

Emily J. Georgia Salivar, PhD

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EDUCATION

- 2017** **Ph.D. | University of Miami**
Clinical Psychology (Adult Track)
Dissertation: *Effectiveness of OurRelationship.com for Underserved Couples*
Advisor: Brian D. Doss, PhD.
- 2014** **M.S. | University of Miami**
Clinical Psychology (Adult Track)
Thesis: *Influence of Sexual Assault History on Relationship Functioning*
Advisor: Brian D. Doss, PhD
- 2008** **B.A. | University of Iowa**
Psychology

FUNDED RESEARCH GRANTS

- 2014-2016 **Department of Health and Human Services,**
Administration for Children and Families, Office of Planning, Research, and Evaluation - Family Strengthening Scholars: *The Effectiveness of OurRelationship.com for Underserved Couples* (\$50,000)
- 2014 **University of Miami College of Arts and Sciences**
Dean's Summer Research Fellowship: *The Impact of Adult Sexual Assault* (\$5,000)

AWARDS

- 2016 **Virginia A. Roswell Dissertation Award**
Association for Behavioral & Cognitive Therapy Convention (ABCT)
(\$1,000)
- 2014 **Robert L. Weiss Student Research Award, Second Place**
ABCT Couples Special Interest Group (\$100)
- 2011-2015 **Graduate Activity Fee Allocation Committee Award**
University of Miami (UM) (\$350 yearly)
- 2011-2015 **Max & Peggy Kriloff Student Travel Scholarship** *UM*
(\$200 yearly)
- 2011-2015 **Student Travel Award** *UM, Department of Psychology* (\$350 yearly)

Emily Georgia Salivar

- 2007-2008 **Iowa Center for Research by Undergraduates Research Scholar** *University of Iowa (UI)*
- 2007-2008 **Iowa Research Experience for Undergraduates Grant Recipient** *UI*
- 2008 **Outstanding Poster Award, Spring Undergraduate Research Forum** *UI*
- 2007 **Social & Behavioral Science Research Conference, Grand Prize** *University of Northern Iowa*
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- APA ACCREDITED FELLOWSHIP AND INTERNSHIP**

POST DOCTORAL FELLOW: Mental Health Integration Recovery and Rehabilitation

- 2017-2018 VETERANS AFFAIRS MEDICAL CENTER, Miami, FL
Director of Clinical Training: Dr. Regina Pavone, PhD
Supervisors: Janette Rodriguez, PsyD, Abigail Somerstein, PhD
- *Psychosocial Recovery and Rehabilitation Clinic*: Among a population of veterans with serious mental illness, conduct biopsychosocial assessments and recovery-based treatment planning. Provide brief individual and group psychotherapeutic evidence-based interventions (e.g., Social Skills Training for Schizophrenia, Illness Management and Recovery). Provide consultative services within an interdisciplinary treatment team. Assist in program coordination, development and evaluation
 - *Substance Abuse Recovery and Rehabilitation Treatment Program*: Function within a multidisciplinary treatment team to increase patients' motivation for sobriety and assist in developing cognitive and behavioral strategies to avoid relapse. Provide evidence-based treatments (e.g., DBT, Mindfulness-Based Sobriety) for veterans with substance dependence, often dually diagnosed with other psychiatric disorders (e.g., schizophrenia, bipolar, PTSD).
 - *Supervision Experience*: Provide assessment and therapy supervision as well as supervision on research projects for psychology interns and practicum students

PRE DOCTORAL CLINICAL INTERNSHIP

- 2016-2017 VETERAN AFFAIRS MEDICAL CENTER, West Palm Beach, FL
Director of Clinical Training: Kimberly Daniel, PhD
Supervisors: Randall Wilson, PsyD., Brian Sirois, PhD., Stephanie Gansert, PsyD., Sara Grabowski, PsyD., Nicole Rothman, PsyD.
- *Mental Health Clinic*: Provided individual therapy for veterans experiencing psychiatric disorders including mood, anxiety, personality, and severe/persistent mental illness. Facilitated ACT, Hoarding, and Anger Management group therapy.
 - *PTSD Clinic*: Conducted diagnostic evaluations to determine appropriateness for PTSD clinic. Facilitated DBT group and Moving Forward (values based, in-vivo exposure group based on emotional processing theory and the inhibitory learning model combining elements of PE and ACT). Provided PE for veterans diagnosed with PTSD. Provided consultation within multidisciplinary team.

- *Primary Care Behavioral Health*: Functioned within patient aligned care team (PACT), supported PACT-based triage, evaluation, and treatment of mental health concerns. Developed a Memory Skills group to meet the needs of primary care patients' cognitive complaints. Provided behavioral health treatment services. (e.g., smoking cessation, diabetes management)
- *Chronic Pain Management Clinic*: Provided CBT-Chronic Pain to veterans within a multi-disciplinary team, conducted pain psychology evaluations to assess coping with chronic pain, and provided guidance for treatment planning.
- *Psychological Assessment*: Conducted comprehensive psychodiagnostic evaluations inclusive of cognitive (WAIS-IV), personality (PAI, MMPI2, MMPI2-RF) and self-report diagnostic questionnaires.
- *Supervision of Students*: Using a development model of supervision, provided constructive feedback on clinical cases and fellow supervisors delivery of competency-based clinical supervision

FORMAL CLINICAL PRACTICA

- 2014-2015 SOUTH FLORIDA STATE HOSPITAL, Pembroke Pines, FL
Director of Clinical Training, Sheila Schmitt, Psy.D.
Psychology Department, Monique Mendez-Timmons, PsyD, Mirelis Peraza, PsyD
- Provided individual and group therapy in an inpatient setting to patients who were committed under a forensic or civil status. Presenting problems included schizophrenia, schizoaffective, bipolar, post-traumatic stress and substance abuse disorders, and antisocial and borderline personality disorders. Conducted DBT, Anger Management, Trauma Recovery group treatments. Provided individual psychotherapy from a cognitive-behavioral orientation integrating motivational interviewing and mindfulness-based strategies. Administered psychodiagnostic assessments, composed integrative reports, discussed results with multidisciplinary treatment teams, and provided feedback to patients.
- 2013-2014 VETERANS AFFAIRS MEDICAL CENTER, Miami, FL
Post-Deployment Clinic, Jennifer Gillette, PsyD., Lisa Johnson-Greene, PhD.
- Conducted neurological/traumatic brain injury screening for veterans and active duty military personnel. Presenting problems inclusive of PTSD, insomnia, substance abuse, anxiety, and memory/attention difficulties. Co-led groups for memory disorders, problem-solving for women, and sleep disorders. Wrote integrated reports following comprehensive neuropsychological batteries for memory and attention concerns. Provided ACT for chronic pain in individual therapy.
- 2012-2014 PSYCHOLOGICAL SERVICES CENTER University of Miami
Advanced Practicum, Judith McCalla, PhD

- Co-led cognitive-behavioral group therapy for generalized and social anxiety.

Outpatient Assessment, Saneya F. Tawfik, PhD

- Conducted comprehensive psychoeducational assessments batteries to evaluate cognitive, academic, executive and personality functioning. Provided extensive in-person feedback with individuals and families.

Outpatient Therapy, Kiara Timpano, PhD., Amy Weisman, PhD.

- Provided short- and long-term therapy with adults and couples. Client issues included depression, relationship concerns, generalized and social anxiety disorders as well as problem solving and communication skills. Implemented cognitive-behavioral treatment techniques such as cognitive restructuring, in-vivo exposures, interoceptive exposures and social skills training.

CLINICAL RESEARCH ACTIVITIES

2015-2016 TRAUMA TREATMENT PROGRAM, University of Miami, FL
Gail Ironson, M.D., PhD., Blanche Freund, PhD.

- Provided PE or CPT to adult clients diagnosed with Post-Traumatic Stress Disorder. Responsibilities also included conducting intake assessments with potential clients for PTSD symptoms and treatment eligibility and community outreach to promote awareness of the program.

2013-2016 OURRELATIONSHIP.COM COUPLE INTERVENTION, University of Miami, FL

Brian D. Doss, PhD.

- Provided “coaching” via videoconferencing to couple and individual participants as they completed an online program designed to improve relationship satisfaction. Provided peer-to-peer supervision to other coaches to ensure maintenance to intervention protocol.

2013-2015 PROGRAM FOR ANXIETY, STRESS, AND OCD, University of Miami, FL
Clinical Diagnostic Interviews for Recruitment
Kiara Timpano, PhD

- Conducted diagnostic interviews using the SCID-IV to determine eligibility for admission to the Program for Anxiety, Stress and OCD research lab. Identified participants meeting for hoarding, anxiety, or major depressive disorder diagnoses with no history of substance abuse, head trauma, PTSD, or psychosis.

2012-2013 CHILD & ADOLESCENT MOOD & ANXIETY TREATMENT, University of Miami, FL

Cool Kids – Parent/Child Group Treatment

Jill Ehrenreich-May, PhD

- Empirically-based manualized group treatment for child and adolescent anxiety, inclusive of cognitive-behavioral and emotion-focused approach techniques, psychoeducation, identification and modification of maladaptive cognitions, generalized emotion and behavioral exposures, led in vivo exposures for youth.

SUPERVISORY EXPERIENCE

- 2017-2018 VETERAN AFFAIRS MEDICAL CENTER, Miami, FL
Admission and Therapy Supervisor
- Supervised interns and practicum students in individual and group therapy and psychological screenings for admission to Psychosocial Recovery and Rehabilitation Center
- 2017-2018 VETERAN AFFAIRS MEDICAL CENTER, Miami, FL
Assessment Supervisor
- Supervised interns administration, scoring, integrative report writing, and provision of feedback following psychological and neuropsychological testing
- 2016-2017 VETERAN AFFAIRS MEDICAL CENTER, West Palm Beach, FL
Peer-Peer Clinical Supervision
- Provided clinical and professional development supervision to fellow interns
- 2014-2016 DEPARTMENT OF PSYCHOLOGY, UNIVERSITY OF MIAMI, Coral Gables , FL
Peer-Peer Clinical Supervision
- Observed sessions and provided clinical supervision to first year clinical psychology graduate students

MANUSCRIPTS IN PREPARATION

- Georgia, E. J.,** Roddy, M. K., Nowlan, K. M., & Doss, B.D. Effectiveness of OurRelationship.com for Underserved Couples. *Under review*
- Georgia, E. J.,** Roddy, M. K., Rothman, K., & Doss, B.D. Cost-effectiveness of web-based intervention for relationship distress. *Under review*

PUBLICATIONS

- Roddy, M.K., **Georgia, E.J.,** & Doss, B.D. (2017). Couples with intimate partner violence seeking relationship help: Associations and implications for self-help and online interventions. *Family Process*, doi: 10.1111/famp.12291.
- Nowlan, K. M., **Georgia, E. J.,** & Doss, B.D. (2017). Long-term effectiveness of treatment-as-usual couple therapy for military veterans. *Behavior Therapy*, 48, 847-859.
- Georgia, E. J.,** Roddy, M. R., & Doss, B. D. (2017). Sexual assault and dyadic relationship satisfaction: Indirect associations through intimacy and mental health. *Violence Against Women*. doi: 1077801217727371.
- Rothman, K., **Georgia, E.J.,** & Doss, B.D. (2017) Acceptance vs. behavior change in couple and family therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. New York City, NY: Springer.

- Roddy, M.K., **Georgia, E.J.**, & Doss, B.D. (2016) Infants in couple and family therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. New York City, NY: Springer.
- Doss, B. D., Cicila, L. N., **Georgia, E. J.**, Roddy, M. K., Nowlan, K. M., Benson, L. A., & Christensen, A. (2016). A randomized controlled trial of the web-based OurRelationship program: Effects on relationship and individual functioning. *Journal of Consulting and Clinical Psychology*.
- Georgia, E. J.**, Cicila, L. N., & Doss, B. D. (2015). Use of web-based relationship and marriage education. In J. Ponzetti (Ed.), *Evidence-based approaches to relationship and marriage education*. United Kingdom, Routledge.
- Cicila, L.N., **Georgia, E. J.**, & Doss, B. D. (2014). Incorporating Internet-based interventions into couple therapy: Available resources and recommended uses. *Australian and New Zealand Journal of Family Therapy*, 35, 414-430. doi: 10.1002/anzf.1077.
- Doss, B. D., Mitchell, A., **Georgia, E. J.**, Biesen, J. N., & Rowe, L. S.(2014). Improvements in closeness communication and psychological symptoms mediate effects of couple therapy for veterans. *Journal of Consulting and Clinical Psychology*, 2, 405-415 doi: 10.1037/a0038541.
- Mowle, E. N., **Georgia, E. J.**, Doss, B. D., & Updegraff, J. A. (2014). Application of regulatory focus theory to search advertising. *Journal of Consumer Marketing*, 31, 494-502. doi: 10.1108/JCM-06-2014-1003.
- Doss, B. D., Benson, L. A., **Georgia, E. J.**, & Christensen, A. (2013). Web-based intervention for couple distress: Translation of Integrative Behavioral Couple Therapy to an indicated prevention model. *Family Process*, 52, 139-153. doi: 10.1111/famp.12020.
- Georgia, E. J.**, & Doss, B. D. (2013). Web-based interventions for couples: Do they have a future? *Journal of Couple & Relationship Therapy: Innovations in Clinical and Educational Interventions*, 12, 168-185. doi: 10.1080/15332691.2013.779101.
- Doss, B. D., Simpson, L. E., Carhart, K., Madsen, J. W., & **Georgia, E. J.** (2011). Sudden gains in treatment-as-usual couple therapy for veterans. *Behavior Therapy*, 42, 509-520. doi: 10.1016/j.beth.2010.12.001.

ORAL PRESENTATIONS

- Georgia, E.J.**, Doss, B.D., Roddy, M.K, Nowlan, K.M., & Christensen, A. (October 2016). Cost Effectiveness Comparison of Traditional vs. Online Relationship-Focused Interventions. Symposia talk submitted to the Association of Behavioral and Cognitive Therapy 50thAnnual Convention, New York, NY.
- Roddy, M.K, **Georgia, E.J.**, & Doss, B.D. (October 2016). Violent Couples Seeking Relationship Help: Who Are They and Can Online Interventions Help? Symposia talk submitted to the Association of Behavioral and Cognitive Therapy 50th Annual Convention, New York, NY.
- Doss, B.D., **Georgia, E.J.**, Nowlan, K.M., Roddy, M.K, & Christensen, A. (October 2016). Dissemination of a Free Web-based Couple Intervention to Minority

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and Low-income Couples. Symposia talk submitted to the Association of Behavioral and Cognitive Therapy 50th Annual Convention, New York, NY.

Nowlan, K.M., Cicila, L.N., Benson, L.A., **Georgia, E.J.**, Roddy, M.K, Christensen, A., & Doss, B.D. (August 2016). Efficacy of OurRelationship.com: Relationship and Individual Functioning. Symposia talk submitted to the American Psychological Association Annual Convention, Denver, CO.

Georgia, E. J., Roddy, M. K., Doss, B. D. (November 2015). *Effectiveness of OurRelationship.com for underserved couples*. Presentation at the 49th annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.

Roddy, M. K., **Georgia, E. J.**, Doss, B. D. (November 2015). *Effects of a brief couple-based online relationship intervention on relationship functioning*. Presentation at the 49th annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.

Georgia, E. J. (November 2014). *Effectiveness of OurRelationship.com for underserved couples*. Presentation at the Administration for Children & Families Grantee Meeting, Washington DC.

Georgia, E. J., Carrington, C., Doss, B. D. (November, 2014). *Couple therapy with African Americans*. Presentation at the 48th annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

Doss, B. D., & **Georgia, E. J.** (November 2014). *Effects of OurRelationship.com, a brief web-based intervention, on relationship functioning*. Presentation at the 48th annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

Georgia, E. J., & Doss, B. D. (November, 2013). *Online intervention's ability to reach at-risk couples*. Oral presentation at the 47th annual Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.

Doss, B. D., Christensen, A., **Georgia, E. J.**, Benson, L. A., Cicila, L. N., & Koerner, K. (November, 2011). *OurRelationship.com: An online, secondary prevention program modeled on integrative behavioral couple therapy*. Oral presentation at the 45th annual Association for Behavioral and Cognitive Therapies Convention, Toronto, ON.

POSTER PRESENTATIONS

Roddy, M.K., **Georgia, E.J.**, & Doss, B.D. (June 2016). Couples with Violence Seeking to Improve their Relationship: Associations and Implications for Web-Based and Self-Help Interventions. Poster accepted to the 8th World Congress of Behavioural and Cognitive Therapies, Melbourne, Victoria, Australia.

Nowlan, K. M., **Georgia, E. J.**, Doss, B. D. (November 2015). *Effects of an individual web-based relationship program on individual functioning*. Presentation at the 49th annual Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.

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Roddy, M., **Georgia, E. J.**, & Doss, B. D. (November, 2014). *Help seeking behaviors across levels of intimate partner violence*. Presentation at the 48th annual Association for Behavioral and Cognitive Therapist Convention, Philadelphia, PA.

Georgia, E. J., & Doss, B. D. (November 2014). *The impact of sexual assault history on relationship functioning*. Presented to the 48th annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

Carrington, C., **Georgia, E. J.**, & Doss, B. D. (November, 2013). *African American veterans in couple therapy: Mechanisms explain racial differences*. Presented to the 47th annual Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.

Georgia, E. J., & Doss, B. D. (November, 2012). *Influence of women's sexual assault history on presentations in couple therapy*. Presented at the 46th annual Association for Behavioral and Cognitive Therapies Convention, National Harbor, MD.

Georgia, E. J., & Doss, B. D. (November, 2011). *Web-based interventions: Do they have a future?* Presented at the 45th annual Association for Behavioral and Cognitive Therapies Convention, Toronto, ON.

Georgia, E. J., & Doss, B. D. (November, 2010). *Couple therapy with African Americans*. Presented at the 44th annual Association for Behavioral and Cognitive Therapies Convention, San Francisco, CA.

Georgia, E., & Lawrence, E. (November, 2008). *Challenging the "cohabitation effect": Clarifying whether and how premarital cohabitation predicts longitudinal marital adjustment*. Presented at the 42nd annual Association for Behavioral and Cognitive Therapies Convention, Orlando, FL.

Georgia, E., Lawrence, E., & Brock, R. L. (May, 2008). *Understanding the link between premarital cohabitation and subsequent marital distress: Significance of the decision to cohabit*. Presented at the Spring Undergraduate Research Conference, University of Iowa. Outstanding Poster Award.

Georgia, E., Lawrence, E., & Brock, R. L. (November, 2007). *Understanding the link between premarital cohabitation and subsequent marital distress: Significance of the decision to cohabit*. Presented at the 41st annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

Georgia, E., Langer, A., & Lawrence, E. (April, 2007). *The role of maladaptive attachment and anxiety in marriage*. Presented at The College of Social and Behavioral Sciences Undergraduate Research Conference, University of Northern Iowa, Cedar Falls, IA. Grand Prize Award.

TEACHING EXPERIENCE

2014 Course Instructor, *University of Miami*
Abnormal Psychology

Emily Georgia Salivar

Responsible for all aspects of undergraduate instruction, including course planning, lecturing, test development, and grading. Taught symptoms, criteria, causes, assessment and treatment of a broad and comprehensive range of adult and child mental disorders.

2011-2014 Teaching Assistant, *University of Miami*
Psychological Evaluation of Adults, Children, & Families (Graduate)
Abnormal Psychology (Undergraduate)
Psychology of Human Sexual Behavior (Undergraduate)
Psychology of Gender (Undergraduate)
Psychology of Social and Emotional Development (Undergraduate)
Introduction to Personality (Undergraduate)
Introduction to Biobehavioral Statistics (Undergraduate)

LEADERSHIP ROLES

2017-2018 Administrator, Miami VAHS Psychology Diversity Committee
2011-2013 Student Co-President ABCT Couple Research & Therapy Special Interest Group
2006-2013 Sexual Assault Response Team Volunteer Advocate
2011 College of Liberal Arts & Sciences Representative, Graduate Activity Fee Allocation

PROFESSIONAL MEMBERSHIPS

2011-2018 Division 43 Society for Family Psychology APA
2007-2018 ABCT Member
2007-2018 ABCT Couples Research and Therapy Special Interest Group
2015 Consortium for Science-Based Information on Children, Youth, and Families
2011-2015 University of Miami Psychology Graduate Student Organization

REFERENCES

Brian D. Doss, Ph.D.

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