

# **Valerie G. Starratt, Ph.D.**

## **Curriculum Vita: October 2024**

Department of Psychology & Neuroscience

College of Psychology

Nova Southeastern University

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## **EDUCATION**

- 2008 Ph.D. Florida Atlantic University, Boca Raton, Florida  
Area of Specialization: Evolutionary Psychology  
Advisor: Todd K. Shackelford, PhD  
Dissertation: Risk of Female Infidelity and Male Sexual Coercion in Intimate Relationships: An Evolutionary Psychological Perspective
- 2006 M.A. Florida Atlantic University, Boca Raton, Florida  
Area of Specialization: Evolutionary Psychology  
Advisor: Todd K. Shackelford, PhD  
Thesis: Men's Partner-Directed Insults and Sexual Coercion in Intimate Relationships
- 2003 B.S. University of Florida, Gainesville, Florida  
Major: Psychology

## **ACADEMIC APPOINTMENTS**

- 2021 – Present Professor, Department of Psychology & Neuroscience  
Nova Southeastern University, Davie, FL
- 2014 – 2021 Associate Professor, Department of Psychology & Neuroscience  
Nova Southeastern University, Davie, FL
- 2010 – 2014 Assistant Professor, Farquhar College of Arts & Sciences  
Nova Southeastern University, Davie, FL
- 2008 – 2010 Visiting Professor, Farquhar College of Arts and Sciences  
Nova Southeastern University, Davie, FL

## PUBLICATIONS

ORCID ID: [orcid.org/0000-0002-0040-5425](https://orcid.org/0000-0002-0040-5425)

Scopus ID: 16070270000

h-index: 19<sup>a</sup>

i10-index: 23<sup>a</sup>

No. of citations: 1520<sup>a</sup>

<sup>a</sup> per Google Scholar as of 03 October 2024

\* Student co-author

### Journal articles

Brager, A. & **Starratt, V. G.** (2024). The Metabolic “Pink Taxing” of Fitness Standards for Female Service Members. *TSAC Report*, 72, 4-9.

Sims, S. T., Kersick, C. M., Smith-Ryam, A. E., de Jonge, X. A. K. J., Hirsch, K. R., Arent, S. M., Hewlings, S. J., Kleiner, S. M., Krause, Em, Bustillo, E., Tartar, J. L., **Starratt, V. G.**, Kreider, R. B., Greenwalt, C., Renteria, L. L., Ormsbee, M, J., VanDusseldorp, T. A., Cambell, B. I., Kalman, D. S., Antonio, J. (2023). International Society of Sports Nutrition Position Stand: Nutritional Concerns of the Female Athlete. *Journal of the International Society of Sports Nutrition*, 20, 390-429.

**Starratt, V. G.** & Zambrano, R.\* (2022). Healthy, wealthy, wise, and social: Defining and testing a comprehensive model of resources. *Personality and Individual Differences*, 184, 111211.

McDowell, J.\* & **Starratt, V. G.** (2021). Positive correlation between high mate value and slow life history strategy is moderated by trait heritability. *Biodemography and Social Biology*, 66, 27-39.

McDowell, J.\* & **Starratt, V. G.** (2019). Experimental examination and extension of the cheerleader effect. *Personality and Individual Differences*, 147, 245-249.

Hill, L. D.\*, **Starratt, V. G.**, Fernandez, M., & Tartar, J. L. (2019). Positive affective priming decreases the middle LPP response to negative images. *Brain and Behavior*, 9, e01198.

**Starratt, V. G.**, Lopes, G. S., & Shackelford, T. K. (2018). Men’s risk-taking predicts their partner-directed cost-inflicting behaviors. *Personality and Individual Differences*, 135, 80-84.

**Starratt, V. G.**, Weekes-Shackelford, V., & Shackelford, T. K. (2017). Mate Value Both Positively and Negatively Predicts Intentions to Commit an Infidelity. *Personality and Individual Differences*, 104, 18-22.

Holden, C.J., Shackelford, T.K., Zeigler-Hill, V., **Starratt, V.G.**, Miner, E.J., Kaighobadi, F., Jeffrey, A.J., & Buss, D. M. (2014). Husband’s esteem predicts their mate retention tactics. *Evolutionary Psychology*, 12, 655-672.

**Starratt, V. G.**, McKibbin, W. F., & Shackelford, T. K. (2013). Experimental Activation of Anti-Cuckoldry Mechanisms Responsive to Female Sexual Infidelity. *Personality and Individual Differences*, 55, 59-62.

- Starratt, V. G.** & Shackelford, T. K. (2012). He Said, She Said: Men's Reports of Mate Value and Mate Retention Behaviors in Intimate Relationships. *Personality and Individual Differences, 53*, 459-462.
- Miner, E. J., Shackelford, T.K., Block, C.R., **Starratt, V.G.**, & Weekes-Shackelford, V. A. (2012). Risk of death or life-threatening injury for women with children not sired by the abuser. *Human Nature, 23*, 89-97. DOI: 10.1007/s12110-012-9129-9
- McKibbin, W. F., **Starratt, V. G.**, Shackelford, T. K., & Goetz, A. T. (2011). Perceived Risk of Female Infidelity Moderates the Relationship between Objective Risk of Female Infidelity and Sexual Coercion in Humans (*Homo sapiens*). *Journal of Comparative Psychology, 125*, 370-373.
- McKibbin, W. F., Shackelford, T. K., Goetz, A. T., Bates, V., **Starratt, V. G.**, & Miner, E. J. (2009). Development and initial psychometric assessment of the Rape Avoidance Inventory. *Personality and Individual Differences, 46*, 336-340.
- Miner, E. J., Shackelford, T. K., & **Starratt, V. G.** (2009). Mate value of romantic partners predicts men's partner-directed verbal insults. *Personality and Individual Differences, 46*, 135-139.
- Miner, E. J., **Starratt, V. G.**, & Shackelford, T. K. (2009). It's not all about her: Men's mate value and mate retention. *Personality and Individual Differences, 47*, 214-218.
- Kaighobadi, F., **Starratt, V. G.**, Shackelford, T. K., & Popp, D. (2008). Male mate retention mediates the relationship between female sexual infidelity and female-directed violence. *Personality and Individual Differences, 44*, 1422-1431.
- McKibbin, W. F., Shackelford, T. K., Goetz, A. T., & **Starratt, V. G.** (2008). Why do men rape? An evolutionary psychological perspective. *Review of General Psychology, 12*, 86-97.
- Starratt, V. G.**, Goetz, A. T., Shackelford, T. K., Stewart-Williams, S. (2008). Men's partner-directed insults and sexual coercion in intimate relationships. *Journal of Family Violence, 23*, 315-323.
- Starratt, V. G.**, Popp, D., & Shackelford, T. K. (2008). Not all men are sexually coercive: A preliminary investigation of the moderating effect of mate desirability on the relationship between female infidelity and male sexual coercion. *Personality and Individual Differences, 45*, 10-14.
- Goetz, A. T., Shackelford, T. K., Platek, S. M., **Starratt, V. G.**, & McKibbin, W. F. (2007). Sperm competition in humans: Implications for male sexual psychology, physiology, anatomy, and behavior. *Annual Review of Sex Research, 18*, 1-22.
- McKibbin, W. F., Goetz, A. T., Shackelford, T. K., Schipper, L. D., **Starratt, V.G.**, & Stewart-Williams, S. (2007). Why do men insult their intimate partners? *Personality and Individual Differences, 43*, 231-241.
- Shackelford, T. K., Goetz, A. T., McKibbin, W. F., & **Starratt, V. G.** (2007). Absence makes the adaptations grow fonder: Proportion of time apart from partner, male sexual psychology, and sperm competition in humans (*Homo sapiens*). *Journal of Comparative Psychology, 121*, 214-220.
- Starratt, V.G.**, Shackelford, T.K., Goetz, A.T., & McKibbin, W.F. (2007). Male mate retention behaviors vary with risk of partner infidelity and sperm competition. *Acta Psychologica Sinica, 39*, 523-527.

Books

**Starratt, V. G.** (2016). *Evolutionary Psychology: How Our Biology Affects What We Think and Do*. Santa Barbara, CA: Greenwood Publishing Group.

Book chapters

**Starratt, V. G.** & Shackelford, T. K. (2023). Mate Retention. In D. M. Buss (Ed.), *The Oxford Handbook of Human Mating*. Oxford University Press.

**Starratt, V. G.** & Shackelford, T. K. (2023). Sperm Competition. In D. M. Buss (Ed.), *The Oxford Handbook of Human Mating*. Oxford University Press.

Bloshinsky, A.\* & **Starratt, V. G.** (2022). Copulatory Urgency. In T. K. Shackelford (Ed.), *The Cambridge Handbook of Evolutionary Perspectives on Sexual Psychology*. Cambridge University Press.

**Starratt, V. G.** (2022). Mate Guarding and Partner Defection Avoidance. In J. Mogilski and T. K. Shackelford (Eds.), *The Oxford Handbook of Evolutionary Psychology and Romantic Relationships*. Oxford University Press.

**Starratt, V. G.** (2017). Evolved Psychological Mechanisms. In V. Zeigler-Hill and T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. Springer.

**Starratt, V. G.** (2017). Cost Inflicting. In T. K. Shackelford and V. Weekes-Shackelford (Eds.), *Encyclopedia of Evolutionary Psychological Science*. Springer.  
doi:10.1007/978-3-319-16999-6\_145-1

**Starratt, V. G.**, & Shackelford, T. K. (2015). Intersexual Competition. In P. Whelehan & A. Bolin (Eds.), *Encyclopedia of Human Sexuality*. Wiley-Blackwell.

**Starratt, V. G.**, & Shackelford, T. K. (2015). Mating Effort. In P. Whelehan & A. Bolin (Eds.), *Encyclopedia of Human Sexuality*. Wiley-Blackwell.

**Starratt, V. G.** & Alesia, M. N.\* (2014). Male adaptations to retain a mate. In V. Weekes-Shackelford & T. K. Shackelford (Eds.), *The Evolutionary Perspectives on Human Sexual Psychology and Behavior*. Springer.

**Starratt, V. G.**, & Shackelford, T. K. (2010). The basic components of the human mind were solidified during the Pleistocene epoch. In F. J. Ayala & R. Arp (Eds.), *Contemporary debates in philosophy of biology*. (pp. 231-242). Chichester, UK: Wiley-Blackwell.

**Starratt, V. G.**, & Shackelford, T. K. (2010). Mate guarding and poaching. In H. Reis & S. Sprecher (Eds.), *Encyclopedia of human relationships* (pp. 1067-1070). Thousand Oaks, CA: Sage Publications.

Goetz, A. T., & Shackelford, T. K., **Starratt, V. G.**, & McKibbin, W. F. (2008). Intimate partner violence. In J. D. Duntley & T. K. Shackelford (Eds.), *Evolutionary forensic psychology* (pp. 65-78). New York: Oxford University Press.

McKibbin, W. F., Shackelford, T. K., Goetz, A. T., & **Starratt, V. G.** (2008). Evolutionary psychological perspectives on rape. In J. D. Duntley & T. K. Shackelford (Eds.), *Evolutionary forensic psychology* (pp. 101-120). New York: Oxford University Press.

## PRESENTATIONS

- Bajor, K., Scheyd, G. J., & **Starratt, V. G.** (2024, May 22-25). Men, Women, and Coyotes: Sex Differences in Perceptions of Danger and Fear. [Poster]. The 35<sup>th</sup> Annual Human Behavior and Evolution Society Conference. Aarhus, Denmark.
- Brezina, T.I.\*, Vanguri, P., **Starratt, V. G.** (2024, Feb 22-24). Assessment of Brain Function and Soccer Penalty Kick Performance in Collegiate Soccer Players. [Poster]. Southeast American College of Sports Medicine Annual Meeting. Greenville, SC.
- Calleja, S.\*, Vanguri, P., **Starratt, V. G.** (2024, Feb 22-24). Assessment of Brain Function and Putting Performance in Collegiate Golfers. [Poster]. Southeast American College of Sports Medicine Annual Meeting. Greenville, SC.
- Stanchfield, N.K.\*, Vanguri, P., **Starratt V. G.** (2024, Feb 22-24). Assessment of Wearable VERT Technology in Collegiate Volleyball Athletes. [Poster]. Southeast American College of Sports Medicine Annual Meeting. Greenville, SC.
- Bonsangue, M.\*, Vanguri, P., Khan, A.\*, **Starratt, V. G.** (2023, Feb 17-18). *Assessment of Brain Function During Putting Amongst Collegiate Golfers* [Poster]. Society for NeuroSports. Deerfield Beach, FL.
- Dubay, A.\*, **Starratt, V.**, Gatens, D., & Fins., I., A. (2023, Feb 17-18). *The relationship between self-reported sleep quality and mood, soreness, energy, and motivation during a 48-hour post-injury period in collegiate male soccer players.* [Poster]. Society for NeuroSports. Deerfield Beach, FL.
- Pedavalli, N. V.\*, Montanez, K. D.\*, Holm, S. Poothurail, A\*. Chau, M.\*, Tartar, J. L., & **Starratt, V. G.** (2023, Feb 17-18). *Short, Muscular, and Stressed with High Testosterone: Predictors of Aggression in Men* [Poster]. Society for NeuroSports. Deerfield Beach, FL.
- Starratt, V. G.** (2023, Feb 17-18). *Biological Sex Differences and Sport Performance* [Special Topic Presentation]. Society for Neurosports. Deerfield Beach, FL.
- Starratt, V. G.** (2021). Sexual dimorphism in humans: What it is, what it isn't, and why it matters [Keynote]. *Battle of the Sexes: How the Biology of Sex Differences Impacts Health, Athletic Performance, and Behavior.* Nova Southeastern University, Fort Lauderdale, FL.
- Zambrano, R.\* & **Starratt, V.G.** (2018). Punitive mate value: Punishment for overselling potential as a relationship partner [Poster]. *19<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology.* Atlanta, GA.
- Starratt, V.G.**, Tartar, J. L., & Scheyd, G. (2013). The neurophysiology of perceived attractiveness. *25<sup>th</sup> Annual Meeting of the Human Behavior and Evolution Society.* Miami Beach, FL.
- Alesia, M. N.\* & **Starratt, V.G.** (2013). When competition turns costly: Exploring mating strategies among female friends. *25<sup>th</sup> Annual Meeting of the Human Behavior and Evolution Society.* Miami Beach, FL.
- Starratt, V.G.** (2011). Collaboration in Research. *Invited speech to the doctoral students in the Graduate School of Education.* Barry University, Miami, FL.
- Starratt, V.G.** (2010). Unfaithful by proxy: Sex differences in response to a stranger's infidelity. *16th Annual Department of Psychology Student Research Forum.* Barry University, Miami, FL.

- Bates, V. M., McKibbin, W. F., LaMunyon, C. W., Goetz, A. T., **Starratt, V. G.**, & Shackelford, T. K. (2009). Does risk of sperm competition predict men's interest in their partner's copulatory orgasm? *21st Annual Meeting of the Human Behavior and Evolution Society*. California State University, Fullerton.
- Bates, V. M., McKibbin, W. F., LaMunyon, C. W., Goetz, A. T., **Starratt, V. G.**, & Shackelford, T. K. (2009). Risk of sperm competition predicts men's interest in their partner's copulatory orgasm. *Evolutionary Psychology Preconference, Society for Personality and Social Psychology Annual Conference*. Tampa, FL.
- Bates, V. M., McKibbin, W. F., LaMunyon, C. W., Goetz, A. T., **Starratt, V. G.**, & Shackelford, T. K. (2009). Risk of sperm competition predicts men's interest in their partner's copulatory orgasm, *Society for Personality and Social Psychology Annual Conference*. Tampa, FL.
- Kaighobadi, F., **Starratt, V. G.**, Shackelford, T. K., & Popp, D. (2009). Male mate retention mediates the relationship between female sexual infidelity and female-directed violence. *Society for Personality and Social Psychology Annual Conference*. Tampa, FL.
- Miner, E. J., **Starratt, V. G.**, & Shackelford, T. K. (2009). It's not all about her: Men's relative mate value and mate retention. *Society for Personality and Social Psychology Annual Conference*. Tampa, FL.
- Starratt, V. G.**, Popp, D., & Shackelford, T. K. (2009). Just how sure are you? A preliminary investigation of the accuracy of perceptions of partner infidelity. *Society for Personality and Social Psychology Annual Conference*. Tampa, FL.
- Kaighobadi, F., **Starratt, V. G.**, Shackelford, T. K., & Popp, D. (2008). Male mate retention mediates the relationship between female sexual infidelity and female-directed violence. *2nd Annual Northeastern Evolutionary Psychology Society Conference*. Southern New Hampshire University, Manchester, NH.
- Goetz, A. T., Shackelford, T. K., **Starratt, V. G.**, & McKibbin, W. F. (2007). Activating sperm competition psychology: An experimental study. Presented in symposium: "Sexual conflict in humans" (A. T. Goetz & T. K. Shackelford, Co-Chairs), *19<sup>th</sup> Annual Meeting of the Human Behavior and Evolution Society*. College of William and Mary, Williamsburg, VA.
- McKibbin, W. F., Shackelford, T. K., Goetz, A. T., & **Starratt, V. G.** (2007). Female adaptations for rape avoidance. Presented in symposium: "Sexual conflict in humans" (A. T. Goetz & T. K. Shackelford, Co-Chairs), *19<sup>th</sup> Annual Meeting of the Human Behavior and Evolution Society*. College of William and Mary, Williamsburg, VA.
- McKibbin, W. F., Goetz, A. T., Shackelford, T. K., Schipper, L. D., **Starratt, V.G.**, & Stewart-Williams, S. (2006) Why do men insult their intimate partners? *18th Annual Meeting of the Human Behavior and Evolution Society*. University of Pennsylvania, Philadelphia.

## RESEARCH GRANTS AND AWARDS

Grant # M02-21-01-T0028

Nutrasource Pharmaceuticals

A Randomized, Double-Blind, Placebo-Controlled Study to Evaluate the Impacts of Revactin® on Male Sexual Health and Quality of Life

06/30/2022 – 06/29/2023 (\$110,926)

Role: Co-PI

NSU College of Psychology Faculty Development Award for Scholarship

*Men Underestimate Men's Threat to Women: A Conceptual Replication and Experimental Extension*

2022-2023 (\$1,000)

Role: PI

NSU College of Psychology Faculty Research Fellowship

*Sexual Conflict as a Function of Resource Preference and Accumulation*

2020-2023 (\$1,250)

Role: PI

NSU President's Faculty Research and Development Grant

*Formidable: Separating the Effects of Power from Size, Strength, and Sex*

2019 with no-cost extension through 2023 (\$12,800)

Role: PI

NSU College of Psychology Faculty Development Award for Scholarship

*Sexual Dimorphism in Humans: What's Real, What's Not, and Do People Know It?*

2021-2022 (\$1,000)

Role: PI

## **GRADUATE THESES MENTORED TO COMPLETION**

2019-2021	Chair: Master's Thesis Committee: Ariel Bloshinsky
2017-2019	Member: Master's Thesis Committee: Sara Gorman
2016-2018	Chair: Master's Thesis Committee: Rachel Zambrano
2014-2016	Member: Master's Thesis Committee: Matthew Welhaf
2014-2015	Chair: Master's Thesis Committee: Jackie McDowell
2012-2014	Member: Master's Thesis Committee: Alexandra Srouf
2011-2013	Chair: Master's Thesis Committee: Michele Alesia
2011-2013	Member: Master's Thesis Committee: Benita Benny

## **TEACHING**

### **Undergraduate**

Evolutionary Psychology, Introduction to Quantitative Psychology, Biological Bases of Behavior, Human Sexuality, Practicum in Psychological Research, Psychological Research Methods, Psychology of Gender, Introduction to Psychology, History and Theories of Psychology

### **Graduate**

Evolutionary Psychology, Psychological Quantitative Methods I, Grant Writing and Publishing