

Kayla K. Gurak Thayer, Ph.D.

PERSONAL INFORMATION

Nova Southeastern University
College of Psychology
Department of Clinical and School Psychology
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HIGHER EDUCATION

- Postdoctoral Residency** **Bruce W. Carter Miami VA Medical Center**
Sept 2017-Present APA Accredited Postdoctoral Fellowship: Mental Health Integration- Recovery and Rehabilitation
Training Director: Regina Pavone, Ph.D., ABPP
- Predocutorial Internship** **VA Boston Healthcare System**
August 2016-August 2017 APA Accredited Internship: Inpatient Mental Health/Therapeutic Recovery, Substance Abuse Spectrum of Treatment
Training Directors: Risa Weisberg, Ph.D., Stephen Lancey, Ph.D.
- Doctor of Philosophy** **University of Miami, Coral Gables, FL**
August 2017 APA Accredited Program: Clinical Psychology, Specialization in Adults
Dissertation Title: *Sociocultural Factors that Predict Attrition from a Family Treatment for Schizophrenia*
Dissertation Defended: August 2016
Dissertation Chair: Amy Weisman de Mamani, Ph.D.
- Master of Science** **University of Miami, Coral Gables, FL**
May 2014 APA Accredited Program: Clinical Psychology, Specialization in Adults
Thesis Title: *Ethnicity, Perceptions of Family Environment, and Schizophrenia Symptoms*
Thesis Chair: Amy Weisman de Mamani, Ph.D.
- Bachelor of Science,
Bachelor of Arts** **University of Florida, Gainesville, FL**
May 2008 Majors: Psychology (B.S.), Spanish (B.A.); Cum Laude and Phi Beta Kappa
- Semester Abroad** **Universitat de València Valencia, Spain**
January- May 2007

ACADEMIC HONORS, AWARDS, AND APPOINTMENTS

- 2016- 2017 **Harvard Medical School, Department of Psychiatry, academic appointment**
- 2016- 2017 **Boston University, School of Medicine, Department of Psychiatry, academic appointment**
- 2016 **Ironson Distinguished Speaker Student Award- \$300**

- 2014 **Peter Mundy CARD Graduate Student Award for Clinical Research in Autism - \$500**
- 2013-2014 **Distinguished Fellow for the Center for Latin American Studies at the University of Miami (a National Research Center) - Full Tuition and Stipend Award**
- 2013 **Florida Psychological Association 3rd Place Poster- \$50**
- 2013 **APA International Conference Travel Grant- \$330**
- 2011-2016 **GAFAC Travel Award, University of Miami**
- 2011-2016 **Department of Psychology Travel Award, University of Miami**
- 2011-2016 **Kriloff Travel Award, University of Miami**
- 2012 **Outstanding Teaching Assistant Award, University of Miami Psychology Department**
- 2011-2012, **Commendations for excellence in clinical work, research, teaching, and academics**
2014-2016 **University of Miami Psychology Department**
- 2011-2016 **Teaching Assistant Full Tuition and Stipend Award, University of Miami**

Undergraduate:

- 2004- 2008 **Pelican Bay Founder's Fund Scholarship (\$2000/year)**
- 2005, 2006, **President's Honor Roll Award, 4.0 semester GPA with 15 hours+ semester course work,**
2008 **University of Florida**
- 2004, 2006, **Dean's List Award, 3.75+ semester GPA, University of Florida**
2007
- 2006 **Anderson Scholar of Distinction, 3.8 GPA for first two years of undergraduate career,**
University of Florida

CLINICAL EXPERIENCE

MIAMI VA MEDICAL CENTER, Miami, FL

Mental Health Integration- Recovery and Rehabilitation Postdoctoral Resident

September 2017 to Present

Psychosocial Residential Rehabilitation Treatment Program (PRRTP)

Supervisor: Raquel Andres-Hyman, Ph.D.

Worked as a part of an interdisciplinary treatment team and provided evidence-based group interventions (CBT, DBT, ACT, Seeking Safety, MI, Mindfulness, Relapse Prevention, Tobacco Cessation, IMR, WRAP) for veterans with severe psychiatric conditions and comorbid personality disorders, alcohol and substance use disorders, as well as comorbid medical conditions (e.g., HIV). Common clinical issues included chronic suicidality, severe depression, PTSD, substance abuse/dependence, and psychosis. Also conducted weekly intake assessments.

Inpatient Mental Health Services

Supervisor: Teresa Rosario, Ph.D.,

Created and conducted a weekly Coping Skills group for veterans on the acute psychiatric unit. Common clinical issues included acute suicidality, homicidal ideation, psychosis, severe depression, PTSD, substance abuse/dependence, anger management issues, and chronic maladaptive patterns of coping with psychosocial stressors.

Individual Psychotherapy Services

Supervisor: Joseph Fineman, Ph.D.,

Provided individual psychotherapy/evidence-based treatments for outpatient veterans. Common clinical issues included depression, panic disorder, and PTSD.

Psychological Assessment Services

Hierarchical Supervisors: Jennifer Gillette, Psy.D.; Courtney Spilker, Psy.D

Directly observed and supervised predoctoral interns on comprehensive psychodiagnostic assessment cases to diagnose learning, emotional, behavioral difficulties, and/or cognitive impairments. Responsibilities included assisting with clinical interviews, conducting risk assessments, test administration and scoring, interpretation and diagnostic impressions, and providing feedback to patients.

Psychosocial Rehabilitation and Recovery Center (PRRC)

Supervisor: Janette Rodriguez, Psy.D.

Worked as a part of an interdisciplinary treatment team and provided recovery-oriented, evidence-based individual and group interventions (IMR, SST, Health Promotion & Disease Prevention, Dating & Relationships, Anger Management, Trauma Recovery, Relapse Prevention) for veterans with chronic and severe psychiatric conditions. Also conducted weekly intake assessments.

VA BOSTON HEALTHCARE SYSTEM, Boston, MA

Inpatient Mental Health/Therapeutic Recovery Intern

August 2016 to August 2017

Inpatient Mental Health Services

Supervisors: John Pepple, Ph.D., Heather Walton Flynn, Ph.D.

Worked as a part of an interdisciplinary treatment team and provided evidence-based individual and group interventions (CBT, CBT for psychosis, DBT, MI, BA, Mindfulness) for patients on the detoxification, acute, and long-stay units. Common clinical issues included acute suicidality, severe depression, PTSD, substance abuse/dependence, and psychosis. Also conducted psychodiagnostic, risk, and capacity assessments.

Psychiatric Rehabilitation and Recovery Center (PRRC)

Supervisor: David Topor, Ph.D.

Provided recovery-oriented, evidence-based outpatient individual and group therapy for veterans with chronic and severe mental illness. Therapeutic approaches included social skills training, CBT, CBT for insomnia, MI, ACT, DBT, and Illness Management and Recovery.

PTSD Clinical Treatment Team

Supervisors: Julie Weismoore, Ph.D., Julie Klunk-Gillis, Ph.D.

Provided outpatient trauma-focused treatment (CPT) to veterans with combat and/or other military-related trauma(s).

Substance Abuse Spectrum of Treatment

Supervisors: Judith Bayog, Ph.D., Aida Cajdric-Vrhovac, Ph.D.

Provided evidence-based assessment and treatment for veterans with alcohol and substance use disorders and

other co-occurring psychiatric conditions. Worked as a part of an interdisciplinary residential treatment team and provided intensive, evidence-based individual and group interventions (MI, Relapse Prevention, harm reduction, CBT, BA, CBT for chronic pain) for patients in the residential treatment program (SARRTP/CIRCA). Responsibilities also included veteran case management and discharge planning related to aftercare treatment and housing. Also worked as a part of an interdisciplinary outpatient treatment team and conducted outpatient individual and group therapy (MI, Relapse Prevention, Harm Reduction, Seeking Safety; Stage I).

TRAUMA TREATMENT PROGRAM, University of Miami, Department of Psychology

Individual Psychotherapy

August 2014 to July 2015

Supervisors: Gail Ironson, M.D., Ph.D., Blanche Freund, Ph.D.

Provided outpatient individual trauma-focused psychotherapy (PE, CPT) and conducted assessments and eligibility phone screens for the program.

OLIVER-PYATT CENTERS OF MIAMI, Miami, FL

Individual and Group Psychotherapy for Eating Disorders

August 2014 to May 2015

Supervisor: Kelli Malkasian, Psy.D.

Provided individual and group therapy for adult and adolescent females with eating disorders and other comorbid disorders in an intensive outpatient setting. Led process-oriented groups, co-facilitated weekly supportive meals, and attended weekly case conference. Treatment orientation was primarily cognitive-behavioral, but integrated interpersonal, humanistic, family systems, and dialectical behavioral techniques.

AUTISM SPECTRUM ASSESSMENT CLINIC, University of Miami, Department of Psychology

Individual Psychotherapy

August 2013 to May 2015

Supervisor: Jennifer Durocher, Ph.D.

Provided long-term outpatient individual psychotherapy for an adult female client with comorbid Asperger's syndrome and delusional disorder. Treatment orientation was primarily cognitive-behavioral, but included interpersonal, humanistic, and family systems approaches.

MIAMI VA MEDICAL CENTER, POST-DEPLOYMENT CLINIC, Miami, FL

Neuropsychological Assessment Service

August 2013 to May 2014

Supervisors: Lisa Johnson-Greene, Ph.D., Jennifer Gillette, Psy.D.

Conducted neuropsychological screenings and psychodiagnostic/neuropsychological assessments with veterans in order to diagnose learning, emotional, behavioral difficulties, and/or cognitive impairments. Assessment batteries included tests of intelligence, academic achievement, cognitive functioning, memory, attention, executive functioning, and visual-motor processing. During this practicum, I wrote comprehensive assessment reports and provided veterans with feedback in order to explain results, conclusions, and recommendations.

Group Therapy Service

August 2013 to May 2014

Supervisors: Lisa Johnson-Greene, Ph.D., Alanna Hochman, Psy.D.

Co-facilitated a weekly psychotherapy group for veterans with comorbid PTSD and TBIs (8-10 clients/group).

PSYCHOLOGICAL SERVICES CENTER, University of Miami, Department of Psychology

Outpatient Individual Therapy Service

May 2012 to August 2013

Supervisors: Judith McCalla, Ph.D., Jutta Joormann, Ph.D. Jennifer Durocher, Ph.D., Kiara Timpano, Ph.D.

Provided short and long-term outpatient individual psychotherapy in English and Spanish with adult clients from a culturally diverse population. Individual therapy issues included anxiety, depression, bulimia nervosa, bipolar II, social phobia, obsessive-compulsive disorder, and Asperger's syndrome. Provided empirically supported treatments (e.g., CBT, ERP). Conducted intake assessments, presented cases to an intake committee, and attended and presented at a weekly therapy case conference with other therapists in training.

Assessment Service

May 2012 to May 2013

Supervisor: Saneya Tawfik, Ph.D.

Conducted formal psychoeducational and psychodiagnostic assessments in English and Spanish with children, adolescents, and adults. I wrote comprehensive assessment reports and provided clients and their families with feedback in order to explain results, conclusions, and recommendations. Assessment batteries included measures of intelligence, academic achievement, cognitive functioning, memory, attention, personality, executive functioning, visual-motor processing, reading comprehension and fluency, and emotional functioning.

OTHER RELEVANT CLINICAL EXPERIENCES

PSYCHOLOGICAL SERVICES CENTER, University of Miami, Department of Psychology

Clinic Assistant

June 2014 to July 2016

Supervisors: Judith McCalla, Ph.D., Saneya Tawfik, Ph.D.

Conducted eligibility phone screens, assigned cases to student clinicians, audited clinic charts, helped prepare students for external practica, and served on the clinic's intake committee. 15 hour per week assistantship.

MERIDIAN BEHAVIORAL HEALTHCARE, INC., Gainesville, FL

Forensic Team Assistant Specialist

August 2007 to May 2008

Supervisor: Leah Vail, M.A.

Assisted a forensic specialist with case management of individuals with severe mental health conditions and co-occurring substance abuse. Conducted client monitoring in the community and correctional facilities, attended court hearings, reported on client compliance, and supplied recommendations for post-release.

NORTH FLORIDA EVALUATION AND TREATMENT CENTER, Gainesville, FL

Undergraduate Intern

January 2006 to May 2006

Supervisor: Victor Buehler

Conducted intake interviews for individuals with severe mental illness who were deemed not guilty by reason of insanity or incompetent to proceed to trial. Assessed for malingering, completed mental status exams, wrote resident monthly summaries, assisted with daily competency interviews, monitored and documented resident progress, and made recommendations for continuance of care.

CLINICAL RESEARCH EXPERIENCE

VA Boston Scholarly Inquiry Research Project: The Impact of Providing Services in Spanish on Differential Diagnoses and Other Mental Health Outcomes in Spanish-Speaking Veterans

Mentor: Heather Walton Flynn, Ph.D.

The objective of this study is to examine how offering mental health services in Spanish for Hispanic/Latino Veterans within the VA may impact differential diagnoses, subsequent treatment, and other important health and treatment outcomes such as attrition.

Dissertation: Sociocultural Factors that Predict Attrition from a Family Treatment for Schizophrenia

Department of Psychology, University of Miami

Chairperson: Amy Weisman de Mamani, Ph.D.

Defense Date: August 2016

The goal of this investigation was to better understand how sociocultural factors may influence a family's decision to prematurely terminate family psychotherapy treatments for schizophrenia. This study examined whether several sociocultural variables (interdependence, independence, family cohesion, adaptive and maladaptive religious coping) predicted attrition from family therapy in 115 families coping with schizophrenia.

Master's Thesis: Ethnicity, Perceptions of Family Environment, and Schizophrenia Symptoms

Department of Psychology, University of Miami

Chairperson: Amy Weisman de Mamani, Ph.D.

Defense Date: April 2014

The goal of this study was to comprehensively examine risk and protective factors of the family environment (expressed emotion, family member criticism and warmth, cohesion) and their relationship to patient symptom severity in a large, ethnically diverse sample of 221 patients with schizophrenia. We assessed whether ethnicity moderated these relationships and if greater patient-caregiver discrepancies in perceptions of the family environment predicted greater symptom severity.

FAMILIES AFFECTED BY DEMENTIA PROJECT, University of Miami, Department of Psychology

Assessment Service

August 2013 to July 2015

Principal Investigator: Amy Weisman de Mamani, Ph.D.

Conducted comprehensive telephone assessments with caregivers of patients with dementia by administering the Clinical Dementia Rating Scale (CDR) along with several other measures.

SCHIZOPHRENIA FAMILY PROJECT, University of Miami, Department of Psychology

Principal Investigator: Amy Weisman de Mamani, Ph.D.

Family Therapy, Culturally-Informed Therapy for Schizophrenia (CIT-S)

August 2011 to May 2014

Provided manualized family therapies, in English and Spanish, for patients with schizophrenia and their family members. CIT-S, developed by the PI, is a 15-session psychosocial treatment intervention which consists of five modules: Family Collectivism, Psychoeducation, Spiritual Coping, Communication Training, and Problem-Solving. CIT-S was tested in comparison to 3 sessions of Psychoeducation.

Multi-Family Group Therapy

December 2011 to August 2013

The CIT-S protocol (see above) was adapted into a multi-family group format. I co-facilitated a weekly group (6-12 patients and their family members).

Assessment Service

August 2010 to May 2014

Conducted comprehensive assessments in both English and Spanish with patients with schizophrenia and their family members. Assessment measures included SCID, BPRS, FMSS, and HVLTL.

Post-Baccalaureate Research Assistant

August 2010 to August 2011

Conducted eligibility phone screens and comprehensive assessments in English and Spanish with patients and their family members, attended weekly lab meetings, and prepared and coded data.

NIMH CENTER FOR THE STUDY OF EMOTION AND ATTENTION, Department of Psychology University of Florida, Gainesville, FL

Post-Baccalaureate Research Assistant

August 2009 to December 2009

Principal Investigators: Andreas Keil, Ph.D., Matthias Wieser, Ph.D.

Collected data via an electroencephalography net for a research study examining the visual cortex in both high and low social anxiety populations. Also assisted with data analysis.

ASSOCIATION FOR RETARDED CITIZENS, Department of Psychology

University of Florida, Gainesville, FL

Applied Behavior Analysis Research Assistant

August 2007 to December 2007

Principal Investigator: Brian Iwata, Ph.D.

Assisted with data collection and calculation and enforced behavioral contracts and treatment plans for consumers with Prader-Willi Syndrome or self-injurious behavior.

UNIVERSITY OF FLORIDA, DEPARTMENT OF PSYCHOLOGY, GAINESVILLE, FL

Social Psychology Research Assistant

August 2006 to December 2006

Principal Investigator: Barry Schlenker, Ph.D.

Ran control and experimental conditions and collected, calculated, and interpreted data for various research studies on self-awareness, social awareness, excuses, and integrity.

PUBLICATIONS

Gurak, K., Maura, J., Weisman de Mamani, A., Martinez de Andino, & Rosenfarb, I. (in press). Racial and cross-ethnic diagnostic patterns in schizophrenia spectrum disorders. Invited chapter, to be published in *Cultural competence in applied psychology: Theory, science, practice, and evaluation*.

Gurak, K.K., Weisman de Mamani, A., & Ironson, G. (2017). Does Religiosity Predict Attrition from a Culturally-Informed Family Treatment for Schizophrenia that Targets Religious Coping? *Journal of Consulting and Clinical Psychology*.

Weisman de Mamani, A., Weintraub, M.J., Maura, J., Martinez de Andino, A., Brown, C., & **Gurak, K.** (2017). Acculturation styles and their associations with psychiatric symptoms and quality of life in ethnic minorities with schizophrenia. *Psychiatry Research*.

Weisman de Mamani, Weintraub, M.J., **Gurak, K.**, Maura, J., Martinez de Andino, A., & Brown, C. (2016). Free will perceptions, religious coping, and other mental health outcomes in caregivers of individuals with dementia. *Journal of Religion, Spirituality, and Aging*. 1-22.

- Gurak, K., & Weisman de Mamani, A.** (2016). Risk and protective factors, perceptions of family environment, ethnicity, and schizophrenia symptoms. *Journal of Nervous and Mental Disease, 204*, 570-577.
- Gurak, K.K., Freund, B., Ironson, G.** (2016). The use of both prolonged exposure and cognitive processing therapy in the treatment of a person with PTSD, multiple traumas, depression, and suicidality. *Clinical Case Studies*.
- Weisman de Mamani, A., **Gurak, K.,** Maura, J., Martinez de Andino, A., Weintraub, M., & Mejia, M. (2016). Free will perceptions and psychiatric symptoms in patients with schizophrenia. *Journal of Psychiatric and Mental Health Nursing*.
- Gurak, K., & Weisman de Mamani, A.** (2015). Caregiver expressed emotion and psychiatric symptoms in African-Americans with schizophrenia: An attempt to understand the paradoxical relationship. *Family Process*.
- Tauler, C., Weisman de Mamani, A., & **Gurak, K.** (2014). The effects of a diagnostic label and symptom types on controllability attributions and perceptions of dangerousness towards people with schizophrenia: An analog study. *International Journal of Psychology Research, 8*, 227-241.
- Weisman de Mamani, A., Weintraub, M.J., **Gurak, K.,** & Maura, J. (2014). A randomized clinical trial to test the efficacy of a family-focused, culturally-informed therapy for schizophrenia. *Journal of Family Psychology, 6*, 800-810.
- Weisman de Mamani, A., Weintraub, M.J., Tauler, C., **Gurak, K.,** Maura, J., Mejia, M., & Sapp, S. (2014). Religion and free will perceptions as coping mechanisms in caregivers of individuals with dementia: A review of the literature. *Journal of Religion, Spirituality, and Aging, 26*, 201-214.
- Weisman de Mamani, A., **Gurak, K.,** & Suro, G. (2013). Serious Mental Illness. In F. Leong (Ed.), the American Psychological Association's *Handbook of multicultural psychology, Vol. 2: Applications and training*. (Invited Chapter).
- Weisman de Mamani, A.G., Mejia, M., **Gurak, K.,** & Sapp, S. (2012). Free will perceptions and religion in patients with schizophrenia and their caregivers. *Psychiatry Research Journal, 2*, 37-51. [cross-listed in *Religion: Beliefs, theories, and societal effects*]
- Weisman de Mamani, A.G., Mejia, M., **Gurak, K.,** & Sapp, S. (2011). Free will perceptions and religion in patients with schizophrenia and their caregivers. In P. Bellamy & G. Montpetit (Eds.), *Religion: Beliefs, theories, and societal effects* (Chapter 3). New York: Nova Science Publishers, Inc.

SYMPOSIA

- Gurak, K. K., & Weisman de Mamani, A.G.** (2016, October). In Nagendra, A. (Chair). African-Americans and Schizophrenia. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Gurak, K. K., & Weisman de Mamani, A.G.** (2016, April). Caregiver Sociocultural Variables (Family Cohesion, Religiosity, Interdependence) as Predictors of Number of Therapy Sessions Attended in a Culturally Informed Family Treatment for Schizophrenia. Presented at the 2016 South Florida Student Graduate Research Conference, University of Miami, Coral Gables, FL.

Gurak, K. K., & Weisman de Mamani, A.G. (2016, April). Examining Sociocultural Variables as Predictors of Attrition from a Culturally Informed Family Treatment for Schizophrenia. Presented as a part of the Distinguished Speakers Colloquium Series, University of Miami, Coral Gables, FL.

Gurak, K. K., & Weisman de Mamani, A.G. (2016, March). Caregiver Religiosity as a Predictor of Attrition from Family-Focused Treatments for Schizophrenia. Presented at the 11th Annual Conference of the Social Sciences, University of Florida, Gainesville, FL.

Weisman de Mamani, A.G., Suro, G., **Gurak, K.K.**, Weintraub, M., Maura, J., & Martinez de Andino, A. (2015, November). Family-focused, culturally informed therapy for schizophrenia that reduces patient psychiatric symptoms and caregiver burden and guilt. In Weisman de Mamani, A.G. (Chair). *What's new in family interaction and family research?* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Weisman de Mamani, A., Weintraub, M., **Gurak, K.**, Maura, J., & Martinez de Andino, A. (2015, May). *Religious coping, free will perceptions, and quality of life in caregivers of patients with dementia.* Presented at the Annual Interprofessional Geriatrics Training Institute: Collaborating for quality care. Fort Lauderdale, FL.

Gurak, K. K., & Weisman de Mamani, A.G. (2014, August). *Family environmental risk and protective factors and symptom severity in schizophrenia.* Presented at the annual meeting of the American Psychological Association, Washington D.C.

Weisman de Mamani, A. G., **Gurak, K.**, Weintraub, M. & Maura, J. (2014, August). *Testing the efficacy of a family-focused, culturally-informed therapy for schizophrenia.* Presented at the annual meeting of the American Psychological Association, Washington D.C.

Gurak, K. K., & Weisman de Mamani, A.G. (2014, April). *Ethnicity, perceptions of family environment, and schizophrenia symptoms.* Presented at the 2014 Center for Latin American Studies Graduate Research Symposium, Coral Gables, FL.

Gurak, K. K., & Weisman de Mamani, A.G. (2014, March). *Do attrition rates decline for Hispanic patients in culturally-informed, versus culture general treatments for schizophrenia?* Presented at the 2014 South Florida Student Graduate Research Conference, Boca Raton, FL.

Weisman de Mamani, A.G., Suro, G., **Gurak, K. K.**, Mejia, M. G., Maura, J., & Weintraub, M. (2013, July). *The impact of a culturally informed, family focused, therapy for schizophrenia on patient psychiatric symptoms and shame and guilt in schizophrenia caregivers.* Symposium conducted at the 7th World Congress of Cognitive and Behavioral Therapies, Lima, Peru.

Weisman de Mamani, A., Suro, G., **Gurak, K.**, Maura, J., & Mejia, M. (2012, August). A culturally informed psychosocial intervention for schizophrenia. *Culture and minority considerations.* Symposium conducted at the annual meeting of the American Psychological Association, Orlando, FL.

Weisman de Mamani, A.G., **Gurak, K.**, & Mejia, M. (2011, November). A culturally informed psychosocial intervention for Latinos with schizophrenia. In Rosenfarb, I.S. (Chair). *Implementing culturally sensitive interventions for Latinos with schizophrenia.* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

POSTER PRESENTATIONS

- Gurak, K.K.,** & Weisman de Mamani, A.G. (2017, May). *Religiosity As a Predictor of Attrition from a Culturally-Informed Family Treatment for Schizophrenia That Targets Religious Coping*. Presented at the annual meeting of the Association of Psychological Science, Boston, MA.
- Gurak, K.K.,** Festin, F.E., AhnAllen, C., & Walton-Flynn, H. (2017, May). *Recovery-Oriented Care in Inpatient Mental Health*. Presented at the VA National Research Week, VA Boston Healthcare System, Boston, MA.
- Gurak, K.K.,** & Weisman de Mamani, A.G. (2016, October). *Caregiver family cohesion, religiosity, and interdependence as predictors of attrition from a culturally informed treatment for schizophrenia*. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Gurak, K.K.,** & Weisman de Mamani, A.G. (2016, February). *Caregiver expressed emotion and psychiatric symptoms in African-Americans with schizophrenia*. Presented at the Graduate School's Distinguished Scholar/Mentor Lecture Series, Coral Gables, FL.
- Gurak, K.K.,** & Weisman de Mamani, A.G. (2015, November). *Caregiver expressed emotion and psychiatric symptoms in African-Americans with schizophrenia: An attempt to understand the paradoxical relationship*. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Weisman de Mamani, A.G., **Gurak, K.K.,** Maura, J., Martinez de Andino, A., Weintraub, M., & Mejia, M. (2015, November). *Free will perceptions and psychiatric symptoms in patients with schizophrenia*. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Tauler, C., Weisman de Mamani, A.G., & **Gurak, K.K.** (2014, August). *Controllability attributions and perceptions of dangerousness towards people with schizophrenia*. Presented at the annual meeting of the American Psychological Association, Washington D.C.
- Gurak, K.K.,** & Weisman de Mamani, A.G. (2014, July). *Patient perceptions of family risk and protective factors, ethnicity, and symptom severity in schizophrenia*. Presented at the annual meeting of the Florida Psychological Association, Bonita Springs, FL.
- Gurak, K.K.,** & Weisman de Mamani, A.G. (2013, July). *Ethnicity, patient perceptions of quality of family environment, and symptom severity in schizophrenia*. Presented at the 7th World Congress of Cognitive and Behavioral Therapies, Lima, Peru.
- Gurak, K.K.,** & Weisman de Mamani, A.G. (2013, July). *Ethnicity as a predictor of attrition rates in general versus culturally-informed treatment for schizophrenia*. Presented at the annual meeting of the Florida Psychological Association, Palm Beach Gardens, FL.

WORKSHOPS

- Sept. 2016 Clinical Workshop: Cognitive Processing Therapy for the Treatment of PTSD, Ellen Healy, Ph.D., Jennifer Wachen, Ph.D.
- Sept. 2015 Clinical Workshop: Substance Abuse, Richard Simon, Ph.D., Skipper Flynn, Psy.D.
- Feb. 2015 Clinical Workshop: Binge Eating Disorder Treatment and Myths, Wendy Oliver-Pyatt, M.D., Karin Lawson, Psy.D., Mary Dye, MPH, R.D., Amy Jaffe, M.S., R.D., Chevese Turner

- Jan. 2014 Clinical Workshop: Using the Unified Protocol for the Transdiagnostic Treatment of Anxiety and Depression in Adolescence, *Jill Ehrenreich-May, Ph.D.*
- Nov. 2013 Clinical Workshop: Understanding the DSM-5 and the ICD, *Greg J. Neimeyer, Ph.D.*
- Feb. 2013 Clinical Workshop: Motivational Interviewing, *Brett Engle, Ph.D.*
- Feb. 2013 Clinical Workshop: Eating Disorders, *Melissa McLain, Ph.D.*
- Jan. 2013 Statistical Workshop: Hierarchical Linear Modeling, *Ahnalee Brincks, Ph.D.*
- Feb. 2012 Clinical Workshop: Honest Conversations from Both Sides of the Couch: Finding Reasons for Recovery (Eating Disorders), *Michael E. Berrett, Ph.D., Jenni Schaefer, B.S.*
- Sept. 2011 Clinical Workshop: The Rorschach, *Malcolm Kahn, Ph.D.*

REVIEW RESPONSIBILITIES

Ad Hoc Reviewer: *Family Process, Global Research Journal of Education, International Journal of Nursing Studies, Journal of Consulting and Clinical Psychology, Journal of Family Psychology, Journal of Nervous and Mental Disease, Psychiatry Research, Social Psychiatry and Psychiatric Epidemiology, Clinical Case Studies*

TEACHING EXPERIENCE

COURSE INSTRUCTOR, University of Miami (Spring 2014)

Psychology 260: Personality Psychology
Supervisor: Jill Kaplan, Ph.D.

This course focused on the major conceptualizations of personality, including how personality is researched and measured. I utilized a systems approach to personality, emphasizing commonalities among major theories and posing their differences as points of discussion. Responsibilities included two weekly lectures, developing the course syllabus, and creating and grading writing assignments and exams for 30 students.

GUEST LECTURER, University of Miami (Fall 2011 to Spring 2015)

Abnormal Psychology, Social Psychology, Introduction to Biobehavioral Statistics

TEACHING ASSISTANT, University of Miami (Fall 2011 to Fall 2013)

Social Psychology: Psychological Perspective; Introduction to Biobehavioral Statistics; Introduction to Cognition.

Responsibilities include guest lecturing, administration and grading of exams, holding weekly office hours, and assisting students who needed additional help understanding the material.

PROFESSIONAL AFFILIATIONS

Miami VAMC Diversity Committee, Co-Chair

VA Boston Diversity Committee, Member

University of Miami Psychology Graduate Student Association, 2013-2014 Adult Track Representative

Association for Behavioral and Cognitive Therapies (ABCT), student member

American Psychological Association (APA), graduate student affiliate

Association for Psychological Science (APS), graduate student affiliate

American Psychological Association of Graduate Students (APAGS)

Florida Psychological Association (FPA), graduate student member

American Psychological Association, Student Member of Division 12 and Division 29

Psi Chi International Honor Society in Psychology

Sigma Delta Pi National Collegiate Hispanic Honor Society

Phi Beta Kappa Academic Honor Society

ADDITIONAL SKILLS

- Fluent in Spanish; Experience in conducting psychotherapy and psychological interviews/assessments with native and bilingual Spanish-speaking clients
- Completed the MUSC Cognitive Processing Therapy (CPT) Course
- Certified Clinical Dementia Rating Scale (CDR) rater
- Successfully completed the VA CPT certification process and will be awarded certification upon independent licensure as a psychologist

REFERENCES

Amy Weisman de Mamani, Ph.D.
Associate Professor of Psychology
Department of Psychology
University of Miami
305-284-3477
aweisman@miami.edu

John R. Pepple, Ph.D.
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VA Boston Healthcare System
940 Belmont St., Building 2
Brockton, MA 02301
774-826-1394
John.pepple@va.gov

Judith Bayog, Ph.D.
Clinical Psychologist
VA Boston Healthcare System
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774-826-1489
Judith.bayog@va.gov

Raquel Andres-Hyman, Ph.D.
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