

**JOSEPHINE RODRIGUEZ, Ph.D.**  
**NCC, LMHC, LMFT, MCAP, CBC, CCATP**  
**National Certified Counselor**  
**Licensed Mental Health Counselor**  
**Licensed Marriage and Family Therapist**  
**MHC & MFT- Board Certified Supervisor- State of Florida**

[jrodrig2@nova.edu](mailto:jrodrig2@nova.edu)

**EDUCATION:**

- Ph. D. Doctorate in Counselor Education, Barry University (2017) – Dissertation:  
Difference that Creates Differences: Integrating Solution-Focused Therapy and  
Mindfulness for Co-occurring Disorders
- M.S. Mental Health Counseling, & Marriage & Family Therapy, Barry University (2010)
- B.A. Political Science- Major/English-Minor, University of Florida (1988)

**CREDENTIALS:**

- Licensed Marriage and Family Therapist -(LMFT)-MT2712
- Licensed Mental Health Therapist -(LMHC)- MH 11367
- Certified Master's Level Addiction Counselor (MCAP)
- National Board-Certified Counselor (NBCC)
- American Board-Certified Bariatric Counselor (CBC)
- Qualified Supervisor (MHC and MFT Interns)
- Certified Clinical Anxiety Treatment Professional (ICATP)
- Certification in Nutritional and Integrative Medicine for Mental Health Professionals
- Florida Supreme Court Certified Mediator

**CLINICAL EXPERIENCE:**

Josephine Rodriguez

**Epic Wellness Center-** established October 2017- Wellness Therapeutic Center for individuals, couples, families and groups. Co-Founder

**JLR Consulting PLLC-** (July 2018-present)- Transforming Corporate Culture. Individuals, Groups and Couples Counseling

**Supervisor for Mental Health and Marriage and Family Interns-** (Sept. 2015- present)

**Private Practice** (May 2011 – present)

Responsibilities:

- Assessment, treatment plans, referrals and discharge planning
- Individual, couple and family therapy with children, adolescents, and families

**Talk Space Therapeutic Provider** (July 2018-present)

**Barry University & City of Miami Beach** - Success University and Parent/Child Partnership (Nov. 2014 – July 2015)

Responsibilities:

- Weekly supervision of Barry University Counseling students

**Children Home Society** (Dec.2013 – Dec. 2014)

Responsibilities:

- Clinical Supervisor of Mental Health Counseling interns
  - Individual
  - Group
- Individual and Assessment, & treatment plans
- Referrals and Discharge Planning
- Clinical: Prevention and Intervention therapeutic services:
  - In home service to Individual, family
  - Group homes for group therapy
  - Individual and Assessment, & treatment plans
  - Referrals and Discharge Planning

**Better Help.com and TherapyQ.com** (Dec. 2013 – present)

Responsibilities:

- E-counseling

**Barry University CARE Center** (Oct.2013- Jan 2014)

Responsibilities:

- Supervising of Master's student interns at Middle School
- Assessments, treatment plans, biopsychosocials
- Individual and Group Therapy

**Barry University. Success University,** (January 2011-December 2013)  
Counselor/Intake Coordinator

Responsibilities:

- Assessment, treatment plans, Referrals and Discharge Planning

Josephine Rodriguez

- Individual, couple and family therapy with children, adolescents, and families
- Intake coordination, community resources and follow up plans

**Barry University**

Dr. Maureen Duffy Family Enrichment Center (August 2009-May2010)

Student Counselor in training

Responsibilities:

- Assessment, treatment plans, referrals and discharge planning
- Individual, couple and family therapy with children, adolescents, and families

**Barry University, College Reach-Out Program-Counseling Department (2009-2010)**

College Reach-Out Program Counselor

Responsibilities:

- Assessment, treatment plans,
- Prevention and Intervention therapeutic services: Individual, family and group therapy with children (ages 8-18 within Miami Dade County Public High Schools) who were identified to be at risk for developing emotional and behavioral disorders due to history of violence and abuse.
- Psycho-educational workshops around issues of self-esteem, diversity, abuse, violence and conflict resolution in collaboration with Honey Shine Mentoring Program c/o of Alonzo Mourning Charities.

**TEACHING/ PRESENTING EXPERIENCE:**

- Nova Southeastern University- Lecturer- Department of Counseling- (August 2021-Present)
- Nova Southeastern University- Adjunct Professor: Counseling-Graduate Program (Winter 2019 - present)
- Biomedical Technologies Ltd.: Workshop on Customer Service and Goal Setting (presented Nov. 13<sup>th</sup>, 2018)
- Vitas House, Trinidad: Workshop on Social Intelligence (presented Nov. 14<sup>th</sup>, 2018)
- Trinidad and Tobago Cancer Society: Workshop on Customer Service (presented Oct 5<sup>th</sup>, 2018)
- TC International Limited: Workshop on “Goal Setting and Getting Things Done (presented Oct. 5<sup>th</sup>, 2018)
- Broward College Instructor: PSY 2012- General Psychology (2014 to 05/2021)
- Broward College Instructor: DEP 2005- Developmental Psychology (2016 to 05/2021)

Josephine Rodriguez

- Barry University Graduate Assistant Barry University -Marital and Family Systems and Family Counseling and Therapy (Jan 2015 to May 2015)

**INVITEE/ GUEST LECTURER:**

- Barry University- CSL-680-Family Counseling/Therapy (9/2018)
  - Presentation on Systems Theory
- Barry University-CSL 501- Orientation to Counseling (10/2015)
  - Presentation of the Counseling specialization of Marriage and Family Counseling
- Barry University- Practicum Students Orientation (2014)
  - Supervision and internship experiences
- Barry University- Masters student class (2014)
  - Family Counseling/Therapy
- Florida Counseling Association 64<sup>th</sup> Annual Convention, Tampa (2013)
  - Re-storying Professional Identity through Narrative Reflecting Team Practices
- Barry University Doctoral students (2013)
  - Racism
- St Andrew School, P.O.S, Trinidad (2013)
  - 2 day workshop on suicide awareness and prevention
- Syrian Lebanese Women's Association of Trinidad & Tobago (SLWA) (2013)
  - Bullying
- Chi Sigma Iota Beta Upsilon Chapter (2012)
  - Life after School
- Barry University (2012)
  - Domestic Violence - therapeutic perspectives (2012, 2013)
- Barry University
  - Path-Goal Theory. Concepts and Instruction (2012)
- Barry University
  - Solution Focus with families dealing with suicide (2012)

**PUBLICATIONS:**

- Rodriguez, J.L. (Feb 2013). Goal Setting: Footprints. Editor: Eleni Honderich. Creative Techniques Manual (page 60). Virginia: Virginia Association of Counselor Education and Supervision [VACES].
- Review of Video: *Group Counseling with Children: A Multicultural Approach* with Sam Steen, PhD and Sheri Bauman, PhD. Publication of The Professional Counselor (TPC): 2<sup>nd</sup> publication (Feb 2013).

**PROFESSIONAL MEMBERSHIPS/AWARDS:**

- ACA (American Counseling Association) Member
- AMFT (Association of Marriage and Family Therapy) Member
- FCA (Florida Counseling Association) Member
- Chi Sigma Iota Counseling Academic and Professional Honor Society International (CSI) Member
- AMHCA (American Mental Health Counselors Association)
- National Association of Professional Women (NAPW) Member
- Recognized by the National Association of Professional Women- 2010
- Recognized by Barry University as Outstanding PhD student 2017

**EXHIBITIONS:**

- Organic Beauty and Wellness Festival: 2<sup>nd</sup> Annual Exhibition: Booth- October 28, 2018