

JEFFREY SUNDBERG

FORMAL EDUCATION

Ph.D.	Integral & Transpersonal Psychology, California Institute of Integral Studies	2015
L.M.H.C.	Licensed Mental Health Counselor in Florida (MH10368)	2009
M.A.	Counseling Psychology, University of San Francisco	2003
B.S.	Hospitality Management, University of Massachusetts at Amherst	1994

PROFESSIONAL EXPERIENCE

Teaching Fellow	Center for Writing & Scholarship	<i>California Institute of Integral Studies, San Francisco</i>	1.15 – 5.15
	<ul style="list-style-type: none">· conducted weekly individual teaching sessions with doctoral and masters students· provided customized scholarly writing instruction with special consideration for ESL students· integrated education pedagogy from weekly class materials into teaching sessions· collaborated for department improvements at weekly staff meetings		
Research Facilitator	DUO, ARTEMIS, & LEAF Projects	<i>University of California, San Francisco</i>	9.13 – 9.15
	<ul style="list-style-type: none">· educated individuals and couples with intervention concepts of mindfulness· evaluated homework assignments for understanding of intervention material· managed and scheduled intervention communications and appointments· documented study intervention data		
Research Associate	STAR Project	<i>University of California, San Francisco</i>	9.13 – 12.13
	<ul style="list-style-type: none">· analyzed qualitative data for theme code book and validity· transported biohazard materials to lab for testing		
Doctoral Student		<i>California Institute of Integral Studies, San Francisco</i>	1.15 – 12.15
		<i>Sofia University, Palo Alto</i>	9.12 – 12.14
Psychotherapist	in Private Practice	<i>DBA Jeff Sundberg, LMHC, Ft. Lauderdale, FL</i>	4.09 – 9.13
	<ul style="list-style-type: none">· specialized in chemical dependency treatment for individual, groups, and couples· worked with HIV positive men who have sex with men (MSM) population· balanced diverse contexts: non-profit, profit, inpatient, outpatient and private practice		
Clinical Administrative Manager		<i>Atlantic Shores Hospital, Ft. Lauderdale, FL</i>	4.08 – 3.10
	<ul style="list-style-type: none">· created programming for Clinical Department by JACHO standards· clinically responsible for all patients in a 72 bed facility· managed and trained 2 full time clinicians and 10 per diem direct reports· responsible for all involuntary restraint (5150) documentation processing for weekly court hearings with magistrate		
Internet Consultant		<i>Invitro Fertilization of Florida, Ft. Lauderdale, FL</i>	5.07 – 8.09
	<ul style="list-style-type: none">· created solutions for website marketing using social media and metric tools· advised user interface experience for ease of use and understanding		

Project Manager	<i>Fidelity/FIS/eFunds, Ft. Lauderdale, FL</i>	9.07 – 4.08
<ul style="list-style-type: none"> · defined specifications for implementation and maintenance of multiple projects · managed deadlines, assigned responsibilities, and summarized progress of projects for weekly project meetings · conducted daily project meetings with clients · worked with senior manager to maintain processes, documentation and resources that ensured on-going service and delivery of product according to agreed business requirements 		
Technology Manager	<i>Travel Partners USA, Inc., Ft. Lauderdale, FL</i>	11.06 – 4.07
<ul style="list-style-type: none"> · defined website redesign project scope specifications and tasks using MS Project · managed production resources meeting launch date milestone resulting in a 50% increase in travel bookings · authored technology growth project specifications 		
Internet Consultant	<i>DBA Jeff Sundberg, San Francisco, CA</i>	4.01 – 11.06
<ul style="list-style-type: none"> · MJC Corp, Inc. – built product website · BanX, Inc. – built marketing website · Macys.com – solved database issue limiting amount of product available online · Wilbanks & Associates, Inc. – built product website 		
Staff Clinician	<i>New Leaf, San Francisco, CA</i>	1.04 – 9.06
<ul style="list-style-type: none"> · managed an ongoing caseload of 25 adult clients with HIV/AIDS diagnosis, substance dependency and mental illness from culturally diverse, socioeconomic backgrounds · conducted cognitive behavioral therapy with 20 individual adults weekly · facilitated 3 substance abuse support groups per week · lead a 26 week substance abuse process group · performed clinical intake assessments for program placement · awarded Summer stipend for outstanding clinical work 		
Co-Founder & Development Director	<i>Coveted Marketing, San Francisco, CA</i>	5.01 – 1.03
<ul style="list-style-type: none"> · created websites for small business clients · responsible for creating and executing web based business solutions 		
Senior Web Producer	<i>Pixo, Inc., Mountain View, CA</i>	9.00 – 4.01
<ul style="list-style-type: none"> · developed scope and project schedule for cell phone web applications using MS Project, Word and Visio · effectively wrote website specification documentation for all wireless web projects · coded website pages using content from graphic and user interface designers 		
Web Producer	<i>America Online/Netscape, Mountain View, CA</i>	10.99 – 9.00
<ul style="list-style-type: none"> · implemented partner content to Netscape's Personal Finance Channel for Fortune 100 companies · responsible for writing technical specification documentation for channel · drafted website pages for content placement, navigation flow and user interface experience · educated and supervised partner co-branding for seamless end-user experience · defined and maintained project schedule using MS Project and Outlook resulting in on time projects · improved client relations for 20 financial partners by implementing professional customer service procedures · ensured finished product by carefully managing project deliverables via production, graphic design, engineering, legal and quality assurance teams using MS Project, Outlook and AOL Instant Messenger · increased channel productivity by leading multiple weekly project meetings with clients and team members · consistently conducted Post Mortem/Review Meetings increasing project team effectiveness 		
Internet Director	<i>Medic Alert Foundation, San Francisco, CA</i>	1.99 – 4.99
<ul style="list-style-type: none"> · managed all technology projects · effectively managed the opening of the San Francisco location ahead of schedule · redesigned company website using Photoshop, Dreamweaver, BBEdit and Word 		

Intranet Developer

Wells Fargo Bank, San Francisco, CA 9.97 – 11.98

- defined and managed multiple web application projects for 15 call centers
- redesigned reference intranet reducing agent call time by 30% resulting in employee of the year nomination
- coded call center reference library web pages daily with HTML and JavaScript
- designed web graphics for intranet website using Photoshop

Project Director

Cooper Roberts Research, San Francisco, CA 2.95 – 12.96

- maintained all project specification documentation and budget negotiations
- simultaneously managed 12 national market research projects for Néstles Foods (formerly Néstles Beverage)
- coded C++ data tabulations reports for quantitative research studies
- prepared questionnaires, contracts and price negotiation documentation for all research studies using Word

PUBLICATIONS

Carrico, A. W., Nation, A., Gomez, W., Sundberg, J., Dilworth, S. E., Johnson, M., . . . Rose, C. D. (2014). Pilot trial of an expressive writing intervention with HIV-positive methamphetamine-using men who have sex with men. *Psychology of Addictive Behaviors*. doi: 10.1037/adb0000031

Sundberg, J. C. (2015). *Shotgun awakening: A phenomenological study of extreme occurrences of falling in love*. (Doctoral dissertation) ProQuest Dissertations & Theses (1757513014). Retrieved from <http://search.proquest.com/docview/1757513014>

Sundberg, J., (in press). Amigeist: A new extreme love phenomenon. *International Journal of Transpersonal Studies*.

SYMPOSIUMS, GROUPS & WORKSHOPS

Spring 2014 Sofia Univerisity, Student Symposium – presented doctoral proposal: “Shotgun Awakening: A Phenomenological Study of Extreme Occurrences of Falling in Love;” 75 people attended.

Spring 2013 Sofia University Student Symposium – presented paper “Is Limerence a Spiritual Emergency?”. 70 people attended.

Winter 2012 Private Practice – Sex Addiction Process Group. 8 people attended for a 12 week process group exploring internalized messages and how they link to sexual misconduct.

Fall 2011 Private Practice – Chemical Dependency Process Group. 10 attendees for a 16 week group exploring negative internalized messages and how they contribute to chemical use.

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

Florida Mental Health Counselors
Association of Transpersonal Psychology