

# Lisa Saponaro

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## PROFESSIONAL LICENSES

**State of Florida, Licensed Psychologist, PY7494**

## EDUCATION

**Doctor of Philosophy in Counseling Psychology**

*University of Memphis, Memphis, TN. APA Accredited Program, December 2003.*

**Master of Science in Mental Health Counseling**

*Nova Southeastern University; Davie, FL, July 1996*

**Bachelor of Arts Major Fields of study: Religion and Psychology**

*University of Florida; Gainesville, FL, May 1994*

## CLINICAL EXPERIENCE

4/05 – current ***Center for Psychological Growth and Wellness., Clinical Psychologist; Owner***

- Serving as an expert in mental health for local and national hospitals, physicians, schools, businesses, lawyers, news and radio stations.
- Providing Individual, Family, Couples and Group Therapy.

6/05 - current ***Our Children Our Future, Hollywood, FL; Training Director, Consultant***

- Develop and present professional seminars to students and staff.
- Conduct and supervise psychological testing.
- Assist in grant writing opportunities.
- Facilitated accreditation review process.

1/04 – 6/05 ***The Starting Place, Hollywood, FL; Program Director***

- Created and implemented a substance abuse program for adult men and women with primary addiction problems who were residents of Broward OutReach Center, a homeless shelter.

8/00-8/01 ***Mississippi State Hospital, Whitfield, MS. APA Accredited Program, Doctoral Resident***

- Completed Rotations on Acute Male Receiving Unit, Women's Chemical Dependency Unit, Oak Circle Center for Children and Adolescents, and outpatient community mental health.

1/99-8/99 *The Center for Student Development, The University of Memphis. Memphis, TN. Doctoral Intern.*

- Provided individual counseling and psychological testing to college students.

5/98-12/98 *Midtown Mental Health Center. Memphis, TN., Doctoral Intern.*

- Conducted forensic assessments and facilitated HIV support group.

1/96 - 8/96 *Nova Southeastern University Community Mental Health. Interpersonal Violence Program. Davie, FL. Practicum Student*

- Provided home-based assessment and treatment to children and adults in homes characterized by abuse.

8/95 – 7/97 *Henderson Community Mental Health Center, Broward County, FL. Youth Therapist.*

10/96- 7/97 Henderson Youth and Family Services.

- Provided individual, group and family counseling to children who display emotional, attentional, and behavioral difficulties.

8/95 - 10/96 Henderson New Vistas.

- Targeted chronically mentally ill individuals aged 18 years to 60 years.

## TEACHING EXPERIENCE

8/08 - current *Nova Southeastern University, Center for Psychological Studies; Fort Lauderdale, FL.*

**Adjunct Faculty.** Theory and Practice of Counseling and Psychotherapy (PSY 502) Mental Health Counseling Techniques (PYCL 511) Supervisor of Practicum and Internship (PYCL 680, 681, 682)

1/07 – 12/07 *Academy for Five Element Acupuncture; Hallendale, FL.*

**Adjunct Faculty.** Introduction to Theories of Counseling and Psychotherapy (ACT511)

1/99 – 5/99 *The University of Memphis; Memphis, TN.*

**Co-teacher.** Counseling Gay, Lesbian and Bisexual Clients (COUN 7752/8752)

1/99 – 5/99 *The University of Memphis; Memphis, TN.*

**Instructor.** Fundamental Applied Statistical Methods (EDPR 4541)

8/98 – 12/98 *The University of Memphis; Memphis, TN.*

**Teaching Assistant.** Foundations of Counseling (COUN 7411)

## PROFESSIONAL DEVELOPMENT

## Memberships

American Psychological Association. Member since 1997.  
National Register of Health Service Providers in Psychology.

## Publications

O'Connell, A. A., & Saponaro, L. A. (1999). Predictors of contraceptive intent and self-assessed likelihood for repeat pregnancy among female African American adolescents. Research in Nursing and Health, under final review.

Phillipsen, L. C., Bridges, S. K., McLemore, T. G., & Saponaro, L. A. (1999). Perceptions of social behavior and peer acceptance in Kindergarten. Journal of Research for Childhood Education, Fall/winter 1999.

## Presentations

Saponaro, L (2011) Homework P.A.C.T. (Parents and Children Together). Professional Presentation, St. Bernadette Catholic School.

Saponaro, L (2010) Family Strengthening. Professional Presentation, St. Bernadette Catholic School.

Saponaro, L (2009) Warning signs for At-risk behaviors among youth. Professional Presentation, St. Bernadette Catholic School.

Saponaro, L (2008) Evidence Based Practice. Professional Seminar, Our Children Our Future, Inc.

Saponaro, L (2006) Treatment Planning and Documentation Parts I & II. Professional seminar, Our Children Our Future, Inc.

Saponaro, L (2005) Assessing Clinical Risk and Competency. Professional seminar, Our Children Our Future, Inc.

Bingham, R., & Saponaro, L (2003, August). Social Change for 2025 and the Role of Counseling Psychologists. Paper presented at the APA annual convention in Toronto, Canada.

Saponaro, L. A. (1999, March). Women and HIV. Paper presented at the Twenty-fourth annual Association for Women in Psychology Conference, Providence, RI.

Phillipsen, L. C., Bridges, S. K., & Saponaro, L. A. (1998). Associations between child, parent, and teacher reports of kindergartner's self-esteem. Paper presented at the Fifteenth Biennial Conference on Human Development, Mobil, AL.

Phillipsen, L. C., Bridges, S. K., McLemore, T. G., & Saponaro, L. A. (March, 1999). Perceptions of social behavior and peer acceptance in Kindergarten. Paper presented at SRCE Biennial Meeting, Albuquerque, NM.

Horne, S., Saponaro, L., Knack, C., Loos, R., & Bartlett-Prescott, J. (2000) Teacher/Counselor Training for Gay/Lesbian/Bisexual/Transgendered Teen Issues. Paper presented at the Annual Conference for the American Counseling Association, Washington, DC.