

Aya Shigeto

Curriculum Vitae

Nova Southeastern University
College of Psychology
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Fort Lauderdale, Florida 33314

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Languages: English and Japanese

EDUCATION/EMPLOYMENT

- 2010-present **Assistant Professor**
College of Psychology
Nova Southeastern University
- 2010 **Ph.D., Developmental Psychology**
with a minor in Human Development and Family Studies
University of Illinois at Urbana-Champaign
Advisor: Sarah Mangelsdorf, Ph.D., Professor of Developmental Psychology
Dissertation: *Autonomy support, control, and structure at dinnertime: Contributions of parenting and temperament in predicting child adjustment*
- 2006 **M.A., Developmental Psychology**
University of Illinois at Urbana-Champaign
Advisor: Sarah Mangelsdorf, Ph.D., Professor of Developmental Psychology
Thesis: *Parental and child influences on family interaction patterns*
- 2003 **B.A., Psychology**
University of Arkansas at Fayetteville
Advisor: Joel Freund, Ph.D., Professor of Experimental Psychology
- 1999 **B.S., Architecture**
Tokyo University of Science, Japan
Advisor: Michio Iguchi, Ph.D., Professor of Architecture

PROFESSIONAL AFFILIATIONS

Society for Research in Child Development (SRCD)
National Council on Family Relations (NCFR)

GRANTS

- 2011 Farquhar College of Arts and Sciences Faculty Mini-Grant (\$1,500)
“The Effects of Grandmother Involvement on Teen Mothers’ Adjustment and Parenting in Hispanic Families”
Nova Southeastern University

CERTIFICATES

- 2010 **Advanced Graduate Teacher Certificate**
University of Illinois at Urbana-Champaign
Topic: *Program assessment in Introductory Psychology Classes*
- 2009 **Teacher Scholar Certificate**
University of Illinois at Urbana-Champaign
Topic: *Pedagogical techniques in the teaching of psychology*
- 2009 **Graduate Teacher Certificate**
University of Illinois at Urbana-Champaign
Topic: *Self reflection on teaching practices in Introductory Psychology*
- 2009 **Provisional CFLE (Certification in Family Life Education)**
National Council on Family Relations

AWARDS

- 2010 Sandra Goss-Lucas Award for Excellence in the Teaching of Introductory Psychology
Department of Psychology, University of Illinois at Urbana-Champaign
- 2009 (Fall) Recognized by the University of Illinois on the List of Teachers Ranked as Excellent Introductory Psychology
- 2009 Conference Travel Grant
Department of Psychology, University of Illinois at Urbana-Champaign
- 2009 Society for Research in Child Development (SRCD) Student Travel Award
- 2009 (Spring) Recognized by the University of Illinois on the List of Teachers Ranked as Excellent Introductory Psychology
- 2008 (Fall) Recognized by the University of Illinois on the List of Teachers Ranked as Excellent Introductory Psychology
- 2008 (Summer) Recognized by the University of Illinois on the List of Teachers Ranked as Excellent Laboratory in Developmental Psychology
- 2008 (Spring) Recognized by the University of Illinois on the List of Teachers Ranked as Excellent Introductory Psychology
- 2003, 2005 Conference Travel Grant
Department of Psychology, University of Illinois at Urbana-Champaign
- 2003 Psi Chi: The International Honor Society in Psychology

TEACHING

TEACHING EXPERIENCE

- 2011-present **Instructor** (*see the list of courses below*)
Nova Southeastern University
Responsibility: Developing and implementing the entire course
- Introduction to Psychology (PSYC 1020)
Interpersonal Communication (PSYC 2330)
Life-Span Human Development (PSYC 2350)
Early Childhood Growth and Development (PSYC 2370)
Child and Adolescent Development (PSYC 2380)
Psychology of Parenting (PSYC 3960)
Multicultural Issues in Psychology (PSYC 3760)
Senior Seminar in Psychology (PSYC 4880)
Developmental Psychology (graduate course) (PSYC 5300)
Research Methods in Experimental Psychology (graduate course) (PSYC 5920)
- 2009 (Spring) **Supervisor**, James Scholar Honors Program for Introductory Psychology students
University of Illinois at Urbana-Champaign
Responsibility: Supervising work for honors program
- 2008-2009 **Instructor**, Introductory Psychology (4 terms)
University of Illinois at Urbana-Champaign
Responsibility: Developing and implementing the entire course
- 2006-2009 **Lab Instructor**, Laboratory in Developmental Psychology (3 terms)
University of Illinois at Urbana-Champaign
Responsibility: Leading a lab and guiding students to formulate research ideas
- 2006-2007 **Instructor**, Child Development (2 terms)
University of Illinois at Urbana-Champaign
Responsibility: Developing and implementing the entire course
- 2004-2007 **Teaching Assistant**, Child Development (3 terms), Introductory Psychology (1 term)
University of Illinois at Urbana-Champaign
Responsibility: Providing supportive service to faculty instructors

MENTORING EXPERIENCES

- 2011-present **Supervisor for Undergraduate Research Assistants**
College of Psychology
Nova Southeastern University
- 2008-2010 **Undergraduate Research Supervisor**, Honors Individual Study
Department of Psychology, University of Illinois at Urbana-Champaign
Thesis 1: *1-year predictors of triadic family interaction patterns at 3 years*
Thesis 2: *Childrearing disagreements between mothers and fathers: Their associations with parental control and structure*

2003-2010 **Coding Projects Supervisor** (for 14 undergraduates in total)
Department of Psychology, University of Illinois at Urbana-Champaign
Coding projects I supervised: family interaction, parenting, child behavior, temperament

WORKSHOPS/PRESENTATIONS

- 2014 (June) Invited presentation for the Japan Committee for Children (Tokyo, Japan)
Title: Research on Social Emotional Learning (SEL) and its implementation around the world: What “we” can learn from it (Japanese title: 世界・アメリカにおける SEL 研究・実践の全体像、それからみた日本での SEL・セカンドステップのあり方)
Audience: ~20 Japanese instructors for the bullying prevention program called Second Step
- 2014 (Jan.) Presentation at Hollywood Beach Culture and Community Center (Hollywood, FL)
Topic: Grandparenthood
- 2012 (July) Presentation for high school students at the NSU Behavioral Neuroscience Summer Training Program
Topic: What determines academic achievement?
Nova Southeastern University
- 2012 (March) Workshop for undergraduate students presenting papers at the Undergraduate Student Symposium (USS) (co-presented with Dr. Chetachi Egwu)
Nova Southeastern University
- 2007-2010 College Teaching Effectiveness Network (CTEN)
University of Illinois at Urbana-Champaign
Advisors: Dr. Michael Loui, Dr. Sandy Goss Lucas
The workshops I have coordinated:
1. *How to establish effective group online discussions: What teaching tools are out there?* (11/6/2007)
2. *Teaching Issues for International TAs* (9/2/2008)
3. *Peer observation: Being the eyes and ears for your peer instructors* (3/11/2009)
4. *Interviewing skills for academic positions* (12/10/2009)
- 2008-2009 Led the cross-cultural classroom communication session for international TAs
Graduate Academy for College Teaching,
University of Illinois at Urbana-Champaign
- 2009 (April) Presented at the Introductory Psychology training workshop for new graduate instructors
Department of Psychology, University of Illinois at Urbana-Champaign
- 2008 (August) Led a micro-teaching session for new TAs
Graduate Academy for College Teaching
University of Illinois at Urbana-Champaign

RESEARCH

RESEARCH EXPERIENCE

- 2011-present **Principal Investigator**, Child and Family Development Lab
College of Psychology, Nova Southeastern University
Project names:
- *Emotional needs in romantic relationships*
- *Perceptions of parenting behavior and their associations with socioemotional adjustment among college students*
- *The effects of grandmother involvement on teen mothers' adjustment and parenting in Hispanic families*
- 2009-2010 **Research Assistant**, Laboratory for Evidence-Based Teaching and Learning
Department of Psychology, University of Illinois at Urbana-Champaign
Advisor: Dr. Sarah Grison
Topic: *Assessing cognitive effects of teaching and learning in Introductory Psychology programs*
- 2003-2010 **Research Assistant**, Early Emotion Lab
Department of Psychology, University of Illinois at Urbana-Champaign
Advisor: Dr. Sarah Mangelsdorf
Topic: *Children's socioemotional development in a family context*

PUBLICATIONS

- Shigeto, A.**, & Voltaire, M. (2014). Problem child. In M. J. Coleman & L. H. Ganong (Eds.), *The social history of the American family: An encyclopedia* (pp. 1077-1078). Thousand Oaks, CA: Sage Publications.
- Shigeto, A.**, Mangelsdorf, S. C., & Brown, G. L. (2014). Roles of family cohesiveness, marital adjustment, and child temperament in predicting child behavior with mothers and fathers. *Journal of Social and Personal Relationships, 31*, 200-220. doi: 10.1177/0265407513490586
- Jessee, A. C., Mangelsdorf, S. C., **Shigeto, A.**, & Wong, M. (2012). Temperament as a moderator of the effects of parental depressive symptoms on child behavior problems. *Social Development, 21*, 610-627. doi: 10.1111/j.1467-9507.2011.00639.x
- Jessee, A. C., Mangelsdorf, S. C., Brown, G. L., Schoppe-Sullivan, S. J., **Shigeto, A.**, & Wong, M. (2010). Changes in sensitivity during infancy: Effects of marital quality and parental personality. *Infant Behavior and Development, 33*, 442-452. doi: 10.1016/j.infbeh.2010.04.010
- Mangelsdorf, S. C., & **Shigeto, A.** (2009). *Temperament*. In R. A. Shweder, T. R. Bidell, A. C. Dailey, S. D. Dixon, P. J. Miller, & J. Modell (Eds.), *The child: An encyclopedic companion* (pp. 989-992). Chicago, IL: The University of Chicago Press.
- Seery, C. H., Watkins, R. V., Mangelsdorf, S. C., & **Shigeto, A.** (2007). Subtyping stuttering II: Contributions from language and temperament. *Journal of Fluency Disorders, 32*, 197-217. doi: 10.1016/j.jfludis.2007.07.001

CONFERENCE PRESENTATIONS

Developmental Psychology

- Shigeto, A.** (2015, March). *The Link Between Perceived Parenting and Emotional Adjustment: Comparison Between Non-Hispanic and Hispanic College Students?* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- Wong, M. S., Mangelsdorf, S. C., **Shigeto, A.**, Perez, J., & Hand, D. (2015, March). *Mothers' and Fathers' Romantic Attachment: Associations with Various Aspects of Their Marital Quality?* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- Shigeto, A.**, Neff, C., Mangelsdorf, S. C., Brown, G. L., Wong, M. S., & Jessee, A. C. (2013, April). *Boundary Problems during Triadic Family Interaction at 3 years: Are some children more vulnerable than others?* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Seattle, WA.
- Wong, M. S., Mangelsdorf, S. C., **Shigeto, A.**, Brown, G. L., Schoppe-Sullivan, S. J. (2013, April). *Quality of Early Experiences Inferred from the Adult Attachment Interview: Associations with Parental Sensitivity at 13 Months.* **Paper symposium** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Seattle, WA.
- Manczak, E., Wong, M. S., **Shigeto, A.**, Jessee, A. C., Brown, G. L., & Mangelsdorf, S. C. (2013, April). *Influence of Parental Personality Characteristics on Parent-Child Reminiscing.* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Seattle, WA.
- Manczak, E., Wong, M. S., **Shigeto, A.**, Schoppe-Sullivan, S. J., Brown, G. L., McAdams, D., & Mangelsdorf, S. C. (2013, April). *Parents' Own Autobiographical Memories of Childhood Contribute to Subjectivity in Ratings of Perceived Child Temperament.* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Seattle, WA.
- Shigeto, A.**, Jessee, A. C., Wong, M. S., & Mangelsdorf, S. C. (2011, March). *Parental Control During Dinnertime: Moderating Effects of Surgency to Predict Child Adjustment.* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Shigeto, A.**, Gavidia, A., Wong, M. S., & Mangelsdorf, S. C. (2011, March). *Correlates of Mothers' and Fathers' Parenting Behavior During Dinnertime at Age 5.* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Jessee, A. C., Mangelsdorf, S. C., **Shigeto, A.**, & Wong, M. S. (2011, March). *Temperament as a Moderator of the Effects of Parental Depressive Symptoms on Child Behavior Problems.* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Wong, M. S., **Shigeto, A.**, Jessee, A. C., Groh, A. M., & Mangelsdorf, S. C. (2011, April). *Mother-Child and Father-Child Discussion of Past Events: Associations with Children's Attachment Representations.* **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.

- Brown, G. L., **Shigeto, A.**, Wong, M. S., Neff, C., Mullins, E. J., & Mangelsdorf, S. C. (2011, April). *Father Involvement and Father-Child Attachment Security: Distinctions between Workday and Non-Workday Paternal Engagement*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Shigeto, A.**, Neff, C., Mangelsdorf, S. C., Lorenz, F., & Brown, G. (2010, April). *Discontinuity in Family Interaction Patterns between 13 and 36 months*. **Poster** presented at the biennial Conference on Human Development (CHD), New York City, NY.
- Jessee, A. C., Mangelsdorf, S. C., **Shigeto, A.**, & Wong, M. S. (2010, April). *The Protective Role of Temperament against the Intergenerational Transmission of Depressive Symptoms*. **Poster** presented at the biennial Conference on Human Development (CHD), New York City, NY.
- Shigeto, A.**, Mangelsdorf, S. C., Brown, G. L., & Wong, M. S. (2009, April). *Predicting Children's Behavior with Mothers and Fathers: The Roles of Temperament and Marital Adjustment*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Denver, CO.
- Jessee, A., Mangelsdorf, S. C., Brown, G. L., Schoppe-Sullivan, S. J., **Shigeto, A.**, & Wong, M. S. (2009, April). *Mothers' and Fathers' Sensitivity to Their Infants: Stability and Predictors of Change*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Denver, CO.
- Brown, G. L., Mangelsdorf, S. C., Wong, M. S., **Shigeto, A.**, & Neff, C. N. (2009, April). *Fathering and Father-Child Attachment across the First Three Years: Stability and Longitudinal Links*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Denver, CO.
- Brown, G. L., Neff, C. N., **Shigeto, A.**, & Mangelsdorf, S. C. (2009, April). *Dyadic Relationships and Triadic Family Interaction: Linkages between Attachment Concordance and Family Dynamics*. **Paper** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Denver, CO.
- Shigeto, A.**, Mangelsdorf, S. C., Brown, G. L., & Schoppe-Sullivan, S. J. (2008, April). *Stability in Parental Expectations or Perceptions of Infant Temperament from Pregnancy to 12 Months*. **Poster** presented at the biennial Conference on Human Development (CHD), Indianapolis, IN.
- Brown, G. L., Neff, C., **Shigeto, A.**, & Mangelsdorf, S. C. (2008, March). *Infant-Mother and Infant-Father Attachment as Predictors of Triadic Family Interaction: The Role of Attachment Concordance*. **Poster** presented at the biennial conference on the International Society on Infant Studies (ISIS), Vancouver, Canada.
- Shigeto, A.**, Mangelsdorf, S. C., Brown, G. L., Wong, M. S., Schoppe-Sullivan, S. J., & Sokolowski, M. S. (2007, March). *Predictors of Triadic Family Interaction Patterns at 13 Months Postpartum*. **Paper** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Boston, MA.
- Shigeto, A.**, Mangelsdorf, S. C., Brown, G. L., Neff, C. N., Schoppe-Sullivan, S. J., & Sokolowski, M. S. (2006, June). *Parental and Child Influences on Family Interaction Patterns*. **Poster** presented at the biennial meeting of the International Society on Infant Studies (ISIS), Kyoto, Japan.
- Shigeto, A.**, Mangelsdorf, S. C., Schoppe-Sullivan, S. J., Sokolowski, M. S., Brown, G. L., & Neff, C. N. (2005, April). *Prebirth Predictors of Family Interaction in the Triad*. **Poster** presented at the biennial meeting of the Society for Research in Child Development (SRCD), Atlanta, GA.

Scholarship of Teaching and Learning

- Grison, S., Luke, S. G., **Shigeto, A.**, & Watson, P. (2011, November). *Using low-stakes repeated testing can improve student learning: How (some) practice makes perfect*. **Poster** presented at the Psychonomic Society, Seattle, WA.
- Grison, S., Luke, S. G., **Shigeto, A.**, & Watson, P. (2011, May). *When practice makes perfect: Using experimental classroom research to improve learning*. **Poster** presented at the Association for Psychological Science, Washington DC.
- Grison, S., Luke, S., **Shigeto, A.**, & Watson, P. (2011, May). *When Practice Makes Perfect: Using Experimental Classroom Research to Improve Learning*. **Poster** presented at the Association for Psychological Science (APS) – Society for the Teaching of Psychology (STP) Annual Convention, Washington, DC.
- Shigeto, A.**, Grison, S., Luke, S., & Watson, P. (2010, January). *Augmenting Teaching and Learning in a Large Introductory Psychology Program: Assessing Student Learning and Attitudes*. **Poster** presented at the annual meeting of the National Institute on the Teaching of Psychology (NITOP), St. Petersburg Beach, Florida.
- Luke, S., Grison, S., **Shigeto, A.**, & Watson, P. (2010, January). *Augmenting Teaching and Learning in a Large Introductory Psychology Program: Assessing the Pedagogical Utility of and Attitudes Towards a Popular Student Response System*. **Poster** presented at the annual meeting of the National Institute on the Teaching of Psychology (NITOP), St. Petersburg Beach, Florida.
- Watson, P., Grison, S., Luke, S., & **Shigeto, A.** (2010, January). *Augmenting Teaching and Learning in a Large Introductory Psychology Program: Assessing Learning and Attitudes in Special Student Populations*. **Poster** presented at the annual meeting of the National Institute on the Teaching of Psychology (NITOP), St. Petersburg Beach, Florida.
- Shigeto, A.**, Grison, S., Luke, S., & Watson, P. (2010, February). *Some Students are Left Behind: Despite Positive Attitudes, Learning is Modulated by Prior Academic Achievement*. **Poster** presented at the annual Faculty Retreat, University of Illinois, Urbana-Champaign, Illinois.
- Luke, S., Grison, S., **Shigeto, A.**, & Watson, P. (2010, February). *Because You Can't Teach It All and They Won't Read It All: Student Response Systems Do Improve Learning*. **Poster** presented at the annual Faculty Retreat, University of Illinois, Urbana-Champaign, Illinois.
- Watson, P., Grison, S., Luke, S., & **Shigeto, A.** (2010, February). *Practice Makes Perfect: Improving Learning of At-Risk Students*. **Poster** presented at the annual Faculty Retreat, University of Illinois, Urbana-Champaign, Illinois.

PROFESSIONAL ACTIVITIES

Reviewer for Journal Articles

- 2014 Journal of Family Studies
- 2011-2012 Journal of Social and Personal Relationships

Reviewer for Conference Proposals/Awards

- 2012 (annual) ~ National Council on Family Relations (NCFR) Annual Conference
- 2016 (September) Society for Research in Child Development (SRCD) Biennial Meeting
- 2016 (April) National Council on Family Relations (NCFR) Jessie Bernard Outstanding Research Proposal Award
- 2013 Alabama Association for Marriage and Family Therapy (ALAMFT) and the Southeastern Council on Family Relations (SECFR) Joint Annual Conference

Reviewer for Textbooks

- 2016 Macmillan (a textbook for introduction to psychology)
- 2014 Sage (a textbook about developmental psychology)
- 2013 Sage (a textbook about parenting)
- 2013 W.W. Norton (a textbook for introduction to psychology)

Reviewer for Various Proposals at Nova Southeastern University

- 2015 (annual) ~ Judge to screen entries for the Holocaust Reflection Contest
Nova Southeastern University
- 2011 (annual) ~ Judge for paper/poster presentations at the Undergraduate Student Symposium
Nova Southeastern University
- 2011 (annual) ~ Reviewer for grant proposals for the President's Faculty Research & Development Grant (PFRDG) at Nova Southeastern University
(a reviewer in 2011, 2014; a panel chair in 2016; an alternate in other years)

SERVICE

- 2012 ~ Graduate curriculum committee
- 2015 Fall College Committee for graduate TAs for undergraduate courses
- 2014 Fall College Committee for problem-based learning
- 2014 Winter College Committee for the student course evaluation
- 2014 Winter University Committee for the Foundations of Excellence (Learning dimension)
- 2012 Fall Departmental Committee for the Introduction to Psychology course