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**Academic Appointments:**

2016-Present Director, NSU Counseling Center for Older Adults  
Nova Southeastern University

2014-Present Assistant Professor, Nova Southeastern University  
College of Psychology

2013-2014 Assistant Director, Center on Aging  
University of West Florida

2012-2014 Assistant Professor, University of West Florida  
School of Psychological & Behavioral Sciences

2011-2012 Postdoctoral Fellowship,  
Clinical Psychology, Geropsychological specialization  
San Francisco VA Medical Center

**Education:**

Florida License Number: PY9031

Ph.D. Counseling Psychology  
2011 University of Florida  
Department of Psychology (APA Accredited)

Dissertation Title: "Old Talk": An Examination of the Speech Manifestations of  
Internalized Ageism Throughout Adulthood

Gerontology Certificate NIH Pre-doctoral Research Training Program in Aging  
2005 – 2011 University of Florida

M.S. Psychology  
2008 University of Florida  
Thesis Title: Ambient Light and Sleep in Community Dwelling Older Adults

B.S. Psychology  
2005 University of Florida

**Awards and Honors:**

2013-2014 UAB Geriatric Education Center's Faculty Scholar  
2012-2014 UWF Faculty ADVANCE Scholar  
2009-2010 UF Graduate Student Teaching Award  
2007 Psi Chi Regional Research Award

**Service/Professional Involvement:**

2019-Present	Faculty Advisor to CPS's Geriatric Research Club
2017-Present	NSU's Neuropsychological Search Committee
2017-Present	NSU's APA Self Study Student work group
2016-Present	NSU's Mentorship and Retention Committee
2015-Present	Faculty Co-Advisor to the NSU HPD Geriatric's Club
2015-Present	NSU's Professional Standing Committee
2015-Present	NSU's GREAT GEC Interprofessional Review Committee member
2015-Present	Ad Hoc Reviewer: Practice Innovations; Stigma and Health; Aggression and Violent Behavior
2015-2018	Faculty Advisor to CPS's Geriatric Research Club
2014-2017	NSU's GREAT GEC Advisory Board Member
2016-2017	APA Response Committee
2013-2014	UWF's College of Arts and Sciences Academic Standards Committee UWF's Undergraduate Education and Learning Committee
2012-2014	Co-Chair of UWF's Task Force for Grad Student Teaching
2010- 2011	Chief Psychology Intern at Bruce W. Carter VAMC Bruce W. Carter VAMC's Diversity Committee
Since 2006	Member of Gerontological Society of America
Since 2005	Member of APA Division 12 (section II) Member of APA Division 20
Since 2004	Member of APA

**Research Funding:****NSU 2016-2017 President's Faculty Research and Development Grant** (July 2016-June 2017)

“Assessing the Efficacy of a Mindfulness-Based Intervention in Older Adults”

Principle Investigator: Christian DeLucia, PhD

Role: Co-Investigator

Awarded \$14,861

**US Administration of Aging** (January 2013-2016)

“Poarch Band of Creek Indians Elder Abuse Prevention Program”

Principle Investigator: Rodney Guttman, PhD

Role: Co-Investigator

Awarded \$87,000

**University of Florida**, College of Liberal Arts and Sciences

Goldman Summer Research Fellowship (May 2010)

Awarded \$5,000

**NIH Research Fellowship**, funded through United States' NIH grant (August 2006-August 2007)

“Intraindividual Variability in Sleep and Cognitive Performance in Older Adults”

NIH grant number: 1R21AGO24459-01A1

Principle Investigator: Christina McCrae, Ph.D.

Status: Awarded tuition remission and a monthly stipend

## Publications:

\* Indicates mentored student publication/presentation.

• Indicates first two authors contributed equally.

Klimley, K. E.\*, Van Hasselt, V. B., & **Stripling, A.M.** (in press). Posttraumatic Stress Disorder in Police, Firefighters, and Emergency Dispatchers. *Aggression and Violent Behavior: A Review Journal*, 43, 33-44. <https://doi.org/10.1016/j.avb.2018.08.005>

McCrae, C. S. Curtis, A.F., Williams, J., Dautovich, N.D., McNamara, J.P.H., **Stripling, A. M.**, Dzierzewski, J., Berry, R.B., McCoy, K., & Marsiske, M. (2018). Efficacy of Brief Behavioral Treatment for Insomnia in Older Adults: Examination of Sleep, Mood, and Cognitive Outcomes. *Journal of Clinical Sleep Medicine*, 51, 153-166. doi: 10.1016/j.sleep.2018.05.018.

**Stripling, A. M.**, Dautovich, N., Tighe, C. \*, Shoji, K. \*, & Capp, K. \* (2017). Elder Abuse. In V. Van Hasselt, & M. Bourke, (Eds.) *Handbook of Behavioral Criminology: Contemporary Strategies and Issues*. New York, NY: Springer.

Chan, W.S., Williams, J., Dautovich, N.D., McNamara, J.P.H., **Stripling, A. M.**, Dzierzewski, J., Berry, R.B., McCoy, K., Marsiske, M., & McCrae, C. S. (2017). Night-to-Night Sleep Variability in Older Adults with Chronic Insomnia: A Randomized Controlled Trial of Brief Behavioral Therapy (BBT-I) *Journal of Clinical Sleep Medicine*, 13(11), 1243-1254.

**Stripling, A. M.** (2016). The Healthy Aging Group: A Proposed Treatment Model for Societal & Individual Aging Empowerment. *Women & Therapy*, 39(1-2), 124-140.

Dautovich, N. D., Shoji, K. D., **Stripling, A. M.**, & Dzierzewski, J. M. (2014). Clinical Geropsychology: Treatment and Research Approaches With Rural Older Adults. *Clinical Gerontologist*, 37(1), 64-75.

Campos, I. D.\*•, **Stripling, A. M.**, & Heesacker, M. (2012). “Estoy Viejo” [I’m old]: Internalized Ageism as self-referential, negative, ageist speech in the Republic of Panama. *Journal of Cross-Cultural Psychology*, 43 (9), DOI: 10.1007/s10823-012-9181-2

McCrae, C. S., Ross, A., **Stripling, A. M.**, & Dautovich, N. D. (2007). Eszopiclone for late-life insomnia. *Clinical Interventions in Aging*, 2(3), 313-326.

McCrae, C. S., McGovern, R., Lukefahr, R., & **Stripling, A. M.** (2007). Research evaluating brief behavioral sleep treatments for rural elderly (RESTORE): A preliminary examination of effectiveness. *American Journal of Geriatric Psychiatry*, 15(11), 979-982.

## Web-based Peer-Reviewed Publications

**Stripling, A.M.** (2014). “Ageism and Elder Mistreatment: Overcoming age discrimination through Education and Action.” The Deep South CME Network, UAB Geriatric Education Center, UAB Division of CME.  
[http://www.alabamacme.uab.edu/courses/Geriatric/Ageism\\_and\\_Elder\\_Mistreatment/EM-14734.asp](http://www.alabamacme.uab.edu/courses/Geriatric/Ageism_and_Elder_Mistreatment/EM-14734.asp)

**Stripling, A.M.**, Scott, C.B., & Mbiza, S. (in press). “An Inter-professional Perspective on Sexuality in Older Adults” The Deep South CME Network, UAB Geriatric Education Center, UAB Division of CME.

## Publications In preparation or Under review:

**Stripling, A. M.** & Maccarrone, J. (in preparation). Gerodiversity - From Striving to Thriving: How facing adversity across the lifespan can foster workplace resilience. In L. Hollis-Sawyer, & E. Cole, (Eds.) *A Study in Grey and Grit: Older Women Who Work*. Washington, D.C.: American Psychological Association (APA).

Capp, K.\*, Jeffrey, M.\*, Braun, K.\*, Alhasawi, Y., & **Stripling, A. M.** (Under revision). Anxiety Intensity, Subjective Memory Decline, and Genetic Risk Impact on Cognitive Decline.

Wiggins, K., **Stripling, A. M.**, & Boyer, M. (in preparation). Demystifying the “N-word”: A Contextual Explanation of African Americans’ Perceptions through the Lens of Racial Identity Attitudes.

**Stripling, A. M.**, Dautovich, N., & Heesacker, M. (in preparation). As Days Go By: Intraindividual Variability in Subjective Aging and Select Correlates

**Stripling, A. M.** & Heesacker, M. (in preparation). Is age just a number: Correlates of subjective versus chronological aging in college students.

#### Conference Proceedings:

**Stripling, A.M.** (2018, January). *Cognitive Difficulties Associated with Parkinson’s Disease*. Paper presented at the 3<sup>rd</sup> annual meeting of the American Parkinson’s Disease Association Boca Raton, Florida.

**Stripling, A.M.** (2017, July). *Approaches to Behavioral Problems in Dementia*. Paper presented at the 10<sup>th</sup> annual meeting of the Interprofessional Geriatrics Training Institute, Fort Lauderdale, Florida.

McCrae, C.S., Williams, J., Dautovich, N. D., McNamara, J. P. H., **Stripling, A.**, Dzierzewski, J. M., Berry, R. B., McCoy, K. J., & Marsiske, M. (2017, June). Impact of a Brief Behavioral Treatment for Insomnia (BBT-I) on Sleep and Cognition in Older Adults: The REST Randomized Controlled Trial. Paper presented at the 31<sup>st</sup> Annual Meeting of the Associated Professional Sleep Societies (SLEEP), Boston, MA.

Dautovich, N. D., Chen, Y., Shoji, K. D.,\* Stanek, K., & **Stripling, A. M.** (2015, April). *Development and preliminary validation of a light exposure scale in older adults*. Paper presented at the University of Alabama College Academy of Research, Scholarship, and Creative Activity Conference, Tuscaloosa, AL.

**Stripling, A.M.** (2015, July). *The Healthy Aging Group: A Mental Health Treatment Model for Improved Quality of Life for Older Adults and Care Providers*. Paper presented at 2015 Healthy Aging Summit, Washington D.C.

Fralix, D. \*, Arruda, J.E., & **Stripling, A.** (2014, March). *Neuropsychiatric symptoms associated with Graves’ disease*. Paper presented at the meeting of The Southeastern Psychological Association, Nashville, TN.

**Stripling, A.M.** (2012, November). Quality of Life in a Skilled Nursing Facility? Implementing and Sustaining a Non-Pharmacological Intervention for Residents Who are Behaviorally Challenging. In E. Sutherland (Chair), *Raising the GAF with the Social Focus Cohort: An Innovative Clinical Practice to Improve the Overall Quality of Life for Residents in Long-Term Care Who*

*are Behaviorally Challenging*. Symposium presented at the 65<sup>th</sup> annual meeting of the Gerontological Society of America, San Diego, CA.

McCrae, C. S., McGovern, R., Lukefahr, R., & **Stripling, A.** (2007, June). *Research evaluating brief behavioral sleep treatments for rural elderly (RESTORE): Preliminary findings*. Paper presented at the 21st meeting of the Associated Professional Sleep Societies, Minneapolis, MN.

**Stripling, A. M.**, McCrae, C. S., & Rowe, M. (2006, June). *Ambient light, nocturnal sleep, psychological adjustment, and napping in community dwelling older adults*. Paper presented at the meeting of the 20th meeting of the Associated Professional Sleep Societies (SLEEP), Salt Lake City, UT.

### Select Poster Presentations:

Lenox, M., Solow, A., Tran, V., Cabrera, C., & **Stripling, A.M.** (2018, November). *Sexuality and Well-Being in Older Adults*. Poster to be presented to the 70<sup>th</sup> annual meeting Gerontological Society of America annual conference, Boston, MA.

Reinhardt, R., & **Stripling, A.M.** (2018, November). *Sexual Characteristic Differences Through The Developmental Stages of Adulthood*. Poster to be presented to the 70<sup>th</sup> annual meeting Gerontological Society of America annual conference, Boston, MA.

Garcia, J., Lenox, M., Tran, V., Solow, A., Vitale, G., & **Stripling, A.M.** (2018, November). *Effect of Loss of Consciousness after Traumatic Brain Injury on Geriatric Depression Scale Scores*. Poster to be presented to the 70<sup>th</sup> annual meeting Gerontological Society of America annual conference, Boston, MA.

Tran, V., Radmanesh, D., Garcia, J., Clark, S., & **Stripling, A.M.** (2018, November). *Alcohol Abuse and Cognitive Complaints after Mild Traumatic Brain Injury*. Poster to be presented to the 70<sup>th</sup> annual meeting Gerontological Society of America annual conference, Boston, MA.

Arruda, J., Fralix, MA., & **Stripling, A.M.** (2018, May). *A Survey Study of Neuropsychiatric Complaints in Patients with Graves' Disease: A Twenty-Year Follow-up Investigation*. Poster submitted to the 30<sup>th</sup> annual meeting of the Association for Psychological Science, San Francisco, CA.

Schuhmann, B.B.\*, Lewis, J., & **Stripling, A.M.** (2018, August). *The Impact of Culture on PTSD Symptom Expression Among Latino Firefighters*. Poster submitted to the 126<sup>th</sup> annual meeting of the America Psychological Association, San Francisco, CA.

Schuhmann, B. B.\*, Warner, S. L.\*, Capp, K., & **Stripling, A.M.** (2018, August). *Retirement and Life Satisfaction: The Importance of Purpose Among Older Adults*. Poster to be presented at the 126<sup>th</sup> annual meeting of the America Psychological Association, San Francisco, CA.

Boix Braga, M.\*, Garcia, J.\*, Tran, V.\*, Bennett, R.\*, Lapham, A.\*, Stebbins, L.\*, & **Stripling, A.M.** (2018, August). *Comparing Parkinsonism-Based Dementias on Verbal and Non-Verbal Speeded Measures*. Poster to be presented at the 126<sup>th</sup> annual meeting of the America Psychological Association, San Francisco, CA.

Bennett, R.\*, Boix Braga, M.\*, Tran, V.\*, Lapham, A.\*, Fornalski, N.\*, Garcia, J.\*, & **Stripling, A.M.** (2018, August). *Relationship between Vitamin B-12 and Logical Memory*

- Delayed Score in Parkinson's Disease Related Dementia.*** Poster to be presented at the 126<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
- Tran, V.\*, Garcia, J.\*, Boix Braga, M.\*, Bennett, R.\*, Lapham, A.\*, & **Stripling, A.M.** (2018, August). ***Relationship between Executive Functioning and Community Affairs.*** Poster to be presented at the 126<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
- Maccarrone, J.\*, Capp, K. \*, Datoc, A.\*, & **Stripling, A.M.** (2018, August). ***The Importance of Well-Being in Older Adults with Chronic Pain.*** Poster to be presented at the 126<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
- Warner, S.L.\*, **Stripling, A.M.** & Lewis, J. (2018, August). ***Incarcerated Veterans with PTSD: Looking at treatment outcomes.*** Poster to be presented at the 126<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
- Wilson, A.\*, Lewis, J., & **Stripling, A.M.** (2018, July) *Distress in Mexican-American immigrants: linking acculturative stress and depression.* Poster presented at the 24<sup>th</sup> annual meeting of International Congress of the International Association for Cross-Cultural Psychology, Guelph, Canada.
- Hassan, A.\*, **Stripling, A.M.**, Campbell, S., & Capp, K. \* (2017, July). ***Examining and Reducing Polypharmacy in the Geriatric Population: Where the research has grown and where it has yet to grow.*** Poster presented at the 10<sup>th</sup> annual meeting of the Interprofessional Geriatrics Training Institute, Fort Lauderdale, Florida.
- Vitale, G.J.\*, Capp, K. \*, & **Stripling, A.M.** (2017, October). ***The Functional Impact of Emotional Dysregulation in Adults with Frontotemporal Dementia.*** Poster presented at the 37<sup>th</sup> annual meeting of the National Academy of Neuropsychology, Boston, MA.
- Chan, W.S., Williams, J., Dautovich, N. D., McNamara, J. P. H., **Stripling, A.**, Dzierzewski, J., Berry, R. B., McCoy, K., Marsiske, M., & McCrae, C.S. (2017, March). Sleep Discrepancy in Older Adults with Chronic Insomnia: A Randomized Controlled Trial of Brief Behavioral Therapy (BBT-I). Poster presented at the 38<sup>th</sup> Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- Diah, K. \*, Capp, K. \*, Grodner, K. \*, Lavalley, K\*, & **Stripling, A.** (2016, November). *Neuropsychiatric Presentations of Alzheimer's disease that Impact Cognitive and Daily Life Functioning.* Poster presented at the 69<sup>th</sup> annual meeting Gerontological Society of America annual conference, New Orleans, LA.
- Jeffrey, M.\*, Diah K.\*, Capp, K. \*, & **Stripling, A.** (2016, November). *The Geriatric Depression Scale-Short Form (GDS-SF): A model for African American populations.* Poster presented at the 69<sup>th</sup> annual meeting Gerontological Society of America annual conference, New Orleans, LA.
- Capp, K. \*, Jeffrey, M. \*, Braun, K. \*, Alhasawi, Y.; **Stripling, A.** (2016, November). *Anxiety Intensity, Subjective Cognitive Decline, and Genetic Risk Impact on Objective Cognitive Decline.* Poster presented at the 69<sup>th</sup> annual meeting Gerontological Society of America annual conference, New Orleans, LA.
- Okolichany, R. \*, Garcia, J. \*, Capp, K. \*, & **Stripling, A.M.** (2016, February). *Serious Head Injury and Mental Health in Older Adults.* Poster presented at the 9<sup>th</sup> annual meeting of the Interprofessional Geriatrics Training Institute, Fort Lauderdale, Florida.

- Millen, D.\*, Amirniroumand, R. \*, & **Stripling, A.M.** (2016, February). ***Aging Women: Mental Health Predictors of Type 2 Diabetes.*** Poster presented at the 9<sup>th</sup> annual meeting of the Interprofessional Geriatrics Training Institute, Fort Lauderdale, Florida.
- Ethridge, K.\*, Diah, K. \*, & **Stripling, A.M.** (2016, February). ***Smoking and Neurological function in Midlife.*** Poster presented at the 9<sup>th</sup> annual meeting of the Interprofessional Geriatrics Training Institute, Fort Lauderdale, Florida.
- Smith-Lorenzetti, M.\*, Florence, S. \*, & **Stripling, A.M.** (2016, February). ***Positive events increase positive affect despite number of physical symptoms: A route to successful.*** Poster presented at the 9<sup>th</sup> annual meeting of the Interprofessional Geriatrics Training Institute, Fort Lauderdale, Florida.
- Millen, D.\*, Amirniroumand, R. \*, & **Stripling, A.M.** (2016, August). ***Aging Women: Mental Health Predictors of Type 2 Diabetes.*** Poster presented at the 124<sup>rd</sup> annual meeting of the America Psychological Association, Denver, Colorado.
- Smith-Lorenzetti, M.\*, Florence, S. \*, & **Stripling, A.M.** (2016, August). ***The Impact of Positive Events & Number of Physical Symptoms on Positive Affect.*** Poster presented at the 124<sup>rd</sup> annual meeting of the America Psychological Association, Denver, Colorado.
- Ethridge, K.\*, Diah, K. \*, & **Stripling, A.M.** (2016, August). ***Smoking and Neurological function in Midlife.*** Poster presented at the 124<sup>rd</sup> annual meeting of the America Psychological Association, Denver, Colorado.
- Jeffrey, M.\*, Capp, K. \*, & **Stripling, A.M.** (2016, August). ***Genetic Screening and Functional Assessment as Predictors in Cognitive Decline.*** Poster presented at the 124<sup>rd</sup> annual meeting of the America Psychological Association, Denver, Colorado.
- Ziebelman, J. \*, Boix Braga, M.C. \*, Palmer, A. \*, Toole, T. \*, & **Stripling, A.M.** (2015, August). ***An Exploratory Analysis of the Relationship Between Semantic Memory Performance, Age, and Ability to Live Independently.*** Poster presented at the 123<sup>rd</sup> annual meeting of the America Psychological Association, Toronto, Ontario, Canada.
- Martin, R.M. \*, Grego, A.D. \*, & **Stripling, A.M.** (2015, August). ***Subjective Age Is Not Related to Perceived Discrimination.*** Poster presented at the 123<sup>rd</sup> annual meeting of the America Psychological Association, Toronto, Ontario, Canada.
- Bryson, H. \*, Sequeria Grass, S. \*, Figueroa, S. \*, Bain, N. \*, Swan, L.K. & **Stripling, A.M.**, (2014, November). ***Age, Atheism, and Trust: Perceptions and Interactions.*** Poster presented at the 67<sup>th</sup> annual meeting of the Gerontological Society of America, Washington D.C.
- Stripling, A.M.**, & Heesacker, M. (2013, November). ***Lessons from the watched pot: Daily monitoring of subjective age predicted increase in self-esteem and anxiety.*** Poster presented at the 66<sup>th</sup> annual meeting of the Gerontological Society of America, San Diego, CA.
- Doughan, J., & **Stripling, A.M.** (2013, March). ***Building and Launching a Successful Clinical Geropsychology Training Program: Lessons Learned from the Nascent Year.*** Poster presented at the 39<sup>th</sup> annual meeting and education leadership conference of the Association for Gerontology in Higher Education, St. Petersburg, FL.
- Stripling, A.M.**, & Doughan, J. (2012, November). ***The Healthy Aging Group: A method for reducing ageism and promoting successful aging in later life.*** Poster presented at the 65<sup>th</sup> annual meeting of the Gerontological Society of America, San Diego, CA.

- Stripling, A.M.**, Dautovich, N. & Heesacker, M. (2012, November). *As Days Go By: An Examination of Intra-Individual Variability in Subjective Aging and Select Correlates*. Poster presented at the 65<sup>th</sup> annual meeting of the Gerontological Society of America, San Diego, CA.
- Stripling, A. M.**, & Heesacker, M. (2011, November) *College Students' perceptions and responses to Internet Ageism*. Poster presented at the 64<sup>rd</sup> annual meeting of the Gerontological Society of America, Boston, MA.
- Carlton, J.M.\*, **Stripling, A. M.**, & Heesacker, M. (2011, November) *Student Reactions to Internet Ageism: An Experiment on the Effect of Three Ally Instructions on Ageist Attitudes and Stereotyping*. Poster presented at the 64<sup>rd</sup> annual meeting of the Gerontological Society of America, Boston, MA.
- Gass, C., **Stripling, A.**, & Odland A. (2011, November). *Influences on Cognitive Complaint Severity in a Neuropsychological Referral Sample*. Poster presented at the 31<sup>st</sup> annual meeting of the National Academy of Neuropsychology, Marco Island, FL.
- Gass, C., **Stripling, A.** & Odland A. (2011, November). *Emotional and Personality (MMPI-2) Factors in WAIS-IV Performance*. Poster presented at the 31<sup>st</sup> annual meeting of the National Academy of Neuropsychology, Marco Island, FL.
- Stripling, A. M.** & Heesacker, M. (2011, May). "*Old Talk*": *Documentation of and correlations with Self-Referential Aging Speech across Adulthood*. Poster presented at the 23<sup>rd</sup> American Psychological Society National Conference, Washington, D. C.
- Stripling, A. M.**, & Heesacker, M. (2010, November) "*Old Talk*" *findings: Further exploration of the motivation of internalized ageist speech*. [Abstract]. Poster presented at the 63<sup>rd</sup> annual meeting of the Gerontological Society of America, New Orleans, LA.
- Stripling, A. M.**, & Heesacker, M. (2009, November) "*Old Talk*": *An initial exploration of the prevalence of ageist self-talk*. Poster presented at the 62<sup>nd</sup> annual meeting of the Gerontological Society of America, Atlanta, GA.
- Campos, I.\*, **Stripling, A. M.**, & Heesacker, M. (2009, November) *International ageism: Is it present in the Republic of Panama?* Poster presented at the 62<sup>nd</sup> annual meeting of the Gerontological Society of America, Atlanta, GA.
- Creamer, A.\*, **Stripling, A. M.**, & Heesacker, M. (2009, November) *Social networking sites, not just for kids anymore: How to recruit older adults online*. Poster presented at the 62<sup>nd</sup> annual meeting of the Gerontological Society of America, Atlanta, GA.
- McCrae, C. S., Marsiske, M., McCoy, K. J. M., McNamara, J. P. H., Dautovich, N., Ross, A., **Stripling, A.** & Dzierzewski, J. M. (2009, November). *Nocturnal subjective sleep and daytime cognitive functioning in older adults with insomnia*. Poster presented at the 62<sup>nd</sup> annual meeting of the Gerontological Society of America, Atlanta, GA
- Stripling, A. M.**, & Heesacker, M. (2008, November). *But aren't all older people depressed: Challenging stereotypes about aging*. Poster presented at The Institute for Learning in Retirement (ILR) Poster Day, Gainesville, FL.
- Dzierzewski, J. M., McCrae, C. S., Marsiske, M., McCoy, K. J. M., McNamara, J. P. H., Dautovich, N., Ross, A., & **Stripling, A.** (2007, November). *Intraindividual variability in affect and cognition in older adults with insomnia*. Poster presented at the 60<sup>th</sup> annual meeting of the Gerontological Society of America, San Francisco, CA.

- McCrae, C. S., McGovern, R., Lukefahr, R., & **Stripling, A.** (2007, August). *Research evaluating brief behavioral sleep treatments for rural elderly (RESTORE)*. Poster presented at the 115<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
- Dzierzewski, J. M., McCrae, C. S., Marsiske, M., McCoy, K. J. M., McNamara, J. P. H., Dautovich, N., Ross, A., & **Stripling, A.** (2007, June). *Variability in objective and subjective sleep and cognition in older adults with insomnia*. Poster presented at the 21<sup>st</sup> annual meeting of the Associated Professional Sleep Societies, Minneapolis, MN.
- Stripling, A.**, McCrae, C. S., Rowe, M. A., & Ross, A. (2006, November). *Daily ambient light differences across time in good and poor sleeping community dwelling older adults*. Poster presented at the 59<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.

### Community Presentations

- Stripling, A.M.**, (2018, September). *Crisis Intervention in Late Life: Identifying and responding to geriatric mental health emergencies*. Presented during the Crisis Response Hostage Negotiation Team training, Ft. Lauderdale, Florida.
- Stripling, A.M.**, (2018, May). *Mental Health in Late Life*. Invited presentation at NSU's Optimizing Mental Wellness event, Ft. Lauderdale, Florida.
- Stripling, A.M.**, (2017, March). *Brain Fitness*. Invited LLI presentation at the 5 Star nursing home, Ft. Lauderdale, Florida.
- Stripling, A.M.**, (2015, September). *Dementia and Associated Disorders*. Invited presentation to the NSU HPD Geriatrics Club, Ft. Lauderdale, Florida.
- Stripling, A.M.**, (2015, February). *Crisis Intervention in Late life: How to identify and respond to geriatric mental health emergencies*. Presented during the Crisis Response Hostage Negotiation Team training, Ft. Lauderdale, Florida.
- Stripling, A.M.**, (2014, April). *Ageism in an Aging Society*. Presented during the Guardianship Training Workshop for Continuing Education, Pensacola, Florida.
- Stripling, A.** (2013, May) *Ageism and its role in elder mistreatment*, Presented at Stopping Abuse, Assault & Violence: Identification and Prevention Conference, Atmore, AL
- Stripling, A.** (2012, January) *Empirically Validated Psychological Treatments for Older Adults: How do we help Veterans as they Age?*, Geropsychological Series for Geriatric Fellows at the Department of Medicine, University of California, San Francisco
- Stripling, A. M.** & Corvea, M. (2011, June). *PTSD in Late Life: How Trauma Memories Age* Presented for the Miami VAHCS Psychology Service for Continuing Education, Bruce W. Carter VAMC, Miami, FL.
- van Zullen, Rse, Mintzer, Michael J. & **Stripling, A.** (2011, February) *Small Group on Geriatrics, Pain Management, and Palliative Care: Breaking Bad News*, 2<sup>nd</sup> Year Medical Students Longitudinal Themes, Miller School of Medicine
- Stripling, A. M.** & Kenney, N. (2011, January). *The role of psychology in neurodegenerative disorders: How do we help Veterans with ALS cope?* Presented for the Miami VAHCS Psychology Service for Continuing Education, Bruce W. Carter VAMC, Miami, FL.

Mintzer, Michael J. & **Stripling, A.** (2010, December) *Small Group on Geriatrics: Debriefing First Home Visit*, 1st Year Medical Students Longitudinal Themes, Miller School of Medicine

**Stripling, A. M.** & Kenney, N. (2010, August). *Crisis intervention & hospitalization*. Presented for the Miami VAHCS Medical Foster Home Program, Bruce W. Carter VAMC, Miami, FL.

### **Additional Research Experience:**

**Lab of Subjective Aging & Gerontological Enrichment Studies**, Director (Nov 2012-Aug 2014)  
School of Psychological & Behavioral Sciences, University of West Florida

### **Teaching experience:**

#### **Doctoral Committees:**

##### **Chair**

Ava Lampham, College of Psychology, Nova Southeastern University  
Amber Hassan, College of Psychology, Nova Southeastern University  
Kristin E. E. Braun, College of Psychology, Nova Southeastern University  
Hilary Hayhurst, Center for Psychological Studies, Nova Southeastern University

##### **Member**

Kristin Klimley, College of Psychology, Nova Southeastern University  
Julian Garcia, College of Psychology, Nova Southeastern University  
Ronald Okolichany, College of Psychology, Nova Southeastern University

### **Courses Taught:**

#### **Graduate, Doctoral**

PSY 1403 Adult Psychopathology, Nova Southeastern University (NSU)  
PSY 1407 Developmental: Adult and Older Adult, NSU  
PSY 1610 Adult Intervention I, NSU  
PSY 4613 Interventions in Clinical Geropsychology, NSU

#### **Graduate, Master's**

PCO6904 Supervised Teaching, University of West Florida (UWF)  
PCO6204 Pre-Practicum: Techniques of Counseling & Psychotherapy, UWF  
PCO6206 Ethics and Professional Issues in Counseling, UWF  
PCO6948 Intern Counseling, UWF

#### **Undergraduate**

PSY2012 General Psychology, UWF  
General Psychology\*, University of Florida (UF)  
PPE3004 Personality Psychology, UF  
PPE 4003 Theories of Personality, UWF  
PCO4930 Multiculturalism & Social Justice, UF

\*The Multicultural and Diversity Affairs program at UF sponsors the AIM program, which focuses on assisting at-risk students with their transition into higher education institution.