

JOSEPHINE RODRIGUEZ, Ph.D.
NCC, LMHC, LMFT, MCAP, CBC, CCATP
National Certified Counselor
Licensed Mental Health Counselor
Licensed Marriage and Family Therapist
MHC & MFT- Board Certified Supervisor- State of Florida

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EDUCATION:

- Ph. D. Doctorate in Counselor Education, Barry University (2017)
- M.S. Mental Health Counseling, & Marriage & Family Therapy, Barry University (2010)
- B.A. Political Science- Major/English-Minor, University of Florida (1988)

DISSERTATION TOPIC:

- Difference that Creates Differences: Integrating Solution-Focused Therapy and Mindfulness for Co-occurring Disorders (Dec 2017)

LICENSES/CERTIFICATIONS:

- Licensed Marriage and Family Therapist -(LMFT)-MT2712
- Licensed Mental Health Therapist -(LMHC)- MH 11367
- Certified Master's Level Addiction Counselor (MCAP)
- National Board-Certified Counselor (NBCC)
- American Board-Certified Bariatric Counselor (CBC)
- Qualified Supervisor (MHC and MFT Interns)
- Certified Clinical Anxiety Treatment Professional (ICATP)

Josephine Rodriguez

- Certification in Nutritional and Integrative Medicine for Mental Health Professionals
- Florida Supreme Court Certified Mediator

PROFESSIONAL EXPERIENCE IN ACADEMIA/INVITED PRESENTER:

- Nova Southeastern University- Lecturer- Department of Counseling- (August 2021-Present)
- Nova Southeastern University- Adjunct Professor: Counseling-Graduate Program (Jan 2019-August 2021)
- Wellness 265- Series of Health talks: Managing Anxiety, Preventing Burnout, Introduction to Meditations, & Supporting Mental Health Wellness of Children and Teens (March 2023)
- Biomedical Technologies Ltd.: Workshop on Customer Service and Goal Setting (presented Nov. 13th, 2018)
- Vitas House, Trinidad: Workshop on Social Intelligence (presented Nov. 14th, 2018)
- Trinidad and Tobago Cancer Society: Workshop on Customer Service (presented Oct 5th, 2018)
- TC International Limited: Workshop on “Goal Setting and Getting Things Done (presented Oct. 5th, 2018)
- Broward College Instructor: PSY 2012- General Psychology (2014 to 05/2021)
- Broward College Instructor: DEP 2005- Developmental Psychology (2016 to 05/2021)
- Barry University Graduate Assistant Barry University -Marital and Family Systems and Family Counseling and Therapy (Jan 2015 to May 2015).

COMMITTEES/COURSE LEAD (ACADEMIA):

- Course Lead: PYCL 612/ Substance Abuse (2023-2024)
- Course Lead: PYCL 645 / Couples & Family Counseling Strategies (2022-2023)
- Student Success Initiative Committee at NSU (fall 2022-present)-Committee Lead
- Curriculum Review Committee at NSU (fall 2021-present)
- Student Supervisor at NSU (fall 2021-present)
- Student Review and Retention Committee at NSU (Winter 2022)

PUBLICATIONS/PROPOSALS:

Josephine Rodriguez

- Sept. 12, 2023- Submitted an article for review for publication to Counseling Today: “The Bittersweet Journey of Anticipatory Grief: Nurturing our Aging Parents”
- 2023 conference—Mental Health Connections: Advancing Global Health Equity- submitted a proposal for presentation: *“Equipping Mental Health Workers with Cultural Competency: A Training Proposal for Diverse Populations in Trinidad and Tobago.”* Submitted on April 26, 2023 (NBCC)- virtual conference.
- Rodriguez, J.L. (Feb 2013). Goal Setting: Footprints. Editor: Eleni Honderich. Creative Techniques Manual (page 60). Virginia: Virginia Association of Counselor Education and Supervision [VACES].
- Review of Video: *Group Counseling with Children: A Multicultural Approach* with Sam Steen, PhD and Sheri Bauman, PhD. Publication of The Professional Counselor (TPC); 2nd publication (Feb 2013).

INVITEE/ GUEST LECTURER:

- Barry University- CSL-680-Family Counseling/Therapy (9/2018)
 - Presentation on Systems Theory
- Barry University-CSL 501- Orientation to Counseling (10/2015)
 - Presentation of the Counseling specialization of Marriage and Family Counseling
- Barry University- Practicum Students Orientation (2014)
 - Supervision and internship experiences
- Barry University- Masters student class (2014)
 - Family Counseling/Therapy
- Florida Counseling Association 64th Annual Convention, Tampa (2013)
 - Re-storying Professional Identity through Narrative Reflecting Team Practices
- Barry University Doctoral students (2013)
 - Racism
- St Andrew School, P.O.S, Trinidad (2013)
 - 2-day workshop on suicide awareness and prevention
- Syrian Lebanese Women’s Association of Trinidad & Tobago (SLWA) (2013)
 - Bullying
- Chi Sigma Iota Beta Upsilon Chapter (2012)
 - Life after School

Josephine Rodriguez

- Barry University (2012)
 - Domestic Violence - therapeutic perspectives (2012, 2013)
- Barry University
 - Path-Goal Theory, Concepts and Instruction (2012)
- Barry University
 - Solution Focus with families dealing with suicide (2012)

CLINICAL EXPERIENCE:

Epic Wellness Center- established October 2017- Wellness Therapeutic Center for individuals, couples, families, and groups. Co-Founder

JLR Consulting PLLC- (July 2018-present)- Transforming Corporate Culture. Individuals, Groups and Couples Counseling

Supervisor for Mental Health and Marriage and Family Interns- (Sept. 2015- present)

Private Practice (May 2011 – present)

Responsibilities:

- Assessment, treatment plans, referrals, and discharge planning
- Individual, couple and family therapy with children, adolescents, and families

Talk Space Therapeutic Provider (July 2018-present)

Barry University & City of Miami Beach - Success University and Parent/Child Partnership (Nov. 2014 – July 2015)

Responsibilities:

- Weekly supervision of Barry University Counseling students

Children Home Society (Dec. 2013 – Dec. 2014)

Responsibilities:

- Clinical Supervisor of Mental Health Counseling interns
 - Individual
 - Group
- Individual and Assessment, & treatment plans
- Referrals and Discharge Planning
- Clinical: Prevention and Intervention therapeutic services:
 - In home service to Individual, family
 - Group homes for group therapy
 - Individual and Assessment, & treatment plans
 - Referrals and Discharge Planning

Better Help.com and TherapyQ.com (Dec. 2013 – July 2022)

Responsibilities:

- E-counseling

Barry University CARE Center (Oct. 2013- Jan 2014)

Responsibilities:

- Supervising of Master's student interns at Middle School
- Assessments, treatment plans, biopsychosocials
- Individual and Group Therapy

Barry University. Success University, (January 2011-December 2013)

Counselor/Intake Coordinator

Responsibilities:

- Assessment, treatment plans, Referrals and Discharge Planning
- Individual, couple and family therapy with children, adolescents, and families
- Intake coordination, community resources and follow up plans

Barry University

Dr. Maureen Duffy Family Enrichment Center (August 2009-May 2010)

Student Counselor in training

Responsibilities:

- Assessment, treatment plans, referrals, and discharge planning
- Individual, couple and family therapy with children, adolescents, and families

Barry University, College Reach-Out Program-Counseling Department (2009-2010)

College Reach-Out Program Counselor

Responsibilities:

- Assessment, treatment plans,
- Prevention and Intervention therapeutic services: Individual, family and group therapy with children (ages 8-18 within Miami Dade County Public High Schools) who were identified to be at risk for developing emotional and behavioral disorders due to history of violence and abuse.
- Psycho-educational workshops around issues of self-esteem, diversity, abuse, violence, and conflict resolution in collaboration with Honey Shine Mentoring Program c/o of Alonzo Mourning Charities.

PROFESSIONAL MEMBERSHIPS/AWARDS:

- ACA (American Counseling Association) Member

Josephine Rodriguez

- AMFT (Association of Marriage and Family Therapy) Member
- FCA (Florida Counseling Association) Member
- Chi Sigma Iota Counseling Academic and Professional Honor Society International (CSI) Member
- AMHCA (American Mental Health Counselors Association)
- National Association of Professional Women (NAPW) Member
- Recognized by the National Association of Professional Women- 2010
- Recognized by Barry University as Outstanding PhD student 2017