented at the Association for Counselor Education and Supervision (ACES) Conference. Chicago, IL.
- Robino, A., Lackey, B., Raymond, K., & Sharma, J. (October 2017). *Examining Multicultural Preparation and Competency in Counseling Programs*. Presented at the Association for Counselor Education and Supervision (ACES) Conference. Chicago, IL.

- Ebrahim, C., Dickens, K., Robinson, S., & **Robino**, A. (October 2017). *Creating a Realistic Pre-Practicum Experience: The Use of Professional Actors as Client*. Presented at the Association for Counselor Education and Supervision (ACES) Conference. Chicago, IL.
- **Robino, A., &** Lackey, B. (July 2017). "*The Freshman 15*": *Gaining a Sense of Identity in the First Year of College*. Presented at the Association for Adult Development and Aging (AADA) Conference. New York, NY.
- Anderson, B., Corrigan, V., Robino, A., Buechner-Maxwell, V., Marmagas, S., & Were, Stephen. (June 2017). Program Evaluation of a University-Based Animal-Assisted Intervention Program: A Pilot Study. Presented at the International Society for Anthrozoology (ISAZ) Conference. Davis, CA.
- Pignato, L., & Robino, A. (March 2017). Assessing the Etiology of Auditory Visual Hallucinations Using Betrayal Trauma Theory. Presented at the American Counseling Association (ACA) Conference. San Francisco, CA.
- **Robino, A.** (February 2017). *The First-Year Experience: Examining the Resolution of Identity versus Role Confusion.* Presented at the Conference on Higher Education Pedagogy (CHEP). Blacksburg, VA.
- Foster, T., **Evans, A.,** Pignato, L., & Steen, L. (April 2016). *College Students' Wellness and Development Treated Using EMDR and ACT*. Presented at the American Counseling Association (ACA) Conference. Montreal, Canada.
- Adams, N., Cashman, C., & Evans, A. (October 2015). Challenging Cultural Misperceptions of Obesity: How Personal Bias Affects the Counseling Profession. Presented at the Association for Counselor Education and Supervision (ACES) Conference. Philadelphia, PA.
- Ebrahim, C., Evans, A., & Philips, A. (October 2013). Recognizing and Addressing Group Dynamics in the Classroom or Supervision Session: Practical Applications for Counselor Educators and Supervisors. Presented at the Association for Counselor Education and Supervision (ACES) Conference. Denver, CO.

#### **REGIONAL** (N = 3)

- **Robino, A.** (October 2018). *Wagging Tails and College Students: Animal-Assisted Interventions in Higher Education Settings.* Presented at the Southern Association for Counselor Education and Supervision (SACES). Myrtle Beach, SC.
- **Robino, A.,** & Lackey, B. (October 2018). *Bringing Personal Passion into Early Researcher Development*. Presented at the Southern Association for Counselor Education and Supervision (SACES). Myrtle Beach, SC.
- Robino, A., & Jordan, J. (September 2018). "That Isn't Me": Researcher Identity Development in Counseling Students. Presented at the North Atlantic Region Association for Counselor Education and Supervision (NARACES). Burlington, VT.

**STATE** (N = 9)

- **Robino, A.** (November 2018). *Animals and Addiction: Incorporating Animal-Assisted Interventions into Substance Abuse Treatment*. Presented at the Virginia Counselors Association (VCA) Convention. Norfolk, VA.
- **Robino, A.** (February 2018). VACES Graduate Student Development Grant: Master's/Doctoral Counseling Students' and Global Compassion Fatigue. Presented at the Virginia Association for Counselor Education and Supervision (VACES) Conference. Lynchburg, VA.
- Davis, T., & **Robino, A.** (November 2017). *Going to the Dogs: How to Develop an Animal-Assisted Therapy Program.* Presented at the Virginia Counselors Association (VCA) Convention. Hot Springs, VA.
- Smith, B., **Robino**, A., & Lackey, B. (November 2017). *#WeAreCounselors*. Presented at the Virginia Counselors Association (VCA) Convention. Hot Springs, VA.
- **Robino, A.,** & Pignato, L. (February 2017). *Global Compassion Fatigue: An Ethical Duty for Awareness and Action.* Presented at the Virginia Association for Counselor Education and Supervision (VACES) Conference. Norfolk, VA.
- **Evans, A.,** & Hingel, N. (September 2015). *Play Hard, Work Hard: The Importance of Morale.* Presented at the Louisiana Counseling Association (LCA) Conference. Baton Rouge, LA.
- **Evans, A.** (October 2012). *Existential Group Therapy in Treating Drug Addicted Mothers*. Presented at the Louisiana Counseling Association (LCA) Conference. Lake Charles, LA.
- Ebrahim, C., Philips, A., & Evans, A. (April 2012). Recognizing the Impact of Group Dynamics in Classroom and Supervision Settings. Presented at the Louisiana Association for Counselor Education and Supervision (LACES) Conference. Lafayette, LA.
- **Evans, A.** (September 2011). *Treating Drug Abuse and Co-Occurring Disorders Using Cognitive-Behavioral Therapy*. Presented at the Louisiana Counseling Association (LCA) Conference. Baton Rouge, LA

**LOCAL** (N = 2)

- **Evans, A.** (February 2012). *Existential Group Therapy in Treating Drug Addicted Mothers.* Presented at the Loyola University Graduate Student Symposium. New Orleans, LA.
- **Evans, A.** (April 2011). *Treating Drug Abuse and Co-Occurring Disorders Using Cognitive-Behavioral Therapy.* Presented at the Loyola University Graduate Student Symposium. New Orleans, LA.

# **INVITED TRAININGS AND WORKSHOPS** (N = 3)

Robino, A. (October 2018). *Battling the Opioid Crisis, One State at a Time*. Workshop for attendees of the Virginia Association of Community Services Boards (VACSB). Roanoke, VA.

- **Robino, A.** (March 2018). *Recognizing Signs of Impairment and Maintaining Professional Longevity.* Workshop for attendees of Chi Sigma Iota Tau Eta Kappa Counselor Wellness Workshop.
- **Evans, A.** (October 2014). *DSM-V Changes & Additions*. Workshop for employees of Jefferson Parish Juvenile Justice Complex. Harvey, LA.

# **INVITED LECTURES AND PRESENTATIONS** (N = 3)

- Woehler, E., & **Robino**, A. (January 2019). *Drug Sales: Specializing Treatment*. Webinar for the International Association of Addictions and Offender Counselors (IAAOC). (Invited).
- Stare, B., & Robino, A. (December 2017). Bridging Gaps Between Counselor Education and Incarcerated Populations. Webinar for the International Association of Addictions and Offender Counselors (IAAOC) and Counselors for Social Justice (CSJ). (Invited)
- **Robino, A.** (November 2017). *How Are Others Doing It?: Opioid Abuse Prevention Best Practices by State.* Presented for a Legislative Roundtable panel organized by Blue Ridge Behavioral Healthcare, Prevention & Wellness Services. Roanoke, VA.

# **<u>INVITED PANELIST</u>** (N = 2)

- **Evans, A.** (November 2015). *Beyond the Degree*. Panelist presented by the Loyola University Counseling Department. New Orleans, LA.
- **Evans, A.** (November 2013). *Beyond the Degree*. Panelist presented by the Loyola University Counseling Department. New Orleans, LA.

# **INTERVIEWS BY MEDIA**

Natwick, J. (2018, January). Starting on the right foot: Ethical issues facing new counselors. *Counseling Today*, *61*(4), 12-14.

# PROFESSIONAL/CLINICAL EXPERIENCE

Research Assistant, Center for Animal-Human Relationships (CENTAUR), Virginia-Maryland College of Veterinary Medicine. Blacksburg, VA. May 2019 – August 2019

Research Assistant, National Institute of Justice Research Grant, A Multiple Perspectives Analysis of the Influences on the School to Prison Pipeline in Virginia, Virginia Tech. Blacksburg, VA. August 2017 – August 2019

Graduate Assistant, Assessment and Evaluation, Office of Academic Decision Support, Virginia Tech. Blacksburg, VA. August 2016 – May 2019

Doctoral Student Intern, Hokie Wellness, Virginia Tech. Blacksburg, VA. August 2016 – May 2017

Pre-Trial Juvenile Diversion Counselor/Substance Abuse Coordinator, Jefferson Parish District Attorney's Office. Harvey, LA. September 2013 – August 2016.

Counselor Student Intern, Addiction Counseling and Educational Resources. Metairie, LA. August 2012 – May 2013

Counselor Student Intern, Bridge House. New Orleans, LA. May 2012 - August 2012

Student Research Intern, Alumni Outcomes Analyst, Bridge House/Grace House. New Orleans, LA. January 2010 – May 2010.

Volunteer, Behavioral Health Unit, East Jefferson General Hospital. Metairie, LA. January 2010 – May 2010.

Student Research Intern, The Role of the Intracellular Messaging Protein Rhes in Opioid Analgesia, Tolerance, and Withdrawal, University of New Orleans. New Orleans, LA. August 2009 – December 2009.

Student Research Intern, Mothers and Preschoolers Study, University of New Orleans. New Orleans, LA. August 2007 – December 2007.

# PROFESSIONAL MEMBERSHIPS AND AFFILITATIONS

#### Center for Animal-Human Relationships (CENTAUR) – Affiliate

American Counseling Association (ACA) – Current member
 Association for Counselor Education and Supervision (ACES)
 Association for Creativity in Counseling (ACC)
 Association for Assessment and Research in Counseling (AARC)
 International Association of Addictions and Offender Counselors (IAAOC)
 Southern Association for Counselor Education and Supervision (SACES)
 American College Counseling Association (ACCA) – Past member

Virginia Counseling Association (VCA) – Current member Virginia Association for Counselor Education and Supervision (VACES) Roanoke Area Counselor's Association (ROACA)

Louisiana Counseling Association (LCA) – Past member

Phi Kappa Phi Honor Society – Current member

Chi Sigma Iota – Past member

Psi Chi Honor Society – Past member

# Golden Key International Honor Society – Past member

# **SERVICE**

- ACA, Graduate Student Committee Co-Chair – 2018-2020 Member – 2017 – 2020
- IAAOC, Legislative Advocacy Committee Federal Legislation Monitor – 2017 – present

IAAOC, Restorative Justice Committee, 2019

IAAOC, Training and CACREP Standard Committee, 2017

VCA, Graduate Student Research Team, 2018

#### **Program reviewer**

2019 ACES conference proposals
2019 ACA Graduate Student Essay Competition
2018 SACES conference proposals
2018 Virginia Tech Graduate Student Assembly Graduate Research Development Grant
2017 Virginia Tech Graduate Student Assembly Graduate Research Development Grant
2017 Virginia Tech Graduate Student Assembly Travel Fund

#### **Editorial Board Service**

Adultspan Journal, Ad hoc reviewer, 2013- present

#### **Conference Volunteer Service**

SACES, 2018 LCA, 2014

### **Committees and Task Forces**

Emotional Support Animal Competencies Sub-Committee, Animal-Assisted Therapy Competencies Committee, Human-Animal Interaction Section 13 of Division 17 of the American Psychological Association, 2019 Legislation and Advocacy Subcommittee, Roanoke Area Youth Substance Abuse Coalition, 2017 – 2019 Louisiana Partnership for Success Committee, Jefferson Parish Human Services Authority, 2015 – 2016

Behavioral Health Task Force, Jefferson Parish, 2013 – 2016

# Virginia Tech

Animal-Assisted Therapy Committee, Cook Counseling Center, 2017 – 2019 Counselor Education Doctoral and Master's Admissions, 2018 Day of Remembrance Weekend, 2017

#### Trainings

Meeting Facilitator, SMART Recovery, 2017 Restorative Practices/Community Conferencing Training, Baltimore Community Conferencing Center, 2015 Citizen's Academy, Jefferson Parish Sheriff's Office, 2014 Teen Sex & the Law Presenter, New Orleans Advocacy Center, 2014 – 2016

#### Outreach

Sexual Non-Violence Week, Loyola University, 2013 Eating Disorders Awareness Week, Loyola University, 2013

# **COMMUNITY INVOLVEMENT**

Hope 4 Hope Town – Hurricane Dorian Assistance for Northern Bahamas Kindred Hearts Transport Connection

Rescue Runners New Orleans Mission Animal Rescue New Orleans National Multiple Sclerosis Society Walk National Alliance on Mental Illness Walk Susan G. Komen Race for the Cure Second Harvest Food Bank